BEST FOR SPORT, SKY & STREAMING

MORE CHANNELS THAN ANY OTHER TV MAG!

25 APRIL-1 MAY 2026

TV & Satellite Week

NEW

WIDOW'S BAY

Matthew Rhys is a small-town mayor in this comedy horror

NEW

The Cage

High-stakes casino drama starring **Sheridan Smith** and **Michael Socha**

NEW

SECRET SERVICE

MI6 agent **Gemma Arterton** puts her family in danger

NEW

PRISONER

A pair of mismatched fugitives go on the run

HotList This week's 28

Saturday 25

Eddington

***DRAMA** Sky Premiere, 8.45am & 10.25pm*

Joaquin Phoenix and Pedro Pascal (both above) star in this satirical drama set during Covid, about a sheriff and the mayor of a New Mexico town with opposing views on the lockdown rules. *See review, page 22*

FA Cup: Semi-final

***FOOTBALL** BBC 1, TNT Sports 1 & HBO Max*

Manchester City set a record by reaching the semi-finals for an eighth consecutive year. They face Southampton (kick-off 5.15pm), who caused a huge upset by knocking Arsenal out in the quarter-final.

Women's Champions League: Semi-final 1st Leg

***FOOTBALL** Disney+, kick-off 5.15pm*

Bayern Munich face Barcelona in the first semi-final. Defending champions Arsenal take on Lyon tomorrow (kick-off 3.30pm, BBC2 & Disney+). *See Sport Week, p28*

Britain's Got Talent

***ENTERTAINMENT** ITV 1, 7pm*

We've seen eight weeks of auditions, and now it's time for the live semi-finals! Judges KSI, Amanda Holden, Simon Cowell and Alesha Dixon are on hand, but who will make it through to the grand finale?

■ Full listings start on **p35**

Sunday 26

London Marathon

***ATHLETICS** BBC 1, BBC2 & TNT Sports 1, from 8.30am*

The 26.2-mile event in the capital, with an estimated 59,000 runners taking part, including famous faces such as James Norton. *See Sport Week, page 29*

FA Cup: Semi-final

***FOOTBALL** TNT Sports 1 & HBO Max*

Thirty-nine years since they last reached an FA Cup semi-final, Leeds United will take on Chelsea at Wembley (kick-off 3pm), having already managed a win and a draw against the Londoners this season.

The Cage

***DRAMA** BBC 1, 9pm (box set, BBC iPlayer)*

Michael Socha and Sheridan Smith (both above) star in this heist thriller about two cash-strapped individuals who join forces to turn over the Liverpool casino where they both work. *See feature, page 4*

Zero Stars

***TRAVELOGUE** TLC, 9pm*

Friends and comedians Sara Pascoe and Roisin Conaty (both above) continue their tour of badly reviewed attractions in Albania, where they get all shook up by an Elvis Presley-themed taxi ride!

■ Full listings start on **p45**

Monday 27

Straight to Hell

***DRAMA** Netflix*

This fact-based drama tells the story of Kazuko Hosoki (played by Erika Toda), who was born into poverty in Tokyo and became one of Japan's most influential and controversial figures.

Secret Service

***DRAMA** ITV 1, 9pm (box set, ITVX)*

Gemma Arterton (above) heads a starry cast that includes Rafe Spall and Alex Kingston in this espionage drama based on ITV newsreader Tom Bradby's novel. Continues tomorrow. *See feature, p8*

Virgin Island

***REALITY** C4, 9pm*

Another group of inexperienced singletons travel to a luxury resort for an intensive course in intimacy, to help them overcome their anxieties and fears about relationships. Continues tomorrow.

Murder in Shetland: Trial by Jury

***DOCUMENTARY** 5, 9pm*

True-crime documentary following the case of Aren Pearson, who went to trial for the 2024 murder of his girlfriend (above). Concludes tomorrow.

■ Full listings start on **p55**

Tuesday 28

Interior Design Masters with Alan Carr

***REALITY** BBC 1, 8pm (not Wales)*

In a medieval-style castle, the nine remaining designers must turn hotel bedrooms into perfect love nests, judged by guest expert Linda Boronkay.

Champions League: Semi-final 1st Leg

***FOOTBALL** Prime Video, kick-off 8pm*

Defending champs Paris Saint-Germain host Bayern Munich, while tomorrow night Arsenal travel to Spain to face Atlético Madrid. *See Sport Week, p28*

Sam & Ade Go Birding

***FACTUAL** 5, 8pm*

Samuel West and Adrian Edmondson (both above) are on the Somerset Levels as their charming avian-based adventure concludes – and the pals are in search of a bittern, Britain's loudest bird.

MasterChef

***COOKERY** BBC 1, 9pm (times vary)*

Previous champs Steven Wallis and Chariya Khattiyot and 2023 finalist Omar Foster (all above) are the guest diners as a latest set of amateur cooks try for a quarter-final place. Continues Wed and Thu.

■ Full listings start on **p65**

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25 APRIL-1 MAY 2026

Wednesday 29

Widow's Bay

***COMEDY HORROR** Apple TV*

Matthew Rhys (above) is the mayor of a quaint New England town in need of a tourist revival – but as visitors arrive, local superstitions start becoming a gruesome reality... *See Your Watchlist, page 16*

The House of the Spirits

***DRAMA** Prime Video*

This Spanish-language adaptation of Isabel Allende's bestselling epic follows multiple generations of the Trueba family through political upheaval and magical times. *See Your Watchlist, page 14*

A Taste for Murder

***CRIME DRAMA** ITV1, 9pm (not STV) (box set, ITVX)*

Warren Brown stars as a widowed cop who takes his teenage daughter to the sun-soaked island of Capri, and is caught up solving local crimes. *See feature, p 11*

This Is Not a Murder Mystery

***CRIME DRAMA** U&Drama, 9pm (box set, U)*

Surreal Agatha Christie-esque murder mystery set in the 1930s, featuring real-life characters including artist Salvador Dalí. Stephen Tompkinson stars. *See feature, page 12*

■ Full listings start on **p75**

Thursday 30

Man on Fire

***THRILLER** Netflix*

Yahya Abdul-Mateen II (above) stars in this seven-part thriller as a battle-scarred former Special Forces mercenary who is tasked with protecting a rebellious teenager. *See Your Watchlist, page 17*

Taskmaster

***COMEDY** C4, 9pm*

In attempts to impress Greg Davies, Amy Gledhill (above) bursts a balloon and Kumail Nanjiani adds some fangs to an ostrich. But will the Taskmaster assistant, Alex Horne, land in trouble after a faux pas?

Prisoner

***THRILLER** Sky Atlantic, 9pm (box set, Sky Box Sets & NOW)*

This explosive drama follows prison transport officer Amber (Izuka Hoyle), who vows to escort a killer (Tahar Rahim) to court, no matter what. *See feature, p6*

Big Mood

***COMEDY** C4, 10pm & 10.30pm*

In the final double bill of Series 2, Eddie (Lydia West) and Whitney (Hannah Onslow) are about to leave London for their commune in Devon, but Maggie (Nicola Coughlan) has other ideas...

■ Full listings start on **p85**

Friday 1

Swapped

***ANIMATION** Netflix*

Michael B Jordan, who won an Oscar in March for his dual role in thriller *Sinners*, lends his voice to this animated comedy about two creatures who accidentally swap bodies, *Freaky Friday*-style.

Wuthering Heights

***DRAMA** Sky Premiere, 8.25am & 8pm*

Jacob Elordi and Margot Robbie (both above) play tortured lovers Heathcliff and Cathy in Emerald Fennell's adaptation of the Emily Brontë classic. *Adolescence*'s Owen Cooper co-stars. *See review, p24*

Bradley & Barney Walsh: Breaking Dad

***TRAVELOGUE** ITV1, 7.30pm (not STV)*

The father-and-son *Gladiators* hosts (both above) set off on another lively adventure, this time heading Down Under. *See Documentaries, page 20*

Beyond Paradise

***CRIME DRAMA** BBC1, 8pm*

As the current series draws to an end, DI Humphrey Goodman (Kris Marshall) and his team are all at sea when a map is stolen from the pirate festival – but who's shivered their timbers? *See feature, p12*

■ Full listings start on **p95**

Welcome to this week's issue of *TV&Satellite Week*, packed full of top TV delights. Our cover stars Michael Socha and Sheridan Smith are in hot water as two casino employees who steal from a violent gang member in the thriller *The Cage*. Meanwhile, Gemma Arterton plays an MI6 agent who uncovers a Russian plot in *Secret Service*.

Turn to page 16 for our interview with *The Pitt* actor Zack Morris. Eagle-eyed readers will remember Zack from soap *EastEnders*, in which he played Keegan Baker.

And, finally, good luck to all those runners taking part in the London Marathon (see page 29).

Enjoy your TV week.

Claire Ruck, Editor-in-Chief

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Roll the dice on new casino-based drama *The Cage*, starring Michael Socha and Sheridan Smith

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ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: BBC/ELEMENT PICTURES, ITV, APPLE TV, ©SKY UK LIMITED. HOTLIST WORDS: LYNETTE BRIGHTON, IAN FARRINGTON. HOTLIST PHOTOS: GETTY

Dicing with DANGER

Michael Socha and **Sheridan Smith** raise the stakes in a casino-based crime thriller

Matty
Michael Socha
A gambling addict with an estranged teenage daughter, Matty is pilfering from a casino safe to pay child maintenance and his rising gambling debts.

NEW DRAMA
The Cage
Sunday, 9pm, BBC1 (box set, BBC iPlayer)

BAFTA-winning actor Sheridan Smith and *This Is England*'s Michael Socha team up as cash-strapped Liverpool casino employees Leanne and Matty, who discover they're both skimming notes from the same work safe, in BBC1's new high-stakes heist drama *The Cage*.

Written by Tony Schumacher (*The Responder*) and featuring a cracking 80s soundtrack, the thrilling, poignant and darkly comedic five-parter follows the pair as they reluctantly join forces out of financial desperation – only to find themselves on a dangerous collision course with both the cops and a local gang, resulting in some terrifying consequences.

Here, friends Smith, 44, and Socha, 38, give their take on the slick Liverpool-based crime series…

Leanne and Matty

How would you describe your characters?

Smith Leanne is a single mum who works really hard. Her mum has recently died, and her nana is living with dementia, so she's taking care of the whole family. She's got a good heart and you can see why she makes the choices she does. You're rooting for her, even if you don't always agree with what she's doing morally.

Socha Like Leanne, Matty's also facing a lot of financial struggles. He's a casino manager who's trying to maintain a decent relationship with his teenage daughter Emily [Freya Jones]. There are some real ups and downs to his story.

What appealed to you about the drama?

Smith Tony Schumacher is an incredible writer. He never lets the audience get bored. He also writes flawed characters who've got so many layers to them.

Socha When I read the script, I can remember thinking, 'Oh, wow, this is a drama that hits a bit differently.'

WORDS: HANNAH DAVIES. PHOTOS: BBC, GETTY

WHO'S WHO

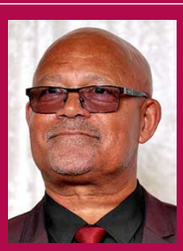
Gary
Barry Sloane

The scary drugs kingpin is using his mum's casino to launder money. But when he discovers that £9,000 is missing from the books, he goes on a violent mission to unmask the thieves.

Nancy
Geraldine James

The casino owner initially has no idea that her rogue offspring Gary has been using her business for money laundering. So will the pair face a mother-son showdown?

Paul
Louis Emerick



Matty's moneylender puts increasing pressure on him to pay back his mounting debts – and he is not shy of resorting to blackmail and violence to get what he believes he's owed.

Fen
Sophie Mensah

Fen is a detective who has her sights set on stopping the nefarious goings-on at the casino. But will she use Leanne and Matty to bring down top-level criminal Gary?

Leanne
Sheridan Smith

The single mum and casino worker also starts stealing from the work safe to avoid losing her family home. But teaming up with colleague Matty finds her caught in the cross hairs of the police and a ruthless crime boss.

Why do Leanne and Matty start stealing from the casino?

Smith They're both just trying to get by. Leanne has the threat of losing her home hanging over her, while Matty has lots of debts. When they realise they're both stealing, they join forces and kind of become co-dependent. They convince themselves everything will be fine. But as the story progresses, they get deep into some serious stuff.

Socha They're doing something really naughty and there are obviously consequences for that kind of behaviour. Things go dangerously wrong when it turns out their boss' son is a violent gang leader, and he gets wind of the theft.

Exactly how bad does it get for the pair?

Smith Very bad! But that's what you want in a drama. You want the audience to be shouting at the screen, and thinking, 'What's next?' There's no let-up for them. Just when you think it can't get any worse, it does. They're like a really bad Bonnie and Clyde!

Socha There's a progression of horrific incidents across the series, and each time Matty becomes resigned to the fact that it's probably going to get a lot worse.

The drama is a tense watch, but there are some comedic moments, too. Was that nice for you as actors?

The pair face some problems!

Smith A lot of the series is quite heavy, so it was great to have some light relief. Michael and I knew each other already, so that really helped us play those fun bits.

Socha Sheridan always cracks me up. Being able to have a laugh together was the pay-off for all the deep, emotional scenes.

The series is set and filmed in Liverpool. Did you get a chance to enjoy the city?

Smith I love Liverpool – I consider myself an adopted Scouser. But it was quite a tough schedule and we had some very long days filming in the casino, so, unfortunately, it was more of a case of going back to the hotel and learning our lines.

Socha I don't think Sheridan and I went 'out out' once apart from the odd meal. But we did go and get a tattoo together!

LOCKED and LOADED

A prisoner and a guard handcuffed together must team up to **escape an assassin**

NEW THRILLER

Prisoner

Thursday, 9pm, Sky Atlantic (box set, Sky Box Sets/NOW)

After playing a Guantanamo Bay inmate in 2021 legal drama *The Mauritanian*, Tahar Rahim is on familiar ground this week when he stars as a banged-up assassin in Sky's action-packed thriller *Prisoner*.

Critically acclaimed for his role as a serial killer in 2021 series *The Serpent*, the French actor co-stars with *Boiling Point*'s Izuka Hoyle in the six-part series, created by Matt Charman, who wrote the 2015 espionage film *Bridge of Spies*.

As the action begins, Amber Todd (Hoyle) is returning to her job as a prison transport officer after being on maternity leave.

'Amber is a mid-20s, mixed-race, Scottish, working-class, happily married new mum,' explains Hoyle. 'She's strong-willed, determined, relentless, wholehearted and smart.'

Amber is given the job of transporting Mob hitman Tibor Stone (Rahim) to the Old Bailey, where he is a key witness in an upcoming high-stakes criminal trial. Tibor is a vital part of the National Crime Unit's efforts to bring down the Pegasus crime syndicate, but the team is worried that a mole has leaked his location.

GAME OF SURVIVAL

Sure enough, the prison transport van is ambushed and Amber and Tibor are forced to go on the run – made considerably more difficult by the fact that they are shackled together in a pair of handcuffs.

'Tibor knows the organisation he worked for will stop at nothing to silence him, so when the van is ambushed, he's not surprised,' says Rahim, 44. 'What he doesn't expect is Amber handcuffing herself to him!'

With the pair literally locked together, they must find a way to stay one step ahead in a terrifying life-and-death situation.

'The moment we see Amber lock the handcuffs on to Tibor, we get an insight into her morality,' explains Coyle. 'It's a decision made from everything she believes in – justice and reform. Amber and Tibor are from completely different walks of life, but now they have the same objective – to survive.'

The cast includes Eddie Marsan as the crime unit's director of operations Alex Tebbit, while German actor Leonie Benesch portrays contract killer Nina, who relentlessly pursues the duo.

'Tibor is being hunted by Nina, and the irony is that he trained her to be as good as him, if not better,' reveals Rahim. 'She knows all his tricks, how he thinks, and where he'll hide. In a way, he's being chased by a version of himself.'

Eddie Marsan as Alex Tebbit

As both the authorities and Nina race to get to the missing fugitives first, Amber's husband Olly (Finn Bennett) learns that he and the couple's baby daughter Mia could also be in harm's way.

'Amber is pushed to question her values, her limits, and how far she will go to protect her family,' says Rahim. 'And as they spend more time together, Tibor starts to reconnect with his humanity.'

The plot device of handcuffing the two main characters together posed challenges for the actors, but also provided revealing insights into their alter egos' relationship.

'We are both in the same frame all the time, but you're seeing two different interpretations of the same world,' says Hoyle, 30. 'What quickly became apparent was how many different handcuffs we were going to need – rubber, plastic, real ones with quick release, and real ones that lock. Having them on for such a long period of time took some getting used to.'

WORDS: IAN MACEWAN PHOTOS: SKY

'In a way, he's being chased by a version of himself'

TAHAR RAHIM

Leonie Benesch plays Nina

Tibor (Tahar Rahim) and Amber (Izuka Hoyle)

Finn Bennett as Olly

ENEMY of the state

Gemma Arterton on playing an MI6 officer who uncovers a Russian plot to bring down the British government

Kate (Gemma Arterton) travels to Malta

Rafe Spall as Stuart

NEW DRAMA

Secret Service

Mon & Tue, 9pm (times vary), ITV1 (box set, ITVX)

The dark and dangerous world of international espionage comes under the spotlight in ITV1's new thrilling drama about an alarming foreign plot to take control of Downing Street.

Based on a novel by ITV newsreader Tom Bradby, five-part series *Secret Service* follows MI6 officer Kate Henderson (Gemma Arterton) as she races to find a Russian asset at the heart of British government.

Set against the backdrop of a new Cold War in which Moscow is seeking to undermine democracies in Western society, the drama is a response to growing unease in the world of geopolitics.

'The world has moved on since the book was published back in 2019, but the idea seems to get more and more relevant,' explains Bradby.

The opening episode begins with Kate, who's head of the Russia desk at the Secret Intelligence Service, heading to Malta as part of an undercover operation to gain access to Russian intelligence chief Igor Borodin (Miglen Mirtchev).

After infiltrating the target's holiday villa and listening in to his meetings, she learns that a high-ranking UK politician is actually a Russian mole – news that sends Kate and her team on a desperate race to uncover the MP's identity.

RUTHLESS AMBITIONS

However, her boss at MI6, Zak Hussein (Khalid Abdalla), is worried the piece of intelligence could be a sophisticated trap by the Russians, designed to feed misinformation into the heart of the British government.

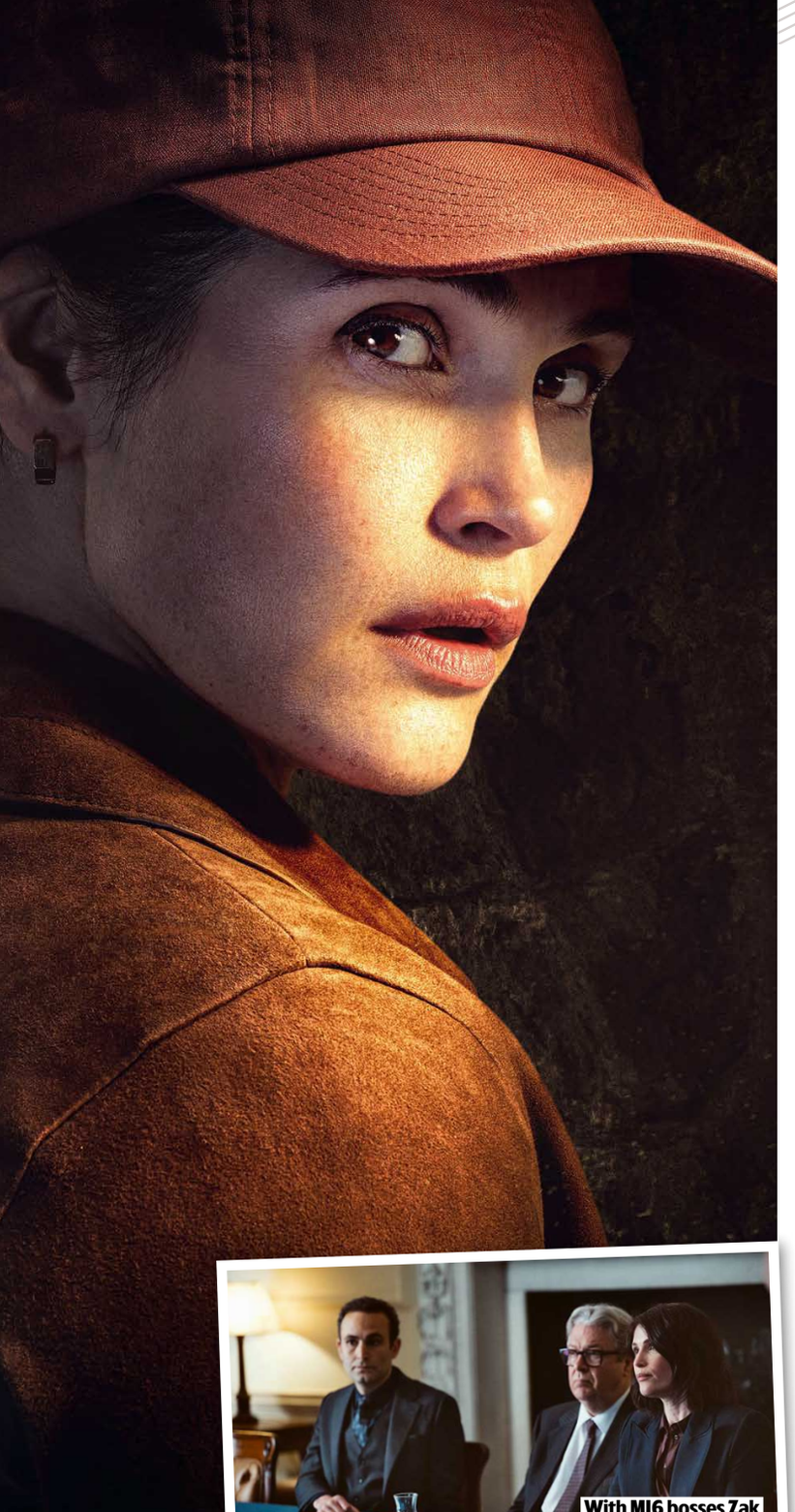
Zak knows Moscow would love to see MI6 chasing ghosts through Westminster, but Kate is convinced her intel is real and wants to prove it any way she can.

'Kate's a real truth-seeker,' says Arterton. 'Before filming, I spent some time with someone who did her job for real on the Middle East desk. I asked how people get into this world and they told me you need to be willing to take risks, be good at reading people and good at manipulating situations. It's a very specific type of person.'

Meanwhile, Kate's husband Stuart (Rafe Spall) is special adviser to Home Secretary Imogen Conrad (Amaka Okafor), who begins carefully plotting her path to the top when the Prime Minister reveals he will be stepping down for health reasons. And a power struggle erupts when populist Foreign Secretary Ryan Walker (Mark Stanley) also throws his hat in the ring.

The turmoil at Downing Street

WORDS: SEAN MARLAND, GRACE MORRIS. PHOTOS: ITV, BBC



With MI6 bosses Zak Hussein (Khalid Abdalla) and Sir Alan Brabazon (Roger Allam)

makes it even more important for Kate to discover the truth about the intelligence she has unearthed. But when a brutal murder forces her out of the shadows, she struggles to protect her reputation and hold her family together.

BEHIND THE SCENES

'Sometimes in this genre, the [spies] are lone rangers who don't have relationships or families,' says Arterton, 40, who is joined in the cast by *Endeavour*'s Roger Allam and *Doctor Who*'s Alex Kingston as MI6 colleagues. 'But the fact that Kate has a home life and a marriage makes everything so much more dangerous for her. That's what gives her an edge as a spy handler – it matters so much to her to get it right because the stakes are so high.'

Bradby, 59, says that his decades of work as a journalist proved invaluable when putting the story together.

'I often covered the intelligence services and security,' he explains. 'I went to the MI6 building pretty regularly and met a lot of people from that world, so I was able to ask them how such situations would work. I think for them it was an interesting challenge.'

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance

There's an awkward moment when Ross comes round with a gift

EMMERDALE

Jacob and Sarah take Leyla home, but will Ross expose the baby lie?

» **Charity's life was** left hanging in the balance last week when she gave birth to her 'surrogate' great-granddaughter. Following this ordeal, new parents Sarah and Jacob are now doting on baby Leyla. It's a huge moment for the couple, who have supported Sarah's gran in her surrogacy journey. This week, as they sign the papers officially declaring them as Leyla's parents, they remain oblivious that their daughter is biologically Ross and Charity's.

Sarah and Jacob take Leyla home and are eternally grateful to Charity for carrying 'their' baby. While Sarah and Jacob are on cloud nine, it's a different story for Ross, who knows the truth. After delivering his baby in front of Charity's husband Mack, he now has to pretend he isn't related to Leyla.

Jacob, Sarah and baby Leyla

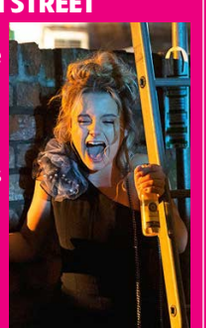
When Ross and Mack arrive with a gift from Moses, Ross awkwardly refuses to hold the tot. However, Jacob insists on inviting Ross and Moses to their family gathering. Will Ross be able to keep quiet?

» **PLUS** Moira confronts Joe with a shotgun after Robert confesses the truth, Cain tells Liam his plans to cancel his cancer surgery, and Paddy worries what the future holds as he pleads with Simo to testify for Bear.

ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» A special week follows the possible final day of the five potential murder victims as Todd tries to escape Theo, Carl tampers with Kevin's brakes, Jodie's past comes back to haunt her, Maggie confronts Megan, and Betsy (right) finds a body.



EASTENDERS

» Residents mourn the passing of Nigel (above, centre), Grant tears into Walford in a speeding car, Cindy intends to stand Max up when he asks her out but jealousy changes her mind, and Ravi is diagnosed with complex PTSD and starts therapy.

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Murder *al fresco*

Daria
Gaia Scodellaro
The local divorcée works for restaurateurs Elena and Gennaro in the kitchen of their seaside eatery.

Inspector Lara Sarrancino
Cristiana Dell'Anna
The Italian detective forms a grudging bond with Joe when they team up to solve the island's crimes.

Elena Da Vinale
Phyllis Logan
Joe's mother-in-law serves up delicious dishes at the restaurant and welcomes Joe with open arms.

Gennaro Da Vinale
Urbano Barberini
Elena's gregarious chef husband is shocked when his nephew and sous-chef Luca is arrested for murder.

DCI Joe Mottram
Warren Brown
After the death of his wife Sofia, Joe takes a sabbatical on Capri – but is soon tackling a murder investigation.

Angelica
Beau Gadsdon
Joe's daughter forms a bond with Lothario Daniele (Alessandro Bedetti), who offers to show her around the island.

Warren Brown and Phyllis Logan star in a food-filled crime drama set on Capri

NEW CRIME DRAMA

A Taste for Murder

Wed, 9pm (not STV), ITV1 (box set, ITVX)

There are murders to be solved, delicious food to be eaten, and family relationships to rebuild in ITV1's new crime drama *A Taste for Murder*.

Set on the stunning Italian island of Capri, the six-part series stars Warren Brown (*Ten Pound Poms*) as a grieving English detective, DCI Joe Mottram, who has come to Capri to stay with his restaurant-owning in-laws, Elena (Phyllis Logan) and Gennaro (Urbano Barberini) following the sudden death of his wife.

TV&Satellite Week spoke to Brown, 47, and *Downton Abbey* star Logan, 70, to hear more about the new series...

What can you tell us about the characters you play?

Brown Joe's wife, Sofia, was killed in a hit-and-run and, since her death, his relationship with their teenage daughter, Angelica, has broken down a bit. Joe has taken a sabbatical from work and thinks going to Capri to stay with his in-laws will give the two of them the chance to reconnect.

Logan Elena is also grieving the loss of Sofia. She's lived on Capri for decades with her Italian husband Gennaro, who is a chef, and the two of them run their restaurant together. When Joe and Angelica come to stay, she can see things aren't good in their relationship and she wants to help.

The break from work Joe hoped for doesn't go to plan, does it?

Brown There's a murder off the coast and the prime suspect turns out to be the cousin of his late wife – so Joe is instantly back in work mode and using his detective skills. He can't help himself. Work is his way of pushing his grief to one side. He starts digging for information on the case, which leads to him teaming up with the local police inspector, Lara.

Phyllis Logan as Elena

Is Italian food and cooking a key ingredient of the drama?

Logan Yes, Elena is horrified to realise Joe can't cook and that he and Angelica never sit down to have a meal together. She encourages Gennaro to give Joe cooking lessons while they're staying with them.

Brown That's what I love about the show and what makes it different from other TV crime dramas. In each episode, you see a classic Italian dish being made. My own cooking skills are better than Joe's and it was great to learn some new recipes during filming – but I discovered it's quite hard cooking and acting at the same time.

WORDS: TESS LAMACRAFT. PHOTOS: ITV

LOOK WHO'S BACK...

A familiar face making a new appearance this week

Nicola Coughlan

Saturday Night Live UK

LIVE! *Saturday, 10pm, Sky One*

Born in Galway in 1987, Nicola Coughlan made her TV breakthrough as studious teenager Clare (inset) in C4 comedy *Derry Girls* (2018-22). She's also known as Regency gossip columnist Penelope in Netflix's period drama *Bridgerton*, and played Queen Victoria in *Dodger*. She's currently starring in Season 2 of C4 comedy *Big Mood* (Thursday, 10pm & 10.30pm) as Maggie, who in this week's final two episodes tries to prevent best friend Eddie (Lydia West) from moving into a commune with spiritual healer Whitney (Hannah Onslow).

HER NEW APPEARANCE

Coughlan will be delivering *Saturday Night Live*'s opening comedy monologue in front of a live studio audience in London when the 39-year-old star takes on hosting duties this week. She'll be joined by the *SNL* gang for more topical sketches, skits and impressions while rock legends Foo Fighters are the musical guests as Dave Grohl's band make their debut on the UK show after appearing on the US original nine times.

Nicola Coughlan

Brush with

Stephen Tompkinson stars in a unique crime drama in which famous artists are suspects

Tompkinson (bottom right) and his co-stars

Zahra Ahmadi and Kris Marshall as Esther and Humphrey

Buried secrets

A **stolen pirate treasure map** causes chaos in the *Beyond Paradise* finale

LAST ONE CRIME DRAMA

Beyond Paradise

Friday, 8pm, BBC1

There's an appropriate case for Humphrey and the team to solve in the final episode of *Beyond Paradise*, when the centrepiece of Shipton Abbott's annual pirate festival – an ancient treasure map – is plundered by a mysterious thief.

The motivation behind the theft becomes hard to discern when a local antiques broker confirms the map was worth very little, and things grow even more confusing when it's returned to the police station the next day, apparently undamaged.

'This was a really fun episode to film,' Zahra Ahmadi, AKA DS Esther Williams, tells *TV&Satellite Week*. 'As you might imagine, this one is very over the top in terms of the visuals – and with it being the

WORDS: NICK CANNON, HANNAH DAVIES, NATASHA HOLT, IAN MACEWAN, RICHARD MCCLURE, STEVEN PERKINS. PHOTOS: BBC, C4, GETTY, U&DRAMA, ADOBE STOCK

DEATH

NEW CRIME DRAMA

This Is Not a Murder Mystery

Wednesday, 9pm, U&Drama (box set, U)

Nothing is as it seems in U&Drama's lavish whodunnit *This Is Not a Murder Mystery*, which is set in the flamboyant golden age of the 1930s with a surrealist art twist.

The unique six-parter gathers together world-renowned surrealist artists, including young painters Salvador Dalí (Iñaki Mur) and René Magritte (Pierre Gervais) and photographer Lee Miller (Florence Hall), at a glorious English country mansion, where they plan to create a groundbreaking exhibition bankrolled by wealthy patron Lord James (Aoibhinn McGinnity).

But after a night of debauched revelry, Magritte wakes up next to the dead body of performance artist Sheila Legge (Lauren Versnick), who, it transpires, has been drugged and strangled, leaving millions in inheritance to a mysterious beneficiary.

Like most period murder mysteries, the bodies soon pile up, and when a buttoned-up Scotland Yard detective, DCI Thistletwaite, arrives to lock down the estate, the decadent artists find themselves trapped with a serial killer, who seems to delight in using their famous works as inspiration for the murders.

'It's a traditional whodunnit, but the suspects happen to be the greatest set of surrealist artists the world has ever known,' says *DCI Banks* star Stephen Tompkinson, 60, who plays DCI Thistletwaite. 'All the way through, little clues get thrown in and nods to artworks. It's a real treat for the eye.'

CREATIVE POWER

As the series progresses, paranoia spreads, secrets unravel and suspicion between the guests grows. Magritte, meanwhile, starts his own search for the truth in a bid to clear his name, as DCI Thistletwaite and his sidekick DC Quant (Donna Banya) race to connect the dots.

'The intrigue definitely keeps piling up,' says Tompkinson. 'There are more bodies and all the usual layers you find in a murder mystery. Within it all, there are also moving storylines, as you get to find out about the real artists and their troubles and histories. The whole thing was a real treat to be a part of.'

final episode, certain stories get tied up. It feels like a really nice end point to the series.'

It's also quite a difficult time for Esther personally, as her daughter Zoe (Melina Sinadinou) is preparing to leave Shipton Abbott to go travelling. Esther has given the trip her blessing, but the reality of Zoe's impending absence is hitting her hard.

Esther, Archie and Humphrey

FLYING THE NEST

'She's been in denial the whole time,' says Ahmadi. 'She's fobbing it off as an extended holiday, and not a trip that's going to last a significant amount of time. Zoe is like her best friend as well. They see each other every day, and I think Esther's afraid of the chasm that Zoe going will leave, however temporarily.'

The prospect of being alone without her daughter makes Esther reflect once again on her decision to break off her relationship with vineyard owner Archie Hughes (Jamie Bamber) at the end of the previous series.

DILEMMA

'She feels it wasn't the right thing to do, because she doesn't feel happy or good about it,' says Ahmadi.

'She actually questions the decision that was made, which is a lot for Esther, because I'm not sure that she thinks she's wrong often.'

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

NEW St Denis Medical

Fri, 11.10pm & 11.30pm (times vary), BBC1 (box set, BBC iPlayer)

Oregon hospital St Denis Medical opens its doors for more misadventures in Season 2 of the US comedy. In the first episode, nurse Alex (Allison Tolman) struggles to maintain her post-holiday calm, executive director Joyce faces a design crisis in the birthing centre, and orderly Matt and nurse Serena rethink their working dynamic.

Black British Music at the BBC: Volume 2

NEW

Saturday, 8.50pm (times vary), BBC2

DJ Spoony chooses 40 tracks to showcase the artists and songs that have shaped the UK's musical landscape – from old-school bangers right up to the present day. He'll be delving into the archives to bring us Seal (right), The Selecter, Dame Shirley Bassey and Soul II Soul along with current acts including Wretch 32 and Little Simz.

Virgin Island

NEW

Monday & Tuesday, 9pm, C4

This reality series was a surprise hit when it debuted last year and now the show returns to a luxury Mediterranean island retreat, where a group of adults try to conquer their fears about relationships and sex. Intimacy experts Celeste Hirschman and Danielle Harel (both pictured) are on hand with advice on how to overcome a range of sexual issues.

The Traitors India

NEW

Thursday, 9pm, 10.10pm & 11.15pm, BBC3

Need a new fix of everyone's favourite reality show? This Indian version sees 20 cunning contestants take up residence in a Rajasthan palace, where Traitors and Faithfuls (here called Innocents) battle it out for a big cash prize. TV personality Karan Johar hosts, while the contestants include Bollywood actors, a rapper, a comedian and a professional poker player.

A multigenerational story unfolds, centred around an imposing country estate

Power & passion

Alfonso Herrera stars in a new take on a classic South American saga

Herrera as Esteban Trueba

prime The House of the Spirits

NEW *Available: Wednesday 29 April*
Genre: Drama Season: 1
Episodes: 8 (eps 1-3 from Wed 29 April; eps 4-5 from Wed 6 May; eps 6-8 from Wed 13 May)

Chilean-American author Isabel Allende's bestselling 1982 novel *The House of the Spirits* is a cornerstone of South American literature, with its portrayal of a family's struggles over several generations.

Previously adapted for a 1994 film starring Meryl Streep and Jeremy Irons, it's now become an eight-part Spanish-language series (with English subtitles), and begins in the 1970s in an unnamed but politically unstable South American country, where a distressed young woman, Alba (Rochi Hernández), finds the diaries of her grandmother Clara.

As the action flashes back, we see how, in the 1920s, Clara (Nicole Wallace and later Dolores Fonzi), who has psychic powers, feels destined to marry taciturn miner turned rancher Esteban Trueba (Alfonso Herrera), the former fiancé of her late sister Rosa (Chiara Parravicini).

But Esteban's ruthless nature and rigid political views have a devastating impact on his family and his estate workers across the decades.

Here, in an exclusive interview, Mexican actor Herrera, 42, whose credits include *Ozark* and *Rebel Moon*, gives *TV&Satellite Week* the low-down…

What drew you to the drama? I read the book when I was in school and I enjoyed it. Going back to it was fascinating, because I discovered other layers of family, politics and memory. It's a human tale of love, power and forgiveness and reminds us that understanding the past is the only way to move forward and understand ourselves.

Tell us about Esteban… He's a fascinating contradiction and is capable of creating an empire out of nothing, but his ambition and pride scar those around him. He

With Nicole Wallace as Clara

'It's a human tale of love, power and forgiveness'
ALFONSO HERRERA

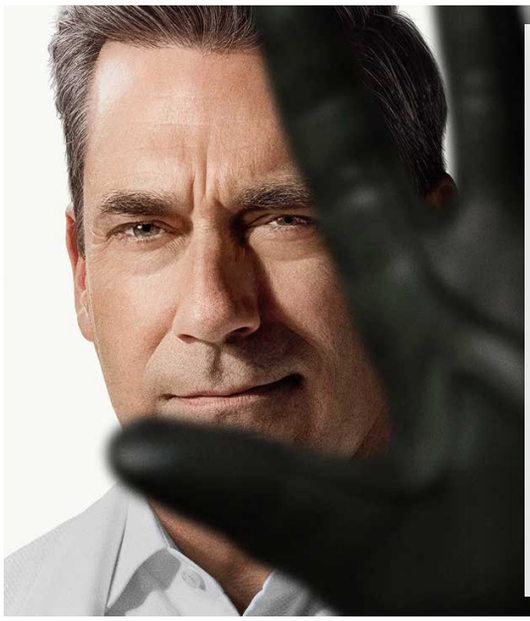
needs love, but he sees people as things that he needs to possess. My approach was to understand his fear of losing control and his inability to express vulnerability. But the birth of Alba creates an interesting crack in this rock.

How do you see his relationship with Clara?
His first love with Rosa was powerful and shaped him. With Clara, there's an important physical and emotional connection, but she represents respect, empathy, love and equilibrium, while he creates a counterbalance to that. And he doesn't believe in the spiritual world that she does – he's more grounded by power and money.

Finally, what was it like filming in Chile?
Beautiful! In the south, the scenery is amazing. We shot some scenes there for La Casa Esquina [the family's town house] and Las Tres Marías [Esteban's estate]. The sets are remarkable and like another character in the story.

What we're watching...

The shows being enjoyed by the *TVSW* team



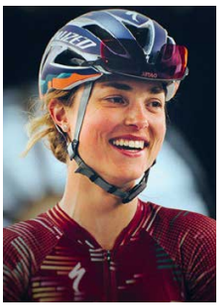
Apple tv Your Friends & Neighbours

Genre: Drama Season: 2
Episodes: 10 (released weekly)

Jon Hamm (left) returns as former hedge-fund manager Andrew 'Coop' Cooper, who, after being cleared of murder, turned down a lucrative job offer in favour of continuing to break into his wealthy neighbours' homes to steal expensive items they won't miss. This risky activity gives Coop a buzz, but nearly proved his undoing last time. Now, his charismatic new neighbour, uber-rich Owen Ashe (James Marsden), might be the one to cause Coop's life to unravel, in a stylish and darkly comic drama.

NETFLIX The Truth and Tragedy of Moriah Wilson

Genre: Documentary
Episodes: One-off



The parents of American cyclist Moriah Wilson (right) contribute to this moving documentary about their daughter, who was fatally shot in May 2022, aged 25, by a jealous love rival.

itvX Hal & Harper

Genre: Comedy drama
Season: 1 Episodes: 9

A bittersweet comedy drama about the co-dependent relationship between two siblings navigating grief and adulthood. Cooper Raiff, who writes and directs, stars alongside Mark Ruffalo and Lili Reinhart.

Now in production...

Three upcoming shows to look out for soon

NETFLIX The Corrections

Meryl Streep (above) will star in Netflix's adaptation of Jonathan Franzen's 2001 novel. The story follows Enid, whose husband Alfred is living with dementia, as she tries to gather her troubled adult children for what could be a final family Christmas.

Paramount+ The Day

In Paramount+'s eight-part heist thriller, Minnie Driver (above) will play a hostage negotiator who faces a race to save lives after thieves hole themselves up in a bank when the police discover them carrying out a robbery. Luca Pasqualino and Louisa Harland co-star.

NETFLIX Steps

Netflix's animation will see Amanda Seyfried (above) as the voice of Cinderella, who must work with her stepsister Lilith (Ali Wong) to right wrongs after Lilith accidentally turns her sibling Margot (Stephanie Hsu) into a frog and the kingdom comes under tyrannical rule.

WORDS: CAREN CLARK. JUDY EWENS. PHOTOS: APPLE TV, GETTY, NETFLIX, PRIME VIDEO, ITV

Mayor Loftis (Matthew Rhys)

Tourist TRAP

Matthew Rhys is the mayor of a small town plagued by supernatural forces

Widow's Bay

NEW *Available: Wednesday 29 April Genre: Comedy horror Season: 1 Eps: 10 (first three eps from 29 April, then weekly)*

Having scared us silly with his performance as an unhinged killer in Netflix's *The Beast in Me*, Welsh actor Matthew Rhys makes a speedy return to our screens as the mayor of a seemingly cursed American town in Apple TV's *Widow's Bay*.

The 10-part comedy horror – created by *Parks and Recreation* scribe Katie Dippold – sees Rhys portray Mayor Tom Loftis, who wants to turn the New England island town he presides over into a tourist destination. But there's a problem – the superstitious residents of Widow's Bay believe that, behind the town's quaint facade, dark forces are at work.

Tom is warned by local Wyck

MACABRE HAPPENINGS

In particular, local conspiracy theorist Wyck (Stephen Root) begs Tom not to bring tourists to the island because he is certain they will come to harm from other-worldly creatures.

'Wyck is the town busybody,' reveals Root. 'He is trusted by the whole town to grasp what's going on around the island because he knows the history of what's happened there.'

Tom is sceptical of Wyck's claims, not least because he's trying to impress a travel writer. But when these seemingly ludicrous stories from the past begin to ring true in the present, the mayor vows to uncover what's really going on.

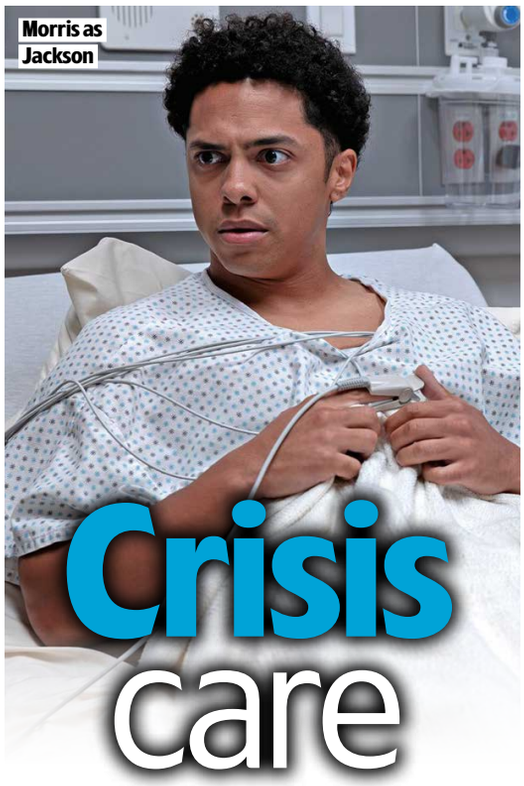
'As we go through the odd and terrifying things that happen on the island, Tom becomes more of a believer,' adds Root, 74.

MYSTERY ISLAND

Rhys says he was drawn to the project by the script's compelling storyline.

'From the very first episode, I was thinking, "What's going to happen to these people and this island?" That is the greatest draw in any story,' says the *Perry Mason* star, 51.

'As the public face of the town, Tom is forced to wear these masks, projecting an image of everything being fine when he knows deep down it's not. His journey is about overcoming these real, deep-seated fears.'


Morris as Jackson

Crisis care

Zack Morris plays a struggling student in *The Pitt*

The Pitt

Available: Friday 1 May Genre: Drama Season: 2 Episode: 6 (of 15; released weekly)

As Keegan Butcher-Baker in *EastEnders*, Zack Morris was involved in his fair share of drama. Since quitting Walford, he has gone on to star in supernatural series *Goosebumps* and can currently be seen as troubled student Jackson Davis in Season 2 of *The Pitt*.

'I binged the whole of Season 1 on the plane to LA before filming,' says Morris. 'And I really had to do my research. At the heart of it is mental health. It's not a light storyline.'

MENTAL-HEALTH ISSUES

Law student Jackson was brought in by ambulance in a highly agitated state after throwing a chair at a campus security guard. As the series continues, he is referred to see a psychiatrist, who discovers he's been hallucinating and hearing voices.

'I have family members who suffer with mental-health issues, so I tapped in with them,' explains Morris, 27. 'We talked about stuff we'd never discussed before.'

Morris (left) between takes with co-star Noah Wyle (centre)

The Essex-born actor had already perfected an American accent for previous TV roles, and admits that he took a very different approach than fellow Brit Gerran Howell, who plays medic Dennis Whitaker.

'Gerran films with an American accent, then goes back to his own accent after the director says cut, but I struggle with that,' he reveals. 'I stay in the accent until they tell me I've wrapped for the day.'

WORDS: CAREN CLARK, REBECCA MAHONEY, ELAINE PENN, VICTORIA WILSON. PHOTOS: 5, APPLE TV, C4, NETFLIX, U&DRAMA, HBO MAX, ADOBE STOCK

Burning justice

The heat is on for **Yahya Abdul-Mateen II** in a new version of the hit thriller

Abdul-Mateen as John Creasy

NETFLIX Man on Fire

NEW *Available: Thu 30 April Genre: Thriller Season: 1 Episodes: 7*

Fresh off the success of Marvel's offbeat comedy *Wonder Man*, Yahya Abdul-Mateen II reignites the action genre, playing a Special Forces veteran in a blazing seven-part thriller.

Based on AJ Quinnell's book series, *Man on Fire* follows troubled ex-mercenary John Creasy as he seeks a fresh start after three tours in Iraq and Afghanistan, plus a failed op that still haunts him.

Attempting to overcome extreme PTSD and personal demons, John heads to Rio de Janeiro to turn over a new leaf with help from a charismatic old friend, Paul Rayburn (Bobby Cannavale), who tries to find John work in the private sector.

But when Paul's rebellious teenage daughter, Poe (Billie Boullet), returns home late from a sneaky night out with her international 'rich-kid' friends, she witnesses a horrific event that makes her a target. Can John sharpen up his skills and protect Poe?

John bonds with Poe

'John is haunted by the past. He can't move forward because he's stuck, which keeps him from progressing in life and stagnant,' says Abdul-Mateen, 39, known for his roles in the Aquaman films and sci-fi series *Watchmen*.

'We're watching him do the best he can to survive. The hope is that we see the journey of a man who has gone from becoming consumed by the fire to consuming the fire himself, and becoming the fire.'

The cast also includes *Dark Matter*'s Alice Braga as Valeria Melo, a local street-smart driver with gang connections, and *True Detective*'s Scoot McNairy as manipulative CIA field agent Henry Tappan.

LEGACY

Denzel Washington played John Creasy in the famous 2004 movie, and the new series' showrunner Kyle Killen believes Abdul-Mateen is worthy of following in his footsteps.

'Yahya can be incredibly powerful and also communicates a lot without saying anything,' says Killen. 'In some ways, John Creasy is very comfortable with the violence and the danger, but it's opening himself up to other people that makes him really vulnerable.'

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

4 Your Song

C4's series, hosted by Alison Hammond, sees Sam Ryder and Paloma Faith mentor amateur singers, who perform a song that means a lot to them. In Liverpool, Chantel croons a Gladys Knight classic for her daughter.

5 Missed Call

In 5's thriller, mum Sarah (Joanna Scanlan, above) is concerned when she is unable to contact her daughter Katie during a school exchange trip. As she heads to France, she learns that Katie has disappeared and the host family appear uninterested...

U Bergerac

The second run of the Jersey-set crime drama's revival on U&Drama finds DCI Jim Bergerac (Damien Molony, above) meeting potential love interest Nicola (Camilla Beeput). But she's linked to a bridegroom who is found dead in his hotel room.

5 Sam & Ade Go Birding

Samuel West introduces his pal Adrian Edmondson (pictured with West) to the joys of birdwatching in 5's docuseries. As they visit Cornwall, the pair encounter a kingfisher, a chough and a robin.

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

NETFLIX Supernova Strikers: Genesis

Monday 27 April

A live-streamed event from Arena Ciudad de México in Mexico City, where influencers, celebrities, YouTube stars and comedians step into the boxing ring for a night of high-stakes combat and entertainment, with live performances from top local artists between each bout. Streaming live from 2am.

NETFLIX Straight to Hell

Monday 27 April

Japanese biographical drama about fortune teller and writer Kazuko Hosoki, one of modern Japan's most controversial figures. Born in poverty, Hosoki (Erika Toda) reinvents herself as a fortune teller. Her TV appearances and books make Hosoki a household name, but there are rumours of spiritual scams and underworld ties.

Straight to Hell

prime The House of the Spirits

Wednesday 29 April

Spanish-language drama based on Isabel Allende's acclaimed novel of the same name. A family saga spanning half a century, it centres on multiple generations of women navigating love and loss in a conservative South American country shaped by class struggle, political upheaval and magic. See feature, page 14.

tv Widow's Bay

Wednesday 29 April

Horror comedy starring Matthew Rhys as the mayor of Widow's Bay, a quaint island town off the coast of New England. Determined to turn the struggling town into a tourist destination, he is sceptical of the locals' beliefs that the island is cursed. But then the stories that seemed too ludicrous to be true start actually happening. See feature, page 16.

NETFLIX Should I Marry a Murderer?

Wednesday 29 April

True-crime docuseries. In September 2017, Tony Parsons vanished while on a charity cycle ride through the Scottish Highlands. Three years later, forensic pathologist Dr Caroline Muirhead met and fell in love with Alexander 'Sandy' McKellar. But after they got engaged, he told her that he had killed Parsons. Here, Dr Muirhead reveals how she remained with McKellar, while gathering evidence.

NETFLIX Man on Fire

Thursday 30 April

Action thriller starring *Wonder Man*'s Yahya Abdul-Mateen II as John Creasy, a former Special Forces mercenary suffering from intense PTSD, who comes out of retirement for an explosive mission on the deadly streets of Rio de Janeiro in Brazil. Alice Braga co-stars. See feature, page 17.

NETFLIX The Son-in-Law

Friday 1 May

Mexican comedy. After a rough business patch, José Sánchez is transformed into feared political operative 'El Serpiente'. But in order to stay on top, he will need to pull off one last deal, the most dangerous so far, and one where his gift of the gab might not be enough.

viaplay Scarborn

Monday 27 April

Polish period drama inspired by true events. In late 18th-century Poland, a peasant, Ignac, embarks on a perilous quest to prove he is the illegitimate son of a nobleman, while unexpectedly getting entangled in a rebellion against the Russians led by real-life historical figure General Tadeusz 'Kos' Kosciuszko.

NETFLIX My Dearest Señorita

Friday 1 May

Spanish drama. A young woman from a conservative family learns that she is intersex, something her parents had never discussed with her. It sparks a journey of self-discovery, gender identity and finding love in unexpected places. The film is a loose adaptation of the 1972 film of the same name.

Paramount+ Stone Cold Fox

Friday 1 May

Action thriller set in 1986. Fox (*Mad Men*'s Kiernan Shipka) flees the home of her drug-addict mother, only to fall under the control of manipulative drug dealer Goldie (*Daredevil: Born Again*'s Krysten Ritter). When Fox breaks away, Goldie kidnaps her younger sister to force her back. Kiefer Sutherland co-stars as a corrupt local cop working with Goldie. See review, p23.

NETFLIX Swapped

Friday 1 May

Animated family film. A small woodland creature, voiced by Oscar-winning *Sinners* star Michael B Jordan, and a majestic bird (voiced by *Ted Lasso*'s Juno Temple) – natural sworn enemies of The Valley – accidentally magically swap bodies and then must team up to survive the wildest adventure of their lives.

4 The People v O.J. Simpson: American Crime Story

Friday 1 May

The first season of Ryan Murphy's real-life crime-drama anthology revolves around OJ Simpson's 1995 trial for the murder of his ex-wife Nicole Brown Simpson and her friend Ron Goldman. Cuba Gooding Jr plays Simpson. With *Paradise*'s Sterling K Brown, Sarah Paulson, John Travolta and David Schwimmer. Previously shown on BBC2 in 2016.

4 The Assassination of Gianni Versace: American Crime Story

Friday 1 May

The 1997 murder of fashion designer Gianni Versace (Edgar Ramírez) by sociopathic serial killer Andrew Cunanan (Darren Criss) is the subject of *American Crime Story*'s second season. Previously shown on BBC2 in 2018.

4 Impeachment: American Crime Story

Friday 1 May

The third instalment of the anthology centres on the Bill Clinton-Monica Lewinsky scandal that led to the President's impeachment in 1998. Clive Owen and Beanie Feldstein star. Previously shown on BBC2 in 2021.

NETFLIX Je M'appelle Agneta

Wednesday 29 April

Swedish comedy drama. Craving an escape from her stagnant job and dull marriage, 49-year-old empty nester Agneta answers an ad to be an au pair to a little boy in Provence, France – only the boy turns out to be an eccentric elderly gentleman. The pair's messy, life-affirming friendship leads to an unexpected awakening for Agneta.

WORDS: JUDY EWENS. PHOTOS: NETFLIX, VIAPLAY

Down Under with Dad

Barney Walsh takes his old man **Bradley** to Oz for more death-defying experiences

NEW TRAVELOGUE

Bradley & Barney Walsh: Breaking Dad

Friday, 7.30pm (not STV), ITV1

***Gladiators* hosts Bradley Walsh** and his son Barney have shared plenty of adrenaline-fuelled antics across the world, from swimming with sharks in Florida to bungee jumping in Switzerland. Now, they are heading to Australia, where Barney is keen to push his dad even further out of his comfort zone.

Their new series sees them travelling up the country's east coast, taking in the Gold Coast's beaches and Queensland's outback before heading north to Cairns to check out the Great Barrier Reef. This week, their adventure starts in Sydney, where the intrepid duo take to the skies to perform aerial stunts in light aircraft.

Here, Bradley, 65, and Barney, 28, reveal more…

The pair on the road in their RV

What can we expect this time?

Barney We travelled further

The World's Tallest Man: The Next Chapter

Monday, 10pm, C4

Cameras catch up with the world's tallest man, Sultan Kösen, a farmer from Turkey, who stands more than 8ft tall. Doctors examine the toll that his towering height has had on his health, while Guinness World Records measure him again to see if he still holds the title that made him famous.

Extraordinary Portraits

Fri, 7.30pm (not Scot/Wales), BBC1

In the final episode, Bill Bailey invites artist Karen Turner (pictured with Bailey) to paint a portrait of Grace Davidson and her sister Amy. Born without a womb, Grace's life was changed in 2023 when she and Amy had the first successful womb transplant in the UK. Grace and her husband Angus now have a baby.

Cruising to the Ends of the Earth

Sunday, 8pm, C4

An eight-part series follows cruise ships to breathtaking locations around the world. This week, guests get to enjoy Japan's Nebuta Festival, while Claire and Guy from Nottinghamshire scale Mount Etna in Sicily to witness its raw, volcanic power, and Louise from Preston visits a stunning glacier in Alaska.

WORDS: NATASHA HOLT, IAN MACEWAN. PHOTOS: BBC, C4, 5, GETTY, ITV, SHUTTERSTOCK, ADOBE STOCK

Bradley on a stunt flight

from home than ever before, and it was even crazier than I thought it would be. This is our seventh road trip together now, but exploring with Dad is still so much fun. Like always, I made sure to keep him on his toes.

What hair-raising adventures did you have?

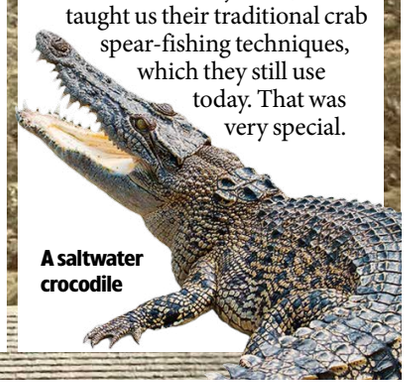
Bradley Barney packed out the itinerary, and we covered a lot of ground in the RV. He organised a load of crazy things to see and do on this trip, from synchronised swimming with some Olympic hopefuls to cattle mustering in the outback. We were up in the Blue Mountains, where Barney had me facing my fear of heights once again [by standing on the top of a cable car, suspended 270m above the ground]. And we also got up close and personal with a real-life croc, which was terrifying – I felt like Crocodile Dundee.

Barney I tried to squeeze in as much as I could. It was awesome to try out some Aussie jobs. Sheep-shearing was really tough but I loved having a go. One of the coolest things we did was go to a stunt school – let's just say that Dad's stunt skills were on fire…

What are your favourite memories from the trip?

Bradley For me, it was visiting the Great Barrier Reef. It's been on my bucket list for ages. I loved the beautiful beaches on the Gold Coast and meeting some incredible people.

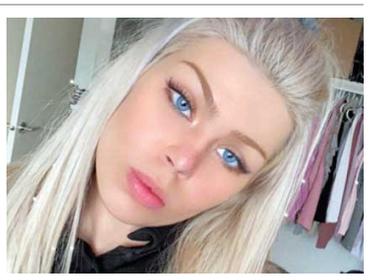
Barney Seeing the Great Barrier Reef is a lifelong memory we'll share together. I also enjoyed Cooya Beach, where we met local First Nations guides from the Eastern Kuku Yalanji tribe, who taught us their traditional crab spear-fishing techniques, which they still use today. That was very special.


A saltwater crocodile

The Palace and the Presidents

Saturday, 8.50pm, 5

To coincide with King Charles' state visit to the USA, this one-off looks at the relationships between British royals and America's presidents, including Elizabeth II and Ronald Reagan horse riding in Windsor in 1982 (above) and Princess Diana's dance in 1985 with actor John Travolta at the White House.



Murder in Shetland: Trial by Jury

Monday & Tuesday, 9pm, 5

This two-parter examines the fatal stabbing of 24-year-old Canadian Claire Leveque (above) in the Shetland Islands in 2024. Cameras follow prosecution and defence lawyers in the trial of her boyfriend Aren Pearson, who pleaded not guilty to murder, claiming she'd inflicted her own injuries in a hot tub.

Military personnel at the scene where the Skripals were found

How **Russian spies** caused terror on British soil

DEADLY ATTACK

NEW FACTUAL

Salisbury Poisonings: The Untold Story

Wednesday, 9pm, C4

Starring Anne-Marie Duff and Rafe Spall, fact-based BBC1 drama *The Salisbury Poisonings* was a big hit back in 2020, recounting how 44-year-old British mum Dawn Sturgess was fatally poisoned by a deadly nerve agent.

Now, a three-part documentary revisits the case, beginning in March 2018 when former Russian double agent Sergei Skripal and his daughter Yulia were found unconscious on a bench in Salisbury. It soon emerged they had been deliberately poisoned with the nerve agent novichok in an assassination attempt.

Yulia and Sergei Skripal

INVISIBLE KILLER

'Novichok is one of the most potent and toxic poisons there is,' says scientist Professor Tim Atkins, who worked on the case. 'The minimum lethal dose is the size of a grain of sand. I couldn't understand how somebody could be so reckless as to use something that hazardous in an urban population.'

The Skripals somehow survived the poisoning, but four months after they were targeted, local woman Dawn Sturgess died after her partner Charlie Rowley gave her a bottle of perfume he'd found in a bin, unaware it contained the deadly substance that had been discarded after the attack.

Rowley also became seriously ill, as did police detective Nick Bailey, who first investigated the Skripals' poisoning.

The documentary series follows the story as it unfolded and talks to police officers who investigated the crimes, as well as those tasked with decontaminating Salisbury and keeping its terrified residents safe.

The attack was found to have been carried out by two Russian spies on the orders of Vladimir Putin. Both men denied the claim, insisting on Russian TV they were visiting Salisbury Cathedral, but a police investigation proved otherwise and there are warrants out for their arrest. More than 100 Russian diplomats were expelled from the UK and allied countries as a result.

'They knew what they were doing,' says Neil Basu, former head of counterterrorism policing. 'It was very clearly a message and one deployed in such an unbelievably reckless fashion that it killed a British citizen and seriously injured another.'

Films Our pick of this

EDDINGTON

Joaquin Phoenix and **Pedro Pascal** butt heads in this Covid-era satire

DRAMA

Saturday, 8.45am & 10.25pm, Sky Premiere ★★★★

On the surface this black-as-soot comedy drama tells of the clashes that came about because of Covid – the distancing, masks, anti-vaccination etc – as we follow Sheriff Joe Cross (Joaquin Phoenix), the law in a New Mexico town, and his conflict with the local mayor, Ted Garcia (Pedro Pascal).

Cross doesn't like the mandated mask wearing and when at home has conspiracy theories thrown at him by his relentless mother-in-law (Deirdre O'Connell), who's taken over his house after being invited to stay by his traumatised wife (Emma Stone). Garcia seems the more logical, sensible of the two, but has not-so-innocent plans of his own...

Although this twisted tale by Ari Aster (*Hereditary*, *Midsommar*, *Beau is Afraid*) shows miscommunication and personal animus, it's ultimately a comedy of errors that leads to a bizarre, but beautifully shot shoot-out and an ending that's about as comically bleak as you can get. Brilliantly acted, superbly realised, its refusal to take a side (it sees everyone having an ulterior motive) may infuriate some but, if you're onboard, it's a sensational film. 2025, 15, 148MIN

WORDS: JASON BEST; NICHOLAS CANNON, NIGEL PIZEY/PICTURES: ALAMY

MOVIE OF THE WEEK

STAR RATINGS ★★★★★ Excellent ★★★★ Very good ★★★ Good ★★ Average ★ Poor

More premieres and Day by Day planner ›››

week's Best Movies

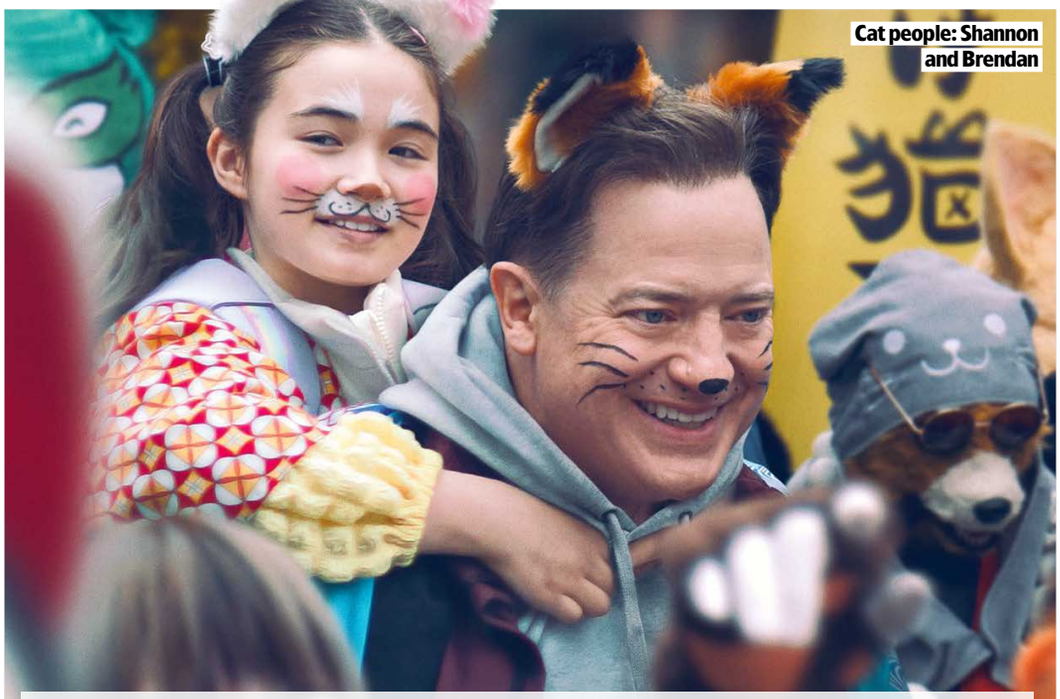
DRAMA

Small Things Like These

From Tuesday, Netflix ★★★★

Returning home to Ireland following his Oscar-winning success in *Oppenheimer*, Cillian Murphy delivers a performance of restrained intensity in this quietly powerful drama inspired by the scandal of the Catholic-run Magdalene Laundries and based on the novel by Claire Keegan. He plays a hard-working coal merchant and devoted father of five in 1985 small-town County Wexford whose job unexpectedly brings him into contact with the Church's brutal treatment of young women, stirring painful memories of his childhood as the son of a shunned single mother and presenting him with an equally distressing moral dilemma. Murphy's brilliant portrayal of inner turmoil is the heart of the film, but Emily Watson makes a big impression in the small but very telling role of the steely nun in charge of the local convent. 2024, 12, 98MIN

Hurting: Cillian



Cat people: Shannon and Brendan

DRAMA

Rental Family

Available now, Disney+ ★★★★

In Japan, there is the unusual service that provides actors for social renting, where they pretend to be members of your family or whatever people require – stand-in roles for strangers. As a lonely actor living in Tokyo, Brendan Fraser becomes involved in one such company run by Takehiro Hira. He takes on a variety of roles – hired by the family of an elderly actor (Akira Emoto) to feign being a journalist writing a piece on him, to masquerading as the father of a girl (Shannon Mahina Gorman) to get her into a good school – before realising there's an emotional cost to his 'performances'. A warm, cosy film, it utilises Fraser's natural empathy wonderfully well. Touching, charming and on occasions incredibly funny, it's a lovely drama about folks who just need an emotional connection. Part subtitled. 2025, 12, 109MIN

Something in the water: Phoebe

CREATURE FEATURE

Thrash

Available now, Netflix ★★★

It may be as dumb as a bag of rocks, but this shark movie is gleeful fun. As a Category 5 storm hits the coast of Georgia, a flood tears through the nearby town, trapping a group of individuals. They include about-to-give-birth Phoebe Dynevor, agoraphobic Whitney Peak and and foster kid siblings Alyla Browne, Stacy Clausen and Dante Ubaldi. Trouble is, as the waters push in so do hungry bull sharks, along with a massive pregnant Great White... The dialogue is laughable, but the effects more than decent, in a ridiculous B-movie that delivers just the thrills you would hope for. 2026, 15, 86MIN

The K team: Krysten, Kiernan and Kiefer

ACTION THRILLER

Stone Cold Fox

From Friday, Paramount+ ★★★

Stuck in a commune under the steely control of drug dealer queenpin Goldie (Krysten Ritter), Fox (Kiernan Shipka) eventually escapes and swipes a sackful of cocaine along the way. This sends Goldie's sadistic henchman, bent cop Breaker (a fine Kiefer Sutherland), on her tail... This movie, set in the 1980s, should have been a sharper, more muscular tale. There are some good ideas here, but it feels like a fleeting thought rather than a fleshed out film. That said, the cast, which also includes Jamie Chung and Karen Fukuhara, is top drawer and ensures this still more than entertains. 2025, 15, 86MIN

Films

PERIOD ROMANCE

Wuthering Heights

Friday, 8.25am & 8pm, Sky Premiere ★★★★

As toxic relationships go, Cathy and Heathcliff in *Wuthering Heights* are hard to beat. This bold new take on Emily Brontë's classic 19th-century novel takes us to the wild, windswept Yorkshire moors where the pair are thrown together as children, after Cathy's drunken father takes in the destitute Heathcliff. What follows over the next decade or so is a devastating story of love, obsession and emotional self-destruction as the two grow up unable to follow their hearts.

Emerald Fennell's adaptation makes the story feel strikingly modern, presenting Cathy and Heathcliff's relationship as raw, reckless and dangerously intense. The lavish, almost fantastical design is a visual triumph, with imaginative sets that add a dreamlike quality.

Aussie star Jacob Elordi moves up to the A-list ranks as he fully embodies Heathcliff's tortured soul, while Margot Robbie is assured but not quite as stand out as Cathy. Fennell deserves real praise for writing this daring, highly enjoyable adaptation. While it boldly discards large sections of Brontë's novel, it never loses sight of the story's dark, beating heart. 2025, 12, 90MIN

Transparent love: Jacob and Margot

Hidden gems Great movies you might have missed...

DRAMA

Hope Gap

Prime Video ★★★★

After 29 years of marriage, Bill Nighy's diffident history teacher drops a bombshell. He's leaving home. The explosion, however, comes from his poetry-editor wife, played with waspish wit and fury by Annette Bening. She won't give up on their marriage without a struggle. Can their grown-up son Josh O'Connor survive the fallout? Writer-director William Nicholson's bittersweet tale boasts stinging one-liners and bruising emotional honesty. 2019, 12, 100MIN

ANIMATION

Lightyear

Disney+ ★★★★

The idea behind this Pixar cartoon is that we're watching *Toy Story*'s Andy's fave movie back in 1995. This film launched a toy range, and that's how the Buzz Lightyear action figure ended up in Andy's hands. It's a neat conceit, and this 'origin' story is great fun that even has an emotional punch. The animation is sensational and the characters likeable, with Chris Evans voicing Buzz. It is Peter Sohn, though, who steals the show as robo-cat Sox. 2022, PG, 100MIN

MUSIC DOCUMENTARY

Searching for Sugar Man

STUDIOCANAL Presents ★★★★

Back in the 1960s/70s, singer-songwriter Rodriguez was supposed to have been the next Bob Dylan. Yet after making a couple of critically acclaimed but unsuccessful albums, he completely vanished. Unbeknown to anyone in the States, Rodriguez's music had struck a chord with liberal whites in apartheid-era South Africa, but no one there knew anything about him . This fascinating doc tells the remarkable story of what happened next. 2012, 12, 86MIN

Saturday 25 April

DRAMA

Living

9pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

The days of a frosty, progress-blocking 1950s planning officer (Bill Nighy) are transformed after he receives a life-changing diagnosis. Scripted by Nobel Prize-winning author Kazuo Ishiguro and directed by Oliver Hermanus, this thoughtful drama (a remake of the Akira Kurosawa's 1952 seize-the-day classic *Ikiru*) is a piercing portrait of a misguided life, unfolding in intriguing flashbacks that also take in Aimee Lou Wood's upbeat secretary and Alex Sharp's idealistic civil servant. Nighy's extraordinary performance is an understated masterpiece of tightly wound repression and regret, full of dignified restraint and yearning. 2022, 12, 102MIN

Hats off to him: Bill

CLASSIC MUSICAL

The Wizard of Oz

10.15am, Sky Five Star Movies ★★★★★

Sex ●●● Violence ●●● Language ●●●

Dorothy (Judy Garland) and her little dog Toto follow the Yellow Brick Road with their new friends the Scarecrow (Ray Bolger), the Tin Man (Jack Haley) and the Cowardly Lion (Bert Lahr) in this lavish musical adaptation of L Frank Baum's classic fantasy novel. Still wonderful all these decades on, it is hard to believe that this vintage slice of Hollywood magic was originally intended as a vehicle for moppet Shirley Temple – but 20th Century Fox refused to release her from her exclusive contract. 1939, U, 98MIN

THRILLER

September 5

12.10pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

At the Munich Olympics in 1972, Peter Sarsgaard and his team of TV sports journalists live-stream the fallout when Israeli team members are taken hostage by Black September terrorists. Cleverly interspersing archive footage of the original broadcast with scripted drama in the control room – along with Sarsgaard, there's John Magaro's spiky producer, Ben Chaplin's conflicted VP of Olympic Coverage and Leonie Benesch's dogged German interpreter – this riveting snapshot of one of the biggest news stories of all time bristles with suspense. 2024, 15, 95MIN

DRAMA

Babylon

11pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Over the course of three lurid, frenetic hours, writer-director Damien Chazelle's film follows starlet Margot Robbie, gifted trumpeter Jovan Adepo, eager dreamer Diego Calva and hedonistic silent film star Brad Pitt, whose days are numbered in 1920s Hollywood. Parties, premieres and mishap-ridden shoots vividly conjure up an immersive vision of Tinseltown's golden era that reveals the depths to which those seduced by it will descend. It's a big chunk of cinema, culminating in an extraordinary psychedelic montage on the moving image's evolution. 2022, 18, 189MIN

HORROR

Candyman

12.10am, BBC1 (12.55am Scot) ★★★

Sex ●●● Violence ●●● Language ●●●

This sequel/reboot to the seminal 1992 horror finds artist Yahya Abdul-Mateen II finding a new creative spurt after being introduced to the Candyman legend – but the mythos quickly consumes him. Even if the film never entirely hooks you, offering more in the way of ideas and atmosphere than a satisfying plot or scares, the impressive visual flourishes, inventive kills and sharp social commentary make for slick and thought-provoking entertainment. 2021, 15, 91MIN

■ Full listings start on p35

Sunday 26 April

ROMCOM

Materialists

1.55pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

Dakota Johnson stars as a highly successful professional matchmaker to New York's moneyed class, who ends up torn between suave, charming millionaire Pedro Pascal and wannabe actor and part-time waiter Chris Evans, with whom she already had a five-year relationship. Writer-director Celine Song's movie breaks apart the normal tropes of a romcom to expose the ultimate transactional nature of relationships, and whether love can conquer poverty and hardship. It's a smart, quietly grown-up film with sly gags bustling next to real-world concerns about the sometimes dangerous business of dating, with all three stars pitch perfect. 2025, 15, 116MIN

Date line: Chris, Dakota and Pedro

MONSTER MOVIE

Jurassic Park III

2.50pm, ITV1 ★★★

Sex ●●● Violence ●●● Language ●●●

An exciting third trip to see the dinos, in which Sam Neill, back from the first film, is taken to his island of nightmares by a divorced couple (Téa Leoni and William H Macy) whose son (Trevor Morgan) has vanished on Isla Sorna on a hang-gliding trip with Leoni's new boyfriend. Though this is undermined by clunky dialogue, the prehistoric beasties, especially pteranodons and the new spinosaurus, are as thrilling as ever and there are some terrific action scenes – one particularly memorable sequence involves flying lizards and a suspension bridge. 2001, PG, 92MIN

COMEDY

The Devil Wears Prada

5pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Despite knowing nothing about fashion, scruffy would-be journalist Anne Hathaway talks her way into a 'dream' job as second assistant to Meryl Streep – the editor-from-hell of a prestigious New York fashion magazine. Oscar-nominated Streep is superb as she throws her weight and posh designer gear around, Hathaway is charming (though perhaps takes too readily to her vacuous new life) and Emily Blunt is a scene-staler as Streep's neurotic first assistant. Packed with great one-liners and funny situations, this is a well-dressed joy. 2006, PG, 109MIN

ANIMATION

Scarygirl

7.25pm, Sky Animation ★★★

Sex ●●● Violence ●●● Language ●●●

Based on an ever-growing multimedia brand, this Australian animation follows young Arkie (Jillian Nguyen) on her quest to unite a divided world, using a knack for technology and her one tentacle arm. This coming-of-age adventure features a prolific cast of voice talents, including Anna Torv, Tim Minchin, Deborah Mailman and Sam Neill, who is put to good use as villainous Doctor Maybee. The aggressively jumbled character designs initially grate, but creative visuals and a heartwarming message save the day. 2023, PG, 90MIN

GANGSTER CLASSIC

The Untouchables

10pm, BBC2 (not NI) ★★★★★

Sex ●●● Violence ●●● Language ●●●

Kevin Costner's upstanding Eliot Ness leads his elite team (including Sean Connery's Irish cop as his right-hand man) in a crusade against mobster Al Capone (Robert De Niro) in 1930s Chicago. Director Brian De Palma's spectacular crime drama belts out its thrills and spills, all the way from De Niro's memorable wielding of a baseball bat through to the classic railway station shoot-out (improvised in a single night at Chicago's Grand Central station). 1987, 15, 119MIN

■ Full listings start on p45

Weekday movies over page

Monday 27 April

COMEDY HORROR

The Toxic Avenger

1.50am, Sky Fear Seekers ★★★

Sex ●●● Violence ●●● Language ●●●

A remake of 1985's cult comedy horror, but this puts a bit of a twist on things. In the original, a dweeby kid is pushed into a vat of radioactive acid, emerging as a gigantic monster who rights wrongs. Here, sad-sack single dad Peter Dinklage is thrown in the goo, only to come out horribly mutilated and ridiculously strong, but the same size. It's tough to out-spoof a spoof, but this new take is fun and gory to the max, with a cast that can actually act (along with Dinklage there's Kevin Bacon, Elijah Wood etc). 2023, 15, 102MIN

Playing to his strengths: Peter

CLASSIC THRILLER

Rebecca

10.50am, Talking Pictures ★★★★★

Sex ●●● Violence ●●● Language ●●●

Based on the Daphne du Maurier novel, Alfred Hitchcock's first American film expertly combines suspense, repressed feelings and the gloomy interiors of the big mansion of Manderley. Laurence Olivier is the sullen owner and Joan Fontaine, at her most sympathetic, is his timid new bride, but it's the memory of his deceased first wife, Rebecca, that dominates the story. 1940, PG, 130MIN

ACTION COMEDY

Jumanji: The Next Level

6.40pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Fans of the 2017 *Jumanji* reboot will love this funny and thrilling sequel that reunites Dwayne Johnson, Kevin Hart, Karen Gillan and Jack Black. They're a hoot as videogame avatars battling perils while trying to retrieve a precious jewel. Danny DeVito and Danny Glover are also hilarious as a geriatric duo drawn into the game – and Awkwafina walks off with the film as a crafty thief. 2019, 12, 123MIN

DISASTER MOVIE

Twister

5.55pm, Sky Action ★★★

Sex ●●● Violence ●●● Language ●●●

There's no real plot to this disaster movie – just some nonsense about launching a recording device into the centre of tornados – and the characters, led by Helen Hunt, Bill Paxton, Jami Gertz and Cary Elwes, are so flimsy they would blow away in a weak breeze. Nevertheless, the then state-of-the-art special effects – with cows, tractors and even giant trucks flying through the air – are worth sticking around for. 1996, PG, 114MIN

HORROR

Antlers

1.35am, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

In a crumbling Oregon town, Jesse Plemons' sheriff and his teacher sister Keri Russell cross paths with a boy (Jeremy T Thomas) whose family home is dominated by a demonic presence. A cadaverous Scott Haze goes the extra mile as the lad's meth-making father in this unnerving horror fable, though it never quite gels its scares with the gritty snapshot of a poverty-stricken US. 2021, 15, 99MIN

■ Full listings start on p55

Tuesday 28 April

COMEDY FANTASY

Sketch

6am & 1.30am, Sky Family ★★★★

Sex ●●● Violence ●●● Language ●●●

A touching, imaginative and often very funny fantasy film that tackles the thorny issue of grief with intelligence and wit. Trying to come to terms with her mum's death, a 10-year-old girl (Bianca Belle) creates dark, angry drawings of made-up beasties that – thanks to a magical lake – come to life and start running amok. Can her dad (Tony Hale), aunt (D'Arcy Garden) and brother (Kue Lawrence) help her subdue her fantastical menagerie? You'll have a wonderful time finding out. 2025, 12, 93MIN

Drawing a line: Bianca and family

HORROR

Wolf Man

6.25am & 2.30pm, Sky Sci-Fi/Horror ★★★

Sex ●●● Violence ●●● Language ●●●

In remote Oregon, Christopher Abbott returns to his childhood home with wife Julia Garner and daughter Matilda Firth after his long-missing father is declared dead. But a terrifying encounter with a strange figure leaves him with a beast of an infection... Director Leigh Whannell's chiller effectively depicts Abbott's gruesome transformation (using practical effects), but as a whole the film lacks bite. 2024, 15, 103MIN

CHILLER

Presence

4.20pm, Sky Sci-Fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

A quietly brilliant ghost story told entirely from the point-of-view of the entity itself, director Steven Soderbergh's family drama-cum-chiller is gripping. A family (Lucy Liu, Chris Sullivan and their teen kids Callina Liang and Eddy Maday) moves into their house and the silent, watching 'presence' hones in on Liang. She's the only one who can even sense this spirit – but what does it want and why? 2024, 15, 84MIN

DRAMA

Ferrari

9.45pm, Sky Drama ★★★

Sex ●●● Violence ●●● Language ●●●

It's 1957 and ex-racer Enzo Ferrari (Adam Driver) no longer loves his wife (Penélope Cruz) and has a secret lover (Shailene Woodley). Meanwhile, in a bid to rev up his failing car company, Ferrari enters five of his hot rods in the cross-country, high-risk Mille Miglia race... Like its motors, this is sleek, chic and runs handsomely – and director Michael Mann certainly doesn't shy away from showing the dangers of racing. 2023, 15, 130MIN

COMEDY

Booksmart

10.05pm, BBC3 ★★★★★

Sex ●●● Violence ●●● Language ●●●

High-school swots Kaitlyn Dever and Beanie Feldstein have always looked down on their party-hearty peers. But on the eve of graduation the best friends belatedly realise they've been missing out and decide to let their hair down. The directing debut of Olivia Wilde, this coming-of-age comedy is an absolute joy – raucously funny, generous of spirit and touching. 2019, 15, 102MIN

■ Full listings start on p65

Wednesday

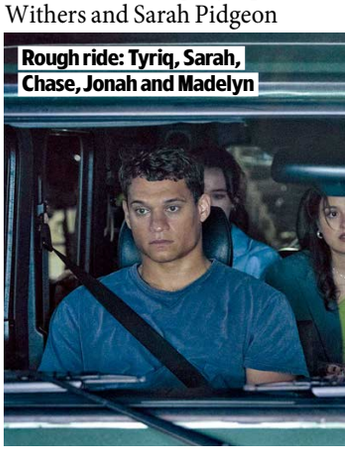
HORROR

I Know What You Did Last Summer

12.10pm, Sky Fear Seekers ★★★

Sex ●●● Violence ●●● Language ●●●

This sequel-cum-reboot of the 1997 film sees Chase Sui Wonders, Madelyn Cline, Jonah Hauer-King, Tyriq Withers and Sarah Pidgeon



Rough ride: Tyriq, Sarah, Chase, Jonah and Madelyn

CLASSIC THRILLER

The Big Heat

6.05am & 12.30am, Sky Greats ★★★★

Sex ●●● Violence ●●● Language ●●●

Officials are on the take, the city is in the grip of the Organisation and Glenn Ford is the only cop with the courage to fight back as he digs into the suicide of a corrupt colleague. It's a familiar plot but this classic film noir benefits from Fritz Lang's stylish direction and the stunning photography. Ford is top notch, while Lee Marvin memorably throws scalding coffee into Gloria Grahame's face. 1953, 15, 90MIN

COMEDY

Caddyshack

7.55am, Sky Cinema Comedy ★★★

Sex ●●● Violence ●●● Language ●●●

This zany, knockabout comedy is set at a golf club where all the caddies try their utmost to get the better of their posh employers. A cheerfully vulgar Rodney Dangerfield makes his mark in the lead role, but stealing the show are Chevy Chase's golf pro and Bill Murray's groundsman, who is prepared to use any means necessary to get rid of the gophers infesting the grass, even explosives! 1980, 15, 95MIN

29 April

terrorised by an unknown killer with a very large hook, due to their covering up of an accidental death a year previously. Original stars Jennifer Love Hewitt and Freddie Prinze Jr pop up, as does a spookily de-aged Sarah Michelle Gellar. This lacks the knowing meta nature of *Scream*, but is still a thoroughly entertaining ride. 2025, 15, 111MIN

DRAMA

Boston Strangler

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

This absorbing drama about the 1960s serial killer (which was previously filmed in 1968 with Tony Curtis) focuses on journalists Loretta McLaughlin (Keira Knightley) and Jean Cole (Carrie Coon), displaying grit and outrage as they put the pieces together. Writer-director Matt Ruskin delves into the ambiguous nature of the killings and suspects, making for a nuanced and compelling experience carried by the superb stars. 2023, 15, 102MIN

COMEDY DRAMA

Denmark

11.25pm, BBC1 (12.55am Scotland) ★★★

Sex ●●● Violence ●●● Language ●●●

Divorced, depressed and jobless, Rafe Spall concocts a harebrained plot to escape his glum Welsh town – rob a bank in Denmark to end up in the country's supposedly cushy prison system. This would-be quirky comedy drama is a little bleak, but when Spall encounters Simone Lykke's widowed barmaid, hope shines through nicely. 2018, 15, 91MIN

■ Full listings start on p75

Thursday 30 April

MYSTERY THRILLER

Hypnotic

Starts today, Netflix ★★★

Sex ●●● Violence ●●● Language ●●●

A desperate detective (Ben Affleck) wants to find his daughter, whose abduction a few years earlier is unsolved. Then, investigating a bank robbery, he discovers the sinister man at the core of the mayhem was after a picture of his daughter and is a government-trained 'hypnotic', a psychic able to make people's perception of reality bend to their will. Director Robert Rodriguez's film keeps its foot down for the entire running time and, even if the result is insubstantial, it's a raucous, twisty treat. 2023, 15, 93MIN

Piecing it together: Ben

COMEDY DRAMA

I'll Be Right There

9.20am, Sky Drama ★★★

Sex ●●● Violence ●●● Language ●●●

This comedy moves along pleasantly enough and benefits from the wonderful Edie Falco as a woman whose needy family leave her with no 'me' time. Her mother (Jeannie Berlin) has various medical conditions, her pregnant daughter (Kayli Carter) is freaking out, her ex-addict son (Charlie Tahan) refuses to go to therapy and her lover (Sepideh Moafi) seems to see Falco as nothing more than a sexual outlet. 2023, 12, 98MIN

THRILLER

The Fugitive

10.10am & 10pm, Sky Greats ★★★★★

Sex ●●● Violence ●●● Language ●●●

Wrongly convicted of killing his wife, a doctor (Harrison Ford) is on his way to jail when a train crash allows him to go on the run to find the culprit. But dogged US marshal Tommy Lee Jones is hot on his heels... Perfectly cast, this is twisting, edge-of-seat entertainment of the highest order. Oscar-winning Jones has the showier role and gets all the best lines, but the understated Ford is outstanding as well. 1993, 15, 128MIN

MONSTER MOVIE

Jurassic World

8pm, Sky Action ★★★★

Sex ●●● Violence ●●● Language ●●●

Two decades after Steven Spielberg's monster hit *Jurassic Park*, the dinosaurs are on the rampage again in the ill-fated resort. This fourth adventure, directed by Colin Trevorrow, delivers the thrills and spills we have come to expect from the series, but it is the film's leading duo – Chris Pratt's military vet-turned-dinosaur wrangler and Bryce Dallas Howard's tightly wound theme park operations manager – who really make things swing. 2015, 12, 124MIN

BIOPIC

On the Basis of Sex

11pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

An earnest and worthy tribute to Ruth Bader Ginsburg (Felicity Jones), the second woman ever to be elected a US Supreme Court Justice. Beginning in 1956, the film follows her fight for equality and climb up the legal ladder. Jones is admirable and Armie Hammer is great as her husband, while Justin Theroux and Kathy Bates are among the people she tangles with. 2018, 12, 120MIN

■ Full listings start on p85

Friday 1 May

BIOPIC

Maria

Starts today, STUDIOCANAL Presents ★★★★

Sex ●●● Violence ●●● Language ●●●

Angelina Jolie goes full diva in this plush biopic of opera legend Maria Callas from director Pablo Larraín (along with *Jackie* and *Spencer*, completing his loose trilogy of films about iconic women). It follows the ailing, reclusive Callas in the final week of her life in 1977 Paris, with flashbacks evoking key times from her past, including her relationship with tycoon Aristotle Onassis (Haluk Bilginer). Jolie is fabulous, splendidly capturing both Callas' imperious hauteur and her tragic vulnerability. 2024, 12, 123MIN

In the right aria: Angelina

ACTION

Wanted

9pm, Legend ★★★★

Sex ●●● Violence ●●● Language ●●●

James McAvoy plays an office worker who discovers that his dead father was a hitman for a shadowy organisation and is conscripted to fill his place by Angelina Jolie's assassin and her boss (Morgan Freeman). The original comic-book depicted its superhero world from the point of view of the supervillains, a satirical notion ignored in this slick action thriller – but there's no denying the action is imaginative and exciting. 2008, 18, 110MIN

COMEDY DRAMA

Trainspotting

10pm, Film4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

A young Scottish drug addict (Ewan McGregor) and his pals run head first into crisis after crisis. The foul language and graphically grim subject matter of Irvine Welsh's cult novel may offend some, but this is a superb film, dazzlingly directed by Danny Boyle and ferociously well acted by McGregor. Robert Carlyle's swaggering, pyschotic Begbie is a monstrous creation and Ewen Bremner, Jonny Lee Miller and Kevin McKidd are also brilliant. 1996, 18, 93MIN

CLASSIC THRILLER

Get Carter

11pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

In one of his best roles, Michael Caine is London hard case Jack Carter who goes to Newcastle to get to the bottom of his brother's death. Britt Ekland and John Osborne, as the local Mr Big, are among those he meets. As well as being a graphic reminder that the North East once had a coal industry, Caine's final confrontation with Ian Hendry is still shockingly brutal. Bleak and brilliant, this is one of the few truly great British gangster films. 1971, 18, 112MIN

COMEDY

Quiz Lady

11.55pm, BBC1 (12.40am Scot, not Northern Ireland) ★★★★

Sex ●●● Violence ●●● Language ●●●

Awkwafina and Sandra Oh are ace as sisters colliding when their mum's gambling debts require cash, pronto. The fastest way to do it? Get nerdy Awkwafina to compete on Will Ferrell's TV quiz show... As wild-child older sis Oh eggs her on, their personalities clash and past tensions simmer. Formulaic it may be, but it's also absolutely hilarious. 2023, 15, 99MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's live action

LIVE FOOTBALL

Saturday, Sunday, Tuesday & Wednesday, BBC2, TNT Sports 1, Prime Video & Disney+

As the men's and women's Champions Leagues reach the semi-final stage this week, Arsenal are going for glory on both fronts as Britain's only remaining teams in the competitions.

Will the streets of north London witness a joint victory parade at the end of May? Here's our guide to the last-four action…

Champions League

THE MAIN EVENT

Arsenal's men and women have **European glory** in their sights...

THE MEN

Atlético Madrid v Arsenal

Wednesday, kick-off 8pm, TNT Sports 1

Some of the shine has been taken off Arsenal's season by defeats in the domestic cups, but Mikel Arteta's side are still going strong in the Champions League. The Gunners are in the semi-finals for a second year running and now travel to Spain for the first leg of their last-four tie.

Diego Simeone's side shocked Barcelona in the quarter-finals and boast a squad that includes former Manchester City marksman Julián Alvarez, Nigeria's Ademola Lookman, club captain Koke, who played in the 2014 and 2016 finals (both defeats to Real Madrid), and France's Antoine Griezmann who will leave the club for the MLS in the summer.

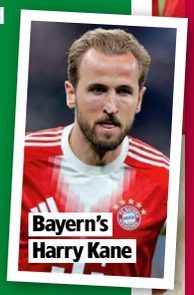
The atmosphere will be electric at the Estadio Metropolitano, but Arsenal will take confidence from beating Atleti 4-0 in their league-phase clash when Viktor Gyökeres scored twice.

Ademola Lookman of Atlético Madrid

Paris Saint-Germain v Bayern Munich

Tuesday, kick-off 8pm, Prime Video

Harry Kane netted his 50th goal of the season for the German champions as they overcame Real Madrid in a thrilling quarter-final – and this tie has the potential to be another classic. Holders PSG are impressing again this season and made short work of Liverpool in the last eight, with Ousmane Dembélé scoring twice at Anfield as Luis Enrique's side went through 4-0 on aggregate.



Bayern's Harry Kane

THE WOMEN

Arsenal v Lyon

Sunday, kick-off 3.30pm, BBC2 & Disney+

Arsenal's Alessia Russo is the tournament's leading scorer with eight goals and will want to add to that tally at the Emirates on Sunday afternoon. Renée Slegers' Gunners made history last season as the only English club to win the Champions League for a second time and, after knocking out WSL rivals Chelsea in the last eight, now face a semi-final tie with eight-time winners Lyon.

The holders defeated the French champions 5-3 on aggregate at this stage of the competition in 2025. However, their opponents know what it takes to win on the Londoners' turf, picking up a 2-1 victory at Meadow Park in the league phase in October with goals from Haitian forward Melchie Dumornay.

Bayern Munich v Barcelona

Saturday, kick-off 5.15pm, Disney+

England midfielder Georgia Stanway is leaving Bayern Munich at the end of the season and would love to depart with a winner's medal around her neck. Bayern face a tough test against three-time champions Barcelona who crushed Real Madrid 12-2 on aggregate in the quarter-final.

Georgia Stanway

WORDS: RICHARD MCCLURE. PHOTOS: GETTY; SHUTTERSTOCK

Arsenal's Viktor Gyökeres and Alessia Russo

Lyon star Melchie Dumornay

LIVE ATHLETICS

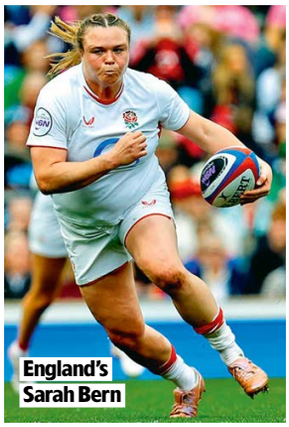
London Marathon

Sun, BBC1, BBC2 & TNT Sports 1

Gabby Logan leads the BBC coverage across the 26.2-mile course as 59,000 runners race from Greenwich Park to The Mall. Reigning champions Sabastian Sawe of Kenya and Ethiopia's Tigst Assefa are back to defend their titles, while Eilish McColgan is also in the field after setting a Scottish record in her debut last year. In the wheelchair races, Switzerland's Catherine Debrunner will be seeking a fourth title after breaking her own course record last year, while her compatriot, world record holder Marcel Hug, is aiming to equal David Weir's record of eight London wins with a sixth consecutive victory. Now aged 46, home favourite Weir will be racing for the 27th straight year.

Marcel Hug of Switzerland

Runners near the finishing line on The Mall



England's Sarah Bern

LIVE RUGBY UNION

Women's Six Nations

Sat, BBC1, BBC2 & BBC iPlayer

Twickenham drew a record Six Nations crowd of 77,120 two weeks ago as holders England had a winning start against Ireland, with Sarah Bern scoring two tries. This week, the Red Roses are in action at Bristol's Ashton Gate where they play Wales (kick-off 2.15pm, BBC2; BBC1 in Wales). Also on Saturday, Italy entertain Scotland in Parma (k-o 4.30pm, BBC iPlayer) and France host Ireland in Clermont-Ferrand (k-o 8.10pm, BBC iPlayer; BBC2 in N Ireland only).

Southampton's Shea Charles

LIVE FOOTBALL

FA Cup semi-finals

Saturday & Sunday, BBC1 & TNT Sports 1

Fifty years after their only FA Cup success, Southampton are wearing a yellow kit in this season's contest to mark the club's victory in 1976. After dispatching Arsenal in the last round with goals from Ross Stewart and Shea Charles, the Championship outfit will hope to pull off another giant-killing at Wembley on Saturday (kick-off 5.15pm, BBC1 & TNT Sports 1) when Saints take on seven-time winners Manchester City, who are appearing in a record-extending eighth consecutive semi-final. Also rolling back the decades are Leeds United, in the semi-finals for the first time in 39 years after defeating West Ham on penalties in the last round. Daniel Farke's side take on eight-time winners Chelsea (Sunday, kick-off 3pm, TNT Sports 1), who put seven past Port Vale in the quarter-finals.

Rory McIlroy

LIVE GOLF

Cadillac Championship

From Thursday, Sky Sports Golf & Sky Sports Main Event

After his battling victory in the Masters to become only the fourth player to claim back-to-back green jackets, Rory McIlroy could return to the PGA Tour at this event at Donald Trump's National Doral course in Florida. Scottie Scheffler, who finished second in Augusta, is also expected to tee off, alongside Shane Lowry, Tommy Fleetwood, Jordan Spieth and Keegan Bradley.

Sport A-Z and football planner »»

HOW TO STREAM TV

Everything you need to know about all the channels available to stream...

BBC iPlayer

A free video-on-demand service from the BBC, featuring BBC dramas including *Luther*, *Doctor Who* and *Line of Duty*, as well as hits including *The Responder* and *This City Is Ours*. There are many comedies, too, from *Not Going Out* to *Ghosts* and *Mrs. Brown's Boys*, plus all episodes of *The Traitors* and *Race Across the World*. You can also watch BBC channels live. It's available online and on devices including mobile phones, tablets and smart TVs.

ITVX

This free streaming channel is the home for all ITV shows, films and much more – from drama box sets such as *Trigger Point* to *Love Island* episodes and James Bond movies. It can be accessed on smart TVs and an app to download. You can upgrade to ITVX Premium for an extra fee for even more content and ad-free viewing.

Free to watch

Channel 4 Streaming

A free streaming channel for all C4 content, this is home to shows from *Location, Location, Location* to *Celebrity Gogglebox*, plus a huge selection of true-crime series and documentaries, including *24 Hours in A&E*, as well as box-set comedies such as *Friday Night Dinner*, *Peep Show* and *Derry Girls*. You can access online via channel4.com, your smart TV or an app download. An upgrade to Channel 4+ for an extra fee also gives you more shows, early access and ad-free viewing.

5 Streaming

A free video-on-demand service from 5 that features bingeable box sets of American shows such as *Dexter* and *The Good Wife*, plus top British dramas including *All Creatures Great & Small*. There's also a huge selection of police documentaries, from *Traffic Cops* to *Police Interceptors*, plus kids' shows from *Peppa Pig* to *Paw Patrol*. The service is available on smart TVs and streaming devices via channel5.com and the app.

U

The free streaming service offers drama, comedy and entertainment, from recent shows like *The Marlow Murder Club* and *Bergerac* to classic series such as *Pride and Prejudice*. There are also American box sets, plus lots of true-crime documentaries and favourites such as *Canal Boat Diaries*. It can be accessed via an app and on smart TVs.

Subscription services

Netflix

This paid-for streaming channel features plenty of original content, with shows from *The Four Seasons* and *Toxic Town* to *Con Mum* and *The Real Fatal Attraction*. There are also new and classic films such as *I Swear* and *Mean Girls*. You can access Netflix via smart TVs, the website and an app to download.

Prime Video

The paid-for subscription channel features plenty of original TV shows like *Clarkson's Farm* and *Nine Perfect Strangers*. There are also comedy shows such as *Last One Laughing*, plus plenty of newly released films available to stream, buy or rent including BAFTA-winner *Conclave*. Prime Video can be accessed on TVs, mobiles, tablets and more.

Disney+

The home of most Disney content is a paid-for streaming channel that has classic movies such as *Mary Poppins* and *Dumbo*, recent films including *A Complete Unknown*, top dramas like *A Thousand Blows*, plus a large selection of National Geographic documentaries such as *Ocean with David Attenborough*. There's every Star Wars film and spin-off series such as *Andor*, plus the Muppets' catalogue of films and shows. It's available on smart TVs, an app download and online.

Apple TV

There's a selection of high-quality, exclusive, original-production films and TV series called Apple Originals. Content includes top dramas *Slow Horses*, *Smoke* and *Severance*, comedies like *Ted Lasso* and *Bad Sisters*, plus films *Napoleon* and *Blitz*. This paid-for streaming channel is available on smart TVs and the Apple TV app.

Paramount+

This is the home to blockbuster Paramount movies, new originals and hit shows, primarily from the libraries of US TV station CBS, with TV series including *Yellowstone* and *Star Trek: Discovery*. There's also a huge selection of Smithsonian documentaries and Nickelodeon shows including *SpongeBob SquarePants*. The paid-for streaming service is available on desktop, smart TVs and an app, and is also available free for Sky Cinema subscribers.

Discovery+

This is a paid-for streaming service that focuses on factual programming and original series. There's a library of real-life entertainment with eye-opening docuseries such as *Celebrity Help! My House Is Haunted*.

Sky Store

This paid-for streaming service is home to the latest blockbuster movies straight from the cinema, either to buy or rent, as well as TV shows to buy and keep including *The White Lotus* and *The Last of Us*. It's independent from Sky's TV service, meaning a Sky TV subscription isn't required, but you must create an account to access products and services.

MGM+

This is a paid-for streaming service that features a variety of content including titles from Lionsgate and US network Starz as well as original MGM+ series. Shows and films include *Godfather of Harlem* and *Legally Blonde*, plus the James Bond movies. Subscribe to MGM+ via Prime Video for a monthly fee.

Acorn TV

Many favourite dramas, murder mysteries and comedies from around the world appear here first. Current hit series include *Whitstable Pearl*, *Harry Wild*, *Darby and Joan*, *Signora Volpe* and *Recipes for Love & Murder*. The paid-for streaming service is available on smart TVs and via a mobile app.

NOW

There is a host of Sky TV shows and box sets to watch on this paid-for streaming service including *The Day of the Jackal*, *Brassic*, *Gangs of London* and *The White Lotus*. A choice of plans means that you can also stream Sky Sports to enjoy Formula One and other sporting events, and even watch the latest movies and Sky Original films. It's available to stream via your smart TV.

DAZN

This paid-for streaming sports service features boxing, NFL, kick-boxing, LIV Golf and women's football. It broadcasts both live and on-demand. You can access it via its mobile app and on smart TVs. It's also available as a Prime Video channel at an additional subscription cost.

HBO MAX

This new streaming giant is a paid-for service that offers access to the vast library of new and past HBO shows including some huge series such as *The Pitt*, *The White Lotus*, *Game of Thrones*, *House of the Dragon*, *The Comeback*, *Euphoria* and *Hacks*. It's also the new home of all seasons of *Friends* and (for extra) TNT Sports, which includes football, cricket, French Open tennis and Premiership rugby union. The service is available on smart TVs, plus on a downloadable app and online.

WORDS: NICK CANNON, HANNAH DAVIES. PHOTO: NIJAT/STOCK.ADOBE.COM

Sport week A-Z GUIDE

ATHLETICS

LIVE Madrid Marathon
Sun 7.15am Premier Sports 1

LIVE London Marathon
Sun 8.30am BBC1, 8.45am TNT Sports 1 & 2pm BBC2
The 46th staging of the famous 26.2-mile race. See page 29.

AUSTRALIAN RULES

LIVE Port Adelaide v Geelong Cats
Sat 9.30am TNT Sports 4

LIVE St Kilda v West Coast Eagles
Sat 4am TNT Sports 2

LIVE Brisbane Lions v Adelaide Crows
Sun 6am TNT Sports 3

LIVE Collingwood v Hawthorn
Thu 10.15am TNT Sports 1

LIVE Western Bulldogs v Fremantle Dockers
Fri 10.30am TNT Sports 1

LIVE Adelaide Crows v Port Adelaide Power
Fri 1.30pm TNT Sports 1

LIVE Essendon Bombers v Brisbane Lions
Fri 3.30am TNT Sports 1

BASEBALL

LIVE Toronto Blue Jays v Cleveland Guardians
Sat 8pm TNT Sports 2
the MLB American League match.

LIVE Los Angeles Dodgers v Chicago Cubs
Sat 12m't TNT Sports 2

LIVE Atlanta Braves v Philadelphia Phillies
Sun 6.30pm TNT Sports 2

LIVE Kansas City Royals v Los Angeles Angels
Sun 12m't TNT Sports 1

LIVE Minnesota Twins v Seattle Mariners
Mon 12.30am TNT Sports 1

LIVE Atlanta Braves v Detroit Tigers
Tue 12m't TNT Sports 1

LIVE Toronto Blue Jays v Boston Red Sox
Wed 8pm TNT Sports 2

LIVE Philadelphia Phillies v San Francisco Giants
Wed 11.30pm TNT Sports 1

LIVE Minnesota Twins v Toronto Blue Jays
Thu 12.30am TNT Sports 1

Darts
Jonny Clayton has been one of the front runners in this season's Premier League

LIVE Chicago Cubs v Arizona Diamondbacks
Fri 7pm TNT Sports 1

LIVE Boston Red Sox v Houston Astros
Fri 12m't TNT Sports 1

BASKETBALL

LIVE Western Conference first-round play-off
Sat 8pm Sky Sports Mix

LIVE Atlanta Hawks v New York Knicks
Sat 11pm Sky Sports Main Even & Sky Sports Mix

LIVE NBA Play-offs
Sun 6pm & 8.30pm, Mon 11.30pm & 3.30am, Tue 12.30am & Thu 11.30pm & 3am Sky Sports Action; Mon 11.30pm & 3.30am, Tue 12.30am & Thu 12m't & 3am Sky Sports Main Event; Mon 1am Sky Sports +

LIVE Philadelphia 76ers v Boston Celtics
Sun 11.30pm Sky Sports Main Event; Sky Sports Action

LIVE Houston Rockets v Los Angeles Lakers
Sun 2.30am Sky Sports Main Event & Sky Sports Action

COMBAT SPORTS

LIVE Fight Night Prelims
Sat 11pm TNT Sports 1

LIVE Aljamain Sterling v Youssef Zalal
Sat 1am TNT Sports 1

CRICKET

LIVE Delhi Capitals v Punjab Kings
Sat 10.50am Sky Sports Cricket

LIVE Rajasthan Royals v Sunrisers Hyderabad
Sat 2.50pm Sky Sports Cricket

LIVE Chennai Super Kings v Gujarat Titans
Sun 10.50am Sky Sports Cricket

LIVE Surrey v Essex
Sun 10.55am Sky Sports +

LIVE Lucknow Super Giants v Kolkata Knight Riders
Sun 2.50pm Sky Sports Cricket

LIVE Bangladesh v New Zealand
Mon 8.45am TNT Sports 4

LIVE Surrey v Essex
Mon 10.55am Sky Sports Cricket; Sky Sports +

LIVE Delhi Capitals v Royal Challengers Bengaluru
Mon 2.50pm Sky Sports Cricket

LIVE Punjab Kings v Rajasthan Royals
Tue 2.50pm Sky Sports Cricket

LIVE Bangladesh v New Zealand
Wed 9.45am TNT Sports 4

LIVE Mumbai Indians v Sunrisers Hyderabad
Wed 2.50pm Sky Sports Cricket

LIVE Gujarat Titans v Royal Challengers Bengaluru
Thu 2.50pm Sky Sports Cricket

LIVE Rajasthan Royals v Delhi Capitals
Fri 2.50pm Sky Sports Cricket

CYCLING

LIVE Men's Tour of Turkiye
Sun 10.30am & Fri 12.30pm TNT Sports 4, Mon-Thu 12.30pm TNT Sports 2

LIVE Liege-Bastogne-Liege
Sun 12.30pm & 3.45pm TNT Sports 4

LIVE Men's Tour of Romandie
Tue-Thu 2.30pm TNT Sports 2 & Fri 2.45pm TNT Sports 4

LIVE UCI Mountain Bike World Series
Fri 9am & 10am TNT Sports 4, 4.45am TNT Sports 2

DARTS

LIVE Premier League
Thu 7pm Sky Sports Main Event & Sky Sports Action

GOLF

LIVE China Open
Sat 6am & 5am Sky Sports Main Event & Sky Sports Golf
Days three and four in Shanghai.

LIVE South African Women's Open
Sat & Sun 11.30am Sky Sports Golf & Sky Sports Mix
Days three and four in Cape Town.

LIVE Classic of New Orleans
Sat & Sun 3pm Sky Sports Golf; Sat & Sun 6pm Sky Sports +
Days three and four in Avondale.

LIVE Chevron Championship
Sat 6pm & Sun 6.30pm Sky Sports Golf; Sat 8.30pm & Sun 7.30pm Sky Sports Main Event
Days three and four in Houston, Texas.

LIVE Turkish Airlines Open
Thu & Fri 11am Sky Sports Golf & Fri 11am Sky Sports Main Event
Days one and two in Antalya, Turkey.

LIVE Mexico Riviera Maya Open at Mayakoba
Thu & Fri 3pm Sky Sports +
Days one and two in Mexico.

LIVE Cadillac Championship
Thu & Fri 4pm Sky Sports Golf; Thu & Fri 11pm Sky Sports Main Event
Days one and two at Trump National Doral in Miami. See page 29.

LIVE McB Ladies Classic
Fri 11am Sky Sports +
The tournament in Flacq, Mauritius.

HORSE RACING

LIVE Sandown Park, Leicester and Haydock Park
Sat 1.15pm ITV1

LIVE Ayr
Sun 3.30pm ITV4

LIVE Newmarket, Ascot and Goodwood
Fri 2pm ITV1

ICE HOCKEY

LIVE NHL Play-offs
Sat 12m't Premier Sports 1 & 3.30am Premier Sports 2; Sun-Fri 12m't Premier Sports 1 & 3am Premier Sports 2

MINORITY SPORTS

LIVE IFSC Climbing World Series
Fri 3.30am TNT Sports 3

MOTORCYCLING

LIVE MotoGP
Sat 7.30am & Sun 8.30am TNT Sports 2
The Grand Prix of Spain.

LIVE MotoGP Rookies Cup
Sun 7.30am TNT Sports 2

LIVE World Superbikes
Fri 9.15am & 2pm TNT Sports 2

MOTORSPORT

LIVE World Rally Championship
Sat 8.15am, 2.15pm & 4pm, Sun 9am TNT Sports 4; Sun 7.30am TNT Sports 1

LIVE Ferrari Challenge
Sat 12.50pm & 2.05pm Sky Sports F1

LIVE British GT Championship
Sat 3.40pm & Sun 12.35pm Sky Sports F1

LIVE NASCAR
Sun 7pm Premier Sports 2

LIVE Women's Circuit Racing World Championship
Fri 1pm TNT Sports 2

LIVE Formula 2
Fri 2.55pm & 7.25pm Sky Sports F1
The Miami Grand Prix in Florida.

LIVE Formula 1
Fri 5pm Sky Sports Main Event & Sky Sports F1
Miami Grand Prix practice session.

LIVE Formula 1
Fri 8.40pm Sky Sports F1 & Fri 10pm Sky Sports Main Event
Miami Grand Prix sprint qualifying.

NETBALL

LIVE London Mavericks v Manchester Thunder
Sat 3.55pm Sky Sports Mix

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 4

RUGBY LEAGUE

LIVE New Zealand Warriors v Dolphins
Sat 9.05am Sky Sports Action

LIVE Melbourne Storm v South Sydney Rabbitohs
Sat 11.10am Sky Sports Action

LIVE New South Wales v Queensland
Thu 10.30am Sky Sports Action & Sky Sports +

LIVE Hull Kingston Rovers v Castleford Tigers
Thu 7.30pm Sky Sports + & Sky One (Kick-off 8pm)
The Super League encounter.

LIVE Leeds Rhinos v Wakefield Trinity
Fri 7.30pm Sky Sports Action & Sky Sports + (Kick-off 8pm)
The Super League encounter.

RUGBY UNION

LIVE Hurricanes v Brumbies
Sat 6am Sky Sports +

LIVE Blues v Queensland Reds
Sat 8.30am Sky Sports +

LIVE DHL Stormers v Glasgow Warriors
Sat 12.15pm Premier Sports 1

LIVE England v Wales
Sat 1.45pm BBC2 (Wales, BBC1) (kick-off 2.15pm) Women's Six Nations. See page 29.

LIVE Lions v Connacht
Sat 2.30pm Premier Sports 2

LIVE Saracens v Leicester Tigers
Sat 2.45pm TNT Sports 2 (Kick-off 3.05pm). Gallagher PREM action at StoneX Stadium.

LIVE Italy v Scotland
Sat 4.30pm BBC iPlayer (Kick-off 4.30pm). The Women's Six Nations game. See page 29.

LIVE Llandovery v RGC
Sat 4.45pm S4C

LIVE Munster v Ulster
Sat 5pm Premier Sports 1

LIVE Northampton Saints v Bath Rugby
Sat 5.15pm TNT Sports 2 (Kick-off 5.30pm). Prem action at Franklin's Gardens.

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LIVE Watsonians v Hillhead Jordanhill
Sat 6.05pm BBC Alba

LIVE Benetton v Leinster
Sat 7.30pm Premier Sports 1

LIVE France v Ireland
Sat 8pm BBC2 (N Ireland only) (kick-off 8.10pm) The Women's Six Nations match staged at Stade Marcel-Michelin. See page 29.

LIVE Highlanders v Moana Pasifika
Sat 2.55am Sky Sports +

LIVE Chiefs v Fijian Drua
Sat 5.25am Sky Sports +

LIVE Gloucester v Exeter Chiefs
Sun 3pm TNT Sports 2 (Kick-off 3.30pm) The Prem encounter staged at Kingsholm.

LIVE Hurricanes v Crusaders
Fri 8am Sky Sports Action & Sky Sports +

LIVE Waratahs v Western Force
Fri 10.30am Sky Sports Action

LIVE Fijian Drua v Highlanders
Fri 5.30am Sky Sports Action & Sky Sports +

SKIING

LIVE Cross Country World Cup
Sat 12.30pm TNT Sports 4

SNOOKER

LIVE World Championship
Sat 10am BBC2, 10am, 2.15pm & 6.30pm TNT Sports 3, 2pm BBC1 (not Wales), 2pm BBC2 (Wales only), 3.15pm & 8pm, TNT Sports 1, 7pm BBC4
Day eight at the Crucible Theatre.

LIVE World Championship
Sun 10am BBC2 (not Wales), 10am, 2.15pm & 6.30pm TNT Sports 3, 10.45am BBC2 (Wales Only), 7pm BBC4

LIVE World Championship
Mon 1pm & 7pm BBC2, 1pm & 6.30pm TNT Sports 1 & TNT Sports 3

LIVE World Championship
Tue 10am, 2.15pm & 7pm (not Wales) BBC2, 10am, 2.30pm & 6.30pm TNT Sports 1, 10am, 2.15pm & 6.30pm TNT Sports 3

LIVE World Championship
Wed 10am, 1pm & 7pm BBC2, Wed 10am & 2.30pm TNT Sports 1, 10am, 2.15pm & 6.30pm TNT Sports 3

LIVE World Championship
Thu 12.45pm & 6.30pm TNT Sports 3, 1.30pm TNT Sports 1, 1pm & 7pm BBC2

LIVE World Championship
Fri 10am, 2.15pm & 7pm BBC2, 10am, 2.15pm & 6.30pm TNT Sports 3, 2.15pm TNT Sports 1
Day 14 at the Crucible Theatre.

TENNIS

LIVE Madrid Open
Sat-Tue 10am, Wed & Thu 12noon & Fri 12.30pm Sky Sports Tennis, Sat 3pm, Mon & Tue 10am, Wed 12noon & 9.30pm, Thu 12noon & Fri 3pm Sky Sports Main Event; Sat 3pm & Tue 10am Sky Sports +
Days five to 11 at La Caja Mágica.

TRIATHLON

LIVE T100 World Tour
Sat 7am TNT Sports 1

Saturday 25

LIVE Brisbane Roar v Adelaide United
6am TNT Sports 3
The A-League Women Elimination Final match at Spencer Park.

LIVE Newcastle Jets v Central Coast Mariners
8am TNT Sports 3 (kick-off 8am)
A-League in Newcastle, Australia.

LIVE West Bromwich Albion v Ipswich Town
11am Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm)
Championship at the Hawthorns.

LIVE Fulham v Aston Villa
11am TNT Sports 1 (kick-off 12.30pm)
Premier League at Craven Cottage.

LIVE Brighton & Hove Albion v Manchester City
11.30am Sky Sports Premier League & Sky One (kick-off 12pm)
The Women's Super League match staged at Broadfield Stadium.

LIVE Middlesbrough v Watford
12.25pm Sky Sports + (kick-off 12.30pm)
The Championship fixture from the Riverside Stadium.

LIVE Manchester City v Southampton
4.30pm TNT Sports 1; 4.45pm BBC1 (kick-off 5.15pm)
The FA Cup semi-final staged at Wembley Stadium. Pep Guardiola's side are looking to reach their fourth consecutive FA Cup final, while Southampton are looking to reach their first final since they lost 1-0 to Arsenal in 2003. See p29.

LIVE Arsenal v Newcastle United
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm)
The Premier League encounter from the Emirates Stadium.

LIVE Bayern Munich v Barcelona
5.15pm Disney+ (kick-off 5.15pm)
The Women's Champions League semi-final first-leg match at FC Bayern Campus-Stadion. See p28.

LIVE Celtic v Falkirk
5pm Sky Sports Football (kick-off 5.30pm)
The Scottish Premiership match from Celtic Park.

LIVE Valencia v Girona
5.25pm Premier Sports 2 (kick-off 5.30pm)
The LaLiga match at Mestalla.

LIVE Hamburg SV v TSG 1899 Hoffenheim
5.30pm Sky Sports Mix (kick-off 5.30pm)
The Bundesliga fixture from Volksparkstadion.

LIVE Atlético Madrid v Athletic Bilbao
8pm Disney+ (kick-off 8pm)
The LaLiga match at Estadio Metropolitano.

LIVE Bahia v Santos
10.25pm Premier Sports 2 (kick-off 10.30pm)
The Brasileiro Serie A match.

LIVE PREMIER LEAGUE

Arsenal v Newcastle United

Saturday, kick-off 5.30pm, Sky Sports Main Event & Sky Sports Premier League

Arsenal's last league match at the Emirates saw a 2-1 defeat to Bournemouth and they can't afford another slip-up against a Magpies side that features England defenders Dan Burn, Lewis Hall and Tino Livramento.

LIVE SCOTTISH PREMIERSHIP

Hibernian v Hearts

Sunday, k-o 4.30pm, Sky Sports Football & Sky Sports Main Event

It's the most exciting Scottish Premiership season in years and Hibernian fans would love to derail their Edinburgh rivals' pursuit of a first title since 1960. Hearts will be looking to midfielder Beni Baningime to help pull off a vital derby win.

LIVE EUROPA LEAGUE

Semi-finals

Thu, kick-offs 8pm, TNT Sports

The quarter-finals had yet to be concluded as we went to press, but Aston Villa and Nottingham Forest were in prime positions to make an all-English semi-final. In the Conference League, Crystal Palace were looking good for a last-four clash with either Shakhtar Donetsk or AZ Alkmaar (Thu, TNT Sports).

LIVE Chicago Stars v Boston Legacy
11.30pm TNT Sports 3 (kick-off 11.30pm)
The Women's Soccer League clash from Northwestern Medicine Field at Martin Stadium in Evanston.

LIVE River Plate v Aldosivi
1.25am Premier Sports 2 (kick-off 1.30am)
The Argentine Primera Division game at Estadio Monumental.

Sunday 26

LIVE Sydney FC v Auckland FC
6am TNT Sports 4 (kick-off 6am)
The A-League encounter.

LIVE Coventry City v Wrexham
11.30am ITV1, Sky Sports Main Event & Sky Sports Football (kick-off 12noon)
The Championship match at Coventry Building Society Arena.

LIVE Tottenham Hotspur v Manchester United
11.50am Sky Sports Premier League & Sky One (k-o 12noon)
The Women's Super League match at Tottenham Hotspur Stadium.

LIVE Rayo Vallecano v Real Sociedad
12.55pm Premier Sports 2 (kick-off 1pm)
Coverage of the LaLiga match held at Campo de Fútbol de Vallecas.

LIVE Chelsea v Leeds United
2pm TNT Sports 1 (kick-off 3pm)
The second FA Cup semi-final from Wembley Stadium. Chelsea are looking to reach their first final in this competition since 2022, while Leeds are playing in their first semi-final since losing to Coventry City in 1987. See p29.

LIVE Arsenal v Lyon
3pm BBC2 & 3.30pm Disney+ (kick-off 3.30pm)
The first leg of the Women's Champions League semi-final at Emirates Stadium. Arsenal edged past Chelsea 3-2 on aggregate in the quarter-finals to maintain their chances of retaining the trophy. Lyon are eight-time champions of Europe and scored three goals in extra time in the last eight to beat VfL Wolfsburg 4-0 on the night and 4-1 over the two legs. See p28.

LIVE Real Oviedo v Elche
3.10pm Premier Sports 2 (kick-off 3.15pm)
The LaLiga fixture which is staged at Estadio Municipal Carlos Tartiere.

LIVE Hibernian v Hearts
3.30pm Sky Sports Main Event & Sky Sports Football (kick-off 4.30pm)
The Edinburgh derby in the Scottish Premiership held at Easter Road.

LIVE Osasuna v Sevilla
5.25pm Premier Sports 1 (kick-off 5.30pm)
The LaLiga fixture at Estadio El Sadar in Pamplona, Navarre.

LIVE AC Milan v Juventus
7.30pm TNT Sports 1 (kick-off 7.45pm)
All the action from the Serie A match at the San Siro.

LIVE Villarreal v Cetla Vigo
7.55pm Premier Sports 1 (kick-off 8pm)
The LaLiga fixture which is staged at Estadio de la Cerámica.

LIVE Angel City FC v Portland Thorns
11pm TNT Sports 2 (kick-off 11pm)
The National Women's Soccer League clash from BMO Stadium.

Monday 27

LIVE Baller League
5pm Sky Sports + & Sky Sports Mix
From Copper Box Arena in London.

LIVE Manchester United v Brentford
6.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm)
All the action from the Premier League encounter at Old Trafford.

LIVE Espanyol v Levante
7.55pm Premier Sports 1 (kick-off 8pm)
All the action from the LaLiga fixture at RCDE Stadium.

Tuesday 28

LIVE Paris Saint-Germain v Bayern Munich
6.30pm Prime Video (kick-off 8pm)
All the action from the Champions League semi-final first leg at Parc des Princes. See p28.

LIVE Queen's Park v Hearts
7.15pm BBC Scotland (kick-off 7.20pm)
The Scottish Youth Cup final.

LIVE Southampton v Ipswich Town
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 7.45pm)
All the action from the Championship clash at St Mary's.

Wednesday 29

LIVE Arsenal v Leicester City
6.30pm Sky Sports Main Event, Sky Sports Premier League & Sky Sports Mix (kick-off 7pm)
The Women's Super League match.

LIVE Glasgow City v Celtic
6.55pm Sky Sports Football (kick-off 7pm)
The SWPL match at Petershill Park.

LIVE Atlético Madrid v Arsenal
7pm TNT Sports 1 (kick-off 8pm)
The Champions League semi-final first leg. See page 28.

Thursday 30

LIVE Europa League
7pm TNT Sports 1
A semi-final first-leg match.

LIVE Conference League
7pm TNT Sports 2
A semi-final first-leg match.

LIVE Europa League
7.30pm TNT Sports 4
A semi-final first-leg match.

Friday 1

LIVE Livingston v Aberdeen
7.15pm Premier Sports 1 (kick-off 7.45pm)
The Scottish Premiership match from Almondvale Stadium.

LIVE Championship
7.30pm BBC Scotland (kick-off 7.45pm)
A match from the final round of fixtures in the second tier.

LIVE Leeds United v Burnley
7.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm)
All the action from the Premier League encounter at Elland Road.

LIVE LaLiga
7.55pm Premier Sports 2

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Saturday

25 April

Evening Planner

Drama

Eddington
Sky Premiere, 8.45am & 10.25pm
Joaquin Phoenix (above) and Pedro Pascal star as a sheriff and mayor who disagree about Covid lockdown rules.

Football

FA Cup: Semi-Final
BBC1, TNT Sports 1, & HBO Max
Manchester City, in their eighth consecutive FA Cup semi-final, take on Southampton (kick-off 5.15pm).

Football

Women's Champions League: Semi-Final
Disney+, kick-off 5.15pm
Bayern Munich play Barcelona in the first semi final. Arsenal v Lyon is tomorrow.

Entertainment

Britain's Got Talent
ITV1, 7.00pm
Ant and Dec present the first of the live semi-finals, with acts competing for a place in the grand final in May.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	◂ 4.45 Match of the...	7.30 Blankety Blank	8.05 The Weakest Link	8.50 Casualty		9.40 Not Going Out	10.10 News	10.30 Match of the...
102 BBC2	◂ 5.55 Film: Murder on the Orient Express		8.00 Inside Britain's National Parks	8.50 Black British Music at the BBC: Volume 2				
103 ITV1	7.00 Britain's Got Talent				9.00 The Neighbourhood		10.05 News	10.20 Film: Minority Report
104 CHANNEL 4	7.00 Secret Africa: Into the Wild		8.00 World's Most Secret Hotels		9.00 Film: Living			
105 5		7.20 Porridge: 50 Years a Comedy Classic		8.50 The Palace and the Presidents			10.15 Film: The Firm	
106 SKY ONE	7.00 The Simpsons		7.50 Film: The Italian Job				10.00 Saturday Night Live UK	
ENTERTAINMENT								
115 BBC3	7.00 Doctor Who		8.00 Ghosts Christmas Special		9.00 Miranda		10.00 Only Child	
116 BBC4	7.00 Snooker: World Championship – Live: The evening session on day eight						10.00 Alex Higgins: The People's Champion	
118 ITV2	◂ 5.55 Film: Wonder Woman 1984				9.00 Film: Pitch Perfect			
136 MORE4	◂ 6.50 Four in a Bed				9.00 24 Hours in A&E			
135 E4	7.00 The Simpsons				9.00 Celebrity Gogglebox		10.00 Gogglebox	
107 SKY WITNESS	7.00 Nothing to Declare				9.00 Law & Order: Special Victims Unit			
108 SKY ATLANTIC	7.00 The Last of Us				9.00 The Miniature Wife		10.00 Hacks	10.40 True...
110 U&GOLD	◂ 6.40 Only Fools and Horses		8.00 Still Open All Hours			9.20 I'm Alan Partridge		10.35 Still Open...
111 U&DAVE	7.00 Would I Lie to You?	7.40 Would I Lie to You?...	8.20 Would I Lie to You?		9.00 Red Dwarf			
119 ITV3	◂ 6.00 Midsomer Murders						10.00 Grace	
120 ITV4		7.10 Film: The Avengers			9.00 English Football League Highlights			10.30 Wrestling...
112 COMEDY CENTRAL	7.00 Friends		8.00 Michael McIntyre's The Wheel		9.00 Film: Armageddon			
145 SKY SCI-FI	7.00 Star Trek: Voyager				9.00 The Walking Dead			
143 U&DRAMA	7.00 The Brokenwood Mysteries				9.00 Whitechapel		10.00 The Inspector Lynley Mysteries	
109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Allegiance		9.00 Father Brown		10.00 Death in Paradise	
122 SKY ARTS	◂ 6.00 The Shadows: The Final Tour				9.00 How the Beatles Changed the World			
132 U&W	7.00 First Responders				9.00 Gavin & Stacey			
DOCUMENTARY								
125 DISCOVERY	7.00 Filthy Fortunes		8.00 Maine Cabin Masters		9.00 Naked and Afraid			
162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Lair Of The Sawfish		9.00 Alaska: Surviving the Last Frontier		10.00 Tanked	
129 NAT GEO	7.00 Chernobyl: Inside the Meltdown							
123 SKY HISTORY	7.00 Secrets of Great British Castles				9.00 Jack the Ripper: Written in Blood			
155 U&YESTERDAY	7.00 Planet Earth II		8.00 Bangers & Cash				10.00 Train Truckers	
114 SKY DOCS	7.00 I'm Chevy Chase and You're Not				9.00 Gary			
FILMS - Sky Cinema								
301 PREMIERE	◂ 5.50 Regretting You		8.00 The Conjuring: Last Rites					10.25 Eddington
302 5 STAR MOVIES	◂ 5.00 The Lord of the Rings: The Two...		8.00 The Lord of the Rings: The Return of the King					
303 SPY KIDS	◂ 5.40 Spy Kids...	7.25 Spy Kids 3: Game Over		8.55 Spy Kids				10.35 Spy Kids 2...
304 FAMILY	◂ 6.00 Stardust			8.15 Charlie and the Chocolate Factory				10.20 Yogi Bear
306 ACTION	◂ 5.30 Furiosa: A Mad Max Saga		8.00 Troy					
307 GREATS	◂ 5.55 Dog Day Afternoon		8.00 The Fugitive				10.10 The Bodyguard	
308 COMEDY	◂ 6.15 The First Wives Club		8.00 Materialists				10.00 The 40-Year-Old Virgin	
309 THRILLER	◂ 5.50 Red Dragon		8.00 The Bourne Ultimatum				10.00 Captain Phillips	
310 DRAMA	◂ 6.00 Boyz N the Hood		8.00 Regretting You				10.10 It Ends with Us	
311 SCI-FI	◂ 6.00 Blade Runner		8.00 I Know What You Did Last Summer			9.55 Nosferatu		
312 ANIMATION		7.20 Shrek			9.00 Deep Sea			
313 FILM4		7.10 Daddy's Home			9.00 Daredevil			
SPORT								
401 MAIN EVENT	◂ 5.00 SNF – Live: Arsenal v Newcastle United (Kick-off 5.30)			8.30 LPGA Tour Golf – Live: The Chevron Championship				
402 PREMIER LEAGUE	◂ 5.00 SNF – Live: Arsenal v Newcastle United (Kick-off 5.30)			8.30 Game of the Day				10.30 PL Highlights
403 FOOTBALL	◂ 5.00 SPFL – Live: Celtic v Falkirk		8.00 EFL				10.00 EFL Highlights	
405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
410 TNT SPORTS 1	◂ 4.30 Emirates FA Cup – Live		8.00 Snooker World Championship – Live: Coverage from the second round on day eight				10.00 MotoGP	10.30 World Rally...
411 TNT SPORTS 2	◂ 5.15 The Gallagher PREM – Live		8.00 MLB – Live: Toronto Blue Jays v Cleveland Guardians (Start-time 8.07)					

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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Saturday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With comedian Nish Kumar. (S)
11.30 **Flaming Feasts** New edition (S)
12.00 NOON **Football Focus** (S)
12.45 PM **BBC News** (S)
1.00 **Bargain Hunt** (S)(R)(AD)
1.30 NEW **London Marathon: My Reason to Run** (S)
2.00 LIVE **Snooker: World Championship** Coverage of the afternoon session on day eight at the Crucible Theatre in Sheffield. *Continues at 7.00pm on BBC4.* (S)
4.25 **BBC News** (S)
4.35 **Local News** (S)
4.45 LIVE **Match of the Day: The FA Cup** Manchester City v Southampton: All the action from the opening semi-final at Wembley Stadium. Kick-off is at 5.15. (S)

8.50 Casualty

6 PM
LIVE **Match of the Day: The FA Cup** (started at 4.45pm)

7 PM
7.30 **Blankety Blank** 6/10. Bradley Walsh hosts the comedy quiz show, with Fred Sirieix, Laura Whitmore, Eddie Kadi, Vanessa Feltz, Scarlett Moffatt and Josh Widdicombe filling in the blanks. (S)(R)

8 PM
8.05 **The Weakest Link** Aisling Bea, La Voix, Ben Bailey Smith, Anna Richardson, Samantha Kinghorn, Will Best, Jason Byrne and Jacqui Joseph take part in the quiz. (S)(R)
8.50 **Casualty** *Lethal Legacy – Part One:* A mystery virus sweeps across the hospital, while Flynn is confronted with his old CO from the army. (S)(AD)

9 PM
9.40 **Not Going Out** 4/6. Lee fails in his bid to buy tickets to see Oasis. (S14) (S)(R)

10 PM
10.10 **BBC News** (S)
10.30 **Match of the Day** Action from Manchester City v Southampton in the semi-finals of the FA Cup, and Premier League matches, including Arsenal v Newcastle United. (S)
■ More tomorrow at 10.30pm
11.50 NEW SERIES **Wayne Rooney Meets Bruno Fernandes** The former England striker talks to the Manchester United captain. (S)
12.10 AM FILM **Candyman** Horror thriller sequel to the 1992 movie, starring Yahya Abdul-Mateen II and Vanessa Williams. (S)(AD) (2021, 15, 85min) ★★★
1.35 **Weather for the Week Ahead** (S)
1.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.05 AM **Children's Programmes**
9.00 **Gardeners' World** (S)(R)
10.00 LIVE **Snooker: World Championship** Coverage of the morning session on day eight from the Crucible Theatre in Sheffield, featuring the start of one second-round match and the concluding session of another. *Continues at 2.00pm on BBC1.* (S)
1.00 PM **Natural World: The Chimpcam Project** Chimpanzees are trained to shoot their own film. (S)(R)
1.45 LIVE **Rugby Union: Women's Six Nations** England v Wales: The opening match in the third round of fixtures, held at Ashton Gate in Bristol. Kick-off is at 2.15. (S)
4.30 **Final Score** Results round-up. (S)
5.15 **Flog It!** Paul Martin hosts from Longleat in Wiltshire. (S)(R)

8.50 Black British Music at the BBC

5.55 FILM **Murder on the Orient Express** Agatha Christie murder mystery starring Albert Finney as Hercule Poirot. The famous Belgian detective investigates after an American millionaire is stabbed to death aboard a snowbound train. With Lauren Bacall, Ingrid Bergman, Sean Connery and Vanessa Redgrave. (S) (1974, PG, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

8.00 **Inside Britain's National Parks** Series finale 4/4. A look at Northumberland's unique landscape of wild moors, gentle hills and deep valleys. (S)(AD)
■ Entire series on iPlayer
8.50 NEW **Black British Music at the BBC: Volume 2** DJ Spoony presents a personal selection of archive performances in a celebration of some of the very best in Black British music from over the decades. The playlist features 40 tracks from the worlds of pop, soul, ska, reggae, rap and garage, with artists including the likes of Seal, the Selecter, Soul II Soul, FKA Twigs, Miss Dynamite and Shirley Bassey. (S)
11.20 **Joan Armatrading in Concert** A performance by singer-songwriter at the Hammersmith Odeon in London from 1977. (S)(R)
12.20 AM **Snooker: World Championship Extra** Extended highlights of a second-round match from day eight. (S)
2.20 **Sign Zone: Mint** (S1) (S)(R)(AD)
2.50 **Sign Zone: McCartney: The Hunt for the Lost Bass** (S)(R)(AD)
4.20 **to 6.10** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **James Martin's French Adventure** Charente. (S)(R)
7.00 FILM **The Lost World: Jurassic Park** Monster adventure sequel. (S)(AD) (1997, PG, 145min) ★★★
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition With Michael Ball. (S)
12.00 NOON **Raymond Blanc's Royal Kitchen Gardens** (S)(R)(AD)
12.30 PM **James Martin's American Adventure** Napa Valley. (S)(R)(AD)
1.00 **ITV News** (S)
1.15 LIVE **Racing** From Sandown Park, Leicester and Haydock Park. (S)
4.00 **Tipping Point: Best Ever Finals** Dramatic endgames. (S)(R)
4.30 **ITV News** (S)
4.45 **Local News** (S)
5.00 **The Chase Celebrity Special** With Jon Sopel and Brian Conley. (S)(R)

7.00 Britain't Got Talent

6.00 **Celebrity Sabotage** Series finale 6/6. Prank show in which four famous faces work together to sabotage members of the public who think they are participating in new ITV shows. (S)(AD)
7.00 **Britain's Got Talent** New edition Ant and Dec host the first live semi-final as acts that made it through the audition rounds perform again for a chance at a place in the final. Viewers hold the power to vote for their favourite acts of the night to send through to the ultimate stage of the contest, and the judges have their Golden Buzzer that can reward outstanding performers a ticket straight through. (S)
9.00 **The Neighbourhood** New edition 2/12. The removal of the first household sends ripples through the group with one family left reeling by the vote they received and setting their sights on revenge. (S)(AD)
■ Continues tomorrow
10.05 **ITV News** (S)
10.20 FILM **Minority Report** Sci-fi thriller starring Tom Cruise. In Washington in 2054, the authorities prevent potential murders thanks to the visions of three psychics. Then the chief of the Pre-Crime unit becomes a suspect himself. (S)(AD) (2002, 12, 150min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.50 AM **English Football League Highlights** Recent action. (S)(R)
2.10 **Teleshopping**
3.00 **The Floor** (S)(SL)(R)(AD)
3.55 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Fern Britton: Inside the Vet's** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

5.50 AM **The King of Queens** 9-12/25. Four episodes. (S5) (S)(R)(AD)
7.30 **Everybody Loves Raymond** 11-13/26. Triple bill. (S3) (S)(R)(AD)
8.50 **Frasier** 7-9/25. (S11) (S)(R)(AD)
10.20 **The Simpsons** (S)(R)(AD)
11.50 **Four in a Bed** Five editions of the B&B challenge. (S)(R)
2.30 PM **A Place in the Sun** A Bedfordshire woman seeks a holiday home in Palma. (S)(R)
3.30 **Your Song** 2/6. Presenter Alison Hammond takes the pop-up stage to Edinburgh. (S)(R)(AD)
4.30 **Location, Location, Location** Catching up with house-hunters in Guildford and Margate. (S)(R)
5.35 **Kirstie and Phil's Love It or List It** Raakhee and Nilesh try to decide whether to keep or sell their home in Maidenhead. (S)(R)(AD)

8.00 World's Most Secret Hotels

6.30 **News** (S)
7.00 **Secret Africa: Into the Wild** New edition 2/3. Lucy Shepherd gets a taste of a traditional party and local delicacies, and visits a baobab tree that has been a birthplace for generations. (S)(AD)
8.00 **World's Most Secret Hotels** New edition Featuring visits to a futuristic fantasy with three bespoke treehouses in Dorset and a luxury hotel fashioned from repurposed shipping containers in Australia. (S)(AD)
9.00 FILM PREMIERE **Living** Drama starring Bill Nighy and Aimee Lou Wood. A council bureaucrat in the 1950s who has received a terminal diagnosis makes a supreme effort to transform his dull life. (S)(AD) (2022, 12, 120min) ★★★★ *See review, page 25.*
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.00 FILM **Babylon** Comedy drama with Brad Pitt and Margot Robbie. (S)(AD) (2022, 18, 200min) ★★★★
2.20 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
3.10 **Guy Martin's World Speed Records** (S)(R)(AD)
3.35 **Couples Come Dine with Me** (R)
4.30 **Jamie's One-Pan Wonders** (S)(R)
4.40 **George Clarke's Old House, New Home** (S)(SL)(R)(AD)
5.35 **to 6.00** AM **The Simpsons** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.00 **Entertainment News** (S)
9.05 **Bargain-Loving Brits in the Sun** Documentary. (S)(R)
9.30 **Susan Calman's Grand Day Out** A visit to Kent. (S)(R)
10.20 **Ben Fogle: New Lives in the Wild** Double bill. (S)(R)
12.20 PM **Dogs Behaving (Very) Badly** Double bill. (S)(R)
2.15 **Catching Up with the Royals with Rev Richard Coles & Emily Andrews** New edition (S)
3.15 FILM **Jumanji** Fantasy comedy adventure with Robin Williams. (S) (1995, PG, 125min) ★★★★
5.20 **News** (S)
5.25 **Reuben: Life in the Dales** Reuben accidentally damages an ancient underground drain with his digger. (S)(R)

8.50 The Palace & the Presidents

6.25 **Reuben: Life in the Dales** Reuben continues to build his fledgling heavy plant machinery business in the Yorkshire Dales, preparing land around a stone barn in neighbouring Cumbria. (S)(R)

7.20 **Porridge: 50 Years a Comedy Classic** A look back at Dick Clement and Ian La Frenais's prison-based sitcom *Porridge*, which gave Ronnie Barker one of the best-loved roles of his career. (S)(R)

8.50 NEW **The Palace & the Presidents** As King Charles III prepares for a historic visit to America, this documentary looks at the relationship between the Royal Family and US presidents down the years. Cameras go behind the scenes to reveal what really happens when the world's most famous family meets the world's most powerful person. (S)

10.15 FILM **The Firm** Legal thriller based on John Grisham's novel, starring Tom Cruise, Gene Hackman and Jeanne Tripplehorn. An ambitious graduate joins a small Memphis law firm and discovers he is working for the Mafia. (S) (1993, 15, 190min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

1.25 AM **Teleshopping** (S)(R)
2.25 **Cash in the Attic** (S)(R)(AD)
4.10 **Friends** (S5) (S)(R)(AD)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Hawaii Five-0** (S2) (S)(R)
8.00 **The Simpsons** (S)(R)
9.30 FILM **The Secret Garden** Family drama starring Colin Firth and Julie Walters. (S)(AD) (2020, PG, 120min) ★★★★
11.30 LIVE **Football: WSL** Brighton & Hove Albion v Manchester City: Coverage of the Women's Super League encounter from Broadfield Stadium. Kick-off is at 12.00.
2.30 PM **Football's Funniest Moments** Comical clips from the football world. (S)(R)(AD)
3.00 **Gillette Labs Soccer Saturday** The latest news from this afternoon's matches.
5.00 **Agatha Raisin** *As the Pig Turns:* 4/4. Agatha and the gang visit a fayre. (S3) (S)(R)(AD)

10.00 Saturday Night Live UK

Agatha Raisin (started at 5.00pm)

7.00 **The Simpsons** *How Munched Is That Birdie in the Window?* Santa's Little Helper is rehomed. (S)(R) **7.25** *Donnie Fatso:* Homer works with the FBI. (S)(R)

7.50 FILM **The Italian Job** Crime thriller inspired by the classic 1960s caper film, starring Mark Wahlberg, Charlize Theron and Edward Norton. A gang of thieves seek revenge against a former comrade after being double-crossed out of the proceeds of a gold bullion heist. With Seth Green, Jason Statham and Mos Def. (S) (2003, 12, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10.00 **Saturday Night Live UK** New edition 5/8. *Derry Girls* and *Bridgerton* star Nicola Coughlan hosts the comedy sketch and variety show, with music from American rock band Foo Fighters.

11.15 **John Bishop 25 Tour: Live from Dublin** A stand-up performance recorded at the 3Arena in the Irish capital in which the comedian marks 25 years since he first stepped onto the stage with a show celebrating his career. (S)(R)
1.00 AM **The Force: North East** Double bill of editions. (S)(R)
3.00 **Road Wars** (S)(R)
5.00 **to 6.00** AM **Highway Patrol**

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.50pm Sportscene: Premiership Highlights (S)(R) **12.35am** NEW SERIES Wayne Rooney Meets Bruno Fernandes (S) **12.55** FILM Candyman (S)(AD) (2021, 15, 85min) ★★★ **2.20** Weather for the Week Ahead (S) **2.25-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
1.00pm Bargain Hunt (S)(R) **1.45** LIVE Rugby Union: Women's Six Nations (S) **4.30-4.45pm** Best of Weatherman Walking (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
8.00pm LIVE Rugby Union: Women's Six Nations (S) **10.30** NEW Black British Music at the BBC: Volume 2 (S) **1.00-2.20am** Snooker: World Championship Extra (S)

WALES
Sky 968, Freesat 968
1.00pm Insect Worlds (S)(R) **1.30** NEW London Marathon: My Reason to Run (S) **2.00** LIVE Snooker: The World Championship (S) **4.25-4.35** BBC News (S) **4.40** Weather (S) **4.45-5.15pm** Final Score (S)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Ne-wff-ion **10.15** Garddio a Mwy **10.45** Priodas Pum Mil **11.45** Ffermio **12.15pm** Sgorio **2.45** Hen Dy Newydd (AD) **3.45** Sgwrs Dan y Lloer **4.15** Nol o'r Dibyn gyda Iolo Williams (AD) **4.45** LIVE Clwb Rygbi **7.15** Newyddion a'r Tywydd **7.30** Gwlad y Basg: Gwilym Bowen Rhys **8.00** Noson Lawen New edition **9.00** Clwb Rygbi Rhyngwladol **10.00** Elis James: Cic Lan Yr Archif **10.35-11.40pm** Cyfrinachau'r Great Escape

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Doctor Who** *The Time of the Doctor:* 16/16. Matt Smith's Doctor faces his final battle in the 2013 Christmas special. (S7)
8.00 **Ghosts** Festive special from 2022. The spectres try to think of a special Christmas present for Alison. **8.30** Festive special from 2023. Robin is missing that Christmas feeling.
9.00 **Miranda** 1/6. A shopping expedition ends in disaster. **9.30** 2/6. The singleton tries to learn French. (S1)
10.00 **Only Child** 1/6. An actor travels back to his home in Scotland to visit his elderly father a year on from the passing of his mother. **10.30** 2/6. Richard decides the time has come to declutter Ken's house. **11.00** 3/6. Richard takes Ken to the golf club. (S1)
11.30 **Only Child** 4-6/6. (S1)
12.55 AM **Two Pints of Lager and a Packet of Crisps**
1.55 **Doctor Who** As 7.00pm.
3.00 **to 4.00** AM **Miranda**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM LIVE **Snooker: World Championship** Seema Jaswal presents coverage of the evening session on day eight from the Crucible Theatre in Sheffield, featuring the conclusion of a second-round match and the opening session of another.
10.00 **Alex Higgins: The People's Champion** James Nesbitt narrates a look back at the often controversial life of the two-time World Snooker champion.
11.00 FILM **Gold Run** Norwegian drama starring Jon Øigarden. A man is tasked with getting the entire Norwegian gold reserve away from the Germans at the start of World War Two. Subtitled. (2022, 15, 117min) ★★★
12.55 AM **Timewatch: The Houdini Myth**
1.45 **Why the Industrial Revolution Happened Here** Documentary.
2.45 **to 3.45** AM **Alex Higgins: The People's Champion**

MORE4

136/137 127 147 18 124 15

8.55 AM **Four in a Bed**
11.35 **A Place in the Sun**
1.35 PM **Grand Designs**
3.40 **Come Dine with Me** Five editions of the dinner party challenge from the Merseyside area.
6.20 **Four in a Bed** The first visit of the week is to 35 Main Street in Pembrokeshire. **6.50** The second visit is to Chillderness, a unique off-grid site in Powys. **7.25** The third visit is to Redberth Gardens in Tenby.
7.55 **Four in a Bed** The fourth and final visit is to Bae Abermaw B&B in Gwynedd. **8.25** The B&Bers find out how much they've been paid.
9.00 **24 Hours in A&E** A retired firefighter is airlifted to A&E after being accidentally hit in the face with a golf club, while a 77-year-old woman is treated after falling down the stairs at home and hurting her leg.
10.00 **24 Hours in A&E** After falling over during the night at home, an 85-year-old woman faces potentially life-changing injuries, while a doctor arrives after a collision with a van as he cycled to work.
11.05 **Emergency Helicopter Medics** Double bill.
1.15 AM **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Lego Masters Australia**
7.05 **The Amazing Race Australia** The race continues in George Town, Penang.
8.15 **Made in Chelsea**
9.20 **Ramsay's Kitchen Nightmares USA**
12.10 PM **Married at First Sight Australia** Double bill.
3.30 FILM **Sonic the Hedgehog** Fantasy adventure starring James Marsden and Jim Carrey. (2020, PG, 99min) ★★★
5.30 **The Simpsons** Triple bill.
7.00 **The Simpsons** *Natural Born Kissers:* Homer and Marge reignite their love life. **7.30** *Stealing First Base:* Bart decides to steal a kiss from a girl at school. **8.00** *The Squirt and the Whale:* Lisa and Bart encounter a beached whale. **8.30** *To Surveil with Love:* Surveillance cameras are installed in Springfield.
9.00 **Celebrity Gogglebox** Famous faces appraise *Casualty, The1% Club for Soccer Aid, Clarkson's Farm, Heretic* and *This Morning*.
10.00 **Gogglebox** Opinions on *Britain's Got Talent, Chess Masters: The Endgame, The Au Pair* and *The Americas*.
11.05 **Gogglebox**
12.05 AM **First Dates**
2.20 **Gogglebox**
4.10 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

Saturday primetime

Saturday primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
8.00 **Brit Cops: Law & Disorder**
9.00 **UK Border Force**
10.00 **Caught on Dashcam**
11.00 **Brit Cops: Law & Disorder**
12.00 NOON **Caught Red Handed** A burglar who found he had taken on a posse of local crime-busting shopkeepers. **12.40** PM A blind busker has his day's takings stolen. **1.20** A medical student tracks down a hit-and-run driver.
2.00 **Stop, Search, Seize**
3.00 **Nothing to Declare**

9.00 Law & Order: SVU

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Nothing to Declare** Double bill of the series accessing the world of national security at Australia's biggest airports.

9 PM
9.00 **Law & Order: Special Victims Unit** *Accomplice Liability:* 17/22. Carisi is called as a witness in a trial.

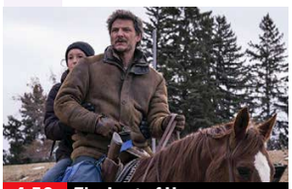
10 PM
10.00 **Law & Order: Special Victims Unit** *The Accuser:* 18/22. Bruno helps a witness find the courage to come forward. (S26)
11.00 **Doc** 12/22. Charlie fights for his life at Westside. (S2)
12.00 M'T **Matlock** 6/16. (S2)
1.00 AM **Chicago Fire** 7/13. (S12)
2.00 **Watson** New episode (S2)
3.00 **The Good Doctor** 4/22. (S6)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Deadwood** 6&7/12. (S2)
11.00 **The Last of Us** 1-3/9. (S1)
2.45 PM **The Last of Us** 4/9. Joel and Ellie draw the attention of a vindictive rebel leader. **3.45** 5/9. Joel and Ellie encounter the most wanted man in Kansas City. **4.50** 6/9. Joel and Ellie search for the Fireflies. **5.55** 7/9. Ellie looks back on the night that changed everything. (S1)


4.50 The Last of Us

7.00 **The Last of Us** *When We Are in Need:* 8/9. Ellie encounters a vengeful group of survivors, while Joel faces a new threat.

8.00 **The Last of Us** *Look for the Light:* 9/9. A flashback reveals a woman placing her trust in a lifelong friend. (S1)

9.00 **The Miniature Wife** *What Category Is Shrinking Your Wife?* 3/10. Les comes up with ways to test his regrowth formula. (S1)

10.00 **Hacks** 3/10. American comedy drama. (S5)
10.40 **True Detective: Night Country** 5/6. Prior digs into the links between Tsalal and mining company Silver Sky. (S4)
12.05 AM **True Detective: Night Country** 6/6. The truth about Annie begins to unfold. (S4)
1.25 **Homicide: Life on the Street**
4.35 **Sort Of** 8/8. (S1)
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Project Bakeover**
6.45 **Backyard Builds**
7.40 **Dress to Impress**
8.40 **The Only Way Is Essex**
10.35 **The Only Way Is Essex: Italia**
11.40 **Deal or No Deal Celebrity Special** Double bill.
1.45 PM **Britain's Got Talent**
2.45 **Celebrity Catchphrase**
3.50 FILM **Nanny McPhee & The Big Bang** Family comedy with Emma Thompson. Nanny McPhee returns to help the mother of unruly children. (2010, U, 109min) ★★★

5.55 Wonder Woman 1984

5.55 FILM **Wonder Woman 1984** Action adventure sequel starring Gal Gadot and Pedro Pascal. Diana Prince must contend with Maxwell Lord, whose desire for extreme wealth sends the world down a path of destruction. (2020, 12, 151 min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

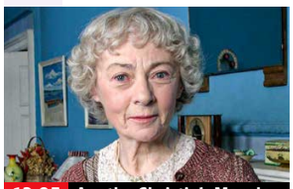
9.00 FILM **Pitch Perfect** Musical comedy set in the world of American college a cappella singing, starring Anna Kendrick. A wannabe DJ tries to shake up her college's all-female singing group. (2012, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.15 **Family Guy** 11/22. Stewie and Brian are mistaken for American spies in China. (S23)
11.40 **Family Guy** (S22&21)
12.40 AM **American Dad!** (S12)
1.35 **Plebs** 8/8. (S3)
2.10 **Piglets** 6/6. (S1)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
6.35 **Wycliffe**
8.10 **Lewis** Double bill.
12.05 PM **Agatha Christie's Marple** *Sleeping Murder:* A woman experiences an unsettling vision after moving in to the home of her dreams.
2.05 **Midsomer Murders** *Secrets and Spies:* Barnaby's secret past as a spy is revealed. **4.00** *The Black Book:* Barnaby investigates art forgery. **6.00** *The Glitch:* A teacher is killed in a hit-and-run.


12.05 Agatha Christie's Marple

Midsomer Murders (started at 6.00pm)

8.00 **Midsomer Murders** *Small Mercies:* The peace in a sleepy hamlet is disturbed when a man's body is found tied down in a miniature village – just like the hero in *Gulliver's Travels*. Guest stars Jesse Birdsall and Olivia Colman.

10.00 **Grace** *Dead at First Sight:* The team investigate when a man is found dead in a hotel room, but what initially looks like a crime of passion turns out to be something else.
11.50 **A Touch of Frost** *If Dogs Run Free – Part Two:* Mullett becomes convinced Frost's life is in danger. David Jason stars.
1.45 AM **On the Buses**
2.10 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **The Car Years**
6.35 **The Big Match Revisited**
8.20 **The Sweeney**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.30 **The Adventures of Sherlock Holmes** Drama series.
1.50 PM **Hornblower**
4.05 **American Pickers**
5.05 **The Motorbike Show** Henry Cole rides through the south of France.
6.10 **Ice Road Truckers** Hugh Rowland risks a head-on collision over the Atigun pass.

7.10 The Avengers

7.10 FILM **The Avengers** Offbeat thriller starring Ralph Fiennes and Uma Thurman. Secret agent John Steed and scientist Dr Emma Peel try to thwart a megalomaniac villain's efforts to control the world's weather. (1998, 12, 89min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **English Football League Highlights** Featuring action from West Bromwich Albion v Ipswich Town, Charlton Athletic v Hull City and Middlesbrough v Watford in the Championship.
10.30 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.
12.35 AM **Minder**
1.30 **Two and a Half Men** (S2)
2.20 **Auto Mundial**
2.45 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **The Repair Shop on the Road** The team try to revive Alloa Co-op Bowling Club's sign.
8.00 **Sportscene: Premiership Highlights** Action from the latest top-flight matches, including Celtic v Falkirk.
8.45 **Scotland's Home of the Year** Properties in central Scotland.
9.15 **The Hermit of Treig** Documentary about a reclusive elderly man.
10.35 **Jim Smith Live from Perth** The farmer and comedian performs in his home town.
11.35 **Good for Her** Comedy sketches written by and starring Zara Gladman.
11.55 PM **to 12.00** M'T **Loop** Comedian Stuart McPherson discusses his Edinburgh festival show.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S1)
9.30 **Sort Of** 1-5/8. (S1)
12.00 NOON **Bloods** (S2)
2.30 PM **Community** (S5)
3.55 **Will & Grace** (S7)
6.30 **The Office (US)** 21/26. Oscar plots to spend more time with Matt. **7.00** 22/26. Oscar makes a video comparing Kevin to the Cookie Monster. **7.30** 23/26. Michael misunderstands Donna's body language. **8.00** 24/26. Michael enlists Dwight's help when he thinks that Donna is cheating. **8.30** 25/26. Jim and Pam's new baby leaves them exhausted. (S6)
9.00 **Paul Chowdhry: Family Friendly Comedian** Stand-up from London's Bloomsbury Theatre.
10.15 **Nikki Glaser: Good Clean Filth** Stand-up.
11.30 **Saturday Night Live UK**
3.15 **to 5.00** AM **I Love LA**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Lang Lang: My Favourite Melodies**
7.15 **Bagpipes: A Celebration**
8.15 **Tales of the Unexpected**
10.45 **Alfred Hitchcock Hour**
12.45 PM FILM **Roman Holiday** Romantic comedy starring Audrey Hepburn. (1953, b/w, U, 118min) ★★★★★
3.00 **Discovering**
4.00 **Spymasters: The Great Spy Writers**
5.00 **Making a Maestro**
6.00 **The Shadows: The Final Tour** From 2004.
9.00 **How the Beatles Changed the World**
11.15 **Stuart Sutcliffe: The Lost Beatle**
12.35 AM **The Rolling Stones: Grrr Live!**
3.35 **The Doors Live at the Hollywood Bowl '68**
5.05 **Discovering: The Mamas & the Papas**
5.35 **to 6.00** AM **Discovering: James Brown**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
8.00 **Border Security: Canada's Front Line**
10.00 **Nothing to Declare**
12.00 NOON **Caught on Dashcam** Double bill.
2.00 PM **Caught Red Handed** Triple bill.
4.00 **Monkey Life** Double bill.
5.00 **Islands** Double bill.
7.00 **Weird, Wild and Wonderful** Documentary.
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.
9.00 **Chernobyl: The Lost Tapes** Newly discovered archive footage and witness accounts reveal the story behind the 1986 nuclear disaster and the heroic efforts made to prevent another explosion.
11.00 **Caught on Dashcam**
1.00 AM **Killer in My Village**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Five friends from Sheffield take part.
3.00 **The Floor** The 49 remaining contestants fight for more squares.
4.00 **Riddiculous** Quiz show.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Simi tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Millionaire Hot Seat** Double bill of the big-money quiz hosted by Jeremy Clarkson.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

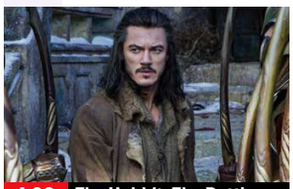
9.00 AM **Come Dine with Me**
2.00 PM **Couples Come Dine with Me** From Greater Manchester.
3.00 **George Clarke's Old House, New Home**
4.00 **A Place in the Sun**
8.00 **Help! I Bought It at Auction with Sarah Beeny** A multimillion-pound mansion that's riddled with problems.
9.00 **Our Welsh Chapel Dream** Keith and Marj work on the lobby using a mix of styles.
10.00 **Taskmaster** The contestants are treated to a song sung by Little Alex Horne.
11.05 **First Dates**
12.05 AM **Gogglebox**
1.05 **Celebrity Gogglebox**
2.10 **Open House: The Great Sex Experiment**
3.05 **Inside the World's Most Luxurious Yachts**
4.00 **to 5.00** AM **Our Welsh Chapel Dream**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Star Trek: The Next Generation** 17&18/26. (S7)
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 19-21/26. (S7)
1.30 PM **Star Trek: Voyager** (S3)
4.00 FILM **The Hobbit: The Battle of the Five Armies** Conclusion of Peter Jackson's fantasy adventure trilogy, starring Martin Freeman. Dwarf king Thorin descends into madness as his homeland stands on the brink of war. (2014, 12, 144min) ★★★


4.00 The Hobbit: The Battle...

7.00 **Star Trek: Voyager** *Distant Origin:* 23/26. The crew are captured by aliens determined to prove their evolutionary theories.
8.00 **Star Trek: Voyager** *Displaced:* 24/26. Kes disappears just as an alien materialises on the Holodeck. (S3)
9.00 **The Walking Dead** *Beside the Dying Fire:* 13/13. The scouting party return to find the farm overrun by walkers. (S2)
10.00 **The Walking Dead** *Seed:* 1/16. A prison provides an opportunity for the survivors to establish a new base camp. (S3)
11.00 **The Walking Dead** 2/16. Rick and the others collaborate with the new group of survivors. (S3)
12.00 M'T **Grimm** 15/22. A monster feeds on human misery. **1.00** AM 16/22. Nick and Hank track a Wesen killer. (S2)
2.00 **From** 6&7/10. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S12)
10.00 **Miss Scarlet and the Duke**
12.00 NOON **Inspector George Gently** *Gently Evil.*
2.00 PM **Father Brown** Four episodes, including at: **5.00** *The Curse of Amenhotep:* The priest investigates when Sir Raleigh's new wife is found dead.
6.00 **Saint-Pierre** 1/10. Canadian crime drama following a Newfoundland cop exiled to Saint-Pierre et Miquelon. Stars Allan Hawco. (S1)

7.00 Shakespeare & Hathaway

7.00 **Shakespeare & Hathaway: Private Investigators** 2/10. Frank and Lu enter the world of ballroom dancing. (S4)
8.00 **Allegiance** *Running on Empty:* 3/10. Sabrina joins a Serious Crimes investigation into a car theft ring. (S1)
9.00 **Father Brown** *The Red Death:* Lady Felicia's lavish New Year ball is ruined when a VIP guest is found murdered.
10.00 **Death in Paradise** *The Early Bird:* 6/8. Tragedy strikes when a birdwatcher is stabbed to death with his own knife. (S3)
11.00 **Father Brown** *The Puzzle of Banburismus:* A seamstress is found stabbed to death. **12.00** M'T *The Blessing of the Father:* A killer tries to ruin Mrs Devine and Sullivan's big day.
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Still Open All Hours**
8.00 **Open All Hours**
8.40 **Only Fools and Horses**
12.40 PM **Only Fools and Horses** Ten episodes, including at: **4.40** The Trotters help a pregnant German woman. **5.20** A weeping statue in the local church gives Del Boy an idea for a miraculous money-making scheme. **6.00** The Trotters get caught up in an attempted robbery. **6.40** The Trotter brothers fall for the same woman.

9.20 I'm Alan Partridge

7.20 **Only Fools and Horses** Rodney's plans to make a film are spoiled by Del, who begins offering roles to anyone who wants one.
8.00 **Still Open All Hours** Granville branches out into offering fitness classes. **8.40** Granville tries to sell bargain spectacles that do nothing for his customers' eyesight.
9.20 **I'm Alan Partridge** Alan is dreading a visit from the Inland Revenue.
10.00 **I'm Alan Partridge** Poor sales see Alan's book scheduled to be pulped.
10.35 **Still Open All Hours** As shown at 8.00pm.
11.15 **Still Open All Hours**
11.55 **Only Fools and Horses** An old friend returns from Australia and offers Del Boy a share in his business empire.
12.35 AM **I'm Alan Partridge**
1.55 **Inside No 9** Triple bill.
3.30 **to 4.00** AM **Toast of London**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **James May's Cars of the People** James explores the weird world of the microcar.
9.00 **Would I Lie to You?**
11.40 **Would I Lie to You? – The Unseen Bits**
12.20 PM **Would I Lie to You?** Ten editions, including at: **5.40** With Miranda Hart, Hugh Fearnley-Whittingstall, Rufus Hound and Rhod Gilbert. **6.20** With Patrick Kielty, Bernard Cribbins, Deborah Meaden and Mark Watson.

9.00 Red Dwarf

7.00 **Would I Lie to You?** With John Bishop, Chris Addison, Joanna Page and Patsy Palmer.
7.40 **Would I Lie to You? The Unseen Bits** Comedy panel show.
8.20 **Would I Lie to You?** Guests include Miranda Hart and Jack Whitehall.
9.00 **Red Dwarf** Kryten falls head over heels in love with Camille. **9.40** The crew find a miraculous machine capable of changing the shape of any living thing. **10.20** The crew land on a prison planet where crime is impossible.
11.00 **Not Going Out** Triple bill.
1.00 AM **Have I Got a Bit More News for You** Jennifer Saunders hosts the quiz.
2.00 **Live at the Apollo Christmas Special** Hosted by Tom Allen.
2.50 **to 4.00** AM **Orlando Bloom: To the Edge**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.30 AM **Kingdom**
8.20 **Birds of a Feather**
9.45 **Lovejoy** Triple bill.
1.15 PM **Father Brown**
2.15 **New Tricks** *Half Life:* An unidentified murder victim is named on a website. **3.40** *Tiger Tiger:* The team examine a zookeeper's death.
5.00 **Signora Volpe** *Truffles and Treachery:* 3/3. When the son of an old friend is arrested for murder, Sylvia interrupts her hunt for a stolen truffle pig in order to investigate. (S1)

9.00 Whitechapel

7.00 **The Brokenwood Mysteries** *Love You to Death:* 4/6. Brokenwood's favourite dentist, Sonny Lyman, faces scandal when his wife is found dead, making his amorous admirer, Jools Fahey, the primary suspect in a potential murder. (S10)
9.00 **Whitechapel** Part one of two. 5/6. The team are fearful when Buchan is kidnapped. (S4)
10.00 **The Inspector Lynley Mysteries** *Chinese Walls:* When a young lawyer is found dead in Hyde Park, Lynley and Havers are led to the chambers of a human rights barrister.
12.00 M'T **New Tricks**
1.15 AM **A Small Light**
2.10 **Queens of Mystery**
3.00 **to 4.00** AM **Sister Boniface Mysteries**

+1 hour 243 316 60 260

Saturday

7 PM 8 PM 9 PM 10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Cops**
9.20 **Blue Bloods** (S9)
1.05 PM **Bull** 2-7/23. (S1)
6.00 **Bull** *Too Perfect:* 8/23. The consultant offers to help his ex-wife with a wrongful death lawsuit. **7.00** *Light My Fire:* 9/23. The legal advisor helps a young man who reminds him of himself. **8.00** *EJ:* 10/23. A CEO seeks help when one of her employees is killed by a self-driving company car. (S1)
9.00 **NCIS** *Empty Nest:* An undercover agent goes missing. (S22)
10.00 **Law & Order: Special Victims Unit** *Haunted:* 10/23. Fin stumbles on a robbery. (S6)
11.00 **Law & Order: Special Victims Unit**
2.40 AM **Law & Order: Criminal Intent** (S7)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Entertainment News**
8.05 **Friends** 10-12/24. (S2)
9.35 **Filthy Britain SOS**
11.35 **Shoplifters: Caught Red Handed**
12.35 PM **Nightmare Tenants, Slum Landlords**
4.40 FILM **Shanghai Noon** Martial-arts Western comedy. (2000, 12, 109min) ★★★
6.45 FILM **Shanghai Knights** Action comedy sequel with Jackie Chan. (2003, 12, 109min) ★★★
9.00 FILM **Enemy of the State** Conspiracy thriller with Will Smith. (1998, 15, 127min) ★★★★
11.40 FILM **Rise of the Footsoldier: Marbella** Action comedy starring Craig Fairbrass. (2019, 18, 85min) ★
1.30 AM **999: Criminals Caught on Camera**
2.25 **Fights, Camera, Action!**
3.10 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Police Interceptors**
12.00 NOON **Motorway Cops: Catching Britain's Speeders** Five editions of the series, including at: **1.55** PM An urgent call leads to a multi-vehicle pursuit to rescue a child. **2.55** Inspector Anton Sullivan follows a van being driven erratically. **3.55** PC Rich Woodwork chases two suspects on foot through a field.
4.50 FILM **The Walking Hills** Western drama starring Randolph Scott. (1949, b/w, PG, 78min) ★★★
6.30 FILM **Mackenna's Gold** Western adventure starring Gregory Peck and Omar Sharif. (1968, 15, 136min) ★★★
9.00 FILM **High Plains Drifter** Western starring Clint Eastwood. (1972, 18, 105min) ★★★★
11.05 **The X-Files** (S2)
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
1.00 PM **999 Rescue Squad**
7.00 **First Responders** A young mother's world comes crashing down when her toddler is pulled unconscious from a swimming pool. **8.00** An Auckland surfer suffers from a frightening cardiac event in the water.
9.00 **Gavin & Stacey** The newlyweds argue while on a night out at the bowling alley. **9.40** Bryn tries to organise a surprise party for Gwen's birthday. **10.20** The couple begin leading separate lives.
11.00 **The Catherine Tate Show** Triple bill of the comedy sketch show.
12.55 AM **Sort Your Life Out with Stacey Solomon**
2.00 **to 3.00** AM **Louis Theroux Interviews... Stormzy**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Continental Railway Journeys**
8.00 **Dream Car Fixers**
12.00 NOON **Porridge**
2.00 PM **Canal Boat Diaries**
4.00 **Tropic of Capricorn**
5.00 **The Americas with Simon Reeve** Simon travels down the Rocky Mountains.
6.00 **Planet Earth II**
8.00 **Bangers & Cash** Derek acquires a Vincent Rapide and a 1928 Alvis. **9.00** A Ford Model T van puts Derek's driving skills to the test.
10.00 **Train Truckers** Ian Bagladi and Jamie Turnbull move a classic locomotive through the English countryside. **11.00** A wartime iron workhorse needs to be hauled from Staffordshire to Oxfordshire.
12.00 M'T **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** Jurassic Coast.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Celebrity Yorkshire Auction House**
1.00 PM **Antiques Road Trip**
6.00 **Money for Nothing**
9.00 **My Lottery Dream Home** Double bill.
10.00 **100 Day Dream Home** Brian and Mika's dreams come true when they purchase a townhouse in Savannah, Georgia.
11.30 **My Lottery Dream Home** A couple look for a property back in their hometown in Canada.
12.00 M'T **Celebrity Help! My House Is Haunted**
1.00 AM **Help! My House Is Haunted** A visit to Chillingham Castle in Northumberland.
2.00 **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

SATURDAY Entertainment

Great! TV

157 167 170 34 32

8.10 AM **A Fine Romance**
8.40 **Little House on the Prairie** (S4&5)
6.20 PM **Little House on the Prairie** *There's No Place Like Home:* 5/26. Part one of two. The families return to Walnut Grove. **7.20** *There's No Place Like Home:* 6/26. Part two of two. The residents of Walnut Grove work hard to restore the town to its former glory. (S5)
9.00 **The Ruth Rendell Mysteries** *Simisola:* Crime thriller starring George Baker. Wexford investigates when his doctor's daughter seemingly vanishes and the last person to see her is found dead.
11.20 **Rumpole of the Bailey**
1.20 AM **Rising Damp** (S1)
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM **FILM Bad Man's River** Spaghetti Western. (1972, 12, 90min) ★
11.10 **FILM Wing and a Prayer** Drama. (1943, b/w, PG, 93min) ★★★
1.20 PM **FILM The Sand Pebbles** Adventure. (1966, 15, 193min) ★★
4.55 **FILM Junior Bonner** Western drama. (1972, PG, 103min) ★★★
7.10 **FILM Assault on Station 33** Action thriller starring Sean Patrick Flanery. (2021, 15, 110min) ★★
9.00 **FILM Safe** Action thriller starring Jason Statham and Catherine Chan. (2012, 15, 90min) ★★★
11.00 **FILM Blowback** Thriller starring Randy Couture. (2022, 15, 93min) ★★
1.00 AM **The Baron** (S1)
3.45 **FILM War of the Wildcats** Western. (1943, b/w, U, 102min) ★★
5.30 **to 6.00** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.00 AM **Air Rescue**
8.30 **Sue Thomas: F.B.Eye**
11.30 **FILM Aurora Teagarden: Reunited and It Feels So Deadly** (2020, PG) ★★
1.20 PM **FILM Ruby Herring Mysteries: Silent Witness** (2019, PG) ★★
3.15 **FILM Ruby Herring Mysteries: Her Last Breath** (2019, PG) ★★
5.10 **FILM Ruby Herring Mysteries: Prediction Murder** (2020, PG) ★★
7.05 **FILM Mystery 101: An Education in Murder** Thriller. (2020, PG) ★★
9.00 **FILM Mystery 101: Killer Timing** (2021, U) ★★
10.55 **FILM Garage Sale Mysteries: Pandora Box Murders** (2018, PG) ★★
12.50 AM **FILM The Wrong Babysitter** (2017, 12) ★★
2.30 **FILM Killer in Red** Thriller. (2018, 12) ★★
4.05 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM Love on the Vines** Romantic drama. (2016, PG, 78min) ★★
10.05 **FILM The Engagement Dress** Romantic drama. (2023, PG, 90min) ★★
12.00 NOON **FILM The Professional Bridesmaid** Drama. (2023, PG) ★★
1.55 PM **FILM The Decoy Bride** Comedy drama. (2011, 12, 88min) ★★
3.55 **FILM Love in Bloom** Comedy. (2022, U) ★★
5.55 **FILM Wedding Do Over** Drama. (2018, PG) ★★
7.50 **FILM The Wedding Cottage** Comedy. (2023, PG, 84min) ★★
9.45 **FILM Christmas Under the Stars** Romance. (2019, U, 90min) ★★
11.50 **FILM Christmas Next Door** Festive drama. (2017, U, 86min) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM The Wedding Cottage**

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **FILM Futtock's End** Comedy. (1970, 12) ★★★
2.00 **FILM What's Good for the Goose** Sex comedy. (1969, 15, 104min) ★
4.00 **FILM You Can't Win 'em All** Adventure. (1970, PG, 95min) ★★
6.00 **FILM Deadly Recruits** Espionage thriller. (1986, PG, 92min) ★★★
8.00 **Garden Rescue** A tired garden is turned into a space inspired by the Middle East. **9.00** A return to an earlier project in Powys to see how it has fared.
10.00 **FILM Frustrated Wives** Comedy with Hilary Farr. (1974, 12, 84min) ★★★
12.00 M'T **FILM The Sex Thief** Comedy. (1973, 18) ★
2.00 AM **FILM What's Good for the Goose** Comedy. (1969, 15, 104min) ★
4.00 **to 5.00** AM **FILM Futtock's End**

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.30 **The Fenn Street Gang**
9.00 **The Gaffer** 3-5/7. (S2)
10.30 **Agony** 5-7/7. (S2)
12.00 NOON **The Champions**
1.00 PM **Boon** 9/13. (S4)
2.05 **Space 1999** (S2)
5.20 **Second Thoughts** (S2)
6.50 **The Lovers** 4-6/6. (S1)
8.20 **Boon** *Love Letters from a Dead Man:* 9/13. (S4)
9.25 **Frederick Forsyth Presents** *Just Another Secret:* An American agent discovers a Cold War conspiracy to assassinate Gorbachev.
11.30 **FILM Horror Hospital** Horror thriller starring Michael Gough. (1973, 18, 91min) ★
1.15 AM **FILM The Ups and Downs of a Handyman** Bawdy comedy. (1975, 18, 85min) ★
3.05 **Stereo Underground**
4.05 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Stereo Underground**

DMAX

159 151 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Outback Opal Hunters**
1.00 PM **Gem Hunters Down Under** Triple bill.
4.00 **Aussie Gold Hunters**
7.00 **Extreme Cheapskates** A family who fix their own broken belongings. **7.30** A woman's cheap behaviour leaves her boyfriend embarrassed. **8.00** A compilation of memorable moments.
9.00 **Paranormal: Caught on Camera** New edition Spirits haunt the basement of a winery.
10.00 **Kindred Spirits** The team visit the infamous Harrisville Farmhouse in Burrillville, Rhode Island. **11.00** A married woman fears a dark entity is possessing her husband
12.00 M'T **Body Bizarre**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Barefoot Contessa: Back to Basics**
11.00 **Jamie Oliver: Cooking for Less** As 7.00pm.
12.00 NOON **Jamie's Money Saving Meals**
1.00 PM **James Martin's Islands to Highlands**
3.00 **Hairy Bikers Go West**
7.00 **Jamie Oliver: Cooking for Less** Jamie is on a mission to make delicious dishes that won't break the budget.
8.00 **Jamie's Money Saving Meals** Jamie Oliver prepares a roast salmon with all the trimmings. **8.30** Jamie prepares roast chicken with all the trimmings.
9.00 **Diners, Drive-Ins and Dives** Nine editions.
1.30 AM **Man v Food**
2.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **FILM Warbirds** Sci-fi wartime drama. (2008, 15, 87min) ★★
9.00 **Six Million Dollar Man**
2.00 PM **FILM The Bridges at Toko-Ri** War drama. (1954, U, 99min) ★★★
4.00 **FILM The Hunters** Korean War drama. (1958, PG, 108min) ★★
6.05 **FILM Instrument of War** Wartime drama. (2017, 12, 90min) ★★
8.00 **The Twilight Zone** (S5)
9.00 **FILM Wanted** Fantasy action thriller starring James McAvoy. (2008, 18, 105min) ★★★
11.20 **FILM Sabotage** Action thriller starring Arnold Schwarzenegger. (2013, 15, 107min) ★★
1.35 AM **FILM The Guest** Comedy thriller. (2014, 15, 100min) ★★★★
3.30 **to 5.15** AM **FILM The Hatton Garden Job** Fact-based crime drama. (2017, 15, 93min) ★★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **FILM Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
12.00 NOON **FILM Troy: The Odyssey** Fantasy. (2017, PG, 90min) ★★
2.00 PM **FILM Prince Valiant** Arthurian adventure. (1997, PG, 91min) ★★
4.00 **Andromeda** 2-6/22. (S1)
9.00 **FILM USS Indianapolis: Men of Courage** War drama with Nicolas Cage. (2016, 15, 125min) ★★
11.40 **FILM Deadly Target** Action thriller starring Michael Jai White. (2015, 15, 87min) ★★
1.30 AM **FILM Robin Hood: The Rebellion** Action starring Ben Freeman. (2018, 12, 92min) ★
3.20 **FILM Island of Terror** Sci-fi horror thriller. (1966, PG, 90min) ★★★
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Wicked Tuna**
7.30 **Swamp People: Serpent Invasion**
9.15 **Gold Wars Downunder**
10.10 **Ancient Aliens**
11.10 **The UnXplained with William Shatner**
1.05 PM **The Proof Is Out There** Double bill.
3.05 **What on Earth?**
6.00 **Cursed Histories** Curses on the tombs of ancient Egyptian royals. **7.00** A 'damned' amethyst gem.
8.00 **Secret Societies: In the Shadows** The history of the Knights Templar.
9.00 **Holy Marvels with Dennis Quaid** Buildings of Biblical proportions.
10.00 **Field of Vampires** A plot containing 30 'deviant burials.'
11.00 **Strange Evidence**
1.00 AM **National Park Mysteries** Double bill.
2.00 **to 6.00** AM **Alien Files: Unsealed**

5SELECT

153 166 138 46 133 30

9.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Six episodes, including at: **6.00** *Death Stalks the Big Top – Part Two:* Jessica risks her life to help her brother-in-law.
7.00 **World War II: Secrets from Above** In 1942, the Nazis develop the world's first cruise and ballistic missiles.
8.00 **Battle Front: WWII Road to Victory** How the tide of war turned against the Axis powers. **8.30** A look at when, following D-Day, Allied forces joined French Resistance fighters.
9.00 **WWII Battles in Colour** The Blitzkrieg attack on Poland in 1939. **10.00** Germany's assault on the Soviet Union. **10.55** Life on the battlefield of El Alamein.
11.55 **Wentworth Prison**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Celebrity Catchphrase**
1.00 PM **Tenable**
2.00 **Lily Savage's Blankety Blank** Triple bill.
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** Andi Osho, Mark Ramprakash, Alex Beresford and Jane Moore play for charity. **6.00** Simon Gregson, Victoria Ekanoye, Lucy Fallon and Andrew Whyment take part.
7.00 **The Chase** Double bill.
9.00 **The Celebrity Chase** James Haskell, Rowland Rivron, Antony Costa and Claire Richards take part.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions.
2.00 AM **The Chase** Quiz.
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **Georgie and Mandy's First Marriage**
11.00 **The Big Bang Theory**
8.00 PM **The Big Bang Theory** 16/23. Sheldon and Penny fall out over a game of paintball. **8.30** 17/23. The pals try to start a conversation with a sci-fi star. (S2)
9.00 **Boy Band Confidential: A Hollywood Demons Event** Series finale 2/2. How boy band legends and rising groups are pushed to breaking point.
11.00 **People Magazine Investigates: Surviving A Serial Killer** A man turns out to be a bloodthirsty monster attacking women at will.
12.00 M'T **Young Sheldon**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
9.00 **Friends** (S4&5)
7.00 PM **Friends** 12/24. Monica is annoyed by Chandler's fake laugh. **7.30** 13/24. Phoebe meets her birth father for the first time. (S5)
8.00 **Michael McIntyre's The Wheel** Guests include Liza Tarbuck, Iain Stirling and Trevor Nelson.
9.00 **FILM Armageddon** Sci-fi action adventure starring Bruce Willis, Liv Tyler and Ben Affleck. (1998, 12, 151min) ★★★
11.55 **Lee Evans: The Ultimate Experience** The comic's funniest routines.
1.40 AM **8 Out of 10 Cats**
3.20 **Whose Line Is It Anyway? USA**
3.45 **Utopia** 2/8. (S2)
4.10 **The Comedy Central Chart Show** Parody.
4.15 **to 5.00** AM **Michael McIntyre's The Wheel**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S3)
7.00 **Teleshopping**
9.00 **Friends** 6&7/24. (S5)
10.00 **Michael McIntyre's Big Show** As 4.00pm.
11.00 **Bradley & Barney Walsh: Breaking Dad**
4.00 PM **Michael McIntyre's Big Show** With Robbie Savage and Colin Cloud.
5.00 **Everybody Loves Raymond** (S3&4)
8.00 **Friends** 8/24. The pals recall past Thanksgivings. **8.30** 9/24. Ross falls out with his co-workers. **9.00** 10/24. Ross turns to Joey for advice. **9.30** 11/24. The pals make New Year's resolutions. (S5)
10.00 **Friends** 12-19/24. (S5)
2.00 AM **New Girl** (S4)
3.00 **South Park** (S21)
4.30 **Jimmy Carr's Am I the A**hole?**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **That's 60s: Best Music Live!**
8.15 **On the Buses** 6/6. (S2)
8.45 **Rising Damp** (S2)
11.55 **Rising Damp Xmas 1975** 8/8. (S2)
12.25 PM **Rising Damp** (S3)
12.55 **Some Mothers Do 'Ave 'Em** 1-6/6. (S2)
4.50 **Man About the House**
7.55 **Minder** 1/13. (S2)
9.00 **Benidorm** 4/7. (S3)
9.55 **Shameless** 8/22. Micky faces ruin after setting up a fake website. (S8)
10.55 **Man About the House**
11.25 **Mind Your Language**
11.55 **Benidorm** 4/7. (S3)
12.55 AM **Minder** 7/10. (S5)
2.00 **In Sickness and in Health** 10/10. (S5)
2.25 **Man About the House**
2.50 **Duty Free** 7/7. (S1)
3.15 **That's 60s: Best Music Live!**
4.00 **Nearest and Dearest**
4.45 **to 6.00** AM **British Railway Journeys**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Teen Mom: The Next Chapter** Reality show.
1.00 PM **Catfish: The TV Show** Double bill.
3.00 **Catfish: Scammed**
4.00 **Catfish: The TV Show**
5.00 **Catfish: The Dramatic**
6.00 **Catfish: The TV Show**
9.00 **Ink Master Redemption** Double bill of editions.
10.00 **Dating Naked UK** A thrilling zipline date and a sizzling sausage party provide the backdrop for two more naked newbies to enter the house.
11.00 **Tattoo Fixers** A family man wants to amend an extremely crude tattoo.
12.00 M'T **Tattoo Fixers**
2.45 AM **All Star Shore**
3.35 **to 4.00** AM **Jackass**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Tanked** Six editions.
12.00 NOON **Gold Rush** Parker fights to stop his gold slide. **2.00** PM Tony's crew defects to Parker's, leaving him to rely on inexperienced operators. **3.00** Tony blows up at Mike to get the trommel running. **4.00** Parker does the unthinkable to get all of the Golden Mile's paydirt. **5.00** Rick is shaken by his find at the bottom of Valhalla. **6.00** Parker, Tony and Rick work fast when gold prices skyrocket to $3,500 an ounce.

6.00 Tanked

7.00 **Filthy Fortunes** The team hunt for self-lacing trainers, limited-edition hip-hop tour jackets and Olympic memorabilia.

8.00 **Maine Cabin Masters** Chase Morrill and his team set out to renovate a 130-year-old cabin on a budget of $40,000.

9.00 **Naked and Afraid** A hairdresser and a former correctional officer try to survive 14 days in Zambia, where a herd of aggressive elephants stalks them.

11.00 **Expedition X** Phil Torres and Heather Amaro set out to investigate Predjama Castle.
12.00 M'T **Conspiracies & Coverups** Technologies behind weather manipulation conspiracies.
1.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Street Outlaws: Memphis**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Must Love Cats**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **The Zoo: San Diego** The park's youngest elephant learns how to use its trunk. **4.00** A white rhino is pregnant with a special calf.
5.00 **Treehouse Masters** Pete Nelson creates an escape that is all about peace and love.
6.00 **Preposterous Pets** The story of an obsessive fan of lizards.

7.00 How Do Animals Do That?

7.00 **How Do Animals Do That?** How a fish makes a weapon out of water. **7.30** A look at how cats communicate.

8.00 **Lair of the Sawfish** Experts unravel the mystery behind one of the ocean's strangest creatures, the sawfish.

9.00 **Alaska: Surviving the Last Frontier** The participants reminisce about their shared struggle for survival.

10.00 **Tanked** Brett Raymer and Wayde King revisit unthinkable items they have turned into aquariums over the years.

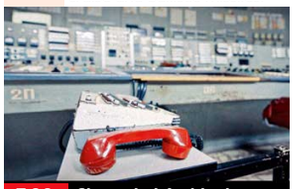
11.00 **Tanked** The team take on a job for actor Betty White.
12.00 M'T **Catfishin' Kings** The teams brave bad conditions to show their Texas noodlin'.
2.00 AM **Expedition Bigfoot**
3.00 **Lair of the Sawfish**
4.00 **to 5.00** AM **My Extreme Animal Phobia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Construction Fails**
9.00 **Car S.O.S** Triple bill.
12.00 NOON **Construction Fails**
1.00 PM **Toronto Airport Uncovered** Triple bill.
4.00 **Air Crash Investigation** Reconstruction of an engine failure in Qantas Flight 32.
5.00 **World War II: Secrets from Above** A look at extraordinary events of World War Two from a unique perspective. **6.00** In 1942, the Nazis develop the world's first cruise and ballistic missiles.



7.00 Chernobyl: Inside the...

7.00 **Chernobyl: Inside the Meltdown** 1/4. Survivors reveal the first terrifying hours of the nuclear meltdown in 1986.

8.00 **Chernobyl: Inside the Meltdown** 2/4. Two days after the explosion, the world wakes up to a terrifying global disaster.

9.00 **Chernobyl: Inside the Meltdown** 3/4. Workers begin to clean-up the deadly radioactive fallout from the plant explosion.

10.00 **Chernobyl: Inside the Meltdown** 4/4. Fourteen months after the disaster, plant operators face a Soviet show trial.

11.00 **Ukraine: War from the Air** Charting a war fought and observed from the air.
12.00 M'T **Decoding History's Prophecies** Cases of psychic detectives, miracle healers and ancient prophets.
1.00 AM **Paranatural**
3.00 **to 5.00** AM **Car S.O.S**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Ancient Aliens: Origins**
8.00 **Mountain Men**
10.00 **The Curse of Oak Island**
11.00 **Storage Wars**
2.00 PM **Bone Detectives: Britain's Buried Secrets** Four editions, including at: . **4.00** The remains of over 100 young men found on the site of a car park outside Andover. **5.00** The remains of children and teenagers discovered beneath a shopping arcade.
6.00 **The Last Hunt for Nazi Gold** A hunt for the Nazi gold train.

9.00 Jack the Ripper

7.00 **Secrets of Great British Castles** Historian Dan Jones explores the turbulent past of Edinburgh Castle.

8.00 **Secrets of Great British Castles** Dan Jones explores the history of the Welsh capital's landmark, Cardiff Castle.

9.00 **Jack the Ripper: Written in Blood** 1/3. Docu-drama series about the infamous Whitechapel Murders.

10.00 **Jack the Ripper: Written in Blood** 2/3. With Whitechapel in panic, the murderer strikes again and again.

11.00 **Jack the Ripper: Written in Blood** 3/3. A look at the so-called 'From Hell' letter, apparently sent by the killer.
12.00 M'T **Secret Sex Lives of Tyrants** Uncovering the truth behind Chairman Mao.
1.00 AM **Bone Detectives: Britain's Buried Secrets**
5.00 **to 6.00** AM **The Last Hunt for Nazi Gold**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Russell Crowe** Profile of the actor.
7.00 **Discovering: Julianne Moore**
8.00 **A Choice of Weapons: Inspired By Gordon Parks**
9.50 **Ren Faire** 1-3/3. Documentary.
1.00 PM **Being Mary Tyler Moore** Documentary charting the legacy of the comedy actor.
3.10 FILM **Man on Wire** Oscar-winning documentary. (2007, 12, 93min) ★★★★
5.00 **Be Water** Documentary looking at Bruce Lee's time in Hong Kong making four films.

7.00 I'm Chevy Chase...

7.00 **I'm Chevy Chase and You're Not** A profile of the actor and comedian, who rose to fame on *Saturday Night Live* before becoming a successful film star in the 1980s, but whose career declined amid reports of difficult behaviour.

9.00 **Gary** A look at the life and mysterious death of actor Gary Coleman, who shot to fame as Arnold in hit sitcom *Diff'rent Strokes* in the late 1970s.

11.00 **Kurt Cobain: Montage of Heck** Filmmaker Brett Morgen explores the Nirvana frontman's childhood, career and tragic death.
1.30 AM **Val** Documentary focusing on the life of American actor Val Kilmer, who died in 2025.
3.30 **Giroud** A profile of French footballer Olivier Giroud.
5.00 **to 6.00** AM **The Directors**

Quest

140/141 149 128/137 17 145 18

6.00 AM **Chasing Classic Cars**
8.00 **Wheeler Dealers**
3.00 PM **MotoGP** The Grand Prix of Spain sprint race.
4.00 **Shed and Buried: Classic Cars** Triple bill.
7.00 **Francis Bourgeois & Chris Harris: We Saved a Train** Chris and Francis face setbacks with the locomotive's wheels.
8.00 **Shed and Buried: Classic Cars** In Bath, Henry Cole and Fuzz Townsend spot a 1963 Singer Gazelle.
9.00 **The Repair Shop** Items include a guitar, a fishing reel and a footstool. **10.00** The team restore a set of horse bells, a 1930s toy car and a mid-century chair.
11.00 **Aussie Gold Hunters**
12.00 M'T **The Snake Catcher**
1.00 AM **Combat Dealers**
3.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **A Killer's Mistake**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **Extreme Measures**
6.00 **Welcome to Killer Town** The disappearance of Charlie Kinkel in 2013. **7.00** The murders of Donna Fontaine and Fred Palahniuk. **8.00** Focusing on the murder of Trudy Darby.
9.00 **Inside the Arrest** A team of armed officers confront a gunman at his home.
10.00 **Killer Confessions: Case Files of a Texas Ranger** New edition A mother who vanished without a trace.
11.00 **Faking It: Tears of a Crime** Chris Parker.
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: The Most Evil Woman in Britain** The case of Moors murderers Myra Hindley and Ian Brady.
8.00 **UK Crime Files: Eastbourne's Dr Death** The case of Eastbourne GP John Bodkin Adams.
9.00 **UK Crime Files: Brides in the Bath Murders** The crimes of serial killer George Smith.
10.00 **UK Crime Files: Serial Killer in the Making?** The case of Alun Kyte.
11.00 **UK Crime Files: Seaside Lady Macbeth**
12.00 M'T **UK Crime Files: Acid Bath Murders**
1.00 AM **Donal MacIntyre's UK Killer Evidence**
2.00 **Fatal Fraud**
3.00 **Handsome Devils**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
12.00 NOON **48 Hours**
3.00 PM **Fraud Squad** A con artist makes thousands pretending to know Hilary Clinton.
4.00 **Bloodline Detectives** The case of the death of Isabel Sanchez Bernal. **5.00** A body found on the interstate disrupts the tranquility of a small town in 1988.
6.00 **See No Evil** Examining the 2008 murder of Christopher Duncan, who left his apartment in San Antonio, Texas, never to return again.
7.00 **Judge Judy** Back-to-back real-life cases affecting family life, presided over by former New York judge Judy Sheindlin.
12.05 AM **Judge Judy** Further real-life cases.
2.00 **to 6.00** AM **Bloodline Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **A1: Britain's Longest Road** Double bill.
9.00 **Caught on Dashcam**
10.00 **Send in the Dogs**
11.00 **How I Caught the Killer**
12.00 NOON **Forensics: Catching the Killer**
1.00 PM **World's Most Evil Killers** Double bill.
3.00 **How I Caught the Killer**
5.00 **Britain's Most Evil Killers** Double bill.
7.00 **Forensics: Catching the Killer** Double bill.
9.00 **World's Most Evil Killers** Diane Downs.
10.00 **World's Most Notorious Killers**
11.40 **The Real CSI: Miami**
12.45 AM **Killing Mum and Dad** Brian Blackwell.
1.50 **How I Caught the Killer**
2.55 **The Real Manhunter**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **The Truth About Franco: Spain's Forgotten Dictatorship**
1.00 PM **Franco: The Last Inquisitor** 1&2/2.
3.25 **The Truth About Franco: Spain's Forgotten Dictatorship** A look at Francisco Franco's years in power. **4.35** The first period of Franco's regime. **5.50** How Franco managed to prevail after World War Two. **6.55** How the economy legitimised Franco's rule.
8.10 **Nazi Ratlines in Franco's Madrid** How the Nazis used Madrid as part of their escape route in 1944.
9.25 **Franco: The Last Inquisitor** 1&2/2. The life of Spanish dictator.
12.00 M'T **Nazi Ratlines in Franco's Madrid**
1.15 **to 2.00** AM **Weathered: Earth's Extremes**

SATURDAY

Sky Nature

124/125 113/114 135 354 369

6.00 AM **My Best Friend's an Animal**
8.00 **Survival of the Beast**
10.00 **Animals at Play**
12.00 NOON **Wild Philippines**
1.00 PM **The Kimberley: Australia's Wild West**
2.00 **Aussie Snake Wranglers: Deadly Pursuit** Four editions.
4.00 **David Attenborough's First Life** 1&2/2. Documentary.
6.30 **The Bachelor King**
8.00 **A Cheetah's Pride** The mothers collaborate to keep the cubs fed.
9.00 **Big Cat Country** With their leader wounded, the Hollywood lionesses retreat and regroup. Meanwhile, the MK females use their feminine wiles to distract the nomadic band of bachelors.
10.00 **Big Cats Small World** 1/2. The lives of three rival species, lions, leopards and cheetahs. **11.00** 2/2. Leopard mum Sephiri chooses between her old family and her new cubs.
12.00 M'T **A Cheetah's Pride**
1.00 AM **Big Cat Country**
2.00 **Africa's Underwater Wonders**
4.00 **to 6.00** AM **Living Beach**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **History's Greatest Aircraft**
10.00 **Digging for Britain**
12.00 NOON **Ross Kemp: Shipwreck Treasure Hunter**
2.00 PM **Ancient Aliens**
4.00 **Combat Ships**
5.00 **Combat Trains**
6.00 **Combat Machines** A look at the machine gun.
7.00 **Clash of Ancient Warriors** The Battle of Hastings, which was fought between the forces of William, Duke of Normandy and King Harold in 1066. **8.00** The Battle of Marathon, which took place in 490 BC.
9.00 **The Abyss: Rise & Fall of the Nazis** How discrimination against Jews was evident in Nazi Germany in 1934. **10.00** The invasion of Poland by the German army in 1939.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Hitler's British Island**
3.00 **Combat Ships**
4.00 **Strangest Things**
5.00 **to 6.00** AM **Ancient Superstructures**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How Do They Do It?**
2.00 PM **How the Universe Works**
5.00 **NASA's Unexplained Files**
6.00 **How It's Made**
8.00 **Paranormal Declassified** Paul Beban examines rumours of a secret US military program to develop super soldiers with psychic powers in the 1970s. **9.00** Paul explores what could happen if there was a zombie apocalypse.
10.00 **Curse of the Bermuda Triangle** Experts investigate one of the strangest disappearances from the Bermuda Triangle, and their expedition leads to a shocking discovery on the sea floor. **11.00** Experts use cutting-edge technology to search for ghost ships in the Bermuda Triangle.
12.00 M'T **In Search of Monsters**
2.00 AM **Expedition X**
4.00 **to 6.00** AM **How Do They Do It?**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam**
3.40 PM **My Strange Arrest**
5.00 **Witness to Murder: Digital Evidence** Detectives use digital data to solve a double homicide.
6.00 **The Real Murders of Los Angeles** A young woman disappears after leaving her home for an audition.
7.00 **The Real Murders of Orange County** A party planner is found murdered at home.
8.00 **Buried in the Backyard** A late night gaming party turns dark.
9.00 **Spring Break Murders**
10.00 **Skegness Psycho: 28 Miles to Murder** 2/2. The case of a man who walked for 12 hours to murder his former partner.
11.00 **Interview with a Killer**
12.00 M'T **Predator Files**
1.00 AM **Ozark Law**
2.00 **I Met My Murderer Online**
3.00 **to 6.00** AM **On the Case with Paula Zahn**

+1hour 256 333

WILD

165 145 182

8.00 AM **Animal Fight Club**
9.00 **Critter Fixers: Country Vets**
10.00 **Secrets of the Zoo**
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Building Penguin Paradise**
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Critter Fixers: Country Vets** The vets inspire hope for the owners of an elderly dog with a tumour on its spleen, and they meet a young cancer patient wants to be a vet.
8.00 **Secrets of the Penguins** 1/3. Documentary series following the lives of penguins in the Southern Hemisphere. **9.00** 2/3. The banded penguins venture far beyond their icy homes, mastering deserts, tropical islands and even city life. **10.00** 3/3. In the Southern Ocean, penguins break the rules to find their edge.
11.00 **Snakes in the City**
12.00 M'T **Lawless Island**
2.00 AM **World's Weirdest**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

161/172 147 181

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill.
6.00 **Treasure Quest: Snake Island** The team find the entrance to an underground tunnel system. **7.00** The team members find themselves trapped in an ancient underground tunnel. **8.00** Shawn and Jeremy find their first piece of Jesuit gold.
9.00 **How the Universe Works** Experts explore the secret history of the solar system. **10.00** Exploring a secret structure called spacetime. **11.00** New discoveries reveal that neutron stars have the power to destroy planets and even other stars.
12.00 M'T **Blowing Up History: Seven Wonders** The mysteries behind iconic Roman structures, including a lost villa discovered near the Colosseum.
2.00 **to 5.00** AM **Combat Dealers**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering** A once lavish palace in Iraq. **2.00** Exploring the remains of a pioneering industry town in Ohio. **3.00** The remains of a correctional facility in Atlanta. **4.00** Exploring a military strong-hold in the Philippines.
5.00 **The Two Ronnies**
8.00 **The Two Ronnies** Vintage comedy sketches from Messrs Barker and Corbett, including Fancy Dress Party and Smart Cooking with Lionel Smart. **9.00** Vintage comedy sketches from Messrs Barker and Corbett, including Spoonerism. Plus, music by Tina Charles. **10.00** Vintage comedy, including another instalment of *Hampton Wick* and sketches Elizabeth Ah Ah and Ronnie Barker's Yearbook.
11.00 **The Two Ronnies**
4.30 AM **Abandoned Engineering**
5.20 **to 6.00** AM **Great Coastal Railway Journeys**

+1hour 266 376

ID

154 140 166

8.00 AM **Betrayed**
10.00 **Murder Comes to Town**
12.00 NOON **Evil Stepmothers**
2.00 PM **Diabolical: Deadly Love**
4.00 **People Magazine Investigates**
6.00 **Still a Mystery** Focusing on a case in which the dismembered body of a missing woman turned up in trash bags. **7.00** A missing man's haunting voicemail is his final clue.
8.00 **Truth About Murder with Sunny Hostin** The former prosecutor investigates the case of a 33-year-old woman who, after disappearing, was found in a shallow grave.
9.00 **Married to Evil** A controlling partner begins to show his disturbing true colours.
10.00 **Til Death Do Us Part** The story of how an explosive encounter blew a family's lives apart.
11.00 **Twisted Love**
12.00 M'T **Deadly Sins**
2.00 AM **Death by Fame**
4.00 **to 6.00** AM **Married with Secrets**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **Massive Engineering Mistakes** Triple bill of editions.
10.00 **Extreme RVs**
11.00 **Garage Rehab**
12.00 NOON **James May and the Dull Men** Five editions.
5.00 PM **Kindig Customs**
8.00 **Shed and Buried** Henry and Sam fall in love with a barn full of extraordinary automobilia. **8.30** A quirky collection of custom vehicles in Yorkshire. **9.00** Henry and Sam examine an incredible collection of classic American motors. **9.30** A shed full of vintage motorcycles and memorabilia.
10.00 **Richard Hammond's Workshop** Following Richard as he opens his own classic car restoration workshop. **11.00** Richard takes a gamble with his own money on a 1970 Mark II Jensen Interceptor. **12.00** M'T Richard finds a classic Mini that needs restoring.
1.00 **to 4.00** AM **Massive Engineering Mistakes**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.45 AM **The Bad Guys 2** Animated adventure sequel. (2025, PG, 104min) ★★★★
8.45 **PREMIERE Eddington**
11.15 **The Conjuring: Last Rites**
1.40 PM **Final Destination: Bloodlines** Supernatural horror. (2025, 15, 110min) ★★★★
3.35 **Superman** Fantasy adventure. (2025, 12, 129min) ★★★★
5.50 **Regretting You** Melodrama starring Allison Williams. (2025, 12, 116min) ★★★

10.25 Eddington

8.00 **The Conjuring: Last Rites** Supernatural horror starring Vera Farmiga and Patrick Wilson. Paranormal investigators Ed and Lorraine Warren take on one last case involving mysterious entities they must confront. (2025, 15, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **PREMIERE Eddington** Modern-day western with Joaquin Phoenix, Emma Stone and Pedro Pascal. A stand-off between a sheriff and a mayor leads to conflict in small-town New Mexico. (2025, 15, 148min) ★★★★ *See review, page 22.*
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **Weapons** Horror starring Julia Garner and Josh Brolin. (2025, 18, 128min) ★★★★★
3.10 **Regretting You** As 5.50pm.
5.20 **to 7.15** AM **Caught Stealing** Dark comedy thriller. (2025, 15, 107min) ★★★★

Sky Cinema Spy Kids

303 303 403 503 517

6.15 AM **Spy Kids** As 8.55pm.
7.55 **Spy Kids 2: Island of Lost...**
9.40 **Spy Kids 3: Game Over**
11.10 **Spy Kids** As 8.55pm.
12.45 PM **Spy Kids 2: Island of Lost Dreams** As 10.35pm.
2.30 **Spy Kids 3: Game Over**
4.00 **Spy Kids** As 8.55pm.
5.40 **Spy Kids 2: Island of Lost Dreams** As 10.35pm.
7.25 **Spy Kids 3: Game Over** Sci-fi comedy adventure sequel. (2003, U, 84min) ★★★

8.55 Spy Kids

8.55 **Spy Kids** Action comedy starring Antonio Banderas and Carla Gugino. The two children of kidnapped secret agents strive to save their parents – and the world. With Alan Cumming, Alexa Vega and Daryl Sabara. (2001, U, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Spy Kids 2: Island of Lost Dreams** Action comedy sequel starring Alexa Vega and Daryl Sabara. The junior spies try to locate a mysterious island populated by an eccentric scientist and his menagerie of monsters. (2002, U, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Spy Kids 3: Game Over**
1.50 **Spy Kids** As 8.55pm.
3.30 **Spy Kids 2: Island of Lost Dreams** As 10.35pm.
5.20 **to 6.20** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

6.30 AM **Sometimes I Think About Dying** Dark comedy drama. (2023, 12, 93min) ★★★
8.10 **Valentine's Day** Romantic comedy. (2010, 12, 125min) ★★★
10.20 **The Room Next Door** Drama. (2024, 12, 102min) ★★★★
12.10 PM **September 5** Thriller. (2024, 15, 95min) ★★★★
1.50 **About a Boy** Comedy drama. (2002, 12, 101 min) ★★★★
3.35 **The Shawshank Redemption** Prison drama starring Tim Robbins and Morgan Freeman. (1994, 15, 142min) ★★★★★
6.00 **Boyz N the Hood** Urban drama. (1991, 15, 111 min) ★★★★★
8.00 **Regretting You** Drama starring Allison Williams and Mckenna Grace. A mother and daughter try to cope after a devastating accident reveals a shocking betrayal. (2025, 12, 116min) ★★★
10.10 **It Ends with Us** Drama. (2024, 15, 125min) ★★★
12.25 AM **Anora** Comedy drama. (2024, 18, 139min) ★★★★★
2.45 **Turtles All the Way Down** Drama starring Isabela Merced. (2024, 12, 111 min) ★★★★
4.45 **to 7.00** AM **Cool Hand Luke** Prison drama with Paul Newman. (1967, 15, 126min) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.45 AM **Cuckoo** Horror thriller. (2024, 15, 102min) ★★★
8.30 **Until Dawn** Horror thriller. (2025, 15, 99min) ★★★
10.15 **28 Years Later** Horror sequel. (2025, 15, 115min) ★★★★
12.20 PM **The Crazies** Horror remake starring Timothy Olyphant. (2010, 15, 101min) ★★★★
2.05 **InnerSpace** Sci-fi comedy thriller. (1987, PG, 119min) ★★★
4.10 **Men in Black 3** Sci-fi action comedy sequel with Will Smith. (2012, PG, 105min) ★★★★
6.00 **Blade Runner** Ridley Scott's futuristic thriller with Harrison Ford and Rutger Hauer. (1982, 15, 130min) ★★★★★
8.00 **I Know What You Did Last Summer** Horror reboot starring Chase Sui Wonders and Madelyn Cline. (2025, 15, 119min) ★★★
9.55 **Nosferatu** Horror starring Bill Skarsgård and Lily-Rose Depp. (2024, 15, 132min) ★★★★
12.10 AM **Blade: Trinity** Adventure sequel. (2004, 15, 113min) ★★★
2.05 **Companion** Sci-fi horror. (2024, 15, 97min) ★★★★
3.50 **Zombie Town** Horror comedy. (2023, 12, 92min) ★★
5.30 **to 7.10** AM **If You Were the Last** Sci-fi. (2023, 15, 92min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.20 AM **Daddy Day Care** Comedy. (2003, PG, 92min) ★★★
8.55 **Yogi Bear** As 10.20pm.
10.20 **The Hobbit: The Desolation of Smaug** (2013, 12) ★★★★
1.05 PM **The Emoji Movie** Animation. (2017, U, 83min) ★
2.35 **Pokemon: Detective Pikachu** Fantasy. (2019, PG) ★★★★
4.25 **Smurfs** Fantasy comedy. (2025, PG, 89min) ★★
6.00 **Stardust** Fantasy comedy. (2007, PG, 127min) ★★★★

4.25 Smurfs

8.15 **Charlie and the Chocolate Factory** Tim Burton's fantasy based on Roald Dahl's story, starring Johnny Depp and Freddie Highmore. A kind-hearted boy is one of the lucky winners when an confectionery king awards five children a tour of his chocolate factory. (2005, PG, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Yogi Bear** Comedy mixing live-action and computer-animation, featuring the voices of Dan Aykroyd and Justin Timberlake. (2010, U, 81min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **The Hobbit: The Battle of the Five Armies** Fantasy. (2014, 12, 144min) ★★★
2.30 AM **Save the Cinema** Drama. (2021, 12, 109min) ★★★
4.30 **to 6.00** AM **Spy Kids 3: Game Over** Sci-fi comedy sequel starring Daryl Sabara. (2003, U, 84min) ★★★

Sky Cinema Action

306 306 407 507 521

6.10 AM **Furiosa: A Mad Max Saga**
8.40 **Spider-Man** Fantasy sequel. (2002, 12, 121min) ★★★★
10.50 **Spider-Man 2** Fantasy sequel. (2004, PG, 127min) ★★★★
1.05 PM **Spider-Man 3** Fantasy sequel starring Tobey Maguire. (2007, 12, 139min) ★★★
3.25 **Twisters** Disaster drama sequel. (2024, 12, 122min) ★★★★
5.30 **Furiosa: A Mad Max Saga** Fantasy with Anya Taylor-Joy. (2023, 15, 148min) ★★★★

8.00 Troy

8.00 **Troy** Spectacular epic inspired by *The Iliad*, starring Brad Pitt, Eric Bana and Orlando Bloom. When Trojan prince Paris elopes with Greek royal consort Helen, Greek king Agamemnon conspires to retrieve her as a pretext for invading and conquering Troy. With Diane Kruger, Brian Cox and Sean Bean. (2004, 15, 163min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Transformers: Revenge of the Fallen** Sci-fi action adventure sequel starring Shia LaBeouf. (2009, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.25 AM **Rampage** Fantasy. (2018, 12, 107min) ★★★
3.25 **Sky Cinema Preview**
4.05 **The Dark Tower** Fantasy. (2017, 12, 95min) ★★
5.55 **to 7.45** AM **Long Gone Heroes** Action thriller. (2024, 15, 101min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.10 AM **Seven Psychopaths** Dark comedy. (2012, 15) ★★★★
9.10 **The Phoenician Scheme** Comedy. (2025, 15) ★★★
11.05 **Beetlejuice Beetlejuice** Horror comedy sequel. (2024, 12, 105min) ★★★★
1.00 PM **Tootsie** (1982, 15) ★★★★
3.00 **Liar Liar** (1997, 12) ★★★★
4.30 **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★
6.15 **The First Wives Club** Comedy. (1996, PG, 102min) ★★★

6.15 The First Wives Club

8.00 **Materialists** Romantic comedy drama starring Dakota Johnson, Chris Evans and Pedro Pascal. A matchmaker finds herself torn between the perfect match and her imperfect ex. (2025, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The 40-Year-Old Virgin** Comedy starring Steve Carell The workers in an electrical shop set out to coach their inexperienced 40-year-old colleague in the art of seduction. (2005, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Death of Stalin** Satire. (2017, 15, 106min) ★★★★
1.50 AM **See No Evil, Hear No Evil** Comedy thriller with Richard Pryor. (1989, 15, 107min) ★★★
3.35 **Sky Cinema Preview**
4.35 **to 6.20** AM **Mean Machine** Sports drama starring Vinnie Jones. (2001, 15, 99min) ★★

Sky Cinema Thriller

309 309 409 509 523

6.10 AM **Icefall** Action thriller. (2025, 15, 95min) ★★★
7.50 **The Perfect Storm** Fact-based action drama. (2000, 12, 129min) ★★★★
10.00 **The Bourne Supremacy** Spy thriller. (2004, 12) ★★★★
11.50 **The Bourne Ultimatum**
1.50 PM **Captain Phillips** (2013)
4.05 **Eye in the Sky** Thriller. (2015, 15, 112min) ★★★★
5.50 **Red Dragon** Crime thriller. (2002, 15, 124min) ★★★

10.00 Captain Phillips

8.00 **The Bourne Ultimatum** Spy thriller sequel starring Matt Damon. An ex-CIA assassin strives to outsmart cops, killers and his former bosses in his quest to discover his true identity. With Julia Stiles and David Strathairn. (2007, 12, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Captain Phillips** Fact-based thriller starring Tom Hanks and Barkhad Abdi. Four Somali pirates hijack a US container ship, putting its veteran captain through a terrifying ordeal. (2013, 12, 129min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Falling Down** Drama. (1993, 18, 115min) ★★★★
2.20 **Speak No Evil** Horror. (2024, 15, 110min) ★★★★
4.15 **to 6.00** AM **Caddo Lake** Thriller starring Dylan O'Brien. (2024, 12, 99min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Sherlock Holmes: Terror by Night** Mystery thriller. (1946, b/w, U, 60min) ★★
12.15 PM **Annie** Musical remake. (2014, PG, 115min) ★★★
2.35 **Rosaline** Romantic comedy. (2022, PG, 95min) ★★★★
4.25 **Midway** World War Two drama starring Ed Skrein. (2019, 12, 138min) ★★★★
7.10 **Daddy's Home** Comedy. (2015, 12, 96min) ★★★

4.25 Midway

8 PM **Daddy's Home** (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Daredevil** Comic-book adventure starring Ben Affleck. A man blinded in childhood by toxic waste becomes a secret crime-fighting superhero, putting his remaining, extra-sharp senses to good use. With Jennifer Garner. (2003, 15, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **11.05** **Paranormal Activity: Next of Kin** Horror thriller starring Emily Bader. A young woman travels to a secluded Amish community with a film crew seeking answers about her mother and extended family. (2021, 15, 98min) ★★
1.00 **to 3.15** AM **Titane** French sci-fi horror. Subtitled. (2021, 18, 108min) ★★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema 5 Star Movies

302 302 402 502 516

6.40 AM **Bookworm** As 2.50am.
8.30 **The Wild Robot** As 4.35am.
10.15 **The Wizard of Oz** Fantasy. (1939, U, 98min) ★★★★★
12.00 NOON **E.T. The Extra Terrestrial**
2.00 PM **The Lord of the Rings: The Fellowship of the Ring** Fantasy. (2001, PG, 178min) ★★★★★
5.00 **The Lord of the Rings: The Two Towers** Fantasy adventure. (2002, 12, 179min) ★★★★★

8.00 **The Lord of the Rings: The Return of the King** Epic fantasy adventure concluding Peter Jackson's trilogy based on JRR Tolkien's mythical saga, starring Elijah Wood, Ian McKellen and Viggo Mortensen. (2003, 12, 201min) ★★★★★
11.20 **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy starring Henry Thomas. A young LA boy befriends an alien who has been left behind by his spaceship. (1982, U, 114min) ★★★★★

1.15 AM **Babe** Comedy drama. (1995, U, 92min) ★★★★★
2.50 **Bookworm** Family comedy. (2024, 12, 103min) ★★★★
4.35 **to 6.20** AM **The Wild Robot** Family animation featuring the voice of Lupita Nyong'o. (2024, U, 102min) ★★★★

Sky Cinema Greats

307 307 404 504 518

7.00 AM **The Fugitive** As 8.00pm.
9.20 **The Towering Inferno** (1974)
12.10 PM **Jaws** Monster thriller. (1975, 12, 125min) ★★★★★
2.15 **Jaws 2** Adventure thriller sequel. (1978, PG, 115min) ★★★
4.15 **Jaws 3** Adventure thriller sequel. (1983, 12, 99min) ★★
5.55 **Dog Day Afternoon** Sidney Lumet's tragi-comic thriller. (1975, 15, 130min) ★★★★★

8.00 **The Fugitive** Action thriller starring Harrison Ford and Tommy Lee Jones. A wrongly convicted man escapes on the way to jail and goes in search of the real culprit while evading the forces of the law. (1993, 15, 128min) ★★★★★
10.10 **The Bodyguard** Romantic thriller with Kevin Costner and Whitney Houston. A bodyguard falls in love with the superstar singer-actress he is working for. (1992, 15, 129min) ★★★

12.20 AM **The Towering Inferno** Epic disaster movie starring Steve McQueen. The inauguration of the world's tallest skyscraper goes fatally wrong when a fire breaks out. (1974, 12, 165min) ★★★★
3.10 **Sky Cinema Preview**
4.10 **to 6.15** AM **Dog Day Afternoon**

Sky Cinema Animation

312 315 405 500 514

7.20 AM **The Secret Life of Pets 2** Animated comedy adventure sequel. (2019, U, 86min) ★★★
8.55 **Rock Dog** Animated adventure. (2016, PG, 90min) ★★★
10.35 **Happy Feet** Animated comedy. (2006, U, 108min) ★★★★
12.35 PM **Happy Feet Two** Animated sequel. (2011, U, 100min) ★★★
2.25 **Super Charlie** Animation. (2025, PG, 82min) ★★★

4.00 **Monster Family** Animated comedy. (2017, PG, 96min) ★★
5.40 **Sneaks** Animated comedy with the voice of Anthony Mackie. (2025, PG, 92min) ★★
7.20 **Shrek** Animated comedy with the voices of Mike Myers, Eddie Murphy and Cameron Diaz. (2001, U, 90min) ★★★★★
9.00 **Deep Sea** Animated adventure. (2023, PG, 112min) ★★★
11.05 **Tom and Jerry Cowboy Up!** Animated family adventure. (2021, U, 71min) ★★★

12.35 AM **Rock Dog 2: Rock Around the Park** Animated comedy sequel. (2021, U, 90min) ★★
2.15 **Boonie Bears: Guardian Code** Animation. (2023, PG) ★★★
4.00 **The Sloth Lane** Animation. (2024, PG, 90min) ★★★
5.40 **to 7.30** AM **Happy Feet Two**

Disney+ Cinema

305

6.00 AM **Bambi** Classic cartoon. (1942, U, 69min) ★★★★★
7.20 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
8.50 **Beverly Hills Chihuahua** Comedy. (2008, U, 91min) ★★
10.25 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
12.20 PM **Percy Jackson & the Lightning Thief** Fantasy. (2010, PG, 114min) ★★★

2.20 **Up** Animated comedy adventure. (2009, U, 96min) ★★★★★
4.00 **Bedtime Stories** As 7.25pm.
5.40 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
7.25 **Bedtime Stories** Family fantasy comedy starring Adam Sandler. (2008, PG, 99min) ★★★
9.00 **Solo: A Star Wars Story** Sci-fi prequel starring Alden Ehrenreich and Emilia Clarke. (2018, 12, 135min) ★★★★
11.15 **Alien: Romulus** Horror thriller. (2024, 15, 119min) ★★★★

1.15 AM **Veronica Guerin** Biopic. (2003, 18, 98min) ★★★
3.00 **Aliens Vs Predator: Requiem** Sci-fi action adventure sequel. (2007, 15, 89min) ★★
4.40 **to 6.00** AM **Lady and the Tramp** Animated musical. (1955, U, 76min) ★★★★★

Talking Pictures

328 445 82 306 36

6.00 AM **Captain Scarlett** (1952) ★★
7.35 **What's On TPTV with Noel**
7.50 **Legend of the Hidden City**
8.25 **The Adventures of Sir Lancelot**
9.00 **Batman** 6/26. (S3)
9.30 **The Roy Rogers Show** (S6)
10.00 **Captain Scarlet and the Mysterons** 9/32. (S1)
10.30 **The Adventures of William Tell**
11.00 **The Buccaneers** 20/39. (S1)
11.30 **The Adventures of Robin Hood**

12.00 NOON **Destination Space** Sci-fi drama. (1959, PG, 51min) ★★★
1.05 PM **Dial 999** 6/39. (S1)
1.35 **My Brother's Keeper** Thriller. (1948, b/w, PG, 91min) ★★★
3.20 **Scotland Yard** 37/39. (S1)
4.00 **Whiplash** 14/34. (S1)
4.30 **Reach for the Sky** Biopic. (1956, b/w, U, 130min) ★★★★
7.00 **Maigret** 5/13. (S4)
8.00 **The Duchess of Duke Street**
9.05 **Honest, Decent and True**
11.00 **Fortean TV**
11.35 **One Step Beyond** 3/22. (S1)

12.10 AM **Eurotrash**
12.45 **Borsalino and Co** (1974) ★★★
2.55 **The Starlost: The Return** (S1)
4.00 **A Lifetime Ago with The Baim Collection**
4.35 **Green Hornet Strikes Again!**
5.00 **The Adventures of Sir Lancelot**
5.30 **to 6.00** AM **Honey West**

Saturday

Sky Sports Main Event

401 401 501 419 439

6.00 AM LIVE DP World Tour Golf Day three of the China Open.
10.00 Soccer Saturday Pre-Match
11.00 LIVE EFL West Bromwich Albion v Ipswich Town. Coverage of the Championship match at the Hawthorns. Kick-off 12.30pm.
3.00 PM LIVE WTA & ATP Tennis Coverage of day five of the Madrid Open, a clay-court tournament taking place at La Caja Mágica.
5.00 LIVE SNF Arsenal v Newcastle United. Coverage of the Premier League match taking place at the Emirates Stadium. Kick-off 5.30pm.
8.30 LIVE LPGA Tour Golf Coverage of day three of the Chevron Championship at Memorial Park Golf Course in Houston.
11.00 LIVE NBA Basketball Atlanta Hawks v New York Knicks. Game four of the Eastern Conference first-round play-off at State Farm Arena. Tip-off 11.00pm.
2.00 AM Sky Sports News
5.00 to 6.00 AM LIVE DP World Tour Golf Coverage of day four of the China Open in Shanghai.

Sky Sports Premier League

402 402 502 420 440

6.00 AM PL Greatest Games
7.00 The Big Interview
7.30 Premier League Stories
8.00 FNF Sunderland v Nottm Forest.
8.30 The Big Interview
9.00 Premier League Stories
9.30 FNF Sunderland v Nottm Forest.
10.00 Saturday Social
11.00 Premier League Stories
11.30 LIVE WSL Brighton & Hove Albion v Manchester City. Coverage of the top-flight match at Broadfield Stadium. Kick-off 12.00noon.
2.30 PM Gillette Soccer Saturday: Build-Up Team news.
3.00 Gillette Soccer Saturday
5.00 LIVE SNF Arsenal v Newcastle United. Coverage of the Premier League match taking place at the Emirates Stadium. Kick-off 5.30pm.
8.30 Game of the Day
10.30 Premier League Highlights
12.00 M'T SNF Arsenal v Newcastle.
12.30 AM Premier League Highlights
2.00 SNF Arsenal v Newcastle United.
2.30 Premier League Stories
3.00 PL Greatest Games
4.00 to 6.00 AM Premier League Best Goals

Sky Sports Football

403 403 503 421 441

6.00 AM EFL Highlights
6.15 EFL Cup Retro
8.15 Best Scottish Premiership Goals 2022/23 Top strikes.
8.45 Best Scottish Premiership Goals 2023/24 Classic goals.
9.15 EFL Greatest Games
9.30 EFL Highlights Recent action.
10.00 Saturday Social
11.00 LIVE EFL West Bromwich Albion v Ipswich Town. Coverage of the Championship match at the Hawthorns. Kick-off 12.30pm.
3.00 PM Gillette Soccer Saturday
5.00 LIVE SPFL Celtic v Falkirk. Coverage of the Scottish Premiership match at Celtic Park. Kick-off 5.30pm.
8.00 EFL West Brom v Ipswich Town.
10.00 EFL Highlights Recent action.
12.15 AM WSL Brighton v Man City.
12.45 SPFL Highlights Celtic v Falkirk.
1.00 EFL Highlights Charlton v Hull.
2.00 1983: When Aberdeen Ruled Europe Documentary,
3.00 EFL Greatest Games
3.30 Championship Season Review
5.00 Best Goals: EFL Cup 23/24
5.30 to 6.00 AM EFL Trophy Football

Sky Sports Cricket

405 405 505 422 442

6.00 AM IPL T20 highlights.
10.50 LIVE IPL Delhi Capitals v Punjab Kings. Coverage of the T20 match staged at Arun Jaitley Stadium.
2.50 PM LIVE IPL Rajasthan Royals v Sunrisers Hyderabad. Coverage of the T20 match at Sawai Mansingh Stadium in Jaipur. These two sides only met once last season in Hyderabad in a game that saw a massive 528 runs scored across the 40 overs. Sunrisers made a huge 286-6 in their innings with Ishan Kishan leading the way with an unbeaten 106 from just 47 balls. In reply the Royals made a respectable 242-6 but still fell short of the visitors big total and lost by 44 runs.
7.00 Best of ICC WT20
8.00 IPL Delhi Capitals v Punjab Kings. 9.00 Highlights of Rajasthan Royals v Sunrisers Hyderabad. 10.00 Capitals v Kings. 11.00 Royals v Sunrisers.
12.00 M'T Best of ICC WT20
12.30 AM IPL Another chance to see Mumbai Indians v Chennai Super Kings at Wankhede Stadium.
4.45 to 6.00 AM Best of ICC WT20

Sky Sports Golf

406 406 506 423 443

6.00 AM LIVE DP World Tour Golf Day three of the China Open.
10.00 Scotland's Greatest Golf Holes
10.30 LPGA Tour Golf
11.30 LIVE Ladies European Tour Golf Coverage of day three of the South African Women's Open.
3.00 PM LIVE PGA Tour Golf Day three of the Zurich Classic of New Orleans at TPC Louisiana.
6.00 LIVE LPGA Tour Golf Coverage of day three of the Chevron Championship.
11.00 Hall or Nothing: Georgia's Story
12.00 M'T Final Cut: The Long Game
1.00 AM Women in Golf
2.00 PGA Tour Golf
4.00 Golf Academy Tips and advice.
5.00 to 6.00 AM LIVE DP World Tour Golf The China Open.

Sky Sports Tennis

408 408 508 425 445

6.00 AM WTA Tennis Miami Open.
7.00 WTA & ATP Tennis Madrid Open.
10.00 LIVE WTA & ATP Tennis Coverage of day five of the Madrid Open, staged at La Caja Mágica.
11.00 PM ATP Tour This Week
11.30 WTA Tennis Indian Wells Open.
12.00 M'T ATP/WTA Tour Classic Matches Nadal v Coria in 2005.
1.00 AM US Open Tennis Classic Matches McEnroe v Borg.
2.00 ATP Tennis Canadian Open.
3.00 US Open Tennis Classic Matches
5.00 ATP Tour This Week
5.30 to 6.00 AM Tennis

TNT Sports 1

410 413 521 408 430

6.00 AM The Gallagher PREM
7.00 LIVE T100 Triathlon World Tour Coverage from Singapore.
11.00 LIVE Premier League Fulham v Aston Villa. Coverage of the top-flight match at Craven Cottage. Kick-off 12.30pm.
3.00 PM Xtra Time Reaction.
3.15 LIVE Snooker World Championship Coverage of day eight of the tournament from the Crucible Theatre in Sheffield.
4.30 LIVE Emirates FA Cup Manchester City v Southampton. Coverage of the first semi-final at Wembley Stadium. Kick-off 5.15pm.
8.00 LIVE Snooker World Championship Further coverage of day eight in Sheffield.
10.00 MotoGP Grand Prix of Spain.
10.30 World Rally Championship
11.00 LIVE UFC The preliminary bouts.
1.00 AM LIVE UFC Aljamain Sterling v Youssef Zalal. The featherweight bout at Meta Apex in Las Vegas, Nevada.
4.30 UFC Fight Flashback
5.00 MotoGP Grand Prix of Spain.
5.30 to 6.00 AM World Rally Championship

TNT Sports 2

411 414 522 409 431

6.00 AM UEFA Champions League Magazine News and action.
6.30 Premier League Preview
7.00 MotoGP Grand Prix of Spain.
7.30 LIVE MotoGP Coverage of the day's action from the Grand Prix of Spain at Circuito de Jerez.
2.45 PM LIVE The Gallagher PREM Saracens v Leicester Tigers. Coverage of the match at StoneX Stadium. Kick-off 3.05pm.
5.15 LIVE The Gallagher PREM Northampton Saints v Bath Rugby. Coverage from Franklin's Gardens. Kick-off 5.30pm.
7.45 Playing for Our Future
8.00 LIVE MLB Toronto Blue Jays v Cleveland Guardians. Coverage from Rogers Centre. Start-time 8.07pm.
11.00 UEFA Europa League & Conference League Magazine
12.00 M'T LIVE MLB Los Angeles Dodgers v Chicago Cubs. Coverage from Dodger Stadium. Start-time 12.15am.
3.00 AM World Rally Championship
3.30 MotoGP Grand Prix of Spain.
4.00 to 7.00 AM LIVE AFL St Kilda v West Coast Eagles.

Sky Sports Action

412 410 510 426 446

6.00 AM Super League
9.05 LIVE NRL New Zealand Warriors v Dolphins. Coverage of the match staged at Hnry Stadium in Wellington. Kick-off 9.05am.
11.10 LIVE NRL Melbourne Storm v South Sydney Rabbitohs. Coverage from AAMI Park. Kick-off 11.10am.
1.15 PM Super Bowl LX Bitesize Highlights Seahawks v Patriots.
1.30 NFL Bitesize Highlights
2.00 NFL Highlights
3.00 NFL Draft Kick-off
5.00 NFL Draft Coverage of the selections from rounds four to seven on day three in Pittsburgh, where the top college players discover which team they will represent next season.
12.00 M'T Super Bowl LX Bitesize Highlights Seahawks v Patriots.
12.15 AM NFL Bitesize Highlights
1.00 Super League Highlights
2.00 Super League
4.45 NFL Bitesize Highlights
5.00 Super Bowl LX Bitesize Highlights Seahawks v Patriots.
5.15 to 6.00 AM NFL Bitesize Highlights

Sky Sports+

404 404 504 427 447

6.00 AM LIVE Super Rugby Hurricanes v Brumbies. From One NZ Stadium. Kick-off 6.05am.
8.00 Sky Sports Breakfast
8.30 LIVE Super Rugby Blues v Queensland Reds. Coverage from One NZ Stadium in Christchurch. Kick-off 8.35am.
10.30 Soccer Saturday Pre-Match
11.00 EFL Build-Up
12.25 PM LIVE EFL Middlesbrough v Watford. The Championship match at Riverside Stadium. Kick-off 12.30pm.
3.00 LIVE WTA & ATP Tennis Coverage of day five of the Madrid Open at La Caja Mágica.
6.00 LIVE PGA Tour Golf Coverage of day three of the Zurich Classic of New Orleans at TPC Louisiana.
11.00 Sky Sports News
12.00 M'T EFL Greatest Games
2.55 AM LIVE Super Rugby Highlanders v Moana Pasifika. Coverage from One NZ Stadium in Christchurch. Kick-off 3.00am.
5.00 EFL Greatest Games
5.25 to 7.25 AM LIVE Super Rugby Chiefs v Fijian Drua. From One NZ Stadium. Kick-off 5.30am.

Sky Sports Mix

416 412 511 429 449

6.00 AM WTA Tennis Barcelona Open.
7.00 Super League York v Toulouse.
9.45 EFL Greatest Games
10.30 Ladies European Tour Golf
11.30 LIVE Ladies European Tour Golf Coverage of day three of the South African Women's Open.
3.30 PM Darts Gold
3.40 Super League Highlights
3.55 LIVE Netball Super League London Mavericks v Manchester Thunder. Centre-pass 4.00pm.
5.30 LIVE Bundesliga Hamburg SV v TSG 1899 Hoffenheim. Kick-off 5.30pm.
7.30 PDC Classics Archive action.
8.00 LIVE NBA Basketball TBA v Oklahoma City Thunder.
11.00 LIVE NBA Basketball Atlanta Hawks v New York Knicks. Tip-off 11.00pm.
2.00 AM IPL T20 action.
3.00 Legends of Darts
4.00 to 6.00 AM PDC Classics

TNT Sports 3

413 415 523 410 432

6.00 AM LIVE A-League Women Brisbane Roar v Adelaide United.
8.00 LIVE Isuzu UTE A-League Newcastle Jets v Central Coast Mariners. Kick-off 8.00am.
10.00 LIVE Snooker World Championship Coverage of day eight from the Crucible Theatre.
1.00 PM MLB Highlights
2.00 TNT Sports Reload
2.15 LIVE Snooker World Championship Day eight.
5.30 The Cycling Show
6.00 Race Bikes Mountain Bike racing.
6.30 LIVE Snooker World Championship Further coverage.
10.00 Ultimate Pool The Pairs Cup.
11.30 LIVE NWSL Chicago Stars v Boston Legacy.
1.45 AM Playing for Our Future
2.00 Premier League
3.30 Snooker World Championship
5.30 to 6.00 AM UEFA Champions League Magazine

TNT Sports 4

414 416 524 411 434

7.00 AM LIV Golf From Mexico.
8.00 LIVE A-League Women Brisbane Roar Women v Adelaide United Women.
10.00 LIVE AFL Port Adelaide v Geelong Cats.
12.30 PM LIVE Cross Country Skiing World Cup
2.00 TNT Sports Cricket Reload
2.15 LIVE World Rally Championship Coverage of the Rally Islas Canarias.
3.30 Discovery Golf
4.00 LIVE World Rally Championship Coverage of the Rally Islas Canarias.
6.15 European Rally Championship
6.45 TNT Sports Reload
7.00 MLB Highlights
8.00 Men's Cycling Pro Series
9.00 The Cycling Show
9.30 Race Bikes
10.00 Isuzu UTE A-League
1.00 to 6.00 AM Highlights

Premier Sports 1

419 551

6.00 AM Highlights
10.00 LaLiga Match Highlights
10.20 United Rugby Championship
12.15 PM LIVE United Rugby Championship DHL Stormers v Glasgow Warriors. Kick-off 12.45pm.
2.45 Africa Eco Race
3.00 NHL Tonight Preview.
4.00 Champions Cup Highlights
5.00 LIVE United Rugby Championship Munster v Ulster. Coverage from Thomond Park. Kick-off 5.30pm.
7.30 LIVE United Rugby Championship Benetton v Leinster. From Stadio Comunale Monigo. Kick-off 7.45pm.
10.00 Bike World The latest action.
10.30 Sporting Greats
11.00 NHL Tonight Preview.
12.00 M'T LIVE NHL Ice Hockey Coverage of a play-off match.
3.00 to 6.00 AM Highlights

Premier Sports 2

420 552

6.00 AM Highlights
12.00 NOON Football's Greatest
12.30 PM United Rugby Championship
2.30 LIVE United Rugby Championship Lions v Connacht. From Emirates Airline Park. Kick-off 3.00pm.
5.00 LaLiga Match Highlights
5.25 LIVE LaLiga Valencia v Girona. Coverage from Mestalla. Kick-off 5.30pm.
7.30 LIVE United Rugby Championship Scarlets v Bulls. Kick-off 7.45pm.
10.00 LaLiga Match Highlights
10.25 LIVE Brasileiro Serie A Bahia v Santos. Kick-off 10.30pm.
12.30 AM LaLiga Match Highlights
12.55 Football's Greatest
1.25 LIVE Argentine Primera Division River Plate v Aldosivi.
3.30 to 6.00 AM LIVE NHL Ice Hockey A play-off match

Sky Sports F1

407 407 507 424 444

6.00 AM Highlights
11.00 Ferrari Challenge UK
11.30 Ferrari Challenge Europe
12.30 PM Valtteri Bottas IV
12.40 Formula 1 Highlights.
12.50 LIVE Ferrari Challenge Coverage from Mugello Circuit.
1.50 F1 Features
2.05 LIVE Ferrari Challenge Coverage from Mugello Circuit.
3.05 The New F1 Rules in 2026
3.10 Ferrari Challenge UK
3.40 LIVE British GT Championship Qualifying from Silverstone.
4.45 The New F1 Rules in 2026
4.50 Formula 1 Highlights.
5.00 Ferrari Challenge UK
5.30 Ferrari Challenge Europe
7.30 British GT Championship
8.35 Formula 1 Highlights.
11.00 Ferrari Challenge Europe
1.00 to 6.00 AM Highlights

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

26 April

Evening Planner

Athletics

London Marathon
BBC1, BBC2 & TNT Sports, from 8.30am
The landmark event takes place in the UK's capital, with Scotland's Eilish McColgan set to take part in the elite field.

Football

FA Cup: Semi-Final
TNT Sports 1 & HBO Max, kick-off 3pm
Leeds face Chelsea in their first FA Cup semi-final since 1987, after they beat West Ham on penalties in the last round.

Drama

The Cage
BBC1, 9pm (box set, BBC iPlayer)
Two casino workers team up to rob their place of work, in this heist drama starring Michael Socha and Sheridan Smith.

Travelogue

Zero Stars
TLC, 9pm
Friends and comedians Sarah Pascoe and Roisin Conaty continue their tour of badly-reviewed attractions in Albania.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Secret Garden		8.00 Antiques Roadshow		9.00 The Cage		10.00 News	10.30 Match of the...
	102 BBC2	7.00 This Farming Life		8.00 Colombia with Simon Reeve		9.00 Forensics: The Real CSI		10.00 Film: The Untouchables	
	103 ITV1	7.00 The 1% Club		8.00 Who Wants to Be a Millionaire?		9.00 The Neighbourhood			10.15 Film: Shaun of the Dead
	104 CHANNEL 4	7.00 The Great Celebrity Bake Off for Stand...		8.00 Cruising to the Ends of the Earth		9.00 Your Song		10.05 Gogglebox	
	105 5	7.00 The Air Fryer Diet: Lose Weight, Cook...		8.00 Rich Holiday, Poor Holiday		9.00 Rich House, Poor House			10.30 Who Really...
	106 SKY ONE	◂ 6.00 Agatha Raisin		8.00 Rob & Romesh vs K-Pop		9.00 Film: Fight or Flight			
ENTERTAINMENT	115 BBC3	7.00 EastEnders				9.00 Film: Four Weddings and a Funeral			
	116 BBC4	7.00 Snooker: World Championship – Live: The evening session on day nine						10.00 River	
	118 ITV2	◂ 6.45 Film: Pitch Perfect 2				9.00 The Only Way Is Essex		10.00 Family Guy	
	136 MORE4	◂ 6.50 Four in a Bed				9.00 The Emergency Ward		10.00 24 Hours in A&E	
	135 E4	◂ 6.40 The Amazing Race Australia		8.00 The Simpsons		9.00 Film: Bohemian Rhapsody			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Watson		10.00 The Rookie	
	108 SKY ATLANTIC	◂ 6.30 Chernobyl				9.00 All Her Fault		10.00 Euphoria	
	110 U&GOLD	◂ 6.40 Only...	7.20 Dad's Army	8.00 Still Open All Hours			9.20 This Time with Alan Partridge		10.40 Still...
	111 U&DAVE	7.00 Special Ops: To Catch a Criminal		8.00 Special Ops: Crime Squad UK		9.00 Have I Got a Bit More News for You		10.00 QI	10.40 Mock...
	119 ITV3	◂ 6.00 Agatha Christie's Marple		8.00 Midsomer Murders					
	120 ITV4	7.00 Film: A View to a Kill					9.45 Film: The Taking of Pelham 123		
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Horrible Bosses			
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine				9.00 The Walking Dead			
	143 U&DRAMA	◂ 6.50 Campion		8.00 Harry Wild		9.00 Silent Witness			
	109 U&ALIBI	7.00 Murdoch Mysteries		8.00 Father Brown		9.00 Death in Paradise			
	122 SKY ARTS	7.00 Spymasters: The Great Spy Writers		8.00 Film: The Stranger			9.45 Roy Orbison Forever		
	132 U&W	7.00 Inside the Ambulance: Coast and...		8.00 Inside the Operating Theatre				10.00 The Catherine Tate Show	
DOCUMENTARY	125 DISCOVERY	7.00 Moonshiners		8.00 Vantara: Sanctuary Stories		9.00 Barnwood Builders		10.00 Moonshiners	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 The Diamond Collar		9.00 Alaska Gold Diggers		10.00 Tanked	
	129 NAT GEO	7.00 Chernobyl: Inside the Meltdown		8.00 Lost Treasures of the Bible		9.00 Inside the CIA: Secrets and Spies		10.00 Car S.O.S.	
	123 SKY HISTORY	7.00 Greatest Prison Escapes with Billy Hayes				9.00 Original Gangsters with Sean Bean			
	155 U&YESTERDAY	7.00 Frozen Planet		8.00 Whatever Happened to the Likely Lads?				10.00 Bangers & Cash	
	114 SKY DOCS	7.00 Film: Touching the Void				9.00 Chernobyl: The Lost Tapes			
FILMS - Sky Cinema	301 PREMIERE	◂ 5.30 Eddington		8.00 The Conjuring: Last Rites					10.25 Roofman
	302 5 STAR MOVIES	7.00 Jaws					9.10 Get Out		
	303 SPY KIDS		7.15 Spy Kids 2: Island of Lost Dreams			9.05 Spy Kids 3: Game Over			10.40 Spy...
	304 FAMILY	◂ 6.00 Cats & Dogs	7.40 Smurfs: The Lost Village				9.15 Shrek 2		
	306 ACTION	◂ 5.25 Spider-Man: No Way Home		8.00 Transformers: Dark of the Moon					
	307 GREATS	◂ 6.20 The Wedding Singer		8.00 Big Daddy			9.35 Ace Ventura Pet Detective		
	308 COMEDY	◂ 5.50 Bridget Jones: Mad About the Boy		8.00 Little Fockers			9.40 National Lampoon's Vacation		
	309 THRILLER	◂ 5.45 The Bourne Legacy		8.00 Jason Bourne				10.10 Drop	
	310 DRAMA	◂ 5.50 Regretting You		8.00 A Star Is Born					10.30 ...And Justice...
	311 SCI-FI	◂ 6.15 Annabelle		8.00 Annabelle: Creation				10.00 Smile 2	
	312 ANIMATION	◂ 5.45 Rock...	7.25 Scarygirl				9.10 Monster Family		
	313 FILM4	◂ 6.55 The Adjustment Bureau				9.00 The Contractor			
SPORT	401 MAIN EVENT	◂ 3.30 SPFL – Live	7.30 LPGA Tour Golf – Live: The Chevron Championship						10.30 News
	402 PREMIER LEAGUE	7.00 Premier League Highlights			8.30 FNF	9.00 Premier League Highlights			10.30 SNF
	403 FOOTBALL	◂ 3.30 SPFL – Live	7.30 EFL Goals		8.30 WSL	9.00 EFL Highlights		10.00 EFL Goals	
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	◂ 6.30 Serie A	7.30 Serie A – Live: AC Milan v Juventus (Kick-off 7.45)					10.00 The Emirates FA Cup	
	411 TNT SPORTS 2	◂ 6.30 MLB – Live: Atlanta Braves v Philadelphia Phillies (Start-time 6.35)					9.30 World Rally...	10.00 MotoGP	

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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Sunday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
7.10 **Match of the Day** (S)(R)
8.30 LIVE **London Marathon** Gabby Logan presents coverage of the 46th staging of the 26.2-mile race, as approximately 59,000 competitors of all abilities take to the streets of the capital. *Coverage continues on BBC2.* (S)
2.00 PM **BBC News** (S)
2.15 **Songs of Praise** New edition (S)
2.50 **Lifeline** New edition (S)(AD)
3.00 FILM **Despicable Me 2** Animated comedy sequel with the voices of Steve Carell and Kristen Wiig. (S)(AD) (2013, U, 95min) ★★★
4.35 **Secret Garden** 3/5. A look at the hidden wild world of a country garden in Cumbria. (S)(R)(AD)
5.35 **BBC News** (S)
5.50 **Local News** (S)

7.00 Secret Garden

6 PM
6.00 **Countryfile** New edition Adam Henson and Sammi Kinghorn head to the Vale of Evesham, where fertile soils and a mild climate have made it one of Britain's most productive growing regions. (S)

7 PM
7.00 **Secret Garden** New edition 4/5. A look at how tawny owls, badgers, dormice and bumblebees have made a home in a garden at the bottom of a steep Welsh valley. (S)(AD)
■ Entire series on BBC iPlayer

8 PM
8.00 **Antiques Roadshow** Fiona Bruce presents the show from Beaumaris Castle on the island of Anglesey, where items include a collection of carved wooden dogs and two pieces of Fabergé jewellery. (S)(R)

9 PM
9.00 NEW SERIES **The Cage** 1/5. Crime drama with Sheridan Smith and Michael Socha as two employees who are trying to steal from their employer. *See feature, page 4.* (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM
10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **Match of the Day: FA Cup** Action from this afternoon's second semi-final between Chelsea and Leeds United at Wembley Stadium. (S)
11.00 **The Women's Football Show** Highlights of the weekend's games in the Super League, including Everton v Chelsea. (S)
11.50 **The Claudia Winkleman Show** 7/7. Claudia presents highlights from her first series, featuring Lisa Kudrow, Niall Horan, James McAvoy and Jamie Dornan. (S)(R)
12.35 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.10 AM **Countryfile** (S)(R)
7.10 **Breakfast** (S)
9.00 **Sunday with Laura Kuenssberg**
10.00 LIVE **Snooker: World Championship** Rishi Persad presents coverage of the morning session on day nine from the Crucible Theatre in Sheffield. *Continues at 7.00pm on BBC4.* (S)
1.00 PM **Andi Oliver's Fabulous Feasts** Andi throws a party to launch a community cafe in Bristol. (S)(R)
2.00 LIVE **London Marathon** Gabby Logan presents further coverage of the 46th staging of the famous race. *Highlights at 6.00pm.* (S)
3.00 LIVE **Football: Women's Champions League** Arsenal v Lyon: Coverage of the semi-final first-leg from the Emirates Stadium. Kick-off is at 3.30. (S)

10.00 The Untouchables

6 PM
6.00 **London Marathon Highlights** Action from the 46th staging of the 26.2-mile race, featuring the key moments from the elite races and a look at the stories of some of the record number of amateur runners. (S)

7 PM
7.00 **This Farming Life** The Williamsons go for glory at their local show on Lewis, Lucy and Adam's baby arrives just as the work load ramps up, while Callum and Zara head south for a safety awareness event. (S)(R)

8 PM
8.00 **Colombia with Simon Reeve** The adventurer explores the country as 50 years of civil war draws to a close, meeting farmers in need of support and guerrillas who have pledged to lay down arms. (S)(R)(AD)

9 PM
9.00 **Forensics: The Real CSI** When an armed gang robs £300,000 worth of gold from a Birmingham jewellery store, officers need to use forensic evidence to track down the gold. (S)(R)(AD)

10 PM
10.00 FILM **The Untouchables** Director Brian De Palma's gangster thriller starring Kevin Costner and Sean Connery. US treasury agent Eliot Ness vows to bring down Chicago crime boss Al Capone. With Andy Garcia and Robert De Niro. (S) (1987, 15, 115min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.55 **Snooker: World Championship Extra** Rishi Persad presents extended highlights of a second-round match from day nine at the Crucible Theatre. (S)
1.55 AM **Sign Zone: Mint** (S)(R)(AD)
2.25 **Sign Zone: Question Time** (S)(R)
3.25 **Sign Zone: Queen Elizabeth II: Her Story, Our Century** (S)(R)(AD)
4.25 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **James Martin's French Adventure** Dordogne. (S)(R)
7.00 **James Martin's Saturday Morning** With Michael Ball. (S)(R)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition (S)
11.30 LIVE **Football: EFL** Coventry City v Wrexham: Hugh Woozencroft hosts coverage of the Championship match at Coventry Building Society Arena. Kick-off is at 12.00. (S)
2.35 PM **ITV News** (S)
2.50 FILM **Jurassic Park III** Adventure thriller sequel starring Sam Neill. (S)(AD) (2001, PG, 105min) ★★★
4.35 **Tipping Point: Lucky Stars** (S)(R)
5.35 **The Chase Celebrity Special** David James, Lucrezia Millarini, Myles Stephenson and Joe Sugg compete for charity. (S)(R)(AD)

8.00 Who Wants to Be a Millionaire

6 PM
6.30 **ITV News** (S)
6.50 **Local News** (S)

7 PM
7.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all about logic and common sense, with 100 contestants in every show having a chance of winning up to £100,000. (S)(R)(AD)

8 PM
8.00 NEW SERIES **Who Wants to Be a Millionaire?** Big-prize quiz hosted by Jeremy Clarkson in which another line-up of contestants answer questions that could change their lives. (S)

9 PM
9.00 **The Neighbourhood** New edition 3/12. As the battle for the £250,000 prize intensifies, one household comes under fire, which divides the close in two. (S)(AD)
■ Continues on Thursday

10 PM
10.00 **ITV News** (S)
10.15 FILM **Shaun of the Dead** British horror comedy, a tribute to the classic George A Romero zombie trilogy, starring Simon Pegg, Kate Ashfield and Nick Frost. A jaded shop assistant sets out to save his family and friends when north London is invaded by zombies. (S)(AD) (2004, 15, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.10 AM **Teleshopping**
3.00 **The Neighbourhood** 1/12. Hosted by Graham Norton. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.00 **to 6.00** AM **Josie's Taste of the Westcountry** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.00 AM **The King of Queens** 13-16/25. Four episodes. (S5) (S)(R)(AD)
7.40 **Everybody Loves Raymond** Triple bill. (S3) (S)(R)(AD)
9.00 **Frasier** (S11) (S)(R)(AD)
10.00 **Sunday Brunch** New edition With guests Amy Gledhill, Roger Sanchez, Ed Gamble, Mollie King and Matt Edmondson. Plus, music from Reverend and the Makers. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
1.55 **Four in a Bed** Five editions. (S)(R)
4.30 **News** (S)
5.00 FILM **The Devil Wears Prada** Comedy drama with Meryl Streep and Anne Hathaway. A frumpy college graduate gets seduced by the world of high fashion after she goes to work for a tyrannical New York magazine editor. (S)(AD) (2006, PG, 120min) ★★★★

8.00 Cruising to the Ends of the Earth

6 PM
FILM **The Devil Wears Prada** (film started at 5.00pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

7 PM
7.00 **The Great Celebrity Bake Off for Stand Up to Cancer** Amelia Dimoldenberg, Roman Kemp, Sarah Beeny and Maxine Peake must recreate their most memorable romantic date in biscuit form. (S)(R)(AD)

8 PM
8.00 NEW SERIES **Cruising to the Ends of the Earth** 1/8. A guide to far-flung corners of the world, filmed on board cruise ships. The first edition features Yokohama, Messina and Alaska. (S)(AD)

9 PM
9.00 **Your Song** New edition 3/6. In London, a 90-year-old sings the Frank Sinatra classic that gave him back his voice after a stroke, and a 15-year-old performs an original tune. (S)(AD)

10 PM
10.05 **Gogglebox** The armchair critics share their opinions on what they have been watching on TV, with cameras capturing their instant reactions. (S)(R)(AD)
11.00 **First Dates** A magician hopes to connect with an artist. (S)(R)(AD)
12.00 M'T **Gordon Ramsay's Secret Service** Double bill. (S)(SL)(R)(AD)
1.40 AM **The Simpsons** (S)(R)(AD)
2.55 **Outrageous Homes** (S)(SL)(R)(AD)
3.45 **Couples Come Dine with Me** (R)
4.40 **George Clarke's Old House, New Home** (S)(SL)(R)(AD)
5.35 **Sunday Brunch** (S)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
8.55 **Entertainment News** (S)
9.05 **Bargain-Loving Brits in the Sun** Documentary. (S)(R)
9.50 **Happy Campers: The Caravan Park** Double bill. (S)(R)
11.45 **Holidaying with Jane McDonald** Double bill. (S)(R)
1.45 PM **FILM The Man in the Iron Mask** Swashbuckling adventure starring Leonardo DiCaprio. (S) (1998, 12, 150min) ★
4.15 **FILM Hook** Steven Spielberg's fantasy adventure based on JM Barrie's *Peter Pan*, starring Robin Williams and Dustin Hoffman. A middle-aged Peter Pan has to rediscover his former self to save his children from his old enemy, Captain Hook. (S) (1991, U, 140min) ★★★

9.00 Rich House, Poor House

FILM Hook
(film started at 4.15pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

7.00 **The Air Fryer Diet: Lose Weight, Cook Fast** 1/2. Cherry Healey compares popular meals with the air fryer versions, while nutritionist Jenny Tschiesche counts the calories. (S)(R)
8.00 **Rich Holiday, Poor Holiday** New edition Millionaire couple Nigel and Sue go on two very different holidays in Fuerteventura with single mother Sharon and her son Jordan. (S)
9.00 **Rich House, Poor House** Series finale 10/10. Wealthy businessman Joe Sealey swaps his luxurious Cheshire home for the rented house of single mother Steph and her two daughters. (S)
10.30 **Who Really Killed Michael Jackson?** Documentary looking at the events surrounding the death of the singer, examining Jackson's final months, and Dr Conrad Murray's conviction for involuntary manslaughter. (S)(R)
12.15 AM **Snatched** (S)(R)
1.05 **Entertainment News** (S)
1.20 **Teleshopping** (S)(R)
2.30 **Cash in the Attic** (S)(R)(AD)
4.10 **Friends** (S5) (S)(R)(AD)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **S.W.A.T.** (S2) (S)(R)(AD)
9.00 **The Office (US)** (S6&7) (S)(R)
11.50 **LIVE Football: WSL** Tottenham Hotspur v Manchester United: Coverage of the Women's Super League match from Tottenham Hotspur Stadium. Kick-off is at 12.00.
2.00 PM **David Attenborough's Rise of Animals: Triumph of the Vertebrates** 1&2/2. (S)(R)
4.00 **The Simpsons** *Love Is a Many Strangled Thing:* Homer tries to become a better father. (S)(R) **4.30** *Monty Burns' Fleeing Circus:* Mr Burns puts on a show at the Springfield Bowl. (S)(R) **5.00** *Friends and Family:* Homer makes a female friend. (S)(R) **5.30** *The Town:* Homer takes the family to Boston. (S)(R)

6.00 Agatha Raisin

6.00 **Agatha Raisin** *Love, Lies & Liquor:* 2/4. The sleuth is whisked away on holiday, but she finds herself the prime suspect when a hotel guest is found murdered and has to find the culprit so she can clear her name. Stars Ashley Jensen. (S4) (S)(R)(AD)
8.00 **Rob & Romesh vs K-Pop** The comedians enter the world of the music phenomenon of K-Pop, starting their journey at a sold-out NCT Dream gig at Wembley Arena. (S)(R)(AD)
9.00 **FILM Fight or Flight** Action comedy thriller starring Josh Hartnett. A mercenary is assigned a target on a flight, but when rival assassins board the plane, the hunter and the hunted are forced to team up. With Katee Sackhoff, Julian Kostov and Marko Zaror. (S) (2025, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.00 **Brassic** 3/6. Erin attends a disastrous dinner party with Jake's family. (S2) (S)(R)(AD)
12.00 M'T **Evil** 6/13. The team are tasked with investigating a police officer. (S2) (S)(R)
1.00 AM **The Force: North East** (R)
2.00 **Road Wars** (S)(R)
3.00 **Rooster** New episode 8/10. Comedy with Steve Carell. (S1)
3.40 **Road Wars** (S)(R)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
3.00pm The Sunday Show **4.05-4.35** Extraordinary Portraits with Bill Bailey **11.00** Sportscene: Premiership Highlights **12.00m't** The Women's Football Show **12.50am** The Claudia Winkleman Show **1.35** Weather for the Week Ahead **1.40-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
2.15pm Sunday Politics Northern Ireland **2.45** Songs of Praise **3.20** Lifeline **3.30 FILM** Despicable Me 2 (2013, U, 95min) ★★★ **5.05-5.35pm** Trace, Track, Get My Car Back

WALES
Sky 965, Virgin 864, Freesat 965
4.35pm Shift the Thrift **5.05-5.35** 21st Century TV with Lucy Owen **11.50** Rewind: 60 Years of Welsh Pop **12.20am** The Claudia Winkleman Show **1.05-6.00am** BBC News

BBC2

N. IRELAND
Sky 969, Freesat 969
9.00pm Hell for Leather: The Story of Gaelic Football **10.00** Inside Britain's National Parks **10.55** Sunday Politics Northern Ireland **11.25** The Chronicles of Armagh **11.50-11.55pm** Suzie Lee's Great Food Made Simple

WALES
Sky 968, Freesat 968
10.00am Politics Wales **10.45am-1.00pm LIVE** Snooker: The World Championship **7.00pm** Flaming Feasts **7.30-8.00pm** The Hairy Bikers' Asian Adventure

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Hen Dy Newydd **10.00** Clwb Rygbi Rhyngwladol **11.00** Garddio a Mwy **11.30** Teulu Shadog: Tymhorau'r Flwyddyn **12.00noon** Ysbyty **1.00pm** Ralïo+ **2.30** Y Deis **3.00** Stuart Burrows: Brenin y Tenoriaid **3.40** Ffermio **4.10** Clwb Rygbi **5.55** Pobol y Cwm Omnibws **6.45** Dechrau Canu Dechrau Canmol **7.15** Newyddion a'r Tywydd **7.30** Y Llais **9.00** Anfamol **9.35** Clwb Rygbi **11.20-11.55pm** Codi Hwyl: Llydaw

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Nugget stands up for himself. **7.30** Ravi is determined to keep his family together. **8.00** Suki begins to worry about her family. **8.30** Ravi finally gets the help that he needs.
9.00 **FILM Four Weddings and a Funeral** Romantic comedy starring Hugh Grant and Andie MacDowell. An inveterate wedding-goer who fights shy of tying the knot himself becomes smitten with a beautiful and elusive American. With Kristin Scott Thomas. (1994, 15, 117min) ★★★★★
10.50 **Matthew Perry and the Ketamine Queen** Amber Haque examines events leading up to the actor's untimely death.
11.50 **Fake Friend: The Ticket Scammer** Documentary.
12.50 AM **Stacey Dooley: Meet the Shoplifters**
1.35 **My Mate's a Bad Date**
2.00 **to 4.00** AM **Ashley Cain: Into the Danger Zone**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **LIVE Snooker: World Championship** Seema Jaswal presents live coverage of the evening session on day nine at the Crucible Theatre in Sheffield, featuring the second and penultimate sessions of two second-round matches.
10.00 **River** Orchestral concert film, taking a journey along rivers around the world and revealing how they have shaped both the planet and the history of human civilisation.
11.10 **The Riviera: A History in Pictures** 2/2. Richard E Grant charts how art and celebrity became intertwined on France's Côte d'Azur.
12.10 AM **Gershwin's Summertime: The Song That Conquered the World** How the song *Summertime* became a standard around the world.
1.10 **Socrates: Genius of the Ancient World**
2.10 **to 3.10** AM **The Riviera: A History in Pictures**

MORE4

136/137 127 147 18 124 15

8.55 AM **Come Dine with Me**
11.35 **A Place in the Sun**
4.15 PM **Love It or List It** A special edition featuring Scarlette and Stuart Douglas.
5.15 **George Clarke's Remarkable Renovations** Tim and Kirsti are renovating a high-street-shop-turned-accountants'-office to make the perfect home for their blended family.
6.20 **Four in a Bed** The competition begins at Lodge Duxford in Cambridgeshire.
6.50 **Four in a Bed** The second visit is to Emerald Stays in Stratford-upon-Avon. **7.25** The third stay is at The Barn in North Yorkshire. **7.55** The fourth and final visit of the week is to Dilham Hall Retreats in Norfolk. **8.25** Payment Day arrives.
9.00 **The Emergency Ward** New edition Doctors fear that a truck driver is bleeding internally from pelvic injuries, and a man becomes pinned under a car in a DIY disaster.
10.00 **24 Hours in A&E** Eighty-one-year-old cyclist Bill is brought to St George's after being hit by a car.
11.05 **24 Hours in A&E**
12.10 AM **The Emergency Ward**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped's Nordic Adventure**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.05 **Modern Family**
9.00 **The Simpsons**
10.00 **Married at First Sight Australia** Double bill.
1.00 PM **Ramsay's Kitchen Nightmares USA**
2.00 **The Simpsons**
4.30 **FILM Rat Race** Comedy with John Cleese and Rowan Atkinson. A Las Vegas casino tycoon pits eight people on a madcap cross-country race for a $2million prize. (2001, 12, 112min) ★★★
6.40 **The Amazing Race Australia** New edition The race takes a spiritual turn in the ancient Cambodian kingdom of Angkor Wat.
8.00 **The Simpsons** *Girls Just Shauna Have Fun:* Lisa joins a marching band. **8.30** *Marge the Meanie:* A surprise from Marge's past has her bonding with Bart.
9.00 **FILM Bohemian Rhapsody** Biopic starring Rami Malek. While Queen become one of the biggest rock bands in the world, Freddie Mercury struggles with his personal life. With Lucy Boynton, Gwilym Lee and Ben Hardy. (2018, 12, 134min) ★★★★
11.40 **Gogglebox**
1.50 AM **Naked Attraction**
2.50 **First Dates**
3.40 **Gogglebox**
4.30 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Caught Red Handed**
8.00 **Brit Cops: Law & Disorder**
9.00 **Customs UK**
10.00 **Border Patrol**
12.00 NOON **Border Security USA**
1.00 PM **Nothing to Declare UK** Double bill following the work of customs officers in the south of England.
2.00 **Stop, Search, Seize** The work of Ireland's border force.
3.00 **Nothing to Declare** Six editions of the documentary series following the work of customs officers in Australia.

9.00 Watson

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras

9 PM
9.00 **Watson** New episode *The Tunnel Under the Elms:* 11/20. A man and his pregnant wife become trapped in a sinkhole. (S2)

10 PM
10.00 **The Rookie** *His Name Was Martin:* 10/18. Nolan, Harper and Miles face a dangerous situation. (S8)
11.00 **Fire Country** 15/22. (S1)
12.00 M'T **Law & Order: Criminal Intent** 6/22. (S1)
1.00 AM **Law & Order: Special Victims Unit** 17&18/22. (S26)
3.00 **FBI** Double bill. (S1&2)
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Deadwood** (S2&3)
3.00 PM **Chernobyl** 1/5. Fact-based drama with Jared Harris, Emily Watson and Stellan Skarsgård. **4.05** 2/5. Ulana races to warn a leading Soviet nuclear physicist about the threat of a second explosion. **5.20** 3/5. Valery Legasov draws up a plan, but it comes with great risks. **6.30** 4/5. Valery Legasov and Boris Shcherbina come up with a life-saving idea. (S1)

3.00 Chernobyl

7.45 **Chernobyl** *Vichnaya Pamyat:* 5/5. Valery Legasov, Boris Shcherbina and Ulana Khomyuk risk their lives to expose the truth about the Chernobyl disaster. (S1)

9.00 **All Her Fault** 8/8. Marissa tries to learn the truth in the aftermath of the home invasion, and Peter comes clean. (S1)

10.00 **Euphoria** *America My Dream:* 2/8. Drama following young people navigating the modern world. Stars Zendaya. (S3)
11.15 **Homicide: Life on the Street**
2.00 AM **Euphoria** New episode 3/8. Drama offering a look at the complexities of life in a social-media obsessed world. Stars Zendaya. (S3)
3.15 **Homicide: Life on the Street**
4.10 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Project Bakeover**
6.45 **Backyard Builds**
7.10 **Totally Bonkers Guinness World Records**
7.20 **Dress to Impress**
8.20 **The Only Way Is Essex**
10.15 **Real Housewives of Cheshire**
11.15 **Deal or No Deal: Celebrity Special**
12.20 PM **Celebrity Sabotage**
1.25 **Celebrity Catchphrase**
2.25 **Britain's Got Talent**
4.25 **FILM Raiders of the Lost Ark** Steven Spielberg's adventure. (1981, PG, 115min) ★★★★★

4.25 Raiders of the Lost Ark

6.45 **FILM Pitch Perfect 2** Comedy sequel starring Anna Kendrick. The Barden Bellas try to recover from a disastrous performance by winning the World Championships of A Cappella. With Rebel Wilson and Brittany Snow (2015, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **NEW SERIES The Only Way Is Essex** The reunited Essex crew head to Vietnam for some winter sun and drama.

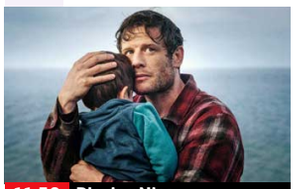
10.00 **Family Guy** 12/22. Brian is made to wear a shock collar. (S23) **10.30** 2/15. Peter gets a job at the store. (S22)
11.00 **Family Guy** 16/20. Peter tries to take advantage of a work policy granting leave in the event of a pet's death. (S21)
11.30 **American Dad!** Double bill of the animated comedy. (S12)
12.35 AM **Plebs** 1/8. (S4)
1.05 **to 3.00** AM **Deal or No Deal**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Lewis** Triple bill.
12.00 NOON **Doc Martin** (S5)
2.00 PM **Rosemary & Thyme** *A Simple Plot:* A blind professor is found dead. **3.05** *The Tree of Death:* The duo investigate a churchyard murder.
4.05 **McDonald & Dodds** 3/4. A social media influencer dies during a routine nose job. (S3)
6.00 **Agatha Christie's Marple** *The Moving Finger:* The sleuth and a dashing man investigate a series of poison-pen letters.


11.50 Playing Nice

Agatha Christie's Marple (started at 6.00pm)

8.00 **Midsomer Murders** *The Creeper:* A burglar dubbed 'the Creeper' targets the villages of Midsomer as Barnaby and Jones investigate the murder of a dinner party guest. Guest stars Rik Mayall and Jenny Agutter.

10.00 **Midsomer Murders** *Bantling Boy:* Barnaby investigates the death of a racehorse trainer and suspects a family's troubled history holds the key to the mystery – until a second killing makes him think again.
11.50 **Playing Nice** 1&2/4. (S1)
1.55 AM **On the Buses**
2.25 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **The Car Years**
6.30 **Auto Mundial** New edition
7.00 **Motorsport Mundial**
7.30 **British Touring Car Championship Highlights**
9.00 **English Football League Highlights** Recent action.
10.30 **Made in Britain**
11.00 **Sharpe** *Sharpe's Mission:* The treacherous Major Brand dupes Sharpe.
3.30 PM **LIVE Racing: Sky Bet Sunday Series** Coverage of the second round of the campaign from Ayr.

9.45 The Taking of Pelham 123

7.00 **FILM A View to a Kill** James Bond espionage adventure starring Roger Moore and Christopher Walken. Agent 007 strives to arrest the global ambitions of a crazed industrialist. With Tanya Roberts. (1985, PG, 121 min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **FILM The Taking of Pelham 123** Action thriller remake starring Denzel Washington and John Travolta. Four ruthless gunmen hijack a crowded New York subway train, leading to a battle of wits between the gang's leader and a train dispatcher. (2009, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.50 **Snatch** 1/10. (S1)
12.45 AM **Lost Car Rescue**
1.40 **Minder**
2.35 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

10.00 AM **The Sunday Show**
11.00 **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** The latest top-flight action, featuring Hibernian v Hearts and Rangers v Motherwell.
8.15 **The Repair Shop on the Road** The experts tackle a monster-hunting camera that was lost in the depths of Loch Ness for 55 years.
9.00 **Paramedics on Scene** An elderly woman suffers a nasty fall while walking her dog on a hillside.
10.00 **Still Game** *Local Hero:* 1/6. Winston becomes an internet sensation. (S9)
10.30 **Scot Squad** 4/4. Miekelson heads back to the streets. (S1)
11.00 PM **to 12.00** M'T **Back from the Brink** Nature conservation success stories from Europe.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S1)
9.30 **Sort Of** (S1&2)
12.00 NOON **Bloods** (S2)
1.30 PM **Community** (S5)
4.00 **Will & Grace** (S7)
6.30 **The Office (US)** 26/26. Jo Bennett hunts for a guilty employee. (S6) **7.00** 1/26. Michael infuriates the staff by hiring his nephew. **7.30** 2/26. Michael is forced to take counselling sessions with Toby. **8.00** 3/26. Andy hopes to impress Erin by starring in a play. **8.30** 4/26. Michael has to get in touch with his former lovers. (S7)
9.00 **Ricky Gervais: Fame**
10.30 **Saturday Night Live UK**
11.45 **FILM Seven Psychopaths** Dark comedy thriller. (2012, 15, 106min) ★★★★
1.45 AM **I Love LA** (S1)
3.30 **The Comeback** New episode 6/8. (S3)
4.10 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Don Giovanni Paris Opera**
9.00 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Making a Maestro**
2.00 **Alec Guinness: A Class Act**
4.00 **The Ventures: Stars on Guitars**
6.00 **Johnny Cash: A Night to Remember Live 1973**
7.00 **Spymasters: The Great Spy Writers** The work of Len Deighton and Mick Herron.
8.00 **FILM The Stranger** Suspense thriller. (1946, PG, 95min) ★★★★
9.45 **Roy Orbison Forever**
11.00 **Opry Live**
12.00 M'T **Sam Smith: Love Goes – Live at Abbey Road Studios**
1.20 AM **Seal Plays Baloise Session** From 2024.
3.45 **Eddy Grant: Live in London** From 1986.
5.00 **to 6.00** AM **Discovering**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
8.00 **Nothing to Declare**
10.00 **Caught on Dashcam**
12.00 NOON **Nothing to Declare** Four editions.
2.00 PM **FILM Love Is a Dog's Best Friend** Romantic comedy. (2025, PG, 90min) ★★
4.00 **Dogs with Extraordinary Jobs**
5.00 **Airborne** Double bill.
7.00 **Caught Red Handed**
9.00 **Rob & Romesh vs F1** 1/2. Comedians Rob Beckett and Romesh Ranganathan enter the world of Formula One.
10.00 **Brassic** 5/8. Ashley decides he wants to find his biological father. **11.00** 6/8. Erin's brother Ronnie returns to Hawley claiming he has turned over a new leaf. (S3)
12.00 M'T **Caught on Dashcam**
1.00 AM **Killer in My Village**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A team of five family members answer questions about top 10 lists.
3.00 **Millionaire Hot Seat**
4.00 **Ridiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Paralympian Denise and her dog Sherpa are hoping to take home £100,000 by opening the iconic red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Find It, Fix It, Flog It** Triple bill.
5.00 **A Place in the Sun**
7.00 **A Place in the Sun** A hunt for a home in San Antonio on the Balearic island of Ibiza.
8.00 **The Dog House** Twelve-year-old Ruby-Rose is ready to move up from dog sitting to a dog of her own.
9.00 **Gogglebox** The armchair critics share their opinions on recent TV programmes.
10.00 **FILM Living** Drama starring Bill Nighy, Aimee Lou Wood and Tom Burke. (2022, 12, 102min) ★★★★
12.05 AM **FILM Babylon** Comedy drama starring Brad Pitt and Margot Robbie. (2022, 18, 188min) ★★★★
3.45 **to 4.45** AM **Help! I Bought It at Auction with Sarah Beeny**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Stargate SG-1** Five episodes of the drama, incluidng at: **3.00** PM 8/22. The team are transfixed by a beautiful but deadly device. (S4)
4.00 **Star Trek: Deep Space Nine** 18/26. Sisko's relationship with Kasidy is jeopardised. **5.00** 19/26. Kai Winn experiences a crisis of faith. **6.00** 20/26. The Breen launch an attack on Federation Headquarters in San Francisco. (S7)

9.00 The Walking Dead

7.00 **Star Trek: Deep Space Nine** *When It Rains:* 21/26. Kira is ordered to help an enemy as Dukat faces failure on Bajor.
8.00 **Star Trek: Deep Space Nine** *Tacking into the Wind:* 22/26. Bashir and O'Brien play a risky game with Section 31. (S7)
9.00 **The Walking Dead** *Walk with Me:* 3/16. Andrea and Michonne encounter a group of heavily armed survivors.
10.00 **The Walking Dead** *Killer Within:* 4/16. Lives are placed in jeopardy when Rick's survivors are separated. (S3)
11.00 **Grimm** 17/22. Rosalee falls under the spell of a mystical lawyer while on jury duty. **12.00** M'T 18/22. A geologist is killed by a fire monster. **1.00** AM 19/22. Nick investigates a series of attacks on cattle. (S2)
2.00 **From** 8-10/10. (S1)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S12)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown**
4.00 PM **Shakespeare & Hathaway: Private Investigators** 1/10. Frank and Lu help to expose a mole within a tech company. **5.00** 2/10. Frank and Lu enter the competitive world of ballroom dancing. (S4)
6.00 **Miss Scarlet** 5/6. Dylan Cooper has been nabbed, but his gang plan to spring him out of the cells. (S6)

7.00 Murdoch Mysteries

7.00 **Murdoch Mysteries** New episode *The Panic in High Park:* 16/21. Murdoch investigates vicious animal attacks. (S19)
8.00 **Father Brown** *The Red Death:* Lady Felicia's lavish New Year ball is ruined when a VIP guest is found murdered.
9.00 **Death in Paradise** *The Early Bird:* 6/8. Tragedy strikes in the jungle when a birdwatcher is stabbed to death with his own knife.
10.00 **Death in Paradise** *The Man with the Golden Gun:* 7/8. The owner of a private island is shot dead at a family gathering. (S3)
11.00 **Shakespeare & Hathaway: Private Investigators** 1/10. Frank and Lu help to expose a mole within tech company Forosa. (S4)
12.00 M'T **Father Brown**
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Still Open All Hours**
8.35 **Only Fools and Horses**
1.15 PM **Only Fools and Horses** Eight episodes, including at: **4.35** Del Boy falls for a glamorous antiques dealer. **5.15** Rodney tries to help a drunken woman on the street. **6.00** The Trotters agree to do a spot of decorating for Denzil. **6.40** Festive special from 1983. Del and Rodney's Christmas celebrations are disrupted by the unexpected arrival of their estranged father.

6.40 Only Fools and Horses

7.20 **Dad's Army** The men head for a training camp, but Mainwaring's map-reading skills are found to be somewhat lacking.
8.00 **Still Open All Hours** Granville is determined to change Gastric's image. **8.40** Granville stocks a device that creates positive emotions.
9.20 **This Time with Alan Partridge** A special programme about the #MeToo movement.
10.00 **This Time with Alan Partridge** Sidekick Simon is forced to step up and help Alan out.
10.40 **Still Open All Hours** As shown at 8.00pm.
11.20 **Still Open All Hours**
12.00 M'T **Mrs Brown's Boys**
12.40 AM **Men Behaving Badly**
1.20 **Harry Enfield and Chums**
2.00 **Inside No 9** Triple bill.
3.35 **to 4.00** AM **Toast of London**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **James May's Cars of the People** James charts the history of 4x4 vehicles.
8.00 **Storage Hunters UK**
9.00 **Top Gear** Double bill.
11.00 **Caribbean with Simon Reeve**
12.00 NOON **The Lakes with Simon Reeve** As shown at 6.00pm.
1.00 PM **Mortimer & Whitehouse: Gone Fishing** Triple bill.
3.00 **Hairy Bikers Everyday Gourmets** Indulgent dishes.
5.00 **Caribbean with Simon Reeve**
6.00 **The Lakes with Simon Reeve** Exploring the Lake District.

6.00 The Lakes

7.00 **Special Ops: To Catch a Criminal** City of London Police pursue the UK's most notorious phone snatcher.
8.00 **Special Ops: Crime Squad UK** Detectives pursue two gunmen in Northamptonshire.
9.00 **Have I Got a Bit More News for You** Jennifer Saunders hosts, with guests Matt Forde and Ayesha Hazarika.
10.00 **QI** With Tom Allen and Ed Gamble.
10.40 **Mock the Week: Election Special** With Ed Gamble and Milton Jones.
11.20 **Mock the Week**
12.00 M'T **Live at the Apollo**
1.00 AM **QI XL** With Sue Perkins.
2.00 **Schitt's Creek**
2.30 **Best Wishes, Warmest Regards: A Schitt's Creek Farewell** Behind the scenes.
3.15 **to 4.00** AM **Gadget Man**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.35 AM **The Bill** Five episodes.
12.35 PM **Call the Midwife**
2.35 **Catherine Cookson's The Cinder Path** Drama set in the early part of the 20th century, about a university graduate's return to his strict father's farm. Stars Catherine Zeta-Jones and Tom Bell.
5.50 **Sister Boniface Mysteries** *Dem Bones.* 7/10. It is the Great Slaughter giant marrow contest, but before the judging can commence, a gruesome discovery is made in Edie's allotment. (S1)

8.00 Harry Wild

6.50 **Campion** *Police at the Funeral – Part Two:* 4/8. Campion is convinced the murderer is part of the Faraday household. (S1) **7 PM**
8.00 **Harry Wild** New episode *Murder on the Dancefloor:* 4/8. Harry is called in when dancers vanish from Le Coeur's school. (S4) **8 PM**
9.00 **Silent Witness** *Discovery:* Nikki and Jack help in the investigation of the disappearance of a schoolteacher, while Thomas becomes determined to win justice for a murder victim. **9 PM** **10 PM**
11.30 **New Tricks** *Dead Man Talking:* The team reinvestigate the death of a wealthy financier after the deceased's daughter is contacted by a psychic.
12.55 AM **A Small Light**
2.05 **to 4.00** AM **The Brokenwood Mysteries**

+1 hour 243 316 60 260

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S9)
1.00 PM **Columbo** Five episodes, including at: **5.00** *Publish or Perish:* The shabby sleuth tries to prove that a publisher hired a hitman to kill an author threatening to sign with a rival company. **6.25** *Forgotten Lady:* A former Broadway star kills her husband and makes it look like suicide, hoping the publicity will help revive her flagging career. **8.25** *A Stitch in Crime:* The slovenly sleuth pits his wits against a brilliant surgeon plotting to kill his colleague.
10.00 **Law & Order: Special Victims Unit** Four episodes. (S6&5)
1.50 AM **Law & Order: Criminal Intent** (S7)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S2)
10.00 **Filthy Britain SOS**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions of the series, including at: **7.00** Dog handler Darren tries to end a roof-top stand-off. **8.00** A tracker dog tries to track down a car thief.
9.00 **Surgeons: A Matter of Life or Death** Surgeons must remove a satsuma-sized tumour sitting between the two sides of a patient's brain.
10.35 **Accused: Guilty or Innocent?** New edition A father who claims a fatal road-rage stabbing was to protect his family.
11.25 **Hidden in My House**
12.20 AM **My Lover, My Killer**
1.25 **Skin A&E**
2.20 **Casualty 24/7: Every Second Counts**
3.10 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
12.00 NOON **Outback Truckers** Five editions of the series, including at: **1.55** PM Cameron carts a colossal dump truck out of the Nullarbor. **2.50** Cameron's journey gets hotter and harder. **3.50** Nick and Jo face tough driving conditions with their volatile cargo.
4.50 FILM **War of the Wildcats** Western starring John Wayne and Albert Dekker. (1943, b/w, U, 102min) ★★
6.55 FILM **Rio Conchos** Western drama starring Richard Boone. (1964, PG, 107min) ★★
9.00 FILM **Open Range** Western starring Kevin Costner and Annette Bening. (2003, 12, 139min) ★★★★
11.50 **Scam City** Conor Woodman delves into the Delhi underworld.
12.55 **to 4.00** AM **Scam City**

U&W

132/133 131/133 125 25 156 28

6.15 AM **My Family**
10.00 **Tipping Point**
1.00 PM **The Supervet: Noel Fitzpatrick**
3.00 **The Supervet at Christmas 2019**
4.00 **The Supervet: Noel Fitzpatrick**
6.00 **Inside the Ambulance: Coast and Country** Paramedics struggle to reach a woman who has fallen from her horse. **7.00** Crews assist a homeless woman sheltering in a bin shed.
8.00 **Inside the Operating Theatre** Double bill.
10.00 **The Catherine Tate Show** Triple bill.
12.00 M'T **Death at the Mansion: Rebecca Zahau** Documentary.
1.00 AM **Sort Your Life Out with Stacey Solomon**
2.00 **to 3.00** AM **Louis Theroux Interviews... Dame Judi Dench**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Continental Railway Journeys**
8.00 **The World at War**
12.00 NOON **Canal Boat Diaries** Triple bill.
2.00 PM **Britain's Ancient Capital: Secrets of Orkney** Documentary.
3.00 **Wilderness with Simon Reeve** Double bill.
5.00 **Canal Boat Diaries**
6.00 **Planet Earth II**
7.00 **Frozen Planet** David Attenborough explores the polar regions.
8.00 **Whatever Happened to the Likely Lads?** Bob and Terry chat up a couple of young ladies. **8.40** Mrs Chambers takes it on herself to plan her daughter's wedding. **9.20** Bob flouts tradition on the eve of his wedding.
10.00 **Bangers & Cash**
11.00 PM **to 3.00** AM **Bangers & Cash: Restoring Classics**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** A search for a property in Majorca.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **Derelict Rescue**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Double bill.
5.00 **A Place in the Sun**
9.00 **Long Lost Family** Singer-songwriter KT Tunstall tries to find her birth father.
10.00 **Who Do You Think You Are?** Former *Countdown* host Nick Hewer discovers how his family's fortunes were shaped by the English Civil War.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

Great! TV

157 167 170 34 32

8.00 AM **The Waltons** (S7)
1.00 PM **The Waltons** (S7)
5.00 **FILM Please Sir!** Comedy with the staff and pupils from the popular 1970s TV series, starring John Alderton and Joan Sanderson. (1971, PG, 97min) ★★★
7.10 **FILM Airplane!** Spoof of air-disaster movies, with Robert Hays, Julie Hagerty, Leslie Nielsen and Lloyd Bridges. (1980, 12, 86min) ★★★★★
9.00 **FILM Airplane II: The Sequel** Spoof sequel starring Robert Hays as a pilot at the controls of a disaster-prone moon shuttle. (1982, 15, 81min) ★★★
10.50 **M*A*S*H** 19-22/26. (S7)
12.50 AM **Man About the House** 3&4/7. (S1)
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM **Wanted: Dead or Alive** 10/36. (S1)
9.40 **FILM Jesse James** Action Western. (1939, U, 106min) ★★★
12.00 NOON **FILM Immortal Sergeant** War drama. (1943, PG, 111min) ★★
2.00 **FILM Gray Lady Down** Suspense drama. (1977, PG, 111min) ★★
4.25 **FILM Jet Pilot** Drama. (1957, U, 112min) ★★
6.50 **FILM Tracker** Period action drama. (2010, 12, 101min) ★★★
9.00 **FILM Maximum Conviction** Action thriller starring Steven Seagal and Steve Austin. (2012, 15, 93min) ★★
11.10 **FILM Outlaws and Angels** Action Western. (2016, 18, 120min) ★★
1.40 AM **The Baron**
4.10 **to 5.50** AM **FILM The Virginian** Western. (2014, 12, 90min) ★★

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **Diagnosis Murder**
9.10 **FILM The Chronicle Mysteries: Deep End** Drama. (2019, PG) ★★
11.00 **Murder, She Wrote** Ten episodes of the drama.
9.00 PM **FILM Morning Show Mysteries: A Murder in Mind** Crime drama starring Holly Robinson Peete. (2019, PG, 84min) ★★
10.55 **FILM An Aurora Teagarden Mystery: Death at the Diner** Crime drama starring Skyler Samuels and Marilu Henner. (2024, PG, 84min) ★★
12.50 AM **FILM Nowhere To Be Found** Thriller with Kate Drummond. (2019, PG, 93min) ★★
2.30 **FILM Mistaken** Thriller starring Lana Parrilla. (2008, 12, 90min) ★★
4.05 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM Wedding Season** (2023, U) ★★
10.05 **FILM The Perfect Wedding Match** Comedy. (2021, PG) ★★
12.00 NOON **FILM It's Beginning to Look a Lot Like Christmas** Comedy. (2019, U) ★★
1.55 PM **FILM Christmas at the Greenbrier** Comedy. (2022, PG, 89min) ★★
3.50 **FILM Fixing Up Christmas** (2021, PG) ★
5.45 **FILM Christmas on 5th Avenue** Drama. (2021, PG, 90min) ★★
7.45 **FILM Christmas in the Caribbean** Comedy. (2022, PG, 90min) ★★
9.40 **FILM Christmas Comes Home** (2020, PG) ★★
11.45 **FILM The Christmas Chalet** (2019, PG) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM A Wedding for Belle** (2025, PG, 90min) ★★

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Becoming Jazzy Whipps** Short film.
1.15 **My Greek Kitchen**
1.45 **This Farming Life**
5.30 **FILM Heartbreakers** Comedy starring Sigourney Weaver and Jennifer Love Hewitt. (2001, 15, 123min) ★★
8.00 **Garden Rescue** Charlie Dimmock and Chris Hull transform a Birmingham plot into a magical fairy-tale haven. **9.00** Charlie Dimmock and Lee Burkhill create a Californian-style garden in Cardiff.
10.00 **FILM Sex with the Stars** Erotic comedy starring Martin Burrows. (1980, 18, 90min) ★
12.00 M'T **FILM Sex Clinic** Erotic drama starring Georgina Ward. (1972, 18, 91min) ★★
1.45 AM **FILM Heartbreakers**
4.15 **to 5.00** AM **Man Down**

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.00 **Hank the Cowboy**
7.30 **The Fenn Street Gang**
8.30 **The Gaffer** 6&7/7. (S2)
9.30 **Bubblegum & Cheese**
10.30 **Agony** 1&2/7. (S3)
11.30 **That's My Dog**
12.00 NOON **The Champions**
2.00 PM **Rewind Time Machine** From 1971.
2.05 **Boon** 10/13. (S4)
3.10 **Space 1999** (S2)
5.20 **Second Thoughts** (S2)
6.20 **The Lovers** (S2)
7.20 **The Gaffer** 4&5/7. (S2)
8.20 **Boon** 10/13. (S4)
9.25 **McCallum** *Dead Mens Fingers – Part One.*
10.30 **London in the Raw**
12.00 M'T **FILM Mission Killfast** Adventure starring Tiger Yang. (1991, 18, 97min) ★★
2.00 AM **Stereo Underground**
3.00 **McCallum** As 9.25pm.
4.05 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Stereo Underground**

DMAX

159 151 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Garage Rehab**
2.00 PM **Kindig Customs**
5.00 **Chasing Classic Cars**
7.00 **Expedition Bigfoot** Mireya acts as bait in order to lure out Bigfoot. **8.00** Mireya and Ronny realise they are not alone in the forest.
9.00 **Ancient Unexplained Files** Laser scanning uncovers the identity of an ancient carving. **10.00** Why a Medieval child was buried with a stone in its mouth.
11.00 **Expedition X** Reports of a murderous sasquatch. **12.00** M'T Phil and Jess enter a radioactive area to discover the truth. **1.00** AM Possessions by spirits of people who died in World War Two.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Man v Food**
1.00 PM **James Martin's Islands to Highlands**
3.00 **The Great British Bake Off** Four editions of the series, including at: **6.00** The semi-finalists take on patisserie tasks. **7.30** The 2022 finalists compete to be crowned winner of the series.
9.00 **Adam Richman Eats Britain** Adam enjoys pork pie in Melton Mowbray and a chicken curry in Leicester. **9.30** Adam samples a tattie scone in Scone.
10.00 **Man v Food** Adam Richman visits Austin. **10.30** Adam travels to Amarillo, Texas.
11.00 **James Martin's Great British Adventure**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **FILM Gunsmoke: Return to Dodge** Western drama. (1989, 15, 90min) ★★
9.00 **T.J. Hooker** (S2)
2.00 PM **FILM Sitting Bull** Action Western. (1954, U, 106min) ★★
4.05 **FILM Law of the Lawless** Western. (1963, 15, 88min) ★
5.50 **FILM Eagle's Wing** Western. (1978, PG, 111min) ★★★★
8.00 **The Twilight Zone** (S5)
9.00 **FILM Pathfinder** Action adventure starring Karl Urban. (2006, 15, 99min) ★★★★
11.10 **FILM Rambo: Last Blood** Action sequel. (2019, 18, 89min) ★★
1.05 AM **FILM 8 Million Ways to Die** Thriller. (1986, 18, 115min) ★★
3.20 **to 5.15** AM **FILM Commandos** World War Two adventure. (1968, 18, 112min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **FILM Independents' Day** Sci-fi adventure. (2016, 15, 91min) ★★
12.00 NOON **FILM Dragonquest** Fantasy. (2009, 12, 90min) ★★
2.00 PM **FILM Magma: Volcanic Disaster** Thriller with Xander Berkeley. (2006, PG, 87min) ★★
4.00 **The Fall Guy** (S4)
9.00 **FILM Mackenna's Gold** Vintage western starring Gregory Peck. (1968, 15, 136min) ★★★
11.35 **FILM Anti-Life** Sci-fi action adventure starring Bruce Willis. (2020, 15, 93min) ★★
1.30 AM **FILM The Sorcerers** Chiller with Boris Karloff. (1967, 15, 85min) ★★★
3.15 **FILM Bermuda Tentacles** Thriller. (2014, 12, 86min) ★★
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **WWE's Greatest Moments** Double bill.
6.45 **Hardcore Pawn**
9.15 **Junk & Disorderly**
11.10 **Pawn Stars**
1.05 PM **Auction Hunters**
2.35 **Container Wars**
4.05 **Storage Wars**
7.00 **Beyond Skinwalker Ranch** Investigations at Mount Shasta continue.
8.00 **Curse of Skinwalker Ranch** A complex laser experiment leads to a shocking encounter.
9.00 **A Ship Through Time: Secrets of the Newport Ship** A 15th-century shipwreck near Newport.
10.00 **The Witches of Salem** The Salem witch trials.
11.00 **History's Greatest Mysteries** Documentary.
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **The Proof Is Out There** Triple bill.
4.00 **to 6.00** AM **Britain's Most Historic Towns**

5SELECT

153 166 138 46 133 30

9.00 AM **Abandoned Engineering**
1.00 PM **Susan Calman's Grand Day Out** Six editions, including at: **5.00** The presenter explores Cornwall. **6.00** Susan pays a visit to Glastonbury Abbey.
7.00 **Tenerife with Jane McDonald** The singer explores the Canaries.
9.00 **When Theme Parks Go Horribly Wrong** Featuring a selection of disastrous experiences at theme parks.
11.00 **Taggart** *Forbidden Fruit*: The Glaswegian detective investigates a woman's mysterious death.
1.10 AM **The Lost Scrolls of Pompeii: New Revelation** Documentary.
2.10 **The Colosseum: The Arena of Death with Dan Snow**
3.10 **to 4.00** AM **The Colosseum: Blood & Sand with Dan Snow**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Celebrity Catchphrase**
1.00 PM **Tenable**
2.00 **Lily Savage's Blankety Blank** Triple bill.
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** Four stars of *Emmerdale* pit their wits against the Chaser. **6.00** A team of former contestants from *I'm a Celebrity... Get Me Out of Here!* take part.
7.00 **The Chase** Double bill of the quiz show.
9.00 **The Celebrity Chase** Adrian Chiles, Gemma Merna, Rosie Marcel and Jon Snow take part.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions.
2.00 AM **The Chase** Quiz.
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **The Big Bang Theory**
8.00 PM **Georgie and Mandy's First Marriage** New episodes 5/22. Georgie's jealousy rears its head when Mandy gets sent on a work trip with her boss. **8.30** 6/22. The family do their best to lift Connor's spirits during a rough patch. (S2)
9.00 **Zero Stars** New edition 3/8. Roisin Conaty and Sara Pascoe travel across Albania.
10.00 **FILM Clear and Present Danger** Action thriller starring Harrison Ford, Willem Dafoe and Anne Archer. (1994, 12, 141min) ★★★
1.00 AM **Zero Stars**
2.00 **Young Sheldon**
2.30 **My 600lb Life**
4.30 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's The Wheel** As 1.50pm.
9.00 **Friends** (S5)
12.00 NOON **FILM Bring It On** Teen comedy. (2000, 12, 99min) ★★★★
1.50 PM **Michael McIntyre's The Wheel** Guests include Liza Tarbuck, Iain Stirling, Rachel Riley and Trevor Nelson.
2.50 **Friends** (S5&6)
9.00 **FILM Horrible Bosses** Farcical comedy starring Jason Bateman, Charlie Day and Jason Sudeikis. (2011, 15, 93min) ★★★
11.00 **8 Out of 10 Cats**
12.40 AM **Impractical Jokers**
1.10 **Whose Line Is It Anyway? USA**
1.40 **Lee Evans: The Ultimate Experience**
3.15 **The Culture Capsule**
3.30 **Iain Stirling's Roast the Internet**
4.15 **to 5.00** AM **Stupid Central**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S4)
7.00 **Teleshopping**
9.00 **Everybody Loves Raymond** (S4)
11.30 **Criminally Funny**
12.15 PM **Friends** (S5)
2.15 **Criminally Funny**
9.00 **Friends** 20/24. Rachel's mother plans to move in. **9.30** 22/24. Chandler falls asleep at Joey's film premiere. (S8) **10.00** 5/24. The pals gather for Phoebe's birthday dinner. **10.30** 6/24. Ross disagrees with Rachel's choice of nanny. **11.10** 8/24. Rachel's sister joins the gang for Thanksgiving. Guest stars Christina Applegate. (S9)
11.35 **Friends** (S9)
2.00 AM **New Girl** (S4)
3.00 **The Daily Show**
4.55 **South Park** (S21)
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **That's 60s: Best Music Live!**
8.20 **Rising Damp** (S3&4)
12.30 PM **Some Mothers Do 'Ave 'Em** 1-6/6. (S3)
4.50 **Man About the House**
7.55 **Minder** *Whose Wife Is it Anyway?* 2/13. Terry minds a shop. (S2)
9.00 **Benidorm** 5/7. The Oracle's tall tales land him in trouble with the police. (S3)
9.55 **Shameless** 9/22. Mimi becomes consumed by paranoia. (S8)
10.55 **Man About the House**
11.25 **Mind Your Language**
11.55 **Benidorm** 5/7. (S3)
12.55 AM **Minder** 8/10. (S5)
2.00 **In Sickness and in Health** Sitcom. (S6)
2.30 **Man About the House**
2.50 **Duty Free** 1/7. (S2)
3.15 **That's 60s: Best Music Live!**
4.00 **Nearest and Dearest**
4.45 **to 6.00** AM **British Railway Journeys**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Teen Mom: The Next Chapter** Triple bill.
1.00 PM **Catfish: The TV Show** Eight editions of the series, including at: **8.00** Nev Schulman and Max Joseph become suspicious of their client.
9.00 **Skin A&E** Dr Adil treats an aspiring model with seborrheic keratosis.
10.00 **Tattoo Fixers** A family man wants to amend an extremely crude tattoo. **11.00** A man with a tattoo in an intimate place.
12.00 M'T **Ink Master**
1.00 AM **Dating Naked UK**
2.00 **Caught in the Act: Double Life**
2.45 **Sleeping with My Murderer**
3.35 **to 4.00** AM **Jackass**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers**
12.00 NOON **Alaska: Homestead Rescue** The Raneys reflect on some of their past rescues. **1.00** PM Marty Raney returns to the island of Kauai to find the Nash's homestead in peril. **3.00** Help for a widowed homesteader who is feeling is overwhelmed by her large family homestead. **5.00** Marty responds to a new call for help from the Welchels, who struggle to manage their homestead after their ranch hand left.

8.00 Vantara: Sanctuary Stories

7.00 Moonshiners New edition When the brakes fail on Mark and Huck's vehicle, their luck and shine deteriorate.

8.00 Vantara: Sanctuary Stories New edition Forrest Galante helps care for the new arrivals at the wildlife sanctuary.

9.00 Barnwood Builders The team invite Larry Melton up to the Boneyard so he can help restore his family home.

10.00 Moonshiners New edition Mark, Digger and Tim uncover a Kentucky murder mystery tied to moonshiners.

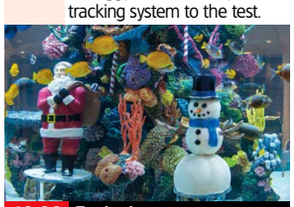
11.00 Truck Dynasty A returning customer from Texas wants a Ford Bronco converted into a boat-towing, off-roading-friendly pickup. Jerry Jr orders in some neon green paint.
12.00 M'T **Shorty's Dream Shop**
3.00 **to 5.00** AM **Street Outlaws: Memphis**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Must Love Cats**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **The Zoo: San Diego**
5.00 **Treehouse Masters** Pete Nelson builds an extravagant treehouse B'n'B.
6.00 **Meet the Sloths** Two rehabilitated sloths are released back into the wild. **6.30** Sanctuary favourite Sidwiggy is chosen to put a tracking system to the test.



10.00 Tanked

7.00 How Do Animals Do That? Why moths are attracted to flames. **7.30** Why spiders don't get stuck in their webs.

8.00 The Diamond Collar The team use brute force to release a dog from a car. **8.30** James Giuliani has to move his rescues out.

9.00 Alaska Gold Diggers A woman and her daughters try to reopen the family gold mines and keep their legacy alive.

10.00 Tanked Brett Raymer and Wayde King are asked to create their biggest-ever Christmas-themed aquarium.

11.00 Tanked Six of the company's employees each choose their favourite tanks built by ATM.
12.00 M'T **Fish or Die**
1.00 AM **Great Hammerhead Invasion** Documentary.
2.00 **Super Predator**
3.00 **The Diamond Collar**
4.00 **to 5.00** AM **Swarm Chasers**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Hitler's Last Stand**
10.00 **Lost Ships of WW2**
12.00 NOON **Nazi Megastructures**
1.00 PM **WWI Wrecks: Drain the Oceans** Battle of Jutland.
2.00 **Air Crash Investigation**
4.00 **Chernobyl: Inside the Meltdown** Survivors reveal the first terrifying hours of the nuclear meltdown in 1986. **5.00** The true scale of the nuclear disaster emerges. **6.00** Workers begin to clean-up the radioactive fallout from the explosion.

9.00 Inside the CIA

7.00 Chernobyl: Inside the Meltdown 4/4. Fourteen months after the nuclear disaster, plant operators face a Soviet show trial.

8.00 Lost Treasures of the Bible New edition A team of archaeologists investigate the legend of David and Goliath.

9.00 NEW SERIES **Inside the CIA: Secrets and Spies** A CIA officer is kidnapped behind enemy lines and faces a fight for survival.

10.00 Car S.O.S Tim Shaw and Fuzz Townshend race to save a Alfa Romeo and restore a dream stolen by heartbreak and time.

11.00 Construction Fails A global tour of shocking engineering failures.
12.00 M'T **Air Crash Investigation** The plane that targeted the Pentagon in the 9/11 attacks.
1.00 AM **Air Crash Investigation**
3.00 **to 5.00** AM **Colossal Machines**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Secrets of Great British Castles** Double bill of editions.
8.00 **Storage Wars**
11.00 **Pawn Stars**
2.00 PM **Container Wars** Four editions, including at: **3.30** A mysterious logo could be the key to big bucks, and Uzi gets the scare of a lifetime.
4.00 **Secrets in the Ice** Bizarre ice formations in the Antarctic Ocean are investigated. **5.00** Abandoned homes in a remote part of Greenland. **6.00** The legend of the Amazon women warriors.

9.00 Original Gangsters

7.00 Greatest Prison Escapes with Billy Hayes The escape by six men from a Tennessee jail on Christmas morning, 2016.

8.00 Greatest Prison Escapes with Billy Hayes A look at an escape from a correctional facility using a hijacked helicopter.

9.00 Original Gangsters with Sean Bean The life of Stephanie St Clair, who ruled Harlem's numbers rackets with an iron fist.

10.00 Original Gangsters with Sean Bean The actor examines notorious crook Billy Hill, and the violence of the Kray brothers.

11.00 Britain's Murder Map with Vicky McClure and Jonny Owen The Bible John murders.
12.00 M'T **History's Deadliest with Ving Rhames** Deadly battles.
1.00 AM **Mysteries Unearthed with Danny Trejo**
2.00 **The UnBelievable with Dan Aykroyd** Strange places.
3.00 **Container Wars**
5.00 **to 6.00** AM **Secrets in the Ice**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Sean Penn**
7.00 **Discovering: Jean Harlow**
8.00 **The Directors**
10.00 **Say Hey, Willie Mays!** The life and career of the baseball star.
12.00 NOON **Terry Venables: A Man Can Dream** The life and times of the football played-turned-manager.
2.00 PM **Jackie Stewart** Documentary about Formula 1 great Jackie Stewart.
3.50 **The Mortician** 1-3/3. The story of Los Angeles' most infamous family-run mortuary.

7.00 Touching the Void

7 PM **7.00** FILM **Touching the Void** Docu-drama based on the book by Joe Simpson. Mountaineers Joe Simpson and Simon Yates set out to climb the previously unscaled west face of Siula Grande in the Peruvian Andes. (2003, 15, 106min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9 PM **9.00 Chernobyl: The Lost Tapes** Newly discovered archive footage and witness accounts reveal the story behind the 1986 nuclear disaster and the heroic efforts made to prevent another explosion.

10 PM

11.00 Germanwings: What Happened on Flight 9525? Exploring the circumstances surrounding the deliberate crashing of an Airbus in 2015.
1.00 AM **Benetton Formula** The history of the Formula 1 team.
3.00 **Right to Fight** The story of the pioneers of women's boxing.
4.50 **My Icon: Natasha Jonas**
5.00 **to 6.00** AM **The Directors**

Quest

140/141 149 128/137 17 145 18

6.00 AM **Find It, Fix It, Flog It**
9.00 LIVE **MotoGP** Coverage of the Grand Prix of Spain, the fourth round of the season, featuring the Moto3, Moto2 and MotoGP races.
3.00 PM **The Repair Shop**
5.00 **The Yorkshire Auction House** Triple bill.
8.00 **The Repair Shop** A pair of ornate Turkish bath clogs are restored. **9.00** Restoring a battered trumpet from World War Two. **10.00** A glamorous painting is restored. **11.00** The team work on carriage lamps and a copper jewellery box. **12.00** M'T The team restore a precious diary.
1.00 AM **Massive Engineering Mistakes**
2.00 **Destroyed in Seconds**
4.00 **to 5.00** AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files**
11.00 **A Killer's Mistake**
12.00 NOON **FBI Files**
3.00 PM **On the Case with Paula Zahn** Four editions of the series.
7.00 **On the Case with Paula Zahn** Police struggle to dissect the love triangle that led to a woman's murder. **8.00** Police attempt to solve the kidnapping of a 19-year-old.
9.00 **A Killer's Mistake** The disappearance of Micah Rine Pate.
10.00 **Evil Lives Here: My Child the Killer** A father discovers his son is a murderer and decides to turn him in.
11.00 **Faking It: Tears of a Crime** Fred Talbot.
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Connecting a Killer** SIO Steve Wilkins reopens a series of crimes in Pembrokeshire.
8.00 **UK Crime Files: Getting Away with Murder** The story of the Newall brothers.
9.00 **UK Crime Files: Skeleton in the Carpet** The case of Karen Price.
10.00 **UK Crime Files: The Hotelier and the Hitman** The story of Peter Taylor.
11.00 **UK Crime Files: Murderous Bigamist**
12.00 M'T **UK Crime Files: Blackpool Double Murder** Documentary.
1.00 AM **Britain's Almost Perfect Murders**
2.00 **Killers: Caught on Camera** Documentary.
3.00 **Handsome Devils**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
12.00 NOON **48 Hours**
2.00 PM **Fraud Squad** The case of a dance troupe boss who stole thousands of pounds. **3.00** A nurse rips off the NHS for thousands of pounds, and a boss of recycling company steals £2million of public cash.
4.00 **Bloodline Detectives** In Sierra Nevada, a horseback ride turns into a nightmare. **5.00** Delving into the disappearance of nine-year-old Marise Chiverella in 1964.
6.00 **See No Evil** Hufracio Arteaga is found stabbed to death in his Michigan City office.
7.00 **Judge Judy** Real-life small-claims cases.
2.00 AM **Bloodline Detectives** Double bill.
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Send in the Dogs**
7.00 **A1: Britain's Longest Road** Documentary.
8.00 **Road Wars**
9.00 **Caught on Dashcam**
10.00 **Send in the Dogs**
11.00 **How I Caught the Killer**
12.00 NOON **Forensics: Catching the Killer**
1.00 PM **World's Most Evil...**
3.00 **How I Caught the Killer**
5.00 **Britain's Most Evil Killers** Double bill.
7.00 **Forensics: Catching the Killer** Double bill.
9.00 **Tales of the Grim Sleeper** Documentary.
11.15 **Murder Uncut**
12.10 AM **Murdered at First Sight** Hunter Smith
1.05 **Killing Mum and Dad**
2.00 **Britain's Most Evil Killers** Stephen Port.
3.00 **The Real Manhunter**
4.00 **Highway Cops**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **The Siege of Leningrad** As 6.55pm.
9.05 **Hitler's Gold**
1.00 PM **Chernobyl: The New Evidence**
3.00 **Hitler's Gold**
6.55 **The Siege of Leningrad** A look at the 872-day of the Soviet city.
7.55 **Chernobyl: The New Evidence** 1/2. Exploring the run-up to the 1986 nuclear disaster. **8.55** 2/2. A look at how far Soviet leaders were willing to go to cover up the disaster.
10.00 **A Nation Denied: Ukraine's Battle for History** 1/2. Tracing 1,000 years of the history of the country. **11.00** 2/2. Exploring Ukraine's history in the turbulent 20th century.
12.00 M'T **The Siege of Leningrad** As 6.55pm.
1.10 **to 2.00** AM **Weathered: Earth's Extremes**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Strange Creatures**
8.00 **Wild Castles**
10.00 **Africa's Hidden Kingdoms**
12.00 NOON **Animal Senses**
2.00 PM **Macro Worlds**
5.00 **Wild Philippines** New edition Cameras follow turtles and tiger sharks roaming volcanic reefs, and tarsiers leaping through forests on the hunt.
6.00 **David Attenborough's Conquest of the Skies** Insects capable of flight. **7.00** Creatures that glide, including the harlequin tree frog. **8.00** A look at the creatures that dominate today's skies. **9.00** An insight into the making of the documentary series.
10.00 **America's Wild Border: Northern Exposure** Documentary examining the challenges facing the animals living on the border between the USA and Canada.
11.00 **Wild Philippines**
12.00 M'T **Mysteries of Evolution**
3.00 **to 6.00** AM **Patrick Aryee's Wild World**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **History's Greatest Aircraft**
9.00 **Hitler's Engineers**
10.00 **Digging for Britain: WWII Special** A search for artefacts from World War Two.
11.00 **Digging for Britain**
12.00 NOON **Ross Kemp: Shipwreck Treasure Hunter**
2.00 PM **Ancient Aliens**
4.00 **Secrets in the Jungle**
6.00 **The Jewish Nazi?**
8.00 **Forbidden History** New evidence reveals fresh clues about the whereabouts of King Solomon's mines.
9.00 **World War II: Witness to War** Recounting how, as the war encompassed the globe, the conflict took root in Africa. **10.00** The men and women who fought in the Pacific share their stories of the conflict.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Discovered by Disaster**
3.00 **Craig Charles: UFO Conspiracies**
4.00 **Conspiracy Files: Unsealed**
5.00 **to 6.00** AM **Blown Away**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How Do They Do It?**
2.00 PM **Savage Builds**
4.00 **How the Universe Works**
6.00 **How It's Made**
8.00 **Mysteries of the Deep** Jeremy Wade investigates if one of the Bermuda Triangle's most infamous disappearances was part of a conspiracy by a secret agent at war with the US. **9.00** Jeremy explores a 140-year-old wreck that has been perfectly preserved at the bottom of the Great Lakes.
10.00 **Houdini's Last Secrets** A team of experts investigate Harry Houdini's illusions. **11.00** Experts recreate the famed bullet catch trick to uncover how Houdini could have accomplished it.
12.00 M'T **How the Universe Works**
2.00 AM **Alien Highway**
3.00 **NASA's Unexplained Files**
4.00 **to 6.00** AM **How Do They Do It?**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **Killer Britain with Dermot Murnaghan** Double bill.
8.00 **Nightmare in Suburbia**
10.00 **Robbie Coltrane's Critical Evidence** Double bill.
12.00 NOON **Murder Detective**
2.00 PM **Crimes That Shook Britain**
4.00 **Ozark Law** Four editions.
8.00 **Murder at the Motel** Blood evidence and a palm print reveal a violent struggle.
9.00 **Cold Case Files** How a mother spent decades investigating the disappearance of her family.
10.00 **Cold Case Files: The Rifkin Murders** Joel Rifkin is providing clues to help police identify his last unknown victims, but he throws them a curveball. TV producer Peter Reiss meets the killer for answers.
12.00 M'T **Cold Case Files**
2.00 AM **Interview with a Killer** New edition A botched robbery in which two men were killed.
3.00 **Accident, Suicide or Murder?**
4.00 **to 6.00** AM **Killer in Plain Sight**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
10.00 **Wild Indonesia**
1.00 PM **Hidden Wonders of Europe** Triple bill of editions.
4.00 **Secrets of the Zoo: Tampa**
6.00 **Critter Fixers: Country Vets Compilation** New editions Double bill featuring a selection of highlights from the series.
8.00 **Super Squirrel** Exploring the secret lives of squirrels.
9.00 **Ultimate Honey Badger** Following a lone female on the African plains, illustrating the survival mechanisms – including very tough skin – that give them their fearless reputation.
10.00 **Zebras of the Serengeti** A zebra mother must travel 300 miles across East Africa, give birth, evade predators and swim raging rivers. If her mission fails, it spells death for her and her baby.
11.00 **Snakes in the City**
12.00 M'T **Lawless Island**
2.00 AM **World's Weirdest**
3.00 **World's Weirdest Animal Faces**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

161/172 147 181

7.00 AM **Shed and Buried**
9.00 **Treasure Quest: Snake Island**
12.00 NOON **Combat Dealers**
2.00 PM **Combat Dealers: Reloaded** Documentary.
3.00 **World's Greatest Motorcycle Rides** Triple bill of editions.
6.00 **Blowing Up History** Experts use advanced archaeological methods to delve into strange ancient mounds. **7.00** Acoustic imaging technology is used to discover Venice's ancient foundations. **8.00** Experts uncover ancient rituals once performed on the English shore.
9.00 **Salvage Hunters: The Restorers** Painter Gill restores a Chinese marriage cabinet. **10.00** Saving a pair of sofas used as props in *Doctor Who*. **11.00** Woodworker Robin restores a huge kitchen dresser.
12.00 M'T **Shed and Buried**
2.00 AM **Combat Dealers**
4.00 **to 5.00** AM **Combat Dealers: Reloaded**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Great Canal Journeys**
12.00 NOON **Great Canal Journeys: India** Timothy West and Prunella Scales explore India.
1.00 PM **Great Canal Journeys**
4.00 **Great Canal Journeys: India**
5.00 **Life** David Attenborough reveals how mammals dominate the planet and survive in extreme habitats. **6.00** David Attenborough focuses on fish, the most diverse vertebrates on the planet, exploring the courtship of sea dragons and the climbing methods employed by gobies. **7.00** The focus turns to birds, revealing the role of their feathers in attracting partners and the challenges they face during the nesting season. **8.00** The focus turns to insects, featuring a look at bombardier beetles, honey bees and grass-cutter ants.
9.00 **Life** Back-to-back editions.
4.35 **to 6.00** AM **Great Coastal Railway Journeys**

+1hour 266 376

ID

154 140 166

8.00 AM **On the Case with Paula Zahn** Double bill of editions.
10.00 **The 1990s: The Deadliest Decade** Double bill of editions.
12.00 NOON **Hometown Homicide**
1.00 PM **The Perfect Suspect**
2.00 **Still a Mystery**
4.00 **People Magazine Investigates**
6.00 **Diabolical: Deadly Love**
7.00 **Forbidden: Dying for Love** A man's illicit affair with his 14-year-old babysitter.
8.00 **Someone You Thought You Knew** The murders of Britney Cosby and Crystal Jackson.
9.00 **Mother, May I Murder?** Detectives uncover a tangled murder-for-hire plot.
10.00 **999 Murderer Calling** A young mother's ex admits he's responsible for her death.
11.00 **Murder Under the Friday Night Lights** A male cheerleader goes missing.
12.00 M'T **Bad Henry: Serial Strangler**
2.00 AM **Living a Nightmare**
4.00 **to 6.00** AM **Mean Girl Murders**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **Lucky!**
10.00 **Extreme RVs**
11.00 **Garage Rehab**
12.00 NOON **Mike Brewer: Born Dealer** Five editions.
5.00 PM **Shed and Buried** Henry and Sam fall in love with a barn full of extraordinary automobilia. **5.30** A quirky collection of custom vehicles in Yorkshire. **6.00** Henry and Sam examine an incredible collection of classic American motors. **6.30** A shed full of vintage motorcycles and memorabilia.
7.00 **Wheeler Dealers** Mike and Edd work on a Subaru Impreza WRX. **8.00** Mike finds a budget Nissan Skyline supercar. **9.00** A legendary 1991 Toyota MR2 Turbo is found. **10.00** Mike restores a classic 1985 MK1 Mazda RX7. **11.00** Mike and Ant work on a 2004 MX-5 Mazdaspeed. **12.00** M'T Mike manages to unearth a 1973 Toyota Celica.
1.00 **to 4.00** AM **Lucky!**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

7.15 AM **The Bad Guys 2** Animated adventure sequel. (2025, PG, 104min) ★★★★
9.05 **Regretting You** As 12.45am.
11.10 **The Conjuring: Last Rites**
1.25 PM **Superman** Fantasy. (2025, 12, 129min) ★★★★
3.40 **A Big Bold Beautiful Journey** Romantic drama. (2025, 15, 109min) ★★★
5.30 **Eddington** Modern-day Western with Joaquin Phoenix. (2025, 15, 148min) ★★★★

3.40 A Big Bold Beautiful...

8.00 **The Conjuring: Last Rites** Supernatural horror starring Vera Farmiga and Patrick Wilson. Paranormal investigators Ed and Lorraine Warren take on one last case involving mysterious entities they must confront. (2025, 15, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Roofman** Comedy drama starring Channing Tatum, Kirsten Dunst and Peter Dinklage. A fugitive hides in a toy shop while on the run from the police, and gets into a relationship with a female employee. (2025, 15, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Regretting You** Drama starring Allison Williams. (2025, 12, 116min) ★★★
2.50 **Eddington** As 5.30pm.
5.20 **to 7.15** AM **Caught Stealing** Dark comedy thriller. (2025, 15, 107min) ★★★★

Sky Cinema Spy Kids

303 303 403 503 517

6.20 AM **Spy Kids 3: Game Over**
8.00 **Spy Kids** As 10.40pm.
9.35 **Spy Kids 2: Island of Lost Dreams** As shown at 7.15pm.
11.20 **Spy Kids 3: Game Over**
12.45 PM **Spy Kids** As 10.40pm.
2.15 **Spy Kids 2: Island of Lost Dreams** As shown at 7.15pm.
4.00 **Spy Kids 3: Game Over**
5.35 **Spy Kids** As 10.40pm.
7.15 **Spy Kids 2: Island of Lost Dreams** Sci-fi comedy sequel. (2002, U, 100min) ★★★★

7.15 Spy Kids 2

Spy Kids 2: Island of Lost Dreams (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.05 **Spy Kids 3: Game Over** Sci-fi comedy adventure sequel starring Daryl Sabara, Alexa Vega and Sylvester Stallone. A teen agent gets caught inside a fiendish video game. (2003, U, 84min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Spy Kids** Action comedy with Antonio Banderas. The two children of kidnapped secret agents strive to save their parents – and the world. (2001, U, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Spy Kids 2: Island of Lost Dreams** As 7.15pm.
2.05 **Spy Kids 3: Game Over**
3.30 **Spy Kids** As 10.40pm.
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

7.00 AM **Touch** As 12.40am.
9.05 **Miss You Already** As 2.55am.
11.10 **The Blind Side** Fact-based drama. (2009, 12, 129min) ★★★
1.25 PM **Valentine's Day** Romantic comedy. (2010, 12, 125min) ★★★
3.35 **It Ends with Us** Drama. (2024, 15, 125min) ★★★
5.50 **Regretting You** Drama starring Allison Williams and Mckenna Grace. (2025, 12, 116min) ★★★

8.00 **A Star Is Born** Drama starring Lady Gaga and Bradley Cooper, who also directed. A fading music star falls in love with a nightclub singer-songwriter. (2018, 15, 136min) ★★★★★
10.30 **...And Justice for All** Satirical black comedy starring Al Pacino as a sharp lawyer trying to save his clients from the corrupt intricacies of the US legal system. With Jack Warden, John Forsythe and Jeffrey Tambor. (1979, 15, 119min) ★★★

12.40 AM **Touch** Icelandic romantic drama. Partly subtitled. (2024, 15, 121min) ★★★★
2.55 **Miss You Already** Comedy drama starring Drew Barrymore. (2015, 12, 112min) ★★★
5.00 **to 7.10** AM **Oslo** Fact-based drama. (2021, 15, 118min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.10 AM **The Damned** As 4.40pm.
8.45 **The Watched** Horror thriller. (2024, 15, 102min) ★★★
10.35 **Blade Runner** Futuristic thriller. (1982, 15, 130min) ★★★★★
12.40 PM **Nosferatu** Horror thriller. (2024, 15, 132min) ★★★★
3.00 **Companion** Sci-fi horror. (2024, 15, 97min) ★★★★
4.40 **The Damned** Horror mystery. (2024, 15, 89min) ★★★★

6.15 **Annabelle** Horror spin-off. (2014, 15, 97min) ★★
8.00 **Annabelle: Creation** Horror with Anthony LaPaglia. A nun and several girls from an orphanage become the target of a dollmaker's possessed creation. (2017, 15, 109min) ★★★
10.00 **Smile 2** Horror sequel starring Naomi Scott and Kyle Gallner. (2024, 18, 127min) ★★★★
12.10 AM **If You Were the Last** Sci-fi romantic comedy. (2023, 15, 92min) ★★★★

1.45 **Interview with the Vampire** Horror with Tom Cruise and Brad Pitt. (1994, 18, 122min) ★★★★
3.50 **It Feeds** Horror thriller. (2025, 15, 102min) ★★★
5.35 **to 7.05** AM **The Woman in the Yard** Psychological horror. (2025, 15, 88min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.00 AM **Teenage Mutant Ninja Turtles: Out of the Shadows**
8.00 **Harold and the Purple Crayon** Adventure. (2024, PG) ★★★
9.35 **The Hobbit: An Unexpected Journey** (2012, 12) ★★★
12.35 PM **The Hobbit: The Desolation of Smaug** Fantasy. (2013, 12, 161min) ★★★★
3.25 **The Hobbit: The Battle of the Five Armies** (2014, 12) ★★★
6.00 **Cats & Dogs** Fantasy comedy. (2001, PG, 87min) ★★★

9.15 Shrek 2

7.40 **Smurfs: The Lost Village** Animated adventure with the voice of Demi Lovato. (2017, U, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 **Shrek 2** Animated sequel with the voices of Mike Myers, Eddie Murphy and Cameron Diaz. A scheming Fairy Godmother threatens the happiness of newlyweds Shrek and Princess Fiona. (2004, U, 93min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

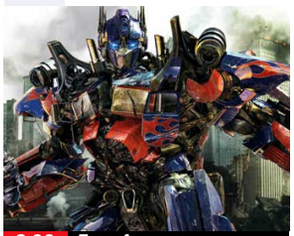
10.50 **Teenage Mutant Ninja Turtles** Fantasy adventure starring Megan Fox. (2014, 12, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Teenage Mutant Ninja Turtles: Out of the Shadows** Fantasy adventure sequel. (2016, 12, 112min) ★★★
2.40 **Grow** Family comedy. (2025, PG, 107min) ★★★★
4.30 **to 6.15** AM **The Tiger Rising** Drama. (2022, PG) ★★★

Sky Cinema Action

306 306 407 507 521

7.45 AM **2 Fast 2 Furious** Thriller. (2003, 12, 108min) ★★★
9.35 **Transformers: Revenge of the Fallen** Sci-fi adventure sequel. (2009, 12, 149min) ★★★
12.10 PM **Troy** Spectacular epic. (2004, 15, 163min) ★★★
2.55 **Gladiator II** Historical drama sequel starring Paul Mescal. (2024, 15, 148min) ★★★
5.25 **Spider-Man: No Way Home** Fantasy adventure sequel. (2021, 12, 148min) ★★★★


8.00 Transformers

8.00 **Transformers: Dark of the Moon** Sci-fi action adventure sequel starring Shia LaBeouf as a young man caught up in another titanic struggle between good and evil alien robots on Earth. With Josh Duhamel, Rosie Huntington-Whiteley and John Turturro. (2011, 12, 154min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

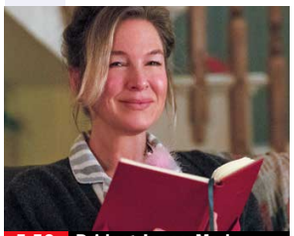
10.45 **The Patriot** Epic drama with Mel Gibson, Heath Ledger, Jason Isaacs and Joely Richardson. (2000, 15, 167min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.40 AM **Twisters** Disaster drama sequel starring Daisy Edgar-Jones and Glen Powell. (2024, 12, 122min) ★★★★
3.45 **The Cinema List: Heroes**
4.00 **Rampage** Fantasy adventure. (2018, 12, 107min) ★★★
5.50 **to 8.05** AM **First Knight** Romantic mythical drama. (1995, PG, 134min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.20 AM **Jackie Chan's The Tuxedo** Action comedy. (2002, 12) ★★
8.05 **Two Weeks Notice** Comedy. (2002, 12, 101min) ★★★
9.55 **Miss Congeniality 2: Armed and Fabulous** (2005, 12) ★★
11.55 **How to Lose a Guy in 10 Days** Comedy. (2003, 12) ★★★
1.55 PM **Materialists** (2025) ★★★★
3.55 **School of Rock** Comedy. (2003, PG, 109min) ★★★★
5.50 **Bridget Jones: Mad About the Boy** (2024, 15) ★★★★


5.50 Bridget Jones: Mad...

8.00 **Little Fockers** Comedy sequel with Ben Stiller and Robert De Niro. A male nurse must prove to his father-in-law that he is worthy of taking his place as the family patriarch. (2010, 12, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **National Lampoon's Vacation** Comedy with Chevy Chase and Beverly D'Angelo. A vacationing family encounter a series of disasters on a cross-country car trip. (1983, 15, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **The Man with Two Brains** Comedy starring Steve Martin. (1983, 15, 93min) ★★★★
1.00 AM **Daddy's Home 2** Comedy sequel. (2017, 12, 100min) ★★★
2.45 **Superbad** Teen comedy. (2007, 15, 113min) ★★★★
4.40 **Sky Cinema Preview**
5.40 **to 7.20** AM **Mean Girls** Teen comedy with Lindsay Lohan. (2004, 12, 97min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Three Days of the Condor** Thriller. (1975, 15) ★★★★
8.00 **Dirty Harry** Police thriller. (1971, 15, 103min) ★★★★★
9.50 **Eye in the Sky** Thriller. (2015, 15, 112min) ★★★★
11.40 **Red Dragon** (2002, 15) ★★★
1.50 PM **Murder by Numbers** Thriller. (2002, 15) ★★★
3.55 **Trap** Thriller with Josh Hartnett. (2024, 15, 105min) ★★★★
5.45 **The Bourne Legacy** Thriller sequel. (2012, 12) ★★★

10.10 Drop

8.00 **Jason Bourne** Action thriller starring Matt Damon and Tommy Lee Jones. Former government operative Jason Bourne is drawn out of hiding to uncover more truths about his father. With Julia Stiles. (2016, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Drop** Thriller starring Meghann Fahy. A widow's first date in years takes a terrifying turn when she is bombarded with threatening messages. (2025, 15, 95min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Hannibal** Chiller sequel to *The Silence of the Lambs*, starring Anthony Hopkins, Julianne Moore and Gary Oldman. (2001, 18, 131min) ★★★
2.15 AM **Against All Odds** Crime thriller. (1984, 18, 116min) ★★
4.25 **to 6.00** AM **The Last Stop in Yuma County** Crime thriller. (2023, 15, 90min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Fantastic Voyage** Thriller. (1966, U, 100min) ★★★★
1.05 PM **Stormbreaker** Adventure. (2006, PG, 93min) ★★★
2.55 **My Spy** Action comedy. (2020, 12, 99min) ★★★
4.50 **The Greatest Showman** Musical with Hugh Jackman. (2017, PG, 102min) ★★★★
6.55 **The Adjustment Bureau** Romantic sci-fi thriller. (2011, 12, 105min) ★★★★

4.50 The Greatest Showman

The Adjustment Bureau (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **The Contractor** Drama starring Chris Pine. After being discharged from the Marines, a man joins a paramilitary organisation to support his family in the only way he knows how. With Ben Foster and Kiefer Sutherland. (2022, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.05 **Transporter 3** Action thriller sequel starring Jason Statham. The Transporter is pressured into taking the kidnapped daughter of a Ukranian official from Marseilles to Odessa. (2008, 15, 103min) ★★★
1.10 **to 3.10** AM **Happy Death Day 2U** Horror comedy sequel starring Jessica Rothe. (2019, 15, 100min) ★★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema 5 Star Movies

302 302 402 502 516

6.20 AM **Babe** Comedy drama. (1995, U, 92min) ★★★★★
7.55 **The Wizard of Oz** Fantasy. (1939, U, 98min) ★★★★★
9.40 **The Lord of the Rings: The Fellowship of the Ring** Epic fantasy adventure. (2001, PG, 178min) ★★★★★
12.40 PM **The Lord of the Rings: The Two Towers** Fantasy adventure. (2002, 12, 179min) ★★★★★
3.40 **The Lord of the Rings: The Return of the King** Fantasy. (2003, 12, 201min) ★★★★★
7.00 **Jaws** Steven Spielberg's monster thriller starring Roy Scheider. A killer shark terrorises a beach resort on America's east coast. (1975, 12, 125min) ★★★★★
9.10 **Get Out** Thriller starring Daniel Kaluuya. After a photographer and his girlfriend visit her parents, he suspects there is more to the locals than meets the eye. (2017, 15, 104min) ★★★★★
11.10 **Weapons** Horror thriller starring Julia Garner and Josh Brolin. (2025, 18, 128min) ★★★★★
1.25 AM **Strange Darling** Horror thriller starring Willa Fitzgerald. (2023, 18, 97min) ★★★★
3.05 **Sky Cinema Preview**
3.45 **to 6.00** AM **Jaws** As 7.00pm.

Sky Cinema Greats

307 307 404 504 518

6.15 AM **The Bodyguard** Romantic thriller. (1992, 15, 129min) ★★★
8.30 **The First Wives Club** (1996)
10.20 **In & Out** Comedy starring Kevin Kline. (1997, 12, 91min) ★★★
11.55 **The Wedding Singer** (1998)
1.35 PM **Big Daddy** As 8.00pm.
3.10 **Ace Ventura Pet Detective**
4.40 **Ace Ventura: When Nature Calls** Comedy sequel with Jim Carrey. (1995, PG, 89min) ★★★
6.20 **The Wedding Singer** Offbeat romantic comedy starring Adam Sandler and Drew Barrymore. (1998, 12, 97min) ★★★★
8.00 **Big Daddy** Comedy starring Adam Sandler. A law school graduate adopts a five-year-old boy to impress his girlfriend. (1999, 12, 95min) ★★★
9.35 **Ace Ventura Pet Detective** Comedy starring Jim Carrey. (1993, 12, 86min) ★★★★
11.05 **Ace Ventura: When Nature Calls** As shown at 4.40pm.
12.50 AM **Risky Business** Comedy drama. (1983, 18, 98min) ★★★★
2.35 **Arthur** Comedy starring Dudley Moore. (1981, 15, 93min) ★★★★
4.15 **The Cinema List: Bingeable**
4.45 **to 6.30** AM **The First Wives Club** Comedy starring Goldie Hawn. (1996, PG, 102min) ★★★

Sky Cinema Animation

312 315 405 500 514

7.30 AM **Happy Feet** Animation. (2006, U, 108min) ★★★★
9.25 **Rock Dog 2: Rock Around the Park** As shown at 5.45pm.
11.05 **Super Charlie** Animation. (2025, PG, 82min) ★★★
12.40 PM **Shrek** Animated comedy. (2001, U, 90min) ★★★★★
2.20 **The Amazing Maurice** Animated family adventure. (2022, PG, 93min) ★★★★
4.00 **Boonie Bears: Guardian Code** Animation. (2023, PG) ★★★
5.45 **Rock Dog 2: Rock Around the Park** Animated comedy sequel. (2021, U, 90min) ★★
7.25 **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★
9.10 **Monster Family** Animated comedy. (2017, PG, 96min) ★★
10.55 **Monster Family 2** Animated sequel. (2021, U, 90min) ★
12.50 AM **Rock Dog 3: Battle the Beat** Animated comedy sequel. (2022, U, 90min) ★★
2.30 **Pets on a Train** Animation with the voice of Wyatt Bowen. (2025, PG, 87min) ★★★
4.05 **Into the Wonderwoods** Animated family adventure. (2024, U, 81min) ★★★
5.40 **to 7.25** AM **The Amazing Maurice** As shown at 2.20pm.

Disney+ Cinema

305

6.00 AM **The Sorcerer's Apprentice** Fantasy. (2010, PG) ★★★★
7.50 **Geri's Game** Animated short.
8.00 **Diary of a Wimpy Kid: Dog Days** Family comedy sequel. (2012, U, 90min) ★★★
9.35 **Monsters, Inc** Animated comedy. (2001, U, 95min) ★★★★★
11.10 **Mike's New Car** Animation.
11.20 **Pocahontas** Animation. (1995, U, 81min) ★★★
12.45 PM **The Mighty Ducks** Sports comedy. (1992, PG, 103min) ★★
2.30 **Alice in Wonderland** Cartoon. (1951, U, 75min) ★★★★
3.50 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
5.45 **Inspector Gadget** Adventure. (1999, U, 77min) ★★★
7.05 **Hannah Montana: The Movie** Teen musical comedy spin-off. (2009, U, 98min) ★★★
9.00 **Mufasa: The Lion King** Musical prequel with the voice of Aaron Pierre. (2024, PG, 118min) ★★★
11.00 **A Real Pain** Comedy drama. (2024, 15, 90min) ★★★★★
12.30 AM **The Wild** Animated comedy adventure. (2005, U, 82min) ★★
2.30 **Black Swan** Psychological thriller. (2010, 15, 108min) ★★★
4.20 **to 6.00** AM **Bedtime Stories** Fantasy. (2008, PG) ★★★

Talking Pictures

328 445 82 306 36

6.00 AM **Never Look Back** Mystery. (1952, b/w, PG, 73min) ★★★
7.30 **The Dark Road** Crime drama. (1947, b/w, PG, 80min) ★
9.00 **Roy Rogers: Brooklyn Buckaroo**
9.05 **The Desperate Mission** Western. (1969, PG, 97min) ★★★
10.55 **The Beverly Hillbillies** (S2)
11.30 **Marilyn** Mystery thriller. (1953, b/w, PG, 70min) ★★
12.50 PM **Batman** 1/26. (S3)
1.25 **The Thirty Nine Steps** Screen version of John Buchan's classic thriller. (1978, PG, 102min) ★★★
3.30 **Give Us a Clue**
4.00 **The Man from UNCLE** (S1)
5.00 **The Footage Detectives**
6.00 **Hannay** 6/7. (S2)
7.00 **That's My Boy** 6/9. (S2)
7.30 **The Vise** 9/26. (S2)
8.00 **Sergeant Cork** 5/6. (S4)
9.05 **Who Do You Do?**
9.40 **Borsalino and Co** French thriller. (1974, 18, 110min) ★★★
11.50 **The Heritage Chart Show**
12.55 AM **Gorgo** Sci-fi fantasy. (1960, PG, 78min) ★★
2.30 **Burke's Law** 9/32. (S1)
3.30 **The Rogues** 12/30. (S1)
4.30 **The Adventures of Robin Hood**
5.00 **The Buccaneers** 17/39. (S1)
5.30 **to 6.00** AM **The Adventures of William Tell**

Sunday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **LIVE DP World Tour Golf** Day four of the China Open.
10.00 **The Sunday Supplement**
11.00 **Sports Sunday**
11.30 **LIVE EFL** **Coventry City v Wrexham.** Coverage of the Championship match at Coventry Building Society Arena. Kick-off **12.00noon**.
2.30 PM **Sports Sunday**
3.30 **LIVE SPFL** **Hibernian v Hearts.** Coverage of the Edinburgh derby in the Scottish Premiership, held at Easter Road. Kick-off **4.30pm**.
7.30 **LIVE LPGA Tour Golf** Day four of the Chevron Championship.
10.30 **Sky Sports News**
11.30 **LIVE NBA Basketball** **Philadelphia 76ers v Boston Celtics.** Coverage of game four of the Eastern Conference first-round play-off at Xfinity Mobile Arena. Tip-off **12.00m't**.
2.30 AM **LIVE NBA Basketball** **Houston Rockets v Los Angeles Lakers.** Game four of the Western Conference first-round play-off at Toyota Center. Tip-off **2.30am**.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **Premier League Stories**
6.30 **FNF** Sunderland v Nottm Forest.
7.00 **Premier League Highlights**
8.30 **SNF** Arsenal v Newcastle United.
9.00 **The Sunday Supplement**
11.00 **Premier League Stories**
11.30 **PL Greatest Games**
11.50 **LIVE WSL** **Tottenham Hotspur v Manchester United.** Coverage of the match at Tottenham Hotspur Stadium. The sides shared the spoils in an entertaining 3-3 draw in December's reverse fixture. Kick-off **12.00noon**.
2.00 PM **The Big Interview**
2.30 **Premier League Highlights**
4.00 **FNF** Sunderland v Nottm Forest.
4.30 **Premier League Highlights**
6.00 **SNF** Arsenal v Newcastle United.
6.30 **Premier League Stories**
7.00 **Premier League Highlights**
8.30 **FNF** Sunderland v Nottm Forest.
9.00 **Premier League Highlights**
10.30 **SNF** Arsenal v Newcastle United.
11.00 **Premier League Years**
1.00 AM **PL Retro** Spurs v Arsenal.
3.00 **PL Greatest Games**
4.00 **PL Best Goals 09/10**
5.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Highlights**
8.30 **SPFL Highlights**
8.45 **EFL Highlights**
11.15 **SPFL Highlights**
11.30 **LIVE EFL** **Coventry City v Wrexham.** Coverage of the Championship match at Coventry Building Society Arena. Kick-off **12.00noon**.
2.30 PM **EFL Highlights**
3.15 **SPFL Highlights**
3.30 **LIVE SPFL** **Hibernian v Hearts.** Coverage of the Edinburgh derby in the Scottish Premiership, held at Easter Road. Kick-off **4.30pm**.
7.30 **EFL League One Goals**
8.00 **EFL League Two Goals**
8.30 **WSL** Brighton v Manchester City.
9.00 **EFL Highlights**
9.45 **SPFL Highlights**
10.00 **EFL League One Goals**
10.30 **EFL League Two Goals**
11.00 **WSL** Brighton v Manchester City.
11.30 **SPFL Highlights**
11.45 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro**
2.45 AM **EFL Greatest Games**
3.30 **Championship Season Review**
5.00 **Best Goals: EFL Cup 24/25**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** T20 highlights.
10.50 **LIVE IPL** **Chennai Super Kings v Gujarat Titans.** Coverage of the T20 match at M. A. Chidambaram Stadium. This meeting last year saw the Super Kings dominate the fixture with a near-perfect 83-run victory. Chennai made 230-5 in their 20 overs as Dewald Brevis hit 57 from just 23 balls. In reply the Titans got nowhere near their target as they were bowled out for 147 with nine balls to spare.
2.50 PM **LIVE IPL** **Lucknow Super Giants v Kolkata Knight Riders.** Coverage of the T20 match at Ekana Cricket Stadium. The Super Giants Lucknow won by four runs when the teams met in Kolkata last season, with Nicholas Pooran scoring 87 off just 36 balls.
7.00 **Best of ICC WT20**
8.00 **IPL** Highlights of Chennai Super Kings v Gujarat Titans.
9.00 **IPL** T20 highlights.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** Replay of Royal Challengers Bengaluru v Gujarat Titans.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **LIVE DP World Tour Golf** Coverage of day four of the China Open, taking place at Shanghai Enhance Anting Golf Club.
10.00 **Scotland's Greatest Golf Holes**
10.30 **LPGA Tour Golf**
11.30 **LIVE Ladies European Tour Golf** Coverage of day four of the South African Women's Open, which takes place at Royal Cape Golf Club in Cape Town.
3.00 PM **LIVE PGA Tour Golf** Coverage of day four of the Zurich Classic of New Orleans at TPC Louisiana in Avondale.
6.30 **LIVE LPGA Tour Golf** Coverage of day four of the Chevron Championship at Memorial Park Golf Course in Houston.
10.30 **The Greatest Solheim Cup**
12.30 AM **PGA Tour Golf**
3.30 **Playing Lessons** Tips and advice.
4.00 **Golf Academy**
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis** Action from day five of the Madrid Open.
10.00 **LIVE WTA & ATP Tennis** Coverage of day six of the Madrid Open, a clay-court tournament held at La Caja Mágica, featuring matches from the third round of the men's and women's draws.
11.00 PM **WTA Tennis** Doha Open.
12.00 M'T **ATP/WTA Tour Classic Matches** Nadal v Federer.
1.00 AM **US Open Tennis Classic Matches** Connors v Borg.
2.00 **ATP Tennis** Highlights.
3.00 **US Open Tennis Classic Matches**
5.00 **to 6.00** AM **WTA Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League**
7.30 **LIVE World Rally Championship** Special Stage 15 of the Rally Islas Canarias.
8.30 **AIUla 2026**
8.45 **LIVE Marathon** Coverage of this year's London Marathon.
12.15 PM **TNT Sports Reload**
12.30 **UEFA Champions League Magazine** The latest news.
1.00 **Emirates FA Cup** Highlights.
2.00 **LIVE Emirates FA Cup** **Chelsea v Leeds United.** The second semi-final at Wembley Stadium. Kick-off **3.00pm**.
5.45 **UEFA Champions League Magazine** The latest news.
6.15 **TNT Sports Reload**
6.30 **Serie A** Napoli v Cremonese.
7.30 **LIVE Serie A** **AC Milan v Juventus.** From the San Siro. Kick-off **7.45pm**.
9.45 **UEFA Champions League**
10.00 **Emirates FA Cup**
11.00 **MLB Highlights**
12.00 M'T **LIVE MLB** **Kansas City Royals v Los Angeles Angels.** Start-time **12.20am**.
3.00 AM **Men's Cycling Pro Series**
4.00 **to 6.00** AM **Cycling**

TNT Sports 2

411 414 522 409 431

7.00 AM **MotoGP**
7.30 **LIVE Red Bull MotoGP Rookies Cup** The Grand Prix of Spain at Circuito de Jerez.
8.30 **LIVE MotoGP** Coverage of the day's action from the Grand Prix of Spain at Circuito de Jerez.
3.00 PM **LIVE The Gallagher PREM** **Gloucester Rugby v Exeter Chiefs.** Coverage of the match from the 14th round of fixtures at Kingsholm. Kick-off **3.30pm**.
6.00 **The Breakdown**
6.30 **LIVE MLB** **Atlanta Braves v Philadelphia Phillies.** Coverage of the National League East match from Truist Park. Start-time **6.35pm**.
9.30 **World Rally Championship**
10.00 **MotoGP**
11.00 **LIVE NWSL** **Angel City FC v Portland Thorns.** From BMO Stadium in Los Angeles. Kick-off **11.00pm**.
1.15 AM **Crouchy and Cole**
1.30 **TNT Sports Reload**
2.00 **The Gallagher PREM**
3.00 **Serie A** AC Milan v Juventus.
4.00 **to 6.00** AM **Isuzu UTE A-League**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
12.00 NOON **Premier League Darts**
4.00 PM **Super League Highlights** Hull FC v London Broncos. **4.15** Leeds v Huddersfield. **4.30** Hull KR v Warrington. **4.45** St Helens v Huddersfield.
5.00 **NFL Highlights** Action from Denver Broncos v New England Patriots in the AFC Championship.
6.00 **LIVE NBA Basketball** Coverage of a play-off match as the battle to reach the NBA finals in June continues.
8.30 **LIVE NBA Basketball** Coverage of a play-off match.
11.30 **LIVE NBA Basketball** **Philadelphia 76ers v Boston Celtics.** Coverage of game four of the Eastern Conference first-round play-off at Xfinity Mobile Arena. Tip-off **12.00m't**.
2.30 AM **LIVE NBA Basketball** **Houston Rockets v Los Angeles Lakers.** Coverage of game four of the Western Conference first-round play-off, staged at Toyota Center. Tip-off **2.30am**.
5.30 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **LIVE Super Rugby** **Chiefs v Fijian Drua.** Coverage of the match from the 11th round of fixtures at One NZ Stadium in Christchurch. Kick-off **5.30am**.
7.25 **EFL Greatest Games** A memorable EFL fixture.
7.30 **Goals on Sunday** A review of Saturday's football action.
9.00 **The Sunday Supplement** The latest football stories.
10.55 **LIVE County Championship Cricket** **Surrey v Essex.** Coverage of day three of the Division One match, which takes place at the Oval.
6.00 PM **LIVE PGA Tour Golf** Coverage of day four of the Zurich Classic of New Orleans, the team stroke play event at TPC Louisiana in Avondale. The American pairing of Ben Griffin and Andrew Novak were victorious last year, overcoming Danish brothers Nicolai and Rasmus Højgaard in the final.
11.00 **Sky Sports News** Round-up of the sports news, with live analysis, plus extended interviews.
12.00 M'T **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **ATP Tennis** Barcelona Open.
7.00 **Premier League Darts**
11.00 **EFL Greatest Games**
11.30 **LIVE Ladies European Tour Golf** Coverage of day four of the South African Women's Open, which takes place at Royal Cape Golf Club in Cape Town.
3.30 PM **EFL Greatest Games**
4.00 **Premier League Darts**
8.00 **ATP Tennis** The Munich Open final at MTTC Iphitos Complex.
9.00 **ATP Tennis** Action from the Barcelona Open final at Real Club de Tenis Barcelona 1899.
10.00 **WTA Tennis** The Stuttgart Open final at Porsche-Arena.
11.00 **PGA Tour Golf** Highlights of the RBC Heritage from Harbour Town Golf Links in South Carolina.
12.00 M'T **IPL** T20 action.
3.00 AM **Legends of Darts**
4.00 **to 6.00** AM **PDC Classics**

TNT Sports 3

413 415 523 410 432

6.00 AM **LIVE AFL** **Brisbane Lions v Adelaide Crows.** Bounce-up **6.15am**.
9.00 **Race Bikes**
9.30 **The Cycling Show**
10.00 **LIVE Snooker World Championship** Coverage from the second round on day nine at the Crucible Theatre in Sheffield.
1.00 PM **MLB Highlights**
2.00 **TNT Sports Reload**
2.15 **LIVE Snooker World Championship** Further coverage of day nine in Sheffield.
5.30 **Fencing Grand Prix**
6.30 **LIVE Snooker World Championship** Further coverage of day nine in Sheffield.
10.00 **Men's Cycling Pro Series**
11.00 **Cycling** Race highlights.
1.00 AM **Snooker World Championship** Day nine.
3.00 **Ultimate Pool** The Pairs Cup.
4.30 **World Rally Championship**
5.00 **to 6.00** AM **LIV Golf**

TNT Sports 4

414 416 524 411 434

6.00 AM **LIVE Isuzu UTE A-League** **Sydney FC v Auckland FC.** Coverage of the match at Allianz Stadium. Kick-off **6.00am**.
8.00 **Emirates FA Cup**
9.00 **LIVE World Rally Championship** Special Stage 16 of the Rally Islas Canarias in Las Palmas, Gran Canaria.
10.30 **LIVE Men's Cycling Pro Series** Coverage of the first stage of the Tour of Turkiye, a 149km route from Cesme to Selcuk.
12.30 PM **LIVE Cycling** Coverage of the men's Liege-Bastogne-Liege, a one-day classic race that takes place annually in Belgium.
3.45 **LIVE Cycling** Coverage of the women's Liege-Bastogne-Liege.
5.15 **Race Bikes** Mountain Bike racing.
5.45 **Playing for Our Future**
6.00 **AFL** Action from recent matches.
10.30 **UFC** Sterling v Zalal.
1.30 **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **FIM Sidecarcross Championship** From France.
7.00 **Africa Eco Race**
7.15 **LIVE Marathons** From Madrid.
10.45 **LaLiga Match Highlights**
11.05 **Coppa Italia Show**
11.35 **Eredivisie** NAC Breda v Ajax.
1.30 PM **United Rugby Championship**
5.25 **LIVE LaLiga** **Osasuna v Sevilla.** From Estadio El Sadar. Kick-off **5.30pm**.
7.30 **LaLiga Match Highlights**
7.55 **LIVE LaLiga** **Villarreal v Cetla Vigo.** At Estadio de la Cerámica. Kick-off **8.00pm**.
10.00 **LaLiga Match Highlights**
10.30 **Football's Greatest**
11.00 **NHL Tonight** Preview.
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match
3.00 AM **Sporting Countdowns**
3.30 **United Rugby Championship**
5.30 **to 6.00** AM **Sporting Countdowns**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
6.30 **Argentine Primera**
8.30 **Football's Greatest**
9.00 **LaLiga** Alaves v Mallorca. **11.00** Getafe v Barcelona.
12.55 PM **LIVE LaLiga** **Rayo Vallecano v Real Sociedad.** From Campo de Fútbol de Vallecas. Kick-off **1.00pm**.
3.00 **LaLiga Match Highlights**
3.10 **LIVE LaLiga** **Real Oviedo v Elche.** Coverage from Estadio Municipal Carlos Tartiere. Kick-off **3.15pm**.
5.15 **LaLiga Match Highlights**
5.30 **Bike World** Magazine.
6.00 **NASCAR Highlights**
7.00 **LIVE NASCAR** The Jack Link's 500 at Talladega Superspeedway.
11.30 **Bike World**
12.00 M'T **United Rugby Championship**
2.00 AM **NHL Tonight** Preview.
3.00 **to 6.00** AM **LIVE NHL Ice Hockey** A play-off match.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
11.00 **F1 Academy**
11.30 **British GT Championship**
12.35 PM **LIVE British GT Championship** Coverage of the first round from Silverstone.
4.15 **F1 Feature**
4.30 **Ferrari Challenge Europe**
6.30 **British GT Championship**
10.10 **The New F1 Rules in 2026**
10.15 **F1 Feature**
10.30 **Ferrari Challenge Europe**
12.30 AM **F1 Academy**
1.00 **The Best of Australia & China**
2.00 **F1 Explained**
3.00 **The Best of Australia & China**
4.00 **F1 Explained**
5.00 **to 6.00** AM **The Best of Australia & China**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

27 April

Evening Planner

Drama

Secret Service
ITV1, 9pm (box set, ITVX)
A stellar cast including Gemma Arterton and Alex Kingston (above) star in this spy thriller from ITV newsreader Tom Bradby.

Reality

Virgin Island
C4, 9pm
Experts Celeste Hirschman and Dr Danielle Harel offer relationship advice to a group of inexperienced singletons.

Documentary

Murder in Shetland: Trial by Jury
5, 9pm
Two-part documentary about the death of Claire Leveque in the Shetland Islands.

OnDemand

NETFLIX

Straight to Hell
Available today
Fact-based drama about the life of Kazuko Hosoki (Erika Toda), one of Japan's most influential figures.

SKY EVENING TIME		7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Panorama †	8.30 Scam... †	9.00 Mint		10.00 News; Local News	10.40 Have I...
	102 BBC2	7.00 Snooker: World Championship – Live: The evening session on day 10						10.00 Charmain...	10.30 Newsnight
	103 ITV1	◂ 6.30 News...	7.30 How to Clean...	8.00 Emmerdale	8.30 Coronation...	9.00 Secret Service		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Dog House		9.00 Virgin Island		10.00 The World's Tallest Man: The Next...	
	105 5	7.00 Police Interceptors		8.00 Motorway Cops: Catching Britain's...		9.00 Murder in Shetland: Trial by Jury		10.00 Police: Night Shift 999	
	106 SKY ONE	7.00 The Simpsons		8.00 Attenborough's Journey		9.00 Andor		10.00 Rooster	10.40 Last...
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Sort Your Life Out with Stacey Solomon		9.00 Louis Theroux: A Different Brain		10.00 Louis Theroux: Dark States – Murder...	
	116 BBC4	7.00 The Yorkshire...	7.30 Canal Boat...	8.00 Lost Cities of the Ancients		9.00 The 1951 Festival of Britain: Brave...		10.00 British Art at War: Bomberg, Sickert...	
	118 ITV2	◂ 5.55 I'm a Celebrity South Africa Live Final		8.00 The 1% Club		9.00 The Only Way Is Essex		10.05 Family Guy	
	136 MORE4	◂ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Our Farm Next Door: Amanda, Clive...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 Made in Chelsea		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Law & Order: Criminal Intent		10.00 Blue Bloods	
	108 SKY ATLANTIC	◂ 6.50 The Last of Us				9.00 Euphoria		10.15 Heated Rivalry	
	110 U&GOLD		7.20 Dad's Army	8.00 Still Open All Hours			9.20 Not Going Out		10.40 Still...
	111 U&DAVE	7.00 Would I Lie to You?			8.20 Richard Osman's...	9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 DCI Banks	
	120 ITV4	7.00 River Monsters	7.30 Underwater Grand Fishing Adventure			9.00 Film: Rocky V			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's The Wheel		10.00 Impractical...	10.30 Alan Carr Live...
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 From			
	143 U&DRAMA	◂ 6.40 Last of the Summer Wine		8.00 The Brokenwood Mysteries				10.00 New Tricks	
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise				10.00 Father Brown	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: Welcome to My World		9.00 André Rieu: Love Is All Around			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Tipping Point				10.00 The Supervet: Noel Fitzpatrick	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Filthy Fortunes		9.00 Maine Cabin Masters		10.00 Expedition X	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Great Hammerhead Invasion		9.00 Alaska: The Last Frontier		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Construction Fails		9.00 To Catch a Smuggler		10.00 Inside the CIA: Secrets and Spies	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 History's Greatest Picks with Mike Wolfe		9.00 The Last Hunt for Nazi Gold			
	155 U&YESTERDAY	7.00 Frozen Planet		8.00 Great Australian Railway Journeys		9.00 Locomotive: Dan Snow's History of...		10.00 Planet Earth III	
	114 SKY DOCS	◂ 6.55 JFK: Destiny Betrayed		8.00 Murder at the Cottage					
FILMS - Sky Cinema	301 PREMIERE	◂ 5.30 Eddington		8.00 The Conjuring: Last Rites					10.25 Pillion
	302 FEAR SEEKERS	◂ 6.30 Beast of War		8.00 Jaws				10.15 Jaws 2	
	303 MEN IN BLACK	◂ 6.25 Men in Black II		8.00 Men in Black 3			9.50 Men in Black		
	304 FAMILY	◂ 6.00 Wicked			8.40 The Last Airbender				10.25 Charlie and the...
	306 ACTION	◂ 5.55 Twister		8.00 Transformers: Age of Extinction					
	307 GREATS	◂ 5.35 Jerry Maguire		8.00 Little Women				10.00 Terms of Endearment	
	308 COMEDY	◂ 6.10 See No Evil, Hear No Evil		8.00 Dumb and Dumber			9.50 Dumb and Dumberer: When Harry Met Lloyd		
	309 THRILLER	◂ 5.45 Jason Bourne		8.00 Nightcrawler				10.00 Trap	
	310 DRAMA	◂ 6.00 Lee		8.00 On Swift Horses				10.10 Rob Peace	
	311 SCI-FI	◂ 6.25 Sick		8.00 It				10.15 Blade	
	312 ANIMATION	◂ 5.50 Extinct	7.20 Shrek the Third			8.55 Rock Dog 3: Battle The Beat			10.25 Pets on a Train
	313 FILM4	◂ 6.40 Jumanji: The Next Level				9.00 Kingsman: The Secret Service			
SPORT	401 MAIN EVENT	◂ 6.30 MNF – Live: Manchester United v Brentford (Kick-off 8.00)							
	402 PREMIER LEAGUE	◂ 6.30 MNF – Live: Manchester United v Brentford (Kick-off 8.00)							
	403 FOOTBALL	◂ 6.30 Bundesliga...	7.30 EFL Goals		8.30 WSL	9.00 SPFL Round-Up	9.30 EFL Highlights	10.00 WSL	10.30 Bundesliga...
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	◂ 6.30 Snooker World Championship – Live: Coverage from the second round on day 10 of the tournament						10.00 A-League Highlights	
	411 TNT SPORTS 2	◂ 6.30 The Gallagher PREM			8.30 The Gallagher...	9.00 Fishing: On the Bank		10.00 WRC Review	

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 NEW SERIES **Rip Off Britain** A garden maintenance scam. (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Shift the Thrift** New edition From Chepstow. (S)(AD)
2.30 **Designing the Hebrides** (S)(R)(AD)
3.00 **Escape to the Country** New edition Jules Hudson helps a family find a home in Suffolk. (S)
3.45 **Make It at Market** (S)(R)(AD)
4.30 NEW SERIES **Bridge of Lies** Quiz show hosted by Ross Kemp. (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Mint

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Max attempts to court Cindy, Walford welcomes a visitor, while the Gulatis and Panesars try to support Ravi. (S)(AD)

8 PM

8.00 **Panorama** In-depth current affairs report covering a story behind the headlines. (S)
8.30 **Scam Interceptors** Scammers pretending to be from Sky Broadband have got into a woman's phone. (S)(R)

9 PM

9.00 **Mint** New episodes 3/8. Cat has to confront the truth about her relationship with Dylan. (S)(AD) **9.30** 4/8. Dylan rages at Shannon in the wake of Ladies Day. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Have I Got News for You** Sue Perkins hosts the satirical current affairs quiz, with comedian Finlay Christie and journalist Camilla Long joining team captains Ian Hislop and Paul Merton. (S)(R)
11.10 **The Repair Shop** Suzie Fletcher restores a football used in a Scottish Cup final replay, Chris Shaw repairs a magazine written in a Japanese PoW camp, Rebecca Houghton works on a lyra – a bowled folk instrument – from Crete, and Geoffrey Harvey restores a pachinko machine. (S)(R)(AD)
12.10 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Beechgrove Garden** (S)(R)
7.00 **Shift the Thrift** (S)(R)(AD)
7.30 **Sign Zone: Secret Garden** (S)(R)
8.30 **Match of the Day: FA Cup** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 LIVE **Snooker: World Championship** Hazel Irvine presents coverage of the afternoon session on day 10 from the Crucible Theatre in Sheffield, featuring the conclusion of two second-round matches. *Coverage continues at 7.00pm.* (S)
5.00 **Flog It!** Interesting finds. (S)(R)
6.00 **Richard Osman's House of Games** With Kelle Bryan, Antony Costa, Alexei Sayle and Emma Sidi. (S)(R)
6.30 **Great Japanese Railway Journeys** New edition Michael Portillo arrives in Tokyo. (S)(AD)

7.00 Snooker: World Championship

7.00 LIVE **Snooker: World Championship** Seema Jaswal presents coverage of the evening session on day 10 from the Crucible Theatre in Sheffield, where the second round concludes with the final frames of two matches. For the fifth time, all three members of the 'Class of '92' – Ronnie O'Sullivan, John Higgins, and Mark Williams – progressed to the quarter-finals in 2025, overcoming Pang Junxu, Xiao Guodong and Hossein Vafaei respectively. With commentary and analysis from Steve Davis, Ken Doherty, Steven Hallworth, Stephen Hendry, John Parrott, Dennis Taylor and Lee Walker. (S)

10.00 **Charmain and the Prophet** Series finale 3/3. With so many questions about what happened to Charmain, reporter Myles Bonnar tracks Eric Adusah down in search of answers. (S)(AD)
10.30 **Newsnight** (S)
11.00 **Michael Jackson: An American Tragedy** 3/3. A look at Michael Jackson's attempts at an ambitious comeback tour. (S)(R)(AD)
12.00 M'T **Snooker: World Championship Extra** (S)
2.00 AM **Sign Zone: The Young Offenders** 4/6. (S5) (S)(R)(AD)
2.30 **Sign Zone: Countryfile** (S)(R)
3.25 **Sign Zone: Forensics: The Real CSI** Police attempt to catch a gang of ATM thieves. (S)(R)(AD)
4.25 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team are in Milton Keynes, where a seller makes an incredible profit from Tracy Thackeray-Howitt and Mark Stevens gets some gold to really smile about. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Secret Service

7.30 **How to Clean Up for Cash** New edition 3/6. Presenter Josie Gibson and the team are in Brighton helping Dan, whose home has been taken over by his fiancée Natasha's stash of vintage treasures. (S)

8.00 **Emmerdale** Moira is aghast at Robert's confession, while Paddy is forced to face his fears. (S)(AD)
8.30 **Coronation Street** With George's help, Todd manages to overpower Theo and runs for his life. (S)(AD)

9.00 NEW SERIES **Secret Service** 1/5. Thriller starring Gemma Arterton and Rafe Spall. An MI6 officer learns from a listening device that a British politician is about to resign. *See feature, page 8.* (S1) (S)(AD)
■ Entire series on ITVX

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **The Road Rage Killer: True Crime Presents** A look at the case of Tracie Andrews, who claimed to have witnessed the murder of her boyfriend Lee Harvey in a country lane in 1996, but all was not as it seemed. (S)(R)(AD)
11.40 **Secret Service** As shown at 9.00pm. (S1) (S)(R)(AD)
12.30 AM **Teleshopping**
3.00 **The Neighbourhood** 2/12. The removal of the first household sends ripples through the whole group. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Alan Titchmarsh's Gardening Club** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 23-25/25. (S3) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 13-16/25. (S11) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From New York. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Matt Baker: Travels with Mum & Dad** Northumberland's Cragside House and gardens. (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** (S)(R)
5.00 **Chateau DIY** New edition In Brittany, Donna and Paul race to finish their utility room. (S)(AD)
6.00 **Sun, Sea and Selling Houses** New edition The Garners help a couple find a place big enough for all of their travel treasures. (S)

10.00 The World's Tallest Man

7.00 **News** (S)

8.00 **The Dog House** Barley the Labradoodle hopes his latest liaison might prove to be third time lucky, while Lady, a Staffie cross, finally has a chance of finding a home after a year of searching. (S)(R)(AD)

9.00 NEW SERIES **Virgin Island** Reality series following 12 adult virgins as they embark on a unique course in intimacy at a luxury retreat. The group begin to unpack their deepest fears and anxieties. (S)(AD)
■ Continues tomorrow

10.00 NEW **The World's Tallest Man: The Next Chapter** Documentary about a man who was declared the tallest in the world in 2010, but continues to grow due to a rare condition that could kill him. (S)(AD)
11.00 **Super Surgeons: A Chance at Life** Documentary. (S)(R)(AD)
12.05 AM **Rescue: Extreme Medics** (S)(R)
1.00 **Ramsay's Kitchen Nightmares USA** From New York. (S)(SL)(R)
1.50 **Grayson Perry Has Seen the Future** 2/2. (S)(SL)(R)(AD)
2.40 **Your Song** (S)(SL)(R)(AD)
3.35 **Couples Come Dine with Me** (R)
4.25 **Jamie's One-Pan Wonders** (S)(R)
4.35 **Hollyoaks Omnibus** (S)(SL)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Deep in Death:* 1/24. Beckett reluctantly agrees to work with Castle again. (S)(R)
3.55 **Castle** *The Double Down:* 2/24. The race is on to solve two murders. (S2) (S)(R)
4.50 **Love Nature** The Atlantic puffins on St Kilda. (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition How anybody can grow their own produce and plants. (S)
6.05 **Susan Calman's Grand Day Out** The Irish coast. (S)(R)
6.55 **News** (S)

9.00 Murder in Shetland

7.00 **Police Interceptors** Rich and Ash are on the trail of a potentially armed man who is suspected of smashing up a property, and spot him in a car park. (S)(R)
7.55 **News** (S)
8.00 **Motorway Cops: Catching Britain's Speeders** New edition PCs Lucy Pond and Mark Gribble hunt for a wanted criminal following reports that the man has rammed a police car. (S)
9.00 NEW SERIES **Murder in Shetland: Trial by Jury** 1/2. Following the trial of Aren Pearson for the murder of Claire Leveque, who was stabbed to death in the Shetland Islands in 2024. (S) ■ Concludes tomorrow
10.00 **Police: Night Shift 999** Officers in Gloucestershire come to the aid of a man who has been assaulted outside his home by two men when he went to put his bin out. (S)(R)
11.05 **Traffic Cops** Officers hunt for a transit van taken without keys from a driveway, but the suspects change number plates to disguise the vehicle. (S)(R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **Cash in the Attic** (S)(R)(AD)
3.45 **Friends** (S5) (S)(R)(AD)
4.35 **Amazing Railway Adventures with Nick Knowles** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S2) (S)(R)
9.00 **Magnum P.I.** (S5) (S)(R)(AD)
10.00 **Will & Grace** (S4) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Gladiators** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **Magnum P.I.** (S5) (S)(R)(AD)
3.00 **S.W.A.T.** 21/23. (S2) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** (S)(R)
6.00 **The Office (US)** 8/26. Gabe invites his co-workers to his house, while Andy confesses a secret to Phyllis. (S)(R) **6.30** 9/26. Michael encourages his colleagues to invest in Ryan's new business idea, but Pam fears his generosity is being exploited. (S7) (S)(R)

9.00 Andor

7.00 **The Simpsons** *Havana Wild Weekend:* The family take a trip to Cuba in search of cheap medical care for Grampa. (S)(R) **7.30** *Dad Behaviour:* Grampa learns he is about to become a father again. (S)(R)
8.00 **Attenborough's Journey** Documentary following David Attenborough as he travels around the world to make his series *First Life*, which explores the origins of life on Earth. (S)(R)(AD)
9.00 **Andor** New episode *The Eye:* 6/10. With cover from a local festival, the Aldhani mission reaches the point of no return and the rebels infiltrate the Imperial base to carry out the payroll heist. (S1) (S)
10.00 **Rooster** New episode 8/10. Comedy series starring Steve Carell and Charly Clive. (S1)
10.40 **Last Week Tonight with John Oliver** New edition Talk show in which the comedian takes a satirical look at a range of news and pop culture topics from the past seven days.
11.25 **Saturday Night Live UK** 5/8. Nicola Coughlan hosts, with music from Foo Fighters. (R)
12.40 AM **Grimm** 1/22. Nick is seemingly killed. (S3) (S)(R)
1.35 **Police 24/7** (S)(R)
2.30 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** 19/23. (S2) (S)(R)
4.00 **S.W.A.T.** 21/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
8.00pm Charmain and the Prophet **8.30-9.00** Scotland's Home of the Year **11.10** Panorama **11.40** Sportscene: SWPL Highlights **12.10am** Scotcast **12.40** The Repair Shop **1.40** Weather for the Week Ahead **1.45-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
8.30-9.00pm Greatest Gardens with Diarmuid Gavin and Carol Klein **10.40** Peelers: The PSNI for Real **11.10** Have I Got News for You **11.40** The Repair Shop **12.40-6.00am** BBC News

WALES
Sky 965, Virgin 864, Freesat 965
8.00pm Shift the Thrift **8.30-9.00** Extraordinary Portraits with Bill Bailey **10.40** Scrum V Highlights **11.10** Panorama **11.40** Have I Got News for You **12.10am** Weather for the Week Ahead **12.15-6.00am** BBC News

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Éadaí SOS **11.00** Charmain and the Prophet **11.30pm-12.00m't** Extraordinary Portraits with Bill Bailey

WALES
Sky 968, Freesat 968
No variations

ITV1

WALES
10.45-11.40pm The Murder Line

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Colleen Ramsey: Bywyd a Bwyd **12.30** Heno Aur **1.00** Dylan ar Daith **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion a'r Tywydd **3.05** Cynefin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cymry ar Gynfas **6.30** Rownd a Rownd **6.59** Newyddion **7.00** Heno **7.30** Newyddion a'r Tywydd **8.00** Y Byd yn ei Le **8.25** Garddio a Mwy **8.55** Newyddion a'r Tywydd **9.00** Ffermio **9.33** Y Tywydd **9.35** Ralïo+ **10.05** Adeiladu'r Freuddwyd: Camp Out West **10.35** Arfordir Cymru: Bae Ceredigion **11.05-11.35pm** GISDA: Drws I'r Digartre

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** Naturalist Steve Backshall heads to Ecuador. **7.30** Steve visits Gabon.
8.00 **Sort Your Life Out with Stacey Solomon** 2/6. Stacey coaches members of the Patel family to declutter their home.
9.00 **Louis Theroux: A Different Brain** Louis meets people recovering from brain injuries and the staff who treat them.
10.00 **Louis Theroux: Dark States – Murder in Milwaukee** A look at gun crime in the US city.
11.00 **Women's Champions League** Semi-final highlights.
11.30 **Ashley Cain: Into the Danger Zone**
12.30 AM **Louis Theroux: A Different Brain**
1.30 **Louis Theroux: Dark States – Murder in Milwaukee** As 10.00pm.
2.30 **Proper Ladies** Comedy.
2.40 **Glue** Animated sketches.
2.55 **to 3.55** AM **Ashley Cain: Into the Danger Zone**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **The Yorkshire Dales** Paul Rose explores the area, beginning in Wensleydale.
7.30 **Canal Boat Diaries** Robbie Cumming travels along the Shropshire Union Canal.
8.00 **Lost Cities of the Ancients** The ancient Egyptian capital Piramesse, founded by Ramesses II.
9.00 **The 1951 Festival of Britain: Brave New World** Documentary using archive footage and personal testimonies to explore the 1951 Festival of Britain.
10.00 **British Art at War: Bomberg, Sickert and Nash** Andrew Graham-Dixon explores how three British artists responded to the cataclysm of World War One.
11.00 **Barcelona: An Art Lovers' Guide**
12.00 M'T **Art That Made Us**
1.00 AM **The 1951 Festival of Britain: Brave New World** As 9.00pm.
2.00 **to 3.00** AM **Art That Made Us**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The contest begins at the Shelley Guest House in Aberystwyth. **4.50** A visit to Ixworth House in Bury St Edmunds. **5.20** The third visit of the week is to the Georgian House & Mews in York. **5.50** The fourth and final visit is to The George Hotel in Orton, Cumbria. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** The hosts catch up with house-hunters who wanted to leave London.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer help a couple in Cowbridge, Wales.
9.00 **Our Farm Next Door: Amanda, Clive and Kids** The Owens gear up for another busy lambing season – but there is still the task of putting the ancient hearth stone back in place in front of the fire.
10.00 **24 Hours in A&E** A five-year-old is rushed to A&E after being hit by a car.
11.05 **24 Hours in A&E**
12.10 AM **Emergency Helicopter Medics**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped's Deep South Adventure**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight Australia** Reality series.
11.30 **First Dates**
12.30 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.30 **Married at First Sight Australia** Reality series.
5.00 **America's Next Top Model: All-Stars** Supermodel Tyson Beckford joins the judges' panel.
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** Ste has a huge decision to make.
7.30 **Married at First Sight Australia** New edition The group's fractured dynamic looms large at the sixth Commitment Ceremony.
9.00 **Made in Chelsea** New edition Jazz and Inga's friendship comes under the spotlight once again.
10.00 **Gogglebox** *Strictly Come Dancing* and *Coronation Street* are appraised.
11.05 **First Dates**
12.10 AM **Naked Attraction**
1.15 **Married at First Sight...**
2.40 **Made in Chelsea**
3.30 **The Goldbergs**
4.20 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

Monday primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: Rapid Response**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** 12&13/19. (S2)
1.00 PM **The Rookie** 2/10. The team gather to celebrate Nolan and Bailey's wedding. **2.00** 3/10. Nolan and Bailey's honeymoon is cut short. (S6)
3.00 **Law & Order: Criminal Intent** 15/23. A restaurant critic is found murdered. (S4)
4.00 **Nothing to Declare**

10.00 Blue Bloods

7 PM
7.00 **Police 24/7** A man pleads for help from the police as he tries to resolve family issues.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Law & Order: Criminal Intent** *Poison:* 7/22. The detectives hunt a killer responsible for murdering hospital patients. (S1)

10 PM
10.00 **Blue Bloods** *Allegiance:* 14/20. Baez forces Danny to help her find the killer of her favourite TV personality. (S12)
11.00 **The Rookie** 12/20. (S1)
12.00 M'T **FBI** 2&3/19. (S2)
2.00 AM **The Rookie** New episode 11/18. A familiar face helps track down a killer. (S8)
3.00 **Law & Order: Criminal Intent**
4.00 **Highway Cops**
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town**
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 4&5/12. (S3)
12.10 PM **Billions** 5&6/12. (S3)
2.30 **The Young Pope** 1/9. (S1)
4.30 **Billions** 5/12. Taylor travels to Silicon Valley to explore new business opportunities. **5.35** 6/12. Axe tracks down a critical piece of evidence that could destroy him. (S3)
6.50 **The Last of Us** 2/7. As a storm brews in the mountains, the residents of Jackson Hole prepare for the worst. (S2)

9.00 Euphoria

7.55 **The Last of Us** *The Path:* 3/7. After Dina shares crucial intelligence information, Ellie prepares to petition the town council. (S2)

9.00 **Euphoria** New episode *The Ballad of Paladin:* 3/8. Drama offering a look at the complexities of life in a social-media obsessed world. (S3)
10.15 **Heated Rivalry** *Rookies:* 1/6. Two rival ice hockey players make an emotional connection. (S1)
11.15 **The Last of Us** (S2)
1.25 AM **Homicide: Life on the Street** 17/20. A 16-year-old murder case is reopened. **2.30** 18/20. Drama. (S3)
3.35 **The Guest Wing**
4.35 **Sort Of** 1/8. (S2)
5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.35 **Dress to Impress**
8.30 **Georgia and Tommy**
9.30 **The Only Way Is Essex**
10.30 **Real Housewives of Atlanta**
11.20 **Real Housewives of New...**
12.15 PM **Limitless Win**
1.15 **I'm a Celebrity... South Africa** Reality series.
3.15 **The Only Way Is Essex**
4.10 **Real Housewives of Atlanta**
5.05 **Real Housewives of New Jersey** Reality series.
5.55 **I'm a Celebrity... South Africa Final** Reality challenge.

9.00 The Only Way Is Essex

7.30 **I'm a Celebrity... South Africa Final** The series reaches its climax and one of the final three is crowned the winner.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **The Only Way Is Essex** New edition The trip to Vietnam continues, and Diags organises a day out to a local fishing village.

10.05 **Family Guy** 3/15. Peter and Mayor West confront actor Tom Selleck. (S22) **10.30** 17/20. Lois is accused of stealing. (S21)
11.00 **Family Guy** 18/20. Peter gets a job as a night watchman at the Pawtucket Brewery. (S21)
11.30 **American Dad!** (S12)
12.35 AM **Bob's Burgers** (S12)
1.35 **Plebs** 2/8. (S4)
2.00 **Deal or No Deal**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Lewis** *Fearful Symmetry.*
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *Picture of Innocence:* Barnaby is implicated in the murder of a photographer.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Vacant Possession:* Newcomers are treated with hostility and the case of a peeping Tom is investigated.

10.00 DCI Banks

6.55 **Heartbeat** *We're All Allies Really:* Buried resentments rise to the surface when a German arrives in Aidensfield.

8.00 **Midsomer Murders** *The Great and the Good:* A teacher keeps waking in the night, believing that she has an intruder, but her neighbours are unconvinced – until a local councillor is found dead in her garden. Guest stars Paul Kaye.

10.00 **DCI Banks** *Strange Affair – Part One:* When new recruit Helen Morton finds evidence linking Banks to a murder victim's body, she speculates he could be a suspect.
11.00 **DCI Banks** *Strange Affair – Part Two:* Banks breaks the news of Roy's death.
11.50 **Lewis** *Fearful Symmetry.*
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.05 **Kojak**
8.10 **The Saint**
9.15 **Boon**
10.20 **The Sweeney**
11.25 **BattleBots**
12.30 PM **Magnum, PI**
1.35 **Kojak**
2.40 **The Saint**
3.40 **Boon**
4.50 **Sharpe** *Sharpe's Siege:* 2/3. Having finally recovered from the death of his beloved Teresa, Sharpe gets married to Jane Gibbons. (S4)

9.00 Rocky V

7.00 **River Monsters** Jeremy Wade returns to Australia's deadly Fitzroy River to investigate one of the world's rarest fish.

7.30 NEW SERIES **Underwater Grand Fishing Adventure** Ali Hamidi and Roo Abbott fish at Millhayes in Devon.

9.00 FILM **Rocky V** Boxing drama sequel starring Sylvester Stallone. After a brain injury and the revelation his fortune has disappeared, Rocky returns to his roots in the Philadelphia slums. But his situation soon goes from bad to worse. (1990, PG, 104min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Wrestling: AEW Collision**
1.05 AM **Lost** 19/25. (S1)
1.55 **The Sweeney**
2.50 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: This Farming Life**
3.00 **Sign Zone: Landward**
3.30 **Sign Zone: Beechgrove Garden**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Sportscene: SWPL Highlights** Recent action.
8.00 **The Mountain** 3/6. The pub springs a leak. **8.30** 4/6. Spud the piper plays to 25,000 people in Aviemore.
9.00 **Meet You at the Hippos** Mark Bonnar explores street sculptures.
10.00 **River City** New episode Angus finds out Amber went behind his back.
10.30 **Two Doors Down** 5/6. Everyone reveals their hidden talents. (S3)
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Street Gangs**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S7)
9.00 **Sort Of** 1&2/8. (S1)
10.00 **Avenue 5** 3&4/9. (S1)
11.15 **Will & Grace** (S9)
12.15 PM **Based on a True Story** 2&3/8. (S2)
1.30 **Avenue 5** 3&4/9. (S1)
2.45 **Breeders** 7&8/10. (S4)
3.45 **Based on a True Story**
5.00 **Community** (S5)
6.00 **Will & Grace** (S9)
7.00 **The Office (US)** (S7)
8.00 **Resident Alien** (S1)
9.00 **Real Time with Bill Maher** New edition The comedian and his guests discuss the week's events.
10.10 **Rose Matafeo: On and On and On** Stand-up.
11.30 **The Comeback** New episode *Valerie's Home Alone:* 6/8. Valerie finds herself alone amid a media meltdown. (S3)
12.10 AM **Resident Alien** (S1)
1.10 **Breeders** 7&8/10. (S4)
2.10 **Avenue 5** 4/9. (S1)
2.50 **Community** (S5)
3.50 **to 5.00** AM **I Love LA**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **A Midsummer Night's Dream**
8.10 **Artist of the Year**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **André Rieu: Welcome to My World**
1.00 PM **Tales of the...**
2.00 **Bagpipes: A Celebration**
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist 2014**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu: Welcome to My World**
9.00 **André Rieu: Love Is All Around**
11.00 **Comedy Legends**
12.00 M'T **Jamie Cullum Live at Blenheim Palace**
2.30 AM **Greatest Albums Live** Gregory Porter.
4.00 **Discovering**
5.00 **to 6.00** AM **André Rieu: Welcome to My World**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 5/26. (S3)
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Atlantis** (S1)
7.00 **Star Trek: The Next Generation** *Unnatural Selection:* 7/22. (S2)
8.00 **Star Trek: Voyager** *The Cloud:* 6/16. (S1)
9.00 **FBI** *Phantom:* 8/13. (S6)
10.00 **FBI: Most Wanted** (S1)
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S1)
1.00 AM **Brit Cops: War on Crime** Documentary.
2.00 **Night Cops**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A team of five Samaritans take part.
3.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Marc attempts to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

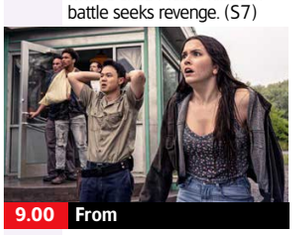
9.00 AM **George Clarke's Old House, New Home**
10.00 **Matt Baker: Travels with Mum & Dad**
11.00 **A New Life in the Sun: Where Are They Now?**
12.00 NOON **Sun, Sea and Selling Houses**
1.00 PM **A Place in the Sun**
3.00 **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It**
4.30 **Come Dine with Me**
7.00 **Help! I Bought It at Auction with Sarah Beeny** From Cornwall.
8.00 **Our Welsh Chapel Dream** Documentary.
9.00 **Gogglebox**
10.00 **Gordon Ramsay's Secret Service**
12.00 M'T **Gogglebox**
1.00 AM FILM **Like a Boss** Comedy drama. (2020, 15, 83min) ★★★
2.40 **Rescue: Extreme Medics**
3.40 **24 Hours in A&E**
4.35 **to 5.00** AM **Travel Man: 48 Hours in Dublin**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 22/26. (S7)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 23/26. (S7)
2.00 **Warehouse 13** 18&19/20. (S4)
4.00 **Stargate SG-1** 19/22. (S4)
5.00 **Star Trek: Voyager** 25/26. Chakotay sparks a mutiny. (S3)
6.00 **Star Trek: The Next Generation** 22/26. A Ferengi whose child Picard killed in battle seeks revenge. (S7)


9.00 From

7.00 **Star Trek: Deep Space Nine** *Extreme Measures:* 23/26. Bashir and O'Brien try to lure Sloan back to the station. (S7)

8.00 **Stargate SG-1** *Prodigy:* 19/22. Carter takes a cadet under her wing, but soon has regrets about her decision. (S4)

9.00 **From** *Strangers in a Strange Land:* 1/10. Donna and Kenny struggle to manage a busload of newcomers.

10.00 **From** *The Kindness of Strangers:* 2/10. It's a tense night in the diner as the residents wait for sunrise. (S2)
11.00 **The Walking Dead** 5/16. The Governor throws a party with a unique twist for the people of Woodbury. (S3)
12.00 M'T **Grimm** 20/22. A strange woman bewitches Nick. (S2)
1.00 AM **Warehouse 13** (S4)
3.00 **The Walking Dead** (S3)
4.00 **From** As shown at 9.00pm.
5.00 **to 6.00** AM **The Swarm**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S17)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 13/23. (S2)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder** (S4)
1.00 PM **Death in Paradise** (S3)
2.00 **Murdoch Mysteries** (S17)
4.00 **The Mentalist** 13/23. (S2)
5.00 **Hudson & Rex** 9/16. A member of an exclusive dating app is found with an arrow through his heart. (S2)
6.00 **My Life Is Murder** 4/8. A private chef is accused of poisoning a client. (S4)

8.00 Death in Paradise

7.00 **Father Brown** *The Winds of Change:* The priest discovers a murderer is using a model village to plan their attacks.

8.00 **Death in Paradise** *An Artistic Murder:* 3/8. Humphrey and the team investigate the shooting of Fidel's old school friend.

9.00 **Death in Paradise** *The Man with the Golden Gun:* 7/8. The owner of a private island is shot dead at a family gathering. (S3)

10.00 **Father Brown** *The Celestial Choir:* A saboteur tries to stop Kembleford winning the Three Counties choir contest.
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** (S3)
1.00 AM **My Life Is Murder** (S4)
2.00 **Murdoch Mysteries** 12/24. A body is found in an alley with the death tarot card. (S17)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Highlights**
8.40 **The Green Green Grass**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
11.20 **Ever Decreasing Circles**
12.00 NOON **Still Open All Hours**
12.40 PM **Keeping Up Appearances**
1.20 **The Green Green Grass**
2.00 **Dad's Army**
2.40 **Are You Being Served?**
3.20 **Still Open All Hours**
4.40 **Dad's Army**
5.20 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**

6.40 Keeping Up Appearances

7.20 **Dad's Army** An enemy aircraft is forced to ditch in a reservoir near Walmington-on-Sea.

8.00 **Still Open All Hours** Love is in the air in the corner shop as Granville attempts to woo Mavis. **8.40** Leroy tells Beth about his plan to find a blind date for Ruby.
9.20 **Not Going Out** The gang spend a weekend on Frank's new boat.

10.00 **Not Going Out** The friends jet off on a summer holiday.
10.40 **Still Open All Hours** As shown at 8.00pm.
11.20 **Still Open All Hours**
12.00 M'T **Men Behaving Badly** Gary goes on his stag night.
12.40 AM **Not Going Out**
1.20 **Ever Decreasing Circles**
2.00 **Inside No 9**
2.30 **The Power of Parker**
3.35 **to 4.00** AM **Toast of London**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **James May's Cars of the People** Documentary.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Aussie Road Train Truckers**
11.00 **Rick Stein's Cornwall**
11.30 **Special Ops: To Catch a Criminal** Double bill.
1.30 PM **Speed with Guy Martin: Classic F1 Special** Guy races against Jenson Button.
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers: Mums Know Best** Birthday treats.
6.00 **Rick Stein's Cornwall**

6.00 Rick Stein's Cornwall

7.00 **Would I Lie to You?** With Bob Mortimer, Patsy Kensit, Greg Davies and Richard Osman. **7.40** Guests include Dermot O'Leary and Josh Widdicombe.
8.20 **Richard Osman's House of Games** With Mina Anwar and Glen Moore.

9.00 **Have I Got a Bit More News for You** Steph McGovern hosts the satirical quiz, with Miles Jupp and Sayeeda Warsi.

10.00 **QI XL** Guests Sue Perkins, Reginald D Hunter and Jimmy Carr join regular Alan Davies and host Stephen Fry.
11.00 **Frankie Boyle's 2019 New World Order** The comedian dissects the events of 2019.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **QI XL** With Liza Tarbuck.
2.50 **to 4.00** AM **Frankie Boyle's 2019 New World Order**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.25 AM **The Bill**
8.20 **Doctors**
9.35 **Classic Holby City**
10.40 **Classic Casualty**
11.45 **The Bill**
12.50 PM **Classic EastEnders**
2.05 **All Creatures Great and Small** James treats a dog with a confusing complaint
3.20 **The Doctor Blake Mysteries**
4.20 **Hetty Wainthropp Investigates** Hetty sets out in search of a gang of thugs.
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

8.00 The Brokenwood Mysteries

7 PM
7.20 **Last of the Summer Wine** Compo and Clegg hatch a devious plan to free henpecked Wally and Howard from their wives.

8 PM
8.00 **The Brokenwood Mysteries** *Leather and Lace:* 1/4. Mike is called upon to investigate when a rugby coach's body is found stripped naked and tied to a goal post. (S2)

9 PM

10 PM
10.00 **New Tricks** *Dead Man Talking:* The team reinvestigate the death of a wealthy financier. Guest stars David Bradley.
11.20 **Dalziel & Pascoe** *On Beulah Heights:* The duo investigate the horrific murder of a child.
1.25 AM **Whitstable Pearl** (S2)
2.20 **All Creatures Great and Small** As shown at 2.05pm.
3.15 **to 4.00** AM **Birds of a Feather**

+1 hour 243 316 60 260

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 2-4/24. (S11)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Crescent City – Part One:* 18/24. The body of a former agent washes ashore in New Orleans. **7.00** *Crescent City – Part Two:* 19/24. The team continue to track political connections to the murder case. **8.00** *Page Not Found:* 20/24. McGee's girlfriend makes a breakthrough in a controversial case. (S11) **9.00** New episode *Moonlit:* 15/20. After a Navy Lieutenant's death reveals ties to Special Agent Sawyer, Torres and Knight uncover another murder. (S22)
10.00 **Law & Order: Special Victims Unit** (S6)
1.50 AM **Blue Bloods**
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Filthy Britain SOS**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A man is rushed in by ambulance after suffering from an epileptic seizure at work.
9.00 **Ambulance: Code Red**
10.00 **A&E After Dark**
11.00 **Skin A&E**
12.00 M'T **Trouble on the Terraces: Caught on Camera** Documentary.
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Skin A&E**
3.35 **to 4.00** AM **Car Pound Cops**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Traffic Cops**
10.00 **Police Interceptors**
11.55 FILM **The Walking Hills** Western adventure with Randolph Scott. (1949, b/w, PG, 78min) ★
1.35 PM FILM **Mackenna's Gold** Western starring Gregory Peck. (1968, 15, 136min) ★★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors** The police dog unit is called into action. **7.00** The Essex unit chase a drug dealer.
8.00 **Motorway Cops: Catching Britain's Speeders** PC Matt Turner stops a vehicle with links to drug dealing.
9.00 **Highway Thru Hell**
10.00 **Motorway: Hell on the Highway** Documentary.
11.00 **The X-Files** 12/25. (S2)
12.00 M'T **Scam City**
1.05 AM **Outback Truckers**
2.05 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point** Triple bill.
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build** A home makeover for a family in Durham. **7.00** Nick Knowles is joined by guest designer Charlie Luxton to help a family in Stoke.
8.00 **Tipping Point** Double bill of the game show hosted by Ben Shephard.
10.00 **The Supervet: Noel Fitzpatrick** A puppy requires a skin graft after being hit by a car, and a Great Dane is diagnosed with a tumour in its leg.
11.00 **Wife Swap USA**
12.50 AM **Sort Your Life Out with Stacey Solomon**
1.55 **to 3.00** AM **Louis Theroux Interviews... Yungblud**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Continental Railway Journeys**
8.00 **Bangers & Cash: Restoring Classics**
10.00 **The World at War**
11.00 **Nazi Hunters**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Nazi Hunters**
5.00 **The World at War**
6.00 **Frozen Planet** A polar bear hunts with her cubs. **7.00** How animals in the polar regions adapt to the summer weather.
8.00 **Great Australian Railway Journeys**
9.00 **Locomotion: Dan Snow's History of Railways** The impact the railway had on London in the late 1830s.
10.00 **Planet Earth III**
11.00 **The Green Planet**
12.00 M'T **Flipping Bangers**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Trawlermen**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Sicily.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family**
7.00 **Celebrity Yorkshire Auction House** Angus Ashworth helps snooker legend Dennis Taylor and actor Lisa Maxwell. **8.00** With Boyzone star Shane Lynch and TV presenter Julia Bradbury.
9.00 **The Yorkshire Auction House** A home full of treasured possessions. **10.00** A man clears his late father's home.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

MONDAY Entertainment

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** Triple bill. (S5)
1.00 PM **The Waltons** (S7)
3.00 **Ballykissangel** 3/6. (S1)
4.10 **Down to Earth** (S2)
5.20 **Bramwell** 9/10. (S3)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 9/25. Fever breaks out in camp.
8.00 10/25. Food poisoning strikes.
8.30 11/25. The team tackle an emergency.
9.00 12/25. Klinger writes a letter home.
9.30 13/25. The medics become saloon-keepers.
10.00 14/25. Hot Lips' boyfriend turns up.
10.30 15/25. A baby is found abandoned. (S8)
11.00 **M*A*S*H** (S8)
12.30 AM **The Avengers** (S5)
1.30 **Rising Damp** 6/7. (S1)
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **FILM Death Rides a Horse** Western. (1969, 15, 111 min) ★
11.30 **Wanted: Dead or Alive**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM **FILM Collision Course** Action thriller. (2012, PG, 90min) ★★
4.00 **The Persuaders!** (S1)
5.00 **The Avengers** (S6)
7.00 **FILM The Double** Crime thriller starring Richard Gere and Topher Grace. (2011, 12, 94min) ★★
9.00 **FILM Chinese Zodiac** Action adventure sequel starring Jackie Chan. (2012, 12, 118min) ★★
11.25 **FILM The Trust** Comedy thriller starring Nicolas Cage and Elijah Wood. (2016, 15, 90min) ★★★
1.25 AM **The Persuaders!**
2.25 **The Avengers** (S6)
4.05 **FILM Hellgate** Western. (1952, b/w, PG) ★★
5.30 **to 6.00** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM Picture Perfect Mysteries: Newlywed and Dead** Drama. (2019, PG) ★★
10.05 **In Plain Sight** (S3)
11.05 **Castle** 1/10. (S1)
12.05 PM **FILM Mystery 101: An Education in Murder** Drama. (2020, PG) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 2/10. (S1)
8.00 **Unforgettable** (S3)
9.00 **In Plain Sight** (S3)
10.00 **FILM Martha's Vineyard Mysteries: A Beautiful Place to Die** Drama. (2020, PG) ★★
11.55 **FILM White Hot: A Sandra Brown Mystery** Drama. (2016, PG) ★★
1.50 AM **FILM Kill Thy Neighbour** Thriller. (2018, 12, 90min) ★★
3.20 **to 5.00** AM **FILM Instakiller** Thriller. (2018, 12, 90min) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM Cupids on Beacon Street** Comedy. (2021, U, 90min) ★★
10.10 **FILM Love at the Ranch** Drama. (2020, PG) ★★
12.10 PM **A Fine Romance**
12.40 **FILM The Movie Star and the Cowboy** Drama. (2023, PG, 92min) ★★
2.40 **FILM Secret Millionaire** Comedy. (2018, PG) ★★
4.30 **FILM Baking Up Love** Drama. (2021, PG) ★★
6.30 **A Fine Romance**
7.00 **FILM Dream Wedding** Drama. (2023, U) ★★
8.55 **FILM The Professional Bridesmaid** Romance. (2023, PG, 115min) ★★
10.50 **FILM The Christmas Pageant** Comedy. (2011, U, 87min) ★★★
12.45 AM **FILM A Date by Christmas Eve** Comedy. (2019, PG, 93min) ★★
3.00 **to 5.00** AM **FILM The Professional Bridesmaid** As 8.55pm.

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Marcus Wareing's Tales from a Kitchen Garden**
2.45 **The Wild Gardener**
3.30 **Garden Rescue**
4.30 **My Floating Home**
5.30 **Marcus Wareing's Tales from a Kitchen Garden**
6.15 **The Wild Gardener**
7.00 **You, Me, Garden?** New edition Garden makeover series.
7.30 **Queer Lives Today**
8.00 **Garden Rescue**
10.00 **LumoTV: Random**
10.30 **Queer Lives Today**
11.00 **How to Have a Better Orgasm** Documentary.
12.00 M'T **FILM Permissive** Drama starring Maggie Stride and Gay Singleton. A woman becomes a rock band groupie. (1970, 18, 88min) ★★
2.00 AM **The Greatest Auction** Double bill.
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **The Prime of Miss...**
11.05 **Wish Me Luck** (S1)
12.05 PM **The Gaffer** (S3)
12.35 **Rewind Time Machine**
12.40 **Second Thoughts** (S2)
1.10 **Agony** (S3)
1.40 **The Champions** (S1)
2.40 **The Prime of Miss Jean Brodie** 2/7. (S1)
3.45 **Hank the Cowboy**
4.00 **Tracing the Rails**
4.30 **Jack Hargreaves' Old Country** (S1)
5.00 **Stereo Underground**
6.00 **The Gaffer** 1/7. (S3)
6.30 **Agony** (S3)
7.00 **Second Thoughts** (S2)
7.30 **The Fenn Street Gang**
8.00 **The Champions** (S1)
9.00 **Drop the Dead Donkey**
10.00 **Rik Mayall Presents**
11.05 **FILM Invasion of the Bee Girls** Erotic thriller. (1973, 18, 82min) ★
12.50 AM **Stereo Underground**
1.50 **The Rewind Jukebox**
2.50 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysteries of the Deep**
10.00 **Deadliest Catch**
12.00 NOON **The Alaska Triangle** Documentary.
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Trapped in the crab-rich northern grounds, one boat faces a 60ft wave.
8.00 *Cornelia Marie*'s crane comes off the rails, causing injury and damaging equipment.
9.00 **Crikey! It's the Irwins** Serious complications arise after the birth of Talbert the giraffe.
10.00 **The Zoo**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Man v Food**
7.00 **Rick Stein's Fruits of...**
8.00 **The Pioneer Woman**
9.00 **Jamie Oliver: Cooking for Less**
10.00 **Barefoot Contessa: Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **James Martin's Brittany** Triple bill.
2.30 **James Martin's Champagne**
3.00 **Rick Stein's Fruits of the Sea** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie Oliver: Cooking for Less**
6.00 **Barefoot Contessa: Back to Basics**
7.00 **Great British Bake Off**
9.00 **Adam Richman Eats Football** Double bill.
10.00 **Roux Down the River**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food: Best Of**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 8/25. (S7)
9.00 **T.J. Hooker** 21/22. (S2)
10.00 **Six Million Dollar Man**
11.00 **FILM Triassic Hunt** Action adventure. (2021, 15, 86min) ★★
1.00 PM **FILM Donovan's Reef** Action comedy. (1963, U, 104min) ★★★
3.05 **FILM Operation Dunkirk** Adventure. (2017, 15, 96min) ★★
5.00 **Star Trek** 17/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 22/22. (S2)
8.00 **Walker, Texas Ranger**
9.00 **FILM Outlander** Sci-fi action adventure. (2008, 15, 115min) ★★★
11.25 **FILM Pandorum** Sci-fi horror thriller. (2009, 15, 108min) ★★★
1.35 AM **FILM Maximum Overdrive** Horror. (1986, 18, 97min) ★★★
3.30 **to 5.15** AM **FILM The Disappearance** Thriller. (1977, 15, 102min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **FILM Bermuda Tentacles** Thriller. (2014, 12, 86min) ★★
11.00 **Andromeda** 6/22. (S1)
12.00 NOON **The Gambler: The Adventure Continues** 2/2.
2.00 PM **FILM San Andreas Mega Quake** Thriller. (2019, 12, 87min) ★★
4.00 **Walker, Texas Ranger**
5.00 **FILM Meteor Moon** Sci-fi adventure starring Dominique Swain. (2020, PG, 80min) ★★
7.00 **Andromeda** 7/22. (S1)
8.00 **The Fall Guy** (S4)
9.00 **FILM Drop Zone** Action thriller starring Wesley Snipes and Gary Busey. (1994, 15, 102min) ★★
11.05 **FILM Any Bullet Will Do** Western adventure starring Kevin Makely. (2018, 15, 110min) ★★
1.15 AM **FILM Drop Zone**
3.15 **FILM Meteor Moon**
5.00 **to 6.00** AM **Andromeda**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.35 **Storage Wars Canada**
8.30 **Storage Wars**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **Alien Corridors**
12.10 PM **Curse of...**
1.05 **Pawn Stars**
2.05 **Storage Wars**
3.05 **Storage Wars Canada**
4.00 **Ancient Aliens**
5.00 **UFO POV**
6.00 **Storage Hunters**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **Curse of Skinwalker Ranch** Documentary.
10.00 **Beyond Skinwalker Ranch** Documentary.
11.00 **Legends of the Pharaohs** Double bill.
1.00 AM **UFO POV**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising South America with Jane McDonald** Chile.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **Around the World by Train with Tony Robinson** Double bill.
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Jane McDonald: From Pole to Pole**
10.00 **Inside the Tower of London** Cameras focus on a new exhibit.
11.00 **Susan Calman's Grand Day Out**
12.00 M'T **Wentworth Prison**
1.00 AM **The Yorkshire Vet**
2.00 **Cruising with Jane McDonald**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Celebrity Catchphrase** With Anton Du Beke, Gemma Collins and Paul Sinha.
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities**
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Tenable** University students from Leeds take part in the quiz.
7.00 **The Chase** Triple bill of the quiz show.
10.00 **The Chase Celebrity Special** Kaye Adams, Mark Bright, Jayne Torvill and Richard Arnold compete for charity.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at:
8.00 23/23. Raj and Howard decide to register Sheldon with an online dating site. (S3)
8.30 1/24. Sheldon announces that he is about to go on his first-ever date. (S4)
9.00 **Mock the Week** With Rhys James, Katherine Ryan, Hugh Dennis, Sara Pascoe, Glenn Moore and Sarah Keyworth.
10.00 **Zero Stars** Roisin Conaty and Sara Pascoe travel across Albania.
11.00 **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers: Sideline Smack Talk**
8.30 **Impractical Jokers: Servin' Up Laughs**
9.00 **Impractical Jokers: Outtakes and Chill**
9.30 **Impractical Jokers: The Inspired Unemployed**
10.00 **Everybody Loves Raymond** (S4&5)
1.00 PM **Friends** (S5&6)
9.00 **Michael McIntyre's The Wheel** Game show.
10.00 **Impractical Jokers** New edition The guys act as overprotective parents.
10.30 **Alan Carr Live: Spexy Beast** Stand-up show.
11.30 **Iain Stirling's Roast the Internet**
12.30 AM **Whose Line Is It Anyway? USA**
1.30 **South Park** (S22)
2.30 **Kevin Bridges: A Whole Different Story**
3.30 **Michael McIntyre's The Wheel** Game show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves...**
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** Game show.
10.00 **Whose Line Is It...**
11.00 **Friends** (S9)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Utopia** 6/8. (S1)
4.00 **Michael McIntyre's Big Show** Game show.
5.00 **Whose Line Is It Anyway? USA**
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** (S4&5)
10.00 **Friends** (S5&6)
1.00 AM **Bradley & Barney Walsh: Breaking Dad**
2.00 **Michael McIntyre's Big Show** Game show.
3.00 **Utopia** 6/8. (S1)
3.20 **Teachers** 2/20. (S2)
3.45 **Important Things with Demetri Martin**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.10 **Bread** 4/11. (S7)
10.45 **Steptoe and Son** (S7)
11.20 **Oh, Doctor Beeching!**
11.55 **Rising Damp** 2/6. (S4)
12.25 PM **Man About the...**
12.55 **Goodnight Sweetheart**
1.35 **When the Boat Comes In** 3/15. Drama. (S3)
2.35 **Minder** 7/13. (S8)
3.40 **Just Good Friends** (S3)
4.15 **Man About the House**
4.50 **Some Mothers Do 'Ave 'Em** 2/6. Sitcom. (S3)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Steptoe and Son** (S7)
6.50 **Rising Damp** 1/6. (S4)
7.20 **Whatever Happened to the Likely Lads?** (S1)
7.55 **Minder** 3/13. (S2)
9.00 **Benidorm** 6/7. (S3)
9.55 **Shameless** 10/22. (S8)
10.55 **Man About the House**
11.30 **Mind Your Language**
12.00 M'T **Benidorm** 6/7. (S3)
12.55 AM **Minder** 9/10. (S5)
2.05 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **16 and Pregnant**
6.45 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Double bill.
3.00 **Catfish UK**
5.00 **Help! I'm in a Secret Relationship!**
6.00 **NEW SERIES Beauty and the Geek Australia** Return of the reality show.
8.00 **Judge Geordie**
9.00 **NEW SERIES Bar Rescue** Jon Taffer helps a bar owner in Gilbert, Arizona.
10.00 **Tattoo Fixers**
11.00 **Ink Master**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Black Ink Crew New York** Reality series.
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **Gold Rush: Parker's Trail**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Dr Jeff helps a beloved German shepherd walk again. **2.00** Dr Jeff visits a free clinic and returns with a dog that was hit by a car.
3.00 **How It's Made** Four editions.
5.00 **Alaska: Homestead Rescue** A family find their off-grid paradise under threat from destructive storms and pests.

8.00 Filthy Fortunes

7.00 Wheeler Dealers The boys snap up a Mitsubishi Shogun, and Elvis gets to work on sorting out the car's rust.

8.00 Filthy Fortunes New edition Matt Paxton clears a bat-infested barn and turns a sea of Santas into big money.

9.00 Maine Cabin Masters Chase Morrill and his team renovate a hunting cabin deep in the woods.

10.00 Expedition X Phil and Heather investigate the Loch Ness Monster with actor and monster hunter Rhys Darby.

11.00 **Expedition Bigfoot** An audio expert joins the team after they hear unusual some sounds in the wilderness.
12.00 M'T **Border Control: Spain**
1.00 AM **Maine Cabin Masters**
2.00 **Expedition X** As 10.00pm.
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Preposterous Pets**
10.00 **Tanked**
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** The Raneys help an Oregon homestead under constant threat of fire.
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo: San Diego**
5.00 **Lone Star Law** Oyster season keeps the wardens busy on the land and on water.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Amy treats a wounded cat.

7.00 Treehouse Masters

7.00 Treehouse Masters Pete Nelson seeks out the most wonderful arboreal structures in the world.

8.00 Great Hammerhead Invasion The mysteries of why giant hammerhead sharks gather annually off the coast of Florida.

9.00 Alaska: The Last Frontier The Kilchers face a bigger threat than ever before when a huge earthquake strikes the region.

10.00 Edge of Alaska Neil defies the locals with his mine tour and secret construction project.

11.00 **Super Predator**
12.00 M'T **Alaska: Homestead Rescue** An Oregon homestead under constant threat of fire.
1.00 AM **My Extreme Animal Phobia** Arachnophobia.
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation: Special Report**
10.00 **Hitler's Killer Warships: Drain the Oceans**
11.00 **Lost Treasures of the Bible**
12.00 NOON **Construction Fails**
1.00 PM **Car S.O.S** A 1934 Morgan.
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** A 1970s supercar.
6.00 **Airport Security: Rome** An Albanian woman panics when she is denied entry to Italy.

9.00 To Catch a Smuggler

7.00 Air Crash Investigation Investigating the crash of Air France Flight 447, which proved an extremely difficult disaster inquiry.

8.00 Construction Fails New edition Engineers try to stop huge structures from falling apart.

9.00 To Catch a Smuggler New edition Homeland Security Investigations seize cocaine from a beached boat.

10.00 Inside the CIA: Secrets and Spies A CIA officer is kidnapped behind enemy lines and must survive a 24-hour stand-off.

11.00 **Air Crash Investigation**
12.00 M'T **Car S.O.S** Tim and Fuzz try to save a Alfa Romeo Spider.
1.00 AM **Border Protection Spain**
2.00 **Bid & Destroy**
2.30 **To Catch a Smuggler**
3.20 **Food Factory**
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Hardcore Pawn**
8.45 **Pawn Stars**
10.10 **Storage Wars**
12.00 NOON **History's Greatest Picks with Mike Wolfe**
1.00 PM **The Last Hunt for Nazi Gold** As 9.00pm & 10.00pm.
3.00 **Bomber: Terror of WWII** Triple bill, including at: **5.00** The remorseless development of bombers during World War Two.
6.00 **American Pickers** Mike and Jersey take a trip to an Oddfellow's Lodge, Maryland.

9.00 The Last Hunt for Nazi Gold

7.00 Forged in Fire Champions from previous seasons return to the forge to compete against one of the expert judges.

8.00 History's Greatest Picks with Mike Wolfe New edition A macabre war souvenir sparks shocking revelations.

9.00 The Last Hunt for Nazi Gold New edition Justine Ostrowska and Guy Walters explore bunkers and fortresses in Italy.

10.00 The Last Hunt for Nazi Gold Series finale Justine and Guy brave Austria's Lake Toplitz.

11.00 **History's Greatest Mysteries** The hunt for Nazi treasure.
12.00 M'T **Bomber: Terror of WWII**
2.50 AM **The Last Hunt for Nazi Gold** Double bill of editions.
4.25 **Pawn Stars** Rick tests out a 1800s 'manstopper' pistol, while Chum takes a gamble on a model of Las Vegas.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Movies**
7.00 **Discovering: Lee Marvin**
8.00 **The Directors**
9.00 **Chimp Crazy**
10.00 **JFK: Destiny Betrayed**
11.05 **The Nineties**
12.00 NOON **Be Water**
2.00 PM **McEnroe** The story of former tennis star John McEnroe in his own words.
4.00 **The Directors**
4.55 **Discovering: Lee Marvin**
5.50 **Chimp Crazy** 1/4. A look at the bonds between pet chimpanzees and their owners.

8.00 Murder at the Cottage

6.55 JFK: Destiny Betrayed 1/4. Oliver Stone's documentary exploring the assassination of John F Kennedy in 1963.

8.00 Murder at the Cottage 1/5. Documentary investigating the 1996 murder of Sophie Toscan du Plantier in West Cork.

9.00 Murder at the Cottage 2/5. Jim Sheridan talks to a key witness who called the Irish police back in 1996 with information.

10.00 Murder at the Cottage 3/5. False leads muddy the investigation into Sophie Toscan du Plantier's murder.

11.00 **The Commandant's Shadow** Documentary following the son of the man who was in charge of Auschwitz concentration camp.
1.00 AM **Villeneuve Pironi: Racing's Untold Tragedy**
3.00 **Michael X: Hustler, Revolutionary, Outlaw**
5.00 **to 6.00** AM **Discovering: Lee Marvin**

Monday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters: The Restorers**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Crystal Hunters** Double bill.
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Shed and Buried: Classic Cars** New edition A 1982 Rolls-Royce.
10.00 **Francis Bourgeois & Chris Harris: We Saved a Train**
11.00 **MotoGP Highlights**
12.00 M'T **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Forensic Detectives**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV** The brutal murder of an elderly landlady.
9.00 **The Killer in My Family** The niece of Richard Ramirez tells her story.
10.00 **Britain's Deadliest Kids**
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Murder – Smoke & Lies** A look at the case of Nikitta Grender.
8.00 **UK Crime Files: Body in the Bag** The crimes of Malcolm Green.
9.00 **New Scotland Yard Files** A string of elderly people are found dead.
10.00 **Donal MacIntyre's UK Killer Evidence** New edition Fast track forensics secure a crucial conviction in a frenzied murder.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: Murder – Smoke & Lies**
1.00 AM **UK Crime Files: Body in the Bag**
2.00 **Donal MacIntyre's UK Killer Evidence**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Murder – Buried Alive**
9.55 **UK Crime Files: Murder – Smoke & Lies**
11.00 **48 Hours**
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Kidnap and Murder of an Heiress**
3.00 **UK Crime Files: Murdered for Love**
4.00 **48 Hours**
5.00 **Medical Detectives** A college student is stabbed to death. **5.30** Law enforcement officers in Texas county come under threat. **6.00** A mother and her two children are found murdered in their beds. **6.30** A woman's body is found under a bridge.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Send in the Dogs**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation**
4.00 **Killing Mum and Dad**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **World's Most Notorious Killers**
10.40 **What the Killer Did Next** Megan Newton.
11.45 **World's Most Evil Killers**
12.50 AM **How I Caught the Killer** Documentary.
1.55 **The Real CSI: Miami**
3.00 **Britain's Most Evil Killers**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Maps of Power**
9.50 **Living in the Shadow of WWII** As 8.35pm.
10.55 **Spy Ops** Double bill.
1.00 PM **Digging Up Britain's Past**
2.00 **Maps of Power**
3.15 **Living in the Shadow of WWII** As 8.35pm.
4.20 **Spy Ops** Double bill.
6.25 **Digging Up Britain's Past** A lost garden planted in 1592.
7.30 NEW SERIES **Maps of Power** Documentary exploring how geography has shaped the decisions of governments.
8.35 **Living in the Shadow of WWII** Documentary exploring everyday life during the conflict.
9.45 **Spy Ops** Double bill.
12.00 M'T **Living in the Shadow of WWII**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Undiscovered Vistas**
7.00 **Monkey Life**
8.00 **Great Blue Wild**
9.00 **Wild Dogs: Pack vs Pride**
10.00 **Secrets of the Enchanted Waters** Documentary.
11.00 **Wildlife Icons**
12.00 NOON **Big Beasts: Last of the Giants** Documentary.
1.00 PM **Monkey Life**
2.00 **Great Blue Wild**
3.00 **Wild Dogs: Pack vs Pride**
4.00 **Secrets of the Enchanted Waters** Documentary.
5.00 **Wildlife Icons**
6.00 **Big Beasts: Last of the Giants**
7.00 **Monkey Life** Double bill.
8.00 **Wild Philippines**
9.00 **Dawn to Dusk**
10.00 **Big Beasts: Last of the Giants**
11.00 **Wildlife Icons**
12.00 M'T **Arabian Seas**
1.00 AM **Undiscovered Vistas**
2.00 **Wild Philippines**
3.00 **Dawn to Dusk**
4.00 **Great Blue Wild**
5.00 **to 6.00** AM **Wild Dogs: Pack vs Pride**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Hell on Earth: WWII**
9.00 **Lost U-Boats of WWII**
10.00 **How to Lose a War**
11.00 **Ancient Aliens**
1.00 PM **Digging for Britain**
6.00 **The Proof Is Out There**
7.00 **Lost U-Boats of WWII** Efforts to recover U-Boats believed to be sunk in the Caribbean Sea.
8.00 **How to Lose a War** Strategic catastrophes and doomed military decisions.
9.00 **Bone Detectives: Britain's Buried Secrets** Tori Herridge and a team of scientists visit the most excavated monastic site in Europe, tucked away in the corner of an industrial park in Runcorn, Cheshire.
10.00 **Cracking the Code** A look at the human genome.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Alien Files Reopened**
2.00 **The Great British Dig: History in Your Back Garden**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Canadian Pickers**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Extreme Engineering**
1.00 PM **Codes and Conspiracies**
2.00 **Blowing Up History**
3.00 **Truth Behind the Moon Landing** Triple bill of editions.
6.00 **How It's Made: Dream Cars**
9.00 **How the Universe Works** The search for alien life on other planets in the galaxy. **10.00** The discovery of thousands of exoplanets beyond our solar system.
11.00 **NASA's Unexplained Files** Unexplained transmissions on the far side of the Moon. Plus, an astronomer spots a strange disturbance. **12.00** M'T The story of how NASA made a shocking discovery while tracking an asteroid heading toward Earth. Plus, Apollo 12 astronauts bring something unexpected back from the Moon.
1.00 AM **Truth Behind the Moon Landing** Triple bill of editions.
4.00 **to 6.00** AM **The Dino Hunters**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Murdertown**
2.00 PM **I Met My Murderer Online**
3.00 **Somebody's Hiding Something**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **I Met My Murderer Online**
9.00 **Interview with a Killer** New edition Amber Halford sits down with David Scott to discuss her role in a botched robbery in which two men were killed.
10.00 **Cold Case UK** An assault on two children that haunted Sailsbury for over a decade.
11.00 **Houses of Horror: Secrets of College Life**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interview with a Killer**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **I Met My Murderer Online**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Bizarre Animal Friends**
10.00 **World's Weirdest Animal Faces**
11.00 **Python Hunters**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **America's Wild Southwest**
3.00 **Africa's Hunters**
4.00 **Heartland Docs**
5.00 **Snakes in the City**
6.00 **Yukon Vet**
7.00 **World's Weirdest** A look at animals that prepare for just about anything in unusual ways.
8.00 **Desert Lions: Skeleton Coast** Following three orphaned lion cubs from birth to adulthood.
9.00 **Return of the Hunters** Following predators as they return to Gorongosa National Park in Mozambique.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom: Uprising**
1.00 AM **Animal Fight Club**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

7.00 AM **Tony Robinson's VE Day: Minute by Minute**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** New discoveries about the power of neutron stars.
1.00 PM **NASA's Unexplained Files**
2.00 **Aliens in Alaska**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Tony Robinson's VE Day: Minute by Minute** The key events that made VE Day such a momentous 24 hours.
9.00 **Legendary Locations**
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** An ejection seat.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition X**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Train Truckers**
1.00 PM **Train Truckers** Four editions, including at: **3.00** Zak and Alex face a four-day mission to deliver two classic steam locomotives. **4.00** Ian and Jamie need to move a classic locomotive through the English countryside.
5.00 **The Two Ronnies**
9.40 **The Two Ronnies** Vintage comedy sketches, including the Limerick Writers Convention and the Gravedigger's Wedding. **10.40** Vintage comedy sketches from Messrs Barker and Corbett, including Stage Directions and the Royal Society for the Prevention of Mispronunciation. **11.20** Vintage comedy sketches from Messrs Barker and Corbett, including the Day After Tomorrow's World and the final part of the Phantom Raspberry Blower of Old London Town.
12.20 AM **The Two Ronnies**
3.55 **to 6.00** AM **Great Coastal Railway Journeys**

+1hour 266 376

ID

154 140 166

8.00 AM **On the Case with Paula Zahn** Investigators deal with puzzling clues and odd witness accounts when trying to solve a 1987 murder case.
9.00 **Still a Mystery**
11.00 **People Magazine Investigates**
12.00 NOON **Forbidden: Dying for Love** How a husband's dark past led to a double murder.
1.00 PM **Still a Mystery**
3.00 **People Magazine Investigates**
4.00 **Forbidden: Dying for Love**
5.00 **Betrayed** Double bill.
7.00 **Death by Fame** An interview with an eyewitness sheds light on Jam Master Jay's murder. **8.00** A hopeful soap opera star shines in the background – but her rise crashes instantly because someone doesn't want to see her succeed.
9.00 **Faking It: Tears of a Crime**
11.00 **A Body in the Basement**
12.00 M'T **People Magazine Investigates** Double bill.
2.00 AM **Betrayed** Double bill.
4.00 **to 6.00** AM **Death by Fame**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried: Classic Cars**
11.00 **Richard Hammond's Workshop** Richard faces the hard reality that the workshop isn't yet making any money.
12.00 NOON **Roadworthy Rescues**
1.00 PM **Garage Rehab**
2.00 **Ant Anstead Master Mechanic**
3.00 **James May and the Dull Men**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Mike Brewer: Born Dealer**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Mike Brewer: Born Dealer** Mike heads to Poland to avoid the dreaded British 'Porsche Tax'.
9.00 **Last Chance Garage**
10.00 **James May and the Dull Men**
11.00 **Wheeler Dealers**
12.00 M'T **Mike Brewer: Born Dealer**
1.00 AM **Richard Hammond's Workshop** As 11.00am.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

7.15 AM **A Big Bold Beautiful Journey** As shown at 4.30am.
9.15 **The Conjuring: Last Rites**
11.45 **Final Destination: Bloodlines** Supernatural horror thriller. (2025, 15, 110min) ★★★★
1.40 PM **Blue Moon** Biopic. (2025, 15, 100min) ★★★★
3.25 **Regretting You** Drama. (2025, 12, 116min) ★★★
5.30 **Eddington** Modern-day Western with Joaquin Phoenix. (2025, 15, 148min) ★★★★

8.00 The Conjuring: Last Rites

8.00 The Conjuring: Last Rites Supernatural horror starring Vera Farmiga and Patrick Wilson. Paranormal investigators Ed and Lorraine Warren take on one last case involving mysterious entities they must confront. (2025, 15, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 Pillion Dark comedy drama with Harry Melling and Alexander Skarsgård. A directionless man is swept off his feet when an enigmatic biker takes him on as his submissive. (2025, 18, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Weapons** Horror starring Julia Garner and Josh Brolin. (2025, 18, 128min) ★★★★★
2.40 **Blue Moon** As 1.40pm.
4.30 **to 6.35** AM **A Big Bold Beautiful Journey** Romantic drama starring Colin Farrell. (2025, 15, 109min) ★★★

Sky Cinema Men in Black

303 303 403 503 517

6.00 AM **Men in Black** As 9.50pm.
7.50 **Men in Black II** As 6.25pm.
9.25 **Men in Black 3** As 8.00pm.
11.15 **Men in Black** As 9.50pm.
12.55 PM **Men in Black II** (2002)
2.40 **Men in Black 3** As 8.00pm.
4.30 **Men in Black** As 9.50pm.
6.25 **Men in Black II** Sci-fi action comedy sequel starring Tommy Lee Jones and Will Smith. An evil alien threatens Earth. With Rosario Dawson. (2002, PG, 88min) ★★★

9.50 Men in Black

8.00 Men in Black 3 Sci-fi action comedy sequel with Will Smith, Tommy Lee Jones and Josh Brolin. Men in Black agent J goes back in time to 1969 to save the life of the young Agent K. (2012, PG, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Men in Black Sci-fi action comedy starring Tommy Lee Jones and Will Smith. A streetwise New York cop joins a secret government agency that polices alien activity on Earth. With Linda Fiorentino, Vincent D'Onofrio and Rip Torn. (1997, PG, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Men in Black II** As 6.25pm.
1.15 AM **Men in Black 3** As shown at 8.00pm.
3.05 **Men in Black** As 9.50pm.
5.00 **to 6.45** AM **Men in Black II** As shown at 6.25pm.

Sky Cinema Drama

310 310 410 510 524

7.10 AM **...And Justice for All** Satirical black comedy. (1979, 15, 119min) ★★★
9.20 **On Swift Horses** As 8.00pm.
11.30 **Rob Peace** As 10.10pm.
1.40 PM **A Star Is Born** Drama. (2018, 15, 136min) ★★★★★
4.00 **The Room Next Door** Drama. (2024, 12, 102min) ★★★★
6.00 **Lee** Biopic starring Kate Winslet. (2023, 15, 117min) ★★★

8.00 On Swift Horses Drama starring Daisy Edgar-Jones, Jacob Elordi and Will Poulter. A married couple's promising new life is scuppered by the arrival of the husband's brother. (2024, 15, 119min) ★★★
10.10 Rob Peace Drama directed by and starring Chiwetel Ejiofor, with Jay Will, Camila Cabello and Mary J Blige. A brilliant young man puts his bright future at risk to help his father. (2024, 15, 120min) ★★★

12.15 AM **Oslo** Fact-based drama with Ruth Wilson and Andrew Scott. (2021, 15, 118min) ★★★
2.15 **Burning an Illusion** Drama starring Cassie McFarlane. (1981, 15, 103min) ★★★
4.10 **to 6.00** AM **No Escape** Action thriller. (2014, 15, 101min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.05 AM **Sick** As shown at 6.25pm.
8.45 **The Nun** Horror starring Taissa Farmiga. (2018, 15, 96min) ★★★
10.35 **Annabelle** Horror thriller spin-off. (2014, 15, 97min) ★★
12.30 PM **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★
2.30 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★
4.35 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★

6.25 **Sick** Horror starring Gideon Adlon. (2022, 18, 83min) ★★★
8.00 It Adaptation of the Stephen King chiller, starring Bill Skarsgård, Jaeden Lieberher and Sophia Lillis. A group of bullied New England kids band together to destroy a demonic clown. (2017, 15, 135min) ★★★★
10.15 Blade Action adventure chiller starring Wesley Snipes as the half-human, half-vampire warrior Blade. With Stephen Dorff, (1998, 18, 121min) ★★★

12.20 AM **The Running Man** Adventure. (1987, 18, 101min) ★★★
2.05 **The Parenting** Horror comedy. (2025, 15, 94min) ★★★
3.45 **Strange Darling** Thriller. (2023, 18, 97min) ★★★★
5.25 **to 6.25** AM **Sky Cinema Preview**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.15 AM **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
7.50 **Shrek the Third** Animation. (2007, U, 88min) ★★★★
9.25 **Cats & Dogs** (2001, PG) ★★★
11.00 **Look Who's Talking** (1989)
12.40 PM **Spider-Man: Into the...**
2.40 **Smurfs: The Lost Village** Animation. (2017, U) ★★★
4.15 **Teenage Mutant Ninja Turtles** Fantasy. (2014, 12, 101min) ★★
6.00 **Wicked** Musical fantasy. (2024, PG, 160min) ★★★★

8.40 The Last Airbender

8.40 **The Last Airbender** Fantasy adventure from M Night Shyamalan, based on the children's TV cartoon series. In a divided world, hope rests on a 12-year-old boy who can control the elements. Stars Noah Ringer. (2010, PG, 103min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Charlie and the Chocolate Factory** Tim Burton's fantasy based on Roald Dahl's famous children's story, starring Johnny Depp, Freddie Highmore and Helena Bonham Carter. (2005, PG, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Spider-Man: Into the Spider-Verse** Animation. (2018, PG, 117min) ★★★★★
2.25 **Look Who's Talking** Comedy. (1989, 12, 96min) ★★★
4.05 **to 6.00** AM **Monster Trucks** Fantasy starring Lucas Till. (2016, PG, 104min) ★★★

Sky Cinema Action

306 306 407 507 521

8.05 AM **Transformers: Dark of the Moon** Adventure sequel. (2011, 12, 154min) ★★★
10.45 **Fast & Furious 6** Thriller. (2013, 12, 125min) ★★★
1.00 PM **Fast & Furious 7** Thriller. (2015, 12, 132min) ★★★★
3.20 **Spider-Man: No Way Home** Fantasy adventure sequel. (2021, 12, 148min) ★★★★
5.55 **Twister** Disaster drama with Helen Hunt and Bill Paxton. (1996, PG, 114min) ★★★

10.55 Gladiator II

8.00 **Transformers: Age of Extinction** Sci-fi adventure sequel starring Mark Wahlberg and Stanley Tucci. The shape-changing robots emerge from hiding when technology from their own world threatens the human race. (2014, 12, 166min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **Gladiator II** Historical drama sequel starring Paul Mescal. The son of a slain Roman General enters the Colosseum in an attempt to bring glory back to Rome. (2024, 15, 148min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.25 AM **2 Fast 2 Furious** Action thriller sequel starring Paul Walker, Tyrese and Cole Hauser. (2003, 12, 108min) ★★★
3.15 **The Cinema List: Heroes**
3.35 **to 6.30** AM **The Patriot** Epic drama starring Mel Gibson. (2000, 15, 167min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.20 AM **The First Wives Club** Comedy. (1996, PG) ★★★
9.05 **Blades of Glory** Comedy. (2007, 12, 93min) ★★★
10.40 **Bridget Jones: Mad About the Boy** (2024, 15) ★★★★
12.45 PM **We're the Millers** Comedy. (2013, 15, 110min) ★★★★
2.40 **Little Fockers** (2010, 12) ★★★
4.20 **National Lampoon's Vacation** Comedy. (1983, 15, 95min) ★★
6.10 **See No Evil, Hear No Evil** Comedy. (1989, 15) ★★★

8.00 Dumb and Dumber

8.00 **Dumb and Dumber** Comedy starring Jim Carrey, Jeff Daniels and Lauren Holly. Two nerdy friends embark on a cross-country journey to return a beautiful woman's briefcase. (1994, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

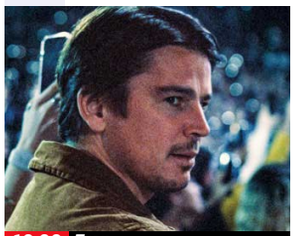
9.50 **Dumb and Dumberer: When Harry Met Lloyd** Comedy prequel set in the 1980s, starring Eric Christian Olsen, Derek Richardson and Eugene Levy. (2003, 12, 85min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **The Hangover** Dark comedy. (2009, 15, 99min) ★★★★
1.05 AM **The Hangover Part II** Dark comedy sequel. (2011, 15, 101min) ★★
2.50 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
4.35 **Sky Cinema Preview**
5.35 **to 7.20** AM **Two Weeks Notice** Romantic comedy. (2002, 12, 101min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Thieves Highway** Thriller. (2025, 15, 110min) ★★★
7.30 **Dirty Harry** Police thriller. (1971, 15, 103min) ★★★★★
9.20 **Murder by Numbers** Thriller. (2002, 15, 120min) ★★★
11.30 **Dog Day Afternoon** Thriller. (1975, 15, 130min) ★★★★★
1.40 PM **Drop** (2025, 15) ★★★★
3.25 **The Bourne Legacy** Thriller. (2012, 12, 129min) ★★★
5.45 **Jason Bourne** Action thriller. (2016, 12, 123min) ★★★


10.00 Trap

8.00 **Nightcrawler** Thriller starring Jake Gyllenhaal. An unscrupulous freelance TV cameraman prowls the streets of LA, looking for scoops to sell to sensation-hungry TV stations. With Rene Russo and Riz Ahmed. (2014, 15, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Trap** Thriller starring Josh Hartnett and Ariel Donoghue. A serial killer attempts to evade a police blockade while attending a concert with his teenage daughter. (2024, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Sleepers** Fact-based drama starring Kevin Bacon. (1996, 18, 146min) ★★★
2.20 AM **The Day of the Jackal** Thriller starring Edward Fox. (1973, 15, 142min) ★★★★★
4.45 **to 6.15** AM **Head Count** Thriller with Aaron Jakubenko. (2023, 15, 77min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Woodlanders** Period drama. (1997, U, 97min) ★★★
12.55 PM **Forty Guns** Cult Western. (1957, b/w, PG, 76min) ★★★
2.35 **The Violent Men** Western. (1955, PG, 96min) ★★★
4.30 **Arabesque** Romantic spy thriller starring Gregory Peck. (1966, 12, 105min) ★★★
6.40 **Jumanji: The Next Level** Fantasy adventure sequel. (2019, 12, 123min) ★★★★

6.40 Jumanji: The Next Level

Jumanji: The Next Level (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Kingsman: The Secret Service** Action comedy starring Colin Firth, Taron Egerton and Samuel L Jackson. A streetwise teenager is given the opportunity to work with a super-secret spy organisation. With Mark Strong and Michael Caine. (2015, 15, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.40 PREMIERE **Holy Cow** French comedy drama starring Clément Faveau. A teenager's carefree life takes a turn when he must provide for his seven-year-old sister. Subtitled. (2024, 15, 92min) ★★★★
1.35 **to 3.40** AM **Antlers** Horror thriller starring Keri Russell. (2021, 15, 99min) ★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Fear Seekers

302 302 402 502 516

6.00 AM **Jaws 2** As 10.15pm.
8.10 **The Secret of Marrowbone** Horror. (2017, 15, 100min) ★★★
10.05 **AfrAid** Sci-fi horror thriller. (2024, 15, 84min) ★★
11.35 **The Watched** Horror thriller. (2024, 15, 102min) ★★★
1.25 PM **Salem's Lot** Horror thriller. (2024, 15, 109min) ★★★
3.25 **The Damned** Horror mystery. (2024, 15, 89min) ★★★★

5.00 **Out of Darkness** Prehistoric horror. (2022, 15, 88min) ★★★
6.30 **Beast of War** Horror thriller. (2025, 15, 87min) ★★★★
8.00 **Jaws** Steven Spielberg's thriller starring Roy Scheider, Robert Shaw and Richard Dreyfuss. A killer shark terrorises a beach resort on America's east coast. (1975, 12, 125min) ★★★★★
10.15 **Jaws 2** Adventure thriller sequel starring Roy Scheider, Murray Hamilton and Lorraine Gary. (1978, PG, 115min) ★★★

12.15 AM **47 Metres Down** Horror. (2017, 15, 89min) ★★★
1.50 **The Toxic Avenger** Horror comedy. (2023, 18) ★★★
3.40 **Bring Her Back** Mystery thriller. (2025, 18, 104min) ★★★★
5.40 **to 6.00** AM **The Cinema List: Fear Seekers**

Sky Cinema Greats

307 307 404 504 518

6.30 AM **Two Mules for Sister Sara** Comedy Western set in Mexico. (1969, 15, 114min) ★★★
8.35 **Escape to Victory** As 3.35pm.
10.35 **Amadeus** Historical drama. (1984, PG, 158min) ★★★★★
1.20 PM **Terms of Endearment**
3.35 **Escape to Victory** War drama. (1981, PG, 111min) ★★★
5.35 **Jerry Maguire** Comedy drama. (1996, 15, 139min) ★★★★

8.00 **Little Women** Screen version of Louisa May Alcott's classic tale of four sisters living in New England during the American Civil War. Stars Winona Ryder, Susan Sarandon and Gabriel Byrne. (1994, U, 114min) ★★★
10.00 **Terms of Endearment** Comedy drama about the love-hate relationship between an eccentric mother and her daughter. Stars Shirley MacLaine, Debra Winger and Jack Nicholson. (1983, 15, 132min) ★★★★★

12.15 AM **Pulp Fiction** Quentin Tarantino's black crime comedy. (1994, 18, 154min) ★★★★★
3.00 **Love Story** Romantic drama. (1970, PG, 100min) ★★★★
4.45 **to 6.30** AM **The First Wives Club** Comedy starring Goldie Hawn. (1996, PG, 102min) ★★★

Sky Cinema Animation

312 315 405 500 514

7.25 AM **Monster Family** Animated comedy. (2017, PG, 96min) ★★
9.10 **Monster Family 2** As 4.00pm.
11.05 **Rock Dog 3: Battle the Beat**
12.45 PM **Pets on a Train** (2025)
2.20 **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★
4.00 **Monster Family 2** Animated sequel. (2021, U, 90min) ★
5.50 **Extinct** Animated adventure. (2021, U, 84min) ★★★

7.20 **Shrek the Third** Animated comedy adventure sequel featuring the voices of Mike Myers, Eddie Murphy, Cameron Diaz and Antonio Banderas. (2007, U, 88min) ★★★★
8.55 **Rock Dog 3: Battle the Beat** Animated comedy adventure sequel featuring the voices of Graham Hamilton and Eddie Izzard. (2022, U, 90min) ★★
10.25 **Pets on a Train** Animation with the voice of Wyatt Bowen. (2025, PG, 87min) ★★★

11.55 **Into the Wonderwoods** Animated family adventure. (2024, U, 81min) ★★★
1.25 AM **The Ogglies** Animation. (2021, PG, 85min) ★★★
2.55 **Extinct** As shown at 5.50pm.
4.25 **to 6.00** AM **Fireheart** Animation. (2022, U) ★★★

Disney+ Cinema

305

6.00 AM **Percy Jackson & the Lightning Thief** Fantasy. (2010, PG, 114min) ★★★
8.05 **Bambi** Disney's classic cartoon. (1942, U, 69min) ★★★★★
9.20 **Bedtime Stories** Fantasy. (2008, PG, 99min) ★★★
11.00 **George of the Jungle** Spoof adventure. (1997, U, 92min) ★★
12.35 PM **Up** Animated comedy. (2009, U, 96min) ★★★★★

2.15 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
4.00 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
5.50 **Monsters, Inc** Animated comedy. (2001, U, 95min) ★★★★★
7.25 **Freaky Friday** Fantasy comedy remake starring Jamie Lee Curtis. (2003, PG, 97min) ★★★
9.00 **Bad Company** Comedy thriller with Anthony Hopkins and Chris Rock. (2002, 12, 112min) ★★★
10.55 **Juno** Offbeat comedy. (2007, 12, 96min) ★★★★

12.35 AM **The Fault in Our Stars** Drama. (2014, 12, 121min) ★★★
2.40 **The Sorcerer's Apprentice** Action fantasy with Nicolas Cage. (2010, PG, 109min) ★★★★
4.35 **to 6.00** AM **The Haunted Mansion** Supernatural comedy. (2003, PG, 87min) ★★

Talking Pictures

328 445 82 306 36

6.00 AM **Ghost Town Law** Western. (1942, b/w, U, 62min) ★★★
7.15 **Saloon Bar** Comedy thriller starring Gordon Harker. (1940, b/w, U, 74min) ★★
8.45 **Look at Life**
9.00 **Star Performance: Marked Down** 9/38. (S3)
9.35 **Bullet Scars** Gangster drama starring Regis Toomey. (1942, b/w, PG, 50min) ★★★

10.50 **Rebecca** Hitchcock thriller starring Laurence Olivier. (1940, b/w, PG, 130min) ★★★★★
1.25 PM **Richard the Lionheart** (S1)
1.55 **The Young Land** Western. (1959, b/w, U, 89min) ★★★
3.45 **The Vise** 9/26. (S2)
4.20 **The Bargee** Comedy. (1964, PG, 106min) ★★
6.30 **The Veil** *The Vestris.* (S1)
7.00 **The Footage Detectives**
8.00 **Bat Out of Hell** 2/5. (S1)
8.30 **Lost Command** Wartime drama. (1966, 15, 130min) ★★

11.05 **Open Fire** Fact-based drama. (1994, 12, 105min) ★★★★
1.15 AM **Salome** Biblical drama. (1953, PG, 104min) ★★
3.20 **Hunting Venus** One-off comedy starring Martin Clunes.
5.20 **Look at Life**
5.30 **to 6.00** AM **Honey West**

Monday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Ref Watch** Refereeing decisions.
10.00 LIVE **WTA & ATP Tennis** Day seven of the Madrid Open, a clay-court tournament held at La Caja Mágica, featuring matches from the third round of the men's and fourth round of the women's draw. Aryna Sabalenka showed why she was the number one seed at last year's event with a 6-2 6-4 victory over Peyton Stearns, while number two seed Iga Swiatek beat Diana Shnaider 6-0 6-7 6-4.
6.30 PM LIVE **MNF Manchester United v Brentford.** Coverage of the Premier League match, staged at Old Trafford. Brentford claimed a 3-1 victory in September's reverse fixture thanks to a brace by Igor Thiago and Mathias Jensen's late strike. Kick-off is at **8.00pm**.
11.00 **Sky Sports News**
11.30 LIVE **NBA Basketball** Coverage of a play-off match.
3.30 **to 6.00** AM LIVE **NBA Basketball** Coverage of a match from the season's play-off stage.

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Stories**
7.30 **The Big Interview**
8.00 **Premier League Highlights**
9.00 **Ref Watch** Refereeing decisions.
10.00 **Sky Sports FC** Football headlines.
12.00 NOON **Premier League Stories**
12.30 PM **The Big Interview**
1.00 **Premier League Highlights**
2.30 **FNF** Sunderland v Nottingham Forest at the Stadium of Light.
3.00 **Premier League Highlights** Liverpool v Crystal Palace. **3.30** Wolverhampton Wanderers v Tottenham Hotspur highlights. **4.00** West Ham United v Everton.
4.30 **SNF** Arsenal v Newcastle United.
5.00 **The Premier League Show**
6.00 **Ref Watch** Refereeing decisions.
6.30 LIVE **MNF Manchester United v Brentford.** The Premier League match from Old Trafford. Kick-off **8.00pm**.
11.00 **Ref Watch** Refereeing decisions.
11.30 **Premier League Stories**
12.00 M'T **MNF Hlts**
12.30 AM **The Big Interview**
1.00 **PL Retro** Action from 2010.
3.00 **PL Greatest Games**
4.00 **PL Best Goals 10/11**
5.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **League One & Two Goals**
7.00 **EFL Highlights**
9.00 **SPFL Round-Up**
9.15 **SPFL Highlights**
9.45 **EFL Highlights**
10.00 **WSL** Match highlights.
10.30 **EFL League One & Two Goals**
11.30 **SPFL Round-Up**
11.45 **SPFL Highlights**
12.15 PM **EFL Highlights**
2.00 **EFL League One & Two Goals**
3.00 **EFL Highlights**
4.00 **SPFL Round-Up**
4.15 **SPFL Highlights**
4.30 **WSL** Match highlights.
5.00 **SPFL Highlights**
5.15 **EFL Highlights**
6.00 **SPFL Round-Up**
6.15 **SPFL Highlights**
6.30 **Bundesliga Highlights Show**
7.30 **EFL League One & Two Goals**
8.30 **WSL** Match highlights.
9.00 **SPFL Round-Up**
9.15 **SPFL Highlights**
9.30 **EFL Highlights**
10.00 **WSL** Match highlights.
10.30 **Bundesliga Highlights Show**
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro**
2.00 AM **Celtic's Invincibles**
3.00 **to 6.00** AM **Highlights**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Tournament highlights.
10.00 **Best of ICC WT20**
10.45 **Lord's Pavilion Portraits**
10.55 LIVE **County Championship Cricket Surrey v Essex.** Coverage of day four of the Division One match staged at the Oval in London.
2.50 PM LIVE **IPL Delhi Capitals v Royal Challengers Bengaluru.** The T20 match at Arun Jaitley Stadium. The Royal Challengers won by six wickets here last year, helped by Vaibhav Sooryavanshi's innings of 101 off 38 balls, and they went on to win the title.
7.00 **Best of ICC WT20** Archive highlights from the tournament.
8.00 **IPL** Lucknow Super Giants v Kolkata Knight Riders highlights. **9.00** Action from Delhi Capitals v Royal Challengers Bengaluru. **10.00** Delhi Capitals v Punjab Kings at Arun Jaitley Stadium. **11.00** Action from Delhi Capitals v Royal Challengers Bengaluru.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** Replay of Delhi Capitals v Royal Challengers Bengaluru.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **DP World Tour Golf** Day four of the China Open.
11.00 **PGA Tour Golf** Day four of the Classic of New Orleans.
4.00 PM **LPGA Tour Golf** Action from the Chevron Championship.
5.00 **PGA Tour Champions** Highlights from this year's Hoag Classic.
6.00 **Scotland's Greatest Golf Holes**
6.30 **PGA Tour Golf** Action from day four of the Classic of New Orleans.
7.30 **DP World Tour Golf** China Open.
8.00 **LPGA Tour Golf** Day four of the Chevron Championship in Texas.
12.00 M'T **PGA Tour Golf**
1.00 AM **How the 2006 Ryder Cup Was Won** Tournament review.
4.00 **Golf Academy**
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis** Action from day six of the Madrid Open.
10.00 LIVE **WTA & ATP Tennis** Coverage of day seven of the Madrid Open at La Caja Mágica.
11.00 PM **WTA Tennis** The Dubai Tennis Championships final.
12.00 M'T **ATP/WTA Tour Classics**
1.00 AM **US Open Classic Matches**
2.00 **Tennis** Event highlights.
3.00 **US Open Classic Matches**
4.00 **ATP/WTA Tour Classics**
5.00 **to 6.00** AM **WTA Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **UEFA Champions League Magazine** News and updates.
6.30 **Premier League**
8.00 **Premier League Stories**
8.30 **Premier League: Big Interview**
9.00 **The FA Cup** Semi-final action.
11.00 **Champions League Magazine**
11.30 **Premier League**
1.00 PM LIVE **Snooker World Championship** Coverage from the second round on day 10 of the tournament staged at the Crucible Theatre in Sheffield.
4.00 **UEFA Europa League & Conference League Magazine**
5.00 **Premier League** Another chance to see Fulham v Aston Villa.
6.30 LIVE **Snooker World Championship** Coverage from the second round on day 10 at the Crucible Theatre in Sheffield.
10.00 **A-League Highlights**
10.30 **A-League Women Highlights**
11.00 **Champions League Magazine**
11.30 **MLB Highlights**
12.30 AM LIVE **MLB Minnesota Twins v Seattle Mariners.** Coverage of the American League match held at Target Field. Start-time **12.40am**.
3.30 **to 6.00** AM **MLB Classic**

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP** Highlights of races from the Grand Prix of Spain.
9.30 **Serie A** Napoli v Cremonese. **10.30** AC Milan v Juventus.
11.30 **Men's Cycling Pro Series** Stage one of the Tour of Turkiye.
12.30 PM LIVE **Men's Cycling Pro Series** Coverage of stage two of the Tour of Turkiye, a 158km route from Aydin to Marmaris.
2.30 **MLB Highlights** Baseball action.
3.30 **The PREM** Newcastle Red Bulls v Bristol Bears at Kingston Park. **4.30** Harlequins v Sale Sharks. **5.30** Saracens v Leicester Tigers. **6.30** Northampton Saints v Bath Rugby at Franklin's Gardens. **7.30** Gloucester v Exeter Chiefs.
8.30 **The PREM – The Wrap Up** The 14th round of fixtures.
8.45 **The Gruppetto** Featuring a look back at the latest cycling action.
9.00 **Fishing: On the Bank** A special winter edition from 2022.
10.00 **WRC Review** Featuring a look back at the Rally Islas Canarias.
11.00 **International T20 Cricket Highlights** Bangladesh v New Zealand: The first T20 game in the three-match series.
12.00 M'T **to 6.00** AM **A-League**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League** St Helens v Leigh Leopards from 2025. **9.00** Another chance to see Warrington Wolves v Wigan Warriors from 2025.
12.00 NOON **NFL Highlights** Green Bay Packers v Detroit Lions.
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Minnesota Vikings v Atlanta Falcons.
4.00 **Super League Highlights** Top-flight rugby league action.
5.00 **NFL Highlights** Action from Chicago Bears v LA Rams.
6.00 **NBC's Pro-Football Talk** With Mike Florio and Chris Simms.
8.00 **NBA on Fire** News and highlights
8.30 **NBA Basketball** Houston Rockets v Los Angeles Lakers: Action from game four of the Western Conference first-round play-off at Toyota Center.
11.00 **Super League Highlights** Hull FC v Hull KR from 2024. **11.15** Leigh Leopards v Salford Red Devils in 2024.
11.30 LIVE **NBA Basketball** Coverage of a play-off match.
3.30 **to 6.00** AM LIVE **NBA Basketball** Coverage of a match from the season's play-off stage.

Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Ref Watch** Refereeing decisions.
10.00 **Sky Sports FC** Football headlines.
10.30 **Best of ICC WT20** England v Australia in the 2010 final.
10.55 LIVE **County Championship Cricket Surrey v Essex.** Coverage of day four of the Division One match staged at the Oval in London.
5.00 PM LIVE **Baller League** Coverage from the UK-based version of the six-a-side football league, which takes place at Copper Box Arena in London. Each match will consist of two halves that are 15 minutes long, and the last three minutes of each half will be played under 'gamechanger rules' such as 'threeplay', which will see the teams reduced to three-a-side.
11.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games** Archive highlights, including Charlton Athletic v Doncaster Rovers from the 2018/19 season.
1.00 AM LIVE **NBA Basketball** Coverage of a play-off match
4.00 **to 6.00** AM **Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **WTA Tennis** Stuttgart Open final.
8.00 **ATP Tennis** Munich Open final.
9.00 **WTA Tennis** Rouen Open final.
10.00 **ATP Tennis** Barcelona Open.
11.00 **Ladies European Tour Golf**
12.00 NOON **IPL** Kolkata Knight Riders v Lucknow Super Giants highlights. **1.00** PM Rajasthan Royals v Royal Challengers Bengaluru.
2.00 **PL Greatest Games** Football highlights from the archives.
3.00 **ICC Men's T20 World Cup** Action from Pakistan v Namibia. **3.30** India v Netherlands.
4.00 **WTA Tennis** Stuttgart Open final.
5.00 LIVE **Baller League** Coverage of the six-a-side football league at Copper Box Arena in London.
11.00 **PGA Tour Golf** Day four of the Classic of New Orleans event.
12.00 M'T **The Insiders**
1.00 AM **WTA Tennis** Highlights.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **ICC Men's T20 World Cup**

TNT Sports 3

413 415 523 410 432

6.00 AM **The PREM** Match highlights.
11.00 **Snooker World Championship**
1.00 PM LIVE **Snooker World Championship** Coverage from the second round on day 10 of the tournament staged at the Crucible Theatre in Sheffield.
4.00 **NWSL** Match highlights from Chicago Stars v Boston Legacy. **5.00** The key moments from Angel City FC v Portland Thorns.
6.00 **Champions League Magazine**
6.30 LIVE **Snooker World Championship** Further coverage of day 10 from the Crucible Theatre in Sheffield.
10.00 **Men's Cycling Pro Series** Stage two of the Tour of Turkiye.
11.00 **Serie A** Italian football action.
1.00 AM **Snooker** Highlights.
3.00 **Men's Cycling Pro Series**
4.00 **The Gruppetto** Cycling action.
4.15 **The PREM – The Wrap Up**
4.30 **WRC Review** Rally Islas Canarias.
5.30 **to 6.00** AM **Formula E**

TNT Sports 4

414 416 524 411 434

6.00 AM **Men's Cycling Pro Series** Stage one of the Tour of Turkiye.
7.00 **Sign Up – Into Football**
7.45 **One Day International Cricket** Bangladesh v New Zealand.
8.45 LIVE **International T20 Cricket Bangladesh v New Zealand.** The first T20 in the three-match series from Bir Shrestha Shahid Flight Lieutenant Motiur Rahman Cricket Stadium in Chattogram.
12.45 PM **Isuzu UTE A-League**
3.45 **The Emirates FA Cup**
4.45 **Playing for Our Future**
6.00 LIVE **Ultimate Pool** Coverage of Group 6 of the Pairs Cup, as leading eightball players battle it out for places in the next stage.
9.30 **UFC** Another chance to see Aljamain Sterling v Youssef Zalal in a featherweight bout at Meta Apex in Las Vegas, Nevada.
12.30 AM **NWSL** Recent action.
2.30 **to 6.00** AM **MotoGP**

Premier Sports 1

419 551

6.00 AM **Top 14 Rugby Union** A replay of Stade Francais v Pau.
8.00 **NHL Ice Hockey** A play-off game.
10.00 **United Rugby Championship** Stormers v Glasgow Warriors. **12.00** NOON Another chance to see Edinburgh v Sharks.
2.00 PM **NHL Tonight**
3.00 **United Rugby Championship** A replay of Munster v Ulster.
5.00 **LaLiga** Villarreal v Cetla Vigo.
6.55 **URC in 60** The 16th round.
7.55 LIVE **LaLiga Espanyol v Levante.** Coverage of the Spanish top-flight match from RCDE Stadium. Kick-off **8.00pm**.
10.00 **Temples of Sport**
10.30 **URC in 60** The 16th round.
11.30 **Sporting Greats**
12.00 M'T LIVE **NHL Ice Hockey** Coverage of a game in the NHL.
3.00 AM **Sporting Countdowns**
3.30 **LaLiga** Osasuna v Sevilla.
5.30 **to 6.00** AM **Sporting Countdowns** Famous moments.

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
6.30 **Brasileiro Serie A** Another chance to see Bahia v Santos. **8.30** Replay of Corinthians v Vasco da Gama.
10.30 **Bike World** Magazine.
11.00 **NASCAR O'Reilly Series** Action from Talladega Superspeedway.
2.00 PM **MotorSport** Valentino Rossi.
2.30 **Bike World** Magazine.
3.00 **SPFL** Another chance to see Dundee United v Dundee.
5.00 **LaLiga** Alaves v Mallorca.
7.00 **Football's Greatest**
7.30 **United Rugby Championship** Zebre Parma v Dragons replay. **9.30** Replay of Lions v Connacht.
11.30 **Temples of Sport** Iconic sporting venues from around the globe.
12.00 M'T **Football's Greatest**
1.00 AM **NHL Specials**
2.00 **NHL: This is Hockey**
2.30 **Temples of Sport**
3.00 **to 6.00** AM LIVE **NHL Ice Hockey** A play-off match.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Archive action from past Miami Grand Prix races.
1.00 PM **British GT Championship** Action from the first round of the season staged at Silverstone.
4.40 **F1 Features**
5.00 **Formula 1** Action from the 2025 Miami Grand Prix sprint race. **6.00** 2025 Miami Grand Prix. **7.00** The Australian Grand Prix. **8.00** With highlights from the Chinese Grand Prix sprint race. **9.00** The Chinese Grand Prix. **10.00** The Japanese Grand Prix. **11.00** Highlights from the 2025 Miami Grand Prix sprint race. **12.00** M'T Highlights from the 2025 Miami Grand Prix.
1.00 AM **F1 Explained**
2.00 **The Best of Australia 2026**
2.25 **The Best of China 2026**
3.00 **F1 Explained**
4.00 **The Best of Australia 2026**
4.25 **The Best of China 2026**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

28 April

Evening Planner

Tuesday

Reality

Interior Design Masters with Alan Carr
BBC1, 8pm (not Wales)
The designers turn bedrooms in a medieval-style hotel into perfect retreats.

Football

Champions League: Semi-Final 1st Leg
Prime Video, kick-off 8pm
Bayern Munich – including Harry Kane – take on PSG in this semi-final first leg.

Factual

Sam & Ade Go Birding
5, 8pm
Samuel West and Ade Edmondson's twitching trip draws to a close, with a quest to track down an elusive bittern.

Cookery

MasterChef
BBC1, 9pm (times vary)
Anna Haugh and Grace Dent challenge six contestants to make one of Grace's favourites – a fish finger open sandwich.

SKY EVENING TIME 7.00PM 7.30PM 8.00PM 8.30PM 9.00PM 9.30PM 10.00PM 10.30PM

FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Interior Design Masters with Alan Carr	9.00 MasterChef		10.00 News; Local News	10.40 Half...
	102 BBC2	7.00 Snooker: World Championship – Live: Coverage of the evening session on day 11					10.00 QI	10.30 Newsnight
	103 ITV1	7.15 The Martin Lewis Money... †		8.00 Emmerdale †	8.30 Coronation... †	9.00 Secret Service †	10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Our Welsh Chapel Dream		9.00 Virgin Island	10.00 Gordon Ramsay's Secret Service	
	105 5	7.00 Michael Portillo in Stockholm		8.00 Sam & Ade Go Birding		9.00 Murder in Shetland: Trial by Jury	10.00 Fare Dodgers: At War with the Law	
	106 SKY ONE	7.00 The Simpsons		8.00 The Dyers' Caravan Park		9.00 Film: The Italian Job		
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Race Across the World		9.00 Better Date than Never	10.05 Film: Booksmart	
	116 BBC4	7.00 The Yorkshire...	7.30 Canal Boat...	8.00 Keeping Up...	8.30 Sorry!	9.00 A History of Britain by Simon Schama	10.00 Storyville: Dogs of War	
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club		9.00 The Real Housewives of Cheshire	10.00 Family Guy	
	136 MORE4	◂ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Bill Bailey's Australian Adventure	10.00 Bill Bailey: Tinselworm	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 Made in Chelsea: Sam Vanderpump's...	10.00 Gogglebox	
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 The Rookie	10.00 Law & Order: Special Victims Unit	
	108 SKY ATLANTIC	◂ 6.55 The Last of Us				9.00 Ligas		10.10 Atomic
	110 U&GOLD		7.20 Dad's Army	8.00 Still Open All Hours		9.20 Not Going Out		10.40 Still...
	111 U&DAVE	7.00 Would I Lie to You?			8.20 Richard Osman's...	9.00 QI XL	10.00 Have I Got a Bit More News for You	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Vera			10.00 DCI Banks	
	120 ITV4	7.00 Goodwood Members Meeting Highlights		8.00 World Rally Championship Highlights		9.00 Millionaire Hot...	9.30 Film: Creed III	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Armageddon		
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 From		
	143 U&DRAMA	◂ 6.40 Last of the Summer Wine		8.00 Rebus				10.10 New Tricks
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 Miss Scarlet	10.00 Death in Paradise	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Stories from the National Portrait...		9.00 National Theatre Live: Under Milk Wood		
	132 U&W	7.00 DIY SOS: The Big Build		8.00 999 Rescue Squad		9.00 The Idaho Murders: Trial by TikTok		10.20 Psychopath with...
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers				9.00 Gold Rush	10.00 Gold Rush: Mine Rescue with Freddy...	
	162 ANIMAL PLANET	7.00 Treehouse Masters: International		8.00 The Pool Master		9.00 Alaska: The Last Frontier	10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Inside the SS			10.00 Killing Hitler	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Invasion: The Normans		9.00 Britain's Murder Map with Vicky...	10.00 History's Greatest Mysteries	
	155 U&YESTERDAY	7.00 Frozen Planet		8.00 Bangers & Cash			10.00 Planet Earth III	
	114 SKY DOCS	◂ 6.55 JFK: Destiny Betrayed		8.00 Murder at the Cottage			10.00 Jealous Guy: The Assassination of...	
FILMS - Sky Cinema	301 PREMIERE	◂ 6.00 Caught Stealing		8.00 The Conjuring: Last Rites				10.25 Weapons
	302 FEAR SEEKERS	◂ 6.00 I Know What You Did Last Summer		8.00 Final Destination: Bloodlines			10.00 Sick	
	303 MEN IN BLACK	◂ 6.00 Men in Black 3		8.00 Men in Black			9.45 Men in Black II	
	304 FAMILY	◂ 6.00 How to Train Your Dragon			8.20 Paddington		10.05 Paddington 2	
	306 ACTION	◂ 6.05 The Fast and the Furious		8.00 Transformers: The Last Knight				10.40 Twisters
	307 GREATS	◂ 5.55 An Officer and a Gentleman		8.00 Cool Hand Luke				10.10 Full Metal Jacket
	308 COMEDY	◂ 6.30 Ace Ventura Pet Detective		8.00 Ace Ventura: When Nature Calls			9.40 The Wedding Singer	
	309 THRILLER	◂ 5.55 RocknRolla		8.00 Patriot Games			10.05 American Gangster	
	310 DRAMA	◂ 6.15 A Mistake		8.00 Jackie			9.45 Ferrari	
	311 SCI-FI	◂ 5.55 Riddick		8.00 The Shining				10.25 From Dusk Till...
	312 ANIMATION		7.20 The Secret Life of Pets 2			8.50 Paws of Fury: The Legend of Hank		10.30 Scarygirl
	313 FILM4	◂ 6.50 Men in Black: International				9.00 Murder on the Orient Express		
SPORT	401 MAIN EVENT	7.00 Tennis – Live	7.30 EFL – Live: Southampton v Ipswich Town (Kick-off 7.45)					10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 PL Review		8.00 Netbusters	8.30 Big Interview	9.00 PL Review	10.00 Netbusters	10.30 Big Interview
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Southampton v Ipswich Town (Kick-off 7.45)					10.30 SPFL Round-Up
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL				
	410 TNT SPORTS 1	◂ 6.30 Snooker World Championship – Live: Coverage from a quarter-final match on day 11 of the tournament					10.00 PL Reload	10.30 MLB Highlights
	411 TNT SPORTS 2	7.00 PL Stories	7.30 PL Review		8.30 Cycling Show	9.00 Race Bikes	9.30 A-League...	10.00 Marathons

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Rip Off Britain** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Shift the Thrift** New edition Former *Traitors* stars Sonja and Aubrey head to Harrogate to raise money for a cat sanctuary. (S)(AD)
2.30 **Designing the Hebrides** (S)(R)(AD)
3.00 **Escape to the Country** New edition A couple search for a new home in Cornwall. (S)
3.45 **Make It at Market** (S)(R)(AD)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 MasterChef

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** The Mitchells try their best to get through to Phil, Cindy and Max have a close call, while the Slaters surprise Big Mo. (S)(AD)

8 PM

8.00 **Interior Design Masters with Alan Carr** New edition 2/8. The designers storm a medieval-style castle to turn hotel bedrooms into perfect love nests, drawing on their own ideas of what makes a romantic retreat. (S)(AD)

9 PM

9.00 **MasterChef** New edition 4/21. Six new contestants enter the kitchen, making their signature dishes and following the recipe for one of judge Grace Dent's favourite comfort foods. (S)(AD)
■ Continues tomorrow

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 NEW SERIES **Half Man** 1/6. Drama starring Richard Gadd and Jamie Bell. As Niall celebrates his wedding, he follows his estranged friend Ruben into a barn, away from all the guests – and in an explosion of violence, he brutally attacks him. (S1) (S)(AD)
11.35 FILM **The Woman in Black** Supernatural chiller based on Susan Hill's novel, starring Daniel Radcliffe. A widowed young solicitor glimpses a mysterious veiled figure when he visits a gloomy mansion to settle a dead woman's estate. (S)(AD) (2012, 12, 90min) ★★★★
1.05 AM **Weather for the Week Ahead**
1.10 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Bargain Hunt** (S)(R)
7.00 **Shift the Thrift** (S)(R)(AD)
7.30 **Great Japanese Railway Journeys** From Tokyo. (S)(R)(AD)
8.00 **Sign Zone: Farm 999** (S)(R)
8.30 **Sign Zone: Lost and Found in the Lakes** A mobile phone. (S)(R)(AD)
9.00 **BBC News** (S)
10.00 LIVE **Snooker: World Championship** Coverage of the morning session on day 11. (S)
12.45 PM **The Tournament** Quiz. (S)(R)
1.30 **Politics Live** (S)
2.15 LIVE **Snooker: World Championship** Coverage of the afternoon session on day 11. (S)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Japanese Railway Journeys** New edition Riding the 21-mile Yamonote line. (S)(AD)

6.30 Great Japanese Railway Journeys

7.00 LIVE **Snooker: World Championship** Hazel Irvine presents coverage of the evening session on day 11 from the Crucible Theatre in Sheffield, featuring the second session of two quarter-finals. Mark Williams and John Higgins had the oldest combined age at any World Championship quarter-final since Eddie Charlton played Fred Davis at the 1979 event when they met each other last year and they were tied at 8-8 at the end of the second session. With commentary and analysis from Steve Davis, Ken Doherty, Steven Hallworth, Stephen Hendry, John Parrott, Joe Perry, Dennis Taylor and Lee Walker. (S)

10.00 **QI** *Vintage:* Susan Calman, Josh Widdicombe and Rosie Jones join regular panellist Alan Davies and host Sandi Toksvig. (S)(R)
10.30 **Newsnight** (S)
11.05 **Inside Britain's National Parks** 4/4. Northumberland's unique landscape of wild moors, gentle hills and deep valleys. (S)(R)(AD)
11.55 **Snooker: World Championship Extra** Extended highlights. (S)
1.55 AM **Sign Zone: Twenty Twenty Six** 3/6. (S1) (S)(R)(AD)
2.25 **Sign Zone: Race Across the World** 4/9. The teams head for Georgia's capital, Tbilisi. (S)(R)(AD)
3.25 **Sign Zone: Inside Barlinnie** (S)(R)
4.25 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** Current affairs and lifestyle features. (S)
10.00 **This Morning** Celebrity chat, lifestyle features and advice. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the experts visit Wolverhampton, where Simon Schneider gets tongue-tied over a Scottish drinking vessel. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

4.00 Tipping Point

7.15 **The Martin Lewis Money Show: Live** New edition Martin tackles the money matters hitting the headlines, covering pensions, stocks and shares ISAs, travel tips, and the latest on the energy price cap announcement. (S)

8.00 **Emmerdale** Moira takes action, Aaron sticks his neck out, while Mandy upsets Paddy. (S)(AD)
8.30 **Coronation Street** Carl prepares to finally leave Weatherfield. (S)(AD)

9.00 **Secret Service** New edition 2/5. Kate prepares to rescue her asset, while as the prime ministerial candidates start to campaign, she uncovers their murky Russian connections. (S1) (S)(AD)
■ Entire series on ITVX

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Murder: A Fight for Justice – True Crime Presents** A look at how journalist Satish Sekar's determination to seek justice for three men wrongly imprisoned for murder led to the real killer being put behind bars. (S)(R)(AD)
11.45 **Millionaire Hot Seat** (S)(R)
12.10 AM **Teleshopping**
3.00 **I'm a Celebrity... South Africa Final** 15&16/16. The remaining campmates battle it out. (S)(SL)(R)
4.40 **DMV: Department of Motor Vehicles** New episode 2/20. The staff struggle with a broken air conditioner. (S1) (S)(SL)
5.05 **to 6.00** AM **Unwind with ITV** (S)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 1-3/26. (S4) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 17-20/25. (S11) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** In Yonkers, New York. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Matt Baker: Travels with Mum & Dad** The Bakers visit the seaside town of Scarborough. (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** (S)(R)
5.00 **Chateau DIY** New edition Terry and Ashley rush to finish their garden in Normandy before visitors arrive. (S)(AD)
6.00 **Sun, Sea and Selling Houses** New edition The Garners find a villa for a couple in Almería. (S)

10.00 Gordon Ramsay's Secret Service

7.00 **News** (S)

8.00 **Our Welsh Chapel Dream** Series finale Keith celebrates his 60th birthday with a party at his and Marj's new home, turning the hall into a cabaret venue and bringing music back to the chapel with the help of a male voice choir. (S)(AD)

9.00 **Virgin Island** New edition Things are set to escalate as the group explore their core desires. Marianne works through deep-rooted issues of trust, and some of the participants begin surrogate partner therapy. (S)(AD)

10.00 **Gordon Ramsay's Secret Service** New edition Gordon visits Marvel Ranch, a near-bankrupt family-owned restaurant in Pennsylvania. (S)(AD)
■ Continues tomorrow
11.00 **24 Hours in A&E** (S)(R)(AD)
12.00 M'T **Emergency Helicopter Medics** Documentary. (S)(R)(AD)
12.55 AM **Wonders of the World I Can't See** 1/4. Chris McCausland travels across the globe. (S)(R)
1.50 **Travel Man: 48 Hours in Vilnius** (R)
2.15 **Extraordinary Escapes with Sandi Toksvig** (S)(R)
3.05 **Big Mood** 3&4/6. (S2) (S)(R)(AD)
4.05 **Couples Come Dine with Me** (R)
4.55 **George Clarke's Old House, New Home** (S)(SL)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Inventing the Girl:* 3/24. A model is murdered during New York Fashion Week. (S)(R)
3.55 **Castle** *Fool Me Once:* 4/24. A conman is found murdered after tricking several schools out of $50,000. (S2) (S)(R)
4.50 **Love Nature** Encouraging children to play outdoors. (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition The habitats on Black Mountain. (S)
6.05 **Susan Calman's Grand Day Out** From Lyme Regis. (S)(R)
6.55 **News** (S)

8.00 Sam & Ade Go Birding

7.00 NEW SERIES **Michael Portillo in Stockholm** 1/3. Michael offers tips on enjoying a stay in the Swedish capital of Stockholm. (S)
■ Continues tomorrow
7.55 **News** (S)

8.00 **Sam & Ade Go Birding** Series finale 3/3. Sam West and Adrian Edmondson visit the flooded Somerset Levels in search of a bittern, Britain's loudest – and possibly most mysterious – bird. (S)

9.00 **Murder in Shetland: Trial by Jury** Series finale 2/2. After a week of evidence for the prosecution, attention turns to the defence, as the accused prepares to give his account to the court. (S)

10.00 **Fare Dodgers: At War with the Law** A revenue protection manager co-ordinates a major operation to clamp down on fare evasion at Clapham, and a law student tries to plead his case. (S)(R)

11.05 **Call the Bailiffs: Time to Pay Up** Documentary. (S)(R)
12.05 AM **Car Crime: Caught on Camera** A car crime bonanza captured by drones. (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **Cash in the Attic** (S)(R)(AD)
3.45 **Friends** (S5) (S)(R)(AD)
4.35 **Amazing Railway Adventures with Nick Knowles** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S2) (S)(R)
9.00 **Magnum P.I.** (S5) (S)(R)(AD)
10.00 **Will & Grace** (S4) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Gladiators** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **Magnum P.I.** (S5) (S)(R)(AD)
3.00 **S.W.A.T.** 22/23. (S2) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** (S)(R)
6.00 **The Office (US)** 10/26. Michael becomes afraid of China's economic power, and Pam loses patience with Dwight's cost-cutting. (S)(R) **6.30** 11/26. Part one of two. Michael is thrilled when he learns Holly will be returning to the Scranton office. (S7) (S)(R)

8.00 The Dyers' Caravan Park

7.00 **The Simpsons** *Pork and Burns:* A book on minimalism inspires Marge to adapt her way of living. (S)(R) **7.30** *Fatzcarraldo:* Homer despairs when Springfield's fast-food restaurants all start serving healthy meals. (S)(R)

8.00 **The Dyers' Caravan Park** 2/6. After a disastrous billboard advert sparks uproar, Danny and Dani scramble to fix the mess by hosting a sports day, hoping it will ease the rivalry and bring everyone together. (S)(R)(AD)

9.00 FILM **The Italian Job** Crime thriller inspired by the classic 1960s caper film, starring Mark Wahlberg, Charlize Theron and Edward Norton. A gang of thieves seek revenge against a former comrade after being double-crossed out of the proceeds of a gold bullion heist. With Seth Green, Jason Statham and Mos Def. (S) (2003, 12, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.10 **The 'Burbs** 5/8. As glimpses of Rob and Naveen's past surface, Samira makes a discovery about her strange neighbour across the street. (S1) (S)(R)
12.05 AM **Grimm** 2/22. Adalind continues her quest to regain her powers. (S3) (S)(R)
1.05 **Police 24/7** (S)(R)
2.00 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** 20/23. (S2) (S)(R)
4.00 **S.W.A.T.** 22/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
6.55pm Party Election Broadcast **7.00-7.30** River City **11.35** Scotcast **12.05am** FILM The Woman in Black (2012, 12, 90min) ★★★★ **1.35** Weather for the Week Ahead **1.40-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Peelers: The PSNI for Real New edition **11.10** NEW SERIES Half Man **12.05am** FILM The Woman in Black: As Scotland. **1.35-6.00am** BBC News

WALES
Sky 965, Virgin 864, Freesat 965
6.55-7.00pm Party Election Broadcast **8.00** NEW Your Voice Live: Election 2026 – The Leaders' Debate **9.30-10.00pm** Walescast

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Greatest Gardens with Diarmuid Gavin and Carol Klein

WALES
Sky 968, Freesat 968
7.00pm This Farming Life (S)(R) **8.00** Interior Design Masters with Alan Carr New edition (S)(AD) **9.00-10.00pm** MasterChef New edition (S)(AD)

ITV1

As main ITV1 except:
WALES
6.25-6.30pm Party Election Broadcast
10.45-11.45pm Sharp End

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Sgwrs Dan y Lloer **12.30** Heno **1.00** Byd o Liw: Arlunwyr **1.30** Ffermio **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Mike Bubbins: Un Mewn Miliwn **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ffasiwn Drefn **6.25** Darllediad Etholiadol **6.30** Ralïo+ **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode **8.25** Rownd a Rownd New episode **8.55** Newyddion a'r Tywydd **9.00** Y Wal New edition **10.00** Clwb Rygbi **10.30** Nol o'r Dibyn gyda Iolo Williams **11.00pm-12.05am** Nôl i'r Gwersyll

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** Steve Backshall tries to race a cheetah. **7.30** A search for dangerous predators in Sri Lanka.
8.00 **Race Across the World** 4/9. The race steps up a gear as the teams head for Georgia's capital, Tbilisi.
9.00 **Better Date than Never** New editions 3/6. Charles gets off to a bumpy start, and Olivia is left speechless after meeting her latest match. **9.35** 4/6. A phone call sets Olivia's heart racing, and Liv has her wedding planned but needs to find her groom.
10.05 FILM **Bookmart** Teen comedy starring Kaitlyn Dever and Beanie Feldstein. (2019, 15, 102min) ★★★★★
11.40 **Stacey Dooley: Rape on Trial** Documentary.
1.20 AM **The Beauty Queen and the Catfish**
2.05 **Louis Theroux: A Different Brain**
3.05 **to 4.05** AM **Louis Theroux: Dark States – Murder in Milwaukee**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **The Yorkshire Dales** Adventurer Paul Rose explores Swaledale.
7.30 **Canal Boat Diaries** Robbie Cumming gets stuck in the mud in Woodseaves Cutting.
8.00 **Keeping Up Appearances** Hyacinth is thrilled to be invited on a golfing weekend.
8.30 **Sorry!** Timothy attempts to put his dreams into practice as the annual promotion interview looms.
9.00 **A History of Britain by Simon Schama** 1/4. The historian looks beyond the romantic tales of Cavaliers and Roundheads to tell the story of the English Civil War.
10.00 **Storyville: Dogs of War** Dave Tomkin reflects on his rise to power within the criminal world.
11.30 **Timewatch: The Empire State Story** Documentary.
12.20 AM **The Jet Stream and Us** Documentary.
1.20 **Barcelona: An Art Lovers' Guide**
2.20 **to 3.20** AM **Lost Cities of the Ancients**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The contest gets under way at The Angel Inn in Wangford, Suffolk. **4.50** The second visit of the week is to Moaps Farm in Dane Hill, East Sussex. **5.20** The third visit is to Jabajak in Carmarthenshire. **5.50** The final visit of the week is to Clarendon Royal Hotel in Gravesend, Kent. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help two couples in south Wales.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer are in Lincoln to help a couple end the five-year debate over their two-bedroom bungalow.
9.00 **Bill Bailey's Australian Adventure** 2/4. Bill heads to Western Australia's Ningaloo Coast to experience the epic scale of the Australian outback.
10.00 **Bill Bailey: Tinselworm** The comedian performs at Wembley Arena at the end of his 2007 UK tour.
11.05 **999: On the Front Line**
12.10 AM **24 Hours in A&E**
2.15 **999: On the Front Line**
3.20 **to 3.50** AM **Food Unwrapped's Caribbean Adventure**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight Australia** Reality series.
11.30 **First Dates**
12.35 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.30 **Married at First Sight Australia** Reality series.
5.00 **America's Next Top Model: All-Stars** One of the finalists is disqualified.
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** Rex does whatever he can to keep Ste.
7.30 **Married at First Sight Australia** New edition A shock split lingers in the air as the homestays begin.
9.00 NEW SERIES **Made in Chelsea: Sam Vanderpump's Story** 1/2. The reality star deals with a devastating health diagnosis.
10.00 **Gogglebox** Opinions on *Celebrity Ghost Trip* and *Strictly Come Dancing*.
11.05 **First Dates**
12.10 AM **Naked Attraction**
1.10 **Married at First Sight...**
2.35 **Made in Chelsea: Sam Vanderpump's Story**
3.30 **The Goldbergs**
4.15 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

Tuesday primetime

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: Rapid Response**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** 14&15/19. (S2)
1.00 PM **The Rookie** 4/10. Thorsen is tested to determine if he is fit enough to return to work. **2.00** 5/10. A toddler is found at the scene of a crime. (S6)
3.00 **Law & Order: Criminal Intent** 17/23. A woman is killed during an emergency phone call. (S4)
4.00 **Nothing to Declare**

9.00 The Rookie

7 PM
7.00 **Police 24/7** Police dogs find a man suspected of a hit-and-run, and officers call fire and medics to the scene of a injured man.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **The Rookie** New episode *Aftermath:* 11/18. A familiar face helps the team to track down a ruthless killer. (S8)

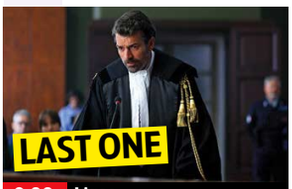
10 PM
10.00 **Law & Order: Special Victims Unit** *Constricted:* 4/22. A romantic date ends with a teenager fighting for her life. (S26)
11.00 **The Rookie** 13/20. A large amount of money found in a drugs raid goes missing. (S1)
12.00 M'T **FBI** 4&5/19. (S2)
2.00 AM **Doc** New episode (S2)
3.00 **Matlock** 5/16. (S2)
4.00 **Highway Cops**
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town**
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 6&7/12. (S3)
12.10 PM **Billions** 7&8/12. (S3)
2.25 **My Brilliant Friend** 7/8. (S2)
3.35 **The Young Pope** 2/9. Pope Pius XIII prepares to make his first speech at St Peter's Square. (S1)
4.45 **Billions** 7/12. Axe and Chuck face mounting evidence of their involvement in the Ice Juice sabotage. **5.50** 8/12. Chuck asserts his political autonomy. (S3)



9.00 Ligas

6.55 **The Last of Us** *Day One:* 4/7. Ellie and Dina find themselves in a brutal battle between the Seraphites and a militia.

8.00 **The Last of Us** *Feel Her Love:* 5/7. Ellie faces a key decision as the WLF make a dangerous discovery. (S2)

9.00 **Ligas** Series finale 6/6. One of Lorenzo's neighbours is accused of assault. Subtitled. (S1)

10.10 **Atomic** *Al Britani:* 1/5. Two men become caught up in a cartel's plot to transport uranium across north Africa. (S1)
11.10 **The Last of Us** 4&5/7. (S2)
1.20 AM **Homicide: Life on the Street** 19/20. Pembleton investigates a shooting. **2.25** 20/20. Drama. (S3)
3.30 **The Guest Wing**
4.30 **Sort Of** 2/8. (S2)
5.00 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.30 **Georgia and Tommy**
9.30 **The Only Way Is Essex**
10.25 **Real Housewives of Atlanta**
11.15 **Real Housewives of New...**
12.10 PM **Limitless Win**
1.10 **Celebrity Catchphrase**
2.10 **Wheel of Fortune**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

9.00 The Real Housewives of...

7.00 **Wheel of Fortune** Graham Norton invites three new contestants to spin the wheel to try to win a possible £50,000.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **The Real Housewives of Cheshire** New edition Rachel hosts a 1980s Diva Murder Mystery.

10.00 **Family Guy** 4/15. Peter and Lois rent a condo in Florida. **10.35** 5/15. Peter abandons Lois. (S22)
11.05 **Family Guy** 19/20. Meg, Brian and Stewie go to Russia to avenge a hacking. (S21)
11.35 **American Dad!** (S12)
12.35 AM **Bob's Burgers** (S12)
1.35 **Plebs** 3/8. (S4)
2.00 **Deal or No Deal**
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.15 **Lewis** *The Indelible Stain.*
11.20 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *They Seek Him Here:* When a film director is beheaded, Barnaby has no shortage of suspects.
3.40 **Classic Emmerdale**
4.45 **Classic Coronation Street**
5.50 **Heartbeat** *Sophie's Choice:* A woman with Alzheimer's disease inadvertently commits a series of crimes.

8.00 Vera

6.55 **Heartbeat** *Gone Tomorrow:* Nick tries to keep the peace during a feud between neighbours.

8.00 **Vera** *For the Grace of God:* DCI Stanhope is called in when a man who ended up on the streets after leaving the army is found dead, and discovers secrets from his past and betrayal in the present.

10.00 **DCI Banks** *Dry Bones That Dream – Part One:* Morton and Banks investigate when an accountant is killed.
11.00 **DCI Banks** *Dry Bones That Dream – Part Two:* Banks questions an MP against orders.
11.50 **Lewis** *The Indelible Stain:* A professor is killed the morning after giving a speech.
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.00 **Kojak**
8.05 **The Saint**
9.10 **Boon**
10.20 **The Sweeney**
11.25 **BattleBots**
12.30 PM **Magnum, PI**
1.30 **Kojak**
2.35 **The Saint**
3.45 **Boon**
4.50 **Sharpe** *Sharpe's Mission:* 3/3. The treacherous Major Brand tries to dupe Sharpe into helping him betray Ross to the French. (S4)

10.00 Creed III

7.00 **Goodwood Members Meeting Highlights** Action from the annual event at the historic motor circuit near Chichester.

8.00 **World Rally Championship Highlights** Action from the Rally Islas Canarias.

9.00 **Millionaire Hot Seat** Quiz show hosted by Jeremy Clarkson.
9.30 **FILM** **Creed III** Boxing drama sequel starring Michael B Jordan. When an old friend resurfaces after a stint behind bars, Creed is lured back into the ring to settle a score. (2023, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.45 **Wrestling: AEW Collision** The latest hard-hitting wrestling action.
1.45 AM **Auf Wiedersehen, Pet**
2.45 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 LIVE **Sportscene: Scottish Youth Cup Final** Queen's Park v Hearts: All the action from the showpiece match, which comes from Hampden Park. Kick-off is at 7.20.
9.30 **Street Gangs** 3/3. Graeme Armstrong explores the Wyndford Scheme in Maryhill.
10.00 **Limbs in the Loch: Catching a Killer** 3/6. Detectives discover that William Beggs had killed before. **10.30** 4/6. Beggs hands himself into a police station in Amsterdam.
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Jules and Greg's Wild Swim** Julie Wilson Nimmo and Greg Hemphill visit the lochs of the Highlands.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S7)
9.00 **Sort Of** 3&4/8. (S1)
10.00 **Avenue 5** 5&6/9. (S1)
11.15 **Will & Grace** (S9)
12.15 PM **Based on a True Story** 4&5/8. (S2)
1.25 **Avenue 5** 5&6/9. (S1)
2.45 **Breeders** 9&10/10. (S4)
3.45 **Based on a True Story**
5.00 **Community** (S5)
6.00 **Will & Grace** (S9)
7.00 **The Office (US)** 7/26. Cecelia's christening is an overcrowded affair. **7.30** 8/26. Gabe invites his co-workers to his house to watch *Glee.* (S7)
8.00 **Resident Alien** *Homesick:* 2/10. Harry struggles to get to grips with emotions. (S1)
9.00 **Saturday Night Live UK** Nicola Coughlan hosts.
10.15 **Ricky Gervais: Fame**
11.45 **Resident Alien** (S1)
12.45 AM **Breeders** (S4)
1.45 **Avenue 5** 5&6/9. (S1)
3.00 **Community** (S5)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Highlights**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **André Rieu: Welcome to My World**
1.00 PM **Tales of the...**
2.00 **Master Crafters: The Next Generation**
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist 2014**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Stories from National Portrait Gallery**
9.00 NEW **National Theatre Live: Under Milk Wood**
11.00 **Van Gogh by Vincent**
12.00 M'T **Yuja x Hockney at Lightroom London**
1.20 AM **The World in a Painting: Vermeer's Hat**
2.35 **Klimt and The Kiss**
3.45 **Wuthering Heights: Love, Hate & Vengeance**
5.00 **to 6.00** AM **André Rieu: Welcome to My World**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 6/26. (S3)
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Atlantis** (S1)
7.00 **Star Trek: The Next Generation:** *A Matter of Honour:* 8/22. (S2)
8.00 **Star Trek: Voyager** *Eye of the Needle:* 7/16. (S1)
9.00 **Fire Country** 17/22. (S1)
10.00 **FBI: International** (S2)
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S1)
1.00 AM **Brit Cops: War on Crime** Documentary.
2.00 **Night Cops**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Contestants from Gloucestershire and Buckinghamshire.
2.00 **Tenable** Warwick Davis hosts as a team of five friends try to answer top 10 lists questions.
3.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Sonia tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Wheel of Fortune** Game show hosted by Graham Norton.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **George Clarke's Old House, New Home**
10.00 **Matt Baker: Travels with Mum & Dad**
11.00 **A New Life in the Sun: Where Are They Now?**
12.00 NOON **Sun, Sea and Selling Houses**
1.00 PM **A Place in the Sun**
3.00 **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **The Dog House**
8.00 **World's Most Secret Hotels** A luxury hotel in the Australian outback.
9.00 **24 Hours in A&E**
10.00 **Super Surgeons: A Chance at Life**
11.05 **Rescue: Extreme Medics** Documentary.
12.05 AM **First Dates**
1.05 **Naked Attraction**
2.10 **Open House: The Great Sex Experiment**
3.10 **Gogglebox**
4.05 **to 5.00** AM **Your Song**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 23/26. (S7)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 24/26. (S7)
2.00 **Warehouse 13** (S4&5)
4.00 **Stargate SG-1** 20/22. (S4)
5.00 **Star Trek: Voyager** (S3)
6.00 **Star Trek: The Next Generation** 23/26. Data suspects the ship is thinking for itself when a series of malfunctions occurs. (S7)

3.00 Warehouse 13

7.00 **Star Trek: Deep Space Nine** *The Dogs of War:* 24/26. A betrayed Kira finds herself trapped in a Cardassian cellar. (S7)

8.00 **Stargate SG-1** *Entity:* 20/22. An alien probe downloads itself into the computer system. (S4)

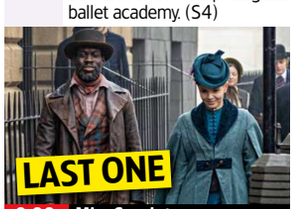
9.00 **From** *Tether:* 3/10. Kenny and Ellis make a grisly discovery in the forest, while Boyd struggles with what is happening to him.

10.00 **From** *This Way Gone:* 4/10. As Boyd's condition grows more alarming, Sara's return puts him in a difficult position. (S2)
11.00 **The Walking Dead** 6/16. Michonne sets an ambush for her pursuers, and Rick suffers a breakdown. (S3)
12.00 M'T **Grimm** 21/22. An army of zombies is on the march. (S2)
1.00 AM **Warehouse 13** (S4&5)
3.00 **The Walking Dead** (S3)
4.00 **From** 2/10. (S2)
5.00 **to 6.00** AM **The Swarm**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S17)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 14/23. (S2)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder** (S4)
1.00 PM **Death in Paradise** (S3)
2.00 **Murdoch Mysteries** (S17)
4.00 **The Mentalist** 14/23. (S2)
5.00 **Hudson & Rex** 10/16. An old case from Superintendent Donovan's past resurfaces. (S2)
6.00 **My Life Is Murder** 5/8. A student is shot dead with a bow and arrow at a prestigious ballet academy. (S4)



9.00 Miss Scarlet

7.00 **Father Brown** *The Company of Men:* The priest helps out a friend at an exclusive gentlemen's club.

8.00 **Death in Paradise** *Ye of Little Faith:* 4/8. The team are called to a hotel where a flight attendant has been poisoned. (S3)

9.00 **Miss Scarlet** Series finale *The Line of Duty:* 6/6. A foreign ambassador is found dead. (S6)
■ Entire series on Box Sets

10.00 **Death in Paradise** *In the Footsteps of a Killer:* 7/8. The team reopen a seven-year-old murder case. (S6)
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** (S3)
1.00 AM **My Life Is Murder** (S4)
2.00 **Murdoch Mysteries** 14/24. Murdoch investigates the death of a science professor. (S17)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Highlights**
8.40 **The Green Green Grass**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
11.20 **Ever Decreasing Circles**
12.00 NOON **Still Open All Hours**
12.40 PM **Keeping Up Appearances**
1.20 **The Green Green Grass**
2.00 **Dad's Army**
2.40 **Are You Being Served?**
3.20 **Still Open All Hours**
4.40 **Dad's Army**
5.20 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**

8.00 Still Open All Hours

7.20 **Dad's Army** The men of Walmington-on-Sea's Home Guard use up all their ammunition shooting at a passing aircraft.

8.00 **Still Open All Hours** Granville's plans to open a coffee shop cause a stir in the neighbourhood. **8.40** Granville discovers there is a major gap in the shop's security.

9.20 **Not Going Out** Lucy plans an anniversary party for her parents.

10.00 **Not Going Out** Lucy's first love turns up. Guest stars Simon Farnaby.
10.40 **Still Open All Hours** As shown at 8.00pm.
11.20 **Still Open All Hours**
12.00 M'T **Men Behaving Badly** Gary's wedding day arrives.
12.40 AM **Not Going Out**
1.20 **Ever Decreasing Circles**
2.00 **dinnerladies diaries**
2.50 **to 4.00** AM **The Power of Parker**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Aussie Road Train Truckers**
11.00 **Rick Stein's Cornwall**
11.30 **Special Ops: To Catch a Criminal** Documentary.
12.30 PM **Special Ops: Crime Squad UK** Documentary.
1.30 **Guy Martin: The World's Fastest Van?** Documentary.
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers: Mums Know Best** Comfort food.
6.00 **Rick Stein's Cornwall**

1.30 The World's Fastest Van?

7.00 **Would I Lie to You?** With Jack Whitehall, Emily Maitlis, Jim Carter and Armando Iannucci. **7.40** With Carol Kirkwood, David O'Doherty, Richard Osman and Susan Calman.
8.20 **Richard Osman's House of Games** With Glen Moore and Mina Anwar.

9.00 **QI XL** Guests Liza Tarbuck, Susan Calman and Sandi Toksvig join regular Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Richard Ayoade hosts the satirical quiz, with Roisin Conaty and Armando Iannucci.
11.00 **Frankie Boyle's New World Order** With Miles Jupp.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You?**
1.40 **QI XL** With Nabil Abdulrashid.
2.35 **Frankie Boyle's New World Order** As 11.00pm.
3.10 **to 4.00** AM **Gadget Man**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.00 AM **The Bill**
7.50 **Doctors**
9.45 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.10 **All Creatures Great and Small** One of Siegfried's old friends lends a hand.
3.20 **The Doctor Blake Mysteries**
4.20 **Hetty Wainthropp Investigates** A road rage case uncovers a tragedy.
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

8.00 Rebus

7.20 **Last of the Summer Wine** Seymour gallantly volunteers to help teach Edie to drive.

8.00 **Rebus** *Black and Blue:* Crime drama based on the books by Ian Rankin, starring John Hannah. World-weary detective inspector John Rebus goes on the trail of a copycat serial killer – only to be taken off the case pending an inquiry.

10.10 **New Tricks** *It Smells of Books:* Brian and the team investigate the death of a professor who perished after falling off the roof of his college.
11.35 **Dalziel & Pascoe** *Recalled to Life:* Dalziel comes under investigation for a wrongful conviction.
1.40 AM **Whitstable Pearl** (S2)
2.35 **to 4.00** AM **All Creatures Great and Small**

+1 hour 243 316 60 260

Tuesday

7 PM **8 PM** **9 PM** **10 PM**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 5-7/24. (S11)
12.00 NOON **Law & Order**
5.00 PM **Law & Order** *Political Animal:* 6/18. A politician is embroiled in a triple murder. (S18)
6.00 **NCIS** *Alleged:* 21/24. The team investigate the murder of a navy officer. **7.00** *Shooter:* 22/24. The team investigate the killing of a photographer. **8.00** *The Admiral's Daughter:* 23/24. DiNozzo is sent to France. (S11)
9.00 **Law & Order** New episode *Duty to Protect:* 12/22. An unknown teenage girl is found dead. (S24)
10.00 **Law & Order: Special Victims Unit** (S6)
1.40 AM **Criminal Minds: Evolution** 3/10. (S17)
2.40 **Law & Order: Criminal Intent** 2/16. (S8)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Filthy Britain SOS**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E: Crash Scene Emergency** A professional MotoGP rider suffers an open fracture on his foot.
10.00 **999: Critical Condition**
11.00 **Skin A&E**
12.00 M'T **999: Emergency Call Out** Documentary.
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Skin A&E**
3.35 **to 4.00** AM **Car Pound Cops**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
9.20 **Traffic Cops**
10.20 **Police Interceptors**
12.30 PM FILM **The Lonely Man** Western. (1957, b/w, PG, 87min) ★★★
2.15 FILM **The Tall Stranger** Western. (1957, PG) ★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors** A pursuit from London arrives in the Essex area. **7.00** A lorry is chased across three counties.
8.00 **Motorway Cops: Catching Britain's Speeders** PC Ian Cosgrove heads to the scene of a hit-and-run. **9.00** Two officers pursue a driver who may be high on magic mushrooms.
10.00 **Police: Suspect No 1**
11.00 **The X-Files** 13/25. (S2)
12.00 M'T **Scam City**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build** A bungalow in Devon is converted into a four-bedroom home. **7.00** Nick Knowles and the team complete an extension in Chesterfield.
8.00 **999 Rescue Squad** A 21-year-old man has been shot in the chest.
9.00 **The Idaho Murders: Trial by TikTok**
10.20 **Psychopath with Piers Morgan** An interview with Paris Bennett.
11.20 **Missing Persons Investigation**
1.15 AM **Deepfake Porn: Could You Be Next?**
2.10 **to 3.00** AM **Louis Theroux Interviews... Bear Grylls**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Continental Railway Journeys**
8.00 **Bangers & Cash: Restoring Classics**
10.00 **The World at War**
11.00 **Nazi Hunters**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **The World at War**
5.00 **Nazi Hunters**
6.00 **Frozen Planet** Polar bears await the return of the Arctic ice. **7.00** The fight for survival during winter.
8.00 **Bangers & Cash** Derek heads to Sunderland to pick up an Italian beauty – a Lancia Fulvia Zagato. **9.00** Derek acquires a Vincent Rapide, a 1928 Alvis and a Ford Pilot.
10.00 **Planet Earth III**
11.00 **The Green Planet**
12.00 M'T **Flipping Bangers**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Trawlermen**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Cumbria.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family**
7.00 **Celebrity Yorkshire Auction House** Angus helps Lisa George and Dominic Littlewood. **8.00** With Les Dennis and Sherrie Hewson.
9.00 **Who Do You Think You Are?** Actor Nitin Ganatra explores why his family left India. **10.00** Singer-songwriter Pixie Lott explores her ancestry.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

TUESDAY Entertainment

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 8-10/26. (S5)
1.00 PM **The Waltons** (S7)
3.00 **Ballykissangel** 4/6. (S1)
4.10 **Down to Earth** (S2)
5.20 **Bramwell** 10/10. (S3)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 16/25. Hawkeye goes on the wagon. **8.00** 17/25. Charles catches mumps. **8.30** 18/25. Hawkeye takes command. (S8)
9.00 **Brush Strokes** 4/6. Jacko and Sandra's love life is put on hold. **9.40** 5/6. Veronica is out to drag Jacko's name through the mud. **10.20** 6/6. Sandra is leaving the company. (S3)
11.00 **Robin's Nest** (S3)
12.00 M'T **M*A*S*H** (S8)
1.30 AM **Rising Damp** (S1)
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **FILM Lone Rider** Action Western. (2008, PG, 80min) ★★
10.55 **Tombstone Territory**
11.25 **Wanted: Dead or Alive**
11.55 **The High Chaparral**
1.55 PM **FILM Bandidas** Action Western. (2006, 12, 92min) ★★
3.50 **The Persuaders!** (S1)
4.50 **The Avengers** (S6)
6.50 **FILM The Vault** Thriller with Freddie Highmore. (2021, 15, 118min) ★★
9.00 **FILM The Commando** Thriller with Michael Jai White and Mickey Rourke. (2022, 15, 89min) ★★
11.00 **FILM Stonados** Disaster thriller starring Paul Johansson and Thea Gill. (2013, PG, 90min) ★
12.55 AM **The Persuaders!**
1.55 **The Avengers** (S6)
3.40 **FILM Disaster Zone: Volcano in New York** Thriller. (2006, 12) ★★
5.10 **to 5.50** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM Morning Show Mysteries: A Murder in Mind** Mystery. (2019, PG, 84min) ★★
10.05 **In Plain Sight** (S3)
11.05 **Castle** 2/10. (S1)
12.05 PM **FILM Ruby Herring Mysteries: Prediction Murder** (2020, PG) ★★
2.00 **Diagnosis Murder** (S7)
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 3/10. (S1)
8.00 **Unforgettable** (S3)
9.00 **In Plain Sight** (S3)
10.00 **FILM Martha's Vineyard Mysteries: Riddled With Deceit** Drama. (2020, PG) ★★
11.55 **FILM Garage Sale Mysteries: The Mask Murders** Thriller. (2018, PG, 84min) ★★
1.50 AM **FILM Labour, Lies and Murder** Thriller. (2022, U, 85min) ★★
3.20 **to 5.00** AM **FILM Time of Death** (2013, PG) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM How to Win a Prince** Comedy drama. (2023, U, 89min) ★★
10.10 **FILM Planning for Joy** Comedy. (2022, PG) ★★
12.10 PM **A Fine Romance**
12.40 **FILM Zoe's Having a Baby** Comedy drama. (2023, U, 90min) ★★
2.40 **FILM Finding Mr Right** Comedy. (2022, U) ★★
4.40 **FILM Mid-Love Crisis** Drama. (2022, PG) ★★
6.30 **A Fine Romance**
7.00 **FILM Cabin Connection** Drama. (2022, PG) ★★
8.50 **FILM The Blessing Bracelet** Drama. (2023, PG, 90min) ★★
10.50 **FILM Crashing Through the Snow** Romance. (2021, PG, 84min) ★★
12.50 AM **FILM Falling in Love at Christmas** Drama. (2021, PG, 84min) ★★
1.55 **Highway to Heaven**
3.00 **to 5.00** AM **FILM The Blessing Bracelet**

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Marcus Wareing's Tales from a Kitchen Garden**
3.30 **Garden Rescue**
4.30 **My Floating Home**
5.30 **Marcus Wareing's Tales from a Kitchen Garden**
7.00 **Love Your Garden**
8.00 **Garden Rescue** Charlie Dimmock and Lee Burkhill create a food-producing garden. **9.00** Flo Headlam and Lee Burkhill transform a New Zealand-inspired garden for junior doctors.
10.00 **Musketeer** Short film.
10.15 **FILM Loving Feeling** Comedy starring Simon Brent. (1968, 15, 82min)
12.00 M'T **FILM Adventures of a Plumber's Mate** Comedy with Christopher Neil. (1978, 18, 88min) ★
2.00 AM **The Greatest Auction** Double bill.
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Prime of Miss Jean Brodie** 1/7. (S1)
11.05 **Wish Me Luck** (S1)
12.05 PM **The Gaffer** (S3)
12.35 **Rewind Time Machine**
12.40 **Second Thoughts** (S3)
1.10 **Agony** 11/13. (S3)
1.40 **Boon** 11/13. (S1)
2.40 **The Prime of Miss Jean Brodie** 1/7. (S1)
3.45 **Rewind Time Machine**
3.50 **We Had One of Those**
4.00 **Tracing the Rails**
4.30 **Old Country** (S1)
5.00 **Stereo Underground**
6.00 **The Gaffer** 2/7. (S3)
6.30 **Agony** 4/7. (S3)
7.00 **Second Thoughts** (S3)
7.30 **The Fenn Street Gang**
8.00 **Boon** 11/13. (S4)
9.05 **Drop the Dead Donkey**
10.05 **Rik Mayall Presents** (S2)
11.10 **FILM Blood for Dracula** Horror comedy starring Udo Kier. (1974, 18) ★★
1.15 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysteries of the Deep**
10.00 **Deadliest Catch**
12.00 NOON **Alaska Triangle**
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** A deckhand suffers a devastating blow. **8.00** The fleet deal with a succession of storms on the Bering Sea.
9.00 **Harpoon Hunters** Captain Joe takes his sons aboard the *Redrum*.
10.00 **Deadliest Catch** Sig gets blown off course in extreme seas.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Roux Down the River**
7.00 **Rick Stein's Fruits...**
8.00 **The Pioneer Woman**
9.00 **Jamie Oliver: Cooking for Less**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
1.00 PM **James Martin's Champagne**
2.30 **James Martin's Brittany**
3.00 **Rick Stein's Fruits of the Sea** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie Oliver: Cooking for Less**
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
9.00 **Prue Leith's Cotswold Kitchen** Sandi Toksvig.
10.00 **24 in 24: Last Chef Standing** New edition The chefs cook for judge Fariyal Abdullahi.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food: Best Of**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 9/25. (S7)
9.00 **T.J. Hooker** 22/22. (S2)
10.00 **Six Million Dollar Man**
11.00 **FILM Martian Land** Sci-fi. (2015, PG) ★
1.00 PM **FILM The Land That Time Forgot** Adventure fantasy. (1974, PG, 91 min) ★★★
3.00 **FILM The Vengeance of She** Fantasy adventure. (1967, PG, 101 min) ★
5.00 **Star Trek** 18/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 1/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 **FILM D-Tox** Thriller with Sylvester Stallone and Polly Walker. (2002, 18, 96min) ★★★
11.00 **FILM Criminal** Thriller. (2015, 15, 113min) ★★★
1.15 AM **FILM Cold in July** Crime thriller. (2014, 15, 108min) ★★★★
3.25 **to 5.15** AM **FILM Deathwatch** Horror. (2002, 15) ★★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **FILM San Andreas Mega Quake** Thriller. (2019, 12, 87min) ★★
11.00 **Andromeda** 7/22. (S1)
12.00 NOON **FILM Meteor Moon** Sci-fi adventure. (2020, PG, 80min) ★★
2.00 PM **FILM Shark** Thriller. (1969, 15, 88min) ★★
4.00 **Walker, Texas Ranger**
5.00 **FILM Zodiac: Signs of the Apocalypse** Sci-fi disaster movie. (2014, PG, 120min) ★
7.00 **Andromeda** 8/22. (S1)
8.00 **The Fall Guy** 14/23. (S4)
9.00 **FILM The Hunter's Prayer** Action thriller. (2017, 15, 91 min) ★★
10.55 **FILM The Power of One** Coming-of-age drama. (1991, 15, 127min) ★★
1.30 AM **FILM The Hunter's Prayer** As 9.00pm.
3.20 **FILM Zodiac: Signs of the Apocalypse**
5.00 **to 6.00** AM **Andromeda**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** South Yorkshire.
6.40 **Pawn Stars**
7.35 **Storage Wars**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **Alien Corridors**
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars**
2.05 **Storage Wars**
3.05 **Storage Wars Canada**
4.00 **Ancient Aliens**
5.00 **Monster Aliens**
6.00 **Storage Hunters**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **Gold Wars Downunder**
10.00 **WWE's Greatest Moments** Double bill.
11.00 **Swamp People**
12.00 M'T **Proof Is Out There**
1.00 AM **Monster Aliens**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Jane McDonald** Argentina.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **The Hotel Inspector** Alex Polizzi revisits a Folkestone hostelry.
10.00 **Pompeii: Life in the City with Dan Snow** Dan Snow and Kate Lister discover what Romans got up to in their spare time.
11.00 **The Frontier**
12.00 M'T **Wentworth Prison**
1.05 AM **The Yorkshire Vet**
2.05 **Cruising South America with Jane McDonald**
3.10 **to 4.00** AM **Paul Martin's Antiques Showdown**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Quiz show,
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Celebrity Catchphrase**
2.00 **The Chase**
3.00 **Pointless Celebrities**
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room** Items for sale include a painting, a rocket toy and retro furniture.
6.00 **Tenable** A team of five Manchester market workers compete.
7.00 **The Chase** Triple bill.
10.00 **The Chase Celebrity Special** Jimi Mistry, Gemma Atkinson, Nadia Sawalha and James Cosmo play for charity.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Quiz.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly** (S5)
8.30 **Young Sheldon** (S1)
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly** (S5)
3.30 **Young Sheldon** (S1)
5.00 **The Big Bang Theory** Eight episodes of the US sitcom, including at: **7.30** 7/24. Leonard vows to be more confident around women. **8.00** 8/24. The friends cross paths with Wil Wheaton once again. **8.30** 9/24. Penny's dad pays a visit. (S4)
9.00 **Sister Wives** New editions Kody travels to North Carolina to apologise to Janelle. **10.00** Kody is nervous about his second apology as he meets up with Christine and David.
11.00 **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's The Wheel** Game show.
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S5)
12.00 NOON **Michael McIntyre's The Wheel**
1.00 PM **Friends** (S6)
8.30 **Friends** 23/25. Phoebe helps Chandler choose the right engagement ring for Monica. (S6)
9.00 **FILM Armageddon** Sci-fi adventure starring Bruce Willis. (1998, 12, 151 min) ★★★
11.55 **Lee Evans: The Ultimate Experience**
1.40 AM **Spin City** 8/26. (S3)
2.10 **Whose Line Is It Anyway? USA**
2.40 **The Culture Capsule**
2.55 **The Bonnaroo Experience**
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S4&5)
7.00 **Teleshopping**
9.00 **Michael McIntyre's...**
10.00 **Spin City** 8/26. (S3)
10.30 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S9)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney...**
3.30 **Utopia** 7/8. (S1)
4.00 **Michael McIntyre's Big Show** With Ellie Goulding.
5.00 **Spin City** 8/26. (S3)
5.30 **Whose Line Is It Anyway? USA**
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** (S5)
10.00 **Friends** 6-11/25. (S6)
1.00 AM **Bradley & Barney...**
2.00 **Michael McIntyre's...**
3.00 **Utopia** 7/8. (S1)
3.20 **Teachers** 3/20. (S2)
3.45 **Jimmy Carr's Am I the A**hole?**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.10 **Bread** 5/11. (S7)
10.45 **Steptoe and Son** (S7)
11.25 **Oh, Doctor Beeching!**
12.00 NOON **Rising Damp**
12.30 PM **Man About the...**
1.00 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 4/15. (S3)
2.40 **Minder** 8/13. (S8)
3.45 **Just Good Friends** (S3)
4.20 **Man About the House**
4.50 **Some Mothers Do 'Ave 'Em** 3/6. (S3)
5.30 **Birds of a Feather**(S11)
6.00 **That's 60s**
6.15 **Steptoe and Son** (S7)
6.55 **Rising Damp** 2/6. (S4)
7.20 **Whatever Happened to the Likely Lads?**
7.55 **Minder** 4/13. (S2)
9.00 **Benidorm** 1/7. (S4)
10.05 **Shameless** 11/22. (S8)
11.05 **Man About the House**
11.35 **That's Entertainment**
12.05 AM **Benidorm** 1/7. (S4)
1.15 **Minder** 1/8. (S6)
2.15 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom: Farewell Special** Reality series.
8.00 **Beauty and the Geek Australia** Reality show.
10.00 **Catfish: The TV Show**
3.00 PM **Catfish UK**
5.00 **Help! I'm in a Secret Relationship!**
6.00 **Beauty and the Geek Australia** New edition
7.30 **FriendZone**
8.00 **MTV's Greatest Cribs Ever** Featuring John Travolta and Boy George.
9.00 **Bar Rescue** New edition
10.00 **Dating Naked UK** New edition
11.00 **Tattoo Fixers**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Bar Rescue**
2.00 **Black Ink Crew**
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked**
9.00 **Gold Rush: Parker's Trail**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Four editions of the series, including at: **4.00** Solid state drives, eye shadow and limousines. **4.30** Dragster tyres, icing, floating docks and spiral pipes.
5.00 **Alaska: Homestead Rescue** A homestead is devastated by flooding and alligators.

9.00 Gold Rush

7.00 **Wheeler Dealers** The boys are determined to mark the MGB's 60th anniversary in style by fixing up one of them.
8.00 **Wheeler Dealers** Mike and Elvis try to find a Triumph Dolomite Sprint to mark the vehicle's 50th anniversary.
9.00 **Gold Rush** New edition Parker and Tony try to bust through the 10,000-ounce barrier .
10.00 **Gold Rush: Mine Rescue with Freddy & Juan** New edition Freddy and Juan reveal never-before-seen footage.
11.00 **Expedition Bigfoot** The team push their boundaries as they go in pursuit of the Bigfoot.
12.00 M'T **Border Control: Spain**
1.00 AM **Gold Rush** As 9.00pm.
2.00 **Gold Rush: Mine Rescue with Freddy & Juan**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Dogs: The Untold Story**
10.00 **Tanked**
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo: San Diego**
5.00 **Lone Star Law** Bad weather conditions lead to a serious car crash and illegal deer disposals are investigated.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff operates on a dog that cannot keep its food down.

9.00 Alaska: The Last Frontier

7.00 **Treehouse Masters: International** Pete Nelson travels to Japan with treehouse builder Takashi Kobayashi.
8.00 **The Pool Master** The best moments from the series, as well as unseen footage and behind-the-scenes antics.
9.00 **Alaska: The Last Frontier** Severe weather conditions put both the Kilchers and their various livestock at risk.
10.00 **Edge of Alaska** Jeremy and his sons search for a lost bulldozer, and Mark plans to show his fiancée the beauty of McCarthy.
11.00 **Alaska Monsters** A team go in search of cryptic creatures.
12.00 M'T **Alaska: Homestead Rescue** Mending a cabin.
1.00 AM **Great Hammerhead Invasion** Documentary.
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation: Special Report**
10.00 **Draining Loch Ness: In Search of the Monster**
11.00 **Lost Treasures of Egypt**
12.00 NOON **Construction Fails**
1.00 PM **Car S.O.S**
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Car S.O.S** An Alfa Romeo. **5.00** A 1973 Hillman Imp.
6.00 **Airport Security: Rome** A suitcase is discovered with a hidden compartment.

4.00 Car S.O.S

7.00 **Air Crash Investigation** The crash of British European Airways 548 in 1972, which claimed the lives of 118 people.
8.00 **Inside the SS** The story of Hitler's private army, formed from volunteers who aspired to become part of a racial elite.
9.00 **Inside the SS** A look at the role of the SS in the Holocaust, with many volunteering to run the death camps.
10.00 **Killing Hitler** An attempt on Hitler's life must now come from within. A small group risk their lives to plot the assassination.
11.00 **Air Crash Investigation** A plane that hit a mountain.
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **Border Protection Spain**
2.00 **Bid & Destroy**
2.30 **To Catch a Smuggler**
3.20 **Food Factory**
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Bomber: Terror of WWII**
8.45 **Pawn Stars**
10.10 **Storage Wars**
12.00 NOON **Witches of Essex**
1.00 PM **History's Greatest Mysteries** As 10.00pm.
2.00 **Walking Through History** Four editions, including at: **4.00** Tony Robinson visits the Cairngorms National Park. **5.00** A look at the story of the Norman invasion of Wales.
6.00 **American Pickers** Mike uncovers a *Godzilla*-size stockpile of movie posters.

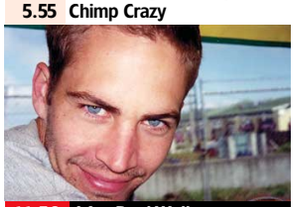
9.00 Britain's Murder Map

7.00 **Forged in Fire** A former champion fashions a Vaquero Machete, hoping to prove they possess the skills to Beat the Judges.
8.00 **Invasion: The Normans** 1/2. The Anglo-Norman invasion of Ireland, beginning in the turmoil of 12th-century Ireland.
9.00 **Britain's Murder Map with Vicky McClure and Jonny Owen** New edition Kelso Cochrane's murder. ■ Entire series on Box Sets
10.00 **History's Greatest Mysteries** New edition A look at the myth of the legendary Kraken.
11.00 **Mission Unexplained** A reported sighting of 'Bigfoot' in the forests of Oregon.
12.00 M'T **Walking Through History**
2.50 AM **Britain's Murder Map with Vicky McClure and Jonny Owen** As 9.00pm.
3.40 **History's Greatest Mysteries**
4.25 **Pawn Stars**
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Movies**
7.00 **Discovering: Anthony Quinn**
8.00 **The Directors**
9.00 **Chimp Crazy**
10.00 **JFK: Destiny Betrayed**
11.05 **The Nineties**
12.00 NOON **FILM The Kid Stays in the Picture** Documentary. (2002, 15, 93min) ★★★
2.00 PM **King of Lies: Football's Greatest Con**
3.50 **My Icon: Chris Hughton**
4.00 **The Directors**
5.00 **Discovering: Anthony Quinn**
5.55 **Chimp Crazy**



11.50 I Am Paul Walker

6.55 **JFK: Destiny Betrayed** 2/4. An exploration of strange anomalies in the medical evidence.
8.00 **Murder at the Cottage** 4/5. The French authorities take over and a battle between judicial systems looms large.
9.00 **Murder at the Cottage** 5/5. After 24 years of suspicion, the French authorities put Ian Bailey on trial in absentia.
10.00 **Jealous Guy: The Assassination of John Lennon** An exploration of the life of the Beatles superstar, with a look at the strange parallels between him and his killer Mark David Chapman.
11.50 **I Am Paul Walker** A profile of the *Fast and Furious* star.
1.40 AM **Queen of Speed**
3.30 **Giroud** A profile of French footballer Olivier Giroud.
5.00 **to 6.00** AM **Discovering: Anthony Quinn**

7 PM
8 PM
9 PM
10 PM

Tuesday

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters: The Restorers**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Crystal Hunters** Double bill.
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Francis Bourgeois & Chris Harris: We Saved a Train** New edition Crisis hits Francis and Chris's restoration.
10.00 **Shed and Buried: Classic Cars**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Forensic Detectives**
11.00 **Judge Rinder's Crime Stories** A 2003 shooting.
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories** Investigating a gang of puppy traders.
8.00 **Murder on CCTV**
9.00 **Body Cam** New editions Officers attend an armed robbery in progress. **10.00** An officer tries to rescue a woman hanging over a freeway.
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: The Killing of a Deaf Girl**
8.00 **UK Crime Files: The Body In The Suitcase** A look at the case of Nathan Matthews, who murdered his stepsister.
9.00 **New Scotland Yard Files** Looking back at the case of a serial killer in Camden, London.
10.00 **Killers: Caught on Camera** New edition Examining the murder of Cristina Prodan.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: The Killing of a Deaf Girl**
1.00 AM **UK Crime Files: The Body In The Suitcase**
2.00 **Killers: Caught on Camera** As 10.00pm.
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Kidnap and Murder of an Heiress**
9.55 **UK Crime Files: Murdered For Love**
11.00 **48 Hours**
12.00 NOON **Medical Detectives** Documentary.
1.00 PM **Medical Detectives**
2.00 **UK Crime Files: Last Taxi Rider**
3.00 **UK Crime Files: Unravelling the Murder Of Janet Commins**
4.00 **48 Hours**
5.00 **Medical Detectives** Construction workers are found executed. **5.30** A Texas ex-con is arrested for a murder. **6.00** A California career woman keeps falling ill. **6.30** A criminology student is found dead.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Send in the Dogs**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation** Archibald Hall.
4.00 **Killing Mum and Dad**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **Killer in My Village**
10.00 **Catching the Killer**
11.00 **The Real Manhunter**
12.00 M'T **World's Most Evil...**
1.00 AM **How I Caught the Killer** True-crime
2.00 **The Real CSI: Miami**
3.00 **Britain's Most Evil Killers**
4.00 **Brit Cops** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Maps of Power**
9.50 **Living in the Shadow of WWII** As 8.40pm.
10.55 **Spy Ops**
1.00 PM **Digging Up Britain's Past**
2.00 **Maps of Power**
3.15 **Living in the Shadow of WWII** As 8.40pm.
4.20 **Spy Ops**
6.30 **Digging Up Britain's Past** Examining one of the best-preserved Roman sites in Britain.
7.30 **Maps of Power** New edition Exploring Russia's geographical history and its search for warm-water ports.
8.40 **Living in the Shadow of WWII** The civilian casualties of the conflict.
9.50 **Spy Ops**
12.00 M'T **Living in the Shadow of WWII**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

TUESDAY

Sky Nature

124/125 113/114 135 354 369

- **6.00** AM **Undiscovered Vistas**
- **7.00** **Monkey Life**
- **8.00** **Great Blue Wild**
- **9.00** **Wild Birds of Australia**
- **10.00** **Secrets of the Enchanted Waters** Documentary.
- **11.00** **Wildlife Icons**
- **12.00** NOON **Big Beasts: Last of the Giants** Documentary.
- **1.00** PM **Monkey Life**
- **2.00** **Great Blue Wild**
- **3.00** **Wild Birds of Australia**
- **4.00** **Secrets of the Enchanted Waters** Documentary.
- **5.00** **Wildlife Icons**
- **6.00** **Big Beasts: Last of the Giants**
- **7.00** **Monkey Life** Double bill..
- **8.00** **Whale with Steve Backshall**
- **9.00** **Island of the Monsoon**
- **10.00** **Big Beasts: Last of the Giants**
- **11.00** **Wildlife Icons**
- **12.00** M'T **Arabian Seas**
- **1.00** AM **Undiscovered Vistas**
- **2.00** **Whale with Steve Backshall**
- **3.00** **Island of the Monsoon**
- **4.00** **Great Blue Wild**
- **5.00** **to 6.00** AM **Wild Birds of Australia**

Sky History 2

163/168 143 186

- **6.00** AM **Ancient Aliens**
- **8.00** **Hell on Earth: WWII**
- **9.00** **Lost U-Boats of WWII**
- **10.00** **How to Lose a War**
- **11.00** **Ancient Aliens**
- **1.00** PM **World War Weird**
- **6.00** **The Proof Is Out There**
- **7.00** **Lost U-Boats of WWII** Efforts to locate and recover U-Boats sunk in the Caribbean Sea take an unexpected turn.
- **8.00** **How to Lose a War** A look at how the seeds of Japan's World War Two defeat in 1945 were sown a decade earlier.
- **9.00** **Deadly Standoff** A stand-off between an independence group and FBI agents in 1996.
- **10.00** **Dark Marvels: Killing Machines** The deadly weapons that rain destruction and spread fear on the battlefield.
- **11.00** **Ancient Aliens** Double bill.
- **1.00** AM **Alien Files Reopened**
- **2.00** **The Great British Dig: History in Your Back Garden**
- **3.00** **Digging for Britain**
- **4.00** **Mysteries from Above**
- **5.00** **to 6.00** AM **Canadian Pickers**

Discovery Science

167 148 179

- **8.00** AM **How the Universe Works**
- **11.00** **Extreme Engineering**
- **1.00** PM **Blowing Up History**
- **3.00** **How It's Made**
- **3.30** **Above and Beyond: NASA's Journey to Tomorrow**
- **5.00** **How the Universe Works**
- **6.00** **How It's Made: Dream Cars**
- **9.00** **Incredible Engineering Blunders: Fixed** Justin Cunningham and Tomo Umewaka find solutions for engineering mistakes. **10.00** Justin climbs on top of a stadium roof that is held up by air and in danger of collapse.
- **11.00** **You Have Been Warned** A bike that exercises the whole body and a robotic drawing arm. **12.00** M'T Experts design underwater biospheres that can grow crops in the sea.
- **1.00** AM **How It's Made**
- **1.30** **Above and Beyond: NASA's Journey to Tomorrow**
- **3.00** **How the Universe Works**
- **4.00** **to 6.00** AM **The Dino Hunters**

+1hr 267 379

Crime+Investigation

139/140 142 133

- **6.00** AM **The First 48**
- **7.00** **Homicide Hunter**
- **9.00** **Fugitives Caught on Tape**
- **9.30** **My Strange Arrest**
- **10.30** **Court Cam**
- **11.00** **Crimes That Shook Britain**
- **2.00** PM **I Met My Murderer Online**
- **3.30** **Buried in the Backyard**
- **6.00** **On the Case with Paula Zahn**
- **7.00** **The First 48**
- **8.00** **I Met My Murderer Online**
- **9.00** **Buried in the Backyard** New edition A violent storm exposes a dark family secret.
- **10.00** **Spring Break Murders** New edition Officers close in on a so-called good Samaritan.
- **11.00** **Murder at the Motel**
- **12.00** M'T **Britain's Darkest Taboos**
- **1.00** AM **Interrogation Raw**
- **2.00** NEW SERIES **Crime in Progress** A routine traffic stop turns critical and an officer suddenly loses contact.
- **3.00** **Imperfect Murder**
- **5.00** **to 6.00** AM **I Met My Murderer Online**

+1hour 256 333

WILD

165 145 182

- **8.00** AM **Yukon Vet**
- **9.00** **Bizarre Animal Friends**
- **10.00** **World's Weirdest Animals: Freaky Families**
- **11.00** **Python Hunters**
- **12.00** NOON **The Incredible Dr Pol**
- **1.00** PM **Yukon Vet**
- **2.00** **America's Wild Southwest**
- **3.00** **Africa's Hunters**
- **4.00** **Heartland Docs**
- **5.00** **Snakes in the City**
- **6.00** **Yukon Vet**
- **7.00** **Secrets of the Zoo: Tampa** An aldabra tortoise falls ill, and a stingray is in need of some Florida sun to regain its colour.
- **8.00** **Wild Hunters** The similarities between modern reptile predators and dinosaurs. **9.00** Footage of deadly snakes.
- **10.00** **Alaska: The Next Generation** Chris and Jessi struggle to find a new fishing area.
- **11.00** **Ice Road Rescue**
- **12.00** M'T **Savage Kingdom: Uprising**
- **1.00** AM **Animal Fight Club**
- **2.00** **The Incredible Dr Pol**
- **3.00** **Yukon Vet**
- **4.00** **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

- **7.00** AM **Day After D-Day**
- **8.00** **Salvage Hunters: Classic Cars**
- **9.00** **Combat Dealers**
- **10.00** **Blowing Up History**
- **12.00** NOON **How the Universe Works** New discoveries reveal the truth behind supernovas.
- **1.00** PM **NASA's Unexplained Files**
- **2.00** **Aliens in Alaska**
- **3.00** **Expedition Unknown**
- **4.00** **Expedition X**
- **5.00** **Mysteries at the Museum**
- **7.00** **How the Universe Works**
- **8.00** **Day After D-Day** Survivors of the Normandy invasion recall their experiences.
- **9.00** **Legendary Locations**
- **10.00** **How Do They Do It?**
- **11.00** **Salvage Hunters: The Restorers** Sculptor Nick and gilder Ruth team up to restore a valuable antique table.
- **12.00** M'T **How the Universe Works**
- **1.00** AM **Mysteries at the Museum**
- **3.00** **Expedition X**
- **4.00** **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

- **9.00** AM **999 Rescue Squad**
- **1.00** PM **999 Rescue Squad**
- **5.00** **A Very British Murder with Lucy Worsley** Lucy turns her attention to the inter-war period.
- **6.00** **The Warship: Tour of Duty** The story of Royal Navy aircraft carrier HMS *Queen Elizabeth*'s first operational mission. **7.00** HMS *Queen Elizabeth* runs the gauntlet of Russian warships. **8.00** An outbreak of COVID-19 spreads quickly aboard HMS *Queen Elizabeth*.
- **9.00** **England's Forgotten Queen: The Life and Death of Lady Jane Grey** 1/3. The story of the first reigning queen of England. **10.20** 2/3. Just three days into her reign, the clock is already ticking for Jane. **11.40** 3/3. A look at how Jane's nine-day reign came to an end.
- **1.00** AM **England's Forgotten Queen: The Life and Death of Lady Jane Grey** 1-3/3.
- **4.35** **to 6.00** AM **Great Coastal Railway Journeys**

+1hour 266 376

ID

154 140 166

- **8.00** AM **Betrayed**
- **9.00** **Still a Mystery**
- **11.00** **People Magazine Investigates**
- **12.00** NOON **Forbidden: Dying for Love** An affair with a bloody showdown in Texas.
- **1.00** PM **Still a Mystery**
- **3.00** **People Magazine Investigates**
- **4.00** **Forbidden: Dying for Love**
- **5.00** **The Killer in My Family**
- **7.00** **Married with Secrets** How the hunt for a boat thief lead to something much deeper. **8.00** When Jean Claude Dominique fell victim to a hit-and-run, his wife rushed to his side – only to meet his other wife and learn the danger of his double life.
- **9.00** **A Crime to Remember** The murder of the Clutter family.
- **10.00** **Mother, May I Murder?** A shooter kills a young mother.
- **11.00** **Evil Lives Here**
- **1.00** AM **Blood Relatives**
- **2.00** **The Killer in My Family**
- **4.00** **to 6.00** AM **Married with Secrets**

+1hour 254 366

Discovery Turbo

158 146 180

- **7.00** AM **How Do They Do It?**
- **8.00** **Motor Pickers**
- **9.00** **Salvage Hunters: Classic Cars**
- **10.00** **Shed and Buried: Classic Cars**
- **11.00** **Richard Hammond's Workshop** The pressure is on when Richard decides to compete at an NEC show.
- **12.00** NOON **Garage Rehab**
- **2.00** PM **Ant Anstead Master Mechanic** Double bill.
- **3.00** **James May and the Dull Men**
- **4.00** **Salvage Hunters: Classic Cars**
- **5.00** **Mike Brewer: Born Dealer**
- **6.00** **Wheeler Dealers**
- **7.00** **Shed and Buried: Classic Cars**
- **8.00** **Mike Brewer: Born Dealer** Mike tries to sell The Stig a nice little runaround.
- **9.00** **Last Chance Garage**
- **10.00** **James May and the Dull Men**
- **11.00** **Wheeler Dealers**
- **12.00** M'T **Mike Brewer: Born Dealer**
- **1.00** AM **Richard Hammond's Workshop** As 11.00am.
- **2.00** **Iron Resurrection**
- **3.00** **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

- **6.35** AM **Sky Cinema Preview**
- **7.05** **The Bad Guys 2** Animation. (2025, PG, 104min) ★★★★
- **9.05** **Flavia** Family adventure. (2026, PG, 105min) ★★★
- **10.50** **Eddington** As 12.45am.
- **1.20** PM **The Conjuring: Last Rites**
- **3.45** **Roofman** Comedy drama starring Channing Tatum. (2025, 15, 126min) ★★★★
- **6.00** **Caught Stealing** Comedy thriller starring Austin Butler. (2025, 15, 107min) ★★★★

6.00 Caught Stealing

- **8.00** **The Conjuring: Last Rites** Supernatural horror starring Vera Farmiga and Patrick Wilson. Paranormal investigators Ed and Lorraine Warren take on one last case involving mysterious entities they must confront. (2025, 15, 135min) ★★★
  SEX ●●● VIOLENCE ●●● LANG ●●●
- **10.25** **Weapons** Horror starring Julia Garner. When all but one child from the same class vanish on the same night, a community is left questioning their disappearance. With Josh Brolin, Amy Madigan and Alden Ehrenreich. (2025, 18, 128min) ★★★★★
  SEX ●●● VIOLENCE ●●● LANG ●●●
- **12.45** AM **Eddington** Western with Joaquin Phoenix, Emma Stone and Pedro Pascal. (2025, 15, 148min) ★★★★
- **3.25** **Roofman** As 3.45pm.
- **5.40** **to 7.40** AM **Caught Stealing**

Sky Cinema Men in Black

303 303 403 503 517

- **6.45** AM **Men in Black 3** (2012)
- **8.40** **Men in Black** As 8.00pm.
- **10.35** **Men in Black II** As 9.45pm.
- **12.20** PM **Men in Black 3** (2012)
- **2.20** **Men in Black** As 8.00pm.
- **4.15** **Men in Black II** As 9.45pm.
- **6.00** **Men in Black 3** Sci-fi action comedy sequel with Will Smith, Tommy Lee Jones and Josh Brolin. Men in Black agent J goes back in time to save the life of the young Agent K. (2012, PG, 105min) ★★★★

9.45 Men in Black II

- **8.00** **Men in Black** Sci-fi action comedy starring Tommy Lee Jones and Will Smith. A streetwise New York cop joins a secret government agency that polices alien activity on Earth. (1997, PG, 94min) ★★★★
  SEX ●●● VIOLENCE ●●● LANG ●●●
- **9.45** **Men in Black II** Sci-fi action comedy sequel starring Tommy Lee Jones and Will Smith. When an evil alien threatens Earth, top MIB agent Jay needs the help of his amnesiac former partner Kay to save the planet. With Rip Torn, Rosario Dawson and Tony Shalhoub. (2002, PG, 88min) ★★★
  SEX ●●● VIOLENCE ●●● LANG ●●●
- **11.30** **Men in Black 3** As 6.00pm.
- **1.20** AM **Men in Black** As 8.00pm.
- **3.15** **Men in Black II** As 9.45pm.
- **4.55** **to 6.45** AM **Men in Black 3** As shown at 6.00pm.

Sky Cinema Drama

310 310 410 510 524

- **6.00** AM **Boy Meets Boy** Drama. (2021, 15, 75min) ★★★
- **7.20** **Footloose** As 12.00m't.
- **9.15** **Horizon: An American Saga – Chapter 1** Epic Western. (2024, 15, 181min) ★★★★
- **12.15** PM **Coach Carter** As 2.05am.
- **2.35** **Plainclothes** Romantic thriller. (2025, 15, 95min) ★★★
- **4.15** **Lee** Biopic starring Kate Winslet. (2023, 15, 117min) ★★★
- **6.15** **A Mistake** Medical drama starring Elizabeth Banks. (2024, 15, 101min) ★★★
- **8.00** **Jackie** Biopic starring Natalie Portman. Jacqueline Kennedy battles with grief following the assassination of her husband, President John F Kennedy. (2016, 15, 100min) ★★★★
- **9.45** **Ferrari** Biopic with Adam Driver. During the summer of 1957, ex-racecar driver Enzo Ferrari embarks on an epic race across Italy. (2023, 15, 130min) ★★★
- **12.00** M'T **Footloose** Teen dance drama remake starring Kenny Wormald and Julianne Hough. (2011, 12, 113min) ★★★
- **2.05** AM **Coach Carter** Fact-based drama with Samuel L Jackson. (2004, 12, 136min) ★★★
- **4.35** **to 6.25** AM **A Mistake** (2024)

Sky Cinema Sci-fi/Horror

311 311 411 511 525

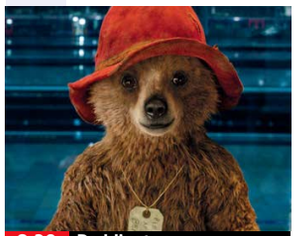
- **6.25** AM **Wolf Man** As 2.30pm.
- **8.10** **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★
- **9.55** **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
- **12.15** PM **It** Horror with Bill Skarsgård. (2017, 15, 135min) ★★★★
- **2.30** **Wolf Man** Werewolf horror. (2024, 15, 103min) ★★★
- **4.20** **Presence** Horror thriller. (2024, 15, 84min) ★★★★
- **5.55** **Riddick** Sci-fi thriller sequel. (2013, 15, 122min) ★★★
- **8.00** **The Shining** Director Stanley Kubrick's chilling adaptation of the Stephen King bestseller, starring Jack Nicholson. (1980, 15, 119min) ★★★★★
- **10.25** **From Dusk Till Dawn** Gory horror thriller starring George Clooney and Harvey Keitel. (1995, 18, 108min) ★★★★
- **12.15** AM **From Dusk Till Dawn 2: Texas Blood Money** Horror sequel. (1999, 18, 88min) ★★
- **1.45** **From Dusk Till Dawn 3: The Hangman's Daughter** Chiller sequel. (2000, 18, 94min) ★★
- **3.35** **The Running Man** Adventure starring Arnold Schwarzenegger. (1987, 18, 101min) ★★★
- **5.20** **to 7.00** AM **The Front Room** Thriller. (2024, 15, 94min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.00 AM **Sketch** As 1.30am.
7.40 **Friend or Foe** Wartime drama. (1981, U, 70min) ★★★
9.00 **Spy Kids** Action comedy. (2001, U, 88min) ★★★★
10.35 **Paddington** As 8.20pm.
12.20 PM **Paddington 2** As 10.05pm.
2.10 **Harold and the Purple Crayon** Adventure. (2024, PG) ★★★
3.45 **Stardust** Fantasy comedy. (2007, PG, 127min) ★★★★
6.00 **How to Train Your Dragon** Fantasy. (2025, PG) ★★★★


8.20 Paddington

8.20 **Paddington** Comedy starring Hugh Bonneville and Sally Hawkins, and featuring the voice of Ben Whishaw. A bear from the Peruvian jungle starts a new life in London, but soon catches the eye of a sinister taxidermist. (2014, PG, 95min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

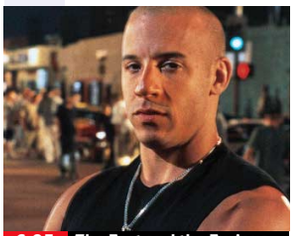
10.05 **Paddington 2** Comedy sequel with the voice of Ben Whishaw. The lovable bear's search for the perfect birthday present for his aunt leads to being framed as a thief. (2017, PG, 104min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Hotel Transylvania** Animation. (2012, U, 91min) ★★★★
1.30 AM **Sketch** Fantasy comedy. (2025, 12, 93min) ★★★★
3.10 **Ride On** Action drama. (2023, PG, 126min) ★★★
5.20 **to 6.55** AM **The Mountain** Family comedy adventure. (2024, PG, 89min) ★★★★

Sky Cinema Action

306 306 407 507 521

6.30 AM **The Fast and the Furious**
8.25 **First Knight** Mythical drama. (1995, PG, 134min) ★★★
10.50 **William Tell** Historical drama. (2025, 15, 133min) ★★★
1.15 PM **Rampage** Fantasy. (2018, 12, 107min) ★★★
3.10 **Transformers: Age of Extinction** Sci-fi adventure. (2014, 12, 166min) ★★★
6.05 **The Fast and the Furious** Action thriller with Vin Diesel. (2001, 15, 107min) ★★★


6.05 The Fast and the Furious

8.00 **Transformers: The Last Knight** Sci-fi adventure sequel starring Mark Wahlberg and Anthony Hopkins. The shape-changing robots must find an ancient artefact to protect Earth from their own creator. (2017, 12, 155min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Twisters** Disaster drama sequel starring Daisy Edgar-Jones and Glen Powell. A meteorologist crosses paths with a storm-chasing social media star in Oklahoma. (2024, 12, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Fast & Furious 5** Action thriller sequel with Vin Diesel. (2011, 12, 130min) ★★★
3.10 **Fast & Furious 6** Action thriller sequel with Vin Diesel. (2013, 12, 125min) ★★★
5.20 **to 7.40** AM **Fast & Furious 7** Action thriller sequel. (2015, 12, 132min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

7.20 AM **Sleepless in Seattle** Comedy. (1993, PG) ★★★★★
9.15 **Sex Tape** (2014, 15) ★★
10.55 **Just Go With It** (2011, 12) ★
12.55 PM **The Ballad of Wallis Island** Comedy drama. (2025, 12, 100min) ★★★★
2.45 **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★
4.30 **How to Lose a Guy in 10 Days** Comedy. (2003, 12) ★★★
6.30 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★

6.30 Ace Ventura Pet Detective

8.00 **Ace Ventura: When Nature Calls** Comedy sequel starring Jim Carrey. Pet detective Ace Ventura searches for a sacred white bat in Africa. With Ian McNeice. (1995, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **The Wedding Singer** Offbeat romantic comedy starring Adam Sandler and Drew Barrymore. A waitress saves a singer from despair after he is jilted at the altar. (1998, 12, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Mean Machine** Sports drama. (2001, 15, 99min) ★★
1.05 AM **Seven Psychopaths** Dark comedy thriller. (2012, 15, 106min) ★★★★
3.00 **The Whole Nine Yards** Black comedy thriller starring Bruce Willis. (2000, 15, 101min) ★★★
4.45 **to 6.15** AM **Police Academy 2: Their First Assignment** Comedy sequel. (1985, 12) ★★

Sky Cinema Thriller

309 309 409 509 523

6.15 AM **Sky Cinema Preview**
7.15 **Dog Day Afternoon** Thriller. (1975, 15, 130min) ★★★★★
9.25 **Lethal Weapon** Action thriller. (1987, 15, 110min) ★★★★
11.25 **Lethal Weapon 2** Thriller. (1989, 15, 110min) ★★★★
1.25 PM **Nightcrawler** Thriller. (2014, 15, 115min) ★★★★
3.35 **The Accountant** Thriller. (2016, 15, 123min) ★★★
5.55 **RocknRolla** Comedy thriller. (2008, 15, 110min) ★★

8.00 Patriot Games

8.00 **Patriot Games** Action thriller starring Harrison Ford. A retired CIA agent becomes the target of a vengeful IRA man after foiling an assassination attempt on a British politician. With Anne Archer and Sean Bean. (1992, 15, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **American Gangster** Crime drama starring Denzel Washington and Russell Crowe. A Harlem gangster makes a fortune from heroin in the 1970s but comes up against an incorruptible cop. (2007, 18, 157min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **The Equalizer** Thriller. (2014, 15, 132min) ★★★
3.00 **True Romance** Crime thriller. (1993, 18, 118min) ★★★★
5.00 **to 7.10** AM **Promising Young Woman** Crime thriller. (2020, 15, 113min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Dancing at Lughnasa** Drama. (1998, PG, 96min) ★★
12.55 PM **Gun Fury** Western. (1953, U, 83min) ★★★
2.40 **Broken Lance** Western. (1954, U, 96min) ★★★★
4.35 **The Bedford Incident** Adventure thriller. (1965, b/w, PG, 105min) ★★★
6.50 **Men in Black: International** Sci-fi action comedy sequel. (2019, 12, 110min) ★★★

11.15 Good Luck to You...

8 PM **Men in Black: International** (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Murder on the Orient Express** Agatha Christie mystery directed by and starring Kenneth Branagh. Sleuth Hercule Poirot investigates the killing of an American businessman on board the famous train. (2017, 12, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM **11.15** **Good Luck to You, Leo Grande** Comedy drama starring Emma Thompson. A retired teacher is yearning for adventure, and begins by hiring a charming sex worker. (2022, 15, 97min) ★★★★
1.10 **to 3.55** AM **Widows** Thriller starring Viola Davis, Liam Neeson and Elizabeth Debicki. (2018, 15, 129min) ★★★★

+1 hour 314 430 47 301 257

Sky Cinema Fear Seekers

302 302 402 502 516

6.00 AM **AfrAid** Horror. (2024, 15) ★★
7.30 **The Watched** Horror thriller. (2024, 15, 102min) ★★★
9.15 **Salem's Lot** Horror thriller. (2024, 15, 109min) ★★★
11.10 **Out of Darkness** Prehistoric horror. (2022, 15, 88min) ★★★
12.40 PM **Beast of War** Thriller. (2025, 15, 87min) ★★★★
2.10 **47 Metres Down** Horror. (2017, 15, 89min) ★★★

3.50 **Jaws** Steven Spielberg's thriller. (1975, 12, 125min) ★★★★★
6.00 **I Know What You Did Last Summer** Horror thriller reboot. (2025, 15, 119min) ★★★
8.00 **Final Destination: Bloodlines** Supernatural horror starring Kaitlyn Santa Juana and Tony Todd. (2025, 15, 110min) ★★★★
10.00 **Sick** Horror starring Gideon Adlon. (2022, 18, 83min) ★★★
11.30 **Hannibal** Chiller sequel to *The Silence of the Lambs*. (2001, 18, 131min) ★★★

1.45 AM **Bring Her Back** Mystery thriller starring Sally Hawkins. (2025, 18, 104min) ★★★★
3.40 **Until Dawn** Horror starring Ella Rubin and Michael Cimino. (2025, 15, 99min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Greats

307 307 404 504 518

6.30 AM **Peggy Sue Got Married**
8.15 **Jerry Maguire** Comedy drama. (1996, 15, 139min) ★★★★
10.35 **Love Story** Romantic drama. (1970, PG, 100min) ★★★★
12.20 PM **Little Women** Screen version of Louisa May Alcott's classic tale, starring Winona Ryder. (1994, U, 114min) ★★★
2.20 **Speak Like a Child** Dark drama. (1998, 18, 80min) ★★

3.50 **Birdy** Psychological drama. (1984, 15, 120min) ★★★★
5.55 **An Officer and a Gentleman** Romantic drama starring Richard Gere and Debra Winger. (1981, 15, 125min) ★★★★
8.00 **Cool Hand Luke** Prison drama starring Paul Newman, George Kennedy and Strother Martin. (1967, 15, 126min) ★★★★★
10.10 **Full Metal Jacket** Stanley Kubrick's Vietnam War drama starring Matthew Modine. (1987, 15, 115min) ★★★★

12.10 AM **The Krays** Crime drama starring Martin and Gary Kemp. (1990, 18, 119min) ★★★
2.10 **Birdy** As shown at 3.50pm.
4.15 **to 6.05** AM **Peggy Sue Got Married** Romantic fantasy comedy with Kathleen Turner. (1986, 15, 104min) ★★★★

Sky Cinema Animation

312 315 405 500 514

6.00 AM **Scarygirl** As 10.30pm.
7.40 **Paws of Fury: The Legend of...**
9.20 **Monster Family** Animated comedy. (2017, PG, 96min) ★★
11.00 **Monster Family 2** As 4.30am.
12.50 PM **The Amazing Maurice** Animation. (2022, PG) ★★★★
2.30 **10 Lives** Animated comedy. (2024, U, 98min) ★★★
4.00 **Antz** Animated comedy. (1998, PG, 83min) ★★★

5.40 **The Secret Life of Pets** Animated family adventure. (2016, U, 83min) ★★★
7.20 **The Secret Life of Pets 2** Animated adventure sequel. (2019, U, 86min) ★★★
8.50 **Paws of Fury: The Legend of Hank** Animated comedy. (2022, PG, 98min) ★★★
10.30 **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★
12.05 AM **Fox and Hare Save the Forest** Animated adventure. (2024, U, 71min) ★★★

1.20 **Super Charlie** Animation. (2025, PG, 82min) ★★★
2.50 **Rebellious** Animated fantasy. (2024, PG, 94min) ★★★
4.30 **to 6.20** AM **Monster Family 2** Animated comedy sequel featuring the voice of Emily Watson. (2021, U, 90min) ★

Disney+ Cinema

305

6.00 AM **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
7.40 **The Aristocats** Classic animated musical adventure. (1970, U, 78min) ★★★★★
9.00 **Toy Story** Animated adventure with the voice of Tom Hanks. (1995, PG, 77min) ★★★★★
10.25 **The Many Adventures of Winnie the Pooh** Animation. (1977, U, 71min) ★★★

11.45 **Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy. (2005, PG) ★★★★
2.05 PM **Frozen** Animated musical. (2013, PG, 108min) ★★★★
3.50 **Diary of a Wimpy Kid** Animation. (2021, PG) ★★★
5.25 **Inspector Gadget** Adventure. (1999, U, 77min) ★★★
6.50 **National Treasure** Adventure. (2004, PG, 131min) ★★★★
9.00 **Deadpool & Wolverine** Superhero adventure sequel. (2024, 15, 128min) ★★★★

11.10 **Hitman: Agent 47** Action thriller starring Rupert Friend. (2015, 15, 92min) ★★
12.50 AM **Bad Company** Comedy thriller. (2002, 12, 112min) ★★★
2.50 **Veronica Guerin** Biopic. (2003, 18, 98min) ★★★
4.35 **to 6.00** AM **Toy Story**

Talking Pictures

328 445 82 306 36

6.00 AM **Adventures of Jim Bowie**
6.35 **Look at Life**
6.45 **Jane Eyre** Classic drama.
9.00 **Star Performance** 31/31. (S2)
9.30 **The Frightened Man** Thriller. (1951, b/w, PG, 69min) ★★
10.50 **Run Wild, Run Free** Family drama. (1969, U, 98min) ★★★
12.55 PM **Adventures of William Tell**
1.25 **The Stranger** Suspense thriller. (1946, PG, 95min) ★★★★

3.20 **Look at Life**
3.30 **That Beryl Marston!** 1/6. (S1)
4.00 **Brad Pitt: More Than a Pretty Face** Profile of the movie star.
5.05 **The Sicilians** Thriller with Robert Hutton and Ursula Howells. (1964, b/w, PG, 69min) ★★
6.25 **Whiplash** 12/34. (S1)
6.55 **The Man from UNCLE** (S1)
8.00 **The Mind of Mr JG Reeder**
9.00 **PREMIERE** **Murders in Sarlat** French thriller with Cécile Bois and Thierry Godard. Subtitled. (2017, 15, 92min) ★★★

11.00 **The Story of Esther Costello** Drama. (1957, b/w, PG) ★★
1.00 AM **Hot Money** Drama.
3.05 **Marked Men** Crime drama. (1940, PG, 64min) ★★★
4.15 **Look at Life**
4.30 **Target: The Corruptors**
5.30 **to 6.00** AM **Beverly Hillbillies**

Tuesday

Sky Sports Main Event

401 401 501 419 439

6.30 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 LIVE **WTA & ATP Tennis** Day eight of the Madrid Open, a clay-court tournament at La Caja Mágica, featuring matches from the fourth round of the men's and quarter-finals of the women's draw. British star Jack Draper booked his place in the quarter-finals at this stage a year ago with a win over Tommy Paul.
7.30 PM LIVE **EFL Southampton v Ipswich Town.** Coverage of the Championship match at St Mary's Stadium, as the two promotion rivals go head-to-head. The hosts have gone on an incredible run since the turn of the year having started 2026 eight places and seven points off the play-offs, but are now in with a chance of finishing in the top two. The reverse fixture between the two sides in August saw the game end in a 1-1 draw. Kick-off **7.45pm**.
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.30 AM LIVE **NBA Basketball** Coverage of a play-off match.
4.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Icons**
9.00 **SNF** Arsenal v Newcastle United.
9.30 **MNF Hlts** Man Utd v Brentford.
10.00 **Sky Sports FC** Football headlines.
12.00 NOON **MNF Hlts** Recent action.
12.30 PM **Premier League Highlights**
2.00 **FNF** Sunderland v Nottingham.
2.30 **Premier League Highlights** Liverpool v Crystal Palace. **3.00** Wolverhampton Wanderers v Tottenham Hotspur. **3.30** West Ham United v Everton.
4.00 **SNF** Arsenal v Newcastle United.
4.30 **MNF Hlts** Highlights from Manchester United v Brentford.
5.00 **The Premier League Show**
7.00 **Premier League Review**
8.00 **Netbusters** Highlights.
8.30 **The Big Interview**
9.00 **Premier League Review**
10.00 **Netbusters** Highlights.
10.30 **The Big Interview**
11.00 **Premier League Years**
1.00 AM **PL Retro** Arsenal v Manchester United from 2005.
3.00 **PL Greatest Games**
4.00 **PL Best Goals 11/12**
5.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Cup Retro** From 2015.
8.00 **Craig Brown: My Scotland**
8.30 **Jimmy Glass: The Great Escape**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Goals of the Carabao Cup**
11.30 **EFL Trophy Football**
12.00 NOON **SPFL** Recent action.
12.30 PM **Bundesliga Highlights**
1.30 **EFL League One Goals**
2.00 **EFL League Two Goals**
2.30 **EFL Highlights**
3.00 **SPFL** Highlights.
3.30 **EFL Highlights**
4.30 **Bundesliga Highlights Show**
5.30 **SPFL** Hibernian v Hearts.
5.45 **EFL Highlights**
6.00 **EFL League One Goals**
6.30 **EFL League Two Goals**
7.00 **EFL Highlights**
7.30 LIVE **EFL Southampton v Ipswich Town.** From St Mary's. Kick-off **7.45pm**.
10.30 **SPFL** Recent action.
11.00 **EFL Highlights**
11.30 **EFL Greatest Games**
12.00 M'T **Championship Retro**
2.45 AM **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **Scottish Premiership Goals**
5.30 **to 6.00** AM **SPFL**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** T20 action.
11.15 **Best of ICC WT20**
12.00 NOON **IPL** T20 highlights.
2.50 PM LIVE **IPL Punjab Kings v Rajasthan Royals.** Coverage of the T20 match at New International Cricket Stadium in New Chandigarh. The Kings won by 10 runs when the teams met last year, with Harpreet Brar taking the player of the match award.
7.00 **Best of ICC WT20** Action from England v India from 2007. **7.15** Highlights from England v Sri Lanka from 2014. **7.30** Highlights from England v South Africa from 2016. **7.45** Highlights from England v Sri Lanka from 2014.
8.00 **IPL** Highlights from Mumbai Indians v Chennai Super Kings. **9.00** Highlights from Punjab Kings v Rajasthan Royals. **10.00** Delhi Capitals v Royal Challengers Bengaluru. **11.00** Highlights from Punjab Kings v Rajasthan Royals.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** A chance to see Punjab Kings v Rajasthan Royals.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **Nick Dougherty's Tee Time Tips** Golfing advice.
7.00 **Playing Lessons**
8.00 **Best of The Hero Masterclass**
8.30 **Best of the Open Zone 2023**
9.00 **School of Golf**
10.00 **PGA Tour Golf**
11.00 **DP World Tour Golf**
11.30 **Best of the Open Zone 2024**
12.30 PM **Golf Academy**
1.30 **Best of the Sky Zone**
2.00 **Best of the Sky Zone: US Open**
2.30 **PGA Tour Golf**
3.30 **DP World Tour Golf**
4.00 **Best of the Women's Open Zone 2022** From Scotland.
4.30 **Best of the Shot Centre**
5.00 **Chronicles of a Champion Golfer** Double bill of profiles.
6.00 **Ladies European Tour Golf**
7.00 **DP World Tour Golf**
7.30 **LPGA Tour Golf** The Chevron Championship in Houston, Texas.
8.30 **Scotland's Greatest Golf Holes**
9.00 **Final Cut: The Long Game**
10.00 **Ryder Cup 2023: Una Famiglia**
12.00 M'T **PGA Champs Official Film 2006** From Medinah, Illinois.
1.00 AM **PGA Tour Golf**
2.00 **DP World Tour Golf**
4.00 **Golf Academy**
5.00 **to 6.00** AM **School of Golf**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Review**
7.00 **Serie A** Football action.
9.00 **Premier League Stories**
9.30 **UEFA Champions League**
10.00 LIVE **Snooker World Championship** Coverage from a quarter-final match on day 11 of the tournament, which takes place at the Crucible Theatre in Sheffield.
1.00 PM **Premier League Review**
2.00 **Isuzu UTE A-League Highlights**
2.30 LIVE **Snooker World Championship** A quarter-final match on day 11 in Sheffield.
5.30 **UEFA Champions League**
6.00 **Roll the Tape**
6.30 LIVE **Snooker World Championship** Coverage from a quarter-final match on day 11.
10.00 **Premier League Reload**
10.15 **MotoGP Rewind**
10.30 **MLB Highlights**
11.30 **MLB Lead Off**
12.00 M'T LIVE **MLB Atlanta Braves v Detroit Tigers.** At Truist Park. Start-time **12.15am**.
3.00 AM **MLB Closer**
3.30 **Serie A** Football action.
5.30 **to 6.00** AM **Ninja A-League Women Highlights**

TNT Sports 2

411 414 522 409 431

6.00 AM **Supercars Championship**
8.00 **NWSL** Recent highlights.
9.00 **The Emirates FA Cup**
11.00 **The Gallagher PREM: The Wrap Up** Round 14.
11.15 **The Gruppetto** Cycling action.
11.30 **Men's Cycling Pro Series**
12.30 PM LIVE **Men's Cycling Pro Series** Coverage of the third stage of the Tour of Turkiye, a 134km route from Marmaris to Kiran.
2.30 LIVE **Cycling** Coverage of the men's prologue in the Tour of Romandie, a 3km route that starts and ends in Villars-sur-Glâne.
4.45 **Race Bikes** Mountain Bike racing.
5.15 **The Gruppetto** Cycling action.
5.30 **T100 Triathlon World Tour**
6.00 **Isuzu UTE A-League**
6.30 **Premier League Netbusters**
7.00 **Premier League Stories**
7.30 **Premier League Review**
8.30 **The Cycling Show**
9.00 **Race Bikes** Mountain Bike racing.
9.30 **Ninja A-League Women** Action from the Elimination Finals.
10.00 **Marathons** Action from this year's London Marathon.
11.00 **Supercars Championship**
1.00 **to 6.00** AM **The Gallagher PREM**

Sky Sports Action

412 410 510 426 446

6.30 AM **Super League** From 2025.
12.45 PM **Super Bowl LX Bitesize Highlights** At Levi's Stadium.
1.00 **Good Morning Football**
3.00 **NFL Highlights**
4.00 **Super League Highlights** Action from Leigh Leopards v Salford Red Devils in 2024. **4.15** Hull Kingston Rovers v Wigan Warriors from 2024. **4.30** Hull Kingston Rovers v Wigan Warriors from 2024. **4.45** Wigan Warriors v Leigh Leopards in the 2024 semi-final.
5.00 **NFL Highlights** New York Giants v Kansas City Chiefs.
6.00 **NBC's Pro-Football Talk**
8.00 **NBA on Fire** The latest news.
8.30 **NBA Basketball** Houston Rockets v Utah Jazz.
10.30 **NFL Bitesize Highlights** Chicago Bears v Minnesota Vikings. **10.45** Action from Arizona Cardinals v Carolina Panthers.
11.00 **NFL Highlights** Kansas City Chiefs v Baltimore Ravens.
12.00 M'T **Super League Highlights**
12.30 AM LIVE **NBA Basketball** Coverage of a play-off match.
4.30 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 LIVE **WTA & ATP Tennis** Coverage of day eight of the Madrid Open, a clay-court tournament held at La Caja Mágica, featuring matches from the fourth round of the men's and quarter-finals of the women's draw. British star Jack Draper booked his place in the quarter-finals at this stage 12 months ago with a 6-2 6-2 win over Tommy Paul, and there was a notable victory for Argentina's Francisco Cerúndolo, who recorded a 7-5 6-3 win over the number one seed Alexander Zverev. The number one seed Aryna Sabalenka claimed a 7-6 7-6 win over Marta Kostyuk in the last eight 12 months ago, while Japan's unseeded Moyuka Uchijima saw her run come to an end at this stage following a 2-6 1-6 loss to Elina Svitolina.
11.00 PM **Sky Sports News** Round-up of the sports news, with interviews with the headline-makers.
12.00 M'T **to 6.00** AM **EFL Greatest Games**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Day eight of the Madrid Open, a clay-court tournament held at La Caja Mágica, featuring matches from the fourth round of the men's and quarter-finals of the women's draw.
11.00 PM **ATP Tennis**
12.00 M'T **ATP/WTA Tour Classic Matches** Roger Federer v Stanislas Wawrinka from 2014.
1.00 AM **US Open Classic Matches**
2.00 **Tennis** Highlights.
3.00 **US Open Classic Matches**
4.00 **ATP/WTA Tour Classic Matches**
5.00 **to 6.00** AM **ATP Tennis**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **PGA Tour Golf**
8.00 **Super League**
10.45 **EFL Greatest Games**
11.00 **IPL** T20 highlights.
2.00 PM **PL Greatest Games**
3.00 **ICC Men's T20 World Cup**
4.00 **Formula 1** Japanese Grand Prix.
5.00 **PGA Tour Golf**
6.00 **Premier League Darts**
10.00 **IPL** Delhi Capitals v Gujarat Titans.
11.00 **Ladies European Tour Golf**
12.00 M'T **The Insiders**
1.00 AM **WTA Tennis**
3.00 **EFL Greatest Games**
4.00 **ICC Men's T20 World Cup**
5.30 **to 6.00** AM **PDC Classics**

TNT Sports 3

413 415 523 410 432

6.00 AM **Fishing: On the Bank**
7.00 **Men's Cycling Pro Series**
8.00 **Snooker World Championship**
10.00 LIVE **Snooker World Championship** Coverage from a quarter-final match on day 11 of the tournament, which takes place at the Crucible Theatre in Sheffield.
1.00 PM **MLB Highlights**
2.00 **The Gallagher PREM: Wrap Up**
2.15 LIVE **Snooker World Championship** Coverage from a quarter-final match in Sheffield.
5.30 **Fishing: On the Bank**
6.30 LIVE **Snooker World Championship** A quarter-final match on day 11 in Sheffield.
10.00 **Men's Cycling Pro Series**
11.00 **Cycling** The Tour of Romandie.
12.00 M'T **Fishing: On the Bank**
1.00 AM **Snooker World Championship** Day 11.
3.00 **WRC Review**
4.00 **Men's Cycling Pro Series**
5.00 **to 6.00** AM **Men's Cycling**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** Action from Western Bulldogs v Sydney Swans. **7.30** Action from Richmond Tigers v Melbourne Demons. **9.00** Hawthorn v Gold Coast Suns. **10.30** Essendon v Collingwood.
12.00 NOON **AFL** Action from Port Adelaide v Geelong Cats. **1.30** PM Fremantle v Carlton. **3.00** St Kilda v West Coast Eagles. **4.30** All the action from Brisbane Lions v Adelaide Crows. **6.00** All the action from GWS Giants v North Melbourne.
7.30 **MLB Highlights**
8.30 **MLB Classic** A look at when Pedro Martinez defied injury to pitch in Game 5 of the 1999 ALDS and lead the Boston Red Sox to victory over the Cleveland Indians.
9.00 **UFC** Action from the featherweight bout between Aljamain Sterling and Youssef Zalal at Meta Apex in Las Vegas, Nevada.
12.00 M'T **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **MotorSport**
7.00 **LaLiga** Espanyol v Levante.
9.00 **NASCAR Highlights**
10.00 **Eredivisie Highlights**
11.00 **Scottish Football Social Club**
12.00 NOON **LaLiga Match Highlights**
1.30 PM **Top 14 Rugby Union**
2.00 **NHL Tonight** A look ahead to tonight's play-off games.
3.00 **URC in 60** Highlights from the 16th round of fixtures.
4.00 **Eredivisie Highlights**
5.00 **LaLiga** Real Oviedo v Elche.
7.00 **United Rugby Championship** Benetton v Leinster.
9.00 **Scottish Football Social Club**
10.00 **LaLiga Match Highlights**
10.30 **Top 14 Rugby Union Highlights**
11.00 **Eredivisie Highlights** Action from the 31st round of fixtures.
12.00 M'T LIVE **NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Sporting Countdowns**
4.00 **NASCAR Highlights**
5.00 **to 6.00** AM **Sporting Greats**

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
6.30 **NASCAR O'Reilly Series**
9.30 **Bike World** Magazine.
10.00 **Temples of Sport**
10.30 **NHL Ice Hockey**
12.30 PM **NHL: This is Hockey** The growth of ice hockey in Jamaica. **1.00** An examination of the growth of ice hockey in Chile.
1.30 **NHL Tonight** A look at 10 of the best goalies currently in the NHL.
2.30 **United Rugby Championship** Zebre Parma v Dragons. **4.30** Lions v Connacht.
6.30 **Football's Greatest** The finest players discuss their careers.
7.00 **LaLiga** Getafe v Barcelona. **9.00** Valencia v Girona.
11.00 **Top 14 Rugby Union** Stade Francais v Pau.
1.00 AM **NHL Tonight** The top 20 defensemen currently in the NHL.
2.00 **NHL: This is Hockey**
3.00 **to 6.00** AM LIVE **NHL Ice Hockey** A play-off match.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Miami Grand Prix.
12.00 NOON **Formula 1** Highlights of the Australian Grand Prix. **1.00** PM The Chinese Grand Prix. **2.00** The Japanese Grand Prix. **3.00** The 2025 Miami Grand Prix. **5.00** The Australian Grand Prix. **6.00** The Chinese Grand Prix. **8.00** The Japanese Grand Prix.
9.00 **British Kart Championships**
10.00 **Formula 1** The Miami Grand Prix. **12.00** M'T Japanese Grand Prix.
1.00 AM **The Best of Australia 2026**
1.25 **The Best of China 2026**
2.00 **F1 Explained**
3.00 **The Best of Australia 2026**
3.25 **The Best of China 2026**
4.00 **F1 Explained**
5.00 **The Best of Australia 2026**
5.25 **to 6.00** AM **Best of China 2026**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday 29 April

Evening Planner

Crime Drama

A Taste for Murder
ITV1, 9pm (not STV) (box set, ITVX)
The sun-soaked Mediterranean island of Capri is the setting for this crime drama, starring Warren Brown and Phyllis Logan.

Crime Drama

This Is Not a Murder Mystery
U&Drama, 9pm (box set, U)
Stephen Tompkinson features in this surreal crime drama set in the 1930s.

OnDemand

Widow's Bay
Available today
Matthew Rhys (*The Beast in Me*) stars as the mayor of an apparently cursed New England island town in this comedic horror.

OnDemand

The House of the Spirits
Available today
Spanish-language drama adaptation of Isabel Allende's epic South American magical family saga.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop		9.00 MasterChef		10.00 News; Local News	10.40 MOTD...
	102 BBC2	7.00 Snooker: World Championship – Live: The evening session on day 12						10.00 Twenty...	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 For the Love of...	8.00 Emmerdale	8.30 Coronation...	9.00 A Taste For Murder †		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Help! I Bought It at Auction with...		9.00 Salisbury Poisonings: The Untold Story		10.00 Gordon Ramsay's Secret Service	
	105 5	7.00 Michael Portillo in Stockholm		8.00 Warship: Life in the Royal Navy		9.00 The Betrayal of Anne Boleyn: Inside...		10.00 Trauma Room One	
	106 SKY ONE	7.00 The Simpsons		8.00 Joe Lycett's United States of...		9.00 The 'Burbs		10.00 Tom Davis: Underdog	
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Interior Design Masters with Alan Carr		9.00 The Idaho Murders: Trial by TikTok		10.00 Film: Candyman	
	116 BBC4	7.00 The Yorkshire...	7.30 Canal Boat...	8.00 The Lost Neanderthals		9.00 Inside Chernobyl's Mega Tomb		10.00 Play for Today: Edna, the Inebriate...	
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club		9.00 Hell's Kitchen		10.00 Family Guy	
	136 MORE4	◂ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Grand Designs		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 Made in Chelsea: Sam Vanderpump's...		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Doc		10.00 Matlock	
	108 SKY ATLANTIC	◂ 6.50 The Last of Us				9.00 The White Lotus			10.30 Euphoria
	110 U&GOLD		7.20 Dad's Army	8.00 Still Open All Hours			9.20 Not Going Out		10.40 Still...
	111 U&DAVE	7.00 Would I Lie to You?			8.20 Richard Osman's...	9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Grace				10.00 DCI Banks	
	120 ITV4	7.00 Gallagher PREM Unleashed		8.00 Junk & Disorderly		9.00 Film: The Living Daylights			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 8 Out of 10 Cats	
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 From			
	143 U&DRAMA	◂ 6.40 Last of the Summer Wine		8.00 Father Brown		9.00 This Is Not a Murder Mystery			10.20 New Tricks
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 Saint-Pierre		10.00 Father Brown	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Making a Maestro		9.00 Backstage with the London...		10.00 The Seventies	
	132 U&W	7.00 DIY SOS: The Big Build		8.00 999 Rescue Squad		9.00 Annika		10.00 Inside the Ambulance: Coast and...	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers						10.00 Supercar Showroom	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Rugged Justice		9.00 Alaska: The Last Frontier		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Colosseum: Rise and Fall					
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Celts: The Untold Story		9.00 The Curse of Oak Island		10.00 Mysteries Unearthed with Danny Trejo	
	155 U&YESTERDAY	7.00 Frozen Planet		8.00 Train Truckers		9.00 Trawlermen: Hunting the Catch		10.00 Planet Earth III	
	114 SKY DOCS	◂ 6.55 JFK: Destiny Betrayed		8.00 Film: Touching the Void					10.10 Film: The Alpinist
FILMS - Sky Cinema	301 PREMIERE	◂ 6.05 A Big Bold Beautiful Journey		8.00 The Conjuring: Last Rites					10.25 Weapons
	302 FEAR SEEKERS	◂ 5.30 The Conjuring: Last Rites		8.00 It					10.20 Smile 2
	303 MEN IN BLACK	◂ 6.05 Men in Black		8.00 Men in Black II			9.40 Men in Black 3		
	304 FAMILY	◂ 6.00 E.T. The Extra Terrestrial		8.00 Smurfs			9.35 Hotel Transylvania 2		
	306 ACTION	◂ 6.05 Venom		8.00 Mission: Impossible – The Final Reckoning					
	307 GREATS	◂ 6.00 Full Metal Jacket		8.00 The Shawshank Redemption					10.25 Against All Odds
	308 COMEDY	◂ 6.25 Blades of Glory		8.00 Mean Girls			9.40 Hope Springs		
	309 THRILLER	◂ 5.40 Vanilla Sky		8.00 Three Days of the Condor					10.10 The Equalizer 2
	310 DRAMA	◂ 5.50 The Blind Side		8.00 Joker: Folie à Deux					10.25 Black Dog
	311 SCI-FI	◂ 6.00 Salem's Lot		8.00 Edge of Tomorrow				10.00 Interstellar	
	312 ANIMATION		7.10 The Ant Bully		8.45 Rebellious				10.25 Super Charlie
	313 FILM4	◂ 6.20 A Knight's Tale				9.00 Boston Strangler			
SPORT	401 MAIN EVENT	◂ 6.30 Football: WSL – Live: Arsenal v Leicester City (Kick-off 7.00)					9.30 Tennis – Live: The Madrid Open		
	402 PREMIER LEAGUE	◂ 6.30 Football: WSL – Live: Arsenal v Leicester City (Kick-off 7.00)					9.30 Soccerbox	10.00 PL Stories	10.30 Netbusters
	403 FOOTBALL	◂ 6.55 SWPL – Live: Glasgow City v Celtic (Kick-off 7.00)				9.00 SPFL Round-Up	9.30 Bundesliga Highlights Show		10.30 EFL Highlights
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	7.00 UEFA Champions League – Live: Atletico Madrid v Arsenal (Kick-off 8.00)							10.30 UEFA Magazine
	411 TNT SPORTS 2	7.00 MLB Highlights		8.00 MLB – Live: Toronto Blue Jays v Boston Red Sox (Start-time 8.07)					

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Rip Off Britain** New edition A mobility furniture company letting down elderly customers. (S)(AD)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Shift the Thrift** New edition Joanna Page presents a thrifting showdown in Abergavenny. (S)(AD)
2.30 **Designing the Hebrides** (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **Make It at Market** (S)(R)(AD)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Election Broadcast** (S)

7.30 EastEnders

7 PM

7.00 The One Show Alex Jones and Vernon Kay present the topical show. (S)

7.30 EastEnders Phil's search continues, two Walford residents face a race against time, while Nigel receives some visitors. (S)(AD)

8 PM

8.00 The Repair Shop New edition It's a family affair this week as Steve Fletcher fixes a model watermill and his son Fred brings a clock back to life. Meanwhile, Rebecca Bissonnet works on a damaged carnival headpiece. (S)(AD)

9 PM

9.00 MasterChef New edition 5/21. A fresh set of hopeful home cooks serve up their signature dishes and decadent desserts to impress the two judges and get through to the quarter-finals. (S)(AD)
■ Continues tomorrow

10 PM

10.00 BBC News (S)
10.30 Local News (S)
10.40 MOTD: Champions League Action from the semi-final first-leg matches, featuring Atlético Madrid v Arsenal at Riyadh Air Metropolitano and Paris Saint-Germáin v Bayern Munich at Parc des Princes. (S)
11.25 FILM **Denmark** Comedy drama starring Rafe Spall. A depressed 34-year-old Welshman decides to get arrested overseas in the hope of being sent to a relatively luxurious Danish prison. With Simone Lykke and Thomas Gabrielsson. (S) (2019, 15, 85min) ★★★
12.50 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.55 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Escape to the Country** (S)(R)
7.00 **Shift the Thrift** (S)(R)(AD)
7.30 **Great Japanese Railway Journeys** The Yamonote line. (S)(R)(AD)
8.00 **Sign Zone: MasterChef** (S)(R)(AD)
9.00 **BBC News** (S)
10.00 LIVE **Snooker: World Championship** The morning session on day 12 at the Crucible Theatre. *Continues at 1.00pm.* (S)
11.15 **Politics Live** (S)
1.00 PM LIVE **Snooker: World Championship** The afternoon session on day 12 at the Crucible Theatre. *Continues at 7.00pm* (S)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Japanese Railway Journeys** New edition Michael Portillo heads north from Tokyo to Honshu's Tohoku region. (S)(AD)

10.00 Twenty Twenty Six

7.00 LIVE **Snooker: World Championship** Hazel Irvine presents coverage of the evening session on day 12 from the Crucible Theatre in Sheffield, where two quarter-finals reach a conclusion and the line-up for the semi-final is confirmed. Judd Trump, who won this title in 2019, prevailed 13-8 against 2023 champion Luca Brecel at this stage last year. In another of the last eight contests, the first amateur player to reach this stage, Zhao Xintong, claimed a comfortable 13-5 victory over Chris Wakelin. With commentary and analysis from Steve Davis, Ken Doherty, Steven Hallworth, Lee Walker, Stephen Hendry, Joe Perry, John Parrott and Dennis Taylor. (S)

10.00 Twenty Twenty Six New episode *Mattheas Sivori/ Wooden Condoms:* 4/6. Rumours about a footballer put everyone under pressure. (S1) (S)(AD)
■ Entire series on BBC iPlayer
10.30 Newsnight (S)
11.00 **Unspun World with John Simpson** A look at the week's major global news stories.(S)
11.30 **Extraordinary Portraits with Bill Bailey** 5/6. Featuring a woman who was wrongly jailed as part of the Post Office scandal. (S)(R)(AD)
12.00 M'T **Snooker: World Championship Extra** (S)
2.00 AM **Sign Zone: Beyond Paradise**
3.00 **Sign Zone: Pilgrimage: The Road to Holy Island** (S)(R)(AD)
4.00 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David and the team visit Bridlington in East Yorkshire, where Alys Dobbie goes on a fishing expedition and Tim Hogarth considers opening a toy shop. (S)(R)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.25 **Party Election Broadcast** (S)
6.30 **ITV News** (S)

7.30 For the Love of Dogs

7.30 NEW SERIES **For the Love of Dogs with Alison Hammond** At Battersea Dogs and Cats Home, Alison meets a Yorkie Pom cross with a worrying case of bad breath, and a premature Frenchie pup who needs to learn how to socialise. (S)(AD)

8.00 Emmerdale Cain has to face his fears, while Moira opens up to Chas. (S)(AD)

8.30 Coronation Street Jodie comes to the rescue when her dodgy past catches up with Shona. (S)(AD)

9.00 NEW SERIES **A Taste for Murder** 1/6. Crime drama with Warren Brown. DCI Joe Mottram is called upon to clear the name of a relative accused of murder. *See feature, page 11.* (S1) (S)(AD)
■ Entire series on ITVX

10.00 ITV News (S)
10.30 Local News (S)
10.45 Peston Political magazine hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.30 **British Touring Car Championship Highlights** Action from Donington Park. (S)(R)
12.45 AM **Gallagher PREM Unleashed** The 14th round of fixtures. (S)(R)
1.10 **Teleshopping**
3.00 **Tonight: Pet Stars – Can My Pet Pay My Bills?** (S)(SL)(R)
3.25 **How to Clean Up for Cash** (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **The Neighbourhood** 3/12. Reality contest. (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 4-6/26. (S4) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** (S11) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From Brooklyn. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Matt Baker: Travels with Mum & Dad** The Bakers explore the Yorkshire Wolds. (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** (S)(R)
5.00 **Chateau DIY** New edition Debbie and Dave transform their disused barn into a craft retreat. (S)(AD)
6.00 **Sun, Sea and Selling Houses** New edition The Garners help Essex couple Alan and Tina find a retirement property. (S)

9.00 Salisbury Poisonings

7.00 News (S)

8.00 Help! I Bought It at Auction with Sarah Beeny New edition Sarah meets Matt and Christy, who paid more than £1 million for a house in need of restoration, and Dave and Heather, who bought a property without viewing it first. (S)(AD)

9.00 NEW SERIES **Salisbury Poisonings: The Untold Story** 1/3. Documentary telling the story of the 2018 poisoning of ex-Russian spy Sergei Skripal, his daughter Yulia and Salisbury local Dawn Sturgess. *See feature, page 21.* (S)(AD)

10.00 Gordon Ramsay's Secret Service New edition The no-nonsense chef comes to the aid of the owner of understaffed barbecue joint Wilson's Secret Sauce in Pennsylvania. (S)(AD)
11.00 **Celebrity Gogglebox** (S)(R)(AD)
12.00 M'T **Naked Attraction** (S)(R)(AD)
12.55 AM **Open House: The Great Sex Experiment** Katey and Dan plan a night of fun. (S)(R)(AD)
1.50 **Ramsay's Kitchen Nightmares USA** From Los Angeles. (S)(SL)(R)
2.40 **Suez: 24 Hours That Broke the British Empire** 1/2. (S)(SL)(R)(AD)
3.35 **Unreported World** (S)(SL)(R)(AD)
4.00 **Couples Come Dine with Me** (R)
4.50 **George Clarke's Old House, New Home** (S)(SL)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *When the Bough Breaks:* 5/24. The author is offered a huge opportunity. (S)(R)
3.55 **Castle** *Vampire Weekend:* 6/24. Two members of a community fixated on the supernatural are found murdered. (S2) (S)(R)
4.50 **Love Nature** (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition The discovery of a daffodil variety used to treat Alzheimers. (S)
6.05 **Susan Calman's Grand Day Out** From Eastbourne. (S)(R)
6.55 **News** (S)

9.00 The Betrayal of Anne Boleyn

7.00 **Michael Portillo in Stockholm** New edition 2/3. The presenter joins thousands of fans at a game of bandy. (S) ■ Conclude tomorrow
7.55 **News** (S)

8.00 **Warship: Life in the Royal Navy** New edition 5/6. JJ Chalmers learns how a warship performs one of its most dangerous and difficult manoeuvres – refueling at sea. (S)(AD)

9.00 **NEW The Betrayal of Anne Boleyn: Inside the Tower of London Special** Jason Watkins and Tracy Borman investigate who really betrayed Anne Boleyn – one of British history's most enduring mysteries. (S)

10.00 **Trauma Room One** Documentary series following life at Liverpool's Walton Centre for neurology and neurosurgery, beginning with a patient who must face having brain surgery while remaining awake. (S)(R)

11.05 **Cause of Death** A woman makes an emergency call about water flowing from her neighbour's front door. (S)(R)
12.05 AM **A&E After Dark** (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **Cash in the Attic** (S)(R)(AD)
3.45 **Friends** (S5) (S)(R)(AD)
4.35 **Amazing Railway Adventures with Nick Knowles** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S2) (S)(R)
9.00 **Magnum P.I.** (S5) (S)(R)(AD)
10.00 **Will & Grace** (S4) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Gladiators** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **Magnum P.I.** (S5) (S)(R)(AD)
3.00 **S.W.A.T.** 23/23. (S2) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** *The Cad and the Hat:* Bart betrays Lisa. (S)(R) **5.30** *Pork and Burns:* A book on minimalism inspires Marge to adapt her way of living. (S)(R)
6.00 **The Office (US)** 12/26. Part two of two. Michael's jealousy gets the better of him. (S)(R) **6.30** 13/26. Holly returns from her holiday. (S7) (S)(R)

9.00 The 'Burbs

7.00 **The Simpsons** *Kamp Krustier:* A traumatic incident forces Bart and Lisa to return home early from Kamp Krustier. (S)(R) **7.30** *22 for 30:* Things go awry for Bart when he gets involved with the Mafia. (S)(R)

8.00 **Joe Lycett's United States of Birmingham** 3/4. Joe's quest continues into the American Midwest, tackling iconic artworks, the world's largest BBQ contest and an underwater ghost town. (S)(R)(AD)

9.00 **The 'Burbs** New episode *Neighbour Take Warning:* 6/8. The cul-de-sac crew go on a mission to uncover the truth and save a neighbour whose life may be in danger. (S1) (S)

10.00 **Tom Davis: Underdog** The comedian performs a stand-up show in front of a live audience, covering topics such as leaving school with no qualifications and the difficult road to fatherhood. (S)(R)

11.15 **Grimm** 3/22. Nick and Hank investigate a series of strange deaths in which people have simply exploded. (S3) (S)(R)
12.10 AM **Police 24/7** Multiple officers are needed to arrest a fleeing suspect, and a routine traffic stop leads to the seizure of a hidden gun. (S)(R)
1.05 **The Force: North East** (S)(R)
3.00 **Hawaii Five-0** (S2) (S)(R)
4.00 **S.W.A.T.** 23/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
6.55-7.00pm Party Election Broadcast (S)(R) **11.25** Debate Night (S)(R) **12.25am** Scotcast (S)(R) **12.55** FILM Denmark (S) (2019, 15, 85min) ★★★ **2.20** Weather for the Week Ahead (S) **2.25-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Peelers: The PSNI for Real (S)(R) **11.00** Twenty Twenty Six New episode (S)(AD) **11.30pm-12.00m't** Unspun World with John Simpson (S)

WALES
Sky 968, Freesat 968
No variations

ITV1

As main ITV1 except:

WALES
7.30-8.00pm Wales Decides 2026 – The Interviews (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **11.00** Camau Bach **12.00noon** Newyddion a'r Tywydd **12.05pm** Ffasiwn Drefn (AD) **12.30** Heno **1.00** Y Sioe Fwyd **1.30** Garddio a Mwy **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Y Wal (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Caeau Cymru **6.25** Darlledad Etholiadol **6.30** Rownd a Rownd (AD) **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** NEW SERIES Cartrefi Cymru **8.55** Newyddion a'r Tywydd **9.00** Anfamol (AD) **9.30** Noson Lawen **10.30-11.35pm** Stori'r Iaith

TV&Satellite week
More channels than any other TV magazine

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** A tour of the southern states of America. **7.30** The skills and senses that creatures use to hunt.
8.00 **Interior Design Masters with Alan Carr** 2/8. The designers must turn hotel bedrooms into love nests.
9.00 **The Idaho Murders: Trial by TikTok** Zara McDermott looks into the obsessive consumption of true crime.
10.00 FILM **Candyman** Horror thriller starring Yahya Abdul-Mateen II. A sequel to the film from 1992 that returns to the now-gentrified Chicago neighbourhood where the legend began. (2021, 15, 91 min) ★★★
11.25 FILM **Chaos Walking** Sci-fi adventure starring Tom Holland and Daisy Ridley. (2020, 12, 109min) ★★
1.05 AM **Stacey Dooley: Growing Up Gypsy**
1.50 **Fake Friend: The Ticket Scammer** Documentary.
2.50 **to 3.50** AM **The Idaho Murders: Trial by TikTok**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **The Yorkshire Dales** Adventurer Paul Rose's trip concludes in Wharfedale.
7.30 **Canal Boat Diaries** Robbie Cumming navigates the River Severn and takes an unexpected bath.
8.00 **The Lost Neanderthals** Uncovering the secrets of the Neanderthal discoveries in the Mandrin Cave, France.
9.00 **Inside Chernobyl's Mega Tomb** Following a team of international engineers as they build a steel structure to entomb the ruins of the nuclear power plant, destroyed in the 1986 disaster.
10.00 **Edna, the Inebriate Woman** Jeremy Sandford's 1971 drama about a down-and-out woman, starring Patricia Hayes.
11.30 **How to Get Ahead at Medieval Court**
12.30 AM **The Lost Neanderthals** As 8.00pm.
1.25 **Timewatch – The Empire State Story** Documentary.
2.15 **to 3.15** AM **Inside Chernobyl's Mega Tomb**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The contest begins at Hazel's Roost in Bainbridge, North Yorkshire. **4.50** From Rhandregynwen Hall in Llanymynech, Powys. **5.20** The third visit is to the Smart and Simple hotel in Tunbridge Wells, Kent. **5.50** The final visit is to the Pearfield Bed and Breakfast in Petersfield, Hampshire. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** In Surrey, Kirstie and Phil are searching for homes to bring house-hunters Lauren, Eleanor and Laurence closer to family.
7.55 **Kirstie and Phil's Love It or List It** Phil Spencer returns to Brixworth in Northamptonshire to catch up with Sarah and Ian.
9.00 **Grand Designs Revisited** Kevin McCloud catches up with a couple who built a hypoallergenic home in south-west London in 2017.
10.00 **24 Hours in A&E** A man faces surgery after colliding with a car on his motorbike.
11.05 **24 Hours in A&E**
12.10 AM **Emergency Helicopter Medics**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped's South Korean Adventure**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight...**
11.30 **First Dates**
12.30 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.30 **Married at First Sight Australia** Reality series.
5.00 **First Dates** Dating show.
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** A worried Diane confides in Tony and Leela.
7.30 **Married at First Sight Australia** New edition The homestays continue, but real-world problems are putting all of the couples under strain.
9.00 **Made in Chelsea: Sam Vanderpump's Story** Series finale 2/2. Sam's famous aunt Lisa Vanderpump visits.
10.00 **Gogglebox** Appraisals of *Sitting on a Fortune* and *Nadiya's Fast Flavours*.
11.05 **Naked Attraction**
12.10 AM **First Dates**
1.15 **Married at First Sight Australia** As 7.30pm.
2.40 **Made in Chelsea: Sam Vanderpump's Story**
3.35 **The Goldbergs**
4.25 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

Wednesday primetime

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: Rapid Response**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** 16&17/19. (S2)
1.00 PM **The Rookie** 6/10. Bailey decides she wants a baby. **2.00** 7/10. The team search for two missing teenagers. (S6)
3.00 **Law & Order: Criminal Intent** 18/23. Mobsters are suspected of killing a couple in witness protection. (S4)
4.00 **Nothing to Declare**

9.00 Doc

7 PM
7.00 Police 24/7 Officers track down suspects using dogs and drones, and deal with a drunk man causing problems.

8 PM
8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 Doc New episode *Fare Well:* 13/22. Joan has Amy and Sonya evaluate each other's cases. (S2)

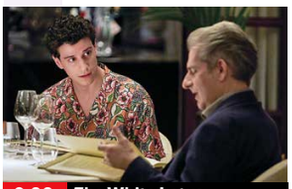
10 PM
10.00 Matlock *Prior Bad Acts:* 7/16. Olympia takes on a case involving her mother's new husband. (S2)
11.00 **The Rookie** 14/20. (S1)
12.00 M'T **FBI** 6/19. (S2)
1.00 AM **Law & Order: Special Victims Unit** 4/22. (S26)
2.00 **FBI** New episode 13/22. (S8)
3.00 **Matlock** 6/16. (S2)
4.00 **Highway Cops**
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town**
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 8&9/12. (S3)
12.10 PM **Billions** 9&10/12. (S3)
2.25 **My Brilliant Friend** 8/8. (S2)
3.40 **The Young Pope** 3/9. Lenny makes enemies of those who thought he could be manipulated. (S1)
4.40 **Billions** 9/12. Axe makes a bold play to secure capital from a controversial source. **5.40** 10/12. Axe explores an unappealing investment at a desperate moment. (S3)



9.00 The White Lotus

7 PM
6.50 The Last of Us *The Price:* 6/7. As their rift continues to widen Ellie prepares to confront Joel about her past.

8 PM
8.00 The Last of Us *Convergence:* 7/7. Ellie's search draws her towards a devastating confrontation. (S2)

9 PM
9.00 The White Lotus *Arrevderci:* 7/7. Tanya grows wary of Quentin's motives, and Ethan confronts Cam. (S2)

10 PM
10.30 Euphoria *The Ballad of Paladin:* 3/8. Drama offering a look at the complexities of life in a social-media obsessed world. Stars Zendaya. (S3)
11.45 **The Last of Us** 6&7/7. (S2)
2.00 AM **NEW SERIES Prisoner** 1/6. Action thriller starring Tahar Rahim and Izuka Hoyle. *See feature, page 6.* (S1)
3.00 **Homicide: Life on the Street**
5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.35 **Dress to Impress**
8.30 **Georgia and Tommy**
9.25 **The Only Way Is Essex**
10.25 **Real Housewives of Salt...**
11.20 **Real Housewives of New...**
12.15 PM **Limitless Win**
1.15 **Celebrity Catchphrase**
2.15 **Wheel of Fortune**
3.15 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

10.00 Family Guy

7 PM
7.00 Wheel of Fortune Graham Norton hosts as a social media coach, a fragrance expert and a hairdresser compete.

8 PM
8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9 PM
9.00 Hell's Kitchen New edition 13/16. The chefs try to create aesthetically striking dishes for social media.

10 PM
10.00 Family Guy New episode 13/22. A homage to *The White Lotus*. (S23) **10.30** 6/15. Stewie tries to help his half-brother. (S22)
11.00 **Family Guy** 20/20. Meg comes home from Russia after making a realisation. (S21)
11.30 **American Dad!** Double bill of the animated comedy. (S12)
12.30 AM **Bob's Burgers** (S12)
1.35 **Deal or No Deal**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.05 **Inspector Morse**
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *Death in a Chocolate Box:* A sex scandal resurfaces after the murder of a former detective.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Toss Up:* The village of Aidensfield falls victim to a spate of burglaries, which all seem to be aimed at Maggie.

8.00 Grace

7 PM
6.55 Heartbeat *It's All in the Game:* Nick has to go undercover when a gangster sets up shop in rural Aidensfield.

8 PM
8.00 Grace *Left You Dead:* Roy's team are plunged into a case filled with secrets after a Brighton property developer reports his wife missing.

10 PM
10.00 DCI Banks *Innocent Graves – Part One:* The detective investigates the murder of an internet entrepreneur's daughter.
11.00 **DCI Banks** *Innocent Graves – Part Two:* Morton uncovers new leads pointing to Ellie's ex-boyfriend Tyler.
11.50 **Lewis** *Whom the Gods Would Destroy:* Detective drama.
1.55 AM **On the Buses**
2.20 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.00 **Kojak**
8.05 **The Saint**
9.10 **Boon**
10.20 **The Sweeney**
11.25 **BattleBots**
12.30 PM **Magnum, PI**
1.35 **Kojak**
2.35 **The Saint**
3.45 **Boon**
4.50 **The Sweeney**
5.55 **Minder** *The Loneliness of the Long Distance Entrepreneur:* Arthur employs his nephew to help him sell cut-price cars.

9.00 The Living Daylights

7 PM
7.00 Gallagher PREM Unleashed Action from the 14th round of fixtures, including Saracens v Leicester Tigers.

8 PM
8.00 Junk & Disorderly The team head for Mark's shed in Shrewsbury to pick up some trinkets.

9 PM
9.00 FILM The Living Daylights James Bond adventure starring Timothy Dalton in his first film as 007. Bond discovers that there's more to a Russian general's defection than meets the eye. With Maryam D'Abo. (1987, PG, 131 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Underwater Grand Fishing Adventure**
1.10 AM **The Sweeney**
2.00 **Minder** As 5.55pm.
3.00 **Teleshopping**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year** 4/7. Properties in the west of Scotland.
8.00 **This Farming Life** New edition 10/12. Andrew and Gayle's baby arrives during the busy summer season.
9.00 **Debate Night** Discussion on the biggest issues affecting Scotland and beyond.
10.00 **River City** New episode Maggie carries out her risky plan to obtain proof of Viv's lies.
10.30 **Jules and Greg's Wild Swim** 4/6. The couple sample the hidden rock pools and ancient waterfalls of Skye.
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Scotland's Greatest Escape** Exploring the Scottish Borders.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S7)
9.00 **Sort Of** 5&6/8. (S1)
10.00 **Avenue 5** 7&8/9. (S1)
11.15 **Will & Grace** (S9)
12.15 PM **Based on a True Story** 6&7/8. (S2)
1.30 **Avenue 5** 7&8/9. (S1)
2.45 **Will & Grace** (S1)
3.45 **Based on a True Story**
5.00 **Community** (S5)
6.00 **Will & Grace** (S9)
7.00 **The Office (US)** (S7)
8.00 **Resident Alien** *Secrets:* 3/10. Harry races to keep his secret safe, while Asta is forced to face her own past. (S1)
9.00 **The Comeback** *Valerie's Home Alone:* 6/8. Valerie finds herself alone amid a media meltdown. (S3)
9.40 **Last Week Tonight with John Oliver** Talk show.
10.25 **Flo & Joan: Sweet Release** Stand-up show.
11.40 **Resident Alien** (S1)
12.40 AM **Avenue 5** (S1)
2.00 **Community** (S5)
3.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Highlights**
8.55 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **André Rieu: Welcome to My World**
1.00 PM **Tales of the...**
2.00 **Painting Birds**
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist 2014**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Making a Maestro** New edition
9.00 **Backstage with the London Philharmonic**
10.00 **The Seventies**
11.00 **Rolling Stone: Stories from the Edge**
12.00 M'T **Irvine Welsh: Reality Is Not Enough**
1.40 AM **Unmuted**
2.10 **Sky Arts Book Club**
3.10 **The V&A Presents Alice: Curiouser and Curiouser**
5.00 **to 6.00** AM **André Rieu: Welcome to My World**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 7/26. (S3)
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Atlantis** (S1)
7.00 **Star Trek: The Next Generation** *The Measure of a Man:* 9/22. Data is requisitioned for research purposes. (S2)
8.00 **Star Trek: Voyager** (S1)
9.00 **The Rookie** (S3)
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S1)
1.00 AM **Brit Cops: War on Crime** Documentary.
2.00 **Night Cops**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Five university friends answer questions about top 10 lists.
3.00 **Wheel of Fortune** Game show hosted by Graham Norton.
4.00 **Ridiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Brogan tries to open the 22 red boxes in the right order for the chance to win big money.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Beat the Chasers** Bradley Walsh hosts as people from across the country compete against the most formidable quiz team on TV.
10.00 **Tipping Point** Triple bill of the game show.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **George Clarke's Old House, New Home**
10.00 **Matt Baker: Travels with Mum & Dad**
11.00 **A New Life in the Sun: Where Are They Now?**
12.00 NOON **Sun, Sea and Selling Houses**
1.00 PM **A Place in the Sun**
3.00 **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **Paul Merton: Driving Amazing Trains** Paul travels through the French Riviera by train.
8.00 **The Great Celebrity Bake Off for SU2C**
9.00 **Your Song**
10.00 **Virgin Island**
12.05 AM **Taskmaster**
1.05 **Celebrity Gogglebox**
2.05 **Gogglebox**
3.10 **First Dates**
4.05 **to 5.00** AM **The Great Celebrity Bake Off for Stand Up to Cancer**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 24/26. (S7)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 26/26. (S7)
2.00 **Warehouse 13** 2&3/6. (S5)
4.00 **Stargate SG-1** 21/22. (S4)
5.00 **Star Trek: Voyager** 1/26. Aliens threaten the crew. (S4)
6.00 **Star Trek: The Next Generation** 24/26. A renegade group of Federation ships attack a Cardassian vessel. (S7)

12.00 Grimm

7.00 **Star Trek: Deep Space Nine** *What You Leave Behind – Part One:* 25/26. Sisko launches a concerted attack. (S7)

8.00 **Stargate SG-1** *Double Jeopardy:* 21/22. An old acquaintance seeks help from the team. (S4)

9.00 **From** *Lullaby:* 5/10. Sara must face the music as word of her return spreads, while Victor and Jade strike a bargain.

10.00 **From** *Pas de Deux:* 6/10. Tensions run high at Colony House when word of the coming food shortage leaks. (S2)
11.00 **The Walking Dead** 7/16. Michonne arrives at the prison with terrible news. (S3)
12.00 M'T **Grimm** 22/22. Renard and Baron Samedi unleash a horde of zombies. (S2)
1.00 AM **Warehouse 13** (S5)
3.00 **The Walking Dead** (S3)
4.00 **From** 3/10. (S2)
5.00 **to 6.00** AM **The Swarm**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S17)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 15/23. (S2)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder** (S4)
1.00 PM **Death in Paradise** (S3)
2.00 **Murdoch Mysteries** (S17)
4.00 **The Mentalist** 15/23. (S2)
5.00 **Hudson & Rex** 11/16. During a horror film shoot, a crew member is found dead. (S2)
6.00 **My Life Is Murder** 6/8. Alexa attempts to find justice for a Samoan matriarch whose son was shot dead. (S4)

9.00 Saint-Pierre

7.00 **Father Brown** *Gardeners of Eden:* A celebrity florist brings glamour and murder to Kembleford. Guest stars Elaine Paige.

8.00 **Death in Paradise** *Political Suicide:* 5/8. Humphrey investigates the shooting of the island's commerce minister. (S3)

9.00 **Saint-Pierre** New episode *Kill Lil:* 2/10. Fitz and Arch engage in a deadly and desperate game of cat and mouse. (S1)

10.00 **Father Brown** *The Dead of Night:* The priest is determined to unmask a mortal being when a supposed vampire strikes.
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** (S3)
1.00 AM **My Life Is Murder** (S4)
2.00 **Murdoch Mysteries** 16/24. Murdoch investigates a man's death at a revival meeting. (S17)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Highlights**
8.40 **The Green Green Grass**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
11.20 **Ever Decreasing Circles**
12.00 NOON **Still Open All Hours**
12.40 PM **Keeping Up Appearances**
1.20 **The Green Green Grass**
2.00 **Dad's Army**
2.40 **Are You Being Served?**
3.20 **Still Open All Hours**
4.40 **Dad's Army**
5.20 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**

5.20 Last of the Summer Wine

7.20 **Dad's Army** Captain Mainwaring and Sergeant Wilson become trapped in the bank vault with an unexploded bomb.

8.00 **Still Open All Hours** Granville thinks the shop is haunted by Arkwright. **8.40** Granville arranges a double date with Madge and Mavis for himself and Gastric.

9.20 **Not Going Out** Frank's drinking becomes a problem. With Bobby Ball.

10.00 **Not Going Out** Lee and Daisy appear on the TV quiz show *Pointless*.
10.40 **Still Open All Hours** As shown at 8.00pm.
11.20 **Still Open All Hours**
12.00 M'T **Men Behaving Badly**
1.20 AM **Not Going Out**
2.00 **dinnerladies diaries** A look behind the scenes, featuring interviews with the cast.
2.50 **to 4.00** AM **The Power of Parker**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Extreme Salvage Squad**
11.00 **Rick Stein's Cornwall**
11.30 **Special Ops: Crime Squad UK**
1.30 PM **Guy Martin: World's Fastest Tractor** Guy tries to become the first person to drive a tractor at more than 100mph.
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers: Mums Know Best** Recipes that evoke the taste of home.
6.00 **Rick Stein's Cornwall**

5.00 Mums Know Best

7.00 **Would I Lie to You?** With Dara O Briain, Denise Van Outen, Rhod Gilbert and Vernon Kay. **7.40** With Jon Richardson, David Harewood, Sarah Millican and Bob Mortimer.

8.20 **Richard Osman's House of Games** With Mina Anwar and Glen Moore.

9.00 **QI XL** Sandi Toksvig hosts as *QI* goes voyaging with panellists Joe Lycett, Nabil Abdulrashid, Lou Sanders and Alan Davies.

10.00 **Have I Got a Bit More News for You** Hosted by Victoria Coren Mitchell.
11.00 **Frankie Boyle's New World Order** With Miles Jupp.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You? The Unseen Bits**
1.00 **Would I Lie to You?**
1.40 **QI XL** With Angela Barnes.
2.35 **Frankie Boyle's New World Order** As shown at 11.00pm.
3.10 **to 4.00** AM **Gadget Man**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.35 AM **The Bill**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.10 **All Creatures Great and Small** Siegfried loses Mrs Pettinger's cat.
3.20 **The Doctor Blake Mysteries**
4.20 **Hetty Wainthropp Investigates** Hetty tries to clear her niece's son's name.
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

8.00 Father Brown

7.20 **Last of the Summer Wine** Compo speculates why blood rushes to the head when upside down.

8.00 **Father Brown** *The Passing Bell:* The sleuth tries to solve a case involving a new musical director at St Mary's.

9.00 **NEW SERIES This Is Not a Murder Mystery** *The Lovers:* 1/6. Crime drama set in the 1930s about a group of famous artists locked in with a killer. *See feature, page 12.* (S1) ■ Entire series on U

10.20 **New Tricks** *Left Field:* A paedophile confesses to the murder of a child 25 years previously.
11.40 **Dalziel & Pascoe** *Time to Go.*
1.40 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.35 **Whitstable Pearl** 6/6. (S2)
3.20 **to 4.00** AM **Birds of a Feather**

+1 hour 243 316 60 260

Wednesday

7 PM 8 PM 9 PM 10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 8-10/24. (S11)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Honour Thy Father:* 24/24. Gibbs returns to his home town after hearing news of his father's death. (S11) **7.00** *Twenty Klicks:* 1/24. Gibbs and McGee travel to Russia to escort a computer expert. **8.00** *Kill the Messenger:* 2/24. The team investigate the death of a navy lieutenant. (S12)
9.00 **Criminal Minds: Evolution** New episode *Kingdom of the Blind:* 4/10. The team probe the mind of diabolical serial killer Elias Voit aka Sicarius. (S17)
10.00 **Law & Order: Special Victims Unit** (S6)
1.50 AM **NCIS** 15/20. (S22)
2.45 **Law & Order** (S24)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Filthy Britain SOS**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **FILM Enemy of the State** Hi-tech thriller starring Will Smith. A successful lawyer is unwittingly dragged into a conspiracy to assassinate a politician. (1998, 15, 127min) ★★★★
11.40 **FILM Rise of the Footsoldier: Marbella** Action comedy starring Craig Fairbrass, Emily Wyatt and Terry Stone. (2019, 18, 85min) ★
1.25 **to 4.00** AM **Police Interceptors**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Traffic Cops**
10.00 **Police Interceptors**
12.00 NOON **FILM The Jayhawkers!** Western with Jeff Chandler. (1959, PG, 100min) ★★★
2.05 PM **FILM Stranger at My Door** Western. (1956, PG, 85min) ★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors** The officers deal with a fight outside a nightclub. **7.00** Officers chase a stolen BMW X5.
8.00 **Motorway Cops: Catching Britain's Speeders** PC Amy Hollis is called to the scene of a two-vehicle collision.
9.00 **Police Interceptors**
10.00 **Police: Night Shift 999**
11.00 **The X-Files** 14/25. (S2)
12.00 M'T **Scam City**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build** Adapting a house in Enfield for a man with motor neurone disease. **7.00** Nick and the team renovate a cottage in the Scottish countryside.
8.00 **999 Rescue Squad** A doctor fights for his life after a head-on collision with a truck.
9.00 **Annika** 2/6. A body is found in a river. (S2)
10.00 **Inside the Ambulance: Coast and Country**
12.00 M'T **Katie Piper: Locked Up in Louisiana**
1.00 AM **Sort Your Life Out with Stacey Solomon**
2.00 **to 3.00** AM **Louis Theroux Interviews... Katherine Ryan**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Continental Railway Journeys**
8.00 **Bangers & Cash: Restoring Classics**
10.00 **The World at War**
11.00 **Nazi Hunters**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **The World at War**
5.00 **Nazi Hunters**
6.00 **Frozen Planet**
8.00 **Train Truckers** Kevin Norris and Kieran Chisnall move three state-of-the-art trains.
9.00 **Trawlermen: Hunting the Catch** *Siwrengale* skipper Darren Warters is out in the North Sea for the whelk season.
10.00 **Planet Earth III** Life in deserts and grasslands around the world.
11.00 **The Green Planet**
12.00 M'T **Flipping Bangers**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Trawlermen**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Tuscany.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family**
6.00 **Long Lost Family: False Identities Special**
7.00 **Celebrity Yorkshire Auction House** Angus Ashworth helps Colin Jackson and Phil Daniels. **8.00** Angus visits the homes of Claire Richards and Amanda Owen.
9.00 **Long Lost Family**
10.00 **Who Do You Think You Are?** Actor Nitin Ganatra explores his roots.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

WEDNESDAY Entertainment

Wednesday

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 11-13/26. (S5)
1.00 PM **The Waltons** (S7)
3.00 **Ballykissangel** 5/6. (S1)
4.10 **Down to Earth** (S2)
5.20 **Bramwell** 1/2. (S4)
7.30 **M*A*S*H** 19/25. Morale hits an all-time low. **8.00** 20/25. Hawkeye volunteers for front-line action to avoid a surprise party. (S8) **8.30** 21/25. Klinger is ridiculed after decorating his quarters. (S8)
9.00 FILM **Airplane!** Spoof of air-disaster movies with Robert Hays. (1980, 12, 86min) ★★★★★
10.55 **M*A*S*H** 19-21/25. (S8)
12.25 AM **Man About the House** 5&6/7. (S1)
1.25 **Rising Damp** 1/8. (S2)
1.55 **Robin's Nest** (S3)
3.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM FILM **Jesse James** Western adventure. (1939, U, 106min) ★★★
11.35 **Wanted: Dead or Alive**
12.05 PM **The High Chaparral**
2.05 FILM **Tracker** New Zealand-set period action drama. (2010, 12, 101min) ★★★
4.10 **The Persuaders!** (S1)
5.10 **The Avengers** (S6)
7.10 FILM **The Hunter's Prayer** Thriller starring Sam Worthington. (2017, 15, 91min) ★★
9.00 FILM **Wall Street** Oliver Stone's drama starring Michael Douglas. (1987, 15, 124min) ★★★★
11.40 FILM **Miami Magma** Sci-fi disaster thriller. (2011, 15, 97min) ★★
1.30 AM **The Persuaders!**
2.30 **The Avengers** (S6)
4.05 FILM **Absolute Zero** Disaster thriller. (2005, 12, 87min) ★
5.30 **to 6.00** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM FILM **Ruby Herring Mysteries: Silent Witness** Whodunit. (2019, PG, 90min) ★★
10.05 **In Plain Sight** (S3)
11.05 **Castle** 3/10. (S1)
12.05 PM FILM **Lost Letter Mysteries: To the Altar** Drama. (2018, PG) ★★
2.00 **Diagnosis Murder** (S7)
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 4/10. (S1)
8.00 **Unforgettable** (S3)
9.00 **In Plain Sight** (S3)
10.00 FILM **Garage Sale Mysteries: Picture a Murder** Mystery. (2018, PG, 120min) ★★
11.55 FILM **An Aurora Teagarden Mystery: A Bundle of Trouble** Thriller. (2017, U) ★★
1.50 AM FILM **Hidden Truth** Thriller. (2016, 12) ★★
3.20 **to 5.00** AM FILM **A Killer in My Home** Thriller. (2020, 12) ★

+1 hour 322

Great! Romance

319 317 424 52 47

8.00 AM FILM **I Me Wed** Romance. (2007) ★★
10.10 FILM **Love on Retreat** Drama. (2023, PG) ★★
12.10 PM **A Fine Romance**
12.40 FILM **Fashionably Yours** Romantic comedy. (2020, PG, 84min) ★★
2.35 FILM **Vote One for Love** Romance. (2023) ★★
4.35 FILM **Stop the Wedding** Romantic drama. (2016, U, 105min) ★★
6.30 **A Fine Romance**
7.00 FILM **Wedding at Graceland** Drama. (2019, PG, 120min) ★★
9.00 FILM **The Wedding Cottage** Romance. (2023, PG, 84min) ★★
10.55 FILM **Grounded for Christmas** Festive drama. (2019, PG, 86min) ★★
12.50 AM FILM **Hope at Christmas** Drama. (2018, PG, 130min) ★★
3.00 **to 5.00** AM FILM **The Wedding Cottage** ★★

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Marcus Wareing's Tales from a Kitchen Garden**
3.30 **Garden Rescue**
4.30 **My Floating Home**
5.30 **Marcus Wareing's Tales from a Kitchen Garden**
7.00 **Love Your Garden**
8.00 **Garden Rescue** The team head to Marlborough to design a courtyard garden for a couple. **9.00** Chris Hull and Lee Burkhil create a family garden inspired by holidays in Greece.
10.00 FILM **On the Game** Comedy starring Lloyd Lamble and Gloria Maley. (1974, 18, 120min) ★★
12.00 M'T FILM **Adventures of a Private Eye** Comedy. (1977, 18, 92min) ★
2.00 AM **The Greatest Auction** Double bill.
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Prime of Miss Jean Brodie** 3/7. (S1)
11.05 **Wish Me Luck** (S1)
12.10 PM **The Gaffer** (S3)
12.40 **Second Thoughts** (S3)
1.10 **Agony** 5/7. (S3)
1.40 **Boon** 12/13. (S1)
2.40 **The Prime of Miss...**
3.45 **Hank the Cowboy**
4.00 **Tracing the Rails**
4.30 **Jack Hargreaves' Old Country** 1/20. (S2)
5.00 **Stereo Underground**
6.00 **The Gaffer** 3/7. (S3)
6.30 **Agony** 5/7. (S3)
7.00 **Second Thoughts** (S3)
7.30 **The Fenn Street Gang**
8.00 **Boon** 12/13. (S4)
9.05 **Drop the Dead Donkey**
10.05 **Rik Mayall Presents**
11.10 FILM **Flesh for Frankenstein** Horror. (1973, 18, 90min) ★★★
1.05 AM **Stereo Underground**
2.05 **The Rewind Jukebox**
3.05 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysteries of the Deep**
10.00 **Deadliest Catch**
12.00 NOON **The Alaska Triangle** Documentary.
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Maine Cabin Masters** New edition The team renovate a generational camp at Snow Pond.
10.00 **Barnwood Builders** New edition A log cabin pool house in Mentor-on-the-Lake, Ohio.
11.00 **Aussie Gold Hunters** The Gold Devils hope to reach their target.
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Prue Leith's Cotswold Kitchen**
7.00 **Rick Stein's Seafood Odyssey** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie Oliver: Cooking for Less**
10.00 **Barefoot Contessa**
11.00 **The Great British Bake Off** Double bill.
1.00 PM **James Martin's Islands to Highlands**
3.00 **Rick Stein's Seafood Odyssey** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie Oliver: Cooking for Less**
6.00 **Barefoot Contessa**
7.00 **The Great British Bake Off** Double bill.
9.00 **Paul Hollywood: City Bakes** Cyprus.
10.00 **Prue Leith's Cotswold...**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food: Best Of**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 10/25. (S7)
9.00 **T.J. Hooker** 1/22. (S3)
10.00 **Six Million Dollar Man**
11.00 FILM **Arctic Apocalypse** Disaster thriller. (2019, PG, 90min) ★
1.00 PM FILM **Siringo** Western adventure. (1996, PG, 90min) ★★
3.00 FILM **Coward of the County** Drama. (1981, PG, 104min) ★★
5.00 **Star Trek** 19/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 2/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **No Escape** Action thriller. (2014, 15, 101min) ★★★
11.10 FILM **Sudden Death** Action thriller. (1995, 18, 110min) ★★★
1.30 AM FILM **Wanted: Dead or Alive** Thriller. (1988, 106min) ★★
3.30 **to 5.15** AM FILM **Man Down** Drama. (2015, 15, 90min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM FILM **Shark** Thriller. (1969, 15, 88min) ★★
11.00 **Andromeda** 8/22. (S1)
12.00 NOON FILM **Zodiac: Signs of the Apocalypse** Sci-fi disaster thriller. (2014, PG, 120min) ★
2.00 PM FILM **Tornado Warning** Sci-fi thriller. (2012, PG, 90min) ★★
4.00 **Walker, Texas Ranger**
5.00 FILM **500 MPH Storm** Disaster thriller. (2013, PG, 86min) ★★
7.00 **Andromeda** 9/22. (S1)
8.00 **The Fall Guy** (S4)
9.00 FILM **Virtuosity** Sci-fi thriller starring Denzel Washington. (1995, 15, 103min) ★★★
11.10 FILM **The Trust** Thriller starring Nicolas Cage. (2016, 15, 90min) ★★★
1.05 AM FILM **Virtuosity** As shown at 9.00pm.
3.10 FILM **500 MPH Storm** As shown at 5.00pm.
5.00 **to 6.00** AM **Andromeda**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.35 **Storage Wars Canada**
8.30 **Storage Wars**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **Alien Corridors**
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars**
2.05 **Storage Wars**
3.05 **Storage Wars Canada**
4.00 **Ancient Aliens**
5.00 **Monster Aliens**
6.00 **Storage Hunters**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **The UnBelievable**
10.00 **Paranormal: Caught on Camera**
11.00 **The Proof Is Out There**
12.00 M'T **Mysteries from Above**
1.00 AM **Monster Aliens**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Jane...**
11.00 **Ben Fogle: New Lives...**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.30 **Around the World by Train with Tony Robinson** Travel series.
5.00 **World's Most Scenic Railway Journeys**
6.00 **Inside the World's Greatest Ships**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **The Sinking of the Costa Concordia: Collision at Sea**
10.00 **The Sinking of the Costa Concordia: Secrets of the Wreck**
11.00 **Inside the Cockpit: The Concorde Crash**
12.00 M'T **Wentworth Prison**
1.00 AM **The Yorkshire Vet**
2.00 **Cruising with Jane McDonald** Argentina.
3.00 **Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze** Game show.
1.00 PM **Celebrity Catchphrase**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities**
4.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
5.00 **The Bidding Room**
6.00 **Tenable** Five radio presenters compete.
7.00 **The Chase** Triple bill.
10.00 **The Chase Celebrity Special** With guests Hayley Tamaddon, Geoff Hurst, Rob Beckett and Gaby Roslin.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Quiz.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly** (S5)
8.30 **Young Sheldon** (S1)
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon** (S1&2)
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 16/24. Howard is torn between Bernadette and his mother. **8.30** 17/24. Sheldon decides to make a new set of friends. (S4)
9.00 **Dr Pimple Popper: Breaking Out** New editions John would love to date but is embarrassed about a huge bump on his cheek. **10.00** Dr Lee removes a painful bump from Christian's back.
11.00 **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers: The Inspired Unemployed**
10.00 **Everybody Loves Raymond** (S5)
1.00 PM **Friends** (S6&7)
7.00 **Friends** 4/24. Rachel wrestles with a dilemma. **8.00** 5/24. Joey takes Tag out on the town. **8.30** 6/24. Monica struggles to choose a maid of honour. (S7)
9.00 **Michael McIntyre's Big Show** With Robbie Williams and Ian Wright.
10.00 **8 Out of 10 Cats**
11.40 **Jimmy Carr's Am I the A**hole?**
12.40 AM **Whose Line Is It Anyway? USA**
1.40 **South Park** (S22)
3.05 **Michael McIntyre's Big Show** As 9.00pm.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 6&7/25. (S5)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** With OneRepublic.
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S10)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Utopia** 8/8. (S1)
4.00 **Michael McIntyre's Big...**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** (S5)
10.00 **South Park** (S2)
1.00 AM **Bradley & Barney Walsh: Breaking Dad**
2.00 **Michael McIntyre's Big...**
3.00 **Utopia** 8/8. (S1)
3.20 **Teachers** 4/20. (S2)
3.45 **Important Things with Demetri Martin**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.00 **Bread** 6/11. (S7)
10.35 **Steptoe and Son** (S8)
11.15 **Oh, Doctor Beeching!**
11.50 **Rising Damp** 4/6. (S4)
12.20 PM **Man About the...**
12.55 **Goodnight Sweetheart**
1.35 **When the Boat Comes In** 5/15. Drama. (S3)
2.40 **Minder** 9/13. (S8)
3.45 **Just Good Friends**
4.20 **Man About the House**
4.50 **Some Mothers Do 'Ave 'Em** 4/6. Sitcom. (S3)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Steptoe and Son** (S8)
6.50 **Rising Damp** 3/6. (S4)
7.20 **Whatever Happened to the Likely Lads?** (S1)
7.55 **Minder** 5/13. (S2)
9.00 **Benidorm** 2/7. (S4)
9.55 **Shameless** 12/22. (S8)
11.00 **Man About the House**
11.30 **Mind Your Language**
12.00 M'T **Benidorm** 2/7. (S4)
1.00 AM **Minder** 2/8. (S6)
2.05 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom: Farewell Special** Reality series.
8.00 **FriendZone**
8.30 **Beauty and the Geek Australia** Reality series.
10.00 **Catfish: The TV Show**
2.00 PM **Catfish: Scammed**
3.00 **Catfish UK**
5.00 **Help! I'm in a Secret Relationship!**
6.00 **Beauty and the Geek Australia** New edition
7.30 **FriendZone**
8.00 **Teen Mom: Young Moms Club**
9.00 **Bar Rescue** New edition
10.00 **Caught in the Act: Double Life** New edition
11.00 **Help I Sexted My Boss**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Bar Rescue**
2.00 **Black Ink Crew**
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked**
9.00 **Gold Rush: Parker's Trail**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Motion sensors and diving helmets. **3.30** Building MRI scanners. **4.00** Noise barrier walls and washing machines. **4.30** How biplanes are made.
5.00 **Alaska: Homestead Rescue** Marty responds to a plea from a family in Vermont.

11.00 Expedition Bigfoot

7.00 Wheeler Dealers Mike and Elvis take on a Porsche 911 in bad shape that they want to drive through the Cairngorms.

8.00 Wheeler Dealers Mike and Elvis work on an Austin Allegro which has a reputation as one of Britain's most unloved cars.

9.00 Wheeler Dealers Mike finally gets his hands on an Astra GTE, but with spare parts hard to come by, the project is lengthy.

10.00 Supercar Showroom Racing driver Archie Hamilton must decide between two supercars.

11.00 **Expedition Bigfoot** Bryce talks with a witness who had an experience with a family of Bigfoot.
12.00 M'T **Border Control: Spain**
1.00 AM **Wheeler Dealers**
2.00 **Supercar Showroom**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Dogs: The Untold Story**
10.00 **Tanked**
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo: San Diego**
5.00 **Lone Star Law** Game Warden Inman tackles a potential pollution case.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff attends a shelter to help the pets of homeless and disadvantaged owners.

5.00 Lone Star Law

7.00 Treehouse Masters A family wanting to expand its home calls Pete Nelson for help.

8.00 Rugged Justice Officers prevent the spread of a bush fire and discover marijuana growing on public land.

9.00 Alaska: The Last Frontier Still reeling from the earthquake, the Kilchers rush to make headway on time-sensitive projects.

10.00 Edge of Alaska Jeremy risks everything as he crosses a frozen river in a two-tonne bulldozer.

11.00 **Alaska Monsters** The team investigate reports of a supposedly massive wolf.
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **The Pool Master**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation: Special Report**
10.00 **Draining the Thames: What Lies Beneath**
11.00 **Lost Treasures of Egypt**
12.00 NOON **Construction Fails**
1.00 PM **Car S.O.S**
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Construction Fails**
5.00 **Car S.O.S** Restoring a 1969 Lancia Fulvia 1.3 Rallye. **6.00** Tim and Fuzz race to save a rusted Alfa Romeo.

8.00 Colosseum: Rise and Fall

7.00 Air Crash Investigation The Hughes Airwest Flight 706's collision with a US Marine Corps F-4 Phantom in 1971.

8.00 Colosseum: Rise and Fall New discoveries and cutting-edge research reveal the history of Rome's Colosseum.

9.00 Colosseum: Rise and Fall Archaeologists dig beneath the Colosseum to uncover the remains of ancient beasts.

10.00 Colosseum: Rise and Fall Investigations into the empire's collapse take archaeologists to ruins in Austria, Tunisia and Rome.

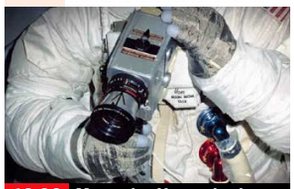
11.00 **Air Crash Investigation**
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **Border Protection Spain**
2.00 **Bid & Destroy** A 1730s New Hampshire farmhouse.
2.30 **To Catch a Smuggler**
3.20 **Food Factory**
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Walking Through History**
8.45 **Pawn Stars**
10.10 **Storage Wars**
12.00 NOON **Witches of Essex**
1.00 PM **The Curse of Oak Island**
2.00 **Mysteries Unearthed with Danny Trejo**
3.00 **Junk & Disorderly** Triple bill of the series, including at: **5.00** A high-class auction of vintage petroliana.
6.00 **American Pickers** Mike and Frank encounter a massive collection left behind by a woman's late father in Ohio.



10.00 Mysteries Unearthed

7.00 Forged in Fire Two of the champions face the challenge of recreating one of history's most famous swords, the Tizona.

8.00 Celts: The Untold Story The Celts' transition from traders into proven warriors, weapon-masters and metal artists.

9.00 The Curse of Oak Island New edition Armed with new information, the team redouble their search efforts with thrilling results.

10.00 Mysteries Unearthed with Danny Trejo New edition Incredible fortunes emerge from unexpected places.

11.00 **Hazardous History with Henry Winkler** A look at the most ill-advised and risky household products.
12.00 M'T **Junk & Disorderly**
2.50 AM **The Curse of Oak Island**
3.40 **Mysteries Unearthed with Danny Trejo**
4.25 **Pawn Stars**
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Movies**
7.00 **Discovering: Joan Crawford**
8.00 **The Directors**
9.00 **Chimp Crazy**
10.00 **JFK: Destiny Betrayed**
11.05 **The Nineties**
12.00 NOON **The Commandant's Shadow** Documentary about the son of the man who was in charge of Auschwitz.
2.00 PM **Surviving Ohio State**
4.00 **The Directors**
5.00 **Discovering: Joan Crawford**
5.55 **Chimp Crazy** 3/4. The film-makers face a dilemma.

6.55 JFK: Destiny Betrayed

6.55 JFK: Destiny Betrayed 3/4. This edition looks at the post-mortem of John F Kennedy.

8.00 FILM Touching the Void Docu-drama based on the book by Joe Simpson. In 1985, mountaineers Joe Simpson and Simon Yates set out to climb the previously unscaled west face of Siula Grande in the Peruvian Andes. (2003, 15, 106min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 FILM The Alpinist Documentary about elusive Canadian climber Marc-André Leclerc. (2021, 12, 92min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Kurt Cobain: Montage of Heck** Exploring the Nirvana frontman's childhood, career and tragic death.
2.30 AM **Mr Dynamite: The Rise of James Brown**
4.45 **My Icon: Ebony Rainford-Brent** Inspirational individuals.
5.00 **to 6.00** AM **Discovering: Joan Crawford**

Wednesday

7 PM

8 PM

9 PM

10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters: The Restorers**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Crystal Hunters** Double bill.
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **The Derbyshire Auction House** New edition Irita Marriott and her team launch Britain's newest saleroom.
10.00 **The Yorkshire Auction House** A Gibson guitar.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Forensic Detectives**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV** A woman is beaten to death in her Texas home.
9.00 **Killer Confessions: Case Files of a Texas Ranger** A mother vanishes without a trace.
10.00 **Inside the Arrest**
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: The Silent Assassin** A waiter who was shot dead.
8.00 **UK Crime Files: Murder on the Rocks** The discovery of a body on the Scottish island of Little Ross in 1960.
9.00 **New Scotland Yard Files** The case of Laila Rezk, who was found badly beaten in her own home.
10.00 **Fatal Fraud** New edition Examining the case of Gregory Davis, who was murdered in what looked like a paid hit.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: The Silent Assassin**
1.00 AM **UK Crime Files: Murder on the Rocks**
2.00 **Fatal Fraud**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Last Taxi Rider**
9.55 **UK Crime Files: Unravelling the Murder Of Janet Commins**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: The Railway Killers**
3.00 **UK Crime Files: Bus Stop Rapist**
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** A woman is found shot dead in her own home. **5.30** A mother is abducted and later found stabbed to death. **6.00** A Marine's wife is charged with murder. **6.30** An 18-year-old girl is abducted while talking on a pay phone.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Send in the Dogs**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation**
4.00 **Killing Mum and Dad**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **Murdered at First Sight**
10.00 **Murder Uncut**
11.00 **The Real Manhunter**
12.00 M'T **World's Most Evil Killers** Ted Bundy.
1.00 AM **How I Caught the Killer** Documentary.
2.00 **The Real CSI: Miami**
3.00 **Britain's Most Evil Killers**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Maps of Power**
9.50 **Living in the Shadow...**
11.00 **Spy Ops**
1.00 PM **Digging Up Britain's Past**
2.00 **Maps of Power**
3.15 **Living in the Shadow...**
4.25 **Spy Ops**
6.25 **Digging Up Britain's...**
7.30 **Maps of Power** Series finale Examining how China's geopolitical importance stems from its historical position.
8.35 **Living in the Shadow of WWII** Maintaining the morale of the civilian population.
9.45 **Spy Ops** Mossad's assassination campaign on Palestinian leaders. **10.45** Car bombs and amphibious operations.
12.00 M'T **Living in the...**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM | VIRGIN HD | FREEVIEW HD | FREESAT HD | FREELY | EE HD

WEDNESDAY

Sky Nature

124/125 113/114 135 354 369

- 6.00 AM **Undiscovered Vistas**
- 7.00 **Monkey Life**
- 8.00 **Great Blue Wild**
- 9.00 **Wild Birds of Australia**
- 10.00 **Secrets of the Enchanted Waters** Documentary.
- 11.00 **Wildlife Icons**
- 12.00 NOON **Big Beasts: Last of the Giants** Documentary.
- 1.00 PM **Monkey Life**
- 2.00 **Great Blue Wild**
- 3.00 **Wild Birds of Australia**
- 4.00 **Secrets of the Enchanted Waters** Documentary.
- 5.00 **Wildlife Icons**
- 6.00 **Big Beasts: Last of the Giants**
- 7.00 **Monkey Life** Double bill.
- 8.00 **Evolution Earth**
- 9.00 **Tales from Zambia**
- 10.00 **Big Beasts: Last of the Giants**
- 11.00 **Wildlife Icons**
- 12.00 M'T **Arabian Seas**
- 1.00 AM **Undiscovered Vistas**
- 2.00 **Evolution Earth**
- 3.00 **Tales from Zambia**
- 4.00 **Great Blue Wild**
- 5.00 **to 6.00** AM **Wild Birds of Australia**

Sky History 2

163/168 143 186

- 6.00 AM **Ancient Aliens**
- 8.00 **Hell on Earth: WWII**
- 9.00 **Lost U-Boats of WWII**
- 10.00 **How to Lose a War**
- 11.00 **Ancient Aliens**
- 1.00 PM **Ancient Aliens**
- 6.00 **The Proof Is Out There**
- 7.00 **Lost U-Boats of WWII** A search for a site known as Target 3 enables the team members to find a possible component of a Nazi secret weapon that changes the direction of their investigation.
- 8.00 **How to Lose a War** The demise of the Axix Powers.
- 9.00 **Ghost Ships** Salvage diver Tony Sampson and his team dive in search of SS *Clare Lilley*.
- 10.00 **Egypt's Unexplained Files** New insights into superstition in the land of the pharaohs.
- 11.00 **Ancient Aliens** Double bill.
- 1.00 AM **Alien Files Reopened**
- 2.00 **The Great British Dig: History in Your Back Garden**
- 3.00 **Digging for Britain**
- 4.00 **Mysteries from Above**
- 5.00 **to 6.00** AM **Canadian Pickers**

Discovery Science

167 148 179

- 8.00 AM **How the Universe Works**
- 11.00 **Extreme Engineering**
- 1.00 PM **Blowing Up History**
- 3.00 **How the Universe Works**
- 6.00 **How It's Made: Dream Cars**
- 9.00 **In Search of Monsters** Recently disclosed audio recordings and astonishing photographs may provide the most conclusive evidence to date that the Ozark Howler has demonic origins. **10.00** New evidence reveals a Vietnam War pilot may have returned home with a secret cargo. Experts use this to try and find the missing link in human evolution.
- 11.00 **Expedition X** The team explore an abandoned outpost in the Amazon rainforest. **12.00** M'T Phil and Jessica head to Lake Lanier, one of the deadliest lake in America, to uncover rumours of drownings and ghostly encounters.
- 1.00 AM **How the Universe Works**
- 4.00 **to 6.00** AM **The Dino Hunters**

+1hr 267 379

Crime+Investigation

139/140 142 133

- 6.00 AM **The First 48**
- 7.00 **Homicide Hunter**
- 9.00 **Fugitives Caught on Tape**
- 9.30 **My Strange Arrest**
- 10.30 **Court Cam**
- 11.00 **What the Killer Did Next**
- 2.00 PM **I Met My Murderer Online**
- 3.00 **Murder by Medic**
- 6.00 **On the Case with Paula Zahn** A hiker takes a photo of vultures circling remains.
- 7.00 **The First 48** A man is shot dead in Oklahoma.
- 8.00 **I Met My Murderer Online**
- 9.00 NEW SERIES **Crime in Progress** A routine traffic stop turns critical and an officer suddenly loses contact.
- 10.00 **Don't Open the Door** A man is gunned down at Christmas.
- 11.00 **Interview with a Killer**
- 12.00 M'T **Britain's Darkest Taboos**
- 1.00 AM **Interrogation Raw**
- 2.00 **Homicide Hunter**
- 3.00 **Imperfect Murder**
- 5.00 **to 6.00** AM **I Met My Murderer Online**

+1hour 256 333

WILD

165 145 182

- 8.00 AM **Yukon Vet**
- 9.00 **Bizarre Animal Friends**
- 10.00 **The Most Extreme**
- 11.00 **Python Hunters**
- 12.00 NOON **The Incredible Dr Pol**
- 1.00 PM **Yukon Vet**
- 2.00 **America's Wild Southwest**
- 3.00 **Africa's Hunters**
- 4.00 **Heartland Docs**
- 5.00 **Snakes in the City**
- 6.00 **Yukon Vet**
- 7.00 **Secrets of the Zoo: Tampa** The staff welcome two rescued manatees to the hospital, and three chimpanzees move on to a new home in San Francisco.
- 8.00 **Africa's River Titans** A look at the largest animals living alongside Africa's rivers.
- 9.00 **Africa's Wild Geniuses** Wildlife that has adapted to Africa's most extreme environments.
- 10.00 **Alaska: The Next Generation**
- 11.00 **Ice Road Rescue**
- 12.00 M'T **Savage Kingdom: Uprising**
- 1.00 AM **Animal Fight Club**
- 2.00 **The Incredible Dr Pol**
- 3.00 **Yukon Vet**
- 4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

- 7.00 AM **Bullet Points**
- 8.00 **Salvage Hunters: Classic Cars**
- 9.00 **Combat Dealers**
- 10.00 **Blowing Up History**
- 12.00 NOON **How the Universe Works** New discoveries reveal the importance of black holes.
- 1.00 PM **NASA's Unexplained Files**
- 2.00 **Aliens in Alaska**
- 3.00 **Expedition Unknown**
- 4.00 **Expedition X**
- 5.00 **Mysteries at the Museum**
- 7.00 **How the Universe Works**
- 8.00 **Bullet Points** History's most important battles, starting with events in the Pacific that turned the tide of World War Two.
- 9.00 **Legendary Locations**
- 10.00 **How Do They Do It?**
- 11.00 **Salvage Hunters: The Restorers** An iconic item from the 1980s that is in awful shape.
- 12.00 M'T **How the Universe Works**
- 1.00 AM **Mysteries at the Museum**
- 3.00 **Expedition X**
- 4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

- 9.00 AM **Joanna Lumley's Silk Road Adventure**
- 1.00 PM **Joanna Lumley's Silk Road Adventure**
- 5.00 **Doctor Who**
- 8.15 **Doctor Who** *The Planet of the Spiders – Part One*: 21/26. While the Doctor investigates ESP, Sarah is invited to investigate some strange goings on at a meditation centre. **7.40** *The Planet of the Spiders – Part Two*: 22/26. Sarah and Mike attempt to show people the truth. (S11) **8.15** *Genesis of the Daleks – Part Three*: 13/20 .The Doctor and Harry try to alert the authorities to Davros' plans. **8.45** *Genesis of the Daleks – Part Four*: 14/20. The Doctor fails to prevent the Thals from destroying the Kaled city and must face an imminent attack from the Daleks. (S12)
- 9.15 **Doctor Who**
- 4.25 **to 6.00** AM **Great Coastal Railway Journeys**

+1hour 266 376

ID

154 140 166

- 8.00 AM **The Killer in My Family**
- 9.00 **Still a Mystery**
- 11.00 **People Magazine Investigates**
- 12.00 NOON **Forbidden: Dying for Love** The story of how a high-flying attorney's infatuation with a client proved fatal.
- 1.00 PM **Still a Mystery**
- 3.00 **People Magazine Investigates**
- 4.00 **Forbidden: Dying for Love**
- 5.00 **Murder Comes to Town**
- 7.00 **The Perfect Suspect** The case of Lisa Gaudenzi, who vanished in 1995 before reporting for US Army officer training. **8.00** Focusing on the case of 30-year old Katrina Smith.
- 9.00 **999 Murderer Calling** A young mother's ex admits he's responsible for her death.
- 10.00 **Police 911: Michigan** Aspiring rapper Michael Munson is found shot dead in his car.
- 11.00 **Murder in the Heartland**
- 1.00 AM **Man with a Van**
- 2.00 **The Perfect Suspect**
- 4.00 **to 6.00** AM **Murder Comes to Town**

+1hour 254 366

Discovery Turbo

158 146 180

- 7.00 AM **How Do They Do It?**
- 8.00 **Motor Pickers**
- 9.00 **Salvage Hunters: Classic Cars**
- 10.00 **Shed and Buried: Classic Cars**
- 11.00 **Richard Hammond's Workshop** Neil helps a friend with his 1930s Morris 8.
- 12.00 NOON **Roadworthy Rescues**
- 1.00 PM **Shed and Buried: Classic Cars** Henry Cole and Fuzz Townsend restore a 1970s VW Beetle Beach Buggy.
- 2.00 **Ant Anstead Master Mechanic**
- 3.00 **James May and the Dull Men**
- 4.00 **Salvage Hunters: Classic Cars**
- 5.00 **Mike Brewer: Born Dealer**
- 6.00 **Wheeler Dealers**
- 7.00 **Shed and Buried: Classic Cars**
- 8.00 **Mike Brewer: Born Dealer**
- 9.00 **Last Chance Garage**
- 10.00 **James May and the Dull Men**
- 11.00 **Wheeler Dealers**
- 12.00 M'T **Mike Brewer: Born Dealer**
- 1.00 AM **Richard Hammond's Workshop** As 11.00am.
- 2.00 **Iron Resurrection**
- 3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

- 7.40 AM **Flavia** As 5.15am.
- 9.25 **Blue Moon** As 2.40am.
- 11.10 **The Conjuring: Last Rites**
- 1.30 PM **Eddington** Western starring Joaquin Phoenix. (2025, 15, 148min) ★★★★
- 4.00 **Regretting You** Drama starring Allison Williams. (2025, 12, 116min) ★★★
- 6.05 **A Big Bold Beautiful Journey** Romantic drama starring Colin Farrell and Margot Robbie. (2025, 15, 109min) ★★★

10.25 Weapons

- 8.00 **The Conjuring: Last Rites** Supernatural horror starring Vera Farmiga and Patrick Wilson. Paranormal investigators Ed and Lorraine Warren take on one last case involving mysterious entities they must confront. (2025, 15, 135min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.25 **Weapons** Horror starring Alden Ehrenreich. When all but one child from the same class vanish on the same night, a community is left questioning their disappearance. (2025, 18, 128min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.40 AM **Final Destination: Bloodlines** Supernatural horror. (2025, 15, 110min) ★★★★
- 2.40 **Blue Moon** Biopic. (2025, 15, 100min) ★★★★
- 4.30 **Sky Cinema Preview**
- 5.15 **to 7.00** AM **Flavia** Adventure. (2026, PG, 105min) ★★★

Sky Cinema Men in Black

303 303 403 503 517

- 6.45 AM **Men in Black** As 6.05pm.
- 8.40 **Men in Black II** As 8.00pm.
- 10.25 **Men in Black 3** As 9.40pm.
- 12.25 PM **Men in Black** As 6.05pm.
- 2.20 **Men in Black II** As 8.00pm.
- 4.05 **Men in Black 3** As 9.40pm.
- 6.05 **Men in Black** Sci-fi action comedy starring Will Smith and Tommy Lee Jones. A New York cop joins a secret government agency that polices alien activity on Earth. (1997, PG, 94min) ★★★★

9.40 Men in Black 3

- 8.00 **Men in Black II** Sci-fi comedy sequel with Will Smith and Tommy Lee Jones. When an evil alien threatens Earth, top MIB agent Jay needs the help of his former partner Kay to save the planet. (2002, PG, 88min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 9.40 **Men in Black 3** Sci-fi action comedy sequel starring Will Smith, Tommy Lee Jones and Josh Brolin. Wisecracking Men in Black agent J goes back in time to 1969 to save the life of the young Agent K. With Emma Thompson and Jemaine Clement. (2012, PG, 105min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.35 **Men in Black** As 6.05pm.
- 1.30 AM **Men in Black II** As 8pm.
- 3.15 **Men in Black 3** As 9.40pm.
- 5.15 **to 6.55** AM **Men in Black** As shown at 6.05pm.

Sky Cinema Drama

310 310 410 510 524

- 6.25 AM **Poison** As 2.20pm.
- 8.05 **Amadeus** Historical drama. (1984, PG, 158min) ★★★★★
- 10.55 **Drift** As shown at 2.00am.
- 12.40 PM **Jungleland** As 12.20am.
- 2.20 **Poison** Drama with Tim Roth. (2024, PG, 86min) ★★★★
- 4.00 **Jackie** Biographical drama. (2016, 15, 100min) ★★★★
- 5.50 **The Blind Side** Fact-based drama. (2009, 12, 129min) ★★★
- 8.00 **Joker: Folie à Deux** Musical thriller with Joaquin Phoenix and Lady Gaga. Unhinged comedian Arthur Fleck meets the love of his life while incarcerated at Arkham State Hospital. (2024, 15, 138min) ★★★★
- 10.25 **Black Dog** Chinese drama starring Eddie Peng. As part of a patrol tasked with clearing stray dogs before the 2008 Olympics in Beijing, a worker bonds with a hound. Subtitled. (2024, 12, 110min) ★★★
- 12.20 AM **Jungleland** Drama. (2020, 15, 90min) ★★★★
- 2.00 **Drift** Drama. (2023, 15) ★★★★
- 3.40 **The Cut** Psychological thriller. (2024, 12, 99min) ★★★
- 5.25 **to 7.25** AM **Turtles All the Way Down** Romantic drama. (2024, 12, 111 min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

- 7.00 AM **Salem's Lot** As 6.00pm.
- 9.00 **Chappie** Sci-fi action thriller. (2015, 15, 120min) ★★
- 11.05 **Cloverfield** Offbeat disaster movie. (2007, 15, 81 min) ★★★
- 12.40 PM **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
- 2.30 **The Nun** Horror starring Taissa Farmiga. (2018, 15, 96min) ★★★
- 4.15 **The Watched** Horror thriller. (2024, 15, 102min) ★★★
- 6.00 **Salem's Lot** Horror thriller based on Stephen King's novel. (2024, 15, 109min) ★★★
- 8.00 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise and Emily Blunt. A soldier fighting against an alien army is repeatedly killed and brought back to life to relive the same battle. (2014, 12, 113min) ★★★★
- 10.00 **Interstellar** Sci-fi drama with Matthew McConaughey, Anne Hathaway and Michael Caine. (2014, 12, 166min) ★★★★
- 12.50 AM **28 Years Later** Horror sequel starring Jodie Comer. (2025, 15, 115min) ★★★★
- 2.50 **28 Days Later** Danny Boyle's horror starring Cillian Murphy. (2002, 18, 113min) ★★★★
- 4.50 **Sky Cinema Preview**
- 5.50 **to 7.35** AM **The Nun** (2018)

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.55 AM **Spy Kids 2: Island of Lost Dreams** Sci-fi comedy sequel. (2002, U, 100min) ★★★★
8.50 **Hotel Transylvania** Animation. (2012, U, 91min) ★★★★
10.25 **Hotel Transylvania 2** (2015)
12.00 NOON **Hotel Transylvania 3...**
1.50 PM **How to Train Your Dragon** Fantasy. (2025, PG) ★★★★
4.00 **The Golden Compass** Fantasy. (2007, PG, 109min) ★★★
6.00 **E.T. The Extra Terrestrial** Fantasy. (1982, U) ★★★★★

6.00 E.T. The Extra Terrestrial

8.00 **Smurfs** Live-action animated musical fantasy comedy with the voices of Rihanna and James Corden. Papa Smurf is kidnapped by evil wizards. (2025, PG, 89min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Hotel Transylvania 2** Animated comedy sequel featuring the voices of Adam Sandler and Andy Samberg. Dracula teaches his grandson how to be a monster, only to receive an unwelcome visit from his father. (2015, U, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Hotel Transylvania 3: Summer Vacation** Animated sequel. (2018, U, 97min) ★★
12.50 AM **Bookworm** Comedy. (2024, 12, 103min) ★★★★
2.40 **Harold and the Purple Crayon** Family adventure. (2024, PG, 87min) ★★★
4.15 **to 6.10** AM **Breaking Point** Drama. (2023, 12) ★★★

Sky Cinema Action

306 306 407 507 521

7.40 AM **2 Fast 2 Furious** Thriller. (2003, 12, 108min) ★★★
9.30 **The Fast and the Furious: Tokyo Drift** (2006, 12) ★★
11.20 **Fast & Furious Presents Hobbs & Shaw** Adventure. (2019, 12, 137min) ★★★
1.40 PM **Transformers: The Last Knight** Sci-fi action adventure sequel. (2017, 12, 155min) ★★
4.15 **Rampage** (2018, 12) ★★★
6.05 **Venom** Fantasy adventure. (2018, 15, 112min) ★★★

6.05 Venom

8.00 **Mission: Impossible – The Final Reckoning** Action thriller starring Tom Cruise. Ethan Hunt and the IMF team race to find the Entity, a rogue AI that can destroy mankind. With Hayley Atwell, Ving Rhames and Simon Pegg. (2024, 12, 169min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **Uncharted** Adventure starring Tom Holland and Mark Wahlberg. A pair of treasure hunters embark on a globetrotting search for a fortune that was lost 500 years previously. (2022, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **The Italian Job** Thriller inspired by the 1960s crime caper. (2003, 12, 110min) ★★★
2.45 **Twisters** Disaster drama sequel. (2024, 12, 122min) ★★★★
4.50 **Sky Cinema Preview**
5.20 **to 7.15** AM **Fight or Flight** Thriller starring Josh Hartnett. (2025, 15, 98min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.15 AM **Jackie Chan's The Tuxedo** Action comedy. (2002, 12) ★★
7.55 **Caddyshack** (1980, 15) ★★★
9.35 **Weird Science** (1985) ★★★
11.10 **Blazing Saddles** Spoof. (1974, 12, 90min) ★★★★
12.45 PM **Talladega Nights: The Ballad of Ricky Bobby** Action comedy. (2006, 15) ★★★★
2.50 **Team America: World Police** Spoof. (2004, 15) ★★★★
4.30 **Superbad** (2007, 15) ★★★★
6.25 **Blades of Glory** (2007) ★★★

6.25 Blades of Glory

8.00 **Mean Girls** Teen comedy starring Lindsay Lohan. A 15-year-old girl moves from Africa to America and finds that she must learn a new law of the jungle when she enrols in an Illinois high school. (2004, 12, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Hope Springs** Romantic comedy drama starring Meryl Streep and Tommy Lee Jones. A long-married couple try to rekindle the spark in their relationship. (2012, 12, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Yesterday** Danny Boyle's comedy starring Himesh Patel. (2019, 12, 116min) ★★★
1.25 AM **Zoolander 2** Comedy sequel starring Ben Stiller. (2016, 12, 102min) ★★★
3.10 **The Hangover** Dark comedy. (2009, 15, 99min) ★★★★
4.55 **to 6.50** AM **We're the Millers** Comedy with Jennifer Aniston. (2013, 15, 110min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

7.10 AM **Three Days of the Condor** As 8.00pm.
9.20 **RocknRolla** Comedy thriller. (2008, 15, 110min) ★★
11.20 **Lethal Weapon 3** Action comedy thriller sequel. (1992, 15, 118min) ★★
1.20 PM **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
3.25 **The Accountant** Thriller. (2016, 15, 123min) ★★★
5.40 **Vanilla Sky** Fantasy drama. (2001, 15, 136min) ★★★

10.10 The Equalizer 2

8.00 **Three Days of the Condor** Conspiracy thriller starring Robert Redford and Faye Dunaway. A bookish CIA researcher on the run from rogue agents kidnaps a photographer to stay alive. (1975, 15, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **The Equalizer 2** Action thriller sequel starring Denzel Washington and Pedro Pascal. When a CIA friend is murdered, vigilante Robert McCall sets out to avenge her death. With Orson Bean. (2018, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Vanilla Sky** As 5.40pm.
2.50 **Sleepers** Fact-based drama starring Kevin Bacon, Robert De Niro, Jason Patric and Brad Pitt. (1996, 18, 146min) ★★★
5.30 **to 6.15** AM **Sky Cinema Preview**

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Crash Dive** Wartime drama. (1943, U, 105min) ★★
1.10 PM **The Heiress** Drama. (1949, b/w, U, 115min) ★★★★
3.35 **The Devil at 4 O'Clock** Adventure starring Spencer Tracy and Frank Sinatra. (1961, PG, 126min) ★★
6.20 **A Knight's Tale** Medieval romantic action comedy starring Heath Ledger. (2001, PG, 132min) ★★★

9.00 Boston Strangler

A Knight's Tale (film started at 6.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Boston Strangler** Fact-based drama with Keira Knightley and Carrie Coon. Reporters Loretta McLaughlin and Jean Cole encounter sexism while investigating the Boston Strangler murders of the 1960s. (2023, 15, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.15 **My Friend Dahmer** Drama charting the early years of Ohio serial killer Jeffrey Dahmer. Stars Ross Lynch, Anne Heche and Alex Wolff. (2017, 15, 107min) ★★★★
1.25 **to 3.35** AM **The Night House** Psychological horror starring Rebecca Hall, Sarah Goldberg and Vondie Curtis-Hall. (2021, 15, 108min) ★★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Fear Seekers

302 302 402 502 516

6.00 AM **Sick** As shown at 4.05pm.
7.25 **47 Metres Down** Horror. (2017, 15, 89min) ★★★
9.00 **Beast of War** Horror thriller. (2025, 15, 87min) ★★★★
10.30 **Jaws 3** Adventure thriller sequel. (1983, 12, 99min) ★★
12.10 PM **I Know What You Did Last Summer** Horror reboot starring Chase Sui Wonders. (2025, 15, 119min) ★★★

2.05 **Final Destination: Bloodlines** Horror with Kaitlyn Santa Juana. (2025, 15, 110min) ★★★★
4.05 **Sick** Horror starring Gideon Adlon. (2022, 18, 83min) ★★★
5.30 **The Conjuring: Last Rites** Supernatural mystery drama. (2025, 15, 135min) ★★★
8.00 **It** Adaptation of the Stephen King chiller with Bill Skarsgård. (2017, 15, 135min) ★★★★
10.20 **Smile 2** Horror sequel starring Naomi Scott and Kyle Gallner. (2024, 18, 127min) ★★★★

12.30 AM **The Exorcist** Occult horror chiller starring Max von Sydow. (1973, 18, 121min) ★★★★★
2.45 **Until Dawn** Horror starring Ella Rubin. (2025, 15, 99min) ★★★
4.35 **to 6.30** AM **It Feeds** Horror starring Shawn Ashmore. (2025, 15, 102min) ★★★

Sky Cinema Greats

307 307 404 504 518

6.05 AM **The Big Heat** As 12.30am.
7.45 **Breakdown** As 2.05am.
9.20 **...And Justice for All** As 4.10am.
11.25 **Legends of the Fall** Epic period drama starring Brad Pitt. (1994, 15, 133min) ★★★★
1.40 PM **An Officer and a Gentleman** Romantic drama. (1981, 15, 125min) ★★★★
3.50 **Cool Hand Luke** Prison drama. (1967, 15, 126min) ★★★★★

6.00 **Full Metal Jacket** Stanley Kubrick's Vietnam War drama. (1987, 15, 115min) ★★★★
8.00 **The Shawshank Redemption** Prison drama with Tim Robbins and Morgan Freeman. A mild-mannered banker convicted of murder forms an unlikely friendship with a fellow convict. (1994, 15, 142min) ★★★★★
10.25 **Against All Odds** Thriller starring Jeff Bridges, Rachel Ward and James Woods. (1984, 18, 116min) ★★

12.30 AM **The Big Heat** Thriller. (1953, b/w, 15, 90min) ★★★★
2.05 **Breakdown** Suspense thriller. (1997, 15, 94min) ★★★★
3.40 **The Cinema List: Sky Originals**
4.10 **to 6.15** AM **...And Justice for All** Satirical black comedy. (1979, 15, 119min) ★★★

Sky Cinema Animation

312 315 405 500 514

6.20 AM **Fox and Hare Save the Forest** Animated adventure. (2024, U, 71min) ★★★
7.40 **Rock Dog** Animated adventure. (2016, PG, 90min) ★★★
9.25 **Sneaks** As 3.00am.
11.10 **10 Lives** Animated comedy. (2024, U, 98min) ★★★
12.50 PM **Antz** Animated comedy featuring the voice of Woody Allen. (1998, PG, 83min) ★★★

2.20 **The Secret Life of Pets** Animated family adventure. (2016, U, 83min) ★★★
4.00 **Shrek** Animated comedy. (2001, U, 90min) ★★★★★
5.35 **Madagascar: Escape 2 Africa** Animated comedy sequel. (2008, PG, 89min) ★★★
7.10 **The Ant Bully** Animation. (2006, U, 89min) ★★★★
8.45 **Rebellious** Animated adventure. (2024, PG, 94min) ★★★
10.25 **Super Charlie** Animation. (2025, PG, 82min) ★★★

11.50 **Into the Wonderwoods** Animation. (2024, U) ★★★
1.20 AM **Noah's Ark** Animation. (2024, U, 96min) ★★★
3.00 **Sneaks** Animated comedy. (2025, PG, 92min) ★★
4.40 **to 6.00** AM **Open Season 3** Animation. (2010, U, 74min) ★★

Disney+ Cinema

305

6.00 AM **Ratatouille** Animation. (2007, U, 106min) ★★★★★
7.55 **George of the Jungle** Spoof adventure. (1997, U, 92min) ★★
9.30 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
11.10 **Flubber** Fantasy comedy. (1997, U, 94min) ★★★
12.50 PM **Hannah Montana: The Movie** Musical comedy spin-off. (2009, U, 98min) ★★★

2.35 **Toy Story** Animated adventure. (1995, PG, 77min) ★★★★★
4.00 **Father of the Bride** Comedy. (1991, PG, 105min) ★★
5.45 **Diary of a Wimpy Kid** Animation. (2021, PG) ★★★
7.20 **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
9.00 **The Grand Budapest Hotel** Wes Anderson's comedy drama. (2014, 15, 99min) ★★★★★
10.40 **Aliens Vs Predator: Requiem** Sci-fi action adventure sequel. (2007, 15, 89min) ★★

12.25 AM **Let's Be Cops** Comedy with Jake Johnson and Damon Wayans Jr. (2014, 15, 101min) ★★
2.15 **Father of the Bride** (1991)
4.00 **to 6.00** AM **Mufasa: The Lion King** Musical prequel featuring the voice of Aaron Pierre. (2024, PG, 118min) ★★★

Talking Pictures

328 445 82 306 36

6.00 AM **A Good Read with Mike Read** *The Ides of March*.
6.40 **Road to Bali** Musical comedy. (1952, U, 91min) ★★★★
8.30 **The Vise** 1/39. (S1)
9.00 **Four Star Theatre** 11/19. (S1)
9.35 **Becoming Cary Grant**
10.40 **The Passing Stranger** Crime drama. (1954, PG, 68min) ★★★
12.00 NOON **It Happened In Soho** Drama. (1948, b/w, PG) ★★★

1.00 PM **The Buccaneers** 7/39. (S1)
1.30 **The Lamp Still Burns** Drama. (1943, b/w, PG, 90min) ★★
3.15 **Look at Life**
3.30 **Dial 999** 10/39. (S1)
4.00 **My Brother's Keeper** Thriller. (1948, b/w, PG, 91min) ★★★
5.45 **Danger by My Side** Thriller. (1962, PG, 63min) ★★
7.00 **Out of Town**
7.30 **Scotland Yard** 31/39. (S1)
8.05 **Buccaneer** 10/13. (S1)
9.10 **Odd Man Out** Classic drama. (1946, b/w, PG, 110min) ★★★★★

11.30 **The Siege of Sidney Street** Drama. (1960, b/w, PG) ★★
1.25 AM **The Weak and the Wicked** Drama. (1953, b/w, PG, 84min) ★
3.10 **The Alien Factor** Sci-fi horror thriller. (1978, 12, 80min) ★★
4.40 **Stagecoach West** 6/38. (S1)
5.40 **to 6.00** AM **Rover Cars**

Wednesday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Sky Sports FC**
12.00 NOON **LIVE WTA & ATP Tennis** Coverage of day nine of the Madrid Open, a clay-court tournament taking place at La Caja Mágica, featuring matches from the quarter-finals of the men's and women's draws.
6.30 PM **LIVE WSL Arsenal v Leicester City.** Coverage of the top-flight match at the Emirates Stadium. Stina Blackstenius scored twice in a 4-1 win for the Gunners when these teams faced each other last November. The visitors will be desperate for victory here as they look to avoid relegation, while Arsenal are still battling to chase down Manchester City at the top of the table. Kick-off **7.00pm**.
9.30 **LIVE WTA & ATP Tennis** Further coverage of day nine of the Madrid Open, held at La Caja Mágica, featuring matches from the quarter-finals of the men's and women's draws.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Icons**
9.00 **The Big Interview**
9.30 **Netbusters** Highlights.
10.00 **Sky Sports FC** Football headlines.
12.00 NOON **Premier League Years**
2.00 PM **PL Retro** Liverpool v Manchester City from 2018.
4.00 **The Big Interview**
4.30 **Netbusters** Relive the latest action from the Premier League.
5.00 **The Premier League Show** A daily guide to the top flight.
6.30 **LIVE WSL Arsenal v Leicester City.** Coverage of the top-flight encounter from the Emirates Stadium. Kick-off **7.00pm**.
9.30 **Gary Neville's Soccerbox** The presenter talks to Alan Shearer.
10.00 **Premier League Stories**
10.30 **Netbusters** Highlights.
11.00 **Premier League Years** Classic games, blunders and moments of skill from the 2012/13 season.
1.00 AM **PL Retro** Liverpool v Manchester City from 2018.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Cup Retro**
8.45 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Goals: EFL Cup 2021-22**
11.30 **EFL Trophy Football**
12.00 NOON **EFL League One Goals**
12.30 PM **EFL League Two Goals**
1.00 **WSL** Brighton v Manchester City.
1.30 **EFL Highlights**
2.00 **Bundesliga Highlights Show**
3.00 **EFL Highlights**
3.30 **EFL League One Goals**
4.00 **EFL League Two Goals**
4.30 **SPFL Round-Up**
4.45 **SPFL Highlights**
5.15 **EFL Highlights** Recent action.
6.45 **EFL Greatest Games**
6.55 **LIVE SWPL Glasgow City v Celtic.** Coverage of the top-flight match from Petershill Park. Kick-off **7.00pm**.
9.00 **SPFL Round-Up**
9.15 **SPFL Highlights**
9.30 **Bundesliga Highlights Show**
10.30 **EFL Highlights**
11.30 **WSL** Arsenal v Leicester City.
12.00 M'T **Retro League One**
2.45 AM **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **to 6.00** AM **Best Scottish Premiership Goals**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** T20 highlights.
7.00 **IPL** Punjab Kings v Rajasthan Royals in New Chandigarh.
11.15 **Best of WT20**
12.00 NOON **IPL** T20 highlights.
2.50 PM **LIVE IPL Mumbai Indians v Sunrisers Hyderabad.** Coverage of the T20 match at Wankhede Stadium. Mumbai won by four wickets when the teams met here last year, with Will Jacks taking the player of the match award for a strong all-round display.
7.00 **Best of WT20** Action from England v India from 2007. **7.15** England v Sri Lanka in 2014. **7.30** Action from England v South Africa from 2016. **7.45** England v Sri Lanka in 2014.
8.00 **IPL** Action from Lucknow Super Giants v Kolkata Knight Riders. **9.00** Mumbai Indians v Sunrisers Hyderabad at Wankhede Stadium. **10.00** Punjab Kings v Rajasthan Royals in New Chandigarh. **11.00** Indians v Sunrisers.
12.00 M'T **Best of WT20**
12.30 AM **IPL** A full replay of Mumbai Indians v Sunrisers Hyderabad.
4.45 **to 6.00** AM **Best of WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **LPGA Tour Golf**
10.00 **Women in Golf: Breaking with Tradition** Documentary.
11.00 **Hall or Nothing: Georgia's Story**
12.00 NOON **LPGA Tour Golf**
4.00 PM **Ladies European Tour Golf**
6.00 **PGA Tour Champions**
7.00 **PGA Tour: The Cut**
7.30 **DP World Tour Golf**
8.00 **Legends Tour Golf**
9.00 **Scotland's Greatest Golf Holes**
9.30 **LPGA Tour Golf** Day four of the Chevron Championship in Texas.
10.30 **PGA Tour Golf** Day four of the Zurich Classic of New Orleans.
11.30 **DP World Tour Golf** Tournament highlights from the China Open.
12.00 M'T **PGA Champs Official Film 2012** The story of the event.
1.00 AM **Legends Tour Golf**
2.00 **How the 2004 Ryder Cup Was Won** From Oakland Hills.
4.00 **Golf Academy** Tips and advice.
5.00 **to 6.00** AM **Nick Dougherty's Tee Time Tips**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
12.00 NOON **LIVE WTA & ATP Tennis** Day nine of the Madrid Open, held at La Caja Mágica.
11.00 PM **ATP Tour This Week**
11.30 **WTA Tennis** The Doha Open.
12.00 M'T **ATP/WTA Tour Classic Matches** From 2016.
1.00 AM **US Open Classic Matches**
2.00 **ATP Tennis** From 2025.
2.15 **Bitesize Tennis**
2.30 **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **ATP/WTA Tour Classic Matches**
5.00 **ATP Tour This Week**
5.30 **to 6.00** AM **WTA Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **UEFA Champions League**
6.30 **UEFA Europa League & Conference League Magazine**
7.30 **Premier League**
9.30 **MotoGP Rewind**
9.45 **The Gruppetto** Cycling action.
10.00 **LIVE Snooker World Championship** A quarter-final match on day 12 from Sheffield.
1.00 PM **A-League Highlights**
2.00 **UEFA Champions League Hlts**
2.30 **LIVE Snooker World Championship** A quarter-final.
5.30 **Premier League**
6.30 **UEFA Champions League Hlts**
7.00 **LIVE UEFA Champions League Atletico Madrid v Arsenal.** The semi-final first-leg from Riyadh Air Metropolitano. Start-time **8.00pm**. *See feature, page 28.*
10.30 **UEFA Europa League & Conference League Magazine**
11.30 **LIVE MLB Philadelphia Phillies v San Francisco Giants.** At Citizens Bank Park. Start-time **11.40pm**.
2.30 AM **MLB Plays of the Week**
3.00 **Premier League Review**
4.00 **TNT Sports Reload**
4.30 **to 6.00** AM **Ultimate Pool**

TNT Sports 2

411 414 522 409 431

6.00 AM **Men's Cycling Pro Series**
7.00 **T100 Triathlon World Tour**
7.30 **Serie A** Football action.
9.30 **A-League Women Highlights**
10.00 **UEFA Champions League**
10.30 **Men's Cycling**
12.30 PM **LIVE Men's Cycling Pro Series** Coverage of the fourth stage of the Tour of Türkiye.
2.30 **LIVE Cycling** The men's first stage of the Tour of Romandie.
4.45 **The Gruppetto** Cycling action.
5.00 **Champions League: Classics**
5.30 **Serie A – Full Impact**
6.00 **TNT Sports Reload**
6.30 **MLB Plays of the Week**
7.00 **MLB Highlights** Baseball action.
8.00 **LIVE MLB Toronto Blue Jays v Boston Red Sox.** Coverage of the American League East match from Rogers Centre. Start-time **8.07pm**.
11.00 **International T20 Cricket Hlts**
12.00 M'T **Premier League Netbusters**
12.30 AM **Serie A – Full Impact**
1.00 **UEFA Champions League**
2.00 **UEFA Europa League & Conference League Magazine**
3.00 **UFC Fight Flashback**
4.00 **to 6.00** AM **Supercars Championship Highlights**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League** Wigan Warriors v Leigh Leopards from 2025. **9.30** Hull Kingston Rovers v Castleford Tigers from 2025.
12.30 PM **NFL Bitesize Highlights**
1.00 **Good Morning Football**
3.00 **NFL Highlights** Action from Dallas Cowboys v Green Bay Packers.
4.00 **Super League Highlights**
4.45 **World Club Challenge** Bitesize highlights of Wigan Warriors v Penrith Panthers from 2024.
5.00 **NFL Highlights** Buffalo Bills v New England Patriots.
6.00 **NBC's Pro-Football Talk**
8.00 **NBA on Fire** News and highlights.
8.30 **NBA Basketball** All the action from a recent play-off match.
10.30 **NFL Bitesize Highlights** Kansas City Chiefs v Baltimore Ravens. **10.45** Action from Dallas Cowboys v Green Bay Packers.
11.00 **NFL Highlights** Seattle Seahawks v Tampa Bay Buccaneers.
12.00 M'T **The Insiders** The latest news.
1.00 AM **Super League Highlights**
2.00 **Super League** From 2025.
5.00 **Super Bowl LX Bitesize Highlights** Seahawks v Patriots.
5.15 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Sky Sports FC**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
5.00 **The Premier League Show** A daily guide to the top flight.
7.00 **Sports Centre** A round-up of sports news with analysis.
10.00 **Sky Sports News at Ten**
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games** Bristol City v Manchester United from the 2017/18 EFL Cup. **12.15** AM Leeds United v Bristol City from the 2017/18 season. **12.30** Arsenal v Manchester City in the 2017/18 EFL Cup final. **12.45** Action from Aston Villa v Wolverhampton Wanderers from the 2017/18 season.
1.00 AM **EFL Greatest Games** Fulham v Queens Park Rangers from the 2017/18 season. **1.15** Highlights of Middlesbrough v Wolverhampton Wanderers from the 2017/18 season.
1.30 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Ladies European Tour Golf**
8.00 **Premier League Darts**
12.00 NOON **IPL** Recent highlights.
2.00 PM **PL Greatest Games**
3.30 **Ladies European Tour Golf**
4.30 **Formula 1** Japanese Grand Prix.
5.30 **WTA Tennis** The Cluj Open final.
6.30 **LIVE WSL Arsenal v Leicester City.** Coverage of the top-flight encounter from the Emirates Stadium. Kick-off **7.00pm**.
9.30 **Ladies European Tour Golf** Highlights from the South Africa Women's Open in Cape Town.
10.30 **IPL** Kolkata Knight Riders v Lucknow Super Giants.
11.30 **PGA Tour Champions** The Mitsubishi Electric Classic.
12.30 AM **PL Greatest Games**
1.00 **WTA Tennis** Recent action.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **Men's T20 World Cup**

TNT Sports 3

413 415 523 410 432

6.00 AM **NWSL** Recent action.
8.00 **Snooker World Championship**
10.00 **LIVE Snooker World Championship** A quarter-final match on day 12 in Sheffield.
1.00 PM **MLB Highlights**
2.00 **No Filter Football**
2.15 **LIVE Snooker World Championship** Coverage of a quarter-final match on day 12 at the Crucible Theatre in Sheffield.
5.30 **The Cycling Show**
6.00 **Race Bikes** Mountain Bike racing.
6.30 **LIVE Snooker World Championship** Coverage of a quarter-final match on day 12 at the Crucible Theatre in Sheffield.
10.00 **Men's Cycling**
12.00 M'T **The Cycling Show**
12.30 AM **Race Bikes**
1.00 **Snooker World Championship**
3.00 **T100 Triathlon World Tour**
3.30 **Discovery Golf**
4.00 **Fishing: On the Bank**
5.00 **to 6.00** AM **MotoGP Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **Premier League Reload**
6.15 **A-League Women Highlights**
6.45 **Isuzu UTE A-League**
8.45 **International T20 Cricket Highlights** Bangladesh v New Zealand from Chattogram.
9.45 **LIVE International T20 Cricket Bangladesh v New Zealand.** Coverage of the second T20 in the three-match series from Bir Shrestha Shahid Flight Lieutenant Motiur Rahman Cricket Stadium.
1.45 PM **Premier League Reload**
2.00 **Isuzu UTE A-League**
5.00 **MLB Highlights**
6.00 **A-League Women Highlights**
6.30 **Fishing: On the Bank**
7.30 **MotoGP Highlights** Action from the Grand Prix of Spain.
8.30 **The Cycling Show**
9.00 **Discovery Golf**
9.30 **Marathons** London Marathon.
10.30 **Ultimate Pool** Pairs Cup.
12.00 M'T **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **Eredivisie Highlights**
7.00 **NHL Ice Hockey**
9.00 **NHL: This is Hockey**
9.30 **Scottish Football Social Club**
10.30 **LaLiga Match Highlights**
11.00 **Eredivisie Highlights**
12.00 NOON **NASCAR Highlights**
1.00 PM **LaLiga Match Highlights**
2.00 **NHL Tonight** Play-off preview.
3.00 **Top 14 Rugby Union Highlights** The 22nd round.
3.30 **United Rugby Championship** A rerun of Cardiff v Ospreys. **5.30** Edinburgh v Sharks.
7.30 **Top 14 Rugby Union Highlights** The 22nd round.
8.00 **KOTV Boxing Weekly**
8.30 **Women's Football Weekly**
9.00 **LaLiga** Real Oviedo v Elche.
11.00 **Sporting Greats**
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Sporting Countdowns**
4.00 **Eredivisie Highlights**
5.00 **to 6.00** AM **NASCAR Highlights**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
7.00 **German Cup** A rerun of Bayer Leverkusen v Bayern Munich.
9.00 **Temples of Sport**
10.00 **NHL Ice Hockey** Featuring action from a play-off match.
12.00 NOON **NHL: This is Hockey**
12.30 PM **NHL Tonight** A countdown of the top 20 defensemen who are currently in the NHL.
1.30 **Coppa Italia** Action from Inter Milan v FC Como.
3.30 **Temples of Sport** Iconic sporting venues from around the globe.
4.30 **German Cup** A rerun of Bayer Leverkusen v Bayern Munich.
6.30 **Football's Greatest**
7.00 **LaLiga** Real Betis v Real Madrid. **9.00** Alaves v Mallorca.
11.00 **Top 14 Rugby Union** Toulouse v Clermont Auvergne.
1.00 AM **NHL Tonight**
2.00 **Temples of Sport**
3.00 **to 6.00** AM **LIVE NHL Ice Hockey** A play-off match.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** The 2024 and 2025 Miami Grand Prix.
10.00 **Formula 1** The Australian Grand Prix at Albert Park Circuit.
1.05 PM **Formula 1** Season highlights.
1.15 **Formula 1** Chinese Grand Prix.
4.35 **Formula 1** Season highlights.
4.45 **Formula 1** Japanese Grand Prix.
8.00 **F1 Classic Races** The 1981 United States Grand Prix. **10.15** 1983 US Grand Prix West. **11.00** The 2007 US Grand Prix.
1.00 AM **F1 Explained**
2.00 **The Best of Australia & China**
3.00 **F1 Explained**
4.00 **The Best of Australia & China**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

30 April

Evening Planner

Comedy

Taskmaster
C4, 9pm
Greg Davies sets the five comedians, including Joel Dommett (above) more ridiculous tasks, not to be tried at home...

Thriller

Prisoner
Sky Atlantic, 9pm (box set, Sky Box Sets)
Tahar Rahim and Izuka Hoyle star in this explosive drama about a prisoner and a guard who are forced to work together.

Comedy

Big Mood
C4, 10pm & 10.30pm
The second series of the comedy finishes with a double bill, and Maggie (Nicola Coughlan) has plans to save Eddie...

OnDemand

NETFLIX

Man on Fire
Available today
Yahya Abdul-Mateen II takes on the role of A. J Quinnell's Special Forces veteran John Creasey in this thriller series.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Race Across the World		9.00 MasterChef		10.00 News; Local News	10.40 Question...
	102 BBC2	7.00 Snooker: World Championship – Live: The opening session of the second semi-final						10.00 Mortimer &...	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Tonight †	8.00 Emmerdale	8.30 Coronation...	9.00 The Neighbourhood		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Paul Merton: Driving Amazing Trains		9.00 Taskmaster		10.00 Big Mood	
	105 5	7.00 Michael Portillo in Stockholm		8.00 Casualty 24/7: Every Second Counts		9.00 The Hotel Inspector		10.00 Snatched	
	106 SKY ONE	7.00 The Simpsons	7.30 Betfred Super League – Live: Hull Kingston Rovers v Castleford Tigers (Kick-off 8.00)						10.15 Rob & Romesh vs K-Pop
ENTERTAINMENT	115 BBC3		7.05 Asia	8.00 Freddie Flintoff: Field of Dreams on Tour		9.00 The Traitors India			
	116 BBC4	7.00 Pubs, Ponds...	7.30 Canal Boat...	8.00 Film: Murder on the Orient Express				10.00 Albert Finney: Talking Pictures	
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club		9.00 Hell's Kitchen		10.00 Family Guy	
	136 MORE4	◂ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 The Orient Express: A Golden Era of...		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons	7.30 Married at First Sight Australia			9.00 MAFS Australia: After the Dinner Party		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 FBI		10.00 Burn Notice	
	108 SKY ATLANTIC	◂ 6.40 True Detective: Night Country				9.00 Prisoner		10.00 The Miniature Wife	
	110 U&GOLD		7.20 Dad's Army	8.00 Open All Hours			9.20 Not Going Out Christmas Special		10.25 Mrs Brown's Boys
	111 U&DAVE	7.00 Would I Lie to You?			8.20 Richard Osman's...	9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Vera				10.00 DCI Banks	
	120 ITV4	7.00 American Pickers		8.00 Ice Road Truckers		9.00 Film: Rocky Balboa			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Horrible Bosses			
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 From			
	143 U&DRAMA	◂ 6.40 Last of the Summer Wine		8.00 Queens of Mystery		9.00 Bergerac		10.00 New Tricks	
	109 U&ALIBI	7.00 Father Brown		8.00 Saint-Pierre		9.00 Death in Paradise			
	122 SKY ARTS	7.00 Making a Maestro		8.00 Discovering: Sally Field		9.00 Film: The Misfits			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake		9.00 One Born Every Minute			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers				9.00 Naked and Afraid			
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Gator Boys		9.00 Alaska: The Last Frontier		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.				10.00 Engineering Europe	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People		9.00 History's Deadliest with Ving Rhames		10.00 The UnBelievable with Dan Aykroyd	
	155 U&YESTERDAY	7.00 Frozen Planet II		8.00 Bangers & Cash				10.00 Resto My Ride	
	114 SKY DOCS	◂ 6.55 JFK: Destiny Betrayed		8.00 Film: Going Clear: Scientology and the Prison of Belief					10.20 Be Water
FILMS - Sky Cinema	301 PREMIERE	◂ 5.30 Eddington		8.00 The Conjuring: Last Rites					10.20 Caught Stealing
	302 FEAR SEEKERS	◂ 6.30 The Shining				9.00 The Exorcist			
	303 MEN IN BLACK	◂ 6.20 Men in Black II		8.00 Men in Black 3				9.55 Men in Black	
	304 FAMILY	◂ 6.00 Antz	7.40 The Secret Life of Pets				9.20 Shrek the Third		
	306 ACTION	◂ 5.40 Fast & Furious Presents Hobbs &...		8.00 Jurassic World					10.10 Batman
	307 GREATS	◂ 5.10 The Towering Inferno		8.00 Patriot Games				10.00 The Fugitive	
	308 COMEDY	◂ 6.00 Instant Family		8.00 The 40-Year-Old Virgin				10.00 Miss Congeniality	
	309 THRILLER	◂ 6.15 Black Bag		8.00 Speak No Evil				10.00 Pulp Fiction	
	310 DRAMA	◂ 5.40 Joker: Folie à Deux		8.00 Rocketman					10.05 Valentine's Day
	311 SCI-FI	◂ 5.10 Interstellar		8.00 28 Years Later...				10.00 28 Days Later...	
	305 DISNEY+ CINEMA		7.05 The Sorcerer's Apprentice			9.00 Spy			
	313 FILM4	◂ 6.15 Midway				9.00 Quadrophenia			
SPORT	401 MAIN EVENT	7.00 Premier League Darts – Live: Night 13 from Aberdeen							
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 PL Stories	8.00 PL Review		9.00 Big Interview	9.30 PL Stories	10.00 PL Review	
	403 FOOTBALL	7.00 EFL Goals		8.00 SPFL Round-Up	8.30 WSL	9.00 EFL Highlights		10.00 Bundesliga...	10.30 EFL Goals
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	7.00 UEFA Europa League – Live: Coverage of a semi-final first-leg match							10.30 PL Reload
	411 TNT SPORTS 2	7.00 UEFA Conference League – Live: Coverage of a semi-final first-leg match							10.30 Serie A – Full...

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Rip Off Britain** New edition A fraudster who cashed someone else's tax rebate cheque. (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Shift the Thrift** Series finale In Eastbourne, a pair of siblings battle to raise money for charity (S)(AD)
2.30 **Designing the Hebrides** (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **Make It at Market** (S)(R)(AD)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Election Broadcast** (S)

5.15 Pointless

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Albert Square comes together, Phil battles his inner demons, while Max and Cindy's romance starts to cause friction. (S)(AD)

8 PM

8.00 **Race Across the World** New edition 5/9. The teams face the longest leg of their race so far as they reach the halfway point, and discover that the next checkpoint lies within the Zaamin National Park in the Turkistan Mountains. (S)(AD)

9 PM

9.00 **MasterChef** New edition 6/21. The six best cooks of the week return for second quarter-final. Judges Anna Haugh and Grace Dent challenge the amateurs to prepare a dish based on either spring or autumn. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Question Time** Fiona Bruce presents the topical debate, with a panel of politicians and other guests facing audience questions. (S)
11.40 **Newscast** A panel of journalists host a weekly round-up from Westminster, delivering the usual mix of serious analysis and light-hearted gossip about the biggest stories in politics. (S)
12.10 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Escape to the Country** (S)(R)
7.00 **Shift the Thrift** (S)(R)(AD)
7.30 **Great Japanese Railway Journeys** Honshu. (S)(R)(AD)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **LIVE Snooker: World Championship** The afternoon session on day 11 in Sheffield, featuring the opening semi-final. *Coverage continues at 7.00pm.* (S)
4.00 **The Best Dishes Ever** (S)(R)
4.30 **Natural World: Forest Elephants** How elephants communicate. (S)(R)
5.15 **Flog It!** From Kent. (S)(R)
6.00 **Richard Osman's House of Games** Trivia-based games. (S)(R)
6.30 **Great Japanese Railway Journeys** New edition Michael Portillo takes a bullet train to Hokkaido. (S)(AD)

11.00 On the Basis of Sex

7.00 **LIVE Snooker: World Championship** Hazel Irvine presents live coverage of the evening session on day 13 at the Crucible Theatre in Sheffield, featuring the opening eight frames of the second semi-final. Mark Williams became the oldest player to appear in the last four of this competition since Ray Reardon in 1985 when he faced Judd Trump last year, but it was 'The Juddernaut' who led 5-3 at the end of the opening session following a century in the final frame. With commentary and analysis from Steve Davis, Ken Doherty, Steven Hallworth, Stephen Hendry, John Parrott, Joe Perry, Dennis Taylor and Lee Walker. (S)

10.00 **Mortimer & Whitehouse: Gone Fishing** Bob and Paul fish for barbel in the River Trent in Nottinghamshire. (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **FILM On the Basis of Sex** Biopic of lawyer Ruth Bader Ginsburg, showing how she faced adversity and numerous obstacles in her fight for equal rights throughout her career. Stars Felicity Jones. (S)(AD) (2018, 12, 115min) ★★★★
12.55 AM **Sign Zone: MasterChef** (S)(R)
1.55 **Sign Zone: Michael Jackson: An American Tragedy** (S)(R)(AD)
2.55 **Sign Zone: Artemis: To the Moon and Back** (S)(R)(AD)
3.55 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the dealers are in Solihull, where items of interest include a military watch and 35 sovereign coins. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show, hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.25 **Party Election Broadcast** (S)
6.30 **ITV News** (S)

9.00 The Neighbourhood

7.30 **Tonight: Holiday Havoc – Where Should You Go?** Charlotte Hawkins reports on what rising costs and the turmoil in the Middle East means for summer getaways. (S)

8.00 **Emmerdale** Dawn finds herself questioning everything, and Todd plays manipulative games. (S)(AD)
8.30 **Coronation Street** Megan sets her sights on blackmailing Maggie over her late partner's demise. (S)(AD)

9.00 **The Neighbourhood** New edition 4/12. The neighbours face their biggest decision yet during alliance week, with Graham Norton asking them to pair up with another household. (S)(AD)
■ Continues tomorrow

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM Minority Report** Steven Spielberg's sci-fi thriller starring Tom Cruise. In Washington in 2054, the authorities prevent potential murders thanks to the visions of three psychics. Then the chief of the Pre-Crime unit becomes a suspect himself. (S)(AD) (2002, 12, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.05 AM **Teleshopping**
3.00 **The Neighbourhood** As shown at 9.00pm. (S)(SL)(R)(AD)
3.50 **The Assembly** (S)(SL)(R)
4.15 **Unwind with ITV** (S)
5.35 **to 6.00** AM **For the Love of Dogs with Alison Hammond** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 7-9/26. (S4) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 1-4/24. (S1) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From New Jersey. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Matt Baker: Travels with Mum & Dad** The Bakers visit Kielder Forest in Northumberland. (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** (S)(R)
5.00 **Chateau DIY** New edition Ben and Billie battle brambles to create a riverside retreat. (S)(AD)
6.00 **Sun, Sea and Selling Houses** New edition The Rodriguez sisters help Karl and Penni embrace outdoor living in Alicante. (S)

10.30 Big Mood

7.00 **News** (S)

8.00 **Paul Merton: Driving Amazing Trains** New edition In the north of England, Paul travels by narrow-gauge steam locomotive, takes a cruise on Windermere and experiences Queen Victoria's private carriage. (S)(AD)

9.00 **Taskmaster** New edition 4/10. Joanna Page holds a sheep above her head, Amy Gledhill bursts a balloon, and Kumail Nanjiani gives an ostrich some fangs. Alex Horne makes a rare, condiment-based error. (S)(AD)

10.00 **Big Mood** New episode *Furlongs:* 5/6. Maggie and the gang cook up a fake spiritual conference. (S)(AD)
10.30 Series finale *Poppyseeds:* 6/6. Maggie and Eddie go on a trip down memory lane. (S2) (S)(AD)
11.05 **Gogglebox** (S)(SL)(R)(AD)
12.05 AM **Virgin Island** (S)(SL)(R)(AD)
1.55 **FILM The Old Man & the Gun** Fact-based crime drama starring Robert Redford and Casey Affleck. (S)(AD) (2018, 12, 90min) ★★★★
3.25 **Suez: 24 Hours That Broke the British Empire** 2/2. (S)(SL)(R)(AD)
4.20 **Guy Martin: Supervan** (S)(R)
4.50 **George Clarke's Old House, New Home** (S)(SL)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Famous Last Words:* 7/24. The author investigates the murder of a singer. (S)(R)
3.55 **Castle** *Kill the Messenger:* 8/24. The team investigate a murder committed 10 years previously. With Mark Moses. (S2) (S)(R)
4.50 **Love Nature** (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition Black grouse performing courtship displays. (S)
6.05 **Susan Calman's Grand Day Out** From Barry Island. (S)(R)
6.55 **News** (S)

9.00 The Hotel Inspector

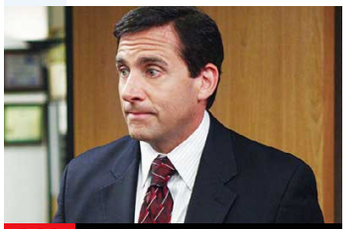
7.00 **Michael Portillo in Stockholm** Series finale 3/3. Michael enjoys a cocktail at an ice bar, where he also sculpts a fish from a block of ice. (S)
7.55 **News** (S)
8.00 **Casualty 24/7: Every Second Counts** New edition Paramedics bring in a care home manager who has fallen over and landed badly on her arm, and a 15-year-old boy has injured his arm at school. (S)
9.00 **The Hotel Inspector** New edition Alex Polizzi heads to Southampton to meet pub owners Jeremy and Stewart, who run the Platform Tavern, which is at serious risk of closing its doors for good. (S)(AD)
10.00 **Snatched** New edition Documentary examining the disappearance of three women between 1991 and 2006, which led to the unmasking of a serial killer when DNA eventually linked the three cases. (S)
11.05 **My Boyfriend Made Me Do It** The cases of Australian mother Yoshe Taylor and 27-year-old Kelly Doung. (S)(R)(AD)
12.05 AM **Murder 360** (S)(R)
1.00 **Teleshopping**
2.00 **Cash in the Attic** (S)(R)(AD)
3.45 **Friends** (S5) (S)(R)(AD)
4.35 **Amazing Railway Adventures with Nick Knowles** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S3) (S)(R)
9.00 **Magnum P.I.** (S5) (S)(R)(AD)
10.00 **Will & Grace** (S4) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Big Cats: An Amazing Animal Family** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **Magnum P.I.** (S5) (S)(R)(AD)
3.00 **S.W.A.T.** 1/21. (S3) (S)(R)(AD)
4.00 **Police 24/7** (S2) (S)(R)
5.00 **The Simpsons** *A Father's Watch:* Grampa gives Bart a precious watch that Homer covets. (S)(R) **5.30** *The Cad and the Hat:* Bart betrays Lisa. (S)(R)
6.00 **The Office (US)** 14/26. Andy hosts a business seminar. (S)(R) **6.30** 15/26. Michael goes missing in Scranton. (S7) (S)(R)



6.00 The Office (US)

7.00 **The Simpsons** *The Caper Chase:* Mr Burns decides to open his own for-profit university. (S)(R)
7.30 LIVE **Rugby League: Betfred Super League** Hull Kingston Rovers v Castleford Tigers: Coverage of the top-flight match from Sewell Group Craven Park Stadium. Hull KR won all three of the Super League meetings between the teams last season and went on to win the treble, but they have not consistently found their best form so far this term. Kick-off is at 8.00.
10.15 **Rob & Romesh vs K-Pop** Comedians Rob Beckett and Romesh Ranganathan enter the world of the music phenomenon of K-Pop, starting their journey at a sold-out NCT Dream gig at Wembley Arena. (S)(R)
11.15 **Grimm** 4/22. Nick encounters a mysterious race of aquatic creatures that drag their victims to a watery grave. (S3) (S)(R)
12.10 AM **Police 24/7** Officers use a pin manoeuvre to neutralise a couple who are suspected of stealing a truck. (S)(R)
1.05 **The Force: North East** (S)(R)
2.00 **Road Wars** (R)
3.00 **Hawaii Five-0** 22/23. (S2) (S)(R)
4.00 **S.W.A.T.** 1/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-7.30pm River City (S)(R)(AD) **12.10am** Scotcast (S)(R) **12.40** Weather for the Week Ahead (S) **12.45-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The View (S)
11.20 Question Time (S)
12.20am Newscast (S)
12.50-6.00am BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Peelers: The PSNI for Real (S)(R)

WALES
Sky 968, Freesat 968
10.00-10.30pm Scrum V: The Warm Up (S)

ITV1

As main ITV1 except:

WALES
10.45pm NEW SERIES For the Love of Dogs with Alison Hammond (S)(AD) **11.15** The Murder Line (S)(R) **12.00m't** Murder: A Fight for Justice – True Crime Presents (S)(R)(AD) **12.50-1.05am** Coast & Country (S)(R)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Teulu Shadog: Tymhorau'r Flwyddyn (AD) **12.30** Heno **1.00** Caeau Cymru **1.30** Ralïo+ **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Nôl i'r Gwersyll **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Bae Ceredigion **6.30** Clwb Rygbi **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Llond Bol O Sbaen **10.00** Y Wal (AD) **11.00-11.35pm** Cymry ar Gynfas

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Asia** 1/7. Focusing on the oceans that surround the continent's coastline.
8.00 **Freddie Flintoff: Field of Dreams on Tour** 1/4. The former England captain takes his cricket team on tour in India.
9.00 NEW SERIES **The Traitors India** 1/12. Karan Johar greets 20 players at a grand palace as they take on the game of trust and betrayal. **10.10** New edition 2/12. Tensions rise as the players grapple with the aftermath of a shocking murder. **11.15** New edition 3/13. The contestants take on a gruelling mission to secure the immunity shield.
12.20 AM **Better Date than Never** Documentary.
1.25 **Matthew Perry and the Ketamine Queen**
2.25 **Fake Friend: The Ticket Scammer**
3.25 **The Doghouse**
3.40 **to 3.55** AM **Thames View**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Pubs, Ponds and Power: The Story of the Village** Exploring the history of the Northumberland village of Warkworth.
7.30 **Canal Boat Diaries** Robbie Cumming crosses an epic aqueduct near Stratford-upon-Avon.
8.00 FILM **Murder on the Orient Express** Agatha Christie murder mystery starring Albert Finney. An American millionaire is stabbed to death aboard a snowbound train. (1974, PG, 131 min) ★★★★
10.00 **Albert Finney: Talking Pictures** A look back at TV appearances by the actor.
10.35 FILM **The Importance of Being Earnest** Oscar Wilde's comedy starring Rupert Everett and Colin Firth. (2002, U, 98min) ★★
12.05 AM **The Secret Life of the Sun** Documentary.
1.05 **The Riviera: A History in Pictures**
2.05 **to 3.05** AM **The Jet Stream and Us**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The contest begins at Langsmeade House in Thame, Oxfordshire. **4.50** The owners visit the Stratford House Guesthouse in Stratford-upon-Avon. **5.20** The third visit is to Edmund House in Deal, Kent. **5.50** The final visit is to the Five Bells Pub in Berkshire. **6.20** The winning guest house is announced.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help house-hunters on the south coast.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer help the Rowland family in Stoke.
9.00 **The Orient Express: A Golden Era of Travel** The train travels east through Austria. In Vienna, there's a session at the home of Sigmund Freud, whose own flight to freedom is linked to the *Orient Express*.
10.00 **24 Hours in A&E** A 13-year-old boy is rushed to A&E after crashing his bike into a parked car.
11.05 **24 Hours in A&E**
12.10 AM **Emergency Helicopter Medics**
1.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight Australia** Reality series.
11.30 **First Dates**
12.35 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.30 **Married at First Sight Australia** Reality series.
5.00 **First Dates** Dating show.
6.00 **The Simpsons** Triple bill.
7.30 **Married at First Sight Australia** New edition Distrust and uncertainty are hanging in the air after the homestays – just before the penultimate dinner party.
9.00 **MAFS Australia: After the Dinner Party** New edition David opens up about his struggles with Alissa after the homestays.
10.00 **Gogglebox** Opinions on *The Graham Norton Show, Mary Berry: Love to Cook* and *Who Wants to Be a Millionaire? Celebrity Special*.
11.05 **First Dates**
12.10 AM **Naked Attraction**
1.15 **Married at First Sight Australia** As 7.30pm.
2.35 **Gogglebox**
3.30 **The Goldbergs** (S9)
4.20 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

Thursday primetime primetime

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: Rapid Response**
10.00 **A1: Britain's Longest Road**
11.00 **FBI & FBI: Most Wanted**
1.00 PM **The Rookie** 9/10. Monica tries to identify her attackers. **2.00** 10/10. Grey helps the team prepare for their biggest mission yet. (S6)
3.00 **Law & Order: Criminal Intent** 19/23. A dentist is suspected of murder. (S4)
4.00 **Nothing to Declare**

9.00 FBI

7 PM **7.00** **Police 24/7** A traffic stop escalates into a foot chase, and a dispute over food leads to an arrest over outstanding warrants.

8 PM **8.00** **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM **9.00** **FBI** New episode *Fanatics:* 13/22. The son of a basketball team owner is kidnapped and held for ransom. (S8)

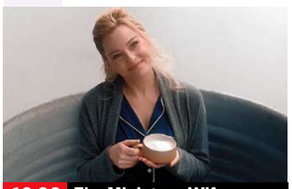
10 PM **10.00** **Burn Notice** *Family Business:* 6/14. Sam is pressed by the FBI to gather more information on Michael. (S1)
11.00 **The Rookie** 15/20. A prison bus crashes, giving some inmates a chance to flee. (S1)
12.00 M'T **FBI** 10&11/19. (S2)
2.00 AM **FBI: International** (S1)
3.00 **Matlock** 7/16. (S2)
4.00 **Highway Cops**
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town**
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 10&11/12. (S3)
12.10 PM **Billions** 11&12/12. (S3)
2.25 **My Brilliant Friend** 1/8. (S3)
3.30 **The Young Pope** 4/9. Voiello has a crisis of conscience. (S1)
4.30 **Billions** 11/12. Chuck advances a dangerous plan. **5.35** 12/12. Axe dominates a capital raise event, but is then challenged. (S3)
6.40 **True Detective: Night Country** 1/6. Crime drama with Jodie Foster and Kali Reis. (S4)


10.00 The Miniature Wife

7.45 **True Detective: Night Country** 2/6. Danvers and Prior set out to learn more about Tsalal, but Captain Connelly threatens to hand the case over to Anchorage. (S4)

9.00 **NEW SERIES Prisoner** 1/6. Thriller starring Tahar Rahim and Izuka Hoyle. *See feature, page 6.* (S1) ■ Entire series on Box Sets

10.00 **The Miniature Wife** New episode *Don't Freak Out!:* 4/10. RPW takes Lindy on a date. (S1) ■ Entire series on Box Sets
11.00 **True Detective: Night Country** 1&2/6. (S4)
1.30 AM **Sort Of** 3/8. (S2)
2.00 **Hacks** New episodes 4&5/10. Comedy drama starring Jean Smart. (S5)
3.20 **Homicide: Life on the Street**
4.15 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.35 **Dress to Impress**
8.30 **Georgia and Tommy**
9.25 **The Only Way Is Essex**
10.20 **Real Housewives of Salt...**
11.15 **Real Housewives of New...**
12.10 PM **Ant & Dec's Limitless Win**
1.10 **Celebrity Catchphrase**
2.10 **Wheel of Fortune**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

8.00 The 1% Club

7.00 **Wheel of Fortune** Game show hosted by Graham Norton, in which three contestants compete to spin the wheel for prizes.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **Hell's Kitchen** New edition 14/16. The chefs are given just ten minutes and 25 dollars to shop for a challenge.

10.00 **Family Guy** New episode 14/22. Lois abandons her responsibilities. (S23) **10.30** 7/15. Lois takes Meg on holiday. (S22)
11.05 **Family Guy** 1/15. Meg agrees to be a surrogate for Bruce and Jeffrey. (S22)
11.30 **American Dad!** Double bill of the animated series. (S12)
12.35 AM **Bob's Burgers** (S12)
1.30 **Deal or No Deal**
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.05 **Inspector Morse**
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *The House in the Woods:* A couple are found dead after viewing a haunted cottage.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Vigilante:* A woman seeks justice when her husband suffers a fatal heart attack after confronting a burglar.

11.50 Lewis

6.55 **Heartbeat** *Unfinished Business:* Greengrass finds an unexploded bomb and the Army are called in to deal with it.

8.00 **Vera** *Blue:* DCI Vera Stanhope finds herself investigating both sides of the thin blue line in order to find the killer of a brilliant young police officer who was found floating in a park lake.

10.00 **DCI Banks** *Wednesday's Child:* Part one of two. Two people claiming to be social workers take away a woman's son.
11.00 **DCI Banks** *Wednesday's Child:* Part two of two. The team search for a link between Kyle and a dead boy.
11.50 **Lewis** *Life Born of Fire:* A killer targets a religious group.
1.50 AM **On the Buses**
2.20 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.05 **Kojak**
8.10 **The Saint**
9.15 **Boon**
10.25 **The Sweeney**
11.25 **BattleBots**
12.30 PM **Magnum, PI**
1.35 **Kojak**
2.35 **The Saint**
3.45 **Boon**
4.50 **The Sweeney**
5.55 **Minder** *A Bouquet of Barbed Wine:* rthur buys a large consignment of wine, supposedly brewed by monks.

9.00 Rocky Balboa

7.00 **American Pickers** The experts explore an 1879 opera house that has been left untouched since the 1930s.

8.00 **Ice Road Truckers** Jack Jesse faces his toughest challenge yet as he crosses a frozen river to reach an isolated town.

9.00 **FILM Rocky Balboa** Sports drama sequel starring Sylvester Stallone. Former boxer Rocky Balboa is offered the chance to return to the ring to fight the reigning heavyweight world champion. (2006, 12, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **Ligue 1 Highlights**
11.40 **Hell's Kitchen**
12.35 AM **The Sweeney**
1.35 **Rabbit Hole** Series finale 8/8. Weir plays his final ace. (S1)
2.30 **Motorsport Mundial**
3.00 **Teleshopping**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Greatest Escape** A visit to Dumfries & Galloway.
8.00 **Beechgrove Garden** New edition Kirsty Wilson and Brian Cunningham start growing edible produce.
8.30 **Landward** New edition Dougie Vipond pays a visit to Ben Ledi in the Trossachs.
9.00 **Charmain and the Prophet** 1/3. The story of an Arbroath single mother who married a Ghanaian preacher. **9.30** 2/3. Myles Bonnar travels to Ghana to look into Charmain's death. **10.00** 3/3. Myles tracks down Eric Adusah.
10.30 **Two Doors Down** (S3)
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **T in the Park: Best Bits**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S7)
9.00 **Sort Of** 7&8/8. (S1)
10.00 **Avenue 5** (S1&2)
11.15 **Will & Grace** (S9)
12.15 PM **Based on a True Story** 8/8. (S2)
12.45 **The Rehearsal** 1/6. (S1)
1.35 **Avenue 5** (S1&2)
2.45 **Will & Grace** (S1)
3.45 **Based on a True Story**
4.15 **The Rehearsal** 1/6. (S1)
5.00 **Community** (S6)
6.00 **Will & Grace** (S2)
7.00 **The Office (US)** (S7)
8.00 **Resident Alien** *Birds of a Feather:* 4/10. Harry travels to the Ute reservation. (S1)
9.00 **Last Week Tonight with John Oliver** A satirical look at news and pop culture topics.
9.45 **Tom Davis: Underdog** Stand-up performance.
11.00 **Resident Alien** (S1)
12.00 M'T **Avenue 5** (S1&2)
1.20 AM **Community** (S6)
2.20 **The Rehearsal** (S1)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Highlights**
8.50 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **André Rieu: Welcome to My World**
1.00 PM **Tales of the...**
2.00 **Reinventing the Orchestra** Documentary.
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist 2014**
6.00 **Tales of the Unexpected**
7.00 **Making a Maestro**
8.00 **Discovering: Sally Field**
9.00 **FILM The Misfits** Western. (1961, b/w, PG, 123min) ★★★★★
11.20 **The Directors**
12.20 AM **The Myth of Marilyn Monroe**
1.20 **A Sudden Glimpse to Deeper Things**
3.05 **Beyond the Brush**
4.00 **National Treasures: The Art of Collecting**
5.00 **to 6.00** AM **André Rieu: Welcome to My World**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 8/26. (S3)
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Atlantis** (S1)
7.00 **Star Trek: The Next Generation** 10/22. (S2)
8.00 **Star Trek: Voyager** (S1)
9.00 **World's Most Evil Killers** The crimes of Wayne Williams.
10.00 **Killer in My Village**
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S1)
1.00 AM **Brit Cops: War on Crime** Documentary.
2.00 **Night Cops**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Game show.
2.00 **Tenable** Five members of an LGBTQ+ running club take part in the quiz.
3.00 **Beat the Chasers**
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Duos from Leeds, Worcestershire and Chesterfield take part. **7.00** Twins, a mother and son and brothers take part in the quiz. **8.00** Three more pairs of contestants take part in the quiz, with Adil Ray.
9.00 **Ant & Dec's Limitless Win** Married couple Kevin and Efe take on the Limitless Ladder.
10.00 **Tipping Point** Triple bill of the game show with Ben Shephard.
12.55 AM **Tenable** Game show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **George Clarke's Old House, New Home**
10.00 **Matt Baker: Travels with Mum & Dad**
11.00 **A New Life in the Sun: Where Are They Now?**
12.00 NOON **Sun, Sea and Selling Houses**
1.00 PM **A Place in the Sun**
3.00 **Chateau DIY**
4.00 **Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **Greggs vs McDonald's**
8.00 **Help! I Bought It at Auction with Sarah Beeny** Property series.
9.00 **Celebrity Gogglebox**
10.00 **The World's Tallest Man: The Next Chapter**
11.05 **The Great Celebrity Bake Off for SU2C**
12.05 AM **Your Song**
1.05 **Gogglebox**
2.05 **Rescue: Extreme Medics**
3.10 **Emergency Helicopter Medics** Documentary.
4.10 **Travel Man: Vilnius**
4.35 **to 4.55** AM **Jamie's One-Pan Wonders**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 25/26. (S7)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 26/26. (S7)
2.00 **Warehouse 13** 4&5/6. (S5)
4.00 **Stargate SG-1** 22/22. (S4)
5.00 **Star Trek: Voyager** 2/26. Kes undergoes a bizarre transformation. (S4)
6.00 **Star Trek: The Next Generation** 25/26. Picard drifts between time warps. (S7)

7.00 Star Trek: Deep Space Nine

7.00 **Star Trek: Deep Space Nine** *What You Leave Behind – Part Two:* 26/26. The final battle is fought against the Dominion. (S7)

8.00 **Stargate SG-1** *Exodus:* 22/22. Part one of three. The team pay a visit to the Tok'ra homeworld in Cronos's mothership. (S4)

9.00 **From** *Belly of the Beast:* 7/10. Boyd and Kristi seek to capitalise on the apparent death of the Nightmare Creature.

10.00 **From** *Forest for the Trees:* 8/10. Jim and Randall concoct a plan, and a looming wave of fear starts to materialise. (S2)
11.00 **The Walking Dead** 8/16. Rick and his team rescue Glenn and Maggie. (S3)
12.00 M'T **Grimm** 1/22. Nick is seemingly killed – only to rise from the grave. (S3)
1.00 AM **Warehouse 13** (S5)
3.00 **The Walking Dead** (S3)
4.00 **From** 4/10. (S2)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S17)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 16/23. (S2)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder**
1.00 PM **Death in Paradise** (S3)
2.00 **Murdoch Mysteries** (S17)
4.00 **The Mentalist** 16/23. (S2)
5.00 **Hudson & Rex** 12/16. The career of a chef is on the line when a severed finger is found in his Beef Wellington. (S2)
6.00 **My Life Is Murder** 7/8. Alexa and Will investigate a man's incineration. (S4)

6.00 My Life Is Murder

7.00 **Father Brown** *The Beast of Wedlock:* The sleuthing priest investigates a missing person, a murder and a mythical wild cat.

8.00 **Saint-Pierre** *Kill Lil:* 2/10. Fitz and Arch engage in a deadly and desperate game of cat and mouse. (S1)

9.00 **Death in Paradise** *The Early Bird:* 6/8. Tragedy strikes when a birdwatcher is stabbed to death with his own knife. (S3)

10.00 **Death in Paradise** *Murder on the Day of the Dead:* 5/8. A man receives a bizarre voicemail from his wife. (S7)
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** (S3)
1.00 AM **My Life Is Murder** (S4)
2.00 **Murdoch Mysteries** 18/24. Murdoch investigates a murder near a graveyard. (S17)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Highlights**
8.40 **The Green Green Grass**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
11.20 **Ever Decreasing Circles**
12.00 NOON **Still Open All Hours**
12.40 PM **Keeping Up Appearances**
1.20 **The Green Green Grass**
2.00 **Dad's Army**
2.40 **Are You Being Served?**
3.20 **Still Open All Hours**
4.35 **Dad's Army**
5.20 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**

9.20 Not Going Out

7.20 **Dad's Army** Wilson is put in charge of the platoon when HQ discover that Mainwaring is not a commissioned officer.

8.00 **Open All Hours** Granville decides to place an ad in a lonely hearts magazine. **8.40** Arkwright organises a sales drive in an attempt to boost profits.

9.20 **Not Going Out** Christmas special from 2013. Lee invites Lucy and her parents to join him and Daisy to spend Christmas in a cosy old country house – but they soon sense a spooky presence.

10.25 **Mrs Brown's Boys** Agnes tries to solve Dermot's relationship problems.

11.00 **Open All Hours**
12.20 AM **Men Behaving Badly**
1.40 **Not Going Out** As 9.20pm.
2.35 **dinnerladies diaries**
3.25 **to 4.00** AM **The Green Green Grass**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Extreme Salvage Squad**
11.00 **Rick Stein's Cornwall**
11.30 **Special Ops: Crime Squad UK**
1.30 PM **Guy Martin's Spitfire**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers: Mums Know Best** Cooking outdoors.
6.00 **Rick Stein's Cornwall** Rick creates his version of a Greek Horta pie with foraged greens. **6.30** The seafood chef joins a team diving for razor clams.

8.20 House of Games

7.00 **Would I Lie to You?** With Charles Dance and Stephen Mangan. **7.40** Guests include Joanna Scanlan and Greg Rutherford.

8.20 **Richard Osman's House of Games** With Glen Moore, Mina Anwar and Kiri Pritchard-McLean.

9.00 **QI XL** Guests Jimmy Carr, Ed Byrne and Judi Love join regular Alan Davies and host Sandi Toksvig.

10.00 **Have I Got a Bit More News for You** Jo Brand hosts the satirical quiz, with Reginald D Hunter and Charlene White.
11.00 **Frankie Boyle's New World Order** With Sara Pascoe.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You?**
1.40 **QI XL** With Ross Noble.
2.45 **Frankie Boyle's New World Order** As shown at 11.00pm.
3.20 **to 4.00** AM **Gadget Man**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.35 AM **The Bill**
8.30 **Doctors**
9.40 **Classic Holby City**
10.40 **Classic Casualty**
11.50 **The Bill**
12.50 PM **Classic EastEnders**
2.10 **All Creatures Great and Small** Siegfried discovers who shot a war veteran's dog.
3.20 **The Doctor Blake Mysteries**
4.20 **Hetty Wainthropp Investigates** A company director goes missing.
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

9.00 Bergerac

7.20 **Last of the Summer Wine** Clegg and Seymour visit Smiler in hospital and go to extraordinary lengths to cheer him up.

8.00 **Queens of Mystery** New episode *The Raven – First Chapter:* 5/6. Part one of two. Mattie investigates a robbery. (S2)

9.00 **Bergerac** New episode *Lone Wolf:* 3/6. Tension grows between Bergerac and Barney as the hunt for the killer intensifies. (S2)

10.00 **New Tricks** *Dark Chocolate:* The team reinvestigate a recent rape linked to two attacks from 10 years previously.
11.20 **Dalziel & Pascoe** *The British Grenadier:* Dalziel gets caught up in an armed siege.
1.15 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.25 **Bergerac** As 9.00pm.
3.15 **to 4.00** AM **Birds of a Feather**

+1 hour 243 316 60 260

Thursday

7 PM

8 PM

9 PM

10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 11-13/24. (S11)
12.00 NOON **Law & Order**
5.00 PM **Law & Order** (S18)
6.00 **NCIS** *So It Goes:* 3/24. Ducky works on a case involving his childhood best friend. **7.00** *Choke Hold:* 4/24. A Moscow-born naval research scientist is found murdered. **8.00** *The San Dominick:* 5/24. Gibbs finds himself on a ship that has been hijacked by pirates. (S12)
9.00 **Blue Bloods** *Family Secrets:* 19/19. A family secret is unearthed for the Reagans. (S10)
10.00 **Law & Order: Special Victims Unit** *Night:* 20/23. An attorney is implicated in a rape and murder. (S6)
11.00 **Law & Order: SVU** (S6)
1.50 AM **Law & Order: Criminal Intent** (S8)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Filthy Britain SOS**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
9.00 **A&E After Dark** New edition Doctors in London have minutes to save a man's sight.
10.00 **Ambulance: Code Red** A paramedic and a doctor fight to save the life of a boy.
11.00 **Skin A&E** Documentary.
12.00 M'T **A&E: Crash Scene Emergency**
1.00 AM **Nightmare Tenants, Slum Landlords**
2.00 **GPs: Behind Closed Doors** Medical series.
2.45 **Skin A&E** Documentary.
3.35 **to 4.00** AM **Car Pound Cops**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Traffic Cops**
10.15 **Police Interceptors**
12.15 PM **FILM Fort Utah** Western drama. (1967, U, 84min) ★★
2.05 **FILM The Outcast** Western adventure. (1954, U, 90min) ★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** An officer makes his way to the scene of a collision.
9.00 **Trucking Hell: Rollover Specials** A trailer full of gym weights tips over on a roundabout.
10.00 **Ice Road Truckers** The teams face one of the shortest seasons ever.
11.00 **The X-Files** 15/25. (S2)
12.00 M'T **Scam City**
1.05 AM **Outback Truckers**
2.05 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build**
8.00 **Pete Wicks: For Dogs' Sake** Pete helps a withdrawn pregnant Malinois regain strength so that she can care for her 11 lively pups.
9.00 **One Born Every Minute** A baby is born with a potentially life-threatening condition. **10.00** A couple put their faith in God as well as the staff when things do not go to plan.
11.00 **Emergency: First Time Medics** Double bill.
1.00 AM **Sort Your Life Out with Stacey Solomon**
2.00 **to 3.00** AM **Louis Theroux Interviews... Rita Ora**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Continental Railway Journeys**
8.00 **Bangers & Cash: Restoring Classics**
10.00 **The World at War**
11.00 **Nazi Hunters**
12.00 NOON **Antiques Roadshow** From Cardiff.
1.00 PM **Antiques Roadshow: D-Day**
2.00 **Bangers & Cash**
4.00 **The World at War**
5.00 **Nazi Hunters**
6.00 **Frozen Planet II**
8.00 **Bangers & Cash** Series finale Charlie goes to pick up a Vauxhall Viva from a man who has owned it for over half a century.
9.00 **Bangers & Cash**
10.00 **Resto My Ride** New edition The crew work on a HR Holden.
11.00 **The Green Planet**
12.00 M'T **Flipping Bangers**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Trawlermen**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** East Sussex.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family**
7.00 **Celebrity Yorkshire Auction House** Angus Ashworth helps Martin Roberts and Oti Mabuse. **8.00** With Roxy Shahidi and Russell Watson.
9.00 **Death Walker with Nick Groff** New edition Nick and Tessa Groff visit a once peaceful family home that has become a place of unexplained activity.
10.00 **Help! My House Is Haunted** Four editions.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

THURSDAY Entertainment

Thursday

Great! TV

157 167 170 34 32

8.10 AM **Highway to Heaven**
10.20 **Little House on the Prairie** 14&15/26. (S5)
1.00 PM **The Waltons** (S7)
3.00 **Ballykissangel** 6/6. (S1)
4.10 **Down to Earth** (S3)
5.20 **Bramwell** 2/2. (S4)
7.30 **M*A*S*H** 22/25. The medics need some sleep. **8.00** 23/25. A war correspondent ends up falling in love with BJ. **8.30** 24/25. Hawkeye protests against medical profiteering. (S8)
9.00 FILM **Airplane II: The Sequel** Comedy sequel to *Airplane!* (1982, 15, 81min) ★★★
10.50 **M*A*S*H** 22–24/25. (S8)
12.20 AM **Man About the House** (S1&2)
1.20 **Rising Damp** 2/8. (S2)
1.50 **A Fine Romance** (S3)
2.25 **Man About the House**
3.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM FILM **Kentucky Rifle** Western with Chill Wills. (1956, U, 84min) ★★
11.00 **Tombstone Territory**
11.30 **Wanted: Dead or Alive**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM FILM **Assault on Station 33** Thriller. (2021, 15, 110min) ★★
3.50 **The Persuaders!**
4.50 **The Avengers**
6.50 FILM **Supercell** Action drama with Skeet Ulrich. (2023, 12, 100min) ★★
9.00 FILM **Broken Arrow** Action thriller from Hong Kong director John Woo, starring John Travolta. (1996, 15, 108min) ★★
11.20 FILM **Red Sun** Western with Charles Bronson. (1971, 15, 112min) ★
1.45 AM **The Persuaders!**
2.45 **The Avengers** (S6)
4.20 **to 6.00** AM FILM **Wrangler** Western. (1989, 12, 92min) ★★

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM FILM **Ruby Herring Mysteries: Her Last Breath** Thriller. (2019, PG, 84min) ★★
10.05 **In Plain Sight** 11/13. (S3)
11.05 **Castle** 4/10. (S1)
12.05 PM FILM **Mystery 101: Killer Timing** Thriller. (2021, U, 89min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 5/10. (S1)
8.00 **Unforgettable** (S3)
9.00 **In Plain Sight** 12/13. (S3)
10.00 FILM **Mystery 101: An Education in Murder** Mystery thriller. (2020, PG, 84min) ★★
11.55 FILM **Lost Letter Mysteries: Higher Ground** Drama. (2017, PG, 84min) ★★
1.50 AM FILM **Born and Missing** (2017, PG) ★★
3.25 **to 5.00** AM FILM **The Threat Next Door** Thriller. (2023, PG) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.15 AM FILM **Falling for the Competition** Drama. (2023, U, 89min) ★★
10.25 FILM **Love, For Real** Comedy. (2021, PG) ★★
12.15 PM **A Fine Romance**
12.45 FILM **Raise a Glass to Love** (2021, PG) ★★
2.40 FILM **A Paris Proposal** Comedy. (2023, PG) ★★
4.35 FILM **Date with Love** Comedy. (2016, U) ★★
6.30 **A Fine Romance**
7.00 FILM **Same Time Next Week** Drama. (2016, PG, 90min) ★★
8.55 FILM **Hearts in the Game** Comedy. (2023, PG, 84min) ★★
10.50 FILM **Maggie's Christmas Miracle** Drama. (2017, U) ★★
1.00 AM FILM **Christmas Wishes and Mistletoe Kisses** (2019, U) ★
3.00 **to 5.00** AM FILM **Hearts in the Game** Comedy. (2023, PG) ★★

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Marcus Wareing's Tales from a Kitchen Garden**
3.30 **Garden Rescue**
4.30 **My Floating Home**
5.30 **Marcus Wareing's Tales from a Kitchen Garden**
7.00 **Love Your Garden** The team turn a family's garden into a music festival-inspired haven.
8.00 **Garden Rescue** Creating a wildlife friendly garden in a bare new build plot. **9.00** A 'tidy mess' is transformed into a serene and stylish garden.
10.00 FILM **Permissive** Drama starring Maggie Stride. (1970, 18, 88min) ★
12.00 M'T FILM **Can You Keep It Up for a Week?** Bawdy comedy. (1974, 18, 94min) ★
2.00 AM **The Greatest Auction** Double bill.
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Prime of Miss Jean Brodie** 4/7. (S1)
11.05 **Wish Me Luck** (S1)
12.10 PM **The Gaffer** (S3)
12.40 **Second Thoughts** (S3)
1.10 **Agony** 6/7. (S3)
1.40 **Boon** 13/13. (S1)
2.40 **The Prime of Miss Jean Brodie** 4/7. (S1)
3.45 **Rewind Time Machine**
3.50 **We Had One of Those**
4.00 **Tracing the Rails**
4.30 **Old Country**
5.00 **Stereo Underground**
6.00 **The Gaffer** 4/7. (S3)
6.30 **Agony** 6/7. (S3)
7.00 **Second Thoughts** (S3)
7.30 **The Fenn Street Gang**
8.00 **Boon** 13/13. (S4)
9.05 **Drop the Dead Donkey**
10.05 FILM **Mardi Gras Massacre** Horror. (1978, 18, 97min) ★★
12.05 AM **Primitive London**
1.50 **Stereo Underground**
2.50 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysteries of the Deep**
10.00 **Deadliest Catch**
12.00 NOON **The Alaska Triangle** Documentary.
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** A storm and towering breakers shatter Jake's steel anchor. **8.00** A rookie mistake leaves Captain Bill a deckhand short.
9.00 **Expedition X** Jess and Phil dive deeper into the history of Fort Morgan.
10.00 **Expedition Unknown**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Paul Hollywood: City Bakes** In Cyrprus.
7.00 **Rick Stein's Seafood Odyssey** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie Oliver: Cooking for Less**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
12.30 PM **Mary Berry Everyday**
1.00 **James Martin's Islands to Highlands**
3.00 **Rick Stein's Seafood Odyssey** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie Oliver: Cooking for Less**
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
8.30 **Mary Berry Everyday**
9.00 **James Martin's Great British Adventure**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food: Best Of** Double bill.
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 12/25. (S7)
9.00 **T.J. Hooker** 2/22. (S3)
10.00 **Six Million Dollar Man**
11.00 FILM **Global Meltdown** Disaster thriller. (2017, PG, 105min) ★
12.45 PM FILM **Zulu** Historical action adventure. (1963, PG, 138min) ★★★★★
3.25 FILM **The Shooting** Haunting Western. (1966, 15, 82min) ★★★
5.00 **Star Trek** 20/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 3/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Desperado** Action thriller. (1995, 18, 105min) ★★★
11.10 FILM **Thick As Thieves** Crime thriller. (2009, 15, 104min) ★★
1.15 AM FILM **The Flock** Crime thriller. (2007, 18, 105min) ★★★★
3.20 **to 5.15** AM FILM **The Man Called Noon** Western. (1973, 15) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM FILM **Tornado Warning** Sci-fi thriller. (2012, PG, 90min) ★★
11.00 **Andromeda** 9/22. (S1)
12.00 NOON FILM **500 MPH Storm** Disaster movie. (2013, PG, 86min) ★★
2.00 PM FILM **Sherlock Holmes** Mystery drama. (2010, 12, 89min) ★★
4.00 **Walker, Texas Ranger**
5.00 FILM **The Gambler III: The Legend Continues** Part one of two. (1987, PG, 120min) ★★
7.00 **Andromeda** 10/22. (S1)
8.00 **The Fall Guy** 16/23. (S4)
9.00 FILM **Bushwick** Action. (2017, 15, 94min) ★★
11.00 FILM **Renegades** Action adventure. (2017, 15, 106min) ★★
1.10 AM FILM **Bushwick** As shown at 9.00pm.
3.05 FILM **The Gambler III: The Legend Continues** As shown at 5.00pm.
5.00 **to 6.00** AM **Andromeda**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.35 **Storage Wars Canada**
8.30 **Storage Wars**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **Alien Corridors**
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars**
2.05 **Storage Wars**
3.05 **Storage Wars Canada**
4.00 **Ancient Aliens**
5.00 **Monster Aliens**
6.00 **Storage Hunters**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **Ancient Aliens**
10.00 **UFO POV**
11.00 **The UnXplained**
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **Monster Aliens**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Jane McDonald** Italy.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **World's Most Scenic Railway Journeys**
6.00 **The Queen Mary: Royals at Sea**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Royal Births, Marriages & Deaths** The story of Edward VIII and Wallis Simpson's relationship.
10.00 **Royal Doctors: Treating the Monarchy**
11.00 **Inside the Tower of London** Documentary.
12.00 M'T **Wentworth Prison**
1.00 AM **The Yorkshire Vet**
2.00 **Cruising with Jane McDonald** Great Lakes.
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Game show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Catchphrase Celebrity Special**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities**
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Tenable** A family from Swansea take part.
7.00 **The Chase** Triple bill of the general knowledge quiz, with Bradley Walsh.
10.00 **The Chase Celebrity Special** With Scott Mills, Sunetra Sarker, Anthony Ogogo and Johnny Ball.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Triple bill of the quiz show.
4.00 **to 7.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon** (S1&2)
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly** (S6)
3.30 **Young Sheldon** (S2)
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 24/24. Bernadette receives her PhD. (S4) **8.30** 1/24. Penny regrets her night with Raj. (S5)
9.00 FILM **Clear and Present Danger** Action thriller starring Harrison Ford. CIA agent Jack Ryan discovers links between a Colombian drugs cartel and the US government. With Willem Dafoe and Anne Archer. (1994, 12, 141min) ★★★
12.00 M'T **Dr Pimple Popper: Breaking Out**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** Ian Wright.
9.00 **Impractical Jokers: The Inspired Unemployed**
10.00 **Everybody Loves Raymond** 16–21/25. (S5)
1.00 PM **Friends** (S6&7)
7.00 **Friends** 13/24. Phoebe has a surreal day at work. **8.30** 14/24. The pals celebrate Rachel's 30th birthday. (S7)
9.00 FILM **Horrible Bosses** Farcical comedy. (2011, 15, 93min) ★★★
11.00 **Impractical Jokers**
11.30 **Jimmy Carr's Am I the A**hole?**
12.30 AM **Whose Line Is It Anyway? USA**
2.00 **South Park** (S23)
3.00 **The Comedy Central Chart Show**
3.05 **Kevin Bridges: A Whole Different Story**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S5)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big...**
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 4–7/18. (S10)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Utopia** 1/8. (S2)
4.00 **Michael McIntyre's Big Show** With Tom Odell.
5.00 **Whose Line Is It Anyway? USA**
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** 16–21/25. (S5)
10.00 **Friends** 12–17/25. (S6)
1.00 AM **Bradley & Barney Walsh: Breaking Dad**
2.00 **Michael McIntyre's Big...**
3.00 **Utopia** 1/8. (S2)
3.20 **Teachers** 5/20. (S2)
3.45 **Broad City** 1&2/10. (S1)
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
9.55 **Bread** 7/11. (S7)
10.35 **Steptoe and Son** (S8)
11.15 **Oh, Doctor Beeching!**
11.50 **Rising Damp** 5/6. (S4)
12.20 PM **Man About the...**
12.50 **Goodnight Sweetheart**
1.30 **When the Boat Comes In** 6/15. Drama. (S3)
2.35 **Minder** 10/13. (S8)
3.35 **Just Good Friends** (S3)
4.15 **Man About the House**
4.45 **Some Mothers Do 'Ave 'Em** 5/6. Sitcom. (S3)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Steptoe and Son** (S8)
6.50 **Rising Damp** 4/6. (S4)
7.20 **Whatever Happened to the Likely Lads?** (S1)
7.55 **Minder** 6/13. (S2)
9.00 **Benidorm** 3/7. (S4)
9.55 **Shameless** 13/22. (S8)
10.55 **Man About the House**
11.25 **Mind Your Language**
11.55 **Benidorm** 3/7. (S4)
12.55 AM **Minder** 3/8. (S6)
1.55 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **FriendZone**
8.30 **Beauty and the Geek Australia** Reality show.
10.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Double bill.
3.00 **Catfish UK**
5.00 **Help! I'm in a Secret Relationship!**
6.00 **Beauty and the Geek Australia** New edition
7.30 **FriendZone**
8.00 **90's House**
9.00 **Bar Rescue** New edition
10.00 **Sleeping with My Murderer** The case of Anthony Lowe.
11.00 **Help I Sexted My Boss**
12.00 M'T **Love & Hip Hop: Atlanta** Reality series.
1.00 AM **Bar Rescue**
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked**
9.00 **Gold Rush: Parker's Trail**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of the series.
3.00 **How It's Made** Four editions of the series, including at: **3.30** Ceramic fireplaces. **4.00** Oil pressure sensors. **4.30** Mobile concert stages.
5.00 **Alaska: Homestead Rescue** The Raneys race against winter to build the first ever 'homestead fortress'.

9.00 Naked and Afraid

7.00 **Wheeler Dealers** Mike spots a bargain supercar, a Maserati 4200GT, for under £10,000.

8.00 **Wheeler Dealers** Mike Brewer and Marc 'Elvis' Priestley tackle a classic Toyota Landcruiser.

9.00 **Naked and Afraid** New edition Fan favourites Ernie and Mandy return for a second challenge, this time in Botswana's Okavango Delta, where they must survive 21 days.

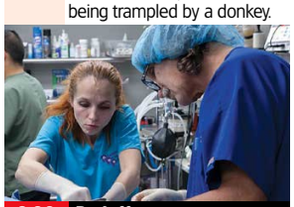
11.00 **Expedition Bigfoot** The team use new methods to locate Bigfoot in NorCal's backcountry.
12.00 M'T **Border Control: Spain** Double bill of the documentary following the work of Spain's borders and customs officers.
1.00 AM **Naked and Afraid**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Meet the Orangutans**
10.00 **Tanked**
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo: San Diego**
5.00 **Lone Star Law** Clarke and Temple stop a forest fire and help a distressed pelican.
6.00 **Dr Jeff: Rocky Mountain Vet** A German shepherd has serious head injuries after being trampled by a donkey.



6.00 Dr Jeff

7.00 **Treehouse Masters** Pete Nelson is hired by members of a family who want him to design a dream treetop clubhouse.

8.00 **Gator Boys** The heavy rain makes capturing alligators hazardous, but Ashley risks her life by venturing into the pit.

9.00 **Alaska: The Last Frontier** Otto and Charlotte continue the restoration work on the homestead's manure shed.

10.00 **Edge of Alaska** The town face a harsh recovery period in the wake of a powerful wind storm.

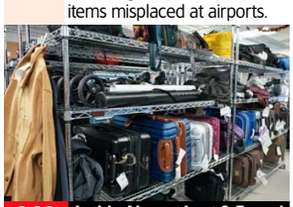
11.00 **Alaska Monsters** The team investigate the Otterman.
12.00 M'T **Alaska: Homestead Rescue** Documentary series.
1.00 AM **Alaska: The Last Frontier**
2.00 **Treehouse Masters**
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Animal Cops Phoenix**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea** Documentary series.
9.00 **Air Crash Investigation: Special Report**
10.00 **Drain the Oceans: Lost Giants**
11.00 **Lost Treasures of Egypt**
12.00 NOON **Construction Fails**
1.00 PM **Car S.O.S** Alfa Romeo.
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** Cannon Goldfinger.
6.00 **Inside Airport Lost & Found** Following the journeys of items misplaced at airports.



6.00 Inside Airport Lost & Found

7.00 **Air Crash Investigation** Experts investigate the cause of Crossair Flight 498's crash in 2000.

8.00 **Car S.O.S** New edition Tim and Fuzz fight rust and time to save a Land Rover Defender with a heroic rescue past.

9.00 **Car S.O.S.** Tim Shaw and Fuzz Townshend travel to South Yorkshire to pick up a *Car SOS* first – a Ferguson TE20 tractor.

10.00 **Engineering Europe** New edition Highlights from the series, including the Sagrada Familia and cutting edge skyscrapers.

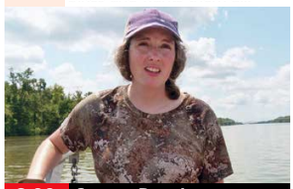
11.00 **Air Crash Investigation** The investigation into a plane crash in the Himalayas.
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **Border Protection Spain**
2.00 **Bid & Destroy**
2.30 **To Catch a Smuggler**
3.20 **Food Factory**
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Junk & Disorderly**
8.45 **Dirty Old Cars**
9.15 **Pawn Stars**
10.10 **Storage Wars**
12.00 NOON **Witches of Essex**
1.00 PM **The UnBelievable with Dan Aykroyd**
2.00 **Canadian Pickers** Four editions, including at: **5.00** The guys make a rare Art Deco discovery and spot a weird item in Quebec.
6.00 **American Pickers** Mike finds a massive stash of brass-era bikes and wants them all.



8.00 Swamp People

7.00 **Forged in Fire** Two former champions duel it out in a five-hour round making a pichangatti.

8.00 **Swamp People** New edition The gator hunters battle record temperatures, failing airboats and risky gambles.

9.00 **History's Deadliest with Ving Rhames** New edition Reflecting on some of history's most feared criminals.

10.00 **The UnBelievable with Dan Aykroyd** New edition Discovering the wild side of warfare.

11.00 **The UnXplained with William Shatner** How history's codes may hold the answers to mysteries.
12.00 M'T **Canadian Pickers**
2.50 AM **History's Deadliest with Ving Rhames**
3.40 **The UnBelievable with Dan Aykroyd**
4.25 **Pawn Stars**
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Movies**
7.00 **Discovering: Buster Keaton**
8.00 **The Directors**
8.55 **Chimp Crazy**
10.00 **JFK: Destiny Betrayed**
11.05 **The Nineties**
12.00 NOON **Germanwings: What Happened on Flight 9525?**
2.00 PM **Terry Venables: A Man Can Dream**
4.00 **The Directors**
4.55 **Discovering: Buster Keaton**
5.50 **Chimp Crazy** 4/4. Tonia dreams of opening her own chimpanzee sanctuary.

8.00 Going Clear: Scientology...

6.55 **JFK: Destiny Betrayed** 4/4. An examination of evidence that surrounds Lee Harvey Oswald.

8.00 **FILM Going Clear: Scientology and the Prison of Belief** Documentary looking at the history of the Church of Scientology's leaders. (2015, 15, 120min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Be Water** A look at Bruce Lee's time in Hong Kong making four films, exploring questions of identity and representation through rare archive, intimate interviews, and Lee's writings.

12.10 AM **McEnroe** The story of former tennis star John McEnroe in his own words.
2.10 **Lennox: The Untold Story**
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Buster Keaton**

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters: The Restorers**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Crystal Hunters** Double bill.
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Aussie Gold Hunters** New edition Intense heat pushes Jacqui and Andrew to their limits.
10.00 **Outback Truckers** Josh Carter hauls a monster oversized convoy.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes... UK**
8.00 **Say Yes to the Dress**
10.00 **Forensic Detectives**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
5.00 **American Monster: Abuse of Power**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Evil Lives Here: My Child the Killer** New edition A woman's son suddenly becomes violent and dangerous.
10.00 **Evil Lives Here**
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: The Plumstead Ripper** The deaths of Rachel Nickell and Samantha Bissett.
8.00 **UK Crime Files: Brothers Who Kill** The case of brothers David and Roger Cooper.
9.00 **New Scotland Yard Files** Examining the death of Geeta Aulakh.
10.00 **Britain's Almost Perfect Murders** New edition The story of Dr Hawley Crippen.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: The Plumstead Ripper**
1.00 AM **UK Crime Files: Brothers Who Kill**
2.00 **Britain's Almost Perfect Murders**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: The Railway Killers**
9.55 **UK Crime Files: Bus Stop Rapist**
11.00 **48 Hours**
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: The Seaside Strangler**
3.00 **UK Crime Files: A Random Murder**
4.00 **48 Hours**
5.00 **Medical Detectives** A Los Angeles-based kidnapping ring run by Russians is exposed. **5.30** A case in which a woman was shot dead. **6.00** A 70-year-old retired veteran is found dead on his boat. **6.30** A man's second wife is charged with the murder of his first.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Send in the Dogs**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation**
4.00 **Killing Mum and Dad**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **Catching the Killer**
10.00 **Killer in My Village**
11.00 **The Real Manhunter**
12.00 M'T **World's Most Evil...**
1.00 AM **How I Caught the Killer** Documentary.
2.00 **The Real CSI: Miami**
3.00 **Britain's Most Evil Killers**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Digging Up Britain's Past**
9.15 **Messages Home: Lost Films of the British Army** Documentary.
10.15 **Fall of Japan in Colour**
11.15 **Spy Ops** Double bill.
1.00 PM **Digging Up Britain's Past**
2.15 **Messages Home: Lost Films of the British Army** Documentary.
3.20 **Fall of Japan in Colour**
4.20 **Spy Ops** Double bill.
6.05 **Digging Up Britain's Past** From Co Durham.
7.05 **Messages Home: Lost Films of the British Army** Documentary.
8.05 **Fall of Japan in Colour**
9.10 **Spy Ops** Double bill.
10.55 **Messages Home: Lost Films of the British Army** Documentary.
12.00 M'T **Fall of Japan in Colour** Documentary.
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Undiscovered Vistas**
7.00 **Monkey Life**
8.00 **Great Blue Wild**
9.00 **Wild Birds of Australia**
10.00 **Secrets of the Enchanted Waters** Documentary.
11.00 **Wildlife Icons**
12.00 NOON **Carpathian Predators**
1.00 PM **Monkey Life**
2.00 **Great Blue Wild**
3.00 **Wild Birds of Australia**
4.00 **Secrets of the Enchanted Waters** Documentary
5.00 **Wildlife Icons**
6.00 **Carpathian Predators**
7.00 **Monkey Life** Double bill.
8.00 **Extreme Africa**
9.00 **Wild Philippines** Cameras follow turtles and tiger sharks.
10.00 **Carpathian Predators**
11.00 **Wildlife Icons**
12.00 M'T **Arabian Seas**
1.00 AM **Undiscovered Vistas**
2.00 **Extreme Africa**
3.00 **Wild Philippines**
4.00 **Great Blue Wild**
5.00 **to 6.00** AM **Wild Birds of Australia**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Hitler v Churchill: The Eagle and the Lion**
9.00 **Lost U-Boats of WWII**
10.00 **How to Lose a War**
11.00 **Ancient Aliens**
1.00 PM **What on Earth?**
6.00 **The Proof Is Out There** A UFO apparently tracking an American fighter plane.
7.00 **Lost U-Boats of WWII** A mysterious cross is located on a deserted island.
8.00 **How to Lose a War** How resources and equipment are vital to victory in war.
9.00 **Hitler's Secret Sex Life** Rumours, theories and disputed historical accounts of Adolf Hitler's sexual psychology.
10.00 **Hitler's Handmaidens** The many lovers of Adolf Hitler.
11.00 **Ancient Aliens**
1.00 AM **Alien Files Reopened**
2.00 **The Great British Dig: History in Your Back Garden**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Canadian Pickers**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Extreme Engineering**
12.00 NOON **Alaska Mega Machines**
1.00 PM **Blowing Up History**
3.00 **How the Universe Works**
6.00 **How It's Made: Dream Cars** The crew visit the birthplace of the Superformance MKIII. **6.30** A visit to the birthplace of the Koenigsegg One:1. **7.00** An insight into the making of a BMW i8. **7.30** A look at how a Superformance GT40 is made. **8.00** A visit the birthplace of the Porsche 918 Spyder. **8.30** A look at how a Aston Martin Vanquish is made.
9.00 **How It's Made** Four editions of the series, including at: **10.30** The processes behind the creation of digital paintings and badminton rackets.
11.00 **How Do They Do It?**
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Codes and Conspiracies**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Robbie Coltrane's Critical Evidence** Triple bill of editions.
2.00 PM **I Met My Murderer Online**
3.00 **Sunshine Slayings**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **I Met My Murderer Online**
9.00 **Predator Files** New editions A trusted figure hides a dangerous double life. **9.30** A dangerous man is identified online by the team.
10.00 **Ozark Law** New edition Bike Fest floods the Lake with non-stop trouble.
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **I Met My Murderer Online**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Bizarre Animal Friends**
10.00 **Weird Nature**
11.00 **Python Hunters**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **America's Wild Southwest**
3.00 **Africa's Hunters**
4.00 **Heartland Docs**
5.00 **Snakes in the City**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo: Tampa** The team anxiously await the birth of a rare Indian rhino baby.
8.00 **Legends of Venom** Following the fastest, longest venomous snakes in Africa – the mamba.
9.00 **Something Bit Me** True stories of snake attacks that have sent people to hospital.
10.00 **Alaska: The Next Generation** Spring is fast approaching.
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom: Uprising**
1.00 AM **Animal Fight Club**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

7.00 AM **Bullet Points**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers: Reloaded**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** The secrets of nebulas.
1.00 PM **NASA's Unexplained Files**
2.00 **Aliens in Alaska**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Bullet Points** Examining how the United States' hostile confrontation with two communist giants in the Far East opened the way for a free and democratic South Korea.
9.00 **Legendary Locations**
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** An old billiards table.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition X**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Rise of the Nazis: The Manhunt** 1-3/3. Triple bill.
1.00 PM **Rise of the Nazis: The Manhunt** 1-3/3. Triple bill.
5.00 **One Foot in the Grave**
9.00 **One Foot in the Grave** 1/6. First-ever episode. Victor Meldrew faces up to retirement. **9.40** 2/6. Margaret tries to take Victor's mind off his depressing situation by encouraging him to attend a fitness class. **10.15** 3/6. Victor clashes with a plumber whose penchant for morbid practical jokes would try the patience of a saint. **10.55** 4/6. Victor and Margaret are trapped in the shed by a swarm of bees – and that is just the start of their troubles. **11.35** 5/6. Victor takes up art classes, but Margaret's initial joy to see the back of him turns to dismay when she learns what he has been drawing. (S1)
12.15 AM **One Foot in the Grave**
4.30 **to 6.00** AM **Great Coastal Railway Journeys**

+1hour 266 376

ID

154 140 166

8.00 AM **Murder Comes to Town**
9.00 **Still a Mystery**
11.00 **People Magazine Investigates**
12.00 NOON **Forbidden: Dying for Love** A relationship forbidden by strict rules of honour.
1.00 PM **Still a Mystery**
3.00 **People Magazine Investigates**
4.00 **Forbidden: Dying for Love**
5.00 **The 1990s: The Deadliest Decade** Double bill of editions.
7.00 **Living a Nightmare** A case in which a wealthy psychiatrist and his son were shot dead. **8.00** The case of a 28-year-old man who broke up with his lover and vanished soon after.
9.00 **How (Not) to Get Rid of a Body** Detectives try to solve the murder of a young woman.
10.00 **A Body in the Basement**
11.00 **Cabin in the Woods**
12.00 M'T **Police 911: Michigan**
1.00 AM **The Perfect Suspect**
2.00 **The 1990s: The Deadliest Decade** Double bill of editions.
4.00 **to 6.00** AM **Living a Nightmare**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried: Classic Cars**
11.00 **Richard Hammond's Workshop** Richard takes the Cogs go karting to find a driver for the classic racing team.
12.00 NOON **Roadworthy Rescues**
1.00 PM **Shed and Buried: Classic Cars** A collection of Morris Minors and vintage mopeds.
2.00 **Ant Anstead Master Mechanic**
3.00 **James May and the Dull Men**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Mike Brewer: Born Dealer**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Mike Brewer: Born Dealer**
9.00 **Last Chance Garage**
10.00 **James May and the Dull Men**
11.00 **Wheeler Dealers**
12.00 M'T **Mike Brewer: Born Dealer**
1.00 AM **Richard Hammond's Workshop** As 11.00am.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

7.00 AM **The Bad Guys 2** (2025)
9.00 **Final Destination: Bloodlines** Supernatural horror thriller. (2025, 15, 110min) ★★★★
11.00 **The Conjuring: Last Rites**
1.20 PM **A Big Bold Beautiful Journey** Romantic drama. (2025, 15, 109min) ★★★
3.20 **Regretting You** Drama. (2025, 12, 116min) ★★★
5.30 **Eddington** Modern-day Western with Joaquin Phoenix. (2025, 15, 148min) ★★★★

3.20 Regretting You

8.00 **The Conjuring: Last Rites** Supernatural horror starring Vera Farmiga and Patrick Wilson. Paranormal investigators Ed and Lorraine Warren take on one last case involving mysterious entities they must confront. (2025, 15, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Caught Stealing** Comedy thriller starring Austin Butler. An ex baseball player agrees to cat-sit for a British neighbour, and walks unwittingly into the middle of a turf war. (2025, 15, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Pillion** Dark comedy drama starring Alexander Skarsgård and Harry Melling. (2025, 18, 107min) ★★★
2.10 **Roofman** Comedy drama. (2025, 15, 126min) ★★★★
4.25 **to 6.15** AM **The Bad Guys 2** Animated adventure sequel. (2025, PG, 104min) ★★★★

Sky Cinema Men in Black

303 303 403 503 517

6.55 AM **The Cinema List: Men in Black Films**
7.10 **Men in Black II** As 6.20pm.
8.55 **Men in Black 3** As 8.00pm.
10.55 **Men in Black** As 9.55pm.
12.50 PM **Men in Black II** (2002)
2.35 **Men in Black 3** As 8.00pm.
4.35 **Men in Black** As 9.55pm.
6.20 **Men in Black II** Sci-fi action comedy sequel starring Will Smith and Tommy Lee Jones. An evil alien threatens Earth. (2002, PG, 88min) ★★★

9.55 Men in Black

8.00 **Men in Black 3** Sci-fi action comedy sequel starring Will Smith, Tommy Lee Jones and Josh Brolin. Men in Black agent J goes back in time to save the life of the young Agent K. (2012, PG, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Men in Black** Sci-fi action comedy starring Tommy Lee Jones and Will Smith. A streetwise New York cop joins a secret government agency that polices alien activity on Earth. With Linda Fiorentino, Vincent D'Onofrio and Rip Torn. (1997, PG, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Men in Black II** As 6.20pm.
1.20 AM **Men in Black 3** As shown at 8.00pm.
3.15 **Men in Black** As 9.55pm.
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

7.25 AM **The Shamrock Spitfire**
9.20 **I'll Be Right There** Comedy. (2023, 12, 93min) ★★★
11.00 **The Room Next Door** Drama. (2024, 12, 102min) ★★★★
12.55 PM **Amadeus** Historical drama. (1984, PG, 158min) ★★★★★
3.40 **Boyz N the Hood** Urban drama. (1991, 15, 111 min) ★★★★★
5.40 **Joker: Folie à Deux** Thriller. (2024, 15, 138min) ★★★★

8.00 **Rocketman** Biopic starring Taron Egerton. Elton John enters an addiction rehabilitation session, and recounts his extraordinary life in a flashback. (2019, 15, 121 min) ★★★★
10.05 **Valentine's Day** Romantic comedy about the intersecting paths of a series of LA couples on 14 February. Stars Ashton Kutcher, Jennifer Garner, Anne Hathaway, Julia Roberts, Jessica Biel and Jamie Foxx. (2010, 12, 125min) ★★★

12.15 AM **The Cut** Psychological thriller. (2024, 12, 99min) ★★★
2.05 **The Shamrock Spitfire** Biopic. (2024, 12, 108min) ★★★
3.55 **Cicada** Drama starring Matthew Fifer. (2020, 15, 96min) ★★★★
5.45 **to 7.30** AM **Babylon** British drama. (1980, 15, 94min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.35 AM **Cloverfield** Offbeat disaster movie. (2007, 15, 81 min) ★★★
9.10 **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
11.00 **The Crazies** As 12.10am.
12.45 PM **Edge of Tomorrow** Sci-fi. (2014, 12, 113min) ★★★★
2.45 **Ready Player One** Adventure. (2018, 12, 140min) ★★★★
5.10 **Interstellar** Sci-fi drama. (2014, 12, 166min) ★★★★

8.00 **28 Years Later** Danny Boyle's horror thriller sequel starring Jodie Comer, Rocco Haynes and Aaron Taylor-Johnson. Decades since the rage virus took hold, one survivor leaves the safety of a fortified island on a mission into the mainland. (2025, 15, 115min) ★★★★
10.00 **28 Days Later** Horror starring Cillian Murphy. A small group of people struggle to survive when a deadly virus devastates the UK. (2002, 18, 113min) ★★★★

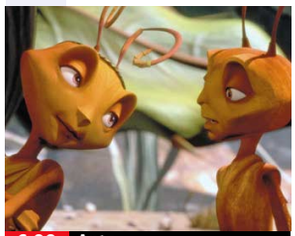
12.10 AM **The Crazies** Horror remake. (2010, 15, 101min) ★★★★
2.00 **Dark Skies** Paranormal thriller. (2013, 15, 97min) ★★★
3.45 **Johnny Mnemonic** Futuristic thriller. (1995, 15, 98min) ★★
5.30 **to 6.20** AM **Sky Cinema Preview**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.10 AM **Batteries Not Included**
8.00 **The Ogglies** (2021, PG) ★★★
9.30 **Fox and Hare Save the Forest** Animation. (2024, U) ★★★
10.45 **The Golden Compass** Fantasy. (2007, PG, 109min) ★★★
12.40 PM **E.T. The Extra Terrestrial** Fantasy. (1982, U) ★★★★★
2.40 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
4.15 **Smurfs** (2025, PG) ★★
6.00 **Antz** Animated comedy. (1998, PG, 83min) ★★★



6.00 Antz

7.40 **The Secret Life of Pets** Animated adventure with the voice of Louis CK. (2016, U, 83min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.20 **Shrek the Third** Animated comedy sequel with the voices of Mike Myers, Eddie Murphy and Cameron Diaz. Grumpy green ogre Shrek is daunted by the prospect of becoming king – and of becoming a father. (2007, U, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Harold and the Purple Crayon** Family adventure starring Zachary Levi. (2024, PG, 87min) ★★★
12.50 AM **Penguins of Madagascar** Animated family comedy. (2014, U, 88min) ★★★★
2.35 **Batteries Not Included** Sci-fi fantasy starring Hume Cronyn. (1987, PG, 105min) ★★★★
4.35 **to 6.20** AM **Scarygirl** Animated fantasy adventure. (2023, PG, 90min) ★★★

Sky Cinema Action

306 306 407 507 521

7.15 AM **The Hurricane Heist** Thriller. (2018, 12, 103min) ★
9.00 **Mission: Impossible – The Final Reckoning** (2024) ★★★
11.55 **The Fast and the Furious** Action thriller. (2001, 15) ★★★
1.55 PM **2 Fast 2 Furious** Thriller. (2003, 12, 108min) ★★★
3.45 **The Fast and the Furious: Tokyo Drift** (2006, 12) ★★
5.40 **Fast & Furious Presents Hobbs & Shaw** Adventure. (2019, 12, 137min) ★★★

10.10 Batman

8.00 **Jurassic World** Action adventure sequel starring Chris Pratt and Bryce Dallas Howard. A safari park for genetically engineered dinosaurs creates a new species – only for it to escape and terrorise the tourists. (2015, 12, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Batman** Tim Burton's adventure with Michael Keaton, Jack Nicholson and Kim Basinger. Gotham City's mysterious black-cloaked vigilante tackles a psychotic villain known as The Joker. (1989, 15, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Fight or Flight** Action thriller starring Josh Hartnett. (2025, 15, 98min) ★★★
2.05 **Sudden Death** Action thriller. (1995, 18, 110min) ★★★
4.00 **to 6.00** AM **Hounds of War** Action thriller starring Frank Grillo. (2024, 15, 95min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.50 AM **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★
8.35 **Instant Family** As 6.00pm.
10.35 **Yesterday** Fantasy comedy. (2019, 12, 116min) ★★★
12.35 PM **Sex Tape** Comedy. (2014, 15, 94min) ★★
2.15 **The First Wives Club** Comedy. (1996, PG, 102min) ★★★
4.00 **Materialists** Romance. (2025, 15, 116min) ★★★★
6.00 **Instant Family** Comedy. (2018, 12, 118min) ★★★★

8.00 The 40-Year-Old Virgin

8.00 **The 40-Year-Old Virgin** Comedy starring Steve Carell and Catherine Keener. The workers in an electrical shop set out to coach their inexperienced 40-year-old colleague in the art of seduction. With Elizabeth Banks. (2005, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Miss Congeniality** Comedy starring Sandra Bullock. A tomboyish FBI agent goes undercover at a beauty contest. (2000, 12, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Miss Congeniality 2: Armed and Fabulous** Comedy sequel. (2005, 12, 113min) ★★
2.05 AM **The Hangover Part II** Dark comedy sequel. (2011, 15, 101min) ★★
3.55 **This Is Spinal Tap** Spoof. (1983, 15, 83min) ★★★★★
5.25 **to 7.20** AM **The Death of Stalin** Political satire. (2017, 15, 106min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.15 AM **The Big Heat** As 4.50am.
7.55 **Along Came a Spider** Thriller. (2001, 15, 103min) ★★★
9.45 **Safe House** As 2.50am.
11.45 **Lethal Weapon 4** Comedy thriller. (1998, 15) ★★★
2.00 PM **Juror #2** Legal thriller. (2024, 12, 113min) ★★★★
4.00 **The Perfect Storm** Fact-based action drama. (2000, 12, 129min) ★★★★
6.15 **Black Bag** Espionage thriller. (2024, 15, 94min) ★★★★

10.00 Pulp Fiction

8.00 **Speak No Evil** Horror starring James McAvoy. A dream holiday turns into a nightmare when an American family stay at a British couple's idyllic estate. With Mackenzie Davis, Scoot McNairy and Aisling Franciosi. (2024, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Pulp Fiction** Quentin Tarantino's black crime comedy, a homage to trash crime novels and popular culture, starring John Travolta, Bruce Willis, Samuel L Jackson and Uma Thurman. (1994, 18, 154min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **The Krays** Crime drama. (1990, 18, 119min) ★★★
2.50 **Safe House** Action thriller. (2012, 15, 110min) ★★★
4.50 **to 6.25** AM **The Big Heat** Fritz Lang's classic gangster thriller starring Glenn Ford. (1953, b/w, 15, 90min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Buchanan Rides Alone** Western. (1958, U, 78min) ★★
12.40 PM **The Violent Men** Western. (1955, PG, 96min) ★★★
2.30 **Sea Wife** Romantic drama. (1957, PG, 82min) ★★
4.10 **Hell and High Water** Cold War thriller with Richard Widmark. (1954, PG, 103min) ★★★
6.15 **Midway** World War Two drama starring Ed Skrein. (2019, 12, 138min) ★★★★

9.00 Quadrophenia

Midway (film started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Quadrophenia** Cult teen drama based on the rock album by The Who, starring Phil Daniels. A working-class teenager immerses himself in the thrills and spills of Mod life. With Leslie Ash, Sting and Toyah Willcox. (1979, 15, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.25 **This Is England** Shane Meadows' coming-of-age drama set in 1983, starring Thomas Turgoose and Stephen Graham. A lonely 12-year-old gets taken in by a group of local skinheads. (2006, 18, 98min) ★★★★★
1.30 **to 3.55** AM **Alita: Battle Angel** Sci-fi action adventure. (2019, 12, 117min) ★★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Fear Seekers

302 302 402 502 516

6.30 AM **Beast of War** Thriller. (2025, 15, 87min) ★★★★
8.10 **The Accursed** Horror thriller. (2022, 15, 90min) ★★
10.00 **Until Dawn** Horror thriller. (2025, 15, 99min) ★★★
12.00 NOON **It** Horror thriller. (2017, 15, 135min) ★★★★
2.15 PM **The Conjuring: Last Rites** Supernatural mystery drama. (2025, 15, 135min) ★★★

4.40 **The Watched** Horror thriller. (2024, 15, 102min) ★★★
6.30 **The Shining** Director Stanley Kubrick's chilling adaptation of the Stephen King bestseller, starring Jack Nicholson. (1980, 15, 119min) ★★★★★
9.00 **The Exorcist** Occult chiller with Max von Sydow, Linda Blair, Jason Miller and Ellen Burstyn. (1973, 18, 121min) ★★★★★
11.05 **Se7en** Dark thriller starring Brad Pitt and Morgan Freeman. (1995, 18, 127min) ★★★★

1.15 AM **The Nun** Horror starring Taissa Farmiga and Demián Bichir. (2018, 15, 96min) ★★★
2.55 **The Damned** Horror mystery. (2024, 15, 89min) ★★★★
4.30 **to 6.25** AM **The Secret of Marrowbone** Horror thriller. (2017, 15, 100min) ★★★

Sky Cinema Greats

307 307 404 504 518

6.15 AM **Legends of the Fall** Drama. (1994, 15, 133min) ★★★★
8.30 **Melancholia** As 2.25am.
10.10 **The Fugitive** As 10.00pm.
12.25 PM **The Hunt for Red October**
2.45 **The Shawshank Redemption** Prison drama with Tim Robbins. (1994, 15, 142min) ★★★★★
5.10 **The Towering Inferno** Disaster movie starring Steve McQueen. (1974, 12, 165min) ★★★★

8.00 **Patriot Games** Action thriller starring Harrison Ford. A retired CIA agent becomes the target of a vengeful IRA man after foiling an assassination attempt on a British politician. With Sean Bean. (1992, 15, 116min) ★★★
10.00 **The Fugitive** Action thriller starring Harrison Ford and Tommy Lee Jones. A wrongly convicted man escapes on the way to jail and goes in search of the real culprit. (1993, 15, 128min) ★★★★★

12.10 AM **The Hunt for Red October** Cold War suspense thriller. (1990, PG, 135min) ★★★★
2.25 **Melancholia** Thriller starring Jeroen Krabbe and Susannah York. (1989, 15, 85min) ★★★
3.55 **to 6.40** AM **The Towering Inferno** As shown at 5.10pm.

Disney+ Cinema

305

6.00 AM **WALL•E** Animation. (2008, U, 98min) ★★★★★
7.45 **Diary of a Wimpy Kid** Animated family adventure. (2021, PG, 59min) ★★★
9.20 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
10.55 **Bambi** Feature-length cartoon. (1942, U, 69min) ★★★★★
12.10 PM **The Wild** Animated comedy adventure. (2005, U, 82min) ★★

1.35 **Flubber** Children's fantasy comedy. (1997, U, 94min) ★★★
3.10 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
4.55 **National Treasure** Adventure. (2004, PG, 131min) ★★★★
7.05 **The Sorcerer's Apprentice** Action fantasy with Nicolas Cage. (2010, PG, 109min) ★★★★
9.00 **Spy** Comedy adventure. (2015, 15, 115min) ★★★★
11.00 **Solo: A Star Wars Story** Sci-fi prequel with Alden Ehrenreich. (2018, 12, 135min) ★★★★

1.20 AM **Gifted** Drama starring Chris Evans and Lindsay Duncan. (2017, 12, 101min) ★★★★
3.05 **The Tigger Movie** Cartoon. (2000, U, 77min) ★★★
4.25 **to 6.00** AM **George of the Jungle** Adventure comedy spoof. (1997, U, 92min) ★★

Movies 24

315 313 419

7.00 AM **For The Love of Lily** Romantic drama starring Ashton Leigh. (2024, PG, 90min) ★★
9.00 **A Playful Love** Romantic comedy. (2022, PG, 84min) ★★
11.00 **Learning to Love** Comedy drama. (2023, PG, 89min) ★★
1.00 PM **Falling Together** Drama. (2024, U, 90min) ★★
3.00 **Dare to Say Yes** Romantic drama. (2023, PG, 87min) ★★

5.00 **Mystery Island: House Rules** Drama. (2024, PG, 84min) ★★
7.00 **A Costa Rican Wedding** Romantic comedy starring Rhiannon Fish and Christopher Russell. (2024, PG, 84min) ★★
9.00 **A Bet with the Matchmaker** Romantic drama starring Emily Alatalo and Brett Donahue. A relationship columnist takes a bet with a self-proclaimed matchmaker who guarantees to find her perfect match. (2023, PG, 89min) ★★

11.00 **Notes of Autumn** Romantic drama. (2023, PG, 90min) ★★
1.00 AM **A Harvest Homecoming** Drama. (2023, PG, 85min) ★★
3.00 **to 5.00** AM **Love Under the Lemon Tree** (2022, PG) ★★

Movies 24+ 329 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Black Saddle** 12/24. (S2)
6.30 **Somewhere On Leave** Comedy. (1942, b/w, U, 96min) ★
8.20 **Scotland Yard** 2/39. (S1)
9.00 **Four Star Theatre** 38/38. (S3)
9.30 **The Quiet Woman** Thriller. (1950, b/w, U, 70min) ★★★
11.00 **Pit of Darkness** (1961, U) ★★
12.35 PM **Pete Murray Takes you to Coventry** A film from 1983.
1.00 **The Adventures of Sir Lancelot**

1.30 **Highway to Battle** Spy drama. (1961, b/w, U, 71min) ★★★
2.50 **Look at Life**
3.00 **Crown Court** Triple bill.
4.30 **Beyond Christmas** Fantasy. (1940, b/w, U, 84min) ★★
6.05 **Look at Life**
6.20 **Strange But True**
6.55 **The Brothers** 8/13. (S2)
8.00 **Mark Saber** 37/39. (S4)
8.30 **The Wheeltappers and Shunters Social Club**
9.20 **Flic Story** French crime thriller. Subtitled. (1975, 15, 112min) ★★★

11.35 **Ten Little Indians** Agatha Christie mystery starring Oliver Reed. (1974, PG, 98min) ★
1.35 AM **Doomwatch** 1/13. (S2)
2.35 **Harold Shipman: Doctor Death** Drama with James Bolam.
4.30 **Tell Me Another** 1/9. (S1)
5.00 **to 6.00** AM **Burke's Law**

Thursday

Sky Sports Main Event

401 401 501 419 439

- 6.00 AM **Sky Sports News**
- 7.00 **Sky Sports Breakfast**
- 10.00 **Sky Sports FC**
- 12.00 NOON **LIVE WTA & ATP Tennis** Coverage of the men's quarter-finals on day 10 of the Madrid Open at La Caja Mágica.
- 3.00 PM **LIVE WTA & ATP Tennis** Coverage of the women's semi-finals on day 10 of the Madrid Open at La Caja Mágica.
- 6.00 **LIVE WTA & ATP Tennis** Coverage of the men's quarter-finals on day 10 of the Madrid Open at La Caja Mágica.
- 7.00 **LIVE Premier League Darts** Coverage of the 13th night of the season, held at P&J Live in Aberdeen, featuring quarter-finals, semi-finals and a final in one evening. This night last year was won by Nathan Aspinall after he beat Chris Dobey 6-1 in the final.
- 11.00 **LIVE PGA Tour Golf** Day one of the Cadillac Championship.
- 12.00 M'T **LIVE NBA Basketball** Coverage of a play-off match.
- 3.00 **to 6.00** AM **LIVE NBA Basketball** Coverage of a play-off match.

Sky Sports Premier League

402 402 502 420 440

- 6.00 AM **PL Greatest Games**
- 7.00 **Premier League Legends**
- 8.00 **Premier League Icons**
- 9.00 **Netbusters**
- 9.30 **Premier League Stories**
- 10.00 **Sky Sports FC**
- 12.00 NOON **Premier League Years** Archive action from 2019/20.
- 2.00 PM **PL Retro** A chance to see Manchester United v Liverpool from the 2008/09 season.
- 4.00 **Netbusters** Relive all the latest action from the Premier League.
- 4.30 **Premier League Stories**
- 5.00 **The Premier League Show** A daily guide to the top flight.
- 7.00 **The Big Interview**
- 7.30 **Premier League Stories** Dimitar Berbatov revisits the pressure of performing at the highest level.
- 8.00 **Premier League Review** A look back at recent fixtures.
- 9.00 **The Big Interview** Featuring an interview with a top-flight player.
- 9.30 **Premier League Stories**
- 10.00 **Premier League Review**
- 11.00 **Premier League Years**
- 1.00 AM **PL Retro**
- 3.00 **PL Greatest Games**
- 4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

- 6.00 AM **EFL Cup Retro**
- 8.00 **There's Only One Sauzee**
- 8.30 **Dundee United: Champions 83**
- 9.00 **EFL Greatest Games**
- 10.00 **Championship Season Review**
- 11.00 **Best Goals: EFL Cup 2022/23**
- 11.30 **EFL Trophy Football**
- 12.00 NOON **WSL** Arsenal v Leicester.
- 12.30 PM **SWPL** Glasgow City v Celtic.
- 1.00 **SPFL Round-Up** Recent goals.
- 1.15 **EFL Highlights**
- 2.30 **EFL League One Goals**
- 3.00 **EFL League Two Goals**
- 3.30 **Bundesliga Highlights Show**
- 4.30 **WSL** Arsenal v Leicester City.
- 5.00 **SWPL** Glasgow City v Celtic.
- 5.30 **EFL Highlights**
- 6.30 **Bundesliga Weekly**
- 7.00 **EFL League Goals**
- 8.00 **SPFL Round-Up** Recent goals.
- 8.15 **SPFL Highlights** Recent action.
- 8.30 **WSL** Arsenal v Leicester City.
- 9.00 **EFL Highlights**
- 10.00 **Bundesliga Weekly**
- 10.30 **EFL League One Goals**
- 11.00 **EFL League Two Goals**
- 11.30 **EFL Greatest Games**
- 12.00 M'T **SPFL: Celtic's Invincibles**
- 1.00 AM **SPFL** Goals from 2009/10
- 1.30 **to 6.00** AM **SPFL Greatest Games**

Sky Sports Cricket

405 405 505 422 442

- 6.00 AM **IPL** Recent highlights.
- 11.15 **Best of ICC WT20**
- 12.00 NOON **IPL** Recent highlights.
- 2.50 PM **LIVE IPL** **Gujarat Titans v Royal Challengers Bengaluru.** The T20 match from Narendra Modi Stadium. These two sides met just the once last season as the Titans won their game in Bengaluru early on in the season. The visitors made 169-8 in their 20 overs with Liam Livingstone top-scoring with 54 from 40 balls. In reply Gujarat chased down their target with 13 balls to spare, losing only two wickets in the process as Jos Buttler led the way with 73 not out from just 39 balls.
- 7.00 **Best of ICC WT20**
- 8.00 **IPL** Punjab Kings v Rajasthan Royals from New Chandigarh. **9.00** Gujarat Titans v Royal Challengers Bengaluru. **10.00** Indians v Sunrisers. **11.00** Gujarat Titans v Royal Challengers Bengaluru.
- 12.00 M'T **Best of ICC WT20**
- 12.30 AM **IPL** Replay of Gujarat Titans v Royal Challengers Bengaluru.
- 4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

- 6.00 AM **PGA Tour: The Cut**
- 6.30 **Legends Tour Golf**
- 7.30 **PGA Tour Champions**
- 8.30 **PGA Tour Golf** Highlights.
- 9.30 **PGA Tour Champions Learning Centre** Golf hints and tips.
- 10.00 **PGA Tour: The Cut**
- 10.30 **Scotland's Greatest Golf Holes**
- 11.00 **LIVE DP World Tour Golf** Day one of the Turkish Airlines Open from the National Golf Club in Antalya. Martin Couvra, Robin Williams and Tiger Christensen shared the lead at the end of the opening round last year.
- 4.00 PM **LIVE PGA Tour Golf** Day one of the Cadillac Championship at Trump National Doral in Miami.
- 12.00 M'T **PGA Champs Film 2014**
- 1.00 AM **PGA Tour Champions**
- 2.00 **How the 2010 Ryder Cup Was Won** From Newport, Wales.
- 4.00 **Golf Academy**
- 5.00 **to 6.00** AM **Nick Dougherty's Tee Time Tips**

Sky Sports Tennis

408 408 508 425 445

- 6.00 AM **WTA & ATP Tennis**
- 12.00 NOON **LIVE WTA & ATP Tennis** The men's quarter-finals on day 10 of the Madrid Open.
- 3.00 PM **LIVE WTA & ATP Tennis** Coverage of the women's semi-finals of the Madrid Open.
- 6.00 **LIVE WTA & ATP Tennis** Coverage of the men's quarter-finals of the Madrid Open.
- 9.00 **LIVE WTA & ATP Tennis** Coverage of the women's semi-finals of the Madrid Open.
- 11.00 **ATP Tour This Week**
- 11.30 **WTA Tennis** Highlights.
- 12.00 M'T **ATP/WTA Tour Classic Matches** Djokovic v Alcaraz.
- 1.00 AM **US Open Tennis Classic Matches** Clijsters v Wozniacki.
- 2.00 **ATP Tennis** Tour highlights.
- 3.00 **US Open Tennis Classic Matches**
- 4.00 **ATP/WTA Tour Classic Matches**
- 5.00 **ATP Tour This Week**
- 5.30 **to 6.00** AM **WTA Tennis**

TNT Sports 1

410 413 521 408 430

- 6.00 AM **Highlights**
- 7.30 **UEFA Champions League**
- 8.30 **UEFA Europa League & Conference League Magazine**
- 9.30 **The Breakdown**
- 9.45 **Premier League Stories**
- 10.15 **LIVE AFL** **Collingwood v Hawthorn.** Coverage from Melbourne Cricket Ground. Bounce-up **10.30am**.
- 1.30 PM **LIVE Snooker World Championship** Coverage from a semi-final encounter on day 13.
- 4.00 **TNT Sports Reload**
- 4.15 **Premier League Reload**
- 4.30 **UEFA Champions League Highlights Show** Recent action.
- 5.00 **UEFA Champions League**
- 6.00 **UEFA Europa League & Conference League Magazine**
- 7.00 **LIVE UEFA Europa League** A semi-final first-leg match.
- 10.30 **Premier League Reload**
- 10.45 **Premier League: Big Interview**
- 11.15 **TNT Sports Reload**
- 11.30 **MLB Highlights** Recent action.
- 12.30 AM **LIVE MLB** **Minnesota Twins v Toronto Blue Jays.** Start-time **12.40am**.
- 3.30 **to 6.00** AM **Highlights**

TNT Sports 2

411 414 522 409 431

- 6.00 AM **Snooker World Championship** Highlights.
- 8.00 **Isuzu UTE A-League Highlights** Recent action.
- 8.30 **A-League Women Highlights**
- 9.00 **MotoGP Highlights**
- 10.00 **Premier League Reload**
- 10.15 **The Gruppetto**
- 10.30 **Men's Cycling**
- 11.30 **Men's Cycling Pro Series**
- 12.30 PM **LIVE Men's Cycling Pro Series** Coverage of the fifth stage of the Tour of Turkiye.
- 2.30 **LIVE Cycling** Coverage of the second stage of the men's Tour of Romandie in Switzerland.
- 4.45 **The Gruppetto**
- 5.00 **The Cycling Show**
- 5.30 **Race Bikes** Mountain Bike racing.
- 6.00 **SailGP – Racing on the Edge**
- 6.30 **Premier League: Big Interview**
- 7.00 **LIVE UEFA Conference League** A semi-final first-leg match.
- 10.30 **Serie A – Full Impact**
- 11.00 **Football Is for Everyone**
- 12.45 AM **Playing for Our Future**
- 1.00 **UEFA Europa League**
- 3.00 **UEFA Conference League**
- 5.00 **to 6.00** AM **UEFA Champions League – Classics**

Sky Sports Action

412 410 510 426 446

- 6.00 AM **Super League**
- 9.00 **Super Bowl LX Highlights**
- 10.00 **Super Bowl LX Bitesize Highlights** From 2026.
- 10.15 **Women's State of Origin**
- 10.30 **LIVE Women's State of Origin** **New South Wales v Queensland.** Coverage of game one of the three-match series, held at McDonald Jones Stadium in Newcastle. Kick-off **10.45am**.
- 1.00 PM **Good Morning Football**
- 3.00 **NFL Highlights**
- 4.00 **Super League Highlights**
- 4.45 **Women's Super League**
- 5.00 **NBC's Pro-Football Talk**
- 7.00 **LIVE Premier League Darts** Coverage of the 13th night of the season, held at P&J Live in Aberdeen, featuring quarter-finals, semi-finals and a final in one night.
- 11.00 **Super Bowl LX Bitesize Highlights** Seattle Seahawks v New England Patriots.
- 11.15 **NFL Bitesize Highlights**
- 11.30 **LIVE NBA Basketball** Coverage of a play-off match.
- 3.00 **to 6.00** AM **LIVE NBA Basketball** Coverage of a play-off match.

Sky Sports Sky Sports+

404 404 504 427 447

- 6.00 AM **Sky Sports News**
- 7.00 **Sky Sports Breakfast**
- 10.00 **Sky Sports FC**
- 10.30 **LIVE Women's State of Origin** **New South Wales v Queensland.** Coverage of game one of the three-match series, held at McDonald Jones Stadium in Newcastle. Kick-off **10.45am**.
- 1.00 PM **Lunchtime Live**
- 2.00 **Sports Desk**
- 3.00 **LIVE LPGA Tour Golf** Coverage of the first day of the Mexico Riviera Maya Open At Mayakoba, which takes place at El Camaleon Golf Club in Mexico.
- 6.00 **The Premier League Show** A daily guide to the top flight.
- 7.00 **Sports Centre** A round-up of the latest sports news.
- 7.30 **LIVE Super League** **Hull Kingston Rovers v Castleford Tigers.** Coverage of the top-flight match from Craven Park Stadium. Kick-off **8.00pm**.
- 10.15 **EFL Greatest Games** Cardiff City v Swansea City highlights..
- 10.30 **Back Pages Tonight**
- 11.00 **Sky Sports News**
- 12.00 M'T **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

- 6.00 AM **EFL Greatest Games**
- 7.00 **Premier League Darts**
- 11.00 **Legends Tour Golf**
- 12.00 NOON **IPL** Recent highlights.
- 2.00 PM **PL Greatest Games**
- 3.00 **ICC Men's T20 World Cup**
- 4.00 **Formula 1** F1 highlights.
- 7.00 **Ladies European Tour Golf**
- 8.00 **PGA Tour Golf** Recent action.
- 9.00 **Legends Tour Golf**
- 10.00 **IPL** Recent T20 highlights.
- 12.00 M'T **The Insiders**
- 1.00 AM **WTA Tennis** Mérida Open.
- 2.00 **Super League**
- 4.45 **EFL Greatest Games**
- 5.00 **to 6.00** AM **ICC Men's T20 World Cup**

TNT Sports 3

413 415 523 410 432

- 6.00 AM **T100 Triathlon World Tour Highlights** Recent action.
- 6.30 **Men's Cycling**
- 8.30 **Discovery Golf**
- 9.00 **Fishing: On the Bank**
- 10.00 **T100 Triathlon World Tour Highlights** Recent action.
- 10.30 **TNT Sports Reload**
- 10.45 **Snooker World Championship**
- 12.45 PM **LIVE Snooker World Championship** Coverage from a semi-final match on day 13.
- 4.00 **Ultimate Pool**
- 5.30 **Isuzu UTE A-League Highlights**
- 6.00 **Discovery Golf**
- 6.30 **LIVE Snooker World Championship** Coverage of a semi-final match on day 13.
- 10.00 **Men's Cycling**
- 12.00 M'T **MotoGP Highlights**
- 1.00 AM **Snooker World Championship** Recent action.
- 3.00 **Men's Cycling**
- 5.00 **to 6.00** AM **Formula E Unplugged**

TNT Sports 4

414 416 524 411 434

- 6.00 AM **AFL** Recent action.
- 7.30 **The Gallagher PREM**
- 12.30 PM **MLB Plays of the Week**
- 1.00 **MLB Highlights**
- 2.00 **TNT Sports Cricket Reload**
- 2.30 **Premier League Netbusters**
- 3.00 **Fishing: On the Bank**
- 4.00 **MotoGP Highlights**
- 5.00 **The Emirates FA Cup** Action from Manchester City v Southampton in the first semi-final. **6.00** Action from Chelsea v Leeds United in the second semi-final.
- 7.00 **Serie A – Full Impact**
- 7.30 **LIVE UEFA Europa League** A semi-final first-leg match.
- 10.00 **AFL** Collingwood v Hawthorn.
- 11.30 **Ultimate Pool**
- 1.00 AM **T100 Triathlon World Tour Highlights** Recent action.
- 1.30 **What I Wore**
- 2.00 **WRC Review**
- 3.00 **Fishing: On the Bank**
- 4.00 **TNT Sports Reload**
- 4.30 **to 6.00** AM **AFL**

Premier Sports 1

419 551

- 6.00 AM **Top 14 Rugby Union**
- 8.00 **Scottish Football Social Club**
- 9.00 **LaLiga Match Highlights**
- 9.30 **NHL Ice Hockey**
- 11.30 **NHL: This is Hockey**
- 12.00 NOON **Eredivisie Highlights**
- 1.00 PM **NASCAR Highlights**
- 2.00 **NHL Tonight** A look ahead to tonight's play-off games.
- 3.00 **MotorSport** Recent action.
- 4.00 **Top 14 Rugby Union** Bordeaux Begles v Montpellier.
- 6.00 **LaLiga** A chance to see Rayo Vallecano v Real Sociedad.
- 8.00 **NASCAR Highlights** Action from the 2026 Jack Link's 500.
- 9.00 **United Rugby Championship** A chance to see Munster v Ulster.
- 11.00 **World of FreeSports** The world of action and outdoor sports.
- 11.30 **Sporting Greats**
- 12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
- 3.00 AM **Sporting Countdowns**
- 4.00 **to 6.00** AM **NHL Tonight**

Premier Sports 2

420 552

- 6.00 AM **Football's Greatest**
- 7.00 **Eredivisie** Another chance to see PSV Eindhoven v PEC Zwolle.
- 9.00 **Football's Greatest**
- 9.30 **GP Insights** The latest news.
- 10.00 **NHL Ice Hockey** Recent action.
- 12.00 NOON **NHL: This is Hockey**
- 12.30 PM **Coppa Italia** Atalanta v Lazio.
- 2.30 **Football's Greatest** The finest players discuss their careers.
- 3.00 **LaLiga** Getafe v Barcelona.
- 5.00 **LaLiga** Valencia v Girona.
- 7.00 **Temples of Sport** Iconic sporting venues from around the globe.
- 7.30 **German Cup** A chance to see Bayer Leverkusen v Bayern Munich.
- 9.30 **Football's Greatest**
- 10.00 **Coppa Italia** Another chance to see Inter Milan v FC Como.
- 12.00 M'T **Temples of Sport**
- 1.00 AM **NHL Tonight**
- 2.00 **Temples of Sport**
- 3.00 **to 6.00** AM **LIVE NHL Ice Hockey** Coverage of a play-off match.

Sky Sports F1

407 407 507 424 444

- 6.00 AM **Formula 1** F1 highlights.
- 3.15 PM **Ted's Notebook**
- 3.45 **F1 Feature**
- 4.00 **Formula 1** F1 highlights.
- 7.00 **F1 Drivers Press Conference**
- 7.45 **Formula 1** The Miami Grand Prix.
- 8.45 **F1 Academy: Weekend Wrapped**
- 9.15 **F1 Drivers Press Conference**
- 10.00 **Formula 1** F1 highlights.
- 11.30 **F1 Drivers Press Conference**
- 12.15 AM **Formula 1** F1 highlights.
- 12.45 **F1 Feature**
- 1.00 **The Best of Australia & China**
- 2.00 **F1 Explained**
- 3.00 **The Best of Australia & China**
- 4.00 **F1 Explained**
- 5.00 **to 6.00** AM **The Best of F1 2026**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

1 May

Evening Planner

Drama

Wuthering Heights
Sky Premiere, 8.25am & 8pm
Jacob Elordi and Margot Robbie star as the ill-fated lovers, Heathcliff and Cathy, in this adaption of Emily Brontë's novel.

Travelogue

Bradley & Barney Walsh: Breaking Dad
ITV1, 7.30pm (not STV)
The father-and-son duo embark on an Australian adventure, starting in Sydney.

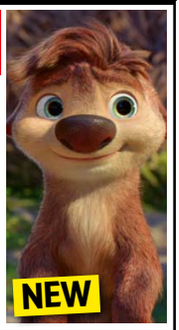
Crime Drama

Beyond Paradise
BBC1, 8pm
As the current series comes to an end, Humphrey Goodman (Kris Marshall) has a pirate-related mystery to solve.

OnDemand

NETFLIX

Swapped
Available today
Animated comedy about two creatures who magically switch bodies. Featuring the voice of Michael B. Jordan.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 Extraordinary... †	8.00 Beyond Paradise		9.00 Have I Got...	9.30 The Young...	10.00 News; Local News	10.40 Young...
	102 BBC2	7.00 Snooker: World Championship – Live: The third and penultimate session of the first semi-final						10.00 Live at the...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Bradley &... †	8.00 Emmerdale	8.30 Coronation...	9.00 The Neighbourhood		10.00 News; Local News	
	104 CHANNEL 4	7.00 News	7.30 Unreported...	8.00 Perfect Pub Walks with Alexander...		9.00 Gogglebox		10.00 First Dates	
	105 5	7.00 Motorway Cops: Catching Britain's...		8.00 Traffic Cops		9.00 Inside Chernobyl with Ben Fogle: 40 Years from Disaster			10.30 Piers Morgan...
	106 SKY ONE	7.00 The Simpsons		8.00 An Idiot Abroad 2		9.00 John Bishop 25 Tour: Live from Dublin			
ENTERTAINMENT	115 BBC3	7.05 Deadly 60	7.30 Film: Despicable Me 2			9.05 Death in Paradise		10.05 Death Valley	
	116 BBC4	7.00 TOTP: 1999		8.00 TOTP: 1988	8.30 TOTP: 1991	9.00 Gardeners' World		10.00 Dusty at the BBC: Volume Two	
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club		9.00 Film: Pitch Perfect 2			
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Panda		10.05 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 First Dates		9.00 Film: Bohemian Rhapsody			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Chicago Fire		10.00 Fire Country	
	108 SKY ATLANTIC	‹ 6.40 True Detective: Night Country				9.00 Hacks			10.20 Heated Rivalry
	110 U&GOLD		7.20 Dad's Army	8.00 Still Open All Hours	8.40 Open All Hours		9.20 Not Going Out		10.40 Mrs...
	111 U&DAVE	7.00 Would I Lie to You?			8.20 Richard Osman's...	9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Doc Martin				10.00 DCI Banks	
	120 ITV4	7.00 American Pickers		8.00 Ice Road Truckers				10.00 Wrestling: AEW Dynamite	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Jack Whitehall Live		10.00 Dara O Briain Talks Funny: Live in...	
	145 SKY SCI-FI	7.00 Fact or Faked: Paranormal Files		8.00 Stargate SG-1		9.00 From			
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Father Brown		9.00 Happy Valley			10.20 New Tricks
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise				10.00 Allegiance	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Guy Garvey: From the Vaults		9.00 Billy Joel: Live in Rome			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 999 Rescue Squad		9.00 Pete Wicks: For Dogs' Sake			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Gold Rush		9.00 Expedition X		10.00 Conspiracies & Coverups	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 100 Days Wild		9.00 Alaska: The Last Frontier		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Jaws @ 50: The Definitive Inside Story			9.45 Construction Fails		
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Lost Grail with Alice Roberts					
	155 U&YESTERDAY	7.00 Frozen Planet II		8.00 Porridge				10.00 Planet Earth III	
	114 SKY DOCS	‹ 6.00 Val		8.00 Gary				10.00 I'm Chevy Chase and You're Not	
FILMS - Sky Cinema	301 PREMIERE	‹ 5.55 Regretting You		8.00 Wuthering Heights					10.25 Eddington
	302 FEAR SEEKERS	‹ 6.05 Annabelle: Creation		8.00 The Conjuring: Last Rites					10.30 The Nun
	303 FAST	‹ 5.40 Fast & Furious 7		8.00 Fast & Furious 8					10.20 The Fast and the...
	304 FAMILY	‹ 6.00 The Secret Life of...	7.40 The Emoji Movie			9.10 The Last Airbender			
	306 ACTION	‹ 6.00 The Beekeeper		8.00 Twisters				10.05 Wonder Woman	
	307 GREATS	‹ 6.10 Ferris Bueller's Day Off		8.00 The Wedding Singer			9.40 Dumb and Dumber		
	308 COMEDY	‹ 6.20 Anchorman: The Legend of Ron...		8.00 Anchorman 2: The Legend Continues				10.00 Big Daddy	
	309 THRILLER	‹ 5.55 Ocean's Eight		8.00 Captain Phillips					10.25 Snatch
	310 DRAMA	‹ 5.50 The Blind Side		8.00 Moneyball					10.15 Footloose
	311 SCI-FI	‹ 5.50 Back to the Future Part III		8.00 I Know What You Did Last Summer				10.00 Blade 2	
	305 DISNEY+ CINEMA	7.00 The Princess Diaries				9.00 The Fault in Our Stars			
	313 FILM4	‹ 6.15 Spartacus						10.00 Trainspotting	
SPORT	401 MAIN EVENT	7.00 Sports Centre	7.30 FNF – Live: Leeds United v Burnley (Kick-off 8.00)					10.00 Formula 1 – Live	
	402 PREMIER LEAGUE	7.00 PL Preview	7.30 FNF – Live: Leeds United v Burnley (Kick-off 8.00)						
	403 FOOTBALL	7.00 SWPL	7.30 EFL Highlights		8.30 EFL Goals		9.45 SPFL Highlights		10.30 EFL Greatest...
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	7.00 MLB – Live: Chicago Cubs v Arizona Diamondbacks (Start-time 7.20)						10.00 UEFA Magazine	10.30 Reload
	411 TNT SPORTS 2	7.00 Inside Serie A	7.30 UEFA Highlights	8.00 PL Stories	8.30 PL Big Interview	9.00 Discovery Golf	9.30 Ultimate Pool		

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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Friday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** (S)
10.45 **Rip Off Britain** New edition The team ask whether airport departure boards can be trusted. (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Father Brown** *The Wheels of Wrath:* 9/10. A group of bikers cause outrage and excitement in equal measure. (S10) (S)(R)(AD)
2.45 **Escape to the Country** (S)(R)
3.45 **Make It at Market** (S)(R)(AD)
4.30 **Celebrity Bridge of Lies** (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Election Broadcast** (S)

9.00 Have I Got News for You

7 PM

7.00 **The One Show** Clara Amfo and Alex Jones present the topical show. (S)
7.30 **Extraordinary Portraits with Bill Bailey** Series finale 6/6. Featuring two sisters who share an extraordinary bond. (S)(AD)

8 PM

8.00 **Beyond Paradise** Series finale 6/6. A priceless artefact is stolen from the annual pirate festival – only to suddenly reappear on the police station steps. *See feature, page 12.* (S4) (S)(AD)

9 PM

9.00 **Have I Got News for You** New edition 5/10. Richard Ayoade hosts, with Ava Santina Evans and Stephen Mangan. (S)
9.30 **The Young Offenders** New episode 5/6. The lads go on a road trip. (S5) (S)(AD)
■ Concludes at 10.40pm

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **The Young Offenders** Series finale 6/6. Billy Murphy turns up with a daring heist idea for the lads. (S5) (S)(AD)
■ Entire series on BBC iPlayer

11.10 NEW SERIES **St Denis Medical** 1/18. Return of the comedy. Joyce decorates the maternity unit. (S)
11.30 New episode 2/18. Bruce is attacked in the car park. (S2) (S)
11.55 FILM **Quiz Lady** Comedy starring Sandra Oh and Awkwafina. Two sisters embark on a cross-country odyssey to transform a shrinking violet into a game show contender. (S) (2023, 15, 95min) ★★★★
1.30 AM **Weather for the Week Ahead**
1.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Bargain Hunt** (S)(R)
7.00 **Shift the Thrift** (S)(R)(AD)
7.30 **Great Japanese Railway Journeys** Hokkaido. (S)(R)(AD)
8.00 **Sign Zone: Just One Thing** (S)(R)
8.30 **Sign Zone: Ronan Keating's Wild Atlantic** Sligo. (S)(R)(AD)
9.00 **BBC News** (S)
10.00 LIVE **Snooker: World Championship** The second session of the first semi-final. (S)
12.50 PM **Lifeline** (S)(R)(AD)
1.00 **The Himalayas: Natural World** (R)
1.45 **Lightning** Quiz show. (S)(R)
2.15 LIVE **Snooker: World Championship** Session two of the second semi-final. (S)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Japanese Railway Journeys** Series finale Hokkaido. (S)(AD)

10.00 Live at the Apollo

7.00 LIVE **Snooker: World Championship** Seema Jaswal presents coverage of the evening session on day 14 at the Crucible Theatre in Sheffield, featuring the third and penultimate session of the first semi-final. Eventual champion Zhao Xintong wrapped up a stunning 17-7 victory over Ronnie O'Sullivan at this stage last year to become only the second man, after John Parrott in 1994, to defeat 'The Rocket' with a session to spare. With commentary and analysis from Steve Davis, Ken Doherty, Steven Hallworth, Stephen Hendry, John Parrott, Joe Perry, Dennis Taylor and Lee Walker. (S)

10.00 **Live at the Apollo** Jamali Maddix introduces stand-up sets by Fern Brady and Sindhu Vee at London's Hammersmith Apollo. (S)(R)
10.30 **Newsnight** (S)

11.00 FILM **Get Carter** Gangster thriller starring Michael Caine and Britt Ekland. A tough London gangster takes on Newcastle's underworld to avenge his brother's death. (S)(AD) (1971, 18, 110min) ★★★★★
12.50 AM **Sign Zone: Panorama** (S)(R)
1.20 **Sign Zone: MasterChef** (S)(R)(AD)
2.20 **Sign Zone: Interior Design Masters with Alan Carr** (S)(R)(AD)
3.20 **Sign Zone: Mastermind: To Think Like a Killer** (S)(R)(AD)
4.05 **to 6.00** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 LIVE **Racing** Coverage of the opening day of the Guineas meeting from Newmarket, where the Jockey Club Stakes is the feature race. Plus, racing from Ascot and Goodwood. (S)
4.30 **Tipping Point: Best Ever Finals** Compilation of some of the show's most dramatic endgames. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.25 **Party Election Broadcast** By the Liberal Democrats. (S)
6.30 **ITV News** (S)

8.30 Coronation Street

7.30 NEW SERIES **Bradley & Barney Walsh: Breaking Dad** 1/6. The father-and-son duo begin their latest challenge in Sydney, Australia, taking in the sights of the Sydney Harbour Bridge and Opera House. *See feature, page 20.* (S)(AD)

8.00 **Emmerdale** Paddy contemplates his future, while Todd continues to be manipulative. (S)(AD)
8.30 **Coronation Street** Todd plays a dangerous game of cat-and-mouse in a bid to outsmart Theo. (S)(AD)

9.00 **The Neighbourhood** New edition 5/12. Graham Norton makes a surprise visit to the triumphant alliance, where he delivers a game-changing decision. Plus, a friendly village BBQ explodes into a shouting match. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 FILM **The World's End** Sci-fi action comedy starring Simon Pegg and Nick Frost. An epic pub crawl takes a bizarre turn for five old school friends. With Paddy Considine, Martin Freeman, Eddie Marsan and Rosamund Pike. (S)(AD) (2013, 15, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.45 AM **Teleshopping**
3.00 **Alan Titchmarsh's Gardening Club** Martha Swales offers grow-your-own tips. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jason Atherton's Dubai Dishes** Recipes for breakfast and brunch. (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 10-12/26. (S4) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 5-8/24. (S1) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From New York. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Matt Baker's Travels in the Country: USA** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** In France, Mark and Alison cook up an idea. (S)(R)
5.00 **Chateau DIY** New edition Jon and Carmen start work on their deluxe vineyard pergola. (S)(AD)
6.00 **Sun, Sea and Selling Houses** New edition The Garners help Essex couple Helen and Peter find a spacious property in Almería. (S)

11.05 TFI Friday Unplugged

7.00 **News** (S)
7.30 **Unreported World** *America's Drug War – Puerto Rico:* Guillermo Galdos investigates the drugs trade in Puerto Rico, joining the DEA on operations in San Juan. (S)(AD)

8.00 NEW TO C4 **Perfect Pub Walks with Alexander Armstrong** 1/4. Alexander explores some of Britain's best pub walks. In the first edition, he is joined in Yorkshire by James May. *Previously on More4.* (S)(AD)

9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10.00 **First Dates** New edition Confident soldier Paul is paired with former girl band member Natalie, forensic psychologist Kerry meets police officer Dan, and 80-something Dave hopes to woo elegant widow Clare. (S)(AD)

11.05 **TFI Friday Unplugged** New edition 3/6. Featuring chat and music. (S)
12.10 AM **Taskmaster** (S)(SL)(R)(AD)
1.05 **F1: Miami Grand Prix Sprint Qualifying Highlights** (S)
1.35 **Ramsay's Kitchen Nightmares USA** From New York. (S)(SL)(R)
2.25 **Travel Man: 48 Hours in Salzburg** (S)(SL)(R)(AD)
2.50 **Couples Come Dine with Me** (R)
3.45 **Kirstie's House of Craft** (S)(R)
4.00 **to 6.00** AM **Four in a Bed** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Love Me Dead:* 9/24. An assistant district attorney is thrown to his death. (S)(R)
3.55 **Castle** *One Man's Treasure:* 10/24. A murder is linked to corporate espionage. (S2) (S)(R)
4.40 **Cruising with Jane McDonald** A Caribbean cruise. (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition Focusing on a community market garden in Leicester. (S)
6.05 **Susan Calman's Grand Day Out** The Cotswolds. (S)(R)
6.55 **News** (S)

8.00 Traffic Cops

7.00 **Motorway Cops: Catching Britain's Speeders** Officers join the hunt for a wanted criminal following reports that the man has rammed a police car. (S)(R)
7.55 **News** (S)

8.00 **Traffic Cops** New edition Police pursue three motorbikes speeding through Derby, acting on intel that they could be stolen. As two of the bikes make their getaway, officers double down on the third. (S)

9.00 **Inside Chernobyl with Ben Fogle: 40 Years from Disaster** The presenter spends a week living alone inside the Chernobyl exclusion zone, several years after the world's most devastating nuclear accident. (S)(R)

10.30 **Piers Morgan: Uncensored** Opinion-led news and debate show, blending journalism, discussion and cultural commentary. (S)

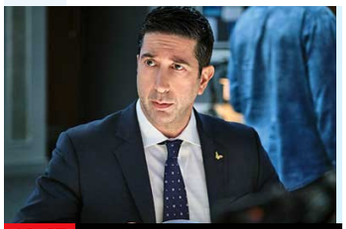
12.20 AM **Car Pound Cops** An insight into Operation Jaguar, a countrywide operation to target traffic offences using ANPR cameras. (S)(R)
12.50 **Entertainment News** (S)
1.00 **Teleshopping**
2.00 **Cash in the Attic** (S)(R)(AD)
3.45 **Friends** (S5) (S)(R)(AD)
4.35 **Amazing Railway Adventures with Nick Knowles** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings with Jones and Melbourne**
8.00 **Stargate SG-1** (S3) (S)(R)
9.00 **Magnum P.I.** (S5) (S)(R)(AD)
10.00 **Will & Grace** (S4) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Big Cats: An Amazing Animal Family** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **Magnum P.I.** (S5) (S)(R)(AD)
3.00 **S.W.A.T.** 2/21. (S3) (S)(R)(AD)
4.00 **Police 24/7** (S2) (S)(R)
5.00 **The Simpsons** (S)(R)
6.00 **The Office (US)** 16/26. Michael and Holly's public displays of affection begin to irritate their co-workers. (S)(R) **6.30** 17/26. The staff are excited to see *Threat Level Midnight* – the film Michael has been making. (S7) (S)(R)



10.45 Intelligence

7.00 **The Simpsons** *Moho House:* Moe helps Homer and Marge work on their marriage. (S)(R) **7.30** *Dogtown:* The dogs of Springfield try to assert their dominance over the human residents. (S)(R)

8.00 **An Idiot Abroad 2** 1/8. Karl Pilkington visits destinations on his 'bucket list', beginning with a trip to a private island in Vanuatu in the South Pacific, where he encounters a Prince Philip-worshipping tribe. (S)(R)

9.00 **John Bishop 25 Tour: Live from Dublin** A stand-up performance recorded at the 3Arena in the Irish capital in which the comedian marks 25 years since he first stepped onto the stage with a show celebrating his career. (S)(R)

10.45 **Intelligence** 3/6. It is harassment and discrimination training day at CySec and it seems Jerry may finally have met his match. Guest stars Morgana Robinson. (S2) (S)(R)(AD)

11.10 **Grimm** 5/22. Nick and Hank battle a powerful Wesen who has become a vigilante carrying out deadly punishments for human criminals. (S3) (S)(R)
12.00 M'T **F1: Miami Grand Prix Sprint Qualifying Highlights** Action from the sprint qualifying in the fourth round of the season.
1.00 AM **The Force: North East** (R)
2.00 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** 23/23. (S2) (S)(R)
4.00 **S.W.A.T.** 2/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.30-8.00pm Landward (S)(R) **11.55** A View from the Terrace (S)(R) **12.40am** FILM Quiz Lady (S) (2023, 15, 95min) ★★★★ **2.15** Weather for the Week Ahead (S) **2.20-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Bikes! Cookstown 100 (S) **11.20** The Young Offenders Series finale (S) **11.50** NEW SERIES St Denis Medical (S)(AD) **12.10am** St Denis Medical New episode (S)(AD) **12.35-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
7.30-8.00pm Flaming Feasts Series finale (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

As main ITV1 except:

WALES
7.00-7.30pm Coast & Country New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cysgu O Gwmpas (AD) **12.30** Heno **1.00** Bethesda: Pobol y Chwarel (AD) **1.30** Cegin Bryn: Y Dosbarth Meistr **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Noson Lawen **4.00** Awr Fawr **5.00** Stwnsh **6.00** Y Sioe Fwyd **6.25** Darllediad Etholiadol **6.30** Garddio a Mwy **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Prosiect Pum Mil **8.55** Newyddion a'r Tywydd **9.00** Y Llais **10.30-11.35pm** Gwesty Aduniad

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** Steve Backshall learns all about hippo communication in Zambia.
7.30 FILM **Despicable Me 2** Animated comedy sequel featuring the voices of Steve Carell, Kristen Wiig and Russell Brand. The reformed super-villain falls in love with a secret agent. (2013, U, 97min) ★★★
9.05 **Death in Paradise** *As the Sun Sets:* 5/8. Marlon is attacked while going to help an old friend. (S13)
10.05 **Death Valley** 3/6. Janie is tasked with solving the murder of the best man the night before a wedding. With Kiell Smith-Bynoe. **10.50** 4/6. Janie looks into the murder of an am-dram theatre director. (S1)
11.35 **Smoggie Queens** 3&4/6. Double bill of episodes. (S1)
12.35 AM **The Beauty Queen and the Catfish**
2.50 **Stacey Dooley: Growing Up Gypsy**
3.35 **to 3.50** AM **Yaxlont**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1999** Featuring Vengaboys, Sting, Everything but the Girl and Eiffel 65. **7.30** Performances by Shania Twain, Kelle Bryan, David Bowie and S Club 7.
8.00 **TOTP: 1988** Music by James Brown, Bananarama and Scott Fitzgerald.
8.30 **TOTP: 1991** Featuring EMF, Electronic, De La Soul, Blur and Gloria Estefan.
9.00 **Gardeners' World** Horticultural ideas.
10.00 **Dusty at the BBC: Volume Two** 2/2. A selection of archive appearances on the BBC by Dusty Springfield.
11.05 **Dusty at the BBC: Volume One** 1/2. A tribute to Dusty Springfield, featuring archive footage of some of her performances.
12.05 AM **Sad Songs at the BBC** A selection of tear-jerkers from the BBC archives.
1.05 **Dusty at the BBC: Volume Two** As 10.00pm.
2.15 **TOTP: 1999** Double bill.
3.15 **to 3.55** AM **TOTP: 1988**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The first visit of the week is to Trecarne House in Liskeard, Cornwall. **4.50** A visit to the Magna Carta in Windsor, Berkshire. **5.20** From Ash Cottage, near Leeds Castle in Kent. **5.50** The fourth and final visit of the week is to A Room with a View in Brighton. **6.20** The winning guest house is announced.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer catch up with two couples.
7.55 **Kirstie and Phil's Love It or List It** Phil Spencer catches up with a Lancashire couple he and Kirstie Allsopp helped five years ago.
9.00 NEW SERIES **Panda** *The Song of the Sirens:* 1/6. Return of the French crime comedy starring Julien Doré. A professional mermaid is found drifting under the water at an aquarium. Subtitled. (S2)
10.05 **24 Hours in A&E** A cyclist is brought to A&E after crashing into a car.
11.10 **24 Hours in A&E**
12.15 AM **Emergency Helicopter Medics**
1.20 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **The Simpsons**
11.30 **First Dates**
12.30 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.30 **The Simpsons**
5.00 **First Dates** Dating show.
6.00 **The Simpsons** Double bill.
7.00 **The Simpsons** *Marge the Meanie:* A surprise from Marge's past has her bonding with Bart. **7.30** *Kamp Krusty:* Bart and Lisa visit Kamp Krusty.
8.00 **First Dates** A cheesemaker is paired up with a marketer with an endless line of jokes.
9.00 FILM **Bohemian Rhapsody** Biopic starring Rami Malek. While Queen become one of the biggest rock bands in the world, Freddie Mercury struggles with his personal life. (2018, 12, 134min) ★★★★
11.40 **Naked Attraction**
12.40 AM **Naked Attraction's Best Naughty Bits**
1.50 **Gogglebox**
2.50 **First Dates**
3.40 **Modern Family**
4.05 **The Goldbergs**
4.55 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

Friday primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: Law & Disorder**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** Double bill. (S2&3)
1.00 PM **The Rookie** 1/18. John continues the hunt for two dangerous escaped inmates. **2.00** 2/18. Celina's instincts are put to the test. (S7)
3.00 **Law & Order: Criminal Intent** 20/23. Five people are found dead in a car. (S4)
4.00 **Nothing to Declare**

9.00 Chicago Fire

7 PM
7.00 **Police 24/7** Police find a woman passed out drunk in her car, and an officer finds himself with a serious dilemma.

8 PM
8.00 NEW SERIES **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Chicago Fire** *All The Dark:* 8/13. A hazmat call at a dialysis centre leads to a shocking discovery. (S12)

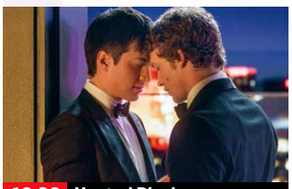
10 PM
10.00 **Fire Country** *My Kinda Leader:* 16/22. The station helps when a wildfire breaks out in a neighbouring county. (S1)
11.00 **The Rookie** 16/20. Nolan gets a lesson in respect after arresting a gang member. (S1)
12.00 M'T **FBI** 12&13/19. (S2)
2.00 AM **FBI: International** (S1)
3.00 **Blue Bloods** 14/20. (S12)
4.00 **Highway Cops**
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town**
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** (S3&1)
12.10 PM **Billions** 1&2/12. (S4)
2.20 **My Brilliant Friend** 2/8. (S3)
3.25 **The Young Pope** 5/9. (S1)
4.30 **Billions** 1/12. The feud between Bobby Axelrod and Chuck Rhoades appears to be over. **5.35** 2/12. Chuck struggles to regain power. (S4)
6.40 **True Detective: Night Country** 3/6. Navarro and Danvers get a tip about a former Tsalal worker. (S4)



10.20 Heated Rivalry

7.45 **True Detective: Night Country** 4/6. Danvers and Navarro confirm the location of Annie's murder, while the police chief levies a harsh punishment on Leah. (S4)

9.00 **Hacks** New episodes 4/10. Comedy drama starring Jean Smart as a Las Vegas comedian. **9.40** 5/10. The comedy drama continues. (S5)

10.20 **Heated Rivalry** *Rookies*: 1/6. Two rival ice hockey players make an emotional connection. (S1)
11.20 **True Detective: Night Country** 3/6. Navarro and Danvers receive a tip-off. (S4)
12.30 AM **Homicide: Life on the Street** 4-6/22. (S4)
3.40 **Urban Secrets**
4.35 **Sort Of** 4/8. (S2)
5.05 **to 2.45** PM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.20 **Dress to Impress**
8.20 **Georgia and Tommy**
9.20 **The Only Way Is Essex**
10.20 **Real Housewives of Salt...**
11.15 **Real Housewives of New**
12.05 PM **Ant & Dec's Limitless Win**
1.10 **Celebrity Catchphrase**
2.10 **Wheel of Fortune**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

9.00 Pitch Perfect 2

7.00 **Wheel of Fortune** Graham Norton hosts as an engineer, a content writer and a safeguarding co-ordinator compete.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **FILM Pitch Perfect 2** Comedy sequel starring Anna Kendrick and Rebel Wilson. The Barden Bellas attempt to recover from a disastrous performance by winning the A Cappella World Championships. (2015, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Family Guy** 8/15. Meg discovers that her tears produce delicious cookies.
11.20 **Family Guy** 2/15. (S22)
12.20 AM **American Dad!** (S12)
1.15 **Bob's Burgers** (S12)
2.05 **Count Abdulla**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.05 **Inspector Morse**
11.15 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *Blood Wedding:* The maid of honour is stabbed to death at baron Ned Fitzroy's wedding.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Saint Columba's Treasure:* Greengrass and Blaketon get trapped while hunting for buried treasure.

8.00 Doc Martin

6.55 **Heartbeat** *Sitting off the Dock of the Bay:* Nick goes undercover as a DJ at a pirate radio station to track down smugglers.

8.00 **Doc Martin** *Mother Knows Best:* 4/8. A culinary rivalry develops between Bert and Mark Bridge at the Portwenn Fun Day.

9.00 **Doc Martin** *Remember Me:* 5/8. PC Penhale's ex-wife shows up, and Martin and Louisa finally name their baby. (S5)

10.00 **DCI Banks** *Piece of My Hear:* Part one of two. An investigative journalist with links to a 1980s rock band is found dead.
11.00 **DCI Banks** *Piece of My Heart:* Part two of two. The detective races to find a mysterious tape recording that appears to link Jack with the rock band.
11.50 **Lewis** *Counter Culture Blues.*
1.55 AM **On the Buses**
2.20 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.05 **Kojak**
8.10 **The Saint**
9.15 **Boon**
10.25 **The Sweeney**
11.30 **BattleBots**
12.30 PM **Magnum, PI**
1.35 **Kojak**
2.40 **The Saint**
3.45 **Boon**
4.50 **The Sweeney** *Taste of Fear:* A new recruit causes problems.
5.55 **Minder** *Whatever Happened to Her Indoors?* Arthur's other half mysteriously vanishes.

5.55 Minder

7.00 **American Pickers** The guys make a big mistake while exploring a 92-year-old Iowa farmer's collection.

8.00 **Ice Road Truckers** Rookie Ray Veilleux finds himself in a ditch, and the Polar Bear causes some serious damage.

9.00 **Ice Road Truckers** The truckers struggle after pushing their rigs to the limit, and Alex Debogorski risks a bust by the DOT.

10.00 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.
12.05 AM **Dark Side of the Ring** Examining the darker stories from professional wrestling.
1.00 **The Sweeney**
1.55 **Two and a Half Men** (S2)
2.50 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 LIVE **Sportscene: Championship Football** Coverage of a match from the final round of fixtures, as the final positions are decided. Kick-off is at 7.45.
10.00 **Still Game** 2/6. Victor aspires to be a magazine cover star, while Winston tries to win a stray cat's affections. (S9)
10.30 **Half Man** 1/6. Drama series written by and starring Richard Gadd, with Jamie Bell. As Niall celebrates his wedding, he follows his estranged friend Ruben into a barn and brutally attacks him. (S1)
11.20 PM **to 12.00** M'T **A View from the Terrace** Series finale Craig G Telfer takes a sideways look at Scottish football.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S7)
9.00 **Sort Of** 1&2/8. (S2)
10.00 **Avenue 5** 2&3/8. (S2)
11.15 **Will & Grace** (S10)
12.15 PM **The Rehearsal** (S1)
1.30 **Avenue 5** 2&3/8. (S2)
2.45 **Will & Grace** (S1)
3.45 **The Rehearsal** (S1)
5.00 **Community** (S6)
6.00 **Will & Grace** (S2)
7.00 **The Office (US)** (S7)
8.00 **Resident Alien** *Love Language:* 5/10. Harry is introduced to the idea of marriage. (S1)
9.00 **Nikki Glaser: Good Clean Filth** Stand-up comedy performance.
10.15 **The Comeback** *Valerie's Home Alone:* 6/8. Valerie finds herself alone amid a media meltdown. (S3)
10.55 **Yvonne Orji: A Whole Me** Stand-up.
12.10 AM **Resident Alien** (S1)
1.10 **Avenue 5** 2&3/8. (S2)
2.30 **Community** (S6)
3.30 **to 5.00** AM **The Rehearsal**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **André Rieu: Love Is All Around**
8.00 **Artist of the Year: Masterclass**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **André Rieu: Welcome to My World**
1.00 PM **Tales of the...**
2.00 **Backstage with the London Philharmonic**
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist of the Year 2014** The final.
6.30 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Guy Garvey: From the Vaults** Music from 1984.
9.00 **Billy Joel: Live in Rome**
11.30 **Sunshine Superman: The Story of Donovan**
2.05 AM **Isle of Wight Festival 2023**
4.05 **Discovering**
5.00 **to 6.00** AM **André Rieu: Welcome to My World**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 9/26. (S3)
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Atlantis** (S1)
7.00 **Star Trek: The Next Generation** *Contagion:* 11/22. The computers are struck by a virus. (S2)
8.00 **Star Trek: Voyager** (S1)
9.00 **Forensics: Catching the Killer** Double bill.
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S1)
1.00 AM **Brit Cops: War on Crime** Documentary.
2.00 **Night Cops**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Five family members from Southport take part.
3.00 **Ant & Dec's Limitless Win** Game show.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal**
6.00 **Lingo** Two sisters, a pair of friends and a grandmother and her grandson take part. **7.00** Duos from Hampshire, Scotland and Huddersfield take part in the quiz show. **8.00** Three more pairs take part in the quiz.
9.00 **The Floor** The 41 remaining contestants fight for more squares.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Five family members take part.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **George Clarke's Old House, New Home**
10.00 **Matt Baker: Travels with Mum & Dad**
11.00 **A New Life in the Sun: Where Are They Now?**
12.00 NOON **Sun, Sea and Selling Houses**
1.00 PM **A Place in the Sun**
3.00 **Chateau DIY**
4.00 **Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me** From Gloucestershire.
7.00 **Secret Africa: Into the Wild** Local delicacies.
8.00 **Cruising to the Ends of the Earth** A guide to far-flung destinations.
9.00 **24 Hours in A&E**
10.00 **Super Surgeons: A Chance at Life**
11.05 **Gogglebox**
12.05 AM **Celebrity Gogglebox**
1.05 **First Dates**
2.05 **Naked Attraction**
3.10 **Open House: The Great Sex Experiment**
4.05 **to 5.00** AM **Taskmaster**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 26/26. (S7)
12.00 NOON **Star Trek: Voyager**
1.00 PM **FILM Alien Apocalypse** Sci-fi action adventure. (2005, PG, 88min) ★★
3.00 **Warehouse 13** 6/6. (S5)
4.00 **Stargate SG-1** 1/22. (S5)
5.00 **Star Trek: Voyager** 3/26. (S4)
6.00 **Star Trek: The Next Generation** 26/26. The final episode of the sci-fi. Picard tries to save humanity. (S7)

8.00 Stargate SG-1

7.00 **Fact or Faked: Paranormal Files** Reports of a ghostly figure seated in the balcony of a theatre.

8.00 **Stargate SG-1** *Enemies:* 1/22. Part two of three. Teal'c returns to his old self, while the team face a fight for survival. (S5)

9.00 **From** *Ball of Magic Fire:* 9/10. Panic spreads through town as the residents face a chilling new threat to their survival.

10.00 **From** *Once Upon a Time:* 10/10. Boyd fears he may have finally run out of answers as the residents prepare for the end. (S2)
11.00 **The Walking Dead** 9/16. Woodbury is in disarray following the attack. (S3)
12.00 M'T **Grimm** 2/22. (S3)
1.00 AM **Warehouse 13** 6/6. (S5)
2.00 **Fact or Faked: Paranormal Files** As shown at 7.00pm.
3.00 **The Walking Dead** 9/16. (S3)
4.00 **From** 5/10. (S2)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S17)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 17/23. (S2)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder** (S4)
1.00 PM **Death in Paradise** (S3)
2.00 **Murdoch Mysteries** (S17)
4.00 **The Mentalist** 17/23. (S2)
5.00 **Hudson & Rex** 13/16. On the trail of a serial arsonist, Charlie is thrown off his feet by a Molotov cocktail blast. (S2)
6.00 **My Life Is Murder** 8/8. Alexa finds herself on the wrong side of a murder investigation. (S4)

10.00 Allegiance

7.00 **Father Brown** *The Hidden Man:* Father Brown's friendship with Flambeau is tested when the thief is suspected of murder.

8.00 **Death in Paradise** *The Man with the Golden Gun:* 7/8. The owner of a private island is shot dead at a family gathering. (S3)

9.00 **Death in Paradise** *Murder on the Day of the Dead:* 5/8. A man receives a bizarre voicemail from his wife. (S7)

10.00 **Allegiance** *IRL:* 4/10. Sabrina and Vince respond to a gun call at a library, drawing them into a fast-paced case. (S1)
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise**
1.00 AM **My Life Is Murder**
2.00 **Murdoch Mysteries** 20/24. Murdoch investigates the death of a young composer. (S17)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Ever Decreasing Circles**
8.00 **Open All Hours**
8.40 **The Green Green Grass**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
11.20 **Ever Decreasing Circles**
12.00 NOON **Open All Hours**
12.40 PM **Keeping Up Appearances**
1.20 **Dad's Army**
2.40 **Are You Being Served?**
3.20 **Open All Hours**
4.40 **Dad's Army**
5.20 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**

10.40 Mrs Brown's Boys

7.20 **Dad's Army** The platoon take charge when a large naval gun gets delivered to the church hall.

8.00 **Still Open All Hours** Granville has a plan to lure customers to buy old Christmas puddings.
8.40 **Open All Hours** Arkwright attends a former customer's funeral.
9.20 **Not Going Out** Lee prepares for a 10km fun-run to impress Lucy.

10.00 **Not Going Out** Lee poses as Lucy's husband.
10.40 **Mrs Brown's Boys** Agnes tries to persuade the health visitor that Grandad is in need of respite care.

11.20 **Still Open All Hours**
12.00 M'T **Open All Hours**
12.40 AM **Not Going Out**
2.00 **dinnerladies diaries**
2.50 **Alma's Not Normal**
3.35 **to 4.00** AM **Toast of London**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.20 AM **Pointless** Quiz show.
8.10 **Border Force: America's Gatekeepers** Double bill.
10.10 **Extreme Salvage Squad**
11.10 **Rick Stein's Cornwall**
11.40 **Special Ops: Crime Squad UK**
1.40 PM **Guy Martin's WWI Tank**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers: Mums Know Best** Lazy weekends.
6.00 **Rick Stein's Cornwall** Rick follows in the footsteps of one of Britain's most-loved artists. **6.30** Rick visits a mausoleum with a rather macabre story.

10.00 Have I Got a Bit More News

7.00 **Would I Lie to You?** With Warwick Davis and Paul Hollywood. **7.40** With Jimmy Carr, Griff Rhys Jones, Dave Myers and Susanna Reid.
8.20 **Richard Osman's House of Games** With Mina Anwar, Glenn Moore and Shaun Williamson.

9.00 **QI XL** Sandi Toksvig hosts a 'very varied' edition, joined by panellists Ross Noble, Sara Pascoe, Sally Phillips and Alan Davies.

10.00 **Have I Got a Bit More News for You** Alexander Armstrong hosts, with guest panellists Hannah Fry and Phil Wang.
11.00 **Frankie Boyle's New World Order** With Miles Jupp.
11.35 **Mock the Week**
12.20 AM **Would I Lie to You?**
1.40 **Have I Got a Bit More News...**
2.30 **Frankie Boyle's New World Order** As shown at 11.00pm.
3.15 **to 4.00** AM **Gadget Man**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.05 AM **Birds of a Feather**
7.50 **Doctors**
9.00 **Classic Holby City**
10.15 **Classic Casualty**
11.20 **The Bill**
1.00 PM **Classic EastEnders**
2.10 **All Creatures Great and Small** James and Siegfried have a disagreement..
3.20 **The Doctor Blake Mysteries**
4.20 **Hetty Wainthropp Investigates** Hetty investigates a case from her hospital bed.
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

9.00 Happy Valley

7.20 **Last of the Summer Wine** The Teesdales stop to give Clegg, Compo and Seymour a lift home from their caravanning holiday.

8.00 **Father Brown** *The Whistle in the Dark:* Father Brown intervenes when it appears that a dark spirit has murderous intent.

9.00 **Happy Valley** 3/6. Tommy urges Frances to go further with her attempts at making Catherine's life a misery, and John begins to sweat when a body is found. (S2)
10.20 **New Tricks** *Good Morning Lemmings:* The team reopen the case of a murdered street artist.
11.40 **Dalziel & Pascoe** *A Sweeter Lazarus:* A brewery heiress is witness to murder.
1.40 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.45 **Birds of a Feather**
3.15 **to 4.00** AM **Harry Wild**

+1 hour 243 316 60 260

Friday

7 PM 8 PM 9 PM 10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 15-17/24. (S11)
12.00 NOON **Law & Order**
2.00 PM **Law & Order**
6.00 **NCIS** *Parental Guidance Suggested:* 6/24. The team investigate the murder of a navy commander's wife. **7.00** *The Searchers:* 7/24. A fraudulent charity is investigated. **8.00** *Semper Fortis:* 8/24. The team investigate a hit-and-run incident. (S12)
9.00 **Bull** *Teacher's Pet:* 11/23. A couple pursue a civil suit against a teacher at their son's school. (S1)
10.00 **Law & Order: Special Victims Unit** *Parts:* 22/23. A severed head is discovered. (S6)
11.00 **Law & Order: SVU**
1.50 AM **Law & Order: Criminal Intent** (S8)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Filthy Britain SOS**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A man is brought in after being knocked off his motorbike.
9.00 **999: Critical Condition** A 26-year-old suffers a potentially life-threatening aortic tear.
10.00 **999: Emergency Call Out** A stolen car crashes on a residential street.
11.00 **Surgeons: A Matter of Life or Death**
12.35 AM **Skin A&E**
1.35 **Nightmare Tenants, Slum Landlords**
3.10 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Traffic Cops**
10.00 **Police Interceptors**
11.55 **FILM War of the Wildcats** Western. (1943, b/w, U, 102min) ★★
1.55 PM **FILM Rio Conchos** Western adventure. (1964, PG, 107min) ★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors** A selection of highlights. **7.00** A 4x4 is driven dangerously through the streets of Basildon.
8.00 **Motorway Cops: Catching Britain's Speeders** An officer tries to catch up with a speeding SUV.
9.00 **Police: Night Shift 999** Officers respond to a two-vehicle crash.
10.00 **Cops** Double bill.
11.00 **The X-Files** 16/25. (S2)
12.00 M'T **Scam City**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build** Nick Knowles and the team take on their biggest ever home build. **7.00** The team transform the unsafe home of a couple with triplets.
8.00 **999 Rescue Squad** A bus carrying children with additional needs collides with a stolen car.
9.00 **Pete Wicks: For Dogs' Sake** Pete immerses himself in the emotional world of dog care. **10.00** Pete meets an abandoned litter of pups.
11.00 **Gavin & Stacey**
1.30 AM **Inside the Ambulance**
1.55 **to 3.00** AM **DIY SOS: The Bigger Build Ireland**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Continental Railway Journeys**
8.00 **Bangers & Cash: Restoring Classics**
10.00 **The World at War**
11.00 **The Buildings That Fought Hitler**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **The World at War**
5.00 **The Buildings That Fought Hitler**
6.00 **Frozen Planet II**
8.00 **Porridge** Godber enters the prison boxing championships. **8.40** Harris accidentally drops stolen pills into Fletcher's cuppa. **9.20** Fletcher objects to having a third cellmate foisted on him.
10.00 **Planet Earth III**
11.00 **The Green Planet**
12.00 M'T **Flipping Bangers**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Trawlermen**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** Barcelona.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family**
7.00 **Celebrity Yorkshire Auction House**
9.00 **Rock the Block** New edition Host Ty Pennington challenges the teams to transform a bonus loft space and staircase in just 48 hours.
10.00 **Home Town** New edition A couple turn to Ben and Erin to help find their first permanent family home.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

FRIDAY Entertainment

Great! TV

157 167 170 34 32

8.00 AM **A Fine Romance**
8.30 **Highway to Heaven**
10.30 **Little House on the Prairie** 17&19/26. (S5)
1.10 PM **The Waltons** (S8)
3.10 **Ballykissangel** 1/8. (S2)
4.20 **Down to Earth** (S3)
5.30 **Little House on the Prairie** *The Last Farewell*: The town is threatened.
7.30 **M*A*S*H** 25/25. A VIP visits the 4077th on April Fool's Day. (S8) **8.00** 1/20. Hawkeye is forced to perform an emergency operation. **8.30** 2/20. Members of the team write to schoolchildren. (S9)
9.00 FILM **Pearl Harbor** World War Two romantic drama with Ben Affleck and Josh Hartnett. (2001, 12, 183min) ★
12.30 AM **The Avengers** (S5)
1.30 **M*A*S*H** (S8&9)
3.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM FILM **Jesse James** Western adventure. (1939, U, 106min) ★★★
11.40 **The High Chaparral**
1.40 PM FILM **Miami Magma** Sci-fi disaster thriller starring Rachel Hunter. (2011, 15, 97min) ★★
3.35 **The Persuaders!** (S1)
4.35 **The Avengers** (S6)
6.35 FILM **Gray Lady Down** Suspense drama starring Charlton Heston. (1977, PG, 111 min) ★★
9.00 FILM **Crimson Tide** Thriller starring Denzel Washington. (1995, 15, 116min) ★★★★
11.35 FILM **Battle for the Skies** War drama with Nicholas Van Der Bijl. (2013, 15, 98min) ★★
1.45 AM **The Persuaders!**
2.45 **The Avengers** (S6)
4.25 **to 6.00** AM FILM **Collision Course** Thriller starring Tia Carrere. (2012, PG, 90min) ★★

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **Garage Sale Mystery** Crime drama.
10.05 **In Plain Sight** 12/13. (S3)
11.05 **Castle** 5/10. (S1)
12.05 PM FILM **Aurora Teagarden Mysteries: Reunited and It Feels So Deadly** Thriller. (2020, PG, 90min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 6/10. (S1)
8.00 **Unforgettable** (S3)
9.00 **In Plain Sight** 13/13. (S3)
10.00 FILM **Nelly Knows: A Fatal Engagement** Mystery starring Pascale Hutton. (2024, PG) ★★
11.55 FILM **Hart to Hart: Two Harts in 3/4 Time** Romantic crime mystery. (1996, PG, 93min) ★★
1.55 AM FILM **The Bad Twin** Thriller. (2016, PG) ★★
3.25 **to 5.00** AM FILM **Framed By My Sister** Thriller. (2021, 12) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.15 AM FILM **Love, Again** Drama. (2015, PG) ★★★
10.20 FILM **My One and Only** Drama. (2019, PG) ★★
12.20 PM **A Fine Romance**
12.50 FILM **Bottled with Love** Drama. (2019, PG) ★★
2.40 FILM **Baked with a Kiss** Comedy. (2022, PG) ★★
4.35 FILM **Falling for the Competition** Drama. (2023, U, 89min) ★★
6.30 **A Fine Romance**
7.00 FILM **Valentine in the Vineyard** Romance. (2019, PG, 115min) ★★
8.55 FILM **The Decoy Bride** Romantic comedy. (2011, 12, 88min) ★★
10.55 FILM **Accidentally in Love** Romantic comedy. (2021, PG, 88min) ★★
12.50 AM FILM **The Movie Star and the Cowboy** Drama. (2023, PG) ★★
3.00 **to 5.00** AM FILM **The Decoy Bride** Comedy. (2011, 12, 88min) ★★

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Marcus Wareing's Tales from a Kitchen Garden**
3.30 **Garden Rescue**
4.30 **My Floating Home**
5.30 **Marcus Wareing's Tales from a Kitchen Garden**
7.00 **Love Your Garden**
8.00 **Garden Rescue** A couple from Hereford need help making an eco-friendly garden. **9.00** Chris Hull and Charlie Dimmock transform a garden in Hertfordshire.
10.00 FILM **The Playbirds** Erotic thriller starring Mary Millington. (1978, 18, 94min) ★
12.00 M'T FILM **Come Play with Me** Adult comedy starring Pat Ashley. (1977, 18, 90min) ★
2.00 AM **The Greatest Auction** Double bill.
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Gaffer** 5/7. (S3)
10.30 **Agony** 7/7. (S3)
11.00 **Second Thoughts** (S3)
11.30 **The Fenn Street Gang**
12.00 NOON **The Prime of Miss Jean Brodie** (S1)
1.05 PM **Boon** 1/13. (S2)
2.05 **Wish Me Luck** (S2)
3.10 **We Had One of Those**
3.22 **Rewind Time Machine**
3.30 **Boon** 1/13. (S5)
4.30 **Old Country** (S2)
5.00 **Stereo Underground**
6.00 **Space 1999** 1/24. (S2)
7.00 **Danger Man** (S1)
8.00 **Agony** 7/7. (S3)
8.30 **Second Thoughts** (S3)
9.00 **Drop the Dead Donkey**
10.00 FILM **Emmanuelle in Soho** Adult drama. (1981, 18, 68min) ★★
11.20 FILM **Carnival of Souls** Ghost story. (1962, b/w, 15, 80min) ★★★
12.50 AM **Stereo Underground**
1.50 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysteries of the Deep**
10.00 **Deadliest Catch**
12.00 NOON **The Alaska Triangle** Documentary.
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Winds put the *Wizard* on a collision course. **8.00** Monte hauls more crab than the *Wizard* can hold.
9.00 **Cops UK: Bodycam Squad** Documentary.
10.00 **Street Cops UK** A routine vehicle check takes an unexpected turn.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **James Martin's Great British Adventure**
7.00 **Rick Stein's Seafood Odyssey** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie Oliver: Cooking for Less**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
12.30 PM **Mary Berry Everyday**
1.00 **Islands to Highlands**
3.00 **Rick Stein's Seafood Odyssey** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie Oliver: Cooking for Less**
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
8.30 **Mary Berry Everyday**
9.00 **Ottolenghi's Mediterranean Feast**
10.00 **Adam Richman Eats Italy** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food: Best Of**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 13/25. (S7)
9.00 **T.J. Hooker** 3/22. (S3)
10.00 **Six Million Dollar Man**
11.00 **Gunsmoke: The Last Apache** Western.
1.00 PM FILM **The Day of the Triffids** Sci-fi chiller. (1962, 12, 95min) ★★
3.00 FILM **First Men in the Moon** Tongue-in-cheek sci-fi adventure. (1964, U, 99min) ★★★
5.00 **Star Trek** 21/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 4/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Wanted** Fantasy action thriller starring James McAvoy. (2008, 18, 105min) ★★★
11.20 FILM **Kickboxer** Martial arts thriller. (1989, 18, 105min) ★
1.20 AM FILM **The Courier** Thriller. (2019, 18) ★
3.15 **to 5.00** AM FILM **Stagecoach** Western. (2016, 15, 90min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM FILM **Sherlock Holmes** (2010, 12) ★★
11.00 **Andromeda** 10/22. (S1)
12.00 NOON FILM **The Gambler III: The Legend Continues** Western. (1987, PG, 120min) ★★
2.00 PM FILM **Apocalypse of Ice** Disaster epic. (2020, PG, 88min) ★★
4.00 **Walker, Texas Ranger**
5.00 FILM **The Gambler III: The Legend Continues** Western. (1987, PG) ★★
7.00 **Andromeda** 11/22. (S1)
8.00 **The Fall Guy** 17/23. (S4)
9.00 FILM **Law Abiding Citizen** Thriller. (2009, 18, 109min) ★★
11.15 FILM **Unlocked** Thriller. (2017, 15, 98min) ★★★
1.15 AM FILM **The Legend of the 7 Golden Vampires** Horror. (1974, 15) ★★
3.05 FILM **The Gambler III: The Legend Continues** As shown at 5.00pm.
5.00 **to 6.00** AM **Andromeda**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal: Christmas Special**
6.40 **Pawn Stars**
7.35 **Storage Wars Canada**
8.30 **Storage Wars**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **Alien Corridors**
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars**
2.05 **Storage Wars**
3.05 **Storage Wars Canada**
4.00 **Ancient Aliens**
5.00 **Monster Aliens**
6.00 **Storage Hunters**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **WWE's Greatest Moments** New editions
10.00 **The UnBelievable with Dan Aykroyd**
11.00 **Paranormal: Caught on Camera**
12.00 M'T **My Paranormal Nightmare**
1.00 AM **Monster Aliens**
2.00 **to 6.00** AM **Highlights**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Jane McDonald** The Balkans.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.30 **Around the World by Train with Tony Robinson** The Himalayas.
5.00 **Wales' Most Scenic Railway Journeys**
6.00 **Great Lighthouses of Ireland** Documentary.
7.00 **Ben Fogle: New Lives in the Wild** The presenter learns what it is like to be homeless in the wild. **8.00** Ben journeys into the heart of Zambia.
9.00 **Taggart** *Secrets:* A writer receives a death threat.
11.45 **When Theme Parks Go Horribly Wrong**
1.45 AM **The Yorkshire Vet**
2.40 **Cruising with Jane McDonald** Italy.
3.35 **to 4.00** AM **Walking Wartime Britain**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Game show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Celebrity Catchphrase**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities**
4.00 **Celebrity Who Wants to Be a Millionaire? Christmas Special**
5.00 **The Bidding Room**
6.00 **Tenable** Game show.
7.00 **The Chase Celebrity Special** Edwina Currie, Rachel Riley, Keith Duffy and Mark Charnock take part for their charity.
8.00 **The Chase** Double bill of the quiz show.
10.00 **The Chase Celebrity Special** Quiz show.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Triple bill.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly** (S6)
8.30 **Young Sheldon** (S2)
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly** (S6)
3.30 **Young Sheldon** (S2)
5.00 **The Big Bang Theory** Eight back-to-back episodes, including at: **8.00** 9/24. Leonard and Penny have an awkward night at the cinema. **8.30** 10/24. Stuart asks Amy out on a date. (S5)
9.00 **90 Day Fiancé: Before the 90 Days** New edition Forrest and Sheena get freaky, Elise confronts Nat, Rick is given an ultimatum and Emma leaves Morocco.
11.00 **90 Day: The Single Life** New edition Liz finally comes clean about her love life to Villa.
12.00 M'T **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S5&6)
1.00 PM **Friends** (S7)
7.00 **Friends** 19/24. Monica's attractive cousin visits. **7.30** 20/24. Rachel meets a college friend. **8.00** 21/24. Chandler tries his best to write his marriage vows. **8.30** 22/24. Chandler reluctantly visits his father in Vegas. (S7)
9.00 **Jack Whitehall Live**
10.00 **Dara O Briain Talks Funny: Live in London**
11.05 **Whose Line Is It Anyway? USA**
12.35 AM **8 Out of 10 Cats**
2.15 **Impractical Jokers**
2.45 **Reno 911!** (S4)
3.05 **Key & Peele**
3.25 **Utopia** 3/8. (S2)
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S5)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big...**
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 6-9/18. (S10)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Utopia** 2/8. (S2)
4.00 **Michael McIntyre's Big...**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** (S5)
9.00 **Michael McIntyre's Big Show** With All Saints.
10.00 **Friends** 18-21/25. (S6)
12.00 M'T **Jimmy Carr's Am I the A**hole?**
1.00 AM **Bradley & Barney...**
2.00 **Michael McIntyre's Big...**
3.00 **Whose Line Is It...**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.05 **Bread** 8/11. (S7)
10.40 **Steptoe and Son** (S8)
11.15 **Oh, Doctor Beeching!**
11.50 **Rising Damp** 6/6. (S4)
12.20 PM **Man About the...**
12.50 **Goodnight Sweetheart**
1.30 **When the Boat Comes In** 7/15. Drama. (S3)
2.30 **Minder** 11/13. (S8)
3.35 **Just Good Friends**
4.20 **Man About the House**
4.50 **Some Mothers Do 'Ave 'Em** 6/6. Sitcom. (S3)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Steptoe and Son** (S8)
6.50 **Rising Damp** 5/6. (S4)
7.20 **Whatever Happened to the Likely Lads?** (S1)
7.55 **Minder** 7/13. (S2)
9.00 **Benidorm** 3/7. (S4)
10.00 **Shameless** 14/22. (S8)
10.55 **Man About the House**
11.25 **Mind Your Language**
11.55 **Benidorm** 3/7. (S4)
12.55 AM **Minder** 4/8. (S6)
2.05 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Beauty and the Geek Australia** Reality series.
10.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Reality series.
2.00 **Catfish: Repeat Offenders**
3.00 **Catfish UK**
5.00 **Help! I'm in a Secret Relationship!**
6.00 **Beauty and the Geek Australia** New edition
7.30 **FriendZone**
8.00 **Just Tattoo of Us**
9.00 **Bar Rescue** New edition
10.00 **MTV Unplugged: Lenny Kravitz** An iconic performance from 1994.
11.00 **Help I Sexted My Boss**
12.00 M'T **Tattoo Fixers**
1.00 AM **Bar Rescue**
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **Gold Rush: Parker's Trail**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of the series.
3.00 **How It's Made** Four editions of the series, including at: **4.30** How racing leathers are manufactured and wood rocking chairs are made.
5.00 **Alaska: Homestead Rescue** In Aloha State, a Hawaiian family struggles to homestead between two active volcanoes.

9.00 Expedition X

7.00 **Wheeler Dealers** To celebrate the series' 20th anniversary, Mike and Elvis set out to restore a Ford Fiesta Mark 1.
8.00 **Gold Rush** Parker and Tony try to bust through the 10,000-ounce barrier while Rick tries to get the Last Chance cut open.
9.00 **Expedition X** New edition Shadowy figures and evil spirits at a haunted plantation and abandoned leper colony.
10.00 **Conspiracies & Coverups** New edition Andrew Bustamante probes COVID 19's origin.
11.00 **Expedition Bigfoot** The team discover tree structures on different sides of the same mountain.
12.00 M'T **Border Control: Spain**
1.00 AM **Expedition X**
2.00 **Conspiracies & Coverups**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Fish or Die**
10.00 **Tanked**
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** Double bill.
5.00 **Lone Star Law** A concerned citizen reports a hunter on his property and a fisherman is caught illegally catching oysters.
6.00 **Dr Jeff: Rocky Mountain Vet** A dog needs emergency treatment after being shot.

8.00 100 Days Wild

7.00 **Treehouse Masters** Pete Nelson designs a hideaway for a writer to embrace her creativity.
8.00 **100 Days Wild** Jennifer and Andrew welcome new members to their nomadic community.
9.00 **Alaska: The Last Frontier** After years of procrastination, Otto finally goes under the knife.
10.00 **Edge of Alaska** Jenny finds herself facing off with a fierce predator as she is stalked by a wolf.
11.00 **Alaska Monsters** Searching for a huge bear-like creature.
12.00 M'T **Alaska: Homestead Rescue** A homesteader attracts bears with his bee hives.
1.00 AM **Speed of Life**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Phoenix**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation**
10.00 **Inside the CIA**
11.00 **Lost Treasures of Egypt**
12.00 NOON **Construction Fails**
1.00 PM **Car S.O.S** A VW Golf GTI.
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Seconds from Disaster**
5.00 **Car S.O.S**
6.00 **Journey Across Jungles: The China-Laos Railway** Series finale A journey through China and Laos.
6.30 **The Forever Walk: China**

6.00 Journey Across Jungles

7.00 **Air Crash Investigation** Investigating why Air Florida Flight 90 plunged into Washington's Potomac River in January 1982.
8.00 **Jaws @ 50: The Definitive Inside Story** Steven Spielberg shares his memories of the classic thriller. Featuring contributions from Jordan Peele, James Cameron and Guillermo del Toro.
9.45 **Construction Fails** Attempts to stop dams from failing, buildings collapsing and towering structures from falling.
10.45 **Air Crash Investigation** Investigators scour the wreckage from a cargo jet that crashed in the Swedish Arctic.
11.45 **Ultimate Airport Dubai**
12.45 AM **To Catch a Smuggler**
1.45 **Bid & Destroy**
2.15 **To Catch a Smuggler**
3.15 **Food Factory**
4.10 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Canadian Pickers**
8.45 **Dirty Old Cars**
9.15 **Pawn Stars**
10.10 **Storage Wars**
12.00 NOON **History's Greatest Aircraft** Double bill.
2.00 PM **Hardcore Pawn** Eight editions, including at: **5.00** Seth buys some Detroit Red Wings memorabilia. **5.30** Seth and Les question Ashley's skills of diplomacy.
6.00 **American Pickers** Mike and Robbie assess barns full of top-notch vehicles.

8.00 Lost Grail with Alice Roberts

7.00 **Forged in Fire** The finalists recreate Hattori Hanzo's katana from the *Kill Bill* films.
8.00 **Lost Grail with Alice Roberts** 1/3. A journey across Britain to decode the truth behind its Holy Grail legends.
9.00 **Lost Grail with Alice Roberts** 2/3. The links between Arthurian lore, sacred relics and the Knights Templar.
10.00 **Lost Grail with Alice Roberts** 3/3. The notion the Knights Templar buried the Holy Grail beneath Rosslyn Chapel.
11.00 **Ancient Aliens** Theorists speculate about whether mysterious metal artifacts could provide any physical evidence of extraterrestrials visiting Earth in the past. **12.00** M'T The suspected epicentre of British research into UFOs since World War Two.
12.55 AM **Hardcore Pawn**
4.25 **to 6.00** AM **Storage Wars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Movies**
7.00 **Discovering: Olivia de Havilland** Profile of the actor.
8.00 **The Directors**
9.00 **A Choice of Weapons: Inspired By Gordon Parks**
10.45 **My Icon: Darren Campbell**
11.00 **The Nineties**
12.00 NOON **Benetton Formula**
2.00 PM **Jackie Stewart**
4.00 **The Directors**
5.00 **Discovering: Olivia de Havilland** Profile of the actor.
6.00 **Val** Documentary focusing on the life of actor Val Kilmer.

6.00 Val

Val (started at 6.00pm)
Gary A look at the life and mysterious death of actor Gary Coleman, who shot to fame as Arnold in hit sitcom *Diff'rent Strokes* in the late 1970s.
I'm Chevy Chase and You're Not A profile of the actor and comedian, who rose to fame on *Saturday Night Live* before becoming a successful film star in the 1980s, but whose career declined amid reports of difficult behaviour.
12.00 M'T **Dublin Narcos**
3.00 AM **Villeneuve Pironi: Racing's Untold Tragedy**
5.00 **to 6.00** AM **Discovering: Olivia de Havilland**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters: The Restorers**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Crystal Hunters** Documentary.
12.00 NOON **Gem Hunters Down Under**
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **The Repair Shop** Items include a war-torn leather armchair. **10.00** Items include a magician's table.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Forensic Detectives**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster: Abuse of Power**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **People Magazine Presents: Crimes of the 90s** New editions The case of 11-year-old Shauna Howe. **10.00** A college student disappears.
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Parachute Murder Plot** The murder of Victoria Cillier by her husband.
8.00 **UK Crime Files: Murder of Jeshma** The case of Jeshma Raithatha's murder.
9.00 **New Scotland Yard Files** The murder of Cathy Marlow, whose body was discovered at her office in London.
10.00 **Murder by the Sea** The case of a member of a biker gang who was sentenced to death.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: Parachute Murder Plot**
1.00 AM **Murder of Jeshma**
2.00 **Murder by the Sea**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: The Seaside Strangler**
9.55 **UK Crime Files: A Random Murder**
10.45 **Teleshopping**
11.00 **48 Hours**
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: The Longest Murder Trial**
3.00 **UK Crime Files: Britain's Youngest Contract Killer**
4.00 **48 Hours**
5.00 **Medical Detectives** A 4th July weekend soon turns to tragedy. **5.30** A family mourns the unexpected death of a beloved grandmother. **6.00** A true crime hobbyist helps in a case. **6.30** A young Colorado mother goes missing.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Send in the Dogs**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation**
4.00 **Killing Mum and Dad**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **How I Caught the Killer**
10.00 **Tales of the Grim Sleeper** Documentary.
12.15 AM **World's Most Evil Killers** Robert Lee Yates.
1.10 **How I Caught the Killer**
2.05 **The Real CSI: Miami**
3.00 **Britain's Most Evil Killers**
4.00 **Brit Cops: Law & Disorder** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Digging Up Britain's...**
9.35 **Battle of Okinawa in Colour** Documentary.
10.35 **Waco: Longest Siege**
11.45 **USS Indianapolis: The Final Chapter**
1.00 PM **Digging Up Britain's Past**
2.00 **USS Indianapolis: The Final Chapter**
3.15 **Battle of Okinawa in Colour** Documentary.
4.15 **Waco: Longest Siege**
5.20 **Battle of Okinawa in Colour** Documentary.
6.20 **Digging Up Britain's...**
7.25 **USS Indianapolis: The Final Chapter**
8.35 **Battle of Okinawa in Colour** Documentary.
9.40 **Waco: Longest Siege**
10.45 **USS Indianapolis: The Final Chapter**
12.00 M'T **Waco: Longest...**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Undiscovered Vistas**
7.00 **Monkey Life**
8.00 **Great Blue Wild**
9.00 **Wild Birds of Australia**
10.00 **Secrets of the Enchanted Waters** Documentary.
11.00 **Wildlife Icons**
12.00 NOON **Carpathian Predators**
1.00 PM **Monkey Life**
2.00 **Great Blue Wild**
3.00 **Wild Birds of Australia**
4.00 **Secrets of the Enchanted Waters** Documentary.
5.00 **Wildlife Icons**
6.00 **Carpathian Predators**
7.00 **Monkey Life** Double bill.
8.00 **Malawi Wildlife Rescue** An elephant gets tangled in a snare.
9.00 **Wildlife ER**
10.00 **Carpathian Predators**
11.00 **Wildlife Icons**
12.00 M'T **Arabian Seas**
1.00 AM **Undiscovered Vistas**
2.00 **Malawi Wildlife Rescue**
3.00 **Wildlife ER**
4.00 **Great Blue Wild**
5.00 **to 6.00** AM **Wild Birds of Australia**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Hitler v Churchill: The Eagle and the Lion**
9.00 **Lost U-Boats of WWII**
10.00 **How to Lose a War**
11.00 **Ancient Aliens**
1.00 PM **Battle 360**
6.00 **The Proof Is Out There**
7.00 **Lost U-Boats of WWII** Darrell Miklos and his team make a discovery far older than they expected.
8.00 **How to Lose a War** How each Axis Power had troubles on their own home front.
9.00 **Mysteries Unearthed with Danny Trejo** Mysterious secrets lost deep inside various unseen chambers.
10.00 **Holy Marvels with Dennis Quaid** Speculation about how the world will end.
11.00 **Ancient Aliens**
1.00 AM **Alien Files Reopened**
2.00 **The Great British Dig: History in Your Back Garden**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Canadian Pickers**

Discovery Science

167 148 179

8.00 AM **How to Survive an Asteroid Strike: An Asteroid Day Special** Documentary.
9.00 **How the Universe Works**
11.00 **Alaska Mega Machines**
1.00 PM **Blowing Up History**
3.00 **How the Universe Works**
6.00 **How It's Made: Dream Cars**
9.00 **Mummies Unwrapped** A mummified body recovered at the bottom of the Atlantic Ocean leads treasure hunters to $120million in gold and jewels stolen by pirate Black Sam. **10.00** Ramy Romany investigates a mysterious underwater grave in the ancient Mayan city of Mayapan, where the buried may have been victims of human sacrifice.
11.00 **Cooper's Treasure** Darrell Miklos visits a valuable shipwreck Cooper recorded 50 years ago. **12.00** M'T Darrell takes a step closer to the treasure.
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Codes and Conspiracies**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Cops Who Kill with Will Mellor**
1.00 PM **Cops Gone Bad with Will Mellor** Rodney Whitchelo.
2.00 **I Met My Murderer Online**
3.00 **Accident, Suicide or Murder?**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **I Met My Murderer Online**
9.00 **Fugitives Caught on Tape** New editions Officers must confront an armed kidnapper. **9.30** Footage of law enforcement pursuing fugitives.
10.00 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Ozark Law**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **I Met My Murderer Online**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Bizarre Animal Friends**
10.00 **World's Weirdest**
11.00 **Python Hunters**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **America's Wild Southwest**
3.00 **Africa's Hunters**
4.00 **Heartland Docs**
5.00 **Snakes in the City**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo: Tampa** The zoo welcomes the newest member of the orangutan family.
8.00 **Kings of the Wild** Survival challenge, with hunter Josh James and chef Matt Tebbutt.
9.00 **South Africa: Cradle of Killers** The country's deadliest animals.
10.00 **Lawless Island** Oliver and Breanna take to the water.
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom: Clash of Clans** Series highlights.
1.00 AM **Animal Fight Club**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

7.00 AM **Bullet Points**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers: Reloaded**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** New discoveries surrounding interstellar space.
1.00 PM **NASA's Unexplained Files**
2.00 **Aliens in Alaska**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Bullet Points** Examining why the controversial war in Vietnam raged on for 12 years.
9.00 **Legendary Locations**
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** Sculptor Nick attempts the restoration of a rare piece of folk history.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **NASA's Unexplained Files**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Turkey with Simon Reeve**
11.00 **The Americas with Simon Reeve** Double bill of editions.
1.00 PM **Turkey with Simon Reeve**
3.00 **The Americas with Simon Reeve** Double bill of editions.
5.00 **One Foot in the Grave** Christmas special of the sitcom from 1994. A face from the past haunts the Meldrews. **5.55** 2/6. Victor discovers he has just bought a car with an obscene number plate. **6.35** 3/6. Victor hires a cleaner to help out around the house – but soon regrets his decision. **7.15** 4/6. A power cut gives Victor and Margaret time to reflect on their lives together. **8.00** 5/6. Victor is invited to talk about evolution at the Women's Institute. **8.40** 6/6. Last episode. Victor falls victim to a hit-and-run driver, leaving long-suffering Margaret to go it alone. (S6)
9.40 PM **to 6.00** AM **One Foot in the Grave**

+1hour 266 376

ID

154 140 166

8.00 AM **The 1990s: The Deadliest Decade** The bomb at the 1996 Olympics in Atlanta.
9.00 **Still a Mystery**
11.00 **People Magazine Investigates**
12.00 NOON **Forbidden: Dying for Love** The case of Meagan Grunwald and Angel Garcia.
1.00 PM **Evil Lives Here**
3.00 **People Magazine Investigates**
4.00 **Forbidden: Dying for Love**
5.00 **The Big Swindle**
7.00 **Home Sweet Homicide** The case of real-estate agent Beverly Carter, who vanished after meeting a new client. **8.00** A gruesome murder scene amongst the charred ruins of a mansion.
9.00 **Feuds Turned Fatal**
10.00 **Portals to Hell**
11.00 **Paranormal Lockdown with Nick Groff** Exploring a former hotel in Kentucky.
12.00 M'T **Destination Fear**
2.00 AM **The Big Swindle**
4.00 **to 6.00** AM **Home Sweet Homicide**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried: Classic Cars**
11.00 **Richard Hammond's Workshop** Richard faces a client who is anxious for work to start on his vintage Bentley.
12.00 NOON **Roadworthy Rescues**
1.00 PM **Shed and Buried: Classic Cars** Henry and Fuzz decide to transform a 1920s Model A Ford pick-up truck.
2.00 **Ant Anstead Master Mechanic**
3.00 **James May and the Dull Men**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Mike Brewer: Born Dealer**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried: Classic Cars**
9.00 **Last Chance Garage** Tony works on a 1967 Mustang.
10.00 **James May and the Dull Men**
11.00 **Wheeler Dealers**
1.00 AM **Richard Hammond's Workshop** As 11.00am.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.15 AM **Sky Cinema Preview**
6.40 **Flavia** Family adventure. (2026, PG, 105min) ★★★
8.25 **PREMIERE Wuthering Heights** As 8.00pm.
10.50 **Eddington** As 10.25pm.
1.20 PM **The Conjuring: Last Rites** Supernatural horror thriller. (2025, 15, 135min) ★★★
3.40 **Roofman** Comedy drama. (2025, 15, 126min) ★★★★
5.55 **Regretting You** Drama. (2025, 12, 116min) ★★★

8.00 Wuthering Heights

8.00 PREMIERE Wuthering Heights Romance based on Emily Brontë's novel, starring Margot Robbie and Jacob Elordi. Tragedy strikes when Heathcliff falls for Catherine Earnshaw, a woman from a wealthy family. (2026, 15, 136min) ★★★★ *See review, page 24.*
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 Eddington Modern-day Western starring Joaquin Phoenix, Emma Stone and Pedro Pascal. A stand-off between a sheriff and a mayor sparks leads to conflict in small-town New Mexico. (2025, 15, 148min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **Caught Stealing** Comedy thriller starring Austin Butler. (2025, 15, 107min) ★★★★
2.55 **Blue Moon** Biographical drama. (2025, 15, 100min) ★★★★
4.40 **Sky Cinema Preview**
5.30 **to 8.00** AM **Eddington**

Sky Cinema Fast

303 303 403 503 517

6.00 AM **The Fast and the Furious**
7.50 **2 Fast 2 Furious** As 12.10am.
9.40 **The Fast and the Furious: Tokyo Drift** As 2.00am.
11.30 **Fast & Furious** As 3.45am.
1.20 PM **Fast & Furious 5** Action thriller. (2011, 12, 130min) ★★★
3.30 **Fast & Furious 6** Action thriller. (2013, 12, 125min) ★★★
5.40 **Fast & Furious 7** Action thriller sequel starring Vin Diesel and Paul Walker. (2015, 12, 132min) ★★★★

1.20 Fast & Furious 5

8.00 Fast & Furious 8 Action thriller sequel starring Vin Diesel and Charlize Theron. Street racing criminal Dominic Toretto is recruited by a terrorist, setting him at odds with his old gang. With Dwayne Johnson and Kurt Russell. (2017, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 The Fast and the Furious Action thriller starring Vin Diesel. An undercover cop joins a gang of illegal road racers he believes are responsible for a series of truck hijackings. (2001, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **2 Fast 2 Furious** Thriller. (2003, 12, 108min) ★★★
2.00 **The Fast and the Furious: Tokyo Drift** Action thriller. (2006, 12, 104min) ★★
3.45 **Fast & Furious** Thriller sequel. (2009, 12, 107min) ★★★
5.35 **to 7.45** AM **Fast & Furious 5**

Sky Cinema Drama

310 310 410 510 524

7.30 AM **Chuck Chuck Baby** (2023)
9.20 **A Different Man** As 12.05am.
11.20 **An Officer and a Gentleman** Romantic drama with Richard Gere. (1981, 15, 125min) ★★★★
1.30 PM **Rocketman** Biopic. (2019, 15, 121min) ★★★★
3.40 **Valentine's Day** Romantic comedy. (2010, 12, 125min) ★★★
5.50 **The Blind Side** Fact-based drama. (2009, 12, 129min) ★★★

8.00 Moneyball Fact-based sports drama starring Brad Pitt and Jonah Hill. A baseball manager discovers an unexpected method of turning around the fortunes of his losing team. (2011, 12, 133min) ★★★★
10.15 Footloose Teen dance drama starring Kevin Bacon as a foot-tapping Chicago kid who moves to the Midwest Bible Belt where rock 'n' roll is banned. With John Lithgow and Lori Singer. (1984, 12, 107min) ★★★

12.05 AM **A Different Man** Thriller. (2024, 15, 112min) ★★★★
2.05 **Babylon** British drama. (1980, 15, 94min) ★★★
3.50 **Chuck Chuck Baby** Drama. (2023, 15, 101min) ★★★★
5.45 **to 6.15** AM **Sky Cinema Preview**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.20 AM **Aeon Flux** As 3.35am.
8.10 **Kill** As shown at 5.15am.
10.00 **Slingshot** Sci-fi thriller. (2024, 15, 108min) ★★★
12.00 NOON **Tremors** As 1.50am.
1.50 PM **Back to the Future** Time-travel comedy fantasy. (1985, PG, 115min) ★★★★★
4.00 **Back to the Future Part II** Comedy adventure sequel. (1989, PG, 107min) ★★★

5.50 Back to the Future Part III Comedy adventure sequel. (1990, PG, 112min) ★★★★
8.00 I Know What You Did Last Summer Horror reboot starring Madelyn Cline. A group of friends are terrorised by a stalker who knows about a gruesome secret from their past. (2025, 15, 119min) ★★★
10.00 Blade 2 Action horror sequel starring Wesley Snipes, Kris Kristofferson and Ron Perlman. (2002, 18, 117min) ★★★★

12.00 M'T **Mars Attacks!** Sci-fi spoof. (1996, 12, 106min) ★★★★
1.50 AM **Tremors** Monster chiller. (1990, 15, 96min) ★★★★
3.35 **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
5.15 **to 6.55** AM **Kill** Thriller. (2023, 15, 94min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.20 AM **Shrek 2** (2004) ★★★★★
7.55 **Madagascar: Escape 2 Africa** Animation. (2008, PG) ★★★
9.30 **Penguins of Madagascar** Animation. (2014, U) ★★★★
11.15 **Paws of Fury: The Legend of Hank** (2022, PG) ★★★
1.05 PM **10 Lives** (2024, U) ★★★
2.45 **Antz** (1998, PG) ★★★
4.20 **The Secret Life of Pets** Animation. (2016, U) ★★★
6.00 **The Secret Life of Pets 2** Animation. (2019, U) ★★★

4.20 The Secret Life of Pets

7.40 **The Emoji Movie** Animated adventure with the voice of TJ Miller. (2017, U, 83min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.10 **The Last Airbender** Fantasy adventure from M Night Shyamalan, based on the children's TV cartoon series. In a divided world, hope rests on a 12-year-old boy who can control the elements. Stars Noah Ringer. (2010, PG, 103min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Shrek the Third** Animated comedy sequel featuring the voices of Mike Myers, Eddie Murphy and Cameron Diaz. (2007, U, 88min) ★★★★
12.35 AM **Peter Pan** Adventure starring Jeremy Sumpter and Rachel Hurd-Wood. (2003, PG, 113min) ★★★★
2.40 **The Sloth Lane** Animation. (2024, PG, 90min) ★★★
4.15 **to 6.00** AM **The Last Airbender** As 9.10pm.

Sky Cinema Action

306 306 407 507 521

6.00 AM **The Cinema List: Fast Cars**
6.15 **The Meg** (2018, 12) ★★★
8.20 **Rampage** (2018, 12) ★★★
10.20 **Morbius** (2022, 12) ★★
12.15 PM **Venom** Fantasy adventure. (2018, 15, 112min) ★★★
2.15 **Venom: Let There Be Carnage** Fantasy sequel. (2021, 15, 97min) ★★★
4.00 **Venom: The Last Dance** Fantasy. (2024, 15) ★★★
6.00 **The Beekeeper** Action thriller. (2023, 15, 105min) ★★★

6.00 The Beekeeper

8.00 **Twisters** Disaster drama sequel starring Daisy Edgar-Jones and Glen Powell. A meteorologist crosses paths with a storm-chasing social media star in Oklahoma. With Anthony Ramos and Brandon Perea. (2024, 12, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Wonder Woman** Fantasy adventure starring Gal Gadot and Chris Pine. An Amazon princess leaves her isolated island during World War One, aiming to bring the conflict to an end. With David Thewlis. (2017, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **The Toxic Avenger** Horror comedy with Peter Dinklage. (2023, 18, 102min) ★★★
2.20 **High Plains Drifter** Western. (1972, 18, 105min) ★★★★
4.10 **to 6.00** AM **Reckless** Action comedy starring Scott Adkins. (2026, 15, 110min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.20 AM **Two Weeks Notice** Comedy. (2002, 12) ★★★
9.10 **Blades of Glory** (2007) ★★★
10.45 **Jackie Chan's The Tuxedo** Action comedy. (2002, 12) ★★
12.35 PM **Seven Psychopaths** Dark comedy. (2012, 15) ★★★★
2.35 **Talladega Nights: Ballad of Ricky Bobby** (2006) ★★★★
4.45 **The Man with Two Brains** Comedy. (1983, 15) ★★★★
6.20 **Anchorman: The Legend of Ron Burgundy** (2004) ★★★★

6.20 Anchorman

8.00 **Anchorman 2: The Legend Continues** Comedy sequel starring Will Ferrell and Christina Applegate. Newsreader Ron Burgundy becomes the star of a 24-hour news channel with a series of sensationalist stories. (2013, 15, 118min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Big Daddy** Comedy starring Adam Sandler. A law school graduate adopts a five-year-old boy to impress his girlfriend. (1999, 12, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **The Hangover Part III** Dark comedy sequel with Bradley Cooper. (2013, 15, 100min) ★★
1.20 AM **See No Evil, Hear No Evil** Comedy thriller with Richard Pryor. (1989, 15, 107min) ★★★
3.05 **Between the Temples** Comedy. (2024, 15) ★★★★
5.00 **to 6.35** AM **So I Married an Axe Murderer** Comedy thriller. (1993, 15, 92min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.25 AM **The Towering Inferno** Thriller. (1974, 12) ★★★★
9.20 **Lethal Weapon 4** Action comedy thriller sequel. (1998, 15, 128min) ★★★
11.40 **The Perfect Storm** Action drama. (2000, 12) ★★★★
2.05 PM **Black Bag** Spy thriller. (2024, 15, 94min) ★★★★
3.50 **Speak No Evil** Horror thriller. (2024, 15, 110min) ★★★★
5.55 **Ocean's Eight** Crime caper. (2018, 12, 110min) ★★★★

10.25 Snatch

8.00 **Captain Phillips** Fact-based thriller starring Tom Hanks and Barkhad Abdi. Four Somali pirates hijack a US container ship, putting its veteran captain through a terrifying ordeal. (2013, 12, 129min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Snatch** Guy Ritchie's crime comedy drama with Jason Statham, Benicio Del Toro and Brad Pitt. A group of small-time British crooks plan to steal a diamond from an American mobster. (2000, 18, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **GoodFellas** Martin Scorsese's gangster drama. (1990, 18, 143min) ★★★★★
3.00 **Juror #2** Legal thriller. (2024, 12, 113min) ★★★★
5.00 **to 6.50** AM **American Star** Thriller starring Ian McShane. (2023, 15, 107min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Siege of the Saxons** Adventure. (1963, U) ★★★
12.45 PM **Sherlock Holmes: Terror by Night** Mystery thriller. (1946, b/w, U, 60min) ★★
2.00 **Arabesque** Romantic thriller. (1966, 12, 105min) ★★★
4.10 **Fantastic Voyage** Thriller. (1966, U, 100min) ★★★★
6.15 **Spartacus** Stanley Kubrick's epic starring Kirk Douglas. (1960, PG, 184min) ★★★★★

6.15 Spartacus

Spartacus (film started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Trainspotting** Black comedy drama based on the cult novel by Irvine Welsh, starring Ewan McGregor, Jonny Lee Miller, Ewen Bremner and Robert Carlyle. (1996, 18, 93min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Daredevil** Comic-book adventure with Ben Affleck. (2003, 15, 101min) ★★★
1.55 **to 4.00** AM **Trance** Danny Boyle's psychological thriller starring James McAvoy. (2013, 15, 101min) ★★★

+1 hour 314 430 47 301 257

Friday

8 PM

9 PM

10 PM

11 PM

Sky Cinema Fear Seekers

302 302 402 502 516

6.25 AM **Jaws** As shown at 4.35am.
8.30 **Jaws 2** Adventure thriller sequel. (1978, PG, 115min) ★★★
10.30 **The Damned** Horror mystery. (2024, 15, 89min) ★★★★
12.10 PM **The Watched** Horror. (2024, 15, 102min) ★★★
1.55 **The Shining** Director Stanley Kubrick's chilling adaptation of the Stephen King bestseller. (1980, 15, 119min) ★★★★★

4.20 **Annabelle** Horror thriller spin-off. (2014, 15, 97min) ★★
6.05 **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★
8.00 **The Conjuring: Last Rites** Mystery drama starring Vera Farmiga and Patrick Wilson. Paranormal investigators Ed and Lorraine Warren take on one last case involving mysterious entities they must confront. (2025, 15, 135min) ★★★
10.30 **The Nun** Horror starring Taissa Farmiga. (2018, 15, 96min) ★★★

12.10 AM **M3GAN 2.0** Sci-fi thriller sequel starring Allison Williams. (2025, 15, 120min) ★★★
2.15 **Smile 2** Horror thriller sequel. (2024, 18, 127min) ★★★★
4.35 **to 6.55** AM **Jaws** Steven Spielberg's monster thriller. (1975, 12, 125min) ★★★★★

Sky Cinema Greats

307 307 404 504 518

6.40 AM **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
8.40 **Empire of the Sun** As 5.00am.
11.15 **Two Mules for Sister Sara** Comedy Western set in Mexico. (1969, 15, 114min) ★★★
1.15 PM **Smokey and the Bandit**
2.55 **This Is Spinal Tap** As 11.30pm.
4.25 **The Breakfast Club** John Hughes' comedy drama. (1984, 15, 97min) ★★★★

6.10 **Ferris Bueller's Day Off** Teen comedy with Matthew Broderick. (1986, 12, 103min) ★★★★
8.00 **The Wedding Singer** Romantic comedy starring Adam Sandler and Drew Barrymore. A perky waitress saves a singer from despair after he is jilted at the altar. (1998, 12, 97min) ★★★★
9.40 **Dumb and Dumber** Comedy with Jim Carrey and Jeff Daniels. (1994, 12, 107min) ★★★
11.30 **This Is Spinal Tap** Spoof. (1983, 15, 83min) ★★★★★

12.55 AM **The Breakfast Club** (1984)
2.35 **Smokey and the Bandit** Action comedy starring Burt Reynolds. (1977, PG, 96min) ★★★
4.15 **Sky Cinema Preview**
5.00 **to 7.35** AM **Empire of the Sun** Steven Spielberg's epic drama. (1987, PG, 152min) ★★★★

Disney+ Cinema

305

6.00 AM **Lady and the Tramp** Classic animated musical. (1955, U, 76min) ★★★★★
7.15 **The Many Adventures of Winnie the Pooh** Animated feature. (1977, U, 71min) ★★★
8.35 **Up** Animated comedy adventure. (2009, U, 96min) ★★★★★
10.15 **The Wild** As shown at 3.55pm.
11.40 **Monsters, Inc** Animated comedy. (2001, U, 95min) ★★★★★

1.15 PM **Cinderella** Animated feature. (1950, U, 75min) ★★★★
2.30 **A Goofy Movie** Cartoon adventure. (1995, U, 78min) ★★
3.55 **The Wild** Animated comedy adventure. (2005, U, 82min) ★★
5.20 **Freaky Friday** Fantasy comedy remake starring Jamie Lee Curtis. (2003, PG, 97min) ★★★
7.00 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
9.00 **The Fault in Our Stars** Romantic drama with Shailene Woodley. (2014, 12, 121min) ★★★

11.05 **Alien: Romulus** Horror thriller. (2024, 15, 119min) ★★★★
1.05 AM **A Real Pain** Comedy drama. (2024, 15, 90min) ★★★★★
2.40 **Bambi** Classic cartoon. (1942, U, 69min) ★★★★★
3.50 **to 6.00** AM **National Treasure** Adventure. (2004, PG) ★★★★

Movies 24

315 313 419

7.00 AM **Finding Love in Saint Lucia** Drama. (2023, PG, 90min) ★★
9.00 **A Safari Romance** Romantic comedy. (2023, PG, 84min) ★★
11.00 **A Very Venice Romance** Romantic comedy drama. (2023, PG, 84min) ★★
1.00 PM **Home Turf** Romantic comedy. (2025, PG, 84min) ★★
3.00 **Branching Out** Drama. (2024, PG, 90min) ★★

5.00 **Love on the Right Course** Romantic comedy drama. (2024, PG, 84min) ★★
7.00 **The Love Issue** Romantic drama starring Alicia Dea Josipovic and Luke Humphrey. (2023, PG, 85min) ★★
9.00 **Missing the Boat** Romantic drama starring Emilie Ullerup and Kristoffer Polaha. Two cruise ship passengers get left behind and race across Italy to get back on board at the next stop. (2026, PG, 90min) ★★

11.00 **Hearts Under the Olive Tree** Comedy. (2023, PG, 89min) ★★
1.00 AM **A Royal Makeover** Romantic comedy. (2023, PG, 87min) ★★
3.00 **to 5.00** AM **Notes of Autumn** Drama. (2023, PG, 90min) ★★

Movies 24+ 329 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Woman to Woman** Drama. (1947, b/w, PG, 100min) ★★★
7.55 **Road to the Isles**
8.35 **The Rossiter Case** Mystery. (1950, b/w, PG, 75min) ★★★
10.10 **The Writing on the Wall**
11.15 **The Bells Go Down** Drama. (1943, b/w, U, 85min) ★★★
1.05 PM **Edgar Wallace Mystery Theatre** *Locker 69:* 3/6. (S3)
2.15 **The Adventures of Robin Hood**

2.45 **Daniel Boone, Trail Blazer** Western. (1956, PG, 76min) ★★
4.20 **Look at Life**
4.30 **The Cheaters** 9/12. (S1)
5.00 **The Card** Comedy drama. (1952, b/w, U, 91min) ★★★
6.50 **Look at Life**
7.00 **Z Cars** 37/42. (S2)
8.00 **Public Eye** 7/7. (S4)
9.05 **The Reckless Moment** Film noir thriller with Joan Bennett. (1949, b/w, 12, 79min) ★★★
10.45 **Cellar Club with Caroline Munro**
10.50 **The Omega Factor** 2/10. (S1)

11.50 **Cellar Club with Caroline Munro**
11.55 **Castle of the Living Dead** Horror. (1964, b/w, 18) ★★★
1.45 AM **Cellar Club with Caroline...**
1.50 **Planespotting** One-off drama.
3.45 **Port of New York** Drama. (1949, b/w, PG, 82min) ★★
5.30 **to 6.00** AM **Out of Town**

Friday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.30 **Fantasy Football Countdown**
10.00 **Sky Sports FC**
11.00 LIVE **DP World Tour Golf** Coverage of day two of the Turkish Airlines Open from the National Golf Club in Antalya, Turkey.
3.00 PM LIVE **WTA & ATP Tennis** The men's semi-finals on day 11 of the Madrid Open, a clay-court tournament held at La Caja Mágica.
5.00 LIVE **Formula 1** Coverage of the Miami Grand Prix practice session, held at Miami International Autodrome in Florida.
7.00 **Sports Centre**
7.30 LIVE **FNF** **Leeds United v Burnley.** The Premier League match from Elland Road. Kick-off **8.00pm**.
10.00 LIVE **Formula 1** The Miami Grand Prix sprint qualifying session at Miami International Autodrome in Florida. Start-time **9.30pm**.
11.00 LIVE **PGA Tour Golf** Day two of the Cadillac Championship at Trump National Doral in Miami.
12.00 M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Icons**
8.30 **The Big Interview**
9.00 **Premier League Stories**
9.30 **Fantasy Football Countdown**
10.00 **Sky Sports FC**
12.00 NOON **Total Football**
4.00 PM **Fantasy Show**
4.30 **Premier League Preview**
5.00 **Premier League Friday**
7.00 **Premier League Preview**
7.30 LIVE **FNF** **Leeds United v Burnley.** Coverage of the Premier League clash at Elland Road. The visitors won the reverse fixture back in October thanks to a 2-0 victory at Turf Moor. Kick-off **8.00pm**.
10.45 **Premier League Stories** With Dimitar Berbatov.
11.15 **The Big Interview**
11.45 **Premier League Talking Tactics: Andoni Iraola**
12.00 M'T **FNF** Leeds United v Burnley.
12.30 AM **Premier League Stories**
1.00 **PL Retro** Manchester United v Liverpool in the 2008/09 season.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Cup Retro** From 2018.
8.00 **1983: When Aberdeen Ruled Europe** Documentary.
9.00 **EFL Greatest Games**
9.30 **Championship Season Review**
11.00 **Best Goals: EFL Cup 23/24**
11.30 **EFL Trophy Football**
12.00 NOON **EFL Highlights**
12.30 PM **Bundesliga Weekly**
1.00 **EFL League One Goals**
1.30 **EFL League Two Goals**
2.00 **SPFL Round-Up**
2.15 **SPFL Highlights**
2.45 **EFL Highlights**
3.00 **WSL** Arsenal v Leicester City.
3.30 **EFL Highlights**
4.00 **Bundesliga Weekly**
4.30 **EFL League One Goals**
5.00 **EFL League Two Goals**
5.30 **Bundesliga Weekly**
6.00 **Scottish Football VAR Review**
6.30 **WSL** Arsenal v Leicester City.
7.00 **SWPL** Glasgow City v Celtic.
7.30 **EFL Highlights**
8.30 **EFL League One Goals**
9.00 **EFL League Two Goals**
9.30 **SPFL Highlights**
10.15 **EFL Highlights**
10.30 **EFL Greatest Games**
11.45 **Henrik Larsson: 20 Years On**
12.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** T20 action.
11.15 **Best of ICC WT20**
12.00 NOON **IPL** T20 action.
2.50 PM LIVE **IPL** **Rajasthan Royals v Delhi Capitals.** The T20 match from Sawai Mansingh Stadium, Jaipur. These two sides met once last year in a thrilling match that was decided by a Super Over. The Royals took the game to a one-over shootout after they matched Delhi's total of 188-5. Rajasthan then hit 11 from their six balls before the Capitals made 13 from just four balls to win the match.
7.00 **Best of ICC WT20**
8.00 **IPL** Gujarat Titans v Royal Challengers Bengaluru. **9.00** Highlights from Rajasthan Royals v Delhi Capitals. **10.00** Highlights from Punjab Kings v Rajasthan Royals. **11.00** Highlights from Rajasthan Royals v Delhi Capitals.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** A chance to see the T20 match between Rajasthan Royals and Delhi Capitals from Sawai Mansingh Stadium, Jaipur.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Champions Learning Centre** Golf tips.
6.30 **Scotland's Greatest Golf Holes**
7.00 **PGA Tour Golf**
11.00 LIVE **DP World Tour Golf** Coverage of day two of the Turkish Airlines Open from the National Golf Club in Antalya, Turkey.
4.00 PM LIVE **PGA Tour Golf** Day two of the Cadillac Championship at Trump National Doral in Miami.
12.00 M'T **PGA Champs Official Film 2015** From Wisconsin.
1.00 AM **Legends Tour Golf**
2.00 **How the 2012 Ryder Cup Was Won** From Medinah, Illinois.
4.00 **Golf Academy**
5.00 **to 6.00** AM **Nick Dougherty's Tee Time Tips**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 **ATP Tennis** Indian Wells Open.
10.15 **WTA Tennis** Indian Wells Open.
10.30 **WTA & ATP Tennis**
12.30 PM LIVE **WTA & ATP Tennis** Coverage of the men's doubles semi-finals on day 11 of the Madrid Open, a clay-court tournament held at La Caja Mágica.
3.00 LIVE **WTA & ATP Tennis** The men's semi-finals on day 11 of the Madrid Open, a clay-court tournament held at La Caja Mágica.
9.00 **WTA Tennis** Indian Wells Open.
10.00 **ATP Tennis** Indian Wells Open.
1.00 AM **US Open Classic Matches**
2.00 **ATP Tennis** Action from 2025.
3.00 **US Open Classic Matches**
4.00 **ATP/WTA Tour Classic Matches**
5.00 **to 6.00** AM **WTA Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Highlights**
8.45 **TNT Sports Reload**
9.00 **AFL** Collingwood v Hawthorn.
10.30 LIVE **AFL** **Western Bulldogs v Fremantle Dockers.** Bounce-up **10.30am**.
1.30 PM LIVE **AFL** **Adelaide Crows v Port Adelaide Power.** Bounce-up **11.10am**.
2.00 **Premier League Reload**
2.15 LIVE **Snooker World Championship** A semi-final match on day 14 in Sheffield.
5.30 **Sign Up – Into Football**
6.15 **Kenny Allstar's Number 1's**
6.30 **Premier League Preview**
7.00 LIVE **MLB** **Chicago Cubs v Arizona Diamondbacks.** Coverage from Wrigley Field. Start-time **7.20pm**.
10.00 **UEFA Champions League**
10.30 **TNT Sports Reload**
11.00 **MLB Highlights**
12.00 M'T LIVE **MLB** **Boston Red Sox v Houston Astros.** Start-time **12.10am**.
3.00 AM **Premier League Preview**
3.30 **to 6.30** AM LIVE **AFL** **Essendon Bombers v Brisbane Lions.** Bounce-up **3.35am**.

TNT Sports 2

411 414 522 409 431

6.00 AM **Highlights**
9.15 LIVE **World Superbikes**
10.15 **World Superbike Rewind**
11.00 **Serie A – Full Impact**
11.30 **UEFA Champions League**
12.30 PM **UEFA Europa League & Conference League Highlights**
1.00 LIVE **Women's Circuit Racing World Championship**
1.45 **Superbike Rewind**
2.00 LIVE **World Superbikes**
3.45 **MotoGP Rewind**
4.00 **Inside Serie A**
4.30 **Europa & Conference League**
5.00 **The Fantasy Show**
5.30 **TNT Sports Reload**
6.00 **MLB Highlights**
7.00 **Inside Serie A**
7.30 **UEFA Europa League & Conference League Highlights**
8.01 **Premier League**
9.00 **Discovery Golf**
9.30 **Ultimate Pool**
11.00 **UCI Mountain Bikes**
12.00 M'T **AFL** Recent action.
3.00 AM **The Breakdown**
3.30 **TNT Sports Reload**
3.45 **UCI Mountain Bikes**
4.45 **to 6.00** AM LIVE **UCI Mountain Bike World Series**

Sky Sports Action

412 410 510 426 446

6.00 AM **NFL Highlights**
8.00 LIVE **Super Rugby** **Hurricanes v Crusaders.** From Hnry Stadium. Kick-off **8.05am**.
10.00 **Super League Highlights**
10.30 LIVE **Super Rugby** **Waratahs v Western Force.** Kick-off **10.35am**.
12.30 PM **NFL Bitesize Highlights**
1.00 **Good Morning Football**
3.00 **NFL Highlights**
4.00 **Super League Highlights**
4.30 **NFL Highlights**
5.30 **NBC's Pro-Football Talk**
7.30 LIVE **Super League** **Leeds Rhinos v Wakefield Trinity.** Coverage of the top-flight match from AMT Headingley Stadium. Kick-off **8.00pm**.
10.15 **NBA on Fire**
10.45 **Super Bowl LX Bitesize**
11.00 **NFL Highlights**
12.00 M'T **The Insiders**
1.00 AM **Super League Highlights**
2.00 **Super League**
4.45 **NFL Bitesize Highlights**
5.30 **to 7.30** AM LIVE **Super Rugby** **Fijian Drua v Highlanders.** From Four R Stadium Govind Park in Ba, Fiji. Kick-off **5.35am**.

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
8.00 LIVE **Super Rugby** **Hurricanes v Crusaders.** From Hnry Stadium. Kick-off **8.05am**.
10.00 **Sky Sports FC**
11.00 LIVE **Ladies European Tour Golf** The first day of the McB Ladies Classic at Constance Belle Mare Plage in Flacq, Mauritius.
2.00 PM **Total Football**
3.00 LIVE **LPGA Tour Golf** Coverage of the second day of the Mexico Riviera Maya Open At Mayakoba, which takes place at El Camaleon Golf Club in Mexico.
6.00 **Premier League Friday**
7.00 **Sports Centre**
7.30 LIVE **Super League** **Leeds Rhinos v Wakefield Trinity.** Coverage of the top-flight match from AMT Headingley Stadium. Kick-off **8.00pm**.
10.15 **Sky Sports News at Ten**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games**
5.30 **to 7.30** AM LIVE **Super Rugby** **Fijian Drua v Highlanders.** From Ba, Fiji. Kick-off **5.35am**.

Sky Sports Mix

416 412 511 429 449

6.00 AM **Premier League Darts**
10.00 **EFL Greatest Games**
10.15 **Super League**
3.45 PM **PL Greatest Games**
4.00 **PGA Tour Champions**
5.00 **Legends Tour Golf**
6.00 **Premier League Darts**
10.00 **IPL** T20 action.
12.00 M'T **One Championship Weekly**
12.30 AM **PL Greatest Games**
1.00 **NBA Basketball**
3.30 **EFL Greatest Games**
4.00 **to 6.00** AM **IPL**

TNT Sports 3

413 415 523 410 432

6.00 AM **Discovery Golf**
6.30 **Ultimate Pool**
8.00 **Snooker World Championship**
10.00 LIVE **Snooker World Championship** A semi-final match on day 14 from the Crucible Theatre in Sheffield.
1.00 PM **MLB Highlights**
2.00 **TNT Sports Reload**
2.15 LIVE **Snooker World Championship** Coverage from a semi-final match in Sheffield.
5.30 **The Breakdown**
6.00 **Discovery Golf**
6.30 LIVE **Snooker World Championship** Further coverage of day 14 in Sheffield.
10.00 **Men's Cycling Pro Series**
11.00 **Men's Cycling**
1.00 AM **Snooker**
3.00 **Discovery Golf**
3.30 **to 6.15** AM LIVE **IFSC Climbing World Series** The women's Bouldering semi-final from Keqiao, China.

TNT Sports 4

414 416 524 411 434

6.00 AM **Race Bikes**
6.30 **The Cycling Show**
7.00 **Men's Cycling Pro Series**
8.00 **Men's Cycling** Tour of Romandie.
9.00 LIVE **UCI Mountain Bike World Series** From South Korea.
11.00 **TNT Sports Reload**
11.15 **The Cycle**
12.30 PM LIVE **Men's Cycling Pro Series** Coverage of the sixth stage of the Tour of Turkiye.
2.30 **Playing for Our Future**
2.45 LIVE **Cycling** The men's third stage of the Tour of Romandie.
5.00 **The Cycling Show**
5.30 **Race Bikes** Mountain Bike racing.
6.00 **MotoGP Highlights**
7.00 **UCI Mountain Bike World Series** From South Korea.
8.00 **AFL** Recent action.
11.00 **MotoGP Highlights**
12.00 M'T **UFC** From Las Vegas.
3.00 AM **WRC Review**
4.00 **to 6.00** AM **Men's Cycling**

Premier Sports 1

419 551

6.00 AM **Scottish Football Social Club** The latest news and results.
7.00 **LaLiga Match Highlights**
7.30 **NHL Ice Hockey**
9.30 **NHL: This is Hockey**
10.00 **NASCAR Highlights**
11.00 **LaLiga Match Highlights**
11.30 **Top 14 Rugby Union Highlights**
12.00 NOON **URC in 60**
1.00 PM **Eredivisie Highlights**
2.00 **NHL Tonight**
3.00 **LaLiga** Espanyol v Levante.
5.00 **Eredivisie Highlights**
6.00 **Scottish Football Social Club**
7.00 **LaLiga Match Highlights**
7.15 LIVE **SPFL** **Livingston v Aberdeen.** The top-flight clash. Kick-off **7.45pm**.
10.15 **Football's Greatest**
11.15 **Africa Eco Race**
11.30 **NHL: This is Hockey**
12.00 M'T LIVE **NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **NHL: This is Hockey**
4.00 **to 6.00** AM **SPFL**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
7.00 **Top 14 Rugby Union** Stade Francais v Pau.
9.00 **GP Insights** News from the world of the Grand Prix circuit.
9.30 **Eredivisie** Action from PSV Eindhoven v PEC Zwolle. **11.30** NAC Breda v Ajax.
1.30 PM **Football's Greatest**
2.00 **NHL Ice Hockey** Action from a play-off match.
4.00 **LaLiga** Villarreal v Cetla Vigo.
6.00 **Football's Greatest**
7.00 **LaLiga Match Highlights**
7.55 LIVE **LaLiga** Coverage of a Spanish top-flight match.
10.00 **Football's Greatest** The finest players discuss their careers.
10.30 **Eredivisie Highlights** Action from the 31st round of fixtures.
11.30 **Temples of Sport**
12.00 M'T **NHL Ice Hockey**
2.00 AM **Football's Greatest**
3.00 **to 6.00** AM LIVE **NHL Ice Hockey** A play-off match.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
8.00 **F1 Drivers Press Conference**
8.45 **Formula 1** Miami Grand Prix.
11.15 **F1 Drivers Press Conference**
12.00 NOON **Formula 1** Highlights.
1.30 **F1 Drivers Press Conference**
2.15 **Formula 1** Miami Grand Prix.
2.45 **Formula 1** Highlights.
2.55 LIVE **Formula 2 Championship** The Miami Grand Prix practice session.
3.55 **Chasing The Dream**
4.15 **F1 Drivers Press Conference**
5.00 LIVE **Formula 1** The Miami Grand Prix practice session.
7.00 **Chasing The Dream**
7.20 **The New F1 Rules in 2026**
7.25 LIVE **Formula 2 Championship** The Miami Grand Prix qualifying session.
8.10 **F1 Team Principal Press Conference**
8.40 LIVE **Formula 1** The Miami Grand Prix sprint qualifying session.
11.00 **Formula 1** Miami Grand Prix.
1.00 AM **F1 Explained**
2.00 **The Best of Australia 2026**
2.25 **The Best of China 2026**
3.00 **F1 Explained**
4.00 **The Best of Australia 2026**
4.25 **The Best of China 2026**
5.00 **to 6.00** AM **F1 Explained**

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KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

NETFLIX Swapped

Available from Friday, Netflix

We love a body swap film! Following in the vein of films like *Freaky Friday* (both the Jodie Foster and Lindsay Lohan versions are available on Disney+) and *Family Switch* (available on Netflix), this new animated adventure features an exotic bird called Ivy (voiced by Juno Temple) and Ollie, a small woodland creature (voiced by this year's Best Actor Oscar-winner Michael B. Jordan).

As they get used to being in each other's fur and feathers, the unlikely duo learn that it's much easier to be yourself than anyone else.

Peppa Pig

Available now, 5 Streaming

On Sunday, more than 59,000 runners will be limbering up for the London Marathon – including Daddy Pig, who is aiming to raise £54,000 for the National Deaf Children's Society. Special episodes *Run, Daddy, Run*, *Coach Peppa* and *Marathon* will show Daddy Pig's training journey up to the big day.

You can tune into the live coverage on Sunday on BBC1 and BBC2 – and you can also track Daddy Pig's progress on the official TCS London Marathon app!

More great shows to watch this week...

Scooby-Doo! and the Witch's Ghost

Saturday, 9.15am, CBBC

This feature-length episode of the supernatural animation follows the gang as they investigate a witchy secret in a Massachusetts town.

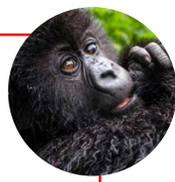
Danny Go!

Available now, Netflix

Designed to get preschoolers moving, action-packed episodes feature catchy 'dance-alongs' like *The Wiggle Dance*, blending silly choreography with fun lessons to help kids burn off plenty of energy.

Gorilla Story

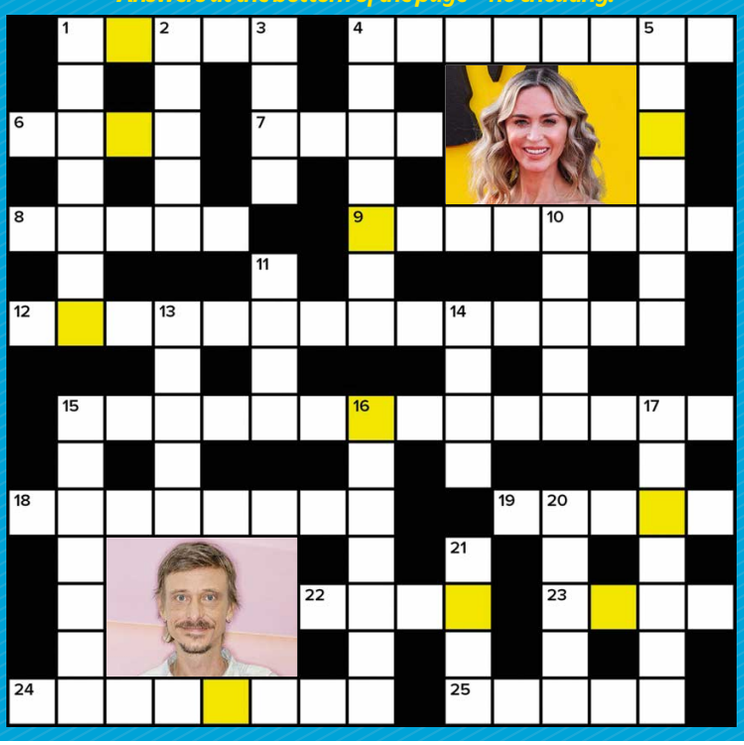
Available now, Netflix



As we prepare to celebrate Sir David Attenborough's 100th birthday on 8 May, this documentary follows the naturalist as he returns to Rwanda to follow a legendary gorilla family.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and rearrange the shaded squares so the letters spell out an American actor (3,7). Answers at the bottom of the page – no cheating!



ACROSS

1 ----- Lannister, brother of Cersei and Tyrion in US TV series *Game of Thrones* (5)
4 1970s sitcom with Richard Briers and Felicity Kendal, *The* ---- ---- (4,4)
6 Played the White Queen in 2010's *Alice in Wonderland*, ---- Hathaway (4)
7 John ----, late English radio and TV presenter (4)
8 ----- *Magnolias*, 1990 film starring Sally Field (5)
9 -------- Powers, star of 1979-1984 US series *Hart to Hart* (8)
12 English former model married to Sir Rod Stewart (5,9)
15 See picture clue: Actor in *Detectorists* (9,5)
18 -------- *Time*, political show with Fiona Bruce (8)
19 ----- *Mickey*, 80s children's TV series about a robot's fantastical adventures (5)
22 English radio presenter and author, Simon ---- (4)
23 Monty Python member and musician, Eric ---- (4)
24 Played Morticia in 1993's *Addams Family Values*, -------- Huston (8)
25 Starred as Camilla in *The Windsors*, ----- Gwynne (5)

DOWN

1 ------- Manrara, Cuban-American *Strictly Come Dancing* dancer, singer and presenter (7)
2 Jim Carrey film from 2000, *Me, Myself &* ----- (5)
3 *House* actor, Omar ---- (4)
4 Actor in acclaimed 2003 movie *Gangs of New York*, Brendan ------- (7)
5 *Cheers* spin-off starring Kelsey Grammer (7)
10 2008 Coen brothers film starring George Clooney, *Burn* ----- *Reading* (5)
11 Jonas ----, English DJ and record producer (4)
13 Singer with Fleetwood Mac, Stevie ----- (5)
14 ---- Jones, *The One Show* co-presenter (4)
15 Dame ------- Lipman, AKA Evelyn Plummer in ITV1's *Coronation Street* (7)
16 Actor who starred as MJ in 2019 film *Spider-Man: Far from Home* (7)
17 Comedian and *Father Ted* star, Ardal -'------ (1'6)
20 See picture clue: English star of 2018 horror film *A Quiet Place*, ----- Blunt (5)
21 ---- Widdicombe, *The Last Leg* comic (4)

CROSSWORD SOLUTION

ANSWER: Zoe Saldaña **ACROSS:** 1 Jaime 4 Good Life 6 Anne 7 Peel 8 Steel 9 Stefanie 12 Penny Lancaster 15 Mackenzie Crook 18 Question 19 Metal 22 Mayo 23 Idle 24 Anjelica 25 Hayden **DOWN:** 1 Janette 2 Irene 3 Epps 4 Gleeson 5 Fraiser 10 After 11 Blue 13 Nicks 14 Alex 15 Maureen 16 Zendaya 17 O'Hanlon 20 Emily 21 Josh

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Coming soon

FIRST LOOK

A Good Girl's Guide to Murder

Zain Iqbal and Emma Myers are back for a second series of crime-solving

Savvy student Pip Fitz-Amobi has another investigation to unravel as twisty whodunnit *A Good Girl's Guide to Murder* returns later this spring.

Airing on BBC iPlayer from 27 May before coming to BBC3 and BBC1, the six-part run of the mystery drama is based on *Good Girl, Bad Blood*, the second in Holly Jackson's series of novels.

It sees Pip (Emma Myers) and her sidekick and potential love interest Ravi Singh (Zain Iqbal) dealing with the aftermath of solving the murder of teenager Andie Bell. However, while slimy Max Hastings (Henry Ashton) awaits trial for his misdeeds, a key witness, musician Jamie Reynolds (Eden H Davies), the brother of Pip's friend Connor (Jude Morgan-Collie), vanishes. But can Pip find out what has happened to him as her own views on justice are put to the test?

TALENTED NEWCOMERS

Misia Butler joins the cast as enigmatic Stanley Forbes, who becomes embroiled in the case, while Jack Rowan is Pip's new neighbour Charlie Green, and Freddie England is Max's cousin Robin, the boyfriend of Pip's friend Lauren Gibson (Yali Topol Margalith). Asha Banks returns as Pip's other pal Cara Ward.

'I'm thrilled that we can continue Pip's story,' says Jackson, who has penned the series with Poppy Cogan. 'I'm so excited to welcome some new and incredibly talented actors into the *AGGGTM* family. It's bigger and better and badder than the first season.'

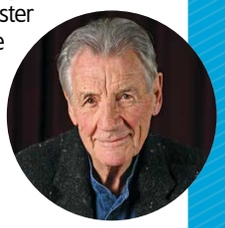
WHAT'S NEXT FOR...

Mark Lewis Jones

The actor will team up with Steffan Rhodri for BBC1's six-part drama **Old Town Murders**, which follows a pair of cops and good friends who are brought together to crack crime in the Welsh seaside town of Tenby.

Sir Michael Palin

5's three-part travelogue **Michael Palin in the Philippines** will see the actor and broadcaster explore the culture and political history of the country as well as the challenges faced by those who live there.



Coming Back

Filming is under way on the 11th series of BBC1 drama **Shetland**, as DI Ruth Calder (Ashley Jensen) and DI 'Tosh' McIntosh (Alison O'Donnell) investigate when a body is found. Gregor Fisher and Christine Bottomley will guest-star.

Jamie Bell (pictured) will play Tommy Shelby's son Duke for two new series of BBC1's gangland drama **Peaky Blinders**, set in the 1950s, as post-war Birmingham is rebuilt. Charlie Heaton and Jessica Brown Findlay co-star.

Next week *On sale Tuesday 28 April*

Legends

Steve Coogan and Tom Burke star in Netflix's drama about customs officers targeting drug gangs.

David Attenborough

BBC1 marks his 100th birthday with a live celebration and a look back at *Life on Earth*.

Remarkably Bright Creatures

In Netflix's film, Sally Field plays a widow who befriends an octopus.

Amandaland

The return of the BBC1 comedy sees Amanda (Lucy Punch) face fresh difficulties.

WORDS: CAREN CLARK. PHOTOS: BBC, NETFLIX, SHUTTERSTOCK

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